

The NEWS

of the

MELBOURNE **BUSHWALKERS** INC.

JUNE 1997

Internet: <http://www.vicnet.net.au/~bushwalk>

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PARADISE ROAD

Courage - Triumph - Love

Illustrates the strengths and invincibility of the human heart. It's impact is profound

Starring Glen Close, Frances McDormand, Pauline Collins & Wendy Hughes

Saturday 14th June

6.30pm ish (Exact time to be confirmed)

Cinema Como

Cnr Toorak Rd, Chapel St,
South Yarra

\$11 per ticket or a book of 10 = \$7 per ticket

Final numbers and payment by Wed evening
11th June.

For more info
see Marisa or phone

For those hungry and interested in a great
meal afterwards dinner at

Tarah Ria Malaysian Restaurant
210 Toorak Rd
South Yarra

Chin's Cooking Roadshow

(after Chin's great banquet at the Barjarg Base Camp)

Saturday 5th July

Meet at 9am at Peason's place

Chin will take the group to Richmond and show them what vegetables to buy and how to select them.

Then it will be back to Pearson's place to cook up a feast.

Contact Chin on (Limit 12)

Can you write?

Or are you an aspiring writer?

Someone is needed for a special Club assignment on a regular basis.

It's interesting, not too arduous or time consuming.

Call or speak to Derrick Brown.

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From the President

Some of our members may not know much about the Federation of Victorian Walking Clubs which represents our interests at State level. Although we are one of the oldest, and now the biggest club in the Federation we have not been particularly active in its work - at least that is so in the ten years that I have been a member. That is why it was gratifying that Alan Clarke, a Melbourne Bushie took on the job of Secretary in 1995. Alan stood down at the recent Annual General Meeting. Alan has put in much time and effort on the council and Executive and he was instrumental in moving the Federation this year to acquire its own premises for the first time. I must record our thanks for his sterling work and for the energy that he put into the job.

I am most pleased to be able to report that we have another Melbourne Bushie taking over the Secretary's role - Bill Metzenthien. Bill has been one of our representatives on the council for several years and I'm sure that his talents will not go unnoticed on the Executive. This move leaves a vacancy for another Federation rep and that has been filled by Janet Norman. As an ex-President Janet has the right experience and skills and her appointment, together with our other reps, Athol Schafer and Stephen Rowlands, ensures that our Club can play its full part. I do believe that there is much potential in the role of the Federation and

that we can help it to achieve that potential.

Bill has another role in our club as Conservation rep which he will no longer have time for. This has been taken over by Graeme Thornton (GT). GT has a good knowledge and experience in conservation issues and he will bring passion, tenacity and a persuasive and scientific approach to any issue that he gets his teeth into. Thank you all for taking on these jobs.

The Clubrooms saga continues. We've checked out more possibilities but so far nothing else very positive has turned up. We've discovered that the uncertainty causing the delay on the future of the premises has been settled, and that the new owners take over in three months. We may not have much more time so we have to narrow our options and decide soon.

Derrick Brown

Research Consultant

You may be thinking of writing a book, making a film or documentary. Do you have enough time and energy for your research?

Leave it to an expert with 15 years experience.

Well authenticated research *through interviews with experts in the field *the Internet *traditional source

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Email: uma@icplus.net.au**

**GET YOUR MUNDANE
AND EXOTIC FACTS RIGHT !**

The NEWS is the official newsletter of the Melbourne Bushwalkers Inc. and is published monthly.
Edited by **Judy Gipps**.

Articles, walk reports, poems, snippets of news, reports of new gear, book reviews, letters "to the Editor", advertisements, etc are always welcome. The Editor reserves the right to edit articles, letters or other contributions, where space, clarity or propriety dictate. and to maintain editorial consistency

Please note that articles for **The NEWS** may be :
placed in the **Red Box** in the clubrooms or
mailed to Judy Gipps,
faxed to Judy Gipps on
emailed to

Advertising Rates

¼ Page 1 Issue-\$20; 3 Issues-\$50; 12 Issues (1 year)-\$180
½ Page 1 Issue-\$30; 3 Issues-\$75; 12 issues-\$270
Full Page 1 issues-\$50; 3 issues-\$125; 12 issues-\$450

Only advertisements directly relating to bushwalking will be accepted (eg gear, maps, trips, tours)

Members Ads - FREE

Closing Date for **JULY 97 News** is **2nd July 97**

Meetings are held in the Clubrooms, MacKenzie St., Melbourne (rear of the Royal Horticultural Society building) on **WEDNESDAY** Evenings between 7.00 pm and 9.00 pm.

