



A000133X

# THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

JULY 2010

## PRESIDENT'S CORNER

Winter is really upon us and a great time to get out and walk in the bush for some exercise.

Federation Weekend is a bushwalking activity to which members from clubs affiliated with Bushwalking Victoria are invited to participate. This year the event is over the weekend 8-10 October and based at Anglesea on the Surf Coast. It would be great to see a large contingent from our club attending and participating in the walks over the two days. Please refer to the separate note in this month's NEWS for full details.

Also in this month's NEWS is a note regarding First Aid training to be held on Saturday 4<sup>th</sup> September. The course is suitable for those wishing to gain a First Aid Certificate and also for those who need to renew their skills particularly in the area of CPR.

Two of our members, Maddy Lock and Bernadette Prunty, have been busy compiling a list of books in our Club library. Members may borrow any of these by registering the book title and their name on the list in the bookshelves. This is a useful Club resource.

Enjoy your walking.



Margaret Curry

## AUCTION OF BUSHWALKING GEAR



**Where?** MBW Clubroom

**When?** 7:45pm, Wednesday 18th August

If you have any pre-loved gear bring it along no later than 7:30pm. I will be there from 7:15pm. Who knows, your gear could be worth something...

Any item submitted for auction must have a label attached with the following information:

1. The name of the person selling the item.
2. A brief history of the gear (eg how long have you had it and how much you have used it).
3. Whether you want the item sold regardless of highest bid offered (for this, just write - No Reserve)-
4. Whether you want a minimum amount for the gear (for this just write - Reserve).

If you are not attending the night and have something to be auctioned with a reserve figure you will obviously have to put that figure on the label.

Any item not reaching the reserve figure will be passed in and any interested person can negotiate with the seller.

Come along it should be a fun night

**Graham Hodgson (Auctioneer)**

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

**Royal Historical Society of Victoria**

**Cnr. William and A'Beckett Streets,  
Melbourne Vic 3001  
entry from William Street)**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc

MEMBER OF



PO Box 1751  
MELBOURNE VIC 3001

[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: **Catherine Cardinet**

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.**

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

Please note:

Next committee meeting will take place on

**MONDAY 3 AUGUST**

## TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

### 2010 Activity Dates

### Leader contact details

October 2010 - Stronachs  
Camp (Baw Baw Nat. Park)

Geoff Kelly - 9328 4228  
[gpkelly19@gmail.com](mailto:gpkelly19@gmail.com)

### A NOTE FROM YOUR EDITOR

The emailed version of this edition contains all the submissions received this month.

The selection as to which review to publish or not publish in the print version was simply made on the 'first received' basis.



### COME JOIN US!



**WEDNESDAY 28 JULY**

**CHEESE AND WINE NIGHT.**

**This evening we will be specialising in WA**

**FRIDAY 30 JULY**

Restaurant night at "Sparks", 424 Bridge Road, Richmond. The table is reserved for 7 pm. Book soon with Susan on 9833-6012 as the table is filling up quickly! NB-Cut off date is July 28.

**WEDNESDAY 18 AUGUST**

The Bushies AUCTION NIGHT, conducted by Graham Hodgson. A chance to sell your pre-loved gear or pick up a bargain.

**WEDNESDAY 25 AUGUST  
CHEESE AND WINE NIGHT.**

This time we will be specialising in wines from NZ.

---

# Reports

---

## RISK MANAGEMENT

As you all know bushwalking is an adventure activity.

Members need to be aware of the risks and take responsibility for their own actions. In this month's NEWS is a document relating to 'Participants Responsibilities on Club Activities'.

The green 'Personal Health Details Card' referred to is provided to all visitors when making contact with the Club, and is available to members at any time in the clubrooms.

This card should be carried on all Club activities as it will assist greatly in any emergency situation.

## PARTICIPANTS' RESPONSIBILITIES ON CLUB ACTIVITIES

Club activities require individual responsibility from all members. The guidelines listed below are intended to ensure a safe and enjoyable time for everyone.

