

# The NEWS

of the

## MELBOURNE BUSHWALKERS INC.

JULY 1996

EDITION 545

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PRICE 60 cents

To wish **Alan Miller and Claire Lonergan**  
A Safe and Happy Holiday and welcome back  
**Derrick Brown and Gina Hopkins**

**Friday 9th August 7.30 pm**  
**Chinta Ria**

94 Acland St, St Kilda (Malaysian Restaurant)

Set Menu \$23 or \$26  
RSVP **Marisa Rizzuto** with \$5 deposit  
by 21st July

### Restaurant Night at Gurkha's Brasserie Tuesday, 16 July 7.30 pm

190-192 Chapel Street, Prahran (just north of High Street)  
Stop 31 on tram route 6, or Stop 45 on routes 78/79.

Club members, friends and visitors are invited to get together for a meal at **Gurkha's Brasserie**, a Nepalese restaurant in Prahran. I propose that we share a banquet at \$17 per person for three courses. The menu will include some vegetarian dishes.

The restaurant has a full licence and also accepts BYO. The group will be in a non-smoking area.

Please let me know by **Wednesday, 10 July**, if you want to be part of the group. My phone number is  
My answering machine is usually at home, even if I'm not.

*Ian Hoad*

### Beginners Skiing Lake Mountain Saturday 27th July

#### CHANGES:

- Blurb/get together/transport arrangements now 10 days before ie. July 17th 7.30 pm (in Club Rooms)
- New Phone Nos. (After hours)  
from July 11th  
right now

*Sylvia Wilson*

### North East NSW & South East Qld Sat Sept 21st - Sat Oct 5th

Base camping and mediumish day walks in numerous National Parks

eg. The Granite Country  
Semi Tropical Rainforest  
Volcanic areas

Spring flowers, smashing views and more waterfalls than you can poke a stick at.

Meeting: Tues 13th Aug 8.30 pm  
from July 11th  
right now

*Sylvia Wilson*

### Les Southwell's Slide Night. 8:00 pm, Wednesday 31st July in the clubrooms.

Les Southwell is a keen and respected photographer, often seen with a camera on Club trips. At our next slide night Les will show some slides of a recent trip.

In addition, Les will show some of the many stunning slides he has taken of Southwest Tasmania.

Refreshments will be provided as usual.

*Bill Metzenthien*

### Mt Stirling EES Meeting 8:00pm, Wednesday 10th July in the clubrooms.

We are trying to arrange for someone from the VNPA to come along and give a background talk on Mt Stirling and the issues.

We will also discuss the preparation of a Club submission in response to the Environmental Effects Statement.

See the "Conservation" column inside this issue of **News** for more information.

*Bill Metzenthien*

## From the Editor

This month I am moving offices at work so my fax number is changing. My new number is listed below. Please feel free to fax newsletter items to me as I would much rather receive them that way rather than not at all.

The committee is considering taking up the Group Injury Insurance being offered by the Federation. Copies of the offer are available in the clubrooms and they would like your feedback on the offer.

*Judy Gipps*

## Walks Secretary's Ramblings

### Keep Your Cool - But not Too Cool

A while ago I represented the Club at a seminar on Outdoor First Aid, organised by the Red Cross. Amongst the many interesting presentations was one of the effects of "Extremes of Temperature on the Body". With winter upon us, it seems a good time to pass on some of the information about how to recognise and treat the effects of extreme cold, otherwise known as hypothermia.

The Basic problem is that, while our bodies have lots of mechanisms for disposing of excess heat when it's hot, we are not so good at preventing heat loss in the cold. That's where Polarfleece comes in. To work efficiently the body needs to maintain a core temperature of around 37°C. Hypothermia is defined as a general cooling of the body to a temperature where it can no longer generate enough heat to support life. Temperature from 35-32°C is mild hypothermia, while below 32°C is severe.

