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THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

Edition 680 | OCTOBER 2007



LAST REMINDER...

FEDERATION WALK SUNDAY 21 OCTOBER 2007

A reminder to all members about this year's Federation Walk.

There is no bus trip planned for this day.

Details of the location and walks organized can be found in the August and September newsletters and on the notice board in the club rooms. Please let me know ASAP if you would like to come along and if you would like to participate in the car pool to Healesville on the day. Please see the list of FAQ's and answers provided by the host clubs, Koonung and Diamond Valley on page 6 of this edition of The News.

Lynda Larkin, Transport Coordinator



Photo
Presentations

TASMANIA 8 pm Wednesday 24 October

Les will be showing some of his recent slides of Southwest Tasmania (and a few day walks). This includes some of the most spectacular and demanding areas of the Tasmanian world Heritage Area.

WALKING IN THE FRENCH ALPS 8 pm Wednesday 14 November

In June and July of this year, four club members, Gina, Derrick, John and Jopie spent a month in the French Alps doing day walks and two multi-day refuge to refuge treks. They all reckon that it was pretty sensational stuff so come along and see some of the spectacular scenery they encountered and find out what via ferratas are.

FRENCHMANS CAP

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Trip to Tasmania Melbourne Cup Extended Weekend 2 - 7 November 2007

Frenchman's cap is a track leading to the summit of the magnificent white quartzite dome of Frenchmans Cap (1446 m), which is the most prominent mountain peak in the Franklin-Gordon Wild Rivers National Park. The walk offers a perfect three to four-day trip, walking through forests and buttongrass, lakes and bogs, crags and valleys, and a superb peak to ascend. From the Lyell Highway west of Derwent Bridge, the track climbs to a saddle then crosses the Loddon Plains before ascending Lake Vera, with Tasmania's highest-altitude Huon pines fringing its banks. The climb continues through the dramatic Barron Pass to reach Lake Tahune, tucked below the Frenchman's crags. The ascent of the Cap is an easy day from Tahune, but clear weather is essential. Camping areas are small but there are good huts at Lakes Vera and Tahune.

If you are interested in coming on this trip, please contact Mohammad by telephone (see club list for details).



MELBOURNE BUSHIES CHRISTMAS PARTY

Wednesday 19 December, 2007
Trades Hall, Main Ball Room, 7.00 -10.00 pm

The Main Bar at the Trades Hall, which we traditionally use for our Annual Christmas Party, has been closed down, but the same area, which is now referred to as the Main Ball Room, will be available for us to hold our usual Christmas celebration (and have a "Ball"). BYO plate of something yummy to share and we will also have to bring our own drinks. NOW is the time to mark this date on your calendar so you don't forget.

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

**Victorian Horticultural Society Hall
48 MacKenzie Street
Melbourne**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001



www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (**The News**) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Christine Salau

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. **Note - photographs should be sent as separate files which are capable of being edited.**

Contributions to The News may be sent to the Editor by:

- Posting a diskette or hand written material to The Editor at 16 Carinya Road, East Bentleigh 3165.
- **The most preferred method is emailing an unformatted text file to news@mbw.org.au**

Closing date for receipt of material for The News is without fail the last Wednesday of the month.

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. Advertising rates commencing with edition 674 | April 2007 are the following:

1/4 page, \$80 per insertion (80mm(w) x 12mm(h))

1/2 page, \$160 per insertion (170mm(w) x 125mm(h))

No discounts will apply for multiple insertions.

Club rooms Duty Roster:

October 19 Carol C, Halina
October 17* Peter, Ray
October 24 John F, David A
October 31 * Fay, John McC
November 7 Lynda, Mark
(* Treasurer in attendance)

Next Committee Meeting:

Monday, October 29 2007

SOCIAL SECRETARY: John McCall

Great things to do ...

Social events

1. Wine, cheese .. and slides!

Wednesday, 24th October, 8.00 pm

Yes, at long last this much-anticipated event is almost upon us!

Les Southwell, acclaimed author of "Mountains of Paradise", will be sharing some of his unique collection of slides taken in Tasmania's breathtaking south-west. Come along, book your walk, then sit back for a most pleasurable evening with a glass of the Bushies' Best and Cheese of your choice.

2. Concert – Mike McClellan (remember the 1974 hit "Song and Danceman")

Saturday, November 10, in the afternoon

At Harmony Row Vineyard near Kyneton

More details in the Nov News or email me

Michael Mann

3. Walking in the French Alps

Wednesday, 14 November, 8.00 pm

Slide night in the clubrooms.



Cheese and Wine Evening

24 October 2007
in the clubrooms

Reports

PRESIDENT:



Hi everyone,

Last month all members were sent their Bushwalking Victoria 2007-2008 membership card in the mail with their monthly newsletter. This small but important card is issued to all club members annually, verifying our status as members of Bushwalking Victoria and entitling us to the multitude of services and benefits this wonderful organization (our peak body) strives to make available to members, not least of which is personal insurance cover against accident/ injury which may be incurred during programmed club activities. Skilful negotiation by representatives from Bushwalking Victoria and Bushwalking Australia on our behalf has succeeded in securing this insurance for us at the very reasonable sum of \$5.40/ member p.a., this being a portion of what your membership fee pays for ... great value for money .. (but which I hope we don't have to use too often)

I doubt many members realize the amount of hard work and planning that Bushwalking Victoria conducts behind the scenes on our behalf, along with vital relationship building and negotiating with related organizations like Parks Victoria, Dept of Sustainability and the Environment, Sport and Recreation Victoria and the Outdoor Recreation Centre Victoria Inc. (ORC) to mention a few.

