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# THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

July 2012

## CORRECTIONS TO WINTER PROGRAM

Month	Date	Location	Transport	Standard	Leader
Jul	Sat 14	Werribee South Circuit	Train / Car	E/M	Del Franks
Aug	Sat 18	Caulfield to Blackburn Lake Loop	Train / Car	E/M	Ed Neff

## PRESIDENT'S CORNER

Alan Case, Ian Mair and I attended the **Bushwalking Victoria (BWV) 'Leadership Day'** along with 63 others from 29 Clubs from across Victoria. Items of interest included progress on the new Strategic Plan, what the future role of BWV should be, how to attract more bushwalkers to support BWV and the Clubs, and the new improved BWV Website. Expect to see a survey request from BWV so you can directly contribute.

At the **June Committee Meeting** we met with Rod Novak our Environment Coordinator to discuss the Club's environment-related activities and we looked at options to encourage more members to become involved in conservation and track maintenance. We also discussed following up members who had not renewed, and distributing the BWV Membership Cards that provide discounts, etc. We also decided to change the current policy on cancelling the bus if numbers get below 25 and converting to a car pool. In future we will run the bus and if necessary book a 24 seat bus if numbers get too low – a policy change enabled by the continuing good performance of all our Sunday Walks which to the end of May had a \$4000 surplus.

This News has another advertisement for our **First Aid Training** for leaders and other members. It is on Saturday 4th August and will allow you to gain a First Aid Certificate or CPR accreditation, both at greatly reduced costs.

Winter is with us and while some walkers prefer to ease back others will find our **Winter Program** has many things to attract them – 2 new Sunday Walks, cross country skiing, tree planting, a snow shoe day walk, a snow pack carry, as well as the normal range of pack carries, base camps, and a great range of Day Walks. You can walk on a Saturday, Sunday, Monday, Wednesday, or Thursday!

If that does not entice you out then maybe something on our **July Social Program** will. There's a photo night on July 11th featuring Patagonia and Antarctica with a short presentation by Maroondah Bushwalking Club who are organising this year's Federation Day at Marysville (October 14th). On July 25th you can have wine and cheese while listening to our knowledgeable Equipment Officer, John Fritze discussing 'All that Gear'.

Next time you are in the Clubrooms you will see that, after a few years' absence, we have re-introduced a **large map of Victoria** to show where the upcoming walks and activities are.

And yes ... that **Conservation and Track Maintenance Coordinator** role is still vacant! – feel free to give me a ring! So also are the BWV Conservation Projects Coordinator and the Tracks Maintenance Coordinator roles with Steve Robertson moving on after many years of dedicated service.

*Mick Noonan*

**Due date for contributions to August News:**

**WEDNESDAY 18 JULY**

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria  
362 William Street  
(Cnr William and A'Beckett Streets)  
Melbourne  
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc



PO Box 1751  
MELBOURNE VIC 3001  
[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for *The News* is the 2nd last Wednesday of the month. So for July News, the closing date is 18 July.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au).

Please note:  
Next committee meeting will take place on  
**MONDAY 6 August 2012**

## FIRST AID COURSE/ CPR UPDATE

Saturday 4th August 2012, 9:00 am to 5:00 pm  
(CPR update only approx 9:00 to 11:00 am)

At: First Aid Management Training Centre  
Suite 6, 476 Canterbury Rd  
Forest Hills

(near Brentford Square Shopping Centre)

Cost to club members after subsidies from BWV and MBW is \$20 each (\$10 for CPR update only)