Out in the blizzard you won't know what your core temperature is, so it's important to recognise the symptoms. Mild hypothermia is characterised by intense shivering - you know that you are cold and your system is trying to do

something about it. In severe hypothermia shivering stops, the person becomes numb, confused, apathetic or irrational and coordination is lost. This is serious. The body has lost its ability to warm itself and further cooling may lead to unconsciousness and death in as little as an hour. The victim is no longer in control, so it is essential that the other members of the party recognise the problem and act quickly.

What to do:

- Find shelter: protect the victim from wind chill.
- Remove wet clothing and replace with dry.
- Warm the body gradually; in mild cases a sleeping bag or space blanket will provide insulation so that the body can warm itself
- In severe cases apply heat using a covered hot water bottle or another body (a warm one); apply heat to the core area, especially armpits and groin, not to the extremities.
- Give warm liquids to a victim who is alert
- Do not rewarm the victim too quickly.
- Handle gently.
- Severe cases should be given hospital treatment.

And remember the big no-no: alcohol. This dilates the blood vessels promoting heat loss, and has been known to bring on irrational behaviour! If you want to booze in the snow, stay inside Wilky.

*Pearson Cresswell*

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Meetings are held in the Clubrooms, MacKenzie St., Melbourne (rear of the Royal Horticultural Society building) on **WEDNESDAY** Evenings between 7.00 pm and 9.00 pm.

*Visitors are always welcome.*

**The NEWS** is the official newsletter of the Melbourne Bushwalkers Inc. and is published monthly.  
Edited by **Judy Gipps**.

Articles, walk reports, poems, snippets of news, reports of new gear, book reviews, letters "to the Editor", advertisements, etc are always welcome. The Editor reserves the right to edit articles, letters or other contributions, where space, clarity or propriety dictate. and to maintain editorial consistency

Please note that articles for **The NEWS** may be :  
**placed** in the **Red Box** in the clubrooms or  
**mailed** to Judy Gipps.  
**faxed** to me on

### Advertising Rates

¼ Page 1 Issue-\$20; 3 Issues-\$50; 12 Issues (1 year)-\$180  
½ Page 1 Issue-\$30; 3 Issues-\$75; 12 issues-\$270  
Full Page 1 issues-\$50; 3 issues-\$125; 12 issues-\$450

Only advertisements directly relating to bushwalking will be accepted (eg gear, maps, trips, tours)

**Members Ads - FREE**

Closing Date for **August 96 News** is **31<sup>ST</sup> JULY 96**

General correspondence should be directed to:  
The Secretary, Melbourne Bushwalkers Inc.  
PO Box 1751Q, MELBOURNE 3001

## Previews for August Day Walks and one for July

**Sunday 28 July 1996**  
**Easy & Easy/Medium**

**You Yangs**

**Leaders:** John Kittson & Fay Pratt  
**Transport:** Bus from Southbank Boulevard at 9.00 am  
**Area:** Lara Near Geelong  
**Expected time of return:** 6.30 pm  
**Approximate length of walk:** 12 & 16 km  
**Map Reference:** You Yangs 1:25000,

Both the easy and easy medium walks will start and finish at the main car park. We will visit the Big Rock and then, with a good 10 minute climb, reach the Flinders Peak at 352 meters where the views will be well worth our effort (trust me!). Walking will be mainly on good tracks; the easy medium group will cover some cross country areas, doing the extra 3 kms and making the difference between the two walks.

This area is noted for its abundant bird life with over 200 species reported (sulphur-crested cockatoos, eastern rosellas, kingfishers, honeyeaters, and birds of prey are commonly seen). Mammals include kangaroos, wallabies, sugar gliders and possums.

P.S. The You Yangs was originally named "Ude Youang" or "Wuroi Youang" by the Aborigines. It was first climbed by Matthew Flinders in 1802.

Definitely an area worth visiting.

**Sunday 4 August 1996** **Yea River - Sam's Hut Track -**  
**Easy/Medium & Medium** **Cockpit Creek**

**Leaders:** Jean Woodger & Anne Wilkins  
**Transport:** Bus from Southbank Boulevard at 9.00 am  
**Area:** Toolangi State Forest  
**Expected time of return:** 7.00 pm  
**Approximate length of walk:** 16 & 19 km  
**Map Reference:** Juliet North, Klondyke, Glenburn, Toolangi 1:25000

Toolangi State Forest is predominantly mountain ash, with pockets of myrtle beech near the river and particularly in Myrtle Gully. Hidden in the undergrowth, lyrebirds provide full time entertainment with their excellent songs of mimicry. We may be lucky enough to see one or two.