It must be remembered that Bushwalking Victoria's Board of Management and its various Standing Committees in charge of Search & Rescue, Bushwalking Environment, Risk Management, Publications, Insurance and Editorial is comprised entirely of volunteers, who contribute time and energy to the valuable cause of promoting bushwalking in the community and protecting the interests of members and the natural environment in which we spend so many wonderful hours.

Becoming a volunteer can be stimulating and rewarding and a way of networking and forming friendships with interesting, intelligent people, developing a stronger sense of community and an active awareness and commitment to living in a caring, constructive and enjoyable way in our corner of the world... "thinking globally, acting locally" The Bushwalking Victoria Board and Standing Committees will always welcome new volunteers, ideas and input from members and if you feel inspired, don't hesitate to come forward. You will be considered a star.

And with regards to your BWV membership card, as an added bonus, member discounts are available for bushwalking equipment and services on presentation of your card at certain retail outlets. For your information, participating outlets are listed on the Bushwalking Victoria website.

Last month Melbourne Bushies teamed up with Waverley Bushwalkers and the Maroondah Club to do a First Aid Course designed especially to include situations which may occur out

on the track (the Bushwalkers Outdoor Special) This was offered to MBW members at the bargain basement price of \$40.00 per applicant after the substantial subsidy offered by BWV and a smaller club subsidy were applied. It must not be assumed that because the course was so inexpensive that the actual quality of the course was diminished. In fact the feedback was quite the opposite and those who attended were very impressed with the content of the course, the professionalism of the instructors and the overall manner in which the course was run. Again good value for money. Many thanks to Bushwalking Victoria for \$40.00 subsidy for each successful participant. This thanks must also be extended to the Outdoor Recreation Centre, which supplies funding to Bushwalking Victoria for the First Aid Courses as part of its aim to encourage and support safe and fun involvement in outdoor pursuits in Victoria. Congratulations to all those in our club who attended the course and were awarded First Aid Certificates- Eleonora A, Carol S, Richard S, Bob the Bus Driver, Bob O, John McC, Phil G, and our one and only Del. Special thanks to Val Ford from Waverley BWC and Paul Chaming from Maroondah for helping with organizing this enterprise.

Our new digital data projector had its inaugural run last Wednesday week with a slide presentation of Ann and Lindsay Crawford's Antarctic trip. Great coverage of their voyage to the Ross Sea area with images of surreal landscapes captured during their visits to Macquarie Island and sub-Antarctic islands, complete with glorious sound track. Special thanks to the Crawfords... also to David A. and Michael M. for invaluable technical support.

And lastly, a fond farewell to our well-loved Social Secretary, Dr Liz Moore, who departs in October to start a new job in Alice Springs with AMSANT (Aboriginal Services Medical Association-Northern Territory) an organization which is dedicated to working for positive changes in Aboriginal health. We wish you all the very best, Liz, and will miss your excellent company amongst us while you are away. John McCall, our quiet-mannered librarian with quirky sense of humour, has offered to take over coordinating our traditional Wine and Cheese nights, so it will be business as usual, (as well as some enjoyable quaffing and mingling) on the fourth Wednesday of the month. Thanks, John.

All the very best to Everyone and Happy Safe Walking

Lynda Larkin

Reports

EQUIPMENT OFFICER:

New data projector

The equipment store has acquired a brand new data projector that can run a slide show directly from a USB memory stick, camera, computer or DVD drive. You are welcome to borrow it, but only for presentations within the club room or other official club venue. Booking it is simply a matter of arranging a time slot with the Social Secretary and using it, a breeze with our "foolproof" operating instructions.

Stove windshields

In the August edition we were crowing about the fantastic windshield we had designed and, you've guessed it, there's a problem. By restricting the ventilation space above the burner we may have increased its carbon monoxide output, particularly at high altitudes. While this may not be a major issue its enough to dampen our promotional enthusiasm. Fortunately our normal aluminium flashing windshields are unlikely to suffer in this way, as long as long as you allow plenty of ventilation space both above and below the burner.

Stoves and carbon monoxide

If you think that its best to leave safety issues to burner manufacturers you might in for a disappointment. According to research published at backpackinglight.com a badly designed burner can produce up to 200 times more carbon monoxide than a well designed one. Of the stoves we commonly use the MSR Pocket Rocket was a one of the worst while the Snow Peak GS(T)100 was one of the best. The Kovea Titanium was not tested but was of a design likely to produce a good result.

Stoves and lost screws

If you have lost a screw from your Kovea Titanium burner relief is at hand, the equipment store will shortly have a supply of spares. There are two types available so bring in your burner if you need one.

Pillows

Our new pillow has been a success! Even the notoriously fussy sleeper, Jopie, agrees! If you don't believe us you can borrow one and find out for yourself. If you would like to make your own you can even borrow a tool to make the job easier.

John Fritze



Membership changes

(As advised by Peter Havlicek, Membership Secretary)

New members:

- Details withheld for web version.

Add to membership list:

- Details withheld for web version.