Visitors are always welcome.

General correspondence should be directed to:
The Secretary, Melbourne Bushwalkers Inc.
PO Box 1751Q, MELBOURNE 3001

Previews for July Day Walks and one for June

Sunday 29 June 1997 **Pyrites Creek**
Easy & Medium

Leaders: Alan Miller & Clare Lonergan
Transport: Bus from Southbank Boulevard at 9:00 am
Area: Gisborne - Bacchus Marsh
Expected time of return: 6.30 pm
Approximate length of walk: 12 & 16 km
Map Reference: Toolern Vale (main map), start on Macedon

Both walks are mainly along ridge-top fire trails, except for the drop down into Pyrites Creek. Looking back along the ridge there are good views of Mt. Macedon. Your leaders have marked and partially cleared the route down into the dry creek bed. The 4WD track on the other side goes right down to the creek. If the weather is fine and the creek is still dry, the medium walk will continue down Pyrites Creek and up a spur to rejoin the 4WD track.

This is a good winter walk. It should be worthwhile leaving your overheated home in the smog-bound city to stretch your legs and breathe in some fresh country air!

Sunday 6 July 1997 **Parwan Valley**
Easy/Medium & Medium

Leader: Sue Ralson & Ralph Blake
Transport: Bus from Southbank Boulevard at 9:00 am
Expected time of return: 7pm
Approximate distance: 15 & 20km
Area: Werribee Gorge
Map Reference: Ingliston 1:25,000)

Peaceful open farmland and spectacular gorges feature in both these walks. Several wedge-tailed eagles were seen here recently, and the peregrine falcon is also common in this area..

Sunday 13 July 1997 **Maroondah Reservoir**
Easy/Medium & Medium **Dom Dom Saddle**

Leader: Jean Woodger & Anne Wilkins
Transport: Bus from Southbank Boulevard at 8.30 am
Expected time of return: 7pm
Approximate distance: 18km & 21 km
Area: Healesville
Map Reference: Juliet North, Juliet South 1:25,000)

**** Note 8.30 Start

Both walks start from Dom Dom Saddle and finish at Donnelly's Weir Rd. The medium group will follow the Great Dividing Range through tall mountain ash forest ringing with the songs of mimicry of the superb lyrebird, and the calls of the yellow tailed clack cockatoos. After climbing to Mount Monda, the group will descend steeply via Condons Track, with a glimpse of Maroondah Reservoir on the way down. The

Easy/medium group follow a gentler incline to Carters Gap, then experience close encounters of the fern kind (thanks Douglas) all the way down to Fernshaw Reserve.

We planned to walk through the catchment area at this point, but permission has been withdrawn, so we'll get on the bus to Healesville, and so a 7km circuit of Maroondah Reservoir, Echo Tunnel and the aqueduct.

The medium walk will need to move briskly to cover the distance in the shorter daylight hours, **SO WE NEED AN 8.30AM START**

Wednesday 16th July 1997 **Brimbank Park**
Easy/Medium

Leader: Margaret Borden
Transport: Private, see below
Expected time of return: 5.00pm
Approximate length of walk: 14 km
Map Reference: Brimbank Park leaflet, Melways 14,15 & 26

**There is a change of leader as Jean will be walking around Central Australia.

Meet at 10am at Brimbank Park entrance (Melways 15 B 10) either from Western Ring Road or Calder Freeway, exiting at Keilor Park Drive.

Brimbank Park has aboriginal significance and is the site of the discovery of 40,000 year old remains. The Visitors Centre gives some information and is in close contact with descendants of the original inhabitants. We will follow the Maribyrnong River around the park, including the Kulin wetlands, on walking tracks and bicycle paths with some climbing into and out of the gorge. The old and new river red gums are magnificent and numbers of busy little wrens and finches and raucous parrots and interesting exposed sections of basalt rock. Another lovely area close to Melbourne for a winter walk..

Saturday 19 July 1997 **Beginners Ski Day**
Easy

Leader: Doug Pocock
Transport: Private

Please see the leader in the clubrooms for the details of this trip.



