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# THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

FEBRUARY 2010



## PRESIDENT'S CORNER

It is hoped that as many members as possible will attend the Club's Annual General Meeting on Monday 22 February, 2010 at 7.45 pm. We are currently seeking nominations for the positions of Treasurer, General Walks Secretary and also a Committee member. The Club would also like to appoint an enthusiastic member as a Training Officer. Expressions of interest on these roles may be directed to the current office bearers, myself or Mick Noonan, Vice President. Nomination forms and Appointment of Proxy forms are available in the clubrooms.

There has been a change in our Website Manager and I welcome to the position Julian St John who has been busy doing updates effective January this year. A big 'thank you' to Tony Ralston for all his hard work over the last few years in carrying out this role. All items for the website should continue to be sent to [webmaster@mbw.org.au](mailto:webmaster@mbw.org.au).

Advance notice is given that the Club will celebrate its 70<sup>th</sup> Anniversary on Sunday 2<sup>nd</sup> May, 2010 at the Nioka Bush Camp, Plenty Gorge Park. More details in subsequent NEWS but please diarise this date now.

In this month's NEWS is an article regarding the green 'Personal Health Details' card that has previously issued to all members. If you require a new card please see any committee person in the clubrooms. Members and Visitors need to be aware that they, as well as the Club, are responsible for their own safety and well being and that their health and fitness is suitable for the activity they participate in.

There is also an article in the NEWS regarding MELWALK and if any member feels they can contribute to this project with Bushwalking Victoria, please let me know of your interest.

Thank you and enjoy your Summer Program activities.

**Margaret Curry**



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

**Royal Historical Society of Victoria**

**Cnr. William and A'Beckett Streets,  
Melbourne Vic 3001  
entry from William Street)**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc

MEMBER OF

**Bushwalking  
Victoria**



PO Box 1751  
MELBOURNE VIC 3001

[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: **Catherine Cardinet**

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.**

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

Please note:

Next committee meeting will take place on

**MONDAY 1 MARCH**

## TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

**2010 Activity Dates**

**Leader contact details**

2010 Activity Dates	Leader contact details
March 19 - 23	Andy Gillham
Baw -Baw Track Clearing	<a href="mailto:agillham@parks.vic.gov.au">agillham@parks.vic.gov.au</a>
April 30 - May 2	Mark Heath
Grampians	9578 7813

### A NOTE FROM YOUR EDITOR

The emailed version of this edition contains all the submissions received this month.

The selection as to which review to publish or not publish in the print version was simply made on the 'first received' basis.



**SNEAK PREVIEW!**

**A NIGHT TO LOOK FORWARD TO !!!**

The full moon tours of the Melbourne Cemetery occur only twice a year. A group booking has been made for 6:35 on **FRIDAY 30 APRIL**. I know it's a long way off, but I need to start collecting payments to secure the booking and numbers.

Please contact me if you would like to join me and to arrange payment. \$24 per person or \$22 for concession or National Trust members.

<http://www.whitehat.com.au/cemetery/FCemetery.html>

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# Report

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## **PRESIDENTS REPORT**

### **ANNUAL GENERAL MEETING - MONDAY 22 FEBRUARY 2010**

It has been a busy but satisfying year. We have now settled into our new clubrooms and appreciate the more spacious surrounds. The Club Rules and By-Laws were reviewed, a Fire Season Policy and Risk Management Plan formulated, two Leaders' Discussion Nights held and First Aid and Navigation training offered to all members.

Our Activities Program provided a wide variety of walks, cycle trips, pack carries and base camp/lodge trips. Issues around the Sunday Bus were of great importance and it is hoped that members are adapting to the new bus/car pool arrangement implemented to curb the loss in the Sunday Walks account. A survey carried out provided useful information which was used in preparing future Activities Programs. A club flyer "Take a Walk" was published which was distributed by committee members to many outlets around Melbourne in an attempt to increase bus numbers.

On the community side, the Club participated in the Nest Box Counting and Tree Planting as part of the Regent Honey Eater Project, a Mallee Fowl Nest search, Grampians Track Maintenance project and the Bushfire Recovery weekends held by Bushwalking Victoria. The Club made donations to three environmental groups and was involved in leading a walk as part of Seniors Week activities.

Melbourne Bushwalkers was awarded a Distinguished Service Award by Bushwalking Victoria under their Recognition Awards Scheme in recognition of the contribution of the club to the enhancement and development of recreational bushwalking in Victoria, furthering the objectives of bushwalking and adding value to the wider Victorian community. This was indeed an honour.