Fairly level and open tracks throughout the forest give us the opportunity to stride out for a good winter's day walk. The easy/medium group may take in the Wirra Willa Rainforest section, while the medium group will start further north, with only slight climbing, and may be off track for a short section.

Sorry you can't be there, Richard.

**Saturday 10 August 1996**  
**Easy**

**Historical Walk**  
**Hawthorn**

**Leaders:** Athol Schafer  
**Transport:** Tram, MEET under Flinders St  
Station clocks at 1.00 pm  
**Expected time of return:** 5.00 pm  
**Approximate length of walk:** 4 km  
**Map Reference:** Melways Maps 44 & 45

Walk starts and finishes at the tram stop outside Hawthorn station (Parking off Power St behind shops). This ramble takes in Hawthorn Hill, including that part south of Burwood Rd overlooking the Yarra and the Burnley flood plain. Then over the road to the village site which originally included St James Park, where weather permitting, we will have afternoon tea.

**Saturday 10 August 1996** **Lake Mountain Ski Day**  
**Easy**

**Leaders:** Lloyd Young & Sylvia Wilson  
**Transport:** Private  
**Area:** Marysville/Healesville  
**Expected time of return:** 8.00 pm  
**Approximate length of walk:** 16 - 18 km (less for beginners)  
**Map Reference:** Lake Mountain Outdoor Leisure Map 1:25,000

The trip will commence from Gerraty's visitor centre. Sylvia will take a group of beginner skiers on some of the easier trails. The rest of the group will take the Echo Flat, Woollybutt and Panorama trails to the Boundary Hut site for lunch, the return. Lake Mountain is comparatively flat and the trip will be relatively easy.

**Sunday 11 August 1996** **Ridells Ck - Mt Robertson -**  
**Easy & Easy/Medium** **Mt Charlie**

**Leaders:** Jean Giese & Morika Jagow  
**Transport:** Bus from Southbank Boulevard at 9.00 am  
**Area:** Mt Macedon  
**Expected time of return:** 6.00 pm  
**Map Reference:** Melway p509 H11

The walks are in the Mt Macedon region, not far from Melbourne. For further details see leaders in club rooms.

**Saturday 11 August 1996** **Dandenongs Explorer**

This walk has unfortunately had to be cancelled.

**Sunday 18 August Gellibrand Hill Park**  
**Easy & Easy/Medium**

**Leaders:** John Kittson & Cameron McMillan  
**Transport:** Bus from Southbank Boulevard at 9.00 am  
**Approximate distance from Melbourne:** 25km  
**Expected time of return:** 6pm-6.30pm  
**Approximate length of walk:** 10 and 13 km:

Here we have a walk close to Melbourne in a nice rural setting dotted here and there with very old Red Gums, Wattles and Blue Gums, on the upper reaches of the Moonee Ponds Creek. This Park has over 400 kangaroos and many species of birds.

We will visit the historic "Woodlands" homestead. Having been shipped from England last century it was the first pre-fab house built in Victoria and it has since been extended by various owners.

Both walks will have good views of the city and stay within the boundary of the park

**Wednesday 21 August 1996 Graham Creek - Steiglitz**  
**Easy/Medium**

**Leaders:** Margaret Borden  
**Transport:** Private  
**Area:** Brisbane Ranges  
**Expected time of return:** 6.00 pm  
**Approximate length of walk:** 17 km  
**Map Reference:** Lethridge 1:25,000, Eclipse Creek 1:25,000