Sunday 20 July 1997 Greens Bush -Cape Schank
Easy & Easy/Medium

Leaders: Lloyd Young & Peter Gipps
Transport: Bus from Southbank Boulevard at 9.00 am
Area: Cape Schank
Approximate length of walk:
Map Reference:

If you think the club is going downhill this walk will confirm your prejudices. For once we start higher than we propose to finish. Full details will appear in the next issue of the news.

Saturday 26 July,1997 Dandenongs Explorer
Easy

Leaders: Michael Humphrey
Transport: Private - see below for meeting location
Area: Dandenongs
Expected time of return:
Approximate length of walk:
Map Reference:

Detail of this walk will be in the July edition of the **News** or contact Michael Humphrey on

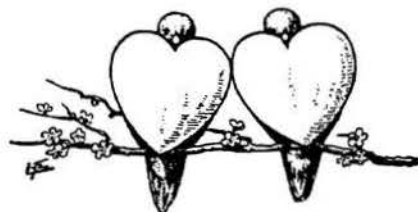
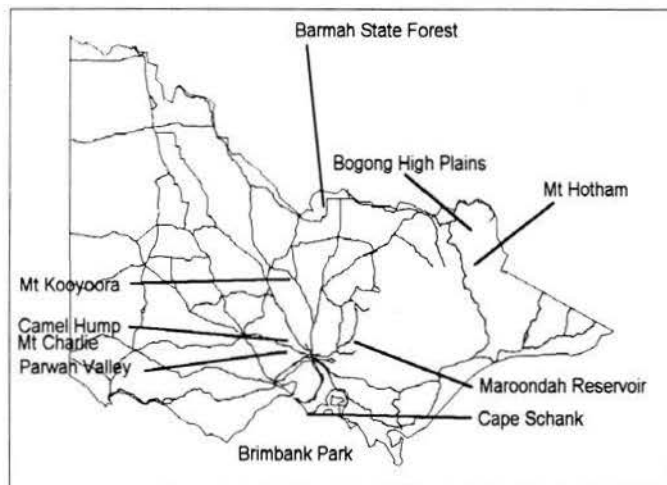
Sunday 27 July 1997 Camel Hump
Easy & Medium - Mt Charlie

Leaders: Stuart Mann & Jean Giese
Transport: Bus from Southbank Boulevard at 9.00 am
Expected time of return: 7.00pm
Approximate length of walk: 16 km & 20 km
Map Reference: Riddells Creek 1:25,000; ESMa pp 596 & 597

The easy/medium walk begins near Heskett township, gradually ascending to Mt Charlie State Forest.

The medium walk starts with a slight climb up 'The Camel Hump', then proceed along the State Forest walking trail, to Sanatorium Lake.

Both walks then continue along the same bush tracks and country lanes of Cherokee, on to Mt Charlie to see the panoramic views.



Sak-Hong Wan and Marika Jagow are engaged and plan to marry in November. Congratulations from us all

On a Recent Sunday Walk

The ingenuity of Melbourne Bushies is not to be scoffed at! There is a certain little lady who upon arriving at Southbank just in time to see our Sunday bus leave spied a young woman alighting from a taxi which had pulled up just behind the bus. This young woman had barely received her change when our resourceful bushie thrust her out of the way, jumped into the cab and in the best 'New York Movie' style bellowed "Follow that bus!" The cabbie took this task on with great gusto and sped along the road after the bus honking and tooting until our intrepid bus captain realised he was being hijacked. With good grace he stopped the bus (in the middle of the road at green lights). A very flustered Helen (oops!), being chased by the taxi driver waving her lunch, clambered onto the bus to be greeted by raucous cheers. I believe the cabbie didn't even charge her, she had obviously made his day!!

Clare Lonergan

For Sale

Track Skis
 205 cm Morotto Runner
 with SNS binding. Used Once, VGC \$120

Track ski boots
 Salomon SR 911 SNS track boots,
 size 8, Used, Fair condition \$100

Back country ski boots
 Artex three pin boots, Norwegian welt,
 size 42. Used, good condition.
 Used to telemark down
 gentle slopes on Sundays \$150

All prices negotiable.
 Chocolate accepted in lieu of coin.

Carol Tidey (AH)

Previews for July Weekend & Pack-Carry Walks

4-6 July 1997 **Barmah State Forest**
Easy/Medium & Medium

Leader: Peter Chalkley
Transport: Private
Area: Near the Murray

Well snow will be falling in the alps at the time of the walk but the weather at the Barmah State Forest, up near the Murray River, will be milder. This will be a pleasant walk on flat ground - highlights being the river red gums and the wading birds.