Altered Address/Phone:

- Details withheld for web version.

MEMBERSHIP STATS:

Life Members	13	
Honorary Members	11	
Single memberships	315	
Family memberships	104	(= 2x52)
Total membership	443	
This time last year	464	

Notice board

Maybe a monthly Monday walk?

The TOFs (Thursday Old Fogies) walks on the first Thursday of each month are proving very popular. It has been suggested that we might try another weekday walk on the second Monday of each month – MOFs (Monday Old Fogies) unless we can think of a better name (suggestions welcome) – and if there is enough interest. If it is a goer, we will prepare walks for the Autumn programme.

The test walk will be on:

Monday 12th Nov: Sherbrooke Forest – Ferny Creek Horticultural Society garden

See Day Walks preview pages in this issue of News for details.

Jean Giese



05-2008-05-2009 BWV75and BSAR 60

The above is not a secret code or magic formula. It simply means that between May 2008 and May 2009 Bushwalking Victoria (BWV), which started its life in 1934 as the Federation of Bushwalking Clubs, will be in its 75th year and Bushwalkers Search and Rescue (BSAR) will be in its 60th year. These are important events and need to be properly celebrated.

If you have any ideas or organizing skills your help will be needed to arrange some special events. The President of Bushwalking Victoria, David Reid, requests that planning commence now and would like to be contacted if you have any suggestions or are willing and able to help.

Email president@bushwalkingvictoria.org.au or contact your club delegate to Bushwalking Victoria - Fay Dunn or Lynda Larkin.



The Wilderness Shop

969 Whitehorse Road, Box Hill, 3128 Tel:(03) 9898 3742
www.wildernessshop.com.au info@wildernessshop.com.au

FAMOUS ANNUAL SALE!!!

Sale runs Friday 9th to Sunday 11th November only

Yes, The Wilderness Shop's *Famous Annual Sale* is on in 2007, and best value is guaranteed for one weekend only! We do not have sales often, but when we do it is worth your while to come & have a look. If you only come to one sale this year, make sure it is this one. Do not miss the opportunity to buy quality brands & goods at genuine discounts.

All our Stock & Quality Brands, 20% to 50% off !!!

CLOTHING		Sale Price
Lowe Essential & Antares Jacket	was \$129	\$77.40
Mont Indy P200 Vest	was \$98	\$59.00
Lowe Alpine Multipitch Jacket	was \$199	\$139.00
Macpac 6th Sense Mtn Jacket	was \$299	\$209.30
Norsetech Merino Wool Range	all must go!	40% off
All Other Stock: Mont, Wilderness Wear, Lowe Alpine etc		20% off
DAY & OVERNIGHT PACKS		Sale Price
Deuter City Light	was \$59.95	\$41.95
Lowe Alpine Contour Arrow 30 L	was \$159	\$79.00
Macpac Tekapo 25L	was \$169	\$118.30
Macpac Cascade, Torre, Glissade, Esprit	all must go!	30% off
Lowe Alpine Attack 50	was \$279	\$195.30
All Other Mont, Salewa & Lowe Backpacks now		20% off
RAINWEAR		Sale Price
OR Celestial GoreTex Paclite Jkt	was \$399	\$279.30
Mont Latitude Jackets	was \$299	\$199.00
Mont Tempest Jacket selected colors	was \$429	\$329.00
Macpac Resolution Goretex 2 only	was \$699	40% off
OR, Lowe & Mont	do not miss!	20% off

SHOES & BOOTS		Sale Price
Asolo Axis Shoe	was \$189	\$94.00
Raichle Cave Low Shoe	was \$199	\$129.00
LaSportiva Tundra Boot GoreTex	was \$269	\$179.00
LaSportiva Tibet Ladies Boot GoreTex	was \$379	\$179.00
Salomon Protrek 5L Boot GoreTex	was \$279	\$179.00
Chaco Sandals selected Z1 & Z2	was \$189	\$113.40
Clearance selected Boots & Shoes	must go!!	30% - 50% off
The rest of our great range		20% off
SLEEP GEAR!		Sale Price
ME Sleepwalker Bags entire range	35% off	from \$103.35
Mont Glacier 750 & 900 Down Bags	35% off	from \$278.85
Thermarest & Exped Mats & All Other Bags: do not miss		20% off
TENTS		Sale Price
Salewa Sierra Leone	was \$499	\$299.00
Salewa Sierra Leone Ultra	was \$529	\$379.00
Exped Orion Extreme	was \$799	\$559.30
Macpac Olympus, Minaret & Microlight	best buys!	30% off
Tents: WE, Marmot, Salewa, Exped	Massively Reduced	20% off
<i>Limited stock. No rainchecks. Please choose carefully. No refund or exchange on sale goods unless not of merchantable quality.</i>		

Notice board

Bushwalking Victoria

Federation Walk 2007 - Sunday 21 October



FREQUENTLY ASKED QUESTIONS (FAQ's)

What are Federation Walks?

A Federation Walk is a day or weekend event where members of all clubs affiliated with the Bushwalking Victoria (formerly known as Federation of Victorian Walking Clubs (VicWalk)) are invited to participate in a variety of day walks in a selected location, which changes each year. About twenty walks of varying difficulty are made available each day, with refreshments available at the end of the day, and some sort of entertainment on the Saturday evening in the case of a weekend event. The Events are hosted by one or more member clubs who volunteer for the task. Events have been run since 1935, with only one break during World War 2.

