



A000133X

THE NEWS OF THE

Melbourne Bushwalkers Inc.

60 cents

OCTOBER 2009

Party to the Max

MAX CASLEY'S 70TH BIRTHDAY BUSHDANCE, SATURDAY 7 NOVEMBER

It's Max's 70th Birthday, a perfect excuse to throw a party.
Be there at 7 pm at St Oswald's Church, 100 Main Street, Glen Iris.

Tickets are \$14 and can be purchased in the Clubrooms. Or send a cheque, payable to Melbourne

Bushwalkers Inc, to Susan Maughan, 16 Argonne Parade, Selby 3159 (Tel: 9754-7443)

Bring a plate to share for supper.

Bookings close on Wednesday 28 October.

But don't delay. Tickets are limited.



VICE-PRESIDENTS CORNER

Getting ready for summer

Our President Margaret is away and holidays so here are a few news items to consider from your Vice-President.

The Committee has been working hard on new Fire Season, Total Fire Ban and Extreme Heat Policies for the coming Fire Season. Starting in the Summer Program you will see that we are tagging all activities with the Total Fire Ban District that the activity is in and the most relevant Bureau of Meteorology Temperature Forecast Site. We will be sending the new policies to all Members as soon as they are finalised and updating the Website. Next months Newsletter will explain the new policies in detail.

Our new life-time Member Max Casley is turning 70! If you would like to celebrate with Max check out the details above.

For the Summer Program we are continuing to mix Sunday Bus Walks and Sunday Private Transport Walks. You still need to book for the Sunday Private Transport Walks, online or at the Clubrooms, so we can ensure that they run smoothly – read Halina's item for more details.

Also we have reintroduced the \$5 late booking fee for the Sunday Bus and increased the Concession Fee to \$20.

We have recently handed out 'take a walk' flyers designed by Ron Hampton to advertise the club including the Sunday Walks. They are a fantastic advertisement for the Club. Have a look at one next time you are in the Clubrooms.

Also if you would like to both reduce the impact on the environment and save the club money have a look at our Membership Secretary Roger Wyett's item on getting the Newsletter by Email!

LEADERS NIGHT

for all Current and Potential Leaders!

November 16 in the Clubrooms at 7pm

TOPICS: Fire Season, Total Fire Bans, Extreme Heat,
Sunday Walks, Q&A ...

More information to follow. Keep this Night free.

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

Royal Historical Society of Victoria

**Cnr. William and A'Beckett Streets,
Melbourne Vic 3001
entry from William Street)**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc

MEMBER OF

**Bushwalking
Victoria**



PO Box 1751
MELBOURNE VIC 3001

www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: **Catherine Cardinet**

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

Please note:

Next committee meeting will take place on

MONDAY 2 NOVEMBER 2009

TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

2009 Activity Dates

Leader contact details

Oct 5 Condon's Track (Yarra Ranges)	Steve Robertson ob7859@bigpond.net.au 9762 5367
Oct 17-18 Stronach's Camp	David Rimmer tracks@bushwalkingvictoria.org.au 9758 4802
Oct 24-25 Bushfire Recovery Yarra Ranges NP	David Rimmer 9758 4802
Oct 25-26 2008 Stronachs camp	Geoff Kelly 9328 4228 gp_kelly@bigpond.net.au
Oct 31 - Nov 1 Stronach's Camp (Baw Baw NP)	Geoff Kelly gpkelly19@gmail.com 9328 4228

MEMBERSHIP TO DATE

**Membership in October 2008 was 458.
This year the October number is 426.**

SOCIAL NIGHT

In case you missed the front page, the big news is that it's Max Casley's 70th birthday.



Join the celebration from 7 pm at St Oswald's Church, 100 Main Street, Glen Iris.

(See page one for details.)