11-13 July 1997 **Bogong High Plains**
Easy/Medium **Start of Ski Season**

Leaders: Merylyn Whimpey
Transport: Private
Expected time of return: 10.00pm Sunday
Map Reference: Bogong Alpine Area Outdoor Leisure Map

I Haven't yet decided where we'll go on the high plains - it will depend on the weather, snow conditions and my inclination at the time. However, I don't intend to ski too far with packs. We'll camp somewhere nice in trees and near water and we'll ski away from groomed trails.

Full snow camping gear will be needed, as well as some skiing ability..

18-20 July 1997 **Mt Kooyoora**
Easy

Leaders: Cameron McMillan
Transport: Private
Area: Inglewood - Kingower
 Northwest of Bendigo
Expected time of return: Sunday evening
Approximate length of walk: 20 km
Map Reference: VicMap 1:25,000 Inglewood North
 Rheola North

Mt Kooyoora State Park is in Victoria's "Golden Triangle" area where last century a lot of gold prospecting was done. It is best known for the Melville Caves named after the bushranger Captain Melville who was supposed to have hid out in them. At the time of writing this I have not visited the park, but promise to do so over the Queens Birthday Weekend to see if this area is suitable for two day walks or a two day pack carry. At this time of year it will be cool, but I am hoping for a rain free sunny weekend.

25-27 July 1997 **My Hotham Ski Trip**
Easy/Medium

Leaders: Stephen Rowlands
Transport: Private
Expected time of return: Sunday evening
Map Reference: Bogong Alpine Area
 Outdoor Leisure Map

This trip will be in the Mt Loch area and we will more then likely camp around Derrick Hut on Saturday night.

CONSERVATION FORUM

Bill Metzenthen has taken on other onerous duties with The Federation of Victoria Walking Clubs so I've volunteered to coordinate the Conservation Forum. I'd like to thank Bill and the committee for all the effort they have put into conservation over the last year or so. The club sponsored submission-writing night on Mt Stirling was very effective.

I think that awareness of the issues that affect conservation are essential to preserving our bush-walking areas so I will do my best to keep you informed as Bill did. I see the Forum as providing short snippets on what-is-going-on-where. To do this I will rely heavily on the collective wisdom of club members. Past experience has taught me that there is an enormous pool of information spread among club members and I would like to tap into this information and spread it more widely via this Forum. Like someone famous almost said, "Eternal vigilance is the price we pay for our freedom to bushwalk".

So, please, if you come across anything that is of interest write a note directly for 'News' or contact me - even "one liners" would be appreciated. I don't visit the club rooms all that regularly, but that's no excuse, I can be contacted on:-

or, best of all, via email:

Thanks, GT

DAY WALK LEADERSHIP CERTIFICATE COURSE

Sport and Recreation Victoria are offering a certificate course in Day Walking Leadership, similar in style to their long running Bushwalking & Mountaineering (BMLC) courses. The course is aimed at reasonably experienced day walkers who want to enhance their skills in Planning & Organisation, Navigation, Leadership Theory & Practice and First Aid. Instruction is given in a number of phases spaced over a year, starting in September, so a high level of commitment is required. Anyone interested should contact Sport & Rec. Vic. on 9666 4319 for further details. Applications close on 1 August.

Aspiring leaders who don't feel the need for a certificate should be aware that the club offers less formal training in leadership skills, either 'on the job' or by special events such as navigation days and First Aid courses. If you are looking for information about any aspect of leading a walk, then talk to an experienced leader or any committee member. We will do all we can to help.

Pearson Cresswell

Navigation Skills Training

A navigation skills evening will be held on Tuesday, 16 September to improve skills in map reading and the ability to locate your position in the bush. This course is being organised by the Victorian Rogaining Association for the Search and Rescue Section of the Federation of Victorian Walking Clubs.