Why is there a charge for registration?

The registration fees are intended to covers costs involved with hire of venue for the walk base, printing and mailing of information, printing of walks booklet and provision of afternoon tea.

Will registrations be accepted after 21 September?

Yes. It has been suggested that registration should be submitted by 21 September to assist the organizing committee in making catering arrangements, in scheduling walks, etc. A discounted fee of \$15 has been set as an incentive for early registrations. The later your registration is received the higher the probability of missing out on your preferred walk. The full registration fee of \$20 will be charged for registrations made on Federation Walk Day

Why do walks have to be pre-booked?

The pre-booking system has been introduced in order to minimize congestion at the beginning of Federation Walk Day and provide walkers with a better chance of accessing their preferred walk. A detailed description of each walk may be found on the VicWalk web site. Confirmations of walk bookings are being sent by email to the Clubs' Federation Walk coordinators.

Why do some walks involve drives of 100 km or greater?

The driving distance given is for the return trip ie 100 km is 50 km there and 50 km back. The classic walks at Murrindindi, Cathedral Ranges and Lake Mountain are so good that they more than compensate for the extra distance to be traveled.

Will car pooling be arranged?

Yes. The Walk Leaders will make car pooling arrangements for each of the relevant walks.

How early should I arrive at the Federation Walk Base?

Walkers are requested to arrive at the base at the Healesville Sporting Complex, Don Road, Healesville (Melway map 278 G5) at least 30 min before the listed departure time for their walk. This will provide adequate time to complete your registration and meet your Walk Leaders and other walkers.

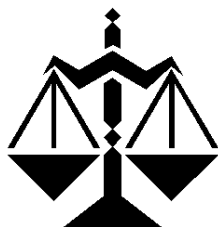
Do I need to return to the Federation Walk Base at the end of the day?

Yes. There is a need to confirm that all walkers are safe and are accounted for. Afternoon tea will be provided and this will provide an opportunity to share your Club and walking experiences with other walkers. The organizing committee is looking forward to obtaining direct feedback and identifying ways of improving arrangements for future Federation Walks.

*Lynda Larkin
MBW Federation Walk Coordinator*

Bushwalking by the Stars ... by Geoff Crapper

LIBRA - September 24th - October 23rd



The **Libran male** is noted for his keen sense of justice, his love for the beautiful things in life and his expertise at handling women. He is a born charmer, cramming as many things into the day as possible, with a full social life.

Miss Libra has a bursting, vital personality, utterly feminine and gay with a love of the outdoors. Consequently there are quite a few active female Libran bushwalker. Unfortunately, she has a tendency to be over-demanding with those she loves and yet she lives for the man in her life. This combination can lead to much distress for the Libran girl but her recuperative powers are strong and she will eventually find someone who can reciprocate her devotions.

Best match: Aquarius, Gemini, Sagittarius.

Member reviews

Cycling round Geelong

Saturday 16 September - Led by Jan Palich

Maurice R, Paula B, Elspeth M, Len M, Barbro R, Lisbet B, Ray S, Max C, headed off to the South Geelong Station for a 10.15 am start. The first part was through residential areas to Limeburners Point, which has magnificent views across Corio towards the You Yangs and Port Phillip Bay towards Melbourne. We cycled through Eastern Park to the Geelong Botanical Gardens for a walk through the "21st Century Garden". Then down to the beach for a well earned coffee stop overlooking the water.

We met some fascinating characters in the next sector of our ride. The Geelong "Bollards" are some very photographed personalities who don't play football for the local Australian Rules Football League team. In fact they don't do much at all, except stand stoically along the city's foreshore. Without uttering a single word, each is able to clearly tell a story to all and sundry who pass by.

There are more than 100 of the two-metre high, 35 to 45cm across, brightly painted icons which guided us along the foreshore cycling track from Limeburners Point and Botanic Gardens, through Waterfront Geelong to Rippleside Park. The bollards represent a fascinating and fun chronicle of the city's rollicking past, focusing on some of the unique characters who played a part. It is an anecdotal history, tracing Geelong's development from the original Koori inhabitants to more contemporary characters. You'll find young ladies in neck-to-knee bathing costumes, lifesavers, families, a footballer, sailors, a town band, fishermen and dozens more. There is a photo attached of a cyclist we found on the way.

We followed the bike path to North Shore, deviating through a few streets when we didn't have a path to follow and then headed west for a side trip along a linear park for our lunch stop. On the way past one of the waterways/lakes, we met three fellows spending a lovely Sunday morning sailing their

remote controlled boats. They were really cyclists in disguise and it was hard for some of our group to tear themselves away from watching and talking boats and bikes.

After lunch we headed south to pick up the path which ran through another linear park adjacent to an un-used railway, with a very steep section down to the Barwon River. We followed both banks of the Barwon River as the paths twisted and turned. Bushlands, golf courses, parks, a waterbird sanctuary, playgrounds, a waterfall and wetlands were all part of the passing parade of attractions.

After following a series of bridges that took us over the Moorabool River to Southern Park we visited Buckley Falls which are named after the escaped convict William Buckley who lived in the area with Aborigines for 32 years from 1803. We found the falls after a short rocky walk up to the lookout and then after a few photos, headed off to the "Boat House" for our afternoon coffee.