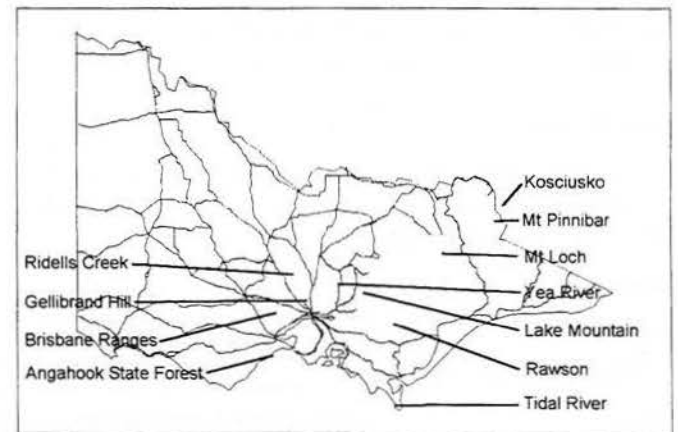
Meet at 9.00 am Westgate Park car park. (Melway 56 F1) or Steiglitz Court House car park at approximately 10.30 am.

The walk will be a circuit from Steiglitz Court House (which is now a museum), mainly on unused roads and walking tracks with a small section through open bush. There will be some ups and downs but nothing to cause much concern. The area at this time should have plenty of wildflowers & birds & maybe the occasional wallaby or koala & there is plenty of evidence of the old gold mining days north and west of Steiglitz.

**Sunday 25 August 1996 Angahook State Park**  
**Easy & Easy/Medium**

**Leaders:** Peter & Judy Gipps  
**Transport:** Bus from Southbank Boulevard at 9.00 am  
**Area:** Airey's Inlet  
**Expected time of return:** 7.00 pm  
**Approximate length of walk:** 13 & 18 km  
**Map Reference:** Otways & Shipwreck Coast  
**Outdoor Leisure Map 1:50,000**

This is an attractive area with varied scenery including ocean and valley views. Both walks begin at the Distillery Creek Picnic Ground and start with a loop up Ironbark Gorge. The easy walk then proceeds via Painkalac Dam and Moggs Creek Picnic Area to finish at the Beach. The easy/medium walk takes the Ironbark Gorge-Loves Track, then turns down Breakfast Creek Road for about 1 1/2 km before branching right along a walking track that meets Gentle Annie Track, then left down meets Gentle Annie Track to join the route of the easy walk just before Moggs Creek Picnic Area.



**Saturday 31 August 1996 Dandenongs Explorer**  
**Easy**

**Leaders:** Debbie Gomm  
**Transport:** Private  
**Area:** Dandenongs

A preview of this walk and meeting arrangements will be in the August News.

**Sunday 1 September 1996 Central Brisbane Ranges**  
**Easy/Medium & Medium**

**Leaders:** Bernice Webster & Nigel Holmes  
**Transport:** Bus from Southbank Boulevard at 9.00 am  
**Area:** West of Melbourne  
**Expected time of return:** 7.00 pm

The walks will include the Anakie Gorge area where koalas and crimson rosellas can be seen. See the August New for more details.

**For Sale**

**50 Years Along the Track**  
 by Melbourne Bushwalkers

**\$18**

**Melbourne Bushwalkers Badges**  
 \$3 or 2 for \$5 or 3 for \$6

**Available at the clubrooms**

## Previews for August Weekend & Pack-Carry Walks

### 2 - 4 August 1996 Tidal River Base Camp Easy/Medium

**Leader:** Alan Clarke  
**Transport:** Private  
**Area:** South Gippsland  
**Expected time of return:** Sunday evening  
**Approximate length of walk:** 12 - 15 km  
**Map Reference:** Wilson' Promontory Outdoor Leisure Map

This will be a base camp centred around Tidal River camp ground which has full amenities (and a small charge - about \$6 per night from memory). Walks can be adapted to suit those present but will generally incorporate a 12 - 15 km walk on Saturday, and a short one or two on the Sunday. Likely destinations include Mt Oberon, Oberon Bay, Sealers Cove, Lilly Pilly Gully and Darby River. The base camp will be in conjunction with a new club - Keilor Bushwalking Club.