BUSHFIRE RECOVERY PROJECT

TARGET 2000 – (2000 VOLUNTEER HOURS)

YARRA RANGES NATIONAL PARK

NOW IS THE TIME TO COMMIT TO OUR MAMMOTH RECOVERY PROJECT – FULLY SUPPORTED AND ORGANISED BY BUSHWALKING VICTORIA IN CONJUNCTION WITH PARKS VICTORIA

Activity Locations in YARRA RANGES NATIONAL PARK

both fire affected and non-affected areas (38% of this park was affected by fire)

CONDONS TRACK

BADGER WEIR

LAKE MOUNTAIN

PHANTOM FALLS

KEPPELS FALLS

MORLEYS TRACK

MAROONDAH RESERVOIR AREA

BEECHES WALK CIRCUIT

GOLDFIELDS TRACKS AT MCMAHONS CREEK

OTHER AREAS TO BE ADVISED

Varying Tasks depending on location- including the likes of

Material cartage, step building, track marking, track clearing, construction and installation of signage, rubbish pickup, track mapping by GPS etc

When: Saturday 24 October 2009

Sunday 25 October 2009

Possible other mid-week dates can be arranged for a club

How many people are needed? We anticipate 500 people will respond to this call for help. Don't be complacent and think someone else will do it. Take action and do it yourself – now!

A large number of people and Clubs have many months ago indicated their desire to help and we now need these dates advertised but more importantly talked about, promoted by all and firm commitments made by members of Clubs. With the numbers of people that Parks Victoria staff and BWV volunteers coordinators will have to contend with, we will need to know of your attendance prior to the day

So don't delay, for earlier commitments we will endeavour to place you at your requested work location subject to your date choice. The aim though of this entire project is to help the Park in total.

Participants' ability. As there will be a wide range of tasks on each day, from the easy seateur stroll to the more strenuous step builder, ALL CLUB MEMBERS ARE REQUIRED. For any concerns please discuss with Steve.

Who to contact. Steve Robertson – Project Officer Target 2000 – (Conservation Coordinator Bushwalking Victoria)

Phone: (03) 9762 5367 Mobile: 0438 267 129 Email conservation@bushwalkingvictoria.org.au

EARLY NOTIFICATION.

Pack Carry, 11 - 13 December, Mt Buffalo NP, Rocky Creek

Spectacular wild flowers and scenic views will be the norm on this picturesque sub-alpine plateau walk.

Day 1: Commencing at Lake Catani we will follow the Long Plain Track, including a side trip to Mt Dunn to take in the best view of the Mt Buffalo Plateau. There will be a number of side trips which include the Devils Couch, then to Og, Gog & Magog for more spectacular boulders. On to Eagle Peak and Mollisons Galleries. The evening camp will be at the Rocky Creek remote area campsite.

Day 2: Leaving the camp site we will follow the Rocky Creek track until we reach the turn off for Macs Point for some good views, then on to the Drill Hole Rocks. There will be the possibility of some other side trips depending on time & weather.

If you are interested in this walk then please contact me as soon as possible as I will need to get number in early November as the booking & camping permit for Rocky Creek camp needs to be booked in advance. There is also a limited number of sites available. The cost of the sites are \$9 per couple. Friday night I plan on staying at one of the camping grounds in Porepunkah.

Delwyn Franks can be contacted on 0403 705 763.

Noticeboard

PACKCARRYS FOR SUMMER -TRIPS & LEADERS NEEDED

It is time to start thinking about the trips we would like to put onto the summer program. We need to keep in mind the expected heat later in summer and that some water supplies may be dry, so river trips, coastal trips and alpine trips with reliable water supplies would be worth considering.

Ideas could include Bogong and the High Plains, Mt Buffalo, Moroka, Great Ocean walk, Tali Karng, Snowy Mountains at Xmas, Tasmania etc etc. I'm wholly dependant on your ideas and offers to lead trips.

Feed your offers to lead trips to me and I will try and sort out any date clashes and liase with Base Camp Michael to avoid clashes with base camps or lodge trips.

The timing is that I need to finalise the pack carries by late September so that the program can be sent out with the October News. I will periodically send out a brief progress draft so that you can see where the gaps are

Please email your offers to me at jopiebodegraven@iprimus.com.au or ring me on 94824691. I will not be approaching anyone directly (with possibly minor exceptions) so what comes in is what will finish up on the program. If you are interested in leading a base camp, please contact Mick Mann at michaelpmann@optusnet.com.au ph94974674

I'm open for business. My inbox is waiting

Jopie Bodegraven
Packcarry Coordinator

EXPRESSIONS OF INTEREST INVITED FOR A PACK CARRY IN THE DOUGLAS APSLEY NP TASMANIA AT EASTER 2010.

Location. 178km from Hobart, just north of Bicheno, and 4km in from the coast. Graded Medium, this walk could complete all of the suitable Easter pack carries for us near the East Coast.