On the way down from the lookout (via the road), one of the bikes decided that it had cycled enough for the day and developed a flat tyre. With a hand pump, a special connector and much attention from the gentlemen on the ride, our rider rode off hoping for a smooth final ride.

In this area there are a series of wetlands, with a network of boardwalks, providing an interesting diversion from the main track. We headed to our next coffee stop at the Boathouse, a stylish café, restaurant and then along a very pretty track to the boatsheds and back up to the Station with only one more "tyre pumping" activity.

Except for being a little later than anticipated into Melbourne we had a great day.

Jan Palich - Leader





Sunday Bus

DOMINO TRAIL - TRENTHAM

DATE	Sunday 14 October
STANDARD	Easy and Easy/Medium
DISTANCE	14km and 18km start at Newbury
LEADER	Lynda Larkin and Eleonora Axelsson
TRANSPORT	Bus from Southbank Blvd

The Domino Trail makes for an enchanting walk at this time of year. Sounds of birds and trickling streams filter through the stillness of the forest. Some of the walk will follow the route of the old Trentham Railway, walking through a changing canopy of Manna, Peppermint, Mountain Gums and Swamp Gums in low lying areas. Trentham Falls, the Coliban River, trestle bridges, a tunnel, coffee and cake at the end await us!



Wednesday Walk

MASONS FALLS MOUNT SUGARLOAF CIRCUIT

DATE	Wednesday 17 October
STANDARD	Easy/Medium
DISTANCE	13.5 km
LEADER	Ed Neff
TRANSPORT	Private
START TIME	Arrive 10.15 for 10.30 start
RETURN TIME	Back to cars by 3.00 pm
AREA	Kinglake National Park
MAP REF	Vicroads Map 79 E1 & Vicmap, Outdoor Leisure Map, Kinglake National Park

Meet at Masons Falls carpark near the first set of toilet amenities. It can be reached via Whittlesea, Whittlesea Kinglake Road, then National Park Road and follow sign to Masons Falls. Alternatively, it can be reached via the Melba Highway, Kinglake, Whittlesea Kinglake Road, and then National Park Road. The walk initially follows Running Creek, taking in a lookout over Masons Falls continuing alongside the fern gully beside the creek. The track then climbs through messmate forest, a total climb of 330 m, to the summit of Mount Sugarloaf and a well earned lunch spot. The return to Masons Falls is through open messmate forest with no more climbing. Tracks are all well graded and mostly on management vehicle tracks. A short but enjoyable Lyrebird Circuit Walk at the end is recommended. You can telephone Ed on 9572 2382 to book or for further information.



Dandenongs Explorer

KALORAMA TO DOONGALLA RETURN

DATE	Saturday 27th October
STANDARD	Easy/Medium
DISTANCE	13-14 km
LEADER(S)	Fiona Gallery
TRANSPORT	Private
AREA	Dandenongs
MAP REF	Melway 52,66

The walk begins at 10:00 am at Five Ways in Kalorama Melway 52J9. This is on the Mt Dandenong Tourist Rd overlooking the Silvan Dam, where Ridge, Barbers and The Old Coach Roads

intersect. There is a cafe here for those who arrive early and would like a coffee to begin the day - it opens at 9:00. We will walk to the Doongalla Homestead Site picnic area for lunch along fairly good tracks in front of Mt Dandenong. The return trip along a higher track offers good views across Melbourne. An option will be to detour to the Mt Dandenong Lookout and the Sky High Cafe depending on time and how the group is feeling. This is a walk that has a lot of steep ups and downs and may be slippery in places if wet. I expect to be back at the cars about 4:00.



Sunday Bus

SUGARLOAF RESERVOIR

DATE	Sunday 28th October 2007
STANDARD	Easy and Easy/Medium
DISTANCE	13km and 16km
LEADERS	Mick Noonan and Carol Corrigan
TRANSPORT	Bus – Southbank Blvd 9am
	Please note this day is the start of daylight saving.
RETURN TIME	5.30 to 6.00 pm
AREA	Yarra Glen/Christmas Hills NE of Melbourne
MAP REF	Melways map 273

Both walks circumnavigate the Sugarloaf Reservoir. The reservoir was opened in 1980 on lands previously occupied by the Wurunjeri people. The easy/medium group will start walking at the Ridge picnic area and the easy group will start at the Saddle Dam picnic area. The walks are a combination of on and off track in beautiful bushland, with some spectacular views back to Melbourne and out across the Yarra Valley. The dam was at 60% full and the area was quite green at time of preview, attracting numerous birds and kangaroos.

The area is close to Melbourne so we should be back at Southbank reasonably early.



TOFS

SUGARLOAF RESERVOIR

DATE	Thursday 1 November
STANDARD	Easy
DISTANCE	11 km
LEADER(S)	Jean Giese
TRANSPORT	Private
RETURN TIME	To cars 3pm
AREA	Christmas Hills
MAP REF	Melway 273 and 274

Sugarloaf Reservoir was developed by Melbourne Water during the late 1970s to supplement the city's domestic water supply, drawing its water from the Yarra before treating it. We will be walking on bush tracks all the way, passing through grasslands and open forest with great views and mobs of black-tailed wallabies guaranteed. Meet to start walking at 10:15 near the toilet block in the Ridge picnic area (Mel 273 B2). Book with leader.