### 2 - 4 August 1996 Mt Loch ski trip Easy/Medium

**Leader:** Pearson Cresswell  
**Transport:** Private  
**Area:** South Gippsland  
**Expected time of return:** Sunday evening  
**Approximate length of walk:** 20 km  
**Map Reference:** Bogong Alpine Area 1:50,000

Starting from Mt Loch car park (Hotham) we will ski to Mt Loch and then explore the area according to conditions. This is a snow camping trip but would be suitable for first-timers.

### 9 - 11 August 1996 Mt Pinnibar Ski Exploration Medium/Hard

**Leader:** Bill Metzthen  
**Transport:** Private  
**Approximate length of walk:** Uncertain  
**Map Reference:** Corryong 1:100,000,  
Benambra 1:100,000, Jacobs River 1:100,000

Mt Pinnibar is an infrequently visited peak south of Corryong. Its 1711 metre height is greater than Mt Stirling but less than Mt Buller.

The mountain is reached via a logging road which remains at a 1000 to 1200 metre level for about 25 km. Access might not be possible if we have a very good season or there have been snowfalls in the days prior to the trip.

This trip is meant to explore the area as a skiing destination. It is suitable only for experienced skiers who are properly equipped for snow camping.

If we can't get to Mt Pinnibar then we might try Mt Wills as an alternative.

### 16 - 18 August 1996 Rawson Lodge Easy/Medium Ski & Walk Weekend

**Leader:** Mary Leonard  
**Transport:** Private  
**Approximate length of walk:** various  
**Map Reference:** Walhalla - walks 1:25,000  
Mt Baw Baw - skiers 1:25,000

We will leave the car park at 9.00. The skiing will be in the Mt Baw Baw area, while the walks will be in Walhalla. Details will be arranged later. Offers to lead will be appreciated. Please note that my home phone number is incorrect on the Walks Programme (Home - , Work - ).

Please note that Mt Stirling is not suitable for absolute beginners, though of course they are welcome on walks.

The weekend was very popular (and great fun) last year. So I have booked 36 beds (18 rooms) for this year's weekend. If less people are interested, I can let the Rawson staff know about 2-3 weeks in advance.

I intend to collect the full amount before the trip, so please pay when booking. The cost for two days is \$58 per person for shared room or \$72 for own room.

### 23 August - 1 September 1996 Kosciusko Ski Week Medium/Hard

**Leader:** Stephen Rowlands  
**Transport:** Private  
**Area:** Kosciusko National Park  
**Approximate distance from Melbourne:** 600 Km

This will be a week of snow camping in the Kosciusko National Park. See the leader on the clubrooms for details.

### 30 August - 1 September 1996 Warby Ranges Medium Base Camp

**Leader:** Sylvia Wilson  
**Transport:** Private  
**Area:** Glenrowan  
**Expected time of return:** 8.00 pm Sunday  
**Approximate length of walk:** 30 km  
**Map Reference:** Taminick & Warby Range 1:25,000

The Warby Ranges run between Glenrowan and Wangaratta on the west side of the Hume Highway. It is an interesting area to explore - waterfalls, gorges and wildflowers spring to mind immediately. These are terrific in winter/spring, otherwise the area has a reputation of being dry as a chip. Anyway we will base camp at Newnham's and do a couple of mediumish day walks to take in features, the lookout's spectacular views towards Buffalo and the Bogong High Plains. On Sunday we will finish a teensy bit early so we can check out Baileys and an amazing general store about which books have been written in Thoon.

Photocopy instructions on how to get there available. Fireplaces, but take own water.

## A Thankyou

My six months in Australia has passed all too quickly but I will be taking many happy bushwalking memories home with me. The friendly reception given by the Melbourne Bushies to visitors is impressive and I am grateful for the comradeship shown to me by so many people. In particular, I should like to thank Clare Lonergan who made me feel so welcome when I first arrived, Jean Woodger for a lot of good advice, and Jean Giese and Bob Steel for introducing me to the delights of base camping and pack carrying. Finally a thankyou to the walk leaders whose planning and hard work so often go unrecognised.