- Check the grading of the activity and read the grading definition in the Preview. If in doubt as to your ability to undertake the activity, check with the Leader before you commit to participate.
- Persons under 18 years are required to be accompanied by a parent or authorized guardian.
- Bring all the correct clothing, equipment, sun protection, food and water with you. (A minimum of 2 litres of water per day should be carried in summer and on hot days.) If in doubt about what to bring ask the Leader at booking time or before departure.
- Arrive at the meeting place in time to depart at the time stated.
- Ensure your health and fitness is suitable for the activity. Advise the Leader if you feel unwell or suffer an injury during the activity.
- If you suffer a medical condition that may require assistance or medication, ensure that you advise the leader, carry appropriate instructions and that the leader or a friend know where these are located.
- Ensure you carry the Club's green Personal Health Details card at all times when participating in a Club activity, preferably in the outside pocket of your pack.
- Ensure you have ambulance cover as evacuation from remote areas is expensive.
- Follow all reasonable instructions from the Leader and "Whip".
- Provide assistance and support to others on the activity.
- Stop at all track/road junctions, signs, or whenever there is doubt about the correct route and wait for instructions from the Leader.
- Carry a personal First Aid kit, whistle, torch, pen and paper.
- The code when using a whistle is (1 blast – acknowledge, 2 blasts – stop and regroup, 3 blasts – EMERGENCY).
- The Whip is there to assist slower members and to ensure that nobody is left behind. If you need to leave the track for a toilet stop, inform someone nearby and leave your pack on the track.
- Care for the environment – minimize plant damage, don't cut track corners, take your rubbish home, keep at least 100 metres away from watercourses for toilet stops and bury toilet waste at least 15cm below the surface.
- Clean shoes after walking in Phytophthora areas (70% methylated spirits or bleach to 30% water).
- When camping, fuel stoves are encouraged, fires should be kept to a minimum size, no rubbish burnt in fires, only dead wood used for firewood and fires to be completely extinguished before bedtime if conditions warrant and when leaving the campsite.
- Don't pollute streams with shampoo, soap, detergent or food waste. Ensure washing is done away from the stream, lake, etc.
- Ensure you leave details of the activity and the names and telephone numbers of the Club Emergency Contacts (noted on the quarterly Activity Program) with your family or friends and make them aware of the emergency procedures.

---

# Reports

---

## FIRST AID TRAINING / CPR UPDATE TRAINING

Melbourne Bushwalkers is providing members (and particularly encouraging leaders) the opportunity to attend First Aid Training. This course is suitable for those wishing to gain a First Aid Certificate and also for those who need to renew their skills particularly in the area of Cardio Pulmonary Resuscitation (CPR).

The course provides participants with the skills and knowledge required to recognize and respond to life threatening emergencies using basic life support measures only. It includes:

- performing CPR
- care of the unconscious casualty
- infection control
- asthma, choking, heart attack
- bleeding, shock, allergic reaction
- burns, eye injuries
- extremes of heat and cold
- bites and stings
- lifting techniques
- bandaging procedures

This is a Level 1 'Outdoor Special' entitled "Provide Basic Emergency Life Support". Assessment will be by "demonstration of practical skills and summary evaluation questions". A Statement of Attainment will be issued upon successful completion. It is a nationally recognized course and it should be updated every 3 years with the CPR unit being updated every 12 months.

The course will be held on Saturday 4 September at The First Aid Management & Training Centre Pty Ltd. Suite 1, 47 Railway Road, Blackburn, Tel: 9894 1013. The full course will run from 8.30am to 5.00pm with the CPR update running from 8.30am to approximately 12.30pm. Cost to members will be \$20 per person for the full course/\$10 per person for CPR update as Bushwalking Victoria and also Melbourne Bushwalkers will subsidise the training. We require a minimum of 10 members, up to a maximum of 20 for the course to be held. Bookings essential with payment of monies to either Roger Wyyett (Membership Secretary) or Alan Case (Treasurer) by Friday 27<sup>th</sup> August.

## EQUIPMENT

### Keeping clean

If you like to slip into your sleeping bag fresh and clean but dread the thought of a cold wash on a freezing night the answer could be a brisk rub with a micro-fibre utility cloth. You don't need soap (it prolongs the ordeal and pollutes), a towel (it's a nuisance and unnecessary weight) or much water (half a billy full will do). The trick is to wash before the evening chill sets in and to only saturate the cloth as much as you find comfortable. You could even heat some water and wash in the tent. Start with one body part and rub and rinse until clean then ring out the cloth and dry before proceeding to the next. It only takes a few minutes and you will feel much better afterwards.

### Keeping tidy

You don't need a large tent or numerous pack pockets to keep things tidy. What you need is less stuff and more storage bags! Big ones for your clothes, food and utility items and small ziplock ones for sub categories like ablutions, first aid, cooking, etc. It's a system that keeps your stuff clean, dry and where you need it and takes up very little space in your tent. Choose oversized siliconized nylon bags in light bright colours. These will enable the contents to be distributed more uniformly when packing and make things easier to find (we use the large size for food and clothing and medium for utility items). The ziplock bags will last longer and be easier to locate if you reinforce their edges with different coloured insulation tape.