Numerous social activities were held ranging from Cheese and Wine nights, guest speakers and slide evenings at the club to dinners, BBQ's and visits to historic places. We welcomed Max Casley as a new Life Member and said 'thank you' to Peter Havliceck after 16 years as Membership Secretary.

The Club is indeed fortunate to have the assistance and support of many volunteers and I would like to take this opportunity to thank the committee, Website Manager/s, Newsletter Editor, Database Administrator, Equipment Officer, Assistant Sunday Walks Secretary, Activity Co-ordinators, Club emergency contacts, Bushwalking Victoria delegates, those assisting with clubroom duty roster and folding of newsletter, and particularly all leaders of activities. Your contribution is greatly valued and allows us to be the successful club that we are.

Thank you all for your support and good walking during 2010.

**Margaret Curry**

## **GENERAL WALKS SECRETARY - AGM REPORT**

The most important issue we've all had to come to grips with in 2009 is the safety of our leaders and walkers during the fire season. On our spring, summer and autumn programs, you will now see additional information regarding fire ban districts and temperature reference sites included for walks from November to April.

I've enjoyed my 2 years as General Walks Secretary with the Bushies. I've met some great people and am pleased I could give something back to the Club. Working full time in a busy job and becoming a grandmother have impacted heavily on my time. I'm moving on from the GWS role and I'm sure the Club will find someone else who is passionate about walking and admin!

**Jane Williams**

# Reports

## SUNDAY WALKS STATISTICS 2009

Unfortunately, with the introduction of car-pooling in September 2009, I can no longer call these statistics the Sunday Bus Statistics, however, this move to stem losses due to insufficient walkers to cover bus costs in junction with a review of bus booking fees has seen the turn around that was needed to ensure that MBW continued to provide a bus service.

<u>DETAILS</u>	<u>TOTAL</u>	<u>BUS</u>	<u>CARPOOL</u>	
Sunday Walkers	1,534	1,370	164	*
Visitors	337	303	34	
%	22.0%	22.1%	20.7%	
Average Walkers 2009	30.7	36.1	13.7	
Average Walkers Jan-Aug		34.4		
Average Walkers Sep-Dec		43.4		
Most Walkers (on individual walk)		54	19	**
Most Visitors (on individual walk)		23	6	
Walks	51	38	13	
Leaders Required	92	76	16	***
No of individual leaders 2009	40			

\* Includes four cancelled bus walks

\*\* Excludes cancelled bus walks

\*\*\* Three cancelled bus walks required two leaders

I would like to take this opportunity to thank all Sunday leaders who have supported me in 2009. Without this support there would be no walks. I, the committee and walkers all appreciate the work that you have put into making MBW a great bushwalking club.

Del and I hope to have your continued support in 2010. THANK YOU.

**Halina Sarbinowski - Sunday Walks Secretary**

## EQUIPMENT REPORT FOR YEAR ENDED 31/12/09

The club provides equipment for use by members and visitors at nominal hire rates and for use by leaders and the club generally at no charge. Items are selected to improve club facilities, contribute to the safety of activities, encourage beginners and to assist members in the acquisition of appropriate gear. All purchases are justified on a cost benefit basis with income producing items meeting the additional requirement of being self-funding. To simplify self-funding assessments equipment life has been taken as ten years, interest ignored and a flat depreciation rate of 10% PA applied. This year we continued to build up our stock of lightweight gear with the acquisition of two Golite packs to complete a full range of sizes. We also started an email service to alert interested members to heavy discounts on specific items worth considering for pack carrying. Hire rates have been down but we completed the year a small surplus that brought our total for the last three years to \$665 Next year we hope to acquire an additional tent to help meet peak demand. We will continue to look out for new and improved equipment and possibly make acquisitions where it's important to try before purchase.

**Other equipment:** Ref. Treasurer's report.

**John Fritze**

### Self-funding equipment

<b>Income</b>		
Hire	13 tents, 5 sleeping bags, 11 packs, 3 stoves, 4 sleeping mats, 5 food dryers	\$423
Sales	4 heat shields	\$7
	<b>Total income</b>	<b>\$430</b>
<b>Expenses</b>		
Depreciation		\$314
Maintenance		\$0
Other		\$0
	<b>Total expenses</b>	<b>\$314</b>
	<b>Net income</b>	<b>\$116</b>
	<b>Capital expenditure</b>	<b>\$254</b>
	<b>Depreciated value of equipment at 31/12/09</b>	<b>\$1999</b>

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## Noticeboard

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### **TREASURER, GENERAL WALKS SECRETARY, COMMITTEE MEMBER AND A TRAINING OFFICER**

We are seeking nominations for committee to the roles of Treasurer, General Walks Secretary and Committee Member. These positions will fall vacant at the Club's Annual General Meeting in February.