*Dennis Jacobs*

## Ode to Hattah

There was movement in the camp ground  
For the word had got about  
That our leader Alan Miller  
Was about to move us out

He had marched us around Hattah  
Around grey lakes wide and vast  
To the Murray and back again  
With his knickers at half mast

We loved our time at Hattah  
Among lakes and creeks and dunes  
With evenings by the camp fire  
Accompanied by Hodgo's Pommy tunes

But time had come for us to leave  
To gather our tents and things  
To heave them on our shoulders  
Avoiding buckles, pegs and strings.

Around the lake we struggled  
Nigh on fourteen of us in all  
With packs and bags and bottles  
In the sunshine as I recall

Then a wondrous sight befell us  
Atop that last rise so steep  
Our saviour, our Bob, our hero,  
With McKenzie's old yellow heap.

*Clare Lonergan*

(Some poetic licence was taken in order to make it rhyme)

### Half Yearly General Meeting of the Melbourne Bushwalkers Inc.

**Wednesday 21st August at 8.00pm**

**All members are welcome and are urged to attend.  
Visitors may observe but cannot vote.**

**If you are unable to attend but would like to cast a vote,  
fill in the Proxy Form that appears in this edition.**

**Business to be transacted will be published in the next  
newsletter.**

There was a young bushie called Giese,  
who said "This bushwalkings breezy.  
My old map is planned  
to show the lie of the land,  
but the roads make somewhat uneasy."

## Conservation

Unless you live in a cave you are probably aware by now that the Mt Stirling Environmental Effects Statement (EES) has been published. Free copies of a summary of the EES are available from the Department of Infrastructure at 477 Collins St. Some copies of the summary may also be available in the Club rooms.

Submissions are being invited by the government until 26th August. This may be the last opportunity you will ever have to influence the future of Mt Stirling.

**Please take the time to prepare a submission.** If you can't do this then perhaps you can help prepare the Club submission.

The Club has purchased a copy of the EES to be used to help prepare a Club submission. It can also be used by members who wish to make an individual submission. Contact me if you would like to see the Club copy or contribute to the Club effort in producing a submission.

We will have a meeting of a sub-committee in the Club rooms on Wednesday 10th July to discuss the EES and what we should say in our submission. Please come along and make your views known.

Some highlights from the EES are:

**Greenhouse:** The greenhouse effect will decrease the duration of the snow season. In the worst case according to current predictions, there may be years with no snow season by the year 2040.

**Economic Viability:** Of the six options considered, only the best (options A and B: little or no "development") and the worst (option F: mountain covered with ski tows and a high level village) appear to have any chance of being viable. The other options would require between 96 and 157 per cent increase of the projected visitation before they could produce a reasonable return.

**Environmental:** Option F would have a "high" impact on the flora and fauna.

**Social:** Option F would result in the most visitors to the mountain and would give by far the greatest number of jobs on the mountain.

*Bill Metzenthien*

## New Camping Equipment for Hire

The club has recently purchased  
Eureka Moonshadow Tent  
Paddy Pallin Cloudmaker Sleeping Bag  
Trangia

These are now available for hire.

See Jean Woodger in the Clubrooms

## Northern Wilsons Promontory

June 1996

Eleven of the group camped one freezing and foggy Friday night at Foster, but it made the 8.30am start from Port Welshpool a lot easier. I chose to drive down on Saturday morning, and experienced the beauty of the sunrise and the comfort of a warm bed the night before.

We all piled into Frank's boat for the 2 hour trip to Johnny Souey Cove, surrounded on both sides by schools of fairy penguins.

Due to the restrictions on the number of people allowed to camp at the cove, and because some Maroondah Bushwalkers had got in before us, we had to split into two groups, the final decision on grouping being left to Lloyd, our leader Marika, Anne, Susan, Cameron, Adrian and Lloyd made up one group, with John, George, Bob, Ken, Rowan and Jean making up the other.

into the dinghy before a final wade ashore, and there we were. The fishermen in the group who were familiar with Johnny Souey Cove moved in quickly to their favourite sites. The rest of us found secluded tranquil spots, and set up camp.

After a short break, the other six continued on to the camping site at Five Mile Beach, the next cove south. Fires are permitted in the northern section of Wilsons Prom, and both groups had camp fires that night.