**John Fritze**



## Venue

Mt Hotham on 23-25 July 2010

## Who should attend

- Club members interested in joining BSAR and experienced BSAR members
- BSAR members with Steep Snow and Ice skills

## Prerequisite Skills

New & bushwalking participants - A good standard of bushwalking with snow camping skills  
Steep Snow and Ice participants – alpine skills and mountaineering experience – participants for SSI must be confirmed with Peter Campbell

## Transport

The bus will depart from Green St Northcote on Friday night at 1900hrs and should return to Northcote at about 2000hrs Sunday. Pickups en route can be arranged with the organisers.

## What to bring

Bring winter equipment and food for snow camping. A number of bushwacker skis and snowshoes will be available. Bring your copy of the Search & Rescue manual. Maps will be supplied. Bring your skis or snowshoes if you have them. Please note that that no gear can be left on the bus and therefore all gear will need to be carried to the eventual camp site.  
Steep Snow & Ice participant will also need to bring their full mountaineering equipment including helmet, crampons, ice axe, harness, etc.

## Activities

New & bushwalking participants and SSI participants will train in separate areas on Mt Hotham on the Saturday while on the Sunday training will be common. It will cater for those on cross country skis or snow walkers using snowshoes and will provide an opportunity to build on existing skills for both new and experienced members. A more detailed program will be released closer to the time.

## Attendance Confirmation

A registration form will be available shortly on the web or by request. The last day for registration will be Friday 16th July. Keep your delegate informed of your intention to attend.

## Inquiries

[training@bsar.org](mailto:training@bsar.org)

General queries - Rik Head W 9885 8423 M 0419 888 254

SSI queries - Peter Campbell H 9836 5824 M 0409 417 504

---

# Noticeboard

---

## CROSS COUNTRY SKIING

### BOGONG HIGH PLAINS - AUGUST 7 TO 14

For the last few years the Club has had access to the Rover Chalet for a week's cross-country skiing. Last year we had this equivalent August week instead of September as we had been having. This was very successful and I was able to negotiate with the Rovers for this to be a permanent arrangement

The Rover Chalet, situated about 12 kilometres from Falls Creek, is a comfortable lodge with well-equipped kitchen, showers, flush toilets and washroom, laundry and drying room. Sleeping is dormitory style with mattresses and pillows provided.

Food is provided by the Rovers on a set menu basis. Much of the food is put into the Chalet before winter and each group carries in fresh meat and veg for the week. Cooking and housekeeping are done on a volunteer roster basis; we have this down to a fine art to allow the maximum time for skiing. We try to go out for a full day's skiing, usually in a couple of groups with shorter and longer options.

I would like to get a reasonable number of members on this trip to make it worthwhile for the Rovers; we do have people from other clubs come in as guests with us. For a booking application form go to [www.bogongroverchalet.org.au](http://www.bogongroverchalet.org.au)

This site gives further information.

If you are interested give me a ring if you want further information, or if I am not around speak to Marilyn Whimpey . Would you please let me know if you apply direct so I can keep track of numbers?

Doug Pocock

An extract from  
the February 1949  
Bushies Newsletter for  
your enjoyment

— THE NEWS —

No. 7. Feb. 1949.

Issued monthly by the Melbourne Bush-  
walkers (for men and women walkers.)

Our motto is :-

"To bring together those who  
esteem Bushwalking and Mountain Climbing."

NEWS SUB-COMMITTEE

Frank Pitt. XB 5736

Egon Donath. JA 4394 or FO404 (Business)

CLUBROOM

Open every Friday  
7.30 p.m. to 11 p.m.  
Room 110 (Right next  
to Dance Hall), Third  
Floor, Victorian Rail-  
ways Institute, Flind-  
ers Street, Melbourne.

---

# Noticeboard

---

## TEN WINTER WALKING WARMERS

Colder weather will soon be upon us and hence what we need to consider when walking will change. Walking in winter is wonderful – the cool air is invigorating, there is minimal insect annoyance, and the soft sky light and cloud patterns are beautiful. However walking can become miserable if you don't prepare yourself.