Sunday Bus

MARYSVILLE LOOKOUTS - STEAVENSON FALLS

DATE	Sunday 4 November
STANDARD	Easy/Medium and Medium
DISTANCE	14 km and 17 km
LEADERS	John McCall and Fotina Lennon
TRANSPORT	Bus from Southbank Blvd (8.30 am)
AREA	Marysville
MAP REF	Marysville-Lake Mountain Outdoor Leisure Map

Both groups will start the walk at the Marysville oval. The Medium group will begin by striking off to the North East to do a three kilometre warm up hike around Red Hill. Meanwhile, the Easy/Medium crew will set off along the Treefern Gully Track for Steavenson Falls.

At the time of preview the falls were benefiting from decent local rainfall and cascading beautifully, the tree ferns were lush and we were approached by an inquisitive lyre bird. After the Falls both groups follow the same circuit. This starts with a steep ascent to De La Rue Lookout, which with its spectacular views makes an ideal location for a well deserved lunch. We then follow the Keppel track along the ridgeline and through a gully to Kepple Lookout. From then on it is all downhill back to the bus and time permitting, a coffee in Marysville to finish the day off nicely.



Sunday Bus

MT VINEGAR - FERNSHAW

DATE	Sunday 11 November
STANDARD	Easy and Easy/Medium
LEADERS	Lance Mobbs and Paul Beers
TRANSPORT	Bus from Southbank Blvd

There will be two walks leaving Dom Dom Saddle, An easy and easy-medium. The easy medium will go to Mt Vinegar and then Fernshaw while the easy walk will go up to Mt Dom Dom and then onto Fernshaw. There will be a view up and down sections but generally not too strenuous. November should be a nice time of year to visit the area just north of Healsville so come and enjoy yourselves.



MOFS

FERNY CREEK HORTICULTURAL GARDENS

DATE	Monday 12 November
STANDARD	Easy
DISTANCE	10 km
LEADER(S)	Jean Giese
TRANSPORT	Private
RETURN TIME	To cars 2:45pm
AREA	Sherbrooke, Dandenong Ranges
MAP REF	Melway map 75

It's always pleasant walking in the Sherbrooke Forest and of special interest will be the opportunity we have been given to wander around Ferny Creek Horticultural Society's garden which is usually only open to the public on special gala days. Great views from here too. Meet to start walking at 10:15 near corner of Belgrave – Ferny Creek Rd and Sandells Rd, Melway 75 E6. Book with leader by telephone. See article about the possibility of this new series of walks elsewhere in this edition of News.



Sunday Bus

ANAKIE GORGE - STEIGLITZ

DATE	Sunday 18 November
STANDARD	Easy and Easy/Medium
LEADERS	David Laing and Elizabeth Ingham
TRANSPORT	Bus from Southbank Blvd

Details to be included in the next newsletter.



Wednesday Walk

DAYLESFORD - JUBILEE LAKE - SAILORS FALLS

DATE	Wednesday 21 November
STANDARD	Easy/Medium
DISTANCE	18.5 km
LEADER	Graeme Walkden
TRANSPORT	Private
START TIME	10.15 am
RETURN TIME	Back to cars by 4.00 pm
MAP REF	Meridian 1:40,000 Wombat St Forest T. Guide

This is an enjoyable walk in the goldfields country south of Daylesford. It offers great variety - two beautiful lakes set in parks, the ambience of Daylesford, open eucalypt forest, a spectacular waterfall (provided we get enough rain!) and a dismantled railway. A highlight is the panoramic view of south Daylesford from a lookout on the edge of Daylesford.

The walk is on tracks and roads though undulating terrain, with a few moderate hills and one short steep climb. The start is at Sailors Falls Picnic Ground, We follow part of the dismantled Ballarat to Daylesford railway and pass through Jubilee Lake Picnic Ground. After a short section in Daylesford, we walk along the north shore of Lake Daylesford then head west beside the creek in Central Springs Reserve. Next, we walk south through Hepburn Regional Parks to Sailors Falls. The walk finishes with a short steep climb to Sailors Falls Picnic Ground.

There is a 13 km option requiring a car shuffle. We will meet at 10.15 am at Sailors Falls Picnic Ground. To get there, take the Western Freeway to the second Ballan off ramp. Turn right onto Ballan - Daylesford Road (C141). About 3 km past Leonards Hill, turn left into Sailors Falls Picnic Ground (on the corner of Telegraph Road). For further details and bookings, please phone Graeme.



Dandenongs Explorer

FERNY CREEK CIRCUIT AND BBQ

DATE	Saturday 24 November
STANDARD	Easy
LEADER(S)	Jan Brooksbank
MAP REF	Melway map 66 E12

We will meet at Ferny Creek Reserve at 9:45am (Melway 66 E12). After a short walk by the tourist road we come to Sassafras Creek. This is a delightful track meandering through fern gullies and forest. Apart from a hillclimb near the end of the walk there's not too much up & down.

A lovely walk to whet your appetite prior to the Christmas BBQ at Ferny Creek approx 2pm. Bring snacks for the track, and all your BBQ needs (including chair) which you can leave in the cars. If you can, bring some Chrissy fare to share.

Any queries phone Jan Brooksbank.