Excerpt from Wild magazine. "Apart from unspoilt bushland vistas and gorges, the park features waterfalls, varied flora, bountiful bird life and the spectacular rocky towers known as Nichols Needles".

Friday 2 April 2010. Depart Hobart by charter bus to begin 3hr walk south to Heritage Falls campsite. Time to view the Falls and opportunities for the more adventurous.

Saturday. 200m climb to a ridge top then side trips to coastal views and Nichols Cap to view the Needles. Camp at the Douglas River.

Sunday. 300m climb from camp and varied terrain until descent to camp at the Apsley River.

Monday 5 April. Explore Apsley Gorge and then bus to the Airport. There may be time to see more of Bicheno.

Costs which include accommodation in Hobart on Thursday night, bus travel to the park and return to the Airport, and park passes could be \$120 to \$160 depending on numbers.

Air fares not included and, although these have increased from last year, there maybe cheaper prices still to be announced. The walk will only proceed with your approval of final costs.

If interested please contact Bob Oxlade ASAP. 98878701. I will be away from 6-17 October 2009.



Noticeboard

UPDATE ON BUSHFIRE RECOVERY TRAIL RESTORATION WEEKENDS

Melbourne Bushwalking Club in conjunction with Bushwalking Victoria would like to invite all members to participate in bushfire recovery trail restoration projects scheduled to take place on the weekend of 24-25 October.

I'd like to start by thanking those members who have submitted to me their expressions of interest.



Here are some project updates:

Work will be conducted at the Yarra Rangers National Park.

Volunteers will meet at the Maroondah Reservoir Parks Victoria office.

You will need to bring your own food for the day, water and personal items. It will be important to wear sturdy boots and appropriate clothing.

Gloves and other personal

protection equipment and tools will be supplied by Bushwalking Victoria.

For your safety and the safety of others, please ensure you are injury free and feeling well on the day.

In the meantime, should you have any questions, please feel free to email or call.

I Look forward to seeing you there!

Kind Regards,

Janette Kodaih

Contact details: Mob: 0423-313-705
janettespanish@gmail.com skype: jktrapdoor



THE GREAT DIVIDE MARATHON

Saturday 14 November 2009

Each November the Essendon Bushwalking Club holds a marathon day walk of about 42km usually somewhere on the Great Dividing Trail in central Victoria. Last year's event was from Mt Alexander to Bendigo, and this year the route of the 16th Marathon will be Blackwood to Bacchus Marsh.

Although the walk is primarily for members of the Essendon Bushwalking Club and of the Great Dividing Trail Association, walkers from other clubs and from the general community are most welcome to take part.

The walk is divided into 7 stages of between 5 and 13km in length, and walkers are able to join or leave the walk at any of these intermediate points. Support cars follow the walk to carry walkers' food and water, and are available for transport for any walker who wishes to not walk any stage or stages, or to retire from the walk.

We meet at Bacchus Marsh Rail Station at 7-15am and a bus takes us from there to the starting point at Blackwood. Walkers' cars are left at Bacchus Marsh to be immediately available at the end of the walk.

A post-walk dinner is held at the conclusion of the event and all walkers and support crews are cordially invited to take part in this. The dinner is at 8-30pm at Stoney's Hotel, Grant Street, Bacchus Marsh which is near the finish point.

Costs:

Bus fare, support car and miscellaneous expenses: \$12

Visitor Fee for non-members of Essendon Bushwalking Club: \$5

Dinner (optional) (one course): \$17

I attended last year and had a wonderful day. A great opportunity to mingle with people from the broader bushwalking community as well as meet an enjoyable physical challenge.

If you would like to come along, please contact me ASAP on 9803 6302 as numbers are limited.

Lynda Larkin

Noticeboard

PACK CARRY EMAIL LIST

Are you on it?

I have set up a pack carry email list. The purpose of it is to facilitate easy communication for trip planning, program changes, additional information on trips and anything else to do with the club's pack carry activities. This could include finding replacement leaders when existing leaders have to pull out, advertising trips at short notice that didn't get onto the program and so on. You don't have to be a potential leader to be on the list; just a participant or potential participant is fine. I will of course still use News for notices.

If you are not on the list but would like to be, simply send me an email at jopiebodegraven@iprimus.com.au and I will put you on. Some people who I expect would like to be on the list are not yet on it



simply because I don't have their email address or the one I had was a dead one.