1. Check the weather forecast for the day or weekend in the area you will be walking. Melbourne can be cold but sunny, but your walk may be misty, wet or windy. You can then prepare appropriately for the walk.
2. Thick, heavy clothing is not ideal when walking. Think in layers when dressing. Walking warms you and getting hot leads to perspiration and wet clothing, so when you stop you can feel the cold very quickly. By putting on layers, you can discard winter warmers as you walk (that is, into your pack!!) and they can be put on again as soon as you stop for a break.
3. Remember your extremities in winter; cold head, hands and feet can make you feel cold all over very quickly, so always include a hat (the head and neck have a high heat loss potential) and gloves/mittens even if walking at low levels. A thick pair of socks and a good pair of hiking shoes can keep you warm as well as help you walk the distance. Include a scarf.
4. A whistling wind can cool you down fast, so remember that your rainwear (rain jacket and over-pants) can be very effective at cutting out the wind chill factor.
5. When you stop, although you may feel quite warm initially, put on some additional clothing immediately rather than wait till you start to feel cold. It is much harder to warm up when sitting down during lunch or during a long break.
6. Keep your waterproofs near the top of your pack for quick and easy access. Getting wet on a cold day can make one feel very cold and miserable for the rest of the day and can lead to hypothermia.
7. You will be burning more calories during winter hikes, so take some nourishing snacks as well as lunch. A thermos of hot water (tea/coffee/hot chocolate) for the lunch break is a great warmer, as is soup.
8. Remember, that although it may be cold and even wet you still need to hydrate, so keep your water bottle handy and use it throughout the day.
9. Keep an eye on those around you in the walking group – people with early signs of hypothermia are often the last to say anything.
10. Enjoy the day. With appropriate, warm/rain proof clothing and a yummy supply of food walking in the bush on a winter's day can be an exhilarating event.

Reference: *Bushwalking and Ski Touring Leadership Manual*.

## SNOW WEEKEND MOUNT HOTHAM REMINDER

Friday 27 August to Sunday 29 August

I am organising a 3 day weekend at Mount Hotham for club members and families to stay at a cosy lodge (RCH lodge) on Mount Hotham. This is an opportunity to have a fun weekend in the snow where you can ski downhill or cross country, or just have a comfy weekend at the lodge. We plan to travel to Hotham on Friday and leave late Sunday afternoon. You need to pay in advance to secure the booking if you want to join in. Please get the payment for the accomodation to me asap. The cost is \$140 for the Friday and Saturday nights. You can view the lodge on-line on [http://www.rchskiclub.org.au/mthotham\\_a-look-at-lodge.htm](http://www.rchskiclub.org.au/mthotham_a-look-at-lodge.htm)

Please contact Di McKinley on 9389 9325 (H) or 9429 3018 (W) [dmckinleyd@primusonline.com.au](mailto:dmckinleyd@primusonline.com.au)

## EXPRESSIONS OF INTEREST

Expressions of interest are invited for a Pack Carry Cup weekend 30 Oct-2 Nov 2010.

Looking for something different with a minor kilometre challenge but on a good track?

Graded Medium.

This walk from Bairnsdale to Lakes Entrance via a Rail Trail and Mississippi Creek Trail passes through very pretty undulating country which is not seen from the highways. Saturday morning. Train to Bairnsdale then a 15km walk to a

bush camp along the trail.

Sunday. 26.5km. Lunch at Bruthen and collect water, then a steady 100m climb to a secluded bush camp.

Monday. 24.5km. to Lakes Entrance for dinner and camp.

Tuesday. Morning to explore The Entrance and historical area and look around town. Bus departs lunchtime for Bairnsdale and train arrives Southern Cross 4.26pm.

Maximum travel cost \$58 and maybe less for group discount or concessions. If applicable, one Seniors V/Line pass is satisfactory for all travel.

If interested please contact me ASAP, preferably by 22 July 2010 as early booking may be required.

Bob Oxlade. 98878701.

## Noticeboard

### FEDERATION WEEKEND (ANGLESEA) - 8 – 10 OCTOBER 2010

Federation Weekend is a bushwalking activity to which members from clubs affiliated with Bushwalking Victoria are invited to participate. This year the event is being hosted by Waverley Bushwalking Club and will be held on the Surf Coast with headquarters being located at the YMCA Anglesea Recreation Camp.

A wide variety of walks are planned, encompassing coastal heathlands, bush and forests with many walks including both cliff top and beach sections. In addition to great walks and great company, all registrants will receive a Walks Booklet in colour plus afternoon teas on both the Saturday and Sunday.

Fully catered, budget accommodation for approximately 100 people is available at the camp and for those not staying on site, a wide variety of alternative accommodation is available in the area.

Registration Fee: \$25  
Event Dinner (2 courses): \$14 (cost included if staying on-site)  
Accommodation: Various (see below)  
Transport: Car pooling will be used to and from the start/finish of walks so you will also need to bring a supply of small change with you.

Registration monies together with accommodation and dinner costs are payable to Michael Murray (General Walks Secretary) who will be co-ordinating the activity on behalf of our members. Registrations commence with Waverley Bushwalking Club on 23rd July so members are asked to be prompt with their registrations before that date.

As part of the registration process members will need to advise what walks they would like to do and also their preferred accommodation. They will also need to nominate their first, second, third and fourth preferences for walks on each day. The Federation 2010 Walks Program, Accommodation options and other detailed information are available from the following two websites. Michael can also be contacted in regard to the various options.

<http://home.vicnet.net.au/~wavebush> or <http://www.bushwalkingvictoria.org.au> (What's New menu)

### WILLIS'S WALKABOUTS

## Bushwalking Holiday

Picture yourself here...