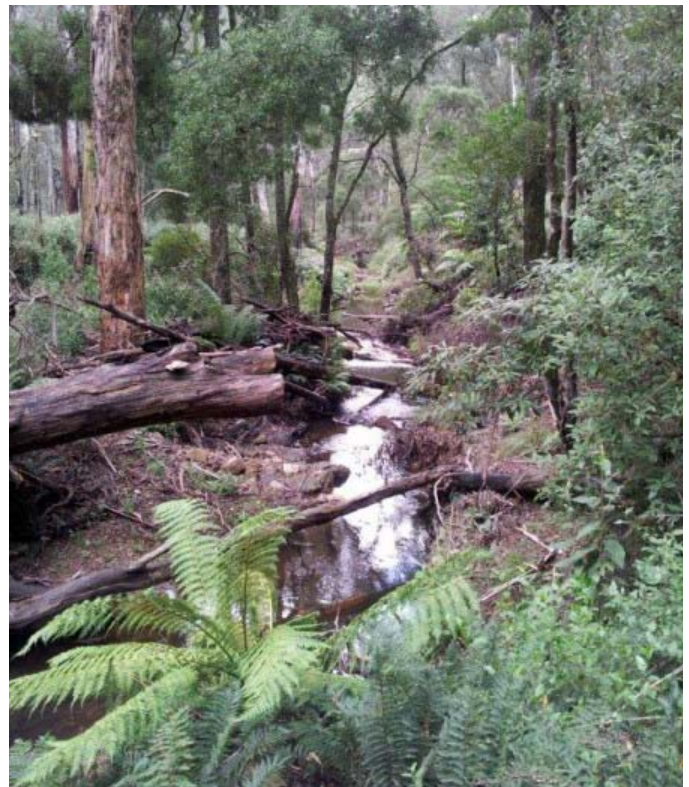
Bookings are essential and payment may be made either via EFT to the club's bank account or by cash in the clubrooms to the person doing the Sunday bookings.

An email also to [gwainwright@bigpond.com](mailto:gwainwright@bigpond.com) or a call to me Gill Wainwright would be appreciated as we need to provide to the training centre the list of names beforehand for your certificates.

This is a great opportunity to gain a First Aid Certificate at little cost and MBW encourages members and particularly leaders to participate. Course includes CPR, asthma, bleeding shock, bites and stings (including this year, use of snake bandages) etc.

To remain current, first aid course needs updating every 3 years and CPR yearly.

Numbers are limited so book early!



A gorgeous waterway near the end of the walk  
27 May 2012: Garden of St Erth – Simmons Reef  
Photo by Diane Woodcroft

# SOCIAL CALENDAR

## Slide nights and presentations

**July 11**

### **PRESENTATION – PATAGONIA AND ANTARCTICA**

In early 2012 Gina Hopkins and Derrick Brown spent three weeks in Patagonia then eighteen days cruising the Antarctic. They will be talking about these trips and showing slides of glaciers, icebergs, the geography and wildlife of these areas. The talk will commence at 8.00 pm.



**July 25**

### **WINE AND CHEESE AND ‘ALL THAT GEAR’**

Gear up for walking in the second half of 2012. On 25 July, John will share his extensive knowledge on bushwalking equipment, demonstrating what is available to make your bushwalking more comfortable and enjoyable. This is an opportunity for you to ask John questions that you have concerning equipment. This coincides with the wine and cheese evening and the presentation will begin at 8:00 pm.

**August 8**

### **PRESENTATION – COAST TO COAST – THE WAINWRIGHT WALK**

The Coast-to-Coast walk across the top of Northern England, from the Irish Sea to the North Sea, is perhaps the best known of 214 walks chronicled by Alfred Wainwright. Covering around 300km, it passes through a diversity of beautiful countryside as it winds its way from local village to local village. Always popular with club members a number have completed the walk in recent years. The presentation from Ian and Halina will describe their trip completed in May this year and will start at 8.00pm.



**August 22**

### **WINE AND CHEESE AND THE BUSHIES’ AUCTION**

The auction will commence at 8.00pm. This is your chance to make a few bob from surplus gear and contribute to the recycling revolution. So don't send your used bushwalking treasures to Sotheby's, bring them along on 22 August and the Bushies' auctioneers; Graham and his assistant, will put your goods under the hammer. Further details concerning requirements relating to the auction and equipment will be published in future editions of the MBW Newsletter.