Currently the list includes Agajan Akbari, Paul Beers, Ralph Blake, Derrick Brown, Phillip Brown, Max Casley, Jan Colquhoun, Carol Corrigan, Bill Donald, Trish Elmore, Del Franks, John Fritze, Jerry Grandage, Lesley Hale, Richard Hanson, Fiona Kelly, Dave Laing, Ian Langford, Claire Luxford, Ken MacMahon, Rod Mattingley, Stuart Mattingley, Sue McInnes, Bill Metzenthon, Mick Noonan, Rod Novak, Bob Oxlade, Tony Reck, Bert Reeh, Halina Sarbinowski, Ray Spooner, Alex Stirkul, Michael Stringer, Kerry Press, Ray Thomas, Brian Wallbank, Marianne Watt, Roger Wyett.

If you are on it but would prefer not to be, just send me an email and I will take you off it.

Jopie Bodegraven
Packcarry Coordinator



Gibraltar Rocks, Tidbinbilla, ACT

Noticeboard

OCTOBER

WEDNESDAY 21 OCTOBER

Fay and Jerry will present a special slide show of a recent trip to Nepal.
8 pm Start

Wednesday 28 October.
Cheese and wine night.

**** PLEASE MAKE ALL BOOKINGS WITH SUSAN MAUGHAN** on 9833-6012 or at susanmaughanoz@hotmail.com

WHO IS TURNING 70 IN OCTOBER??

He leads Sunday walks, weekend pack carries, and Wednesday walks.
The Club will celebrate this event with a bush dance on Saturday, November 7
It will be held in Glen Iris and feature "Bushwahzee".
Tickets are now on sale for \$14 - don't delay.

DIARY NOTE !!!!
BUSHIES CHRISTMAS PARTY- TUESDAY 15 DECEMBER AT THE TRADES HALL. NOT TO BE MISSED.

Coming up on the 2010 social program...
Melbourne Cemetery night tour.
An outing on the 96 tram route.
Watch this space !!

BUSHIES "GOOD FOOD" GUIDE

Ballarat – Golden City Hotel (popularly known as GC's) in the main street (Sturt Street up the hill, opposite the two large Churches). We dropped in for coffee and cake on the way home from the Grampians Track Maintenance weekend. Very good coffee and scrumptious cakes. The Lemon Delicious pie was huge!!! (and Derrick and Gina had huge grins when it arrived). Great range of coffees and chai teas too. They even have "Affogato's" (black coffee with ice cream!!! in an espresso cup). A full range of meals served all day and well worth a visit. Or you can try *Oscar's* – which is just around the corner – and Trish recommends their gourmet pizzas.

Rod Novak

WILLIS'S WALKABOUTS

The Gorges of the Gibb

This is one of the most popular tourist destinations in the Kimberley. During peak season, every camping area accessible to 4WDs is wall to wall with tourists. Thousands of people visit and 99.9% of those visitors miss the best that the area has to offer.

Forget the crowds – the best is seen when you walk. Why share a campground with a hundred other people when a walk of less than 5 km will get you a beautiful pool shared with no one but your walking companions?

Better still, our Gibb Road Gorges trip is one of the **easiest** we offer. **Insert dates here!**

Want more info? Visit our website or ask for the trip notes.

www.bushwalkingholidays.com.au

12 Carrington St Millner NT 0810 rrwillis@internode.on.net

Phone 08 8985 2134 Fax 08 8985 2355

River Road



Noticeboard

NEWS BY MAIL OR EMAIL?

103 Members currently receive the club Newsletter via email, yet we have 357 members that have an e mail address!

That's 1,778 sheets of A4 paper each month that we do not have to use if those of us who receive hard copy and are willing to convert to email. Plus:

■ \$130 per month saved in postage, and

reduced printing costs!

■ Reducing our environmental impact

■ Reducing the efforts of those volunteers who fold the News each month

Please contact me at rwyett@caroma.com.au by 19 Oct 09 if you can switch to

News by e mail, as it would be great to change the graph below in the Nov News!

Hard copy News via Australia Post will continue but it would be appreciated by all if we can reduce our costs and increase email news distribution.

Contact me now!

EQUIPMENT

Equipment demonstration evening Wednesday 14 October at 8:00PM

With leading edge technology now incorporated into many off the shelf products we can all aspire to a 7kg weekend pack without compromising

comfort, safety or adequate durability.