We would also like to appoint an enthusiastic member to become a Training Officer for the club.

If you feel you have the knowledge and/or interest in any of these positions, or know anyone who may be suitable, please contact Ray Spooner (Treasurer), Jane Williams (General Walks Secretary), or alternatively Margaret Curry (President) or Mick Noonan (Vice President).

**YOUR COMMITTEE NEEDS YOU!!!**

### **MELWALK**

Melwalk is an exciting new Bushwalking Victoria project to develop a system of urban walks in the Greater Melbourne area. The plan is to link existing tracks and pathways into a coherent network, backed by freely available comprehensive maps and walk notes.

Bushwalking Victoria is seeking support from enthusiastic volunteers to assist with its development. They would like to form a small working group and will also need a team of volunteers to research and walk the proposed routes, as well as carry out other small tasks.

Should any member feel they can contribute in any way to this project please contact Margaret Curry (9500 0664) to advise of your interest. Bushwalking Victoria would like to build a database of interested people that the working group can call on. Any input that our members can make will contribute greatly to the success of Melwalk.

### **RISK MANAGEMENT -PERSONAL HEALTH DETAILS CARD**

A green 'Personal Health Details Card' was distributed to members some time ago and is provided to visitors when making contact with the club.

All members should complete the details on this card and carry it with them at all times when participating in Club activities as it will assist greatly in any emergency situation.

If you have mislaid or require a new card to complete, please contact any committee member in the clubrooms.

As you all know, bushwalking is an adventure activity, members need to be prepared and aware of the risks. Ensure your health and fitness is suitable for the activity and inform your leader of any condition or disability that may affect your ability to safely participate.

### **SYLVIA HAS MOVED**

We would like to advise members who have been visiting Sylvia Ford that on January 3 she moved to Woodend to be closer to her daughter.

Visitors are always welcome and there are lovely coffee shops nearby!!

## Noticeboard

### VALE DOUG CROCKER

Doug Crocker was a member of the Club from the early 1970s to 1992. He was an occasional walker, but is probably best remembered for his role as Father Christmas at our Christmas parties. He wore a Father Christmas costume and would carry a bag with a few small presents for younger people. He had a white beard and certainly looked the part. Older members should remember him. His son Colin was a member in the 1960s until he moved to Western Australia. Doug died peacefully in early January at the age of 92.

### WANTED TO BUY

Second-hand Go-Lite Pinnacle backpack. Please contact Janette. If you don't have a Pinnacle, am willing to consider other second-hand Go-Lites.

### \*\*ATTENTION LEADERS\*\*

### AM RADIOS FOR FIRE SEASON

During the Fire Season we want all Leaders to carry an AM Radio so they can stay in touch with any relevant announcements.

If you do not have not got access to one you can borrow one from the club. Same process as booking out a First Aid Kit - just use the Equipment borrowing book

## WILLIS'S WALKABOUTS

# Kakadu Bushwalking Review

**Kakadu's traditional Aboriginal owners** have had a review of bushwalking in the park as one of their main priorities for quite some time. Now, after talking about it for years, Kakadu has finally appointed someone to begin that review.

**If you have any opinion** about what should or should not be permitted on bushwalks in the park, or if you just want to know a bit about the history of bushwalking in Kakadu, you should **contact Russell Willis, the official bushwalking representative** on the Kakadu Tourism Consultative Committee.

**Making contact now will ensure you are kept up to date as the review progresses.**



[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au)

12 Carrington St Millner NT 0810 [rrwillis@internode.on.net](mailto:rrwillis@internode.on.net)

Phone 08 8985 2134 Fax 08 8985 2355

This review will affect everyone who may ever wish to do a bushwalk in Kakadu.

The new rules may be more or less restrictive than the ones now in place. Never forget, Kakadu is Aboriginal land. Access rules which might be expected to apply in other parks may not apply here.



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# Noticeboard

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## KNOWBODY STUDIOS

*Physiotherapy, Clinical Pilates, Alexander Technique*

@ East Melbourne 5/ 80 Gipps St

Ph 9415 8812

Email: marilyn @knowbody.com.au

Mail : PO Box 244 East Melbourne Vic 8002

Website :www.knowbody.com.au

Physio for bush walkers

Walking workshops

Fitness for bush walking

### Find solutions to problems with walking. eg

- ➔ Hip and low back pain
- ➔ knee pain or giving way
- ➔ Ankle weakness
- ➔ Tendonitis/arthritis to name a few.