**September 26: Wine and Cheese and Spring In Your Step Fashion Show**

**October 2: Wine and Cheese and (Presentation to be Confirmed)**

**November 14: Presentation Himalayan Overview**

**November 28: Wine and Cheese and (Presentation to be Confirmed)**

## Other events

**LUNCHES:** Susan will continue to play social host for lunches. Throughout the year keep an eye on the MBW Newsletter and the website for details of upcoming events.

**RESTAURANTS:** The club will be organising some outings to restaurants, so keep an eye on this space for advertisements on venues and dates.

**NEW YEAR'S DAY BBQ:** Susan will continue her tradition of hosting a New Year's Day BBQ.

## Noticeboard

### BUSHIES AUCTION WEDNESDAY AUGUST 22, 8:00 PM

Please be advised that although it may be disappointing to some, there will be no actual bushwalkers or body parts auctioned off, however there will certainly be lots of quality pre-loved bushwalking gear if the previous auction is any guide.

Anyone submitting gear would make the auction much smoother if they do the following.

- a) Attach a card to the item giving your name and a brief history of the gear i.e. how long you have had it, how much it has been used and anything else you consider relevant.
- b) If you want the gear to be sold regardless of price just put 'no reserve' on the card. If you want a minimum price put 'reserve' on the card.

Please have all the gear to be auctioned available by 7:45 pm on the night.

Come along and join in the fun.

Graham Hodgson  
(Auctioneer)

### NEW MEMBERS

We welcome the following new members to the Club:  
Pauline Dinatale, David MacLeod, Stephen Murphy, Mark Simpson, Jacqueline Taylor

## Willis's Walkabouts

### Mitchell Plateau

**Mitchell Falls** -- a tourist icon and the **only** major site that most visitors see. We can show you more, **much more**.

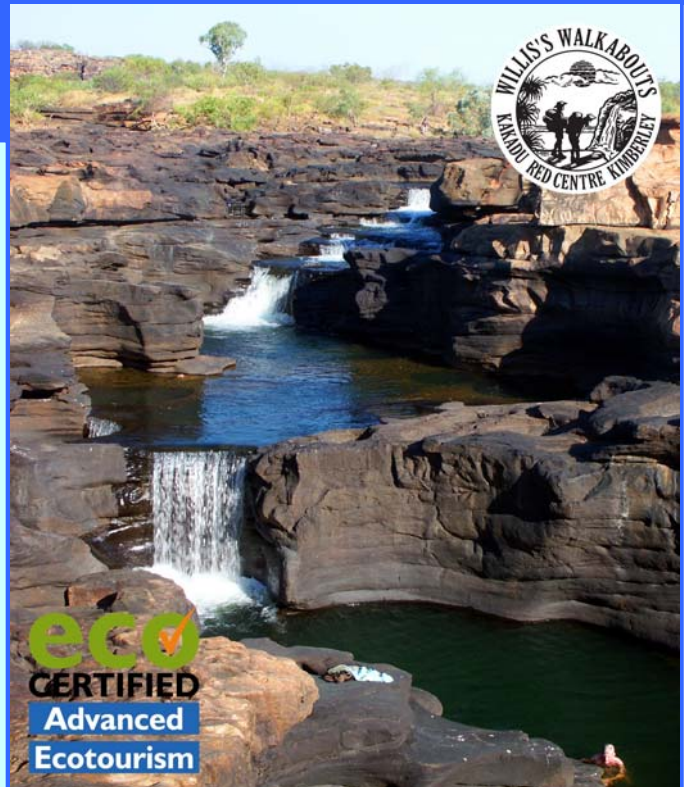
**Lower Mitchell Falls** - photo at right Camp here, pick your pool and have a swim.

**Tidal Rapids** - a waterfall that changes direction with the tide.

**Western Gorge** - 5 km of narrow gorge headed by a 70m waterfall with four drops.

Join us on either our August Mitchell Plateau trip or the Kimberley Highlights which follows and we'll give you a special club discount. Ask for details.