The tricky part is knowing what to buy, where to find it and how to resist those weight-squandering temptations.

Come along and see what it takes.

NEW STOVE FOR HIRE

The equipment store has acquired a brand new stove for you to try. It's a "Super Cat" alcohol stove made from a tuna can. It cost about \$1 to make and at 20c/day to run is one of the cheapest, lightest, most reliable and environmentally friendly ways of meeting basic cooking needs. Although it's a bit heavy on fuel (approx 60g/day compared with 30g/day for gas), won't simmer and won't turn off until it runs dry it's ideal for short trips where it could save 200-400g off the weight of a typical weekend pack. It's from a class



of stove much loved by the lightweight fraternity who, over a myriad of web pages, have documented everything you could possibly want to know. If you are interested a good introductory page is: <http://zenstoves.net/Stoves.htm>.

– John Fritze

Super Cats at work, for heating a meal or coffee, below, or for a nice hot beer at the end of a day's hiking.



Reviews

Grampians Track Maintenance weekend 11-13 September 2009

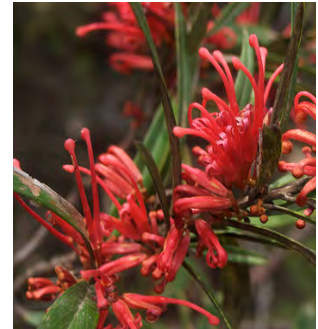
Another very successful annual Grampians *Bushwalking Victoria Track Maintenance Group* activity with 24 bushwalkers attending from seven clubs [Grampians BWC, Melbourne Bushwalkers, Sunraysia Bushwalkers, VMTC, VNPA BWAG, Warnambool Walkers, and Wimmera BWC]. We based camped at Borough Huts and on the Saturday we met David Witham and Paul Turner of the *Grampians Walking Tracks Support Group* and Parks Victoria Rangers' Adam and Kyle. After our safety briefing we divided into three work parties and tackled the Mt Rosea, Sundial Loop, and Bullaces Glen & Chatauqua Peak walking tracks. The Rangers carried chain saws and the bushies were equipped with branch loppers and secateurs for clearing overhanging branches and shovels for building and clearing drainage channels. All agreed it was a very worthwhile activity. On Sunday we enjoyed two bushwalks up to Mt Abrupt and Mt Sturgeon (with great views of Major Mitchell's *Australia Felix* and fantastic wildflowers on show – lots of orchids, smoke bush and grevillias in full bloom). Special thanks



Briefing at Halls Gap.



Rosea car park.



to all involved: - Derrick Brown, Gina Hopkins, Trish Elmore, Janette Koldaih, Mark Heath and me. **Rod Novak**



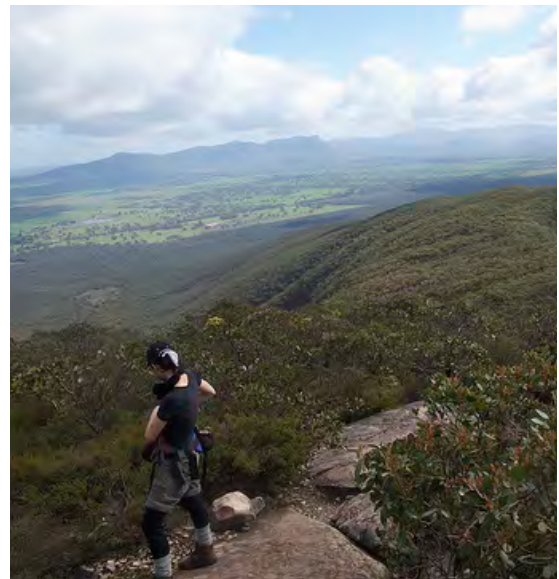
Saturday lunch.



Climbing Mt Rosea.



Below the summit of Mt Abrupt.



A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:
http://www.melbournebushwalkers.org.au/activities/Walks/MBW_walks_program.htm



SUNDAY WALK

PARADISE MILL WALK CIRCUIT (BLACKWOOD AREA)

DATE	Sunday 18 October
STANDARD	E/M
DISTANCE	18 km
LEADER	Peter Leech
TRANSPORT	Car pool
AREA	Blackwood
MAP REF	Greendale Trentham Forrest Road

This walk was based on the circuit section of walk no. 12 from the Federation Day Walks event in Blackwood from a previous year,

The bush is quite mature and offers shade and a beautiful habitat for a lot of birds.