# Sale!

**2010 is special.** Unusually late rain in May means later trips will have more water than normal – a big plus for those who enjoy tropical swims.

**Every single trip in my program is one I enjoy doing myself.** We need only a few more bookings to run some great trips that will be even better this season! Get in now and you win.

Book and pay for any Australian trip which already has bookings before your next newsletter comes out and I'll give you 20% off. Check the availability page on our website.

**Something really special.** One of those trips goes into the most restricted area in Kakadu. It's the place where I had the single **most magical moment** of my bushwalking life. No photo can do it justice so there is none on the website. If you want to find out more, you'll have to come and see for yourself.

[bushwalkingholidays.com.au](http://bushwalkingholidays.com.au)

12 Carrington St Millner NT 0810

[rrwillis@internode.on.net](mailto:rrwillis@internode.on.net)

Phone 08 8985 2134

Fax 08 8985 2355



# Noticeboard

## EXPRESSIONS OF INTEREST - THE SIX FOOT TRACK

### A TRIP TO BLUE MOUNTAIN NSW, MELBOURNE CUP EXTENDED WEEKEND (29 OCT TO 2 NOV).

Winding through State forests and national parks, the track follows the 45 kilometre route from Katoomba to Jenolan. Crossing mountain ranges and falling into deep valleys with great views. The track features sheer sandstone cliffs, waterfalls and panoramas of richly-forested valleys.

Steeped in history, the track begins at the Explorers' Tree on the great Western Highway between Katoomba and Medlow Bath and heads down through Nellie's Glen, past Bonnie Doon Falls and into the Megalong Valley to the historic Megalong Village

It usually takes two and half a days to walk the whole track. Walk graded as Medium. At the end of the walk we have time to explore the magnificent Jenolan Caves.

The current plans for the trip are as follows:  
Fly to Sydney either morning or afternoon on 29 October 2010 catch the train from air port to Katoomba. Stay Friday night (20-10-2010) in Katoomba YHA (optional). Start walking from Katoomba on Saturday 30<sup>th</sup> of October 2010. We camp Saturday and Sunday nights in the bush. Walk will be completed around noon on Monday 1 Oct. 2010 at Jenolan. Monday mid afternoon catch bus from Jenolan to Katoomba arrive Katoomba 5pm. Monday night stay in Katoomba YHA (optional). Tuesday (2-11-10) morning we may explore Katoomba do a small 3 sister's walk etc. Tuesday around noon catch the train to airport for late afternoon fly to Melbourne.

Trip cost estimated \$300 to \$350.00 and mainly depending on which air line you fly with and when tickets are purchased. This walk is one of the great walks in NSW with 200 years history attached to it and therefore it should not be missed. If interested or need more information contact Agajan on 9480 4694.

**macpac**  
**MACPAC WINTER SALE** | UP TO **50% OFF**  
RECEIVE A \$20 GIFT CARD WITH ANY PURCHASE OVER \$100\*

Item	Original Price (R.P.)	Discount	Current Price (NOW)
SABRE HOODY	\$299.00	40% OFF	\$179.36
BUNDOWNER VEST	\$249.00	50% OFF	\$124.50
CASCADE 75FL	\$299.00	30% OFF	\$209.36
MCROLIGHT TENT	\$499.00	30% OFF	\$349.36
GLISSADE 70	\$499.00	30% OFF	\$349.36
MERINO 280 LB CREW	\$149.00	50% OFF	\$74.50

**SALE NOW ON**

MACPAC MELBOURNE - 215 Elizabeth - Ph (03) 9670 4183  
MACPAC COLLINGWOOD - 417 Smith St - Ph (03) 9417 7644  
MACPAC HAMPTON EAST - 684 Nepean Highway - Ph (03) 0558 8820  
SHOP ONLINE AT [WWW.MACPAC.COM.AU](http://WWW.MACPAC.COM.AU) OR PHONE MAIL ORDER ON 1800 128 804

Excludes all RRP. For a full list of items see the website. Some items may not be available in all stores. Conditions apply. See banner or call for details.

---

# Review

---

## WHISKY TRACK - LERDERBERG GORGE - BLACKWOOD

On quite a chilly but sunny Saturday morning, 18 of us made our way past lovely, green and frosted rolling hills into the tiny town of Blackwood. There we sorted out our requisite coffees and many layers of clothes so that Agajan could skilfully sort our car shuffle and various logistics.

We travelled along a picturesque 12 Kilometre walk where there were a number of hills, a few large downed trees, alternating between easy roads to more narrow tracks with a few challenges for our footing.