*Russell Willis*



[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au) [rwillis@internode.on.net](mailto:rwillis@internode.on.net) Ph: 08 8985 2134

## REGENT HONEYEATER PROJECT THREATENED SPECIES PLANTING 2012

August 11–12, August 25–26, September 8–9, September 22–23



*Planting volunteers creating a strategic bio-link at Lurg, near Benalla.*

Greetings from the Regent Honeyeater team.

Our **2012 planting season** at Lurg is already in the planning stages, with several really significant habitat sites already decided and many more in the pipeline. Remember that there is only a narrow window of opportunity from early winter when the ground gets wet, until October when the weather starts to warm up.

So start planning to get your friends enthused for the action. I think you'll enjoy the experience as you join other enthusiastic people, working to secure a future for threatened species such as the Regent Honeyeater, Grey-crowned Babbler, Squirrel Glider and Brush-tailed Phascogale. I am available to give pictorial presentations to groups to show the ecological issues we are tackling, and the amazing results had over the past 17 years!!

- **Free:** accommodation, community dinner, BBQ, bush dance.
- **Contact us:** by phone, email, or our website [www.regenthoneyeater.org.au](http://www.regenthoneyeater.org.au)
- **Booking in:** Please let us know you are coming so we can care for our guests!  
Looking forward to hearing from you.

*Ray Thomas*  
Regent Honeyeater Project Co-ordinator  
email [ray@regenthoneyeater.org.au](mailto:ray@regenthoneyeater.org.au)  
phone (03) 57 611 515

## BRINGING PREVIEWS TO LIFE WITH A PHOTO OR TWO!

As an activity leader, have you ever wished you could add an image or two to your online preview to let others see just how fantastic your next trip is going to be? Now you can by following exactly the same procedures as are used to upload photographs to the web site after a trip is completed. The only difference is that if they are uploaded prior to the scheduled trip date they are treated as part of the preview. For complete details of how to proceed check out the guidelines at: [http://mbw.org.au/MBW\\_photogallery\\_submission.php](http://mbw.org.au/MBW_photogallery_submission.php)

**MOBILE PHONES FOR COMMUNICATIONS IN THE BUSH**

Geoff Mattingley has correctly identified that being lost is not necessarily a reason to call '000', but I want to qualify this to avoid the possibility that someone may wait too long to call for help. A member of the Police Rescue Squad commented that early is better than late notification of a problem. So if you are in a position of not seeing a way out of your situation without external help do not wait until the situation is life threatening. Some of the things to consider in making that decision are impending weather, light, food, water, medical, equipment and importantly the time before help may arrive.

It may be useful to know the typical process followed for a search. When the police Search and Rescue are notified of a problem they first gather and assess the situation, usually conducting initial searches via vehicle tracks. If a bush search is required they will then consider calling out the volunteer Bush Search and Rescue members. This involves a message being sent out to all members, organisers being available, time for members to get ready and travel to the departure point, arrange transport, equipment, transport searchers to the search area, plan search patterns and search groups. A typical callout is sent in the evening for an early morning departure to arrive at the search location in the morning. If the evening callout is missed (due to late notification) members may not know about the callout till the morning necessitating a mid/late morning departure with arrival mid/late afternoon. Thus virtually a day lost.

A note on '000'. Previously the mobile emergency number in Australia was '112' which would work over any available network independent of the network your phone is registered to. '000' initially only worked on your registered network. This has now changed and '000' should work the same as '112'. But it is not absolutely guaranteed. I am advised that you should use '000' first but if no success try '112'.