Some of the topics that will be covered include:

- Interpreting contours and terrain visualisation
- Exercise on visualising slopes from contours
- Techniques to keep track of your position
- Navigation in low visibility conditions
- Relocation methods and how to pinpoint your location to report it
- Exercise on following features on a map

Date: Tuesday, 16 September

Time: 7:00pm - 9.30pm

Location: Scout Headquarters,
50 Berry St, Carlton

Bring: A compass, note pad and pencil

Numbers for this evening will be limited to twenty, so please book in via your club S&R Delegate (Peter Chalkley) by no later than Friday August 15 to indicate if you will be attending. Preference will be given to current S&R members. So see Peter Chalkley in the clubrooms if you are interested.

The Tallarook-Trawool Walk

Sunday 18/5/97

As usual, we left Southbank Boulevard near nine, but a "McDonalds" stop was unplanned, and band-aided Bob had a shave way too fine with his razor, as I understand!

On arriving at Tallarook Picnic Ground, we commenced the easy walk for the day, crossed several bridges that were mostly closed down to vehicles heading that way.

Through the stringy-bark rang out almighty blasts of gun-shots that seemed to track us, then merciful peace and quiet at least while the shooters halted their practice.

Pushing to the top of Mount Tallarook was an exhilarating experience, then lunch near Warragul Rocks, and a look at that vista in all its magnificence.

Four-wheeled drives were seemingly out by the score, imposing their own kind of tax, for wildlife was scarce save the wombat we saw lying lifeless on one of the tracks.

Though a shorter descent to the road seemed right, the distance proved longer in fact, and the bus was hard to locate, in spite of a need to partly back-track.

While waiting, we savoured out little soujourn watching eagles soaring nearby, 'til we boarded the bus and began our return with a sunset to please the eye.

Jill Dawson

WALK ALSACE

Enjoy the gastronomic delights and superb wines of Alsace, France on a 7 day self-guided walking tour through vineyards, medieval villages and the forests of the Vosges Mountains. With a map and instructions provided by the local walking club and your picnic lunch you set off at your own pace for the next hotel (about 15 km) as your luggage is transported ahead.

\$900 per person twin share including excellent accommodation and all meals.

PH: 9415 1588 FAX: 9415 1590

This is a private advertisement and is accepted as a service to Members only. These are NOT official Club trips.

My Buangor State Forest Walk

16-18th May 97

Sak-Hong Wan organised a walk to Mt Buangor State Forest with Marika Jagor.

On Saturday, the adroit party of seven 'laced up' a ridge to Mt Buangor from Fernree Waterfalls Reserve.

Vapour droplets of mist were floating towards us and then riding over our heads as we looked below for Mt Buangor 'Common'; We were Riders on the storm around the mountain.

Crests of yellow glided under the wafers of thin white cloud and white cockatoo bodies followed on, fading in and out of the slipstream just above a narrow-leafed peppermint forest.

Some of the party were discussing the bio-mechanical aspects of movement on the hang-glider jump ramp below our feet; Icarus even got a mention !

Presently, more matters needed attending to. Anne Wilkins had painfully dislocated a shoulder in a fall. Leonard from Sri Lanka had strained knee ligaments.

Weaving through the Stringybarks and Blue Gums of the elevated plateau, perceptions were distorted by ghostly figures of wispy white cotton rushing around in clean, fresh-cold costumes.

Max Casley spotted an Eastern Spinebill, hovering in mid-air with a Regency Yellow blazer.

Four litre of Cabernet Sauvignon, Killawerra Red Burgundy and spiced Mead stood on the table with somebody's Director Chair next to it, the signs were there ! It wasn't exactly The Windsor !!

Within an hour it was like Halloween - everybody's cheeks were burning ! Invocations and rituals of the fireside led to a bizarre behavioural display of 'Psychiatrist' and another Consonantal Cluster Game about 'Mississippi but not the Delta !'

Two affectionate swamp wallabies gazed and blinked in a spirit of ancient innocence. Our 'dark' behaviour was being witnessed by these little furry angels with tails !

A grey coil of gum smoke trailed up from the red and yellow piercing embers - drifting towards the silver sequin dots of the midnight sky.

The peaceful forest settled over us like a silky mantle and the moon was a pale crescent of soft pearly light.

Mt Sugarloaf closed in to our view on Sunday mid-morning. By afternoon we were soulfully engaged in the 'Dreamtime Legend'. 'Wandjina' and 'Djulunggal' could not be seen as our voices resonated into the knuckly, granite-hardened sculpted rock of Cave Hill.

The lower, drier ridges of narrow-leafed peppermint forest perfumed the track not far from our circuit completion.