At 4pm, when I thought it would be very nice to stop soon, we came to our Lerderberg Gorge campsite. Here everyone appeared to quite industriously set up camp, except Ralph. Ralph was having a lovely sit in the evening sun looking most wondrously relaxed.

Once camp was set up, there were lengthy gear comparisons followed by copious amounts of wood gathering. The end result was a much appreciated fire because the evening chill had set in. The chill did not concern us much as the fire was more than ample and plenty of food followed by many yummy treats.

The next day, while shaking off the frost from our tent fly into two tiny piles, we packed up for our 15 Kilometre walk out. This included lush walks along the gorge waterways, much rock hopping along some slippery but slightly dryer waterways, and a visit to 'The Tunnel'.

Towards the end of the walk there were two tunnels left over from an earlier mining era that were quite extensive in length. Always game for a tunnel, I came out to find that I'd been democratically elected to write the trip report.

From there, we then followed Agajan off-track down a surprisingly easy-to-navigate spur. Shortly thereafter we finished our happy, chilly May day walk by a visit to the Blackwood cafe.

**Diane Woodcroft**

Row 1: Margaret, Jenny, Ray,  
John, Deb, Fang Row 2:  
Jopie, Phil, Carol, Bob, Alex,  
Debra, Max Row 3: Ching,  
Ralph, James, Diane



### OTWAYS PHOTOGRAPHIC COMPETITION

Otways Tourism is holding a photographic competition and is encouraging all bushwalkers to enter the competition and share their photographic experiences. In return there are fabulous prizes to be won.

Visit the competition website [www.otwaysinfocus.com](http://www.otwaysinfocus.com) to check on all required details and download an entry form. The website contains competition information as well as accommodation, prize and sponsor details. Minimal entry fee for each category entered.

# Previews of weekend walks / activities

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.melbournebushwalkers.org.au/activities/Walks/MBW\\_walks\\_program.htm](http://www.melbournebushwalkers.org.au/activities/Walks/MBW_walks_program.htm)



## CYCLING

### WOODEND

**DATE** Saturday 17 July  
**STANDARD** Medium  
**DISTANCE** 65 km  
**LEADER** Howard Friend  
**TRANSPORT** Private  
**AREA** Woodend, Carlsruhe, Kyneton

This is an excellent road cycle ride within close proximity to Melbourne. It forms the first half of the new route for the annual 110 km MAD ride run by the Melbourne Bicycle Touring Club. The roads are sealed and there is little traffic.

There are fewer hills than on the ride I led on the same weekend last year (Lancefield – Pyalong loop) but the distance is longer. The ride is rated Medium – for fit cyclists. We will start at Woodend & pass through Carlsruhe, Kyneton & Lauriston before heading back to Woodend via the Upper Coliban Reservoir & Kyneton South. We will stop in Kyneton for morning coffee & for those who wish to purchase lunch. We will meet at the car park adjacent to the Woodend Information Centre at 9.30 am. I cannot make it into the clubrooms on Wednesday evenings so if you require more information or wish to book, please phone me – Ph. 9531 1461.



## SUNDAY BUS

### YARRA VALLEY / WARBURTON

**DATE** Sunday 1 August  
**STANDARD** E & E/M  
**DISTANCE** 8 km & 12 km  
**TRANSPORT** Bus from Southbank Blvd at 8.45 am  
**AREA** YARRA VALLEY --- WARBURTON

This walk was originally set for the end of January, but had to be re-scheduled because of high fire danger predictions on that day. The walk follows the old railway line along the most beautiful end of the Warburton Trail. From Launching Place, or Yarra Junction, the track is mainly flat, with one gentle upwards slope.

After the walk we plan to visit a winery, during which time, walkers will be able to enjoy a wine sample, purchase if interested, or simply relax with a coffee, and admire the beautiful views over the grapevines to the mountains in the distance.



## TOFS

### ST HELENA / ELTHAM NORTH

**DATE** Thursday 5 August  
**STANDARD** Easy  
**DISTANCE** 10 km  
**LEADER** Alister Rowe  
**TRANSPORT** Private  
**AREA** St Helena / Eltham North

Meet at 10.30 am in the car park at Anthony Beale Reserve (Melway 11 D11). The entrance is off St Helena Road. This very scenic walk will be a new experience for most. Some moderate hills. Afternoon tea in Eltham. Book on 9435 5958 or ring me on 0419874182 on the day.

## SKIING



### BOGONG HIGH PLAINS

**DATE** 7 – 14 August  
**STANDARD** Easy/Medium  
**LEADER** Doug Pocock  
**TRANSPORT** Private  
**AREA** Bogong High plains

Please refer to preview in this newsletter.