*David Laing  
BSAR Delegate.*



# WINTER SALE

up to

# 50% OFF



**Sabre Jkt**  
RRP \$279.95  
NOW \$139.95  
**50% OFF**



**Cascade 75FL & 90FL**  
RRP FROM \$599.95  
NOW FROM \$359.95  
**40% OFF**



**Think Tank**  
RRP \$119.95  
NOW \$53.95  
**55% OFF**



**Rime Jkt**  
RRP \$399.95  
NOW \$219.95  
**\$180 OFF**



**Merino 280 LS Stripe or Crew**  
AFTER SALE \$159.95  
INTRO OFFER \$89.95  
**SAVE \$70**



**Kids Merino 320 Zip Top**  
RRP \$89.95  
NOW \$44.95  
**50% OFF**



**Geothermals**  
RRP FROM \$34.95  
NOW ANY  
**3 FOR \$50**



**Sundowner Vest**  
RRP \$249.95  
NOW \$124.95  
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## NAVIGATION TRAINING Saturday 1 September 2011

Need to refresh your knowledge? Too embarrassed to ask the question?

Does not matter, this day will be aimed at the novice who wants to:

- Understand the basics of reading a map
- Know how to set a map to ground and relating features to the map
- Use a compass
- Navigate on a bearing

A mixture of theory and practical activity near Werribee Gorge will be limited to ten participants, all of whom will receive a free copy of the Geoscience Australia Map Reading Guide and Mapping Template!

Contact Roger Wyett [rwyett1@gmail.com](mailto:rwyett1@gmail.com) to reserve your place.

This will be a car pool departing from the clubrooms at 8:30 am. All participants will need to bring a compass (borrow one from a fellow club member) and standard day activity equipment (day pack).

## CONSERVATION MATTERS

### The Grand Strzelecki Track

This new walking track was opened officially by the Deputy Premier Peter Ryan, preceded by speeches from the Mayors of Latrobe City and Wellington on the weekend of 5-6 May. This project was a combined effort from communities badly affected by 2009 bushfires. This opens up an area rarely visited by bushwalkers and it is recommended we include this on future Club Walks programs.

### Mt Wills (Australian Alps Walking Track)

Bushwalking Victoria conducted a track clearing here in January; and have since received a Certificate of Appreciation from Parks Victoria and a follow up message from the Ranger *'I'm looking out at Bogong from Mt Wills South, great job clearing the track and the blackberries! Bushwalking Victoria has been thanked by walkers in the log book so your effort is recognised.'*

### Otway Ranges

At the March meeting of the Colac Otway Shire the Council voted unanimously to adopt the Apollo Bay Trails Feasibility study. Bushwalking Victoria made a submission in support of this study.

## TRACK MAINTENANCE

### Bunyip State Park

Another great effort from bushwalkers from a number of clubs representing Bushwalking Victoria. There were 52 participants and most tracks in the park had maintenance done on them and a major job to create a new track from Bunyip State Park to Kurth Kiln was started, we will have to go back to finish this job.

### Mount Buffalo National Park

A lot of work has been carried out on the walking tracks with many being cleared of vegetation. South Buffalo has been improved; The Hump has been reinstated near the end, leading to a view.



## LAUNCH OF THE GOLDFIELDS TRACK WALKING GUIDE

On Friday 1st June, a 160 page book designed to complement the three Great Divide Trail Association maps for the Goldfields Track, written and produced by Gib Wettenhall. The *Walking Guide* contains 36 maps and detailed track notes with photographs complementing every map spread; plus essays on topics by local experts ranging from geology, plants and animals to the rich cultural heritage of the goldfields.

Rod Novak

## REDUCING PACK WEIGHT

After Bob's Great Ocean Walk in June we were having coffee and cake and some people expressed an interest in learning how to reduce pack weight. This is what was in the pack for the three day trip:

	\$AU	Grams	Website
Tent – Terra Nova Laserlite	N/A	1210	Terra-nova.co.uk
Pack – Terra Nova Ultra 20	\$186	140	Terra-nova.co.uk
Sleeping Bag – Rab Top Bag	N/A	480	Rab.uk.com
Sleeping Mat – Pacific Outdoor		480	
Insulating layer – Buffalo Mountain Shirt	\$146	670	Buffalosystems.co.uk
Insulating trousers – Buffalo Mountain Trousers	\$147	530	Buffalosystems.co.uk
Gloves – Buffalo	\$33	40	Buffalosystems.co.uk
Stove, pot, screen, pot lifters		425	
Cup		55	
Spoon		10	
Knife		10	
Toilet paper		15	