Local Fishermen bid good riddance to Melbourne Bushies.  
(Tin Mine Cove, Wilsons Promontory, June 1996)

The six at Johnny Souey spread out, some went fishing, some clambered around the rocks, and Jean walked to Five Mile Beach just to check it out, meeting the friendly bunch from Maroondah on their way in.

We had a wonderful night's sleep, with the sound of the water lapping on the shore almost with reach. Sunday dawned to a fine sunny day, and after breakfast, both groups set off to a pre-arranged meeting point, from whence to continue the walk together. It was a fairly hard slog back up the inland track, until suddenly we emerged on to Chinaman Long Beach, in warm winter sunshine. We knew we'd nearly made it, but saved ourselves for later.

The walk continued along the beach until we had to head inland again. The track rose higher to give us glorious views, then descended to Tin Mine Cove. We had time for an icy swim and freshen up before Frank and his son collected us at 4 o'clock. Most of us stopped at Foster Pub for tea on the way back.

Thanks for a great weekend Lloyd,

*Jean Woodger*

## Murray River - Hattah Lakes Canoe trip Queen's Birthday Long Weekend

With Captain Bob at the wheel the bus sped through the Mallee night eventually dropping 40 or so Bushies off in the dark at Hattah. "The camping ground is over there" said Sylvia waving her hand in the vague direction. Eventually tents were up and everyone was asleep, though as it turned out, not necessarily in their own tents. Next morning after some disorganised milling around the canoeists, the base campers and one group of walkers took off in the bus for their various starting points. Dropping off the walkers first, Bob tried to get the bus down a bush track to drop off the canoeists. However this was really tempting fate as the bus was turned (hoping not to get bogged) and Admiral Bills group of 12 walked the 4km to the river bank.

The canoes were waiting for us so we quickly launched and were off. It wasn't long before we were able to pull out on a sandy beach and enjoy a leisurely lunch complete with fire to boil the billy. Easy paddling for all the trip gave us plenty of time to enjoy the bird life along the river. Large raptors such as White Breasted Sea Eagle and lots of Whistling Kites, many Pelicans wheeling overhead or floating majestically on the river. We saw many parrots and water birds and during rest stops we could see many smaller birds such as honeyeaters and treecreepers.

An early camp on the first night allowed us to explore the quiet waters of one of the anabranches. Unfortunately it was a bit too cool for swimming even for Lloyd!

Moving on next day we paddled on along the Might Murray with wonderful River Red Gums guarding the banks. Bill allowed us plenty of breaks at sandy beaches and some not so sandy spots eventually camping on a large beach. That night as we watched the stars Bill explained all about Black Holes so we all now understand about the origins of the universe and the fifth (and more) dimensions.

Just because there was ice on her wetsuit in the morning Sylvia decided not to wear it. What a Wuss! However, the cold night gave us a wonderful sunny last day. Stopping at Chalka Creek outlet for a look, we paddled on to the finishing spot. We pulled out in sticky mud but were able to clean the canoes then have lunch. Meeting the walkers we boarded the bus for a smooth trip home after a very pleasant three days on the Murray.

*Doug Pocock*

**New members**

(addresses will appear in membership list)

Adele Andreatta	Janet Clough
Richard Fryc	Alina Gorris
Monika Hollander	Lesley Irving
Roslyn Lamond	Barbara Ryan

**Committee Reports****Treasurer:** Accounts for June 96

Opening Balance	\$63,235.82
Months Receipts	\$6,215.50
Payments	\$3,728.38
Closing Balance	\$65,722.94

**Walks Secretary:** Attendances for May

	Trips	Av	1995
Sunday Bus	4	37	44.5
Pack Carry	3	5.5	4.5
Wed, Hist, Dandenong	3	18.3	10.3

S &amp; R Practice 2 people

1 trip cancelled

**Membership:**

Life Members	11
Honorary Members	11
Single Memberships	300
Family Memberships (2x 48 =)	86
Total membership	408

**Duty Roster**

10th July	Ralph & Lloyd
17th July	Jean & Ian
24th July	Patricia & Judy
31st July	Jenny & Doug
7th August	Peter & Bill

Next committee meeting 5th August, 1996

# Finke Gorge and Watarrka National Parks

**Come and discover the true heart of Australia.**

Enjoy the ancient landscapes along the Finke River. Marvel at Watarrka's incredible plant diversity – the richest in arid Australia. Wander through hidden gorges. Climb the hills and enjoy magnificent views. Cool off with swims in some of the Centre's most beautiful waterholes. Ask for our 16-page brochure and detailed trip notes.