Learn the *right exercises for you* and explore the best way to attain and keep your fitness for bush walking

If any of these topics interest you then you may like to phone or email

**Maddy Lock** (see above) for an appointment or any queries.

*Maddy is an experienced sports physiotherapist, Movement educator and bush walker.*

*(Special rate for MBW members on request)*



## CROSS COUNTRY SKIING

### BOGONG HIGH PLAINS - AUGUST 7 TO 14

For the last few years the Club has had access to the Rover Chalet for a week's cross-country skiing. Last year we had this equivalent August week instead of September as we had been having. This was very successful and I was able to negotiate with the Rovers for this to be a permanent arrangement

The Rover Chalet, situated about 12 skilometres from Falls Creek, is a comfortable lodge with well-equipped kitchen, showers, flush toilets and washroom, laundry and drying room. Sleeping is dormitory style with mattresses and pillows provided.

Food is provided by the Rovers on a set menu basis. Much of the food is put into the Chalet before winter and each group carries in fresh meat and veg for the week. Cooking and housekeeping are done on a volunteer roster basis; we have this down to a fine art to allow the maximum time for skiing. We try to go out for a full day's skiing, usually in a couple of groups with shorter and longer options.

I would like to get a reasonable number of members on this trip to make it worthwhile for the Rovers; we do have people from other clubs come in as guests with us. For a booking application form go to [www.bogongroverchalet.org.au](http://www.bogongroverchalet.org.au)

This site gives further information.

If you are interested give me a ring if you want further information, or if I am not around speak to Marilyn Whimpey . Would you please let me know if you apply direct so I can keep track of numbers?

**Doug Pocock**

## ALTERNATIVE DEPARTURE POINT FOR SUNDAY WALKS OPPOSITE CLUBROOM

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A'Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.

Next alternative departure point day will be **Sunday 14 March**

# Noticeboard

## SOCIAL EVENTS

### FEBRUARY

#### Wednesday 24 February

A photographic display by Mansfield photographer RICHARD WHITE in the Clubroom.

It commences at 8:00 and serendipitously co-incides with our cheese and wine night. Richard specialises in black and white photos of the High Country, an area close to our hearts. I strongly recommend checking out his website to view the spectacular images that he captures, plus seeing the impressive portfolio of his overseas work. It's a real coup that we have managed to book him for this night-let's make it special.  
**POP THIS DATE IN YOUR**

## DIARY NOW.

### Saturday 27 February

Let's take Melbourne's iconic 96 tram along the whole route and explore as we go.

Here's a chance to view our wonderful city as a tourist and visit some places we take for granted. The tram departs in East Brunswick at Nicholson Street near Blyth Street.

We can meet for a 9:30 breakfast before departing at 10:25. Details to follow in the next News but bring your bathers so that we can cool off at MSAC in Albert Park. Would you like to use the waterslide (I'm working on getting a group discount!!). The day will terminate in Acland Street.

## COMING UP:

### MARCH

Saturday night visit to the Melbourne Cemetery.

Slide night - Walking in the Dolomites. Deb Shand and Agajan.

### APRIL

Sat.night BBQ, Wattle Park.

And much , much more to look forward to in 2010...

**THANK YOU, SUSAN!**

## SUNDAY BUS BOOKING PROCEDURES - A REMINDER

### Payment Methods to secure a seat

#### Members

1. Pay in the clubrooms by the Wednesday night prior to the day of a walk – you can book up to 4 weeks ahead.
2. Send in a cheque ensuring that it reaches the clubrooms by the Wednesday night prior to the day of the walk.
3. Purchase pre-payment vouchers from the Treasurer or Walks Secretaries in the clubrooms and send an email to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) advising the voucher number and date/name of walk. Vouchers may also be posted as per cheques.
4. Use a credit from a cancelled walk and send an email to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) advising the date/ name of walk.
5. Use a bank-to-bank transfer via the internet. (See details under "Frequent Questions" on our website at [www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)).
6. Go to an ANZ bank branch and deposit directly into the club's bank account (013-006 005846013). Give the date of the walk and your phone number as the reference (eg. 170590762461 for 17 May) and send an email to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) or contact the leader of the walk giving your details and the reference.

#### Visitors (Temporary Members)

We need you to speak with a leader of the walk so they are assured that you are capable of doing the walk. This limits you to personally visit our clubrooms on a Wednesday night prior to the date of a walk, up to 2 weeks ahead, when the leaders will be available in the clubrooms.