## SUNDAY CAR POOL



### DANDENONG RANGES – GRANTS PICNIC AREA & RETURN

**DATE** Sunday 8 August  
**STANDARD** Easy/Medium  
**DISTANCE** 12 km  
**LEADER** Roger Wyatt  
**TRANSPORT** Car Pool from South Bank approx \$10 fuel costs  
**AREA** Dandenong Ranges – Kallista & Sherbrooke area  
**MAP REF** Melways Map 322

This is a short walk for the shorter winter days, that will involve a few hills, but all on foot and 4WD tracks in the Kallista & Sherbrooke area starting from the Grants Picnic Area. Thus we can finish the walk with a nice coffee in the Kiosk, which depending on weather could be very welcome. While the tracks are well utilised, lyre birds and other native birds are abundant in the area.

---

# Previews of weekend walks / activities

---



## WEDNESDAY WALK

### ANTIMONY MINE - PYRITES CREEK - SUGARLOAF

DATE	Wednesday 11 August
STANDARD	Easy/Medium
DISTANCE	14 km
LEADER	Jopie Bodegraven
TRANSPORT	Private
AREA	West of Melbourne
MAP REF	Toolern Vale & Bullengarook 1:25,000

This will be a pleasant walk almost all on tracks through dry forest, along a lovely (probably dry) creek and to a lookout atop the Sugarloaf. There will be a bit of mining history as well. There are some ups but mostly gentle with total ups of only about 260m. It is relatively close to Melbourne, but surprisingly little used for such a pleasant area.

We will meet at 10.00am in the carpark at the end of Antimony Mine Road, 3.6km north of the Diggers Rest - Coimadai Rd. The start of Antimony Mine Road is at Melway 329F1. To get there, travel approx 7km west of Toolern Vale along the Diggers Rest - Coimadai Rd or alternatively take the Long Forest Road north from the Western Hwy at the top of Anthony's Cutting (Melway 335D8, go 6km, turn right into Diggers Rest - Coimadai Rd and go 2 ½ km.

Ring me on 94824691 to book. Please note that I am interstate till 26 July



## SUNDAY BUS

### WOMBAT STATE FOREST – JIM CROW RANGE

DATE	Sunday 15 August
STANDARD	E/M and M
DISTANCE	14 & 18Km
LEADERS	Mick Noonan & Ian Mair
TRANSPORT	Bus
AREA	Wombat State Forest & Jim Crow Range
MAP REF	Eganstown & Dalesford 1:25Ks

This walk is close Daylesford and takes in the Jim Crow Range, Tipperary Springs, parts of the Dry Diggings Track, and Lake Daylesford. It was last walked in 1999 so this is an opportunity to do a new walk for most of you!

Wombat State Forest has over 40 rare or threatened animal and plant species. There is a move to have it declared a State Park. At this time of year it is at its best, freshened up with autumn and winter rains, new growth, flowing streams, wallabies and kangaroos.

What makes this walk different is the extensive off track sections on both walks through lovely open forests, fascinating creek beds and gullies, with just a few challenging parts on the Medium walk. While there is a reasonable amount of hills there are no extensive climbs.

Both walks start at Shepherds Flat north of Hepburn Springs, take in parts of the Tipperary Walking Track, old mining sites, abandoned dwellings, natural springs, and end at the Boathouse Café on Lake Daylesford for a social chat after what should be a great day of bushwalking!



## PACK CARRY

### MOUNT SAMARIA SP.

DATE	13-15 August
STANDARD	Easy
DISTANCE	31km. Includes 9km with Day Packs
LEADER	Bob Oxlade
TRANSPORT	Private
AREA	North of Mansfield
MAP REF	Vicmap Whitfield 8124-S 1:50,000

Mount Samaria SP is a steep sided undulating plateau with a variety of scenery, very pretty, and in a surprisingly remote area approx 200km from Melbourne.

Friday night camp will probably be at the Eastern entrance to the Park at Blue Range Creek Camp area.

On Saturday morning we have a 15km drive to leave the cars and begin our walk to an old saw mill site, then 150m climb over Mount Samaria at 953 metres and descend to the nice spacious Wild Dog Creek Falls camp site with a good fire place. We will do a side trip to the Falls today or in the morning.

On Sunday we will walk the Wileman Track to Back Creek Falls and Rocky Point Lookout before returning to the cars about 3pm and be home at a reasonable time.

Come along and visit this interesting Park. If interested see me in the club rooms or ring for further details.

Bob Oxlade. 98878701.



## MOFS

### KURTH KILN, BUNYIP STATE FOREST

DATE	Monday 16 August
STANDARD	Easy
DISTANCE	11 km
LEADER	Graham Hodgson
TRANSPORT	Private
AREA	Gembrook
MAP	Gembrook South 1:2500

This walk includes historical interest and natural beauty. The walk will commence at Kurth Kiln a facility set up during the 1940s to produce gas from charcoal, a few buildings still exist and we will have time to explore them.