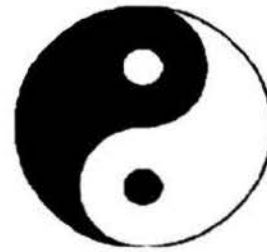
John Lister from the UK muttered: 'Look a hang glider being sortied by a wedge tailed eagle!!'

Whilst Sak-Hong was discussing Cardiac-Compression ratios with Marika Jagor, he affectionately giggled and checked the time saying 'I've got a pun for you all - a statch in time saves nine !!'

Peter Daglish

"Warm Hands and a Warm Heart"

Brian Crouch, Melb Bushies Member and a graduate of the School of Wholistic Massage provides Swedish Therapeutic and relaxation massage at Blackburn, Hawthorn or at your place



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KATHLEEN BOHLE

JULIE CASSAR

SYLVIA FORD

DOREEN HOPKINS

DON ISDALE

HELEN & KEITH LEONARD

JOHN ROSEMAN

Committee Reports

Treasurer: Accounts for May 1997

Opening Balance	\$60,541.86
Receipts	\$6,157.05
Payments	\$2,902.70
Closing Balance	\$63,796.21

Walks Secretary: Attendances for April

	Trips	Av	1996
Sunday Bus	4	42	37
Pack Carry	2	6	9.4
Wed,Hist, Dandenong	2	19	13.3
Base Camp	2	22.5	7
Cancelled	1		

Membership:

Life Members	11
Honorary Members	11
Single Memberships	385
Family Memberships (2x 48 =)	96
Total membership	503

Duty Roster

11 th June	Ralph & Jean
18 th June	Judy & Bernie
25 th June	Peter C & Jenny
2 nd July	Jean & Anne
9 th July	Pearson & Judy

Next committee meeting 7th July, 1997

Bushies Good Food Guide

All contributions gratefully received. Tear off sheet and put in the glove box.

Mt Beauty

The new bakery now across the road must take the prize for the least ambience and the most indifferent service, but their sandwiches are divine, coffee great and bread just fine. Closes at 5.00pm

Milawa

The Bakery. Coffee 7 out of 10, everything else terrific especially the enormous log fire in winter, lovely people and the Thurs, Fri and Sat only, closes 5pm

Geelong

Gilligan's Fish and Chips. Eat in and take away. 100 Western Beach or down hill from the Wool Museum and turn left. On the water front. REALLY good and a glass of wine. Open till 9.00 Fri-Sun.

Sylvia Ford

NOWHERE IS A PLACE



That's the title of a book about Patagonia (southern South America) by Bruce Chatwyn and Paul Theroux. Our fourth trip to Patagonia is scheduled to begin in late November or early December. In the words of one of our clients,

"The Patagonian Andes are a wonderland of rugged mountains with granite spires, snow covered mountains, glaciers, beech forests, fields of daisies, waterfalls and more. The opportunity for some terrific trekking shouldn't be missed. The aim for budget travelling with some comfort in mind makes the trip affordable but not too rough."

(Helen O'Callaghan, Melbourne)

If you think you might be interested in joining us, ask for details now. Next month may be too late.



Willis's Walkabouts
 12 Carrington Street, Millner NT 0810
 Phone (08) 8985 2134 Fax (08) 8985 2355

Walks in June 1997

Date	Location		Standard	Leader
6-9 Jun	Pink Lakes & Wyperfield National Parks	Priv	Various	Max Casley
8 Sun	Ocean Grove - Queenscliff	Bus	Easy & E/M	Ian Hoad & Richard Chater
9 Mon	Historical: Hartwell - Gardiners Ck	Train	Easy	Athol Schafer
15 Sun	Kinglake	Bus	E/M & Med	John Kittson & Andrew McConnel
18 Wed	Gellibrand Park	Priv	E/M	Margaret Borden
20-22 Jun	Northern Wilsons Prom	Priv	E/M	Deborah Henry
22 Sun	You Yangs	Bus	E & E/Med	Max Casley & Mary Leonard
28 Sat	Dandenongs Explorer	Priv	Easy	Pam Rosso
29 Sun	Pyrites Creek	Bus	Easy & Med	Alan Miller & Clare Lonergan
4-6 July	Barmah State Forest	Priv	E/M	Peter Chalkley
6 Sun	Parwan Valley	Bus	E/M & Med	Sue Ralston & Ralph Blake

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