12 Carrington Street, Millner NT 0810  
Phone (08) 8985 2134 Fax (08) 8985 2355



# VicWalk News Extract



A quarterly summary of VicWalk News, the newsletter of the Federation of Victorian Walking Clubs (Vicwalk) Inc.

**No 1. Autumn 1996**

**W**elcome to the first issue of **VICWALK NEWS EXTRACT**. This publication results from a recognised need for VICWALK to communicate better with the individual walkers who are members of clubs in VICWALK. It is intended to be the first of a permanent series.

The Federation of Victorian Walking Clubs, or **VICWALK**, is the peak body for bushwalking clubs in Victoria. Most of the Victorian bushwalking clubs, and a number of other related clubs, are members of VICWALK. There are currently 69 member clubs, representing over 10,000 walkers, and we are growing.

VICWALK provides a number of services that individual clubs can not provide as well, or as easily, for themselves. These include Search and Rescue, Insurance, a staffed office, inquiry services, publications, promotions, etc.

The 62nd **Annual General Meeting** of VICWALK was held on Tuesday, 7<sup>th</sup> May 1996. Council positions were filled as follows -

President	Wayne Emmins	CAEX
Secretary	Alan Clarke	MBW
Asst Sec	Margaret Maxwell	CAEX
Treasurer	Mac Caton	VMTC
S & R	Chris Jarvis	Essendon
Conservation	David Rimmer	VMTC
BMLC	Monica Chapman	Maroondah
Editor	Margaret Leigh	Pakenham
Archives	Phil Waring	Bayside

VICWALK's part-time paid **Executive Officer** is Elizabeth Doery (Ph 9859 8554). Her hours are 10am to 2pm each weekday.

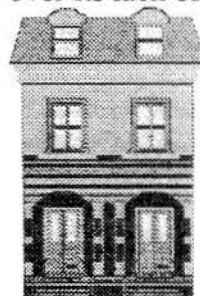


**CONSERVATION** of our bushwalking areas is a very important issue to most, if not all of us. VICWALK has a very hard working Conservation Committee comprised of representatives from a number of clubs. They currently make a large number of submissions regarding areas of concern to us.

This year their efforts have received a significant boost with a generous offer of up to \$3,000 from the CAEX Bushwalking Club.

A very popular event on the annual calendar is the **Federation Walk**, when a member club arranges a day of walks for all comers. This year the walk was held on 31<sup>st</sup> March by the Maroondah Bushwalking Club, and with over 360 attendees on over 20 walks, was considered a great success.

VICWALK has been concerned for some time over its lack of accommodation. For instance we have items stored at locations all over Melbourne. A letter was sent to all clubs in March detailing the issues.



We are therefore on the lookout for some suitable office-type accommodation. We are endeavouring to keep any possible increased costs to a minimum, and will keep clubs informed as much as possible.

Finally, we are introducing a new club into the **Stonnington** area. Anyone who may be interested in being involved in this club is invited to contact us.

**Form of Appointment of Proxy**

I ..... of .....  
being a member of Melbourne Bushwalkers (Inc), hereby appoint  
..... of .....  
being a member of Melbourne Bushwalkers (Inc), as my proxy to vote for me on my behalf at the half yearly  
general meeting to be held on Wednesday 21st August, 1996 and at any adjournment of that meeting.  
+ My proxy is authorised to vote (in favour of/against)\* the following resolution(s):

Signed: .....  
Date: .....

\* Delete as appropriate  
+ Delete if not applicable

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