The walk will be entirely on tracks and will include fern gullies, towering eucalypt forest and a dense copse of Hazel Pomaderris in the darker fern section of Tomahawk Creek. Banksias are in abundance and hopefully we should hear some lyrebirds.

We will meet at 10.30am at the Kurth Kiln picnic ground which is located approximately 4.7kms north along Beenak Rd from its intersection with Gembrook-Launching Place Rd Melway 299 B5

---

# Previews

---



## CYCLING

### BLACKBURN LAKE & KOONUNG TRAIL

DATE	Saturday 21 August
STANDARD	Easy/Medium
DISTANCE	50km
LEADER	Ed Neff
TRANSPORT	Private
AREA	E Suburbs
MAP REF	Melway Maps 59, 60, 61, 47, 48, 46, 32,31, 45,

We will meet at Caulfield station Northern entrance at 10.00 am. The ride will take us first on Gardiners Creek Trail to Blackburn Lake. We then take some back streets to connect with the Koonung Creek Trail at Blackburn North, following this to Kew, where we pick up the Anniversary Trail back to our start. The ride is mostly on bike trails with only short sections on minor roads and only a few hills.

Ring me on 9572 2382 to book or if you have any questions. I will not be in the clubrooms beforehand.



## SUNDAY CARPOOL

### SUTHERLANDS CREEK (BRISBANE RANGES)

DATE	Sunday 22 August
STANDARD	Easy
DISTANCE	
LEADER	Del Franks
TRANSPORT	Private
AREA	Brisbane Ranges

No preview available at time of printing – please contact leader in club rooms.



## THURSDAY SOCIAL WALK

### KOONUNG CREEK RESERVE AND LUNCH

DATE	Thursday 26 August
STANDARD	Easy
DISTANCE	5km
LEADER	jean Giese
TRANSPORT	Private
AREA	Greythorn
MAP REF	Melway 32:H12

This is the Inaugural Social Walk to be held at Koonung Creek Reserve and will be an easy distance of only 5km followed by lunch at Moka Pot Café, Greythorn. Meet at 10.30am in Greythorn, where Wandeen Street meets the Reserve (Melways 32:H12). Book with Jean Giese on 9890 2189. (Note: This is a non qualifying walk for membership).



## BASE CAMP

### KOOYOORA STATE PARK (MELVILLE CAVES)

DATE	27- 29 August
STANDARD	Easy
DISTANCE	13 km approx. each day
LEADER	Max Casley
TRANSPORT	Private (car)
AREA	North-west Victoria
MAP REF	Rheola 1:25,000; Kooyoora SP guide from internet
TRANSPORT COSTS (per person)	\$45

Kooyoora State Park has giant rocky outcrops from which there are magnificent views of the surrounding country. It is about 220 km north-west of Melbourne between Inglewood and Wedderburn, just west of the Calder Highway. Melville Caves Lookout, which is a group of large boulders, is named after the robber “Captain Melville” from which he presumably had fine views of the surroundings. The camping area is large and grassy with excellent toilets. Be prepared for cold nights but we will have camp fire to keep us warm in the evening. On Saturday the plan is to walk to Mt Kooyoora and then on to the White Swan mine. For Sunday we could go to Southern Lookout, Long Rock and look for the gamma holes (native wells) that Ken found last time and maybe get a close up look at a powerful owl similar to what Doug found another time.

We will be camped close to our cars so you can bring some home comforts.



## SUNDAY BUS

### TARADALE – FRYERSTOWN

DATE	Sunday 29 August
STANDARD	EM/E
DISTANCE	15/10
LEADERS	Peter Leech (0425634454) & Michael Murray
TRANSPORT	Bus from Southbank Blvd
AREA	Malmsbury/Castlemaine
MAP REF	Vicmap Malmsbury 7723-N 1:50 000

This is a surprising part of the South Castlemaine region. The sleepy town of Fryerstown has the only notoriety of an annual antique festival and the odd Rogaine or Orienteering events. As there is very little at Fryerstown Mike and I decide to do the journey from Fryerstown for the EASY/MEDIUM walk and from Railway Dam for the EASY walk. We intend on dropping off the E/M walkers first at Fryers town. On the way to Fryerstown a brief stop will be at the site of one of the largest water wheels constructed (in the world). This is the Garfield Wheel constructed in 1887 at the height of the gold rush. Both walks are over undulating terrain with a pleasant canopy. We plan to visit the 20 meter via duct to the east constructed in the 1800's. There are a couple of places to obtain refreshments at Taradale and the less adventurous can wait under the shade at the small café next to the service station.