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# Reviews

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## BIMBI PARK – CAPE OTWAY – 22-26 JANUARY

A great weekend was recently held in the Otways. The first day plenty of sand to stretch the calves as we wandered along the stunning coastline from Cape Otway to Ayre River and onto Castle Cove. A few indulged in a swim over a leisurely lunch. The next day our leader hadn't warned us it was a training exercise for Melbourne Bushies SAS group. We fought the shrub for 5 hours amidst towering forests coming to the only clearing 5 minutes after our lunch stop. Our much scarred and banded leader then took us on a knee deep hour's water bash frequently not being able to avoid the stinging nettles. We finally emerged at Mariners Falls, cars were retrieved and after a lengthy shuffle, the survivors arrived back to enjoy the delights of the campfire.

The third day was a little easier and we set out in small groups to explore the coastline around the Cape Otway lighthouse before enjoying a leisurely afternoon, awaiting the arrival of the pack carry group. An evening of wine fuelled frivolity followed with the two groups enjoying a BBQ, followed by Maddy's birthday cake and Australia Day damper by the flag draped tent.

Certain features of the camp site will remain for ever embedded in the campers' memories. The garden hose that was the sole source of drinking water, the grunting koalas which drowned out any snoring and above all we won't forget the coin operated showers that sometimes didn't provide water for the poor soul who had stripped in anticipation.

The final day saw some of the group depart early while others headed off to enjoy short walks to nearby falls

Thank you Jan for a great weekend!



## THREDBO TO KIANDRA

Nine Bushies decided that walking 124kms over a section of the Alpine Walking Trail was better than the post Christmas and New Year celebrations. Although after a seven hour drive all enjoyed a Thredbo pub buffet and competitive pool matches, prior to a night at Thredbo Diggings. Next morning it was the express chairlift to the walk start and onto Kosciusko, after a side trip to North Ram's Head. After clearing the tourist traffic of Mt Kosciusko, several climbed the more spectacular second highest peak of Mt Townsend, and then it was on to camp on the back of Carruthers Peak. Day Two was onto Mt Tywnam (third highest in Australia) and then via Mt Anderson and Consett Stephen Pass to the jumble of the Rolling Grounds, which provided some navigational challenges in the heat of the afternoon, but all enjoyed the cool of Whites River Hut camp site.



The next two days were hot with abundant "mega" march flies which, when hit, shook themselves and came back for more, but the occasional river crossing and swim in waterfalls, helped ease the pain of 17km + days as well as the spectacular scenery. The weather finally gave way to thunderstorms on New Year's Eve at Doubtful Creek, but the brief rain did not spoil the celebrations, between showers. Next day three hardy walkers took on the side trip to Mt Jagungal, while the remainder had a more relaxing stroll to the weather station. Happy Jack's Hut provided shelter from the only other rain for the trip, before the views from Tabletop Mountain and on to Four Mile Hut. With the last day a 6km stroll to Kiandra, the bus pick up and hot showers in Thredbo.

A tiring but rewarding walk on the Alpine High Plain for Rod, Angela, Peter, Phil, Janette, Chris, Robert, Ian & Roger.

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.melbournebushwalkers.org.au/activities/Walks/MBW\\_walks\\_program.htm](http://www.melbournebushwalkers.org.au/activities/Walks/MBW_walks_program.htm)



## SUNDAY BUS

### SHERBROOKE – HERMONS SADDLE CIRCUIT

**DATE** 21 February 2010  
**STANDARD** Easy/Medium  
**DISTANCE** 14 km  
**LEADERS** Del Franks  
**TRANSPORT** Cars from Southbank Blvd  
**AREA** Sherbrooke - Dandenongs  
**MAP REF** Melways maps 75 & 124

While I have not had a chance to preview this walk yet, the planned walk is a circular walk which combines picturesque walking paths and quiet roads with parts of the Puffing Billy track. From John's Hill lookout there are spectacular views across Silvan Dam, Kinglake National Park and the bays, and lots of colourful gardens along the way. There may include an interesting timber stairway. There are a few hills, but you have to expect that in the Dandenongs.

Later in the day if there's time we could also check out the Puffing Billy Railway Museum as we approach Menzies Creek.



## CYCLING

### FULL MOON RIDE- HOPPERS CROSSING TO WILLIAMSTOWN VIA SKELETON CREEK AND THE WESTERN WETLANDS

**DATE** Saturday Feb 28  
**STANDARD** Easy  
**DISTANCE** 30 km approx.  
**LEADER** Lynda Larkin

The plan is to meet at Flinders St Station in time to catch the 5.16 pm WERRIBEE train (last carriage) to Hoppers Crossing. The route chosen will take us from Hoppers Crossing via part of the Federation Trail to the southern section of the Skeleton Creek Trail, which traces a path through the western wetlands to Altona.