Fortunately this area has been spared fire damage for many years and has undulating sections that provide a great contrast.

The walk takes place in a part of Wombat State Forest.

The area was extensively mined and fossicked by our early gold diggers and has a lot of history.

This will be an energetic walk with no easy section it is advised that only experienced day walkers attend this walk.



SUNDAY CAR POOL

YARRA GOLDFIELDS WALK

DATE	1 Nov 09
STANDARD	Easy/Medium
DISTANCE	Approx 12km
LEADER	Roger Wyatt 0418 544 715 rwyett@caroma.com.au
TRANSPORT	Private
AREA	Warburton
MAP REF	1:25,000 O'Shannassy

This a circuit walk some 12km past Warburton that follows some old gold races, but also includes some steep climbs & descends, and visits old gold workings, tunnels with glow worms (if we are lucky) and tunnel diversions of the Yarra from the mining era. This 12km walk will seem longer with the diversions to old mine sites and a variety of tracks and terrain in a cool forest setting, but be prepared to get wet feet as we cross the Yarra in its upper reaches.

The walk will be a car pool from South Bank, however we can collect additional participants at Lilydale which I will co-ordinate after final bookings the Wednesday prior.



SATURDAY WALK

SUGARLOAF RESERVOIR

DATE	Saturday 24 October 2009
STANDARD	Easy
DISTANCE	10 or 13 kms
LEADERS	Michael Mann (other leader required)
TRANSPORT	Private
AREA	Near Yarra Glen
MAP REF	Melway map 273

Meet at the Ridge Picnic Area (first car park) at 10:00 am. For those wanting to do the shorter walk, we will leave some cars at Ridge Car Park and drive to Saddle Dam picnic area and start the walk here. We will walk around the reservoir in an anti-clockwise direction. Michael probably won't be able to lead this walk, as he will be recovering from knee surgery. An alternative leader would be appreciated so the walk can definitely proceed. Please contact Michael if you can assist in leading this very easy walk – no preview required. Please contact Michael on 9497 4674 or michaelpmann@optusnet.com.au



TOFS

MT DANDENONG ARBORETUM – OLINDA FALLS

DATE	Thursday 5 November
STANDARD	Easy
DISTANCE	10 km
LEADERS	Jean Giese
TRANSPORT	Private
AREA	Kalorama/Olinda
MAP REF	Melway 52, 66,120

This walk in the Dandenong Ranges National Park contains much of interest: an old arboretum, Olinda Falls, foot tracks through the tall trees and views. There are some hills to climb but the TOFs take them at an easy pace.

Meet in the car park at Melway 120 B9 to start walking at 10.30 am. A short car shuffle has to be arranged so please book with the leader on 9890 2189

DO YOU WANT LEAD A BIKE RIDE?

We are looking for rides for later this year.

If you have an idea for a ride please call me to discuss, on 9886 6679 or 0403 167 004.



SUNDAY BUS

RAWSON TO ERICA

DATE Sunday 8th November
STANDARD Easy & Easy Medium
DISTANCE 12km & 15km
LEADER(S) Mick Noonan & Elizabeth Ingham
TRANSPORT Bus
AREA Thompson State Forest & Walhalla Historic District, Gippsland
MAP REF Walhalla 1:25k 8122-2-2

This walk has ferns, great forests with towering mountain ash, historic sites, fantastic river views, old and new railway bridges, and some leisurely strolls along the old railway line. It's a mixture of sections we have done before and new areas near Erica.

Both groups start at the Thomson River Bridge from where we wander along the old railway line which runs above the Thompson River to the site of a historic train derailment. Here we descent down to the river to see the entry to the Chinese Horse Shoe Tunnel that to this day still diverts the Thompson around where they searched for gold in the 1860's. We walk the bed of the Thompson River to the tunnel exit and then it is back to the railway line at the old Platina Station. We continue along the old railway line with the Easy Medium group doing a loop around Micah Track. Both groups end at the historic timber community of Erica where there should be time for a coffee at the General Store or a drink at the Pub.

The walk is generally on old railway line which makes a great walking track (trains don't like hills!), a 100m steep descent to the river, a short section along the rocky river bed and for the E/M group a 100m climb on Micah Track.

Come and enjoy the great scenic bus ride north of Moe and then the history and beautiful towering gums and tree ferns of Gippsland!