	Grams
First Aid Kit	90
Torch	30
Spare battery	5
Matches	25
Puritabs	5
Match safe	30
Compass	25
Toilet gear	50
Water bottles	120
Fuel bottle (meths)	60
Subtotal	4505
Fuel	500
Food	2400
<b>Total</b>	<b>7405</b>

For those who are interested in lightweight bushwalking, and it is not for everyone, there are one or two things to note. Firstly, everything has been weighed. The idea is to treat the list like an expenditure account. You wouldn't leave out items of expenditure just because they were small. Secondly, a lot of things have been left at home. Consider what is not on the list: spare groundsheet, spare clothes, sleeping bag liner, camp shoes, down jacket and camp chair. Thirdly, the weight of pack, sleeping bag, lilo and tent have been reduced to 2280 grams. Some packs alone weigh up to 2000 grams. This is the key: focus on those four items. The weights can be further reduced. Here's a list for two day off-road trail running events from Gear Zone:

	\$AU	Grams	Website
Tent – Terra Nova Laser Ultra 1	1008	560	Terra-nova.co.uk
Pack – Terra Nova Ultra 20	186	140	Terra-nova.co.uk
Sleeping Bag – Rab Neutrino	279	580	Rab.uk.com
Sleeping Mat – Thermarest Neo Air	140	260	Cascadedesigns.com
Insulating layer – Patagonia R1 Pullover	140	328	Patagonia.com
Waterproof trousers – Kamleika Race Pants	147	190	Theomm.com
Waterproof – Haglofs Pullover	294	175	Haglofs.com
Plastic spoon	0	6	
Cooking pan – Optimus Terra Solo	31	166	Optimusstoves.com
Stove – Optimus Cruk Lite	62	72	Optimusstoves.com
Gas bottle		100	
Water bottle – DMM Ultra Bottle 500 ml	16	75	Theomm.com
	<b>2303</b>	<b>2652</b>	

The items can be bought from dealers listed on the maker's website. The Terra Nova tent is just out and is a record weight for a double skin tent. The cost of this list is high, nearly a dollar a gram, but then quality equipment has never been cheap. And Terra Nova and Rab are the very finest quality available. Camped under Mt Fitzroy a storm came from the ice plateau. I walked round the base camp where about fifty tents were being tested to the limit. Some were being demolished. Only the legendary Terra Nova Quasar was motionless.

If people want to know more, then all you need to know can be found in the books of Ray Jardine, who began the lightweight movement with his publication of the Pacific Crest Trail Hiker's Handbook. Ray is an original thinker who has walked the Pacific Crest Trail three times and has fifty years of achievement in outdoor pursuits. He designed the original equipment for the Golite Company before it went heavyweight. His latest book is 'Trail Life: Ray Jardine's Lightweight Backpacking: 25,000 miles of trail tested know how', USD 21.95 at <http://www.rayjardine.com/ray-way/Trail-Life/index.htm>

Some Club members have been buying lightweight equipment, but their packs are still heavy. You notice this on hills. They slow right down. With a light pack, an unfit walker can climb away from a fit heavyweight walker. However going lightweight means a change in thinking. It is not enough to just buy equipment. You also have to leave things at home, including those things that you love having in camp.

*Ianlangford@fastmail.fm*



### THE SHIPWRECK COAST AND A VOLCANO TO CELEBRATE THE QUEEN'S BIRTHDAY

The Queen's Birthday long weekend (8-11 June) saw ten enthusiastic Melbourne Bushies, led by Halina, find their way to the coastal city of Warrnambool for a trip promising variety, relaxation and a chance of seeing whales. Located near the western end of the Shipwreck Coast extending around 180 km between Cape Otway and Port Fairy there is ample scope for coastal walking. Add to this the unique features of Tower Hill Reserve set inside the perimeter of an extinct volcano and you have a diversity of walking to match most other locations.