Towards sunset we will stop for tea at a lofty location with panoramic views overlooking the bay and surrounding metropolis.

I have chosen this ride because it will be cooler in the late afternoon and evening and we will be riding alongside the creek and then the sea, which offers more comfortable riding in the hot weather. Also, the sight of the Full Moon over the ocean and riding by the light of the moon has a certain aesthetic and romantic appeal.

Along the way we will be able to view a large pelican rookery in the Altona wetlands

The trail is mostly flat and utterly delightful, with the final section taking us right in to Williamstown where we will stop for 'refreshments'. Those who wish can take the train home from there. For the rest, we will ride back to town via the river trail... approx another 10 kms, or some may like to peel off at Footscray Stn.

No need to fear the dark. There will be twilight, starlight, moonlight, city light and me... your trusty leader.

Bring picnic tea, favourite beverage and a warm jacket for later in case it gets cooler and make sure your bike is in good working order.



## TOFS

### SANDRIDGE BEACH WALK

**DATE** Thursday 4 March  
**STANDARD** Easy  
**DISTANCE** 9Km  
**LEADERS** Peter & Sue Green  
**TRANSPORT** Private  
**AREA** Port Melbourne  
**MAP REF** 57D5

This is an easy walk along the Sandridge foreshore. Meet at the Port Melbourne terminus of the No. 1 Tram (corner of Victoria Av & Beaconsfield Pde) at 10:30. We walk towards the Yarra, a nostalgic wander to the end of Station Pier, passing through Beacon Cove, along the often deserted beaches of Sandridge and through the 'fishing Mecca' of the new Webb Dock Park. Return to Station Pier for coffee. If it is a hot day then swimming is an option for the brave.

### EFFICIENT FLY MANAGEMENT





**BASE CAMP**

WILSONS PROM IN A DAY... FOR THOSE WITH PASSION, AMBITION, FITNESS AND A LITTLE MADNESS.

DATE March 5-7  
 STANDARD Medium-hard  
 DISTANCE 42km approx.  
 LEADER(S) Lynda Larkin  
 TRANSPORT Private

A magnificent circuit linking a number of the most well-known and well-loved parts of the Prom. This circuit commences at Tidal River, proceeding from there to Telegraph Saddle (Mt Oberon car park), Sealers Cove, Refuge Cove, Waterloo Bay, Mt Wilson, Little Oberon, Oberon Bay and Norman Bay.

Participants are advised to arrive on Friday evening, camp overnight at Tidal River and be prepared for a 7 a.m. start the following morning. We will meet outside the Tidal River General Store at 6.55 am.

Bookings for camp sites can only be applied for from Feb 1<sup>st</sup>. I will endeavour to be at the top of the queue to secure 12-15 camp sites for the Bushies.

Make sure you are well-equipped for the day with sturdy, comfortable footwear, 2 or 3 pairs of socks, fluids and victuals, sun protection, swimmers etc.

Contact Peter or Sue Green



**PACK CARRY**

BOGONG HIGH PLAINS PC – MT FAINTER & MT COPE

DATE 5-8 March  
 STANDARD Easy/Medium  
 DISTANCE Approx 18km with packs 26km on side trips  
 LEADER Roger Wyett 0418 544 715 rwyett@caroma.com.au  
 TRANSPORT Private  
 AREA Bogong High Plain  
 MAP REF 1:50,000 Bogong Alpine Area Leisure Series

This walk will suit both experienced walkers who want to do all the side trips and frst time pack carriers who can undertake a walk with options to suit their abilities.

Day One will be 4 km with packs from Pretty Valley to Taronga huts, then a 12km return side trip to Mt Fainter Nth & Sth, possibly returning via The Niggerheads for the more energetic walkers.

Day Two will be 7km with packs to Ryder’s Yards and approx 8km on side trips en route to Mt Jim & Basalt Temple, with lunch at a swimming spot below Mt Jim (weather permitting).then a 6km return trip to Mt Cope from Ryder’s Yards for those still with energy to spare.

Day Three is 6km with packs back to Pretty Valley then lunch at the Mt Beauty bakery

While I encourage new pack carriers, participation will be subject to an equipment review & fitness.