Grampians Base Camp PLANTATION CAMPING GROUND

DATE	12 - 14 October
STANDARD	Easy/Medium
LEADER(S)	Pearson Cresswell
TRANSPORT	Private
AREA	Northern Grampians
MAP REF	Northern Grampians (Outdoor Leisure Map) GR 347 974

This should be a pleasantly laid back Base Camp, taking advantage of the (late) spring weather, flowers, birds and that sort of thing. Just make sure that the leader does not take off into the scrub.

The campsite, located 9 km north of Halls Gap on the Halls Gap - Mt Zero Road, is spacious and usually quiet. There is a good walk to the top of the Mt Difficult Range and Golton Gorge is nearby. We may also do the rebuilt track to the Pinnacle, to see how the country is recovering from last summer's fire.

I may not be in on both booking nights, so phone bookings are welcome or email.



Pack Carry WALK THE WILDS OF THE STRATHBOGIE RANGES

DATE	19 - 21 October 2007
STANDARD	Medium
DISTANCE	23 km in the 2 days

This is a walk to showcase the magnificence and amazing diversity of the Strathbogies, with a route carefully selected to give a sense of what the area used to be before European settlement.

The walking is all off track, traversing everything from dry foothill forests, to moist forests of huge Peppermints and Blue Gums, through to subalpine stands of Mountain Gum and even Snow Gums!

Rocky peaks, steep escarpments and huge moss-covered granite slabs provide superb views of everything from the alps to the great plains of northern Victoria. There are beautiful ferny gullies with cool clear water, undulating plateaux of old-growth Messmates and Peppermints, and a captivating variety of wildflowers as we climb from the lowlands to the summits of Golden Mountain - Mt Strathbogie and down again.

With roads criss-crossing the plateau, it's been interesting to find a way to avoid them and experience the forest instead! So you may want to leave your map at home and simply be surprised by the secret beauty in this eastern extremity of the Strathbogie Ranges.

On Friday night we camp near the Sandy Creek inlet of the Nilahcootie Weir, between Barjarg and Swanpool on the Midland Hwy. On Saturday morning we leave 1 or 2 cars here and drive into the Lima East Valley to start our walk from the Ivanhoe Grammar School outdoor education centre. A short car shuffle at the end of the walk will fetch the other cars again.

Contact Ray Thomas if you'd like to join this interesting exploration of the hidden treasures in this lesser known part of Victoria.



Cycling KYNETON CYCLE BASE CAMP

DATE	27-28 October (Saturday start)
STANDARD	Easy/Medium
LEADER	Jopie Bodegraven
TRANSPORT	Private

This will be a weekend of cycling, mostly on fairly quiet bitumen roads, through a rolling hill country with views, rocky outcrops, some forest and some hopefully not empty reservoirs. It will consist of 2 day rides, driving up on Saturday morning, camping Saturday night at the Kyneton Caravan Park (some vans and cabins available ph 5442 1612) and having dinner on Saturday at the Shamrock Hotel which is walking distance from the campground.

I have checked out the caravan park and the pub for dinner but the 2 day rides are basically sight unseen. They look good on the map so come along and discover them with me.

Saturday's ride will be approx 68km with maybe 350m of ups. It can be shortened by 9km if required. Sunday's ride is around 63km with maybe 450m of ups and with the option of an extra 20km loop if some of us are keen enough. I'm sure we will find a good coffee shop in Kyneton to finish with.

We will meet Saturday morning at 9.30am on the north bank of the Campaspe River in Kyneton just near the Caravan Park. From the middle of Kyneton head south on the Trentham road for about 600 metres, then at the swimming pool (which is on the left), turn right along the north bank of the river. If you go over the river you have gone too far. Go about 100-200 metres to parking along the road.

So join me for a fun weekend of riding and a good pub meal.



Base Camp BRIDGEWATER BAY (PORTLAND AREA)

DATE	2-6 November - Cup Weekend
STANDARD	Easy
LEADER	Sylvia Ford

For details of this walk see leader in the clubroom.



Pack Carry FRENCHMANS CAP (TASMANIA)

DATE	2-7 November 2007 - Cup Weekend
STANDARD	Medium
LEADER	Mohammad Akbari

See details for this trip on the front page of this newsletter.



Pack Carry **GREAT OCEAN WALK - GLENAIRE TO PORT CAMPBELL (GLENAMPLE HOMESTEAD)**

DATE	2-6 November 2007 - Cup Weekend
STANDARD	Easy/Medium
DISTANCE	50 km
LEADER(S)	Del Franks
TRANSPORT	Private
AREA	Cape Otway
MAP REF	Parks Victoria Great Ocean Walk Information and Map Guide

The Great Ocean Walk from Apollo Bay to Glenample Homestead, a distance of 91 km, has been getting plenty of publicity recently. Newly prepared camp sites and route markers are part of a push to make it a popular destination for walkers. In recent years the route has been overed in sections on trips led by Sylvia Ford. Last year Ian Muir led the first part of the walk from Apollo Bay to Glenaire. This walk also promises to be a blend of coastal hills, isolated beaches and spectacular views.

Due to campsite limitations the walk will be limited to eight people. We have been able to book four tent sites for our walking party (at a cost of \$20 per site per night. We may need to share tents, however, some of the sites are possibly large enough to hold two one-person tents.