WEDNESDAY WALK

TRAWOOL RESERVOIR - TALLAROOK RANGES AND WARRIGUL ROCKS

Date Wednesday 11 November
Standard E & E/M
Distance Approx 13 kms
Leader Carolyn Braun
Transport Private
Area Tallarook State Forest

Members will meet at Carolyn Braun's property (8334 Goulburn Valley Hwy., TRAWOOL) at 10.30am.

We will cross the road and ascend a rather steep hill through a rural property with wonderful views of the Trawool Valley. At the top of Mt Pleasant (weather permitting) we will have views to Yea, Mt Buller and Sterling and Seymour. From there we will cross into the Tallarook State Forest and pass the old Seymour catchment dam built in the late 1800s and on to the Warrigal Rocks. They are a sheer granite face of rocks that extend for about a kilometre.

Here we will lunch absorbing the wonderful vistas of the valleys and hills.

From here we can do a loop through the forest or just return by a very steep track following the Falls Creek.

I will then provide an afternoon tea for weary walkers before their return to the big metropolis.

Drivers can ring me for instructions to our property. Please contact me on 03 57924212 carger@aussiebroadband.com.au





CYCLING

HUGHES CREEK

DATE	14 November 2009
STANDARD	Medium
DISTANCE	65 km
LEADERS	Howard Friend
TRANSPORT	Private
AREA	Mitchell / Strathbogrie
MAP REF	Vic Roads Maps 46 & 61

This is an excellent rural ride with very little traffic. The ride is listed on the program as Easy / Medium but I suggest it should have at least a Medium rating due to the distance and a downhill section on rough gravel. The ride is unsuitable for road bikes with thin tyres. A significant section of the ride is on fine gravel with the balance being rough gravel & sealed road. We will meet at the railway station car park at Seymour at 9.30 am. Bring sufficient water to last you 46 kms, we can refuel at Avenel. Pack your lunch & snacks, Avenel is well after our lunch stop and there are no shops prior to this. I cannot make it into the clubrooms on Wednesday evenings so if you require more information or wish to book, please phone me – Ph. 9531 1461.



MOFS

BUNDOORA PARKS

DATE	Monday 16 November
STANDARD	Easy
DISTANCE	11 km
LEADERS	Rosemary Cotter
TRANSPORT	Private
AREA	Bundoora
MAP REF	Melway 19

Whilst in suburban Melbourne, this walk will take us through woody grasslands, under river red gums and past the wetland area of La Trobe University.

We commence by following the Darebin Creek around to the moat system at La Trobe University and past the Wildlife Sanctuary. We then return to Bundoora Park to walk up the only hill, Mt Cooper, at 137 metres and affording views around Melbourne. Again following the Darebin Creek we return to our cars at the southern end of the park.

Meet to start walking at 10.30 am at the end of Waters Way (Melway 19 E4/F4) nearest to Fairway Drive (where cars may be parked in adjacent designated parking areas, not all of which are indicated in Melway). Book with the leader on 9497 3928.



SUNDAY WALK

BULLENGAROOK

DATE	Sunday 15 November
STANDARD	E/M (some off track)
DISTANCE	13 km
LEADERS	Eleonora Axelsson
TRANSPORT	Car pool
AREA	Forest south of Gisborne
MAP REF	Toolern Vale 1:25

A delightful walk close to Melbourne! There are views from the hilltops before the descent to the creek (not flowing at present) and we rock hop along its course. The vegetation is varied and comprises communities of Box Ironbark and dry forest; the grass trees were a surprise find in this area. There are some steep sections, off track walking and rock hopping. The wattles are in bloom, the air crisp and a coffee to end the day.

Transport cost will be \$12 per passenger paid to your car driver (150 km @ 8 cents/km).



BASE CAMP

MURRAY RIVER – ULUPNA ISLAND

DATE	20 – 22 November 2009
STANDARD	Easy
DISTANCE	15 kms max
LEADER	Bob Steel
TRANSPORT	Private
AREA	near Strathmerton
MAP REF	VicRoads Country Directory Map 22 J7

[Walk description] ...including details regarding specific grading issues eg, river/creek crossings, steep hills, walking near cliffs We will camp on the Murray River on or close to a beach. Haven't decided the exact location yet but it will be on Ulupna Island, where we have camped before. Walks along the river banks, watch the koalas and birds. Swim if it is warm enough, plenty of time to relax. Camping by the cars so bring all your little luxuries. Best to bring your own drinking water. I will have notes and directions available closer to the time.