**SUNDAY BUS**

SMITHS GULLY EXPLORER

DATE 7 March 2010  
 STANDARD Easy/Medium  
 DISTANCE 12 km  
 LEADER(S) Del Franks  
 TRANSPORT Car Pool  
 AREA St Andrews  
 MAP REF Melways maps 250, 264-266

The Walk will start at the car park/picnic area in Peter Franke Reserve in Smths Gully Road, opposite the old Queenstown Cemetery. Melway reference 264 H3. The walk will be along the Smiths gully – st Andrews Heritage Trail, which has information signs about the early gold mining in the area.

After that it is along little used country lanes with good views along the way, to Rifle Rage reserve, then back along more country lanes to the car park at the start.



**WEDNESDAY WALK**

MT TANGLEFOOT

Date Wednesday 10 March  
 Standard Easy medium  
 Distance Approximately 16 kms  
 Leader Fay Dunn  
 Transport Private  
 Area Toolangi

This is a varied walk that traverses rainforest gullies with ferns and ancient myrtle beeches and also passes through stands of mountain ash and manna gums. We will explore the Wirrawilla board walk and, if we are lucky, perhaps see a Powerful Owl. There will be some moderate slopes around the base of Mt Tanglefoot and the track can be waterlogged and slippery when wet. Please contact leader for details of starting time and place.



**BASE CAMP**

TARRA BULGA

DATE 12-14 March  
 STANDARD E/M  
 LEADER Sheena Burgess  
 TRANSPORT Private  
 AREA Tara Bulga

No details available at time of printing.Please contact leader for details at Clubrooms.



## PACK CARRY

### BOGONG CREEK - WEST PEAK - LITTLE BOGONG EXPLORATORY

DATE	12-14 March
STANDARD	Hard
LEADER	Jopie Bodegraven
TRANSPORT	Private
AREA	Mt Bogong area
MAP REF	Bogong Alpine Area 1:50,000 Outdoor Leisure

This is a joint trip with VMTC. It is an exploratory trip for the toughies amongst us and it is graded hard because of 2 sections. The first is when we follow Bogong Creek 3km horizontally and over 700 metres vertically up through a very steep section with bountiful rocks, scrub and some erratic cliffines from a 4WD track at the bottom up to the alpine areas at Stirling Gap. Wet feet almost guaranteed and gloves recommended. The second is the descent from Bogong West Peak, over Little Bogong and down a steep untracked spur through 2003 bushfire regrowth which could be very thick. Long pants, gaiters and gloves recommended.

We will meet at 8.30 am where Roper Track leaves the High Plains Rd about 7 km beyond Mt Beauty. I expect some of us will camp Friday night at Mountain Creek and Saturday night's camp will be in the alpine headwaters of Bogong Creek. The total climb on day 1 is about 1450m so keep your pack weight as light as possible and the walk is a circuit so no car shuffle is required. Ring me on 94824691 if after all this you still want to book on! I will be out of phone contact before 20 Feb and probably from 28 Feb till 9 March.

Please note that this will be a non smoking trip



## SUNDAY BUS

### LOWER LERDEDERG GORGE.

DATE	Sunday 14 March
STANDARD	Easy / Medium
DISTANCE	12 and 15km
LEADERS	Nik Dow and Susan Haviland
TRANSPORT	Bus – ALTERNATIVE PICK UP POINT
AREA	Lerdederg

Depending on the water level in the Lerdederg River, this could be Easy-medium and Easy if the level is low. On a hot day the beautiful swimming holes can't be resisted, so bring your bathers. The longer walk takes the access road to the dam and follows the river downstream, reaching the first swimming hole for a long lunch. There are many river crossings to this point, so make sure the soles of your boots are well glued on. The track is rough and informal. The shorter walk takes a shortcut down a steep track to enter the river further downstream, and will walk upstream to meet the other walk at a swimming hole. Both groups then follow the easier lower reaches out to Mckenzie's Flat where the bus will be waiting. For more details please call Susan.



## MOFS

### LAVERTON CREEK – ALTONA ESPLANADE

DATE	Monday 15 March
STANDARD	Easy
DISTANCE	11km
LEADER	Keith White
TRANSPORT	Train
AREA	Altona
MAP REF	Melways 53D10

This is a linear station-station walk combining open plains with views across Port Phillip Bay.

We meet at Laverton Station (Werribee line) at 10.30am. The walk follows Laverton Creek to its mouth where we can stop for lunch and view wading birds resting along the sand spit. After lunch, we cross Laverton Creek and follow the shoreline past Altona Beach to finish the walk at Seaford Station around 2.30pm.