But Warrnambool has one more major draw card. Logans Beach, within easy reach by foot or car from the city centre, is well known as a nursery for the southern right whale. Between the peak months from mid June to early October southern right whales frequent the Logans Beach Whale Nursery and provide a wonderful spectacle for whale watchers. However, from late May onwards visitors can be seen high on the cliff tops waiting patiently to catch a sight of the arriving female whales.

Our base for the weekend was the Surfside Holiday Park located right next to the Warrnambool Surf Club where they make great coffee with a menu to match. Our cabins were basic but comfortable, whilst the communal facilities in the off-season more than met our needs. Cooking was not a high priority within our group and Warrnambool has plenty to offer for dinner to suit all tastes. On Saturday, though, Halina had catered for a 3-course spread with a selection of Indian flavours that left us all well fed and satisfied – and only \$10 per head plus wine!

The weather was kind and the few showers and light winds on Saturday and Sunday did nothing to curb our enthusiasm. Saturday morning saw us ready and eager for our first walk along the shore from Warrnambool to Levy Point to the west, returning a little further inland beside Kelly Swamp and its large water bird population. Needless to say, passing a coffee outlet by the breakwater after only 2 km was too much of a temptation and resulted in a short break in our schedule, whilst on the beach the sand was soft under foot which made the going relatively slow. Storm activity had eroded the coastal sand dunes leaving high banks along much of the exposed inland side. After 13.5 km we were back at the Warrnambool Surf Club and ready for a late afternoon coffee to recharge our energies in preparation for the next loop, this time in the opposite direction out towards Logans Beach, for our first 'official' whale spotting attempt. A shared walking/cycling path runs along the shoreline to Logans Beach with good views of the coast as you go and it didn't take long to cover the 4.8 km to the viewing platforms. Alas, no whales were to be seen. Undaunted, those with energy to spare set out on foot back to the cabins whilst some opted for a ride in comfort. The total distance of 23.3 km made for a good day's walking.

Sunday's walk was designed to be much shorter. A car shuffle left two cars at picturesque Port Fairy and we started walking nominally 11 km back towards Warrnambool. Again we were mainly on sand but much firmer and flatter leading to easy and relaxing walking. Port Fairy was reached in time for a late lunch and a brief look at some of its historic buildings before heading back to our base to prepare for a night on the town. After Saturday's 23.3 km and another 13.5 km on Sunday, a hearty pub meal was felt to be well earned.

Tower Hill Reserve does not have a long network of trails. However, weaving between the numerous lakes,



On the Shipwreck Coast near Port Fairy

doing a circuit around the rim of an extinct volcano and exploring some of the nature reserve areas, with sightings of emus, wallabies and koalas, soon clocked up over 6 km. Enough to wear off some of the excesses from the night before, build an appetite for lunch with time to fit in another visit to Logans Beach before the trip home.

Now, opinions vary as to whether we saw whales on this final attempt. Mystery flashes of white visible only through binoculars on the far horizon have been locked in to the memory of some as the capping stone of a great weekend, one well worth repeating perhaps a little later when the whales are more assured. Thanks go to Halina for all the organisation and to everyone else for making it a weekend to remember.

*Ian Mair*

### THE GREAT OCEAN WALK PACK CARRY FROM AIRE RIVER TO DEVILS KITCHEN

8–11 June 2012

Leader: Bob Oxlade

We arrived Friday night and stayed in a nice campground next to a river called Aire River West Camp Area. Saturday morning, after a short car shuffle, we started the walk along the coastal views trail, from the lookout at Johanna Beach. Walking in a reverse direction from the usual path enabled us to cross the river at low tide. On the way, we made a few attempts to explore Dinosaur Cove, but not much luck finding dinosaurs! So instead we enjoyed bush bashing and found some interesting kangaroo footprints and big cuttlefish backbones along the beach. We enjoyed magnificent scenery approaching our cars back at Castle Cove. After lunch we had another car shuffle to meet the drivers at the Gables Car Park. Along the hike we met some of the locals (e.g. cows, sheep and big adorable kangaroos) within this beautiful view of the green cleared farmland. We arrived back at Johanna Beach via Blue Johanna Road just 5 minutes before the drivers returned from a car shuffle. Bob's timing and planning are unbeatable!