PACK CARRY

NORTHERN VICTORIA RANGE EXPLORATORY

DATE	20-22 or 24 November 2009
STANDARD	Medium / Hard
DISTANCE	not terribly relevant
LEADER	Jopie Bodegraven
TRANSPORT	Private
AREA	Grampians
MAP REF	Northern and Southern Grampians Leisure Maps 1:50k Victoria Gap 1:25k, Victoria Range 1:25k

This is a trip for inveterate rockhoppers and rock scramblers and those with a desperate hunger for adventure and exploring off the beaten track in rocky, spectacular and challenging terrain and who aren't put off by the prospect of scrub. You won't find these routes in any known guide book!

The Northern end of the Victoria Range is rocky and spectacular. Some time ago a group of us got to within 250m of hill 740m+ (GR 132815), a dominating rocky peak that looked superb. We were able to use a rockclimbers track to get past the lower cliffines. This time with longer daylight we will reach said highly desired hill and cross right over the range, possibly also including Red Rock. That will fill up Saturday. On Sunday we will have an easier day closer to our camp but still predominantly off track. Then for those who can stay on for Monday and Tuesday we have more in store. Monday will be an assault of the Maze, another rocky cliffy area in the Central Victoria Range, from Hut Creek. Tuesday will be a mainly off track walk in the Asses Ears area, which is not part of the Victoria Range, but which has a lovely little creek with pools and cascades and an interesting looking cliffline to explore.

We will camp at Buandik on the Western side of the Victoria Range. It is probably best reached via Ballarat, Dunkeld and Cavendish and will take over 4 hours from Melbourne. Bring your scrub gloves, long trousers and a sense of adventure for a memorable few days of exploring some wonderful country.

one of my favourite places and I return to it again and again. One such glorious feature on a walk would make this one of the best walks on the Sunday program but close by lies the West Barwon Reservoir. Both walks will have the opportunity to follow the trail around Lake Elizabeth and then wander along the reservoir to our waiting bus.

This is an exceptionally beautiful walk. Although we have had Lake Elizabeth on our walks' program in past years we have never explored the West Barwon Reservoir. I hope that you will join us to enjoy this special walk.



PACK CARRY

MT BUFFALO NP, – ROCKY CREEK

DATE	11-13 December
STANDARD	Easy
DISTANCE	about 28 km
LEADER(S)	Del Franks
TRANSPORT	Private
AREA	Mt Buffalo
MAP REF	Mt Buffalo Plateau 1: 30 000 by Geoff Lawford

Spectacular wild flowers and scenic views will be the norm on this picturesque sub-alpine plateau walk.

Day 1

Commencing at Lake Catani we will follow the Long Plain Track, including a side trip to Mt Dunn to take in the best view of the Mt Buffalo Plateau. There will be a number of side trips which include the Devils Couch, then to Og, Gog & Magog for more spectacular boulders. On to Eagle Peak and Mollisons Galleries. The evening camp will at the Rocky Creek remote area campsite.

Day 2

Leaving the camp site we will follow the Rocky Creek track until we reach the turn off for Macs Point for some good views, then on to the Drill Hole Rocks. There will be the possibility of some other side trips depending on time & weather.

If you are interested in this walk then please contact me as soon as possible as I will need to get number in early November as the booking & camping permit for Rocky Creek camp needs to be booked in advance. There is also a limited number of sites available. The cost of the sites are \$9 per couple. Friday night I plan on staying at one of the camping grounds in Porepunkah.

I can be contacted on 0403 705 763.



SUNDAY BUS

WEST BARWON RESERVOIR – LAKE ELIZABETH

DATE	22 November 2009
STANDARD	Easy & Easy/Medium
DISTANCE	13kms & 17kms
LEADERS	Halina Sarbinowski & Fay Dunn
TRANSPORT	Bus from Southbank Blvd at 8:45am
AREA	The Otways
MAP REF	Walking the Otways E10

Nestled in the Otway State Forest lies the beautiful Lake Elizabeth formed when a landslide blocked the headlands of the East Barwon River in 1952. The haunting quality of this flooded valley with its stark trees still visible in the lake after nearly sixty years has a serenity that soothes the soul. It is