NB: Trains from Flinders run at roughly 10minute intervals and the journey takes approx 30minutes



## PACK CARRY

### GREAT OCEAN WALK (SECTION TO BE ADVISED)

Date	19 - 22 March
Standard	Easy/Medium
Distance	TBA
Leader	Richard Hanson
Transport	Private
Area	Great Ocean Walk

No details available at time of printing. Please contact leader for details at Clubrooms.

## CYCLING



### BIRDLANDS - LYSTERFIELD PARK

Date	Saturday 20 March
Standard	Easy/Medium
Distance	TBA
Leader	Ross Berner
Transport	Private
Area	Lysterfield Park

No details available at time of printing. Please contact leader for details at Clubrooms.



MORE PREVIEWS NEXT MONTH!

**SATURDAY WALK**

**SASSAFRAS CREEK**

**Date** Saturday 20 March  
**Standard** Easy/Medium  
**Distance** 12km  
**Leader** Fay Dunn  
**Transport** Private  
**Area** Sassafras  
**Melways** 66 F9

This walk takes in part of the Sassafras Creek and the Alfred Nicholas Memorial gardens before crossing in to the Dandenong Ranges National Park at Sherbrooke. We will walk down through the Park and loop back along the Ridge Track to Ferny Creek and then to Sassafras in time for afternoon tea. Please contact the leader for further details.



**SUNDAY WALK- CAR POOL**

**RICHARDS TRAMLINE**

**DATE** Sunday 21 March  
**STANDARD** Easy / Medium  
**DISTANCE** 18km  
**LEADER** Ron Hampton  
**TRANSPORT** Car Pool from Southbank Blvd.  
**AREA** Yarra State Forest  
**MAP REF** Mel. 291.11 B  
**FIRE BAN DISTRICT** Central  
*(November to April only)*  
**TEMPERATURE REFERENCE SITE** Central  
*(November to April only)*  
**TRANSPORT COSTS (per person)** \$17  
*(Sunday private transport trips only – calculate by multiplying total kms for return trip x 8c/km)*

William Richards began construction of the tramline in 1916 to access timber in Starvation Creek Valley. The final alignment was completed in 1922 when it joined Ezards Tramline in 1922 at Big Pats Creek. The tramway operated until 1937 and was destroyed by fire in 1939. It was not until the Ash Wednesday bushfires in 1983 that the tramway was exposed and rediscovered. It was opened as a walking track in 2002.

The walk is mostly flat through delightful green, temperate, rain forest passing through stands of magnificent Mountain Ash and shady tree ferns. An added attraction is the proximity to Warburton and its excellent cafes.

See me in the clubrooms on the Wednesday before the walk or phone for further information.

SPOT THE BUSHIES



Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:30 am. Leader or deputy will be there rain, hail or shine!

<b>MARCH</b>				
Thu 4	Port Melbourne - Westgate Park - Melbourne	Private	Easy	Peter Green
5 - 7	BC: Wilsons Prom In A Day	Private	M/H	Lynda Larkin
5 - 8	PC: Bogong High Plains - Mt Fainter & Mt Cope	Private	E/M	Roger Wyett
Sun 7	Smiths Gully Explorer	Car	E/M	Del Franks
Wed 10	Tanglefoot Track	Private	E/M	Fay Dunn
12 - 14	BC: Tarra Bulga	Private	E/M	Sheena Burgess
12 - 14	Mt Bogong	Private	Hard	Jopie Bodegraven
Sun 14	Lower Lederderg Gorge	Bus	E & M	Nik Dow & Sue haviland
Mon 15	Laverton Creek - Altona Esplanade	Private	Easy	Keith White
19 - 22	PC Great Ocean Walk (section TBA)	Private	E/M	Richard Hanson
Sat 20	Cycling: Birdlands - Lysterfield Park	Private	E/M	Ross Berner
Sat 20	Dandenongs Explorer	Private	E/M	Maureen Hurley
Sun 21	Richards Track - Warburton	Car	E/M	Ron Hampton

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<b>Phone:</b>	<b>Home :</b>	<b>Work:</b>	<b>Home:</b>
	<b>Mobile:</b>		<b>Mobile:</b>
<b>Email:</b>			
<b>2010 SUBSCRIPTION INFORMATION</b>			
<b>Membership</b>	<b>Ordinary:</b> Single \$45 per year / Couple/family \$72 per year	<b>Concession: (proof required)</b> Single \$34 per year / Couple/family \$50 per year	
Forward alterations of particulars to Melbourne Bushwalkers Inc via post or email to: C/- Membership Secretary, GPO Box 1751, Melbourne 3001 or <a href="mailto:membership@melbournebushwalkers.org.au">membership@melbournebushwalkers.org.au</a>			