If you are interested can you please let me know as early as possible as I expect there will be a bit of discussion required to finalise the party. I can be contacted on my mobile or email me.



Pack Carry **COOPRACAMBRA – GENOA RIVER**

DATE	2-6 November - Cup Weekend
STANDARD	Medium
DISTANCE	63 km
LEADER(S)	Bob Oxlade
TRANSPORT	Private
AREA	East Gippsland 28km north of Cann River
MAP REF	Vicmap 1-50,000 Combienbar – Wangarabell 8723-S

Although graded Medium there may be some scrubby off track sections on this exploratory walk. Also, as the final ascent to Mount Denmarsh summit is steep and rocky, this could be optional.

Yes. It is a long drive, but similar to drives done for three day week ends. I consider it will be well worth while for the four days, the features being : The impressive Peak of Mount Denmarsh is said to be the most rewarding climb in East Gippsland; Genoa Wilderness Zone; Sandstone cliffs of Genoa River Gorge; and Possible excursion to Yambulla Peak in N.S.W. Day 1 Saturday Road conditions will dictate the start of the walk, then a Side trip to Mount Denmarsh (917 metres) 8km return off track could be in scrubby terrain.

Day 2 On track for 7 km, then 6km off track to the Genoa River and maybe begin upstream.

Day 3 About 4 or 5 km through the Gorge to camp and possible return walk to Yambulla Peak.

Day 4 All on track to the cars, possibly 13 km, but depends on the road conditions when driving in on Saturday.

As the walking and river conditions are variable the Itinerary is flexible enough to allow for this. Come along and explore this remote area. Reasonable fitness required.



Pack Carry **THE FORTRESS – MOUNT THACKERAY**

DATE	16-18 November
STANDARD	Medium
DISTANCE	30 km
LEADER(S)	Bob Oxlade
TRANSPORT	Private
AREA	Southern Grampians Victoria Range
MAP REF	Southern Grampians Outdoor Leisure Map 1: 50,000: Vicmap 1:25,000 Victoria Range

The Fortress at 875 m is a most impressive peak in a rugged rock climbing area of the Southern Grampians with great views. After climbing 650 metres and viewing the area on Saturday and we will walk on to the base of Mount Thackeray to camp.

On Sunday morning we will have a side trip to the summit of Mount Thackeray for more views before departing with packs. We continue along the top of the Victoria Range for 7 km before beginning the descent to the cars.

The walk is all on tracks with some steep rocky climbs, especially to The Fortress area.



Pack Carry **BAW BAW-STRONACHS CAMP - MT ST GWINEAR**

DATE	30 November – 2 December
STANDARD	Easy/Medium
DISTANCE	25 km
LEADER	Max Casley
TRANSPORT	Private cars
AREA	Baw Baw plateau north of Moe
MAP REF	Baw Baw National Park (VMTC) 1:50,000

This is a fairly easy walk with some optional side trips for those with extra energy. It will be an excellent introductory walk for anyone considering trying out weekend pack carrying.

On Saturday we will start at Stronachs Camp and walk along the Alps Walking Track up to the beautiful Baw Baw plateau to a good camp area near the site of a hut ruin close to Mt Whitelaw.

On Sunday we go over Mt St Phillack to Mustering Flat and finish at Mt St Gwinear car park. Options are side trips to Mt Whitelaw and looking for Staggs Hut. While the cars are being retrieved some may continue past Mushroom Rocks to Mt Erica car park. No camp fires are allowed in this park so bring or share a stove – the Club has some for hire. Bring candles and we can imagine a camp fire.

We will meet on Saturday morning at Mt St Gwinear car park and nearby there are good camping sites for Friday night. Some may prefer to drive from Melbourne on Saturday morning (2-3 hours drive). I suggest a transport cost of \$45 per passenger. Let me know if you are interested in this walk.

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 9.00am. Leader or deputy will be there rain, hail or shine!

Date	Activity/Location	Transport	Standard	Leader	Phone (H)
OCTOBER					
12-14	BC Grampians: Plantation Camping Ground	Private	E/M	Pearson Cresswell	
Sun 14	Domino Trail - Trentham	Bus	E and E/M	Lynda Larkin and Eleonora Axelsson	
Wed 17	Masons Falls - Kinglake Nat Park	Private	E/M	Ed Neff	
19-21	PC Strathbogie Ranges	Private	E/M	Ray Thomas	
Sun 21	Federation day walk	Private	Various	Lynda Larkin (Transport co-ord)	
27-28	Cycle Base Camp - Kyneton	Private	E/M	Jopie Bodegraven	
Sat 27	Dand Expl: Kalorama - Doongalla returns	Private	E/M	Fiona Gallery	
Sun 28	Sugarloaf Reservoir	Bus	E and E/M	Liz Moore and Carol Corrigan	
NOVEMBER					
1	TOFS: Sugarloaf Reservoir	Private	E	Jean Giese	
2-6	PC: Great Ocean Walk: Glenaire to Pt Campbell	Private	E/M	Del Franks	
2-6	PC: Coopracambra-Genoa River (Gippsland)	Private	M	Bob Oxlade	
2-7	PC: Frenchmans Cap (Tasmania)	Private	M	Mohammad Akbari	
2-6	PC: Bridgewater Bay (Portland area)	Private	E	Sylvia Ford	

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