From there we all walked a few kilometres to Johanna's Beach campground, enjoying the excellent view of the ocean. The campsite was very nice and clean with a beautiful, well-designed toilet but 'limited privacy.' As reported by some, birds were watching them while they were busy resting there!

On Sunday we headed to some inland hikes and then to the coast at Milanesia Beach. On the way we passed an interesting hobby farm which had the most magnificent views over the ocean. It was selling orange marmalade and had a handsome scarecrow guarding it. We continued hiking toward Milanesia Beach and were able to cross the creek with dry feet. Sunday's camp was at the Ryans Den Campsite. We arrived early so we had time to enjoy a long afternoon of activities. Some active members chose to explore the area and some decided to stay and 'smell the roses'. There was a nice lookout at the Ryans Den campsite. Nothing could beat having an afternoon hot drink on top of that lookout. Life is GOOD, trust me!



Monday was another mix of inland and coastal walking to our cars at The Gables Car Park. We enjoyed the sun and scenery at our morning tea stop near Point Reginald. We had enough time to explore the area before returning home. The highlight here was a nice lookout to the ocean, finding big mushrooms (bigger than the size of your hand) and crazy yellowish fungi, and passing some interesting rocks with phallic symbols! We had our lunch with our last look at the spectacular scenery at Gables Lookout. All in all a great weekend with excellent scenery of the Great Ocean Walk, in good company, and with our organised, wonderful leader Bob Oxlade.

*Leila K.*

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.mbw.org.au/mbw\\_activities/MBW\\_activities\\_program.php](http://www.mbw.org.au/mbw_activities/MBW_activities_program.php)

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS  
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



**WEDNESDAY WALK**

**LONG FOREST REVISITED**

<b>DATE</b>	<b>Wednesday 11 July 2012</b>
<b>STANDARD</b>	<b>Easy/Medium</b>
<b>DISTANCE</b>	<b>14 km</b>
<b>ELEVATION</b>	<b>450 m</b>
<b>LEADER</b>	<b>Ian Mair</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Between Melton and Bacchus Marsh</b>
<b>MAP REF</b>	<b>Long Forest Conservation Reserve: Parks Vic notes</b>

The Anakie section of the Brisbane Ranges National Park has been closed for maintenance works to the Stoney Creek Reservoir wall. The replacement walk in Long Forest Flora Reserve is based on the route followed by the Sunday walk last June.

The route through this diverse natural setting along the sides of the Comadai Creek below Lake Merrimu offers a mixture of off-track walking in the southern-most region of Bull Mallee, ridge top views down to the reed filled creek valley and pleasant walking along foot tracks by the water's edge. Most of the track is along gentle grades but a few sections of steep rise and fall will test the fitness as we switch from valley floor to ridge line tracks.

We will meet at the corner of Long Forest Road and Sundew Avenue (Melway 335 E3) at 10 am where we will need to arrange a short car shuffle to the start of the walk.

See me in the clubroom or telephone for more information.

Meet at 10:30 am in Legana Court near corner of Gladesville Boulevard (Melway ref 97 J4). Enter via Wells Road. We'll make our way through Patterson Lakes to the Kananook Walking Trail and return. This will be a shorter walk than previously but is still interesting.

Book with Alister.



**SUNDAY CAR POOL**

**BIRDSLAND RESERVE**

<b>DATE</b>	<b>Sunday 5 August 2012</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>13.5 km</b>
<b>ELEVATION(S)</b>	<b>420 m</b>
<b>LEADER(S)</b>	<b>Ian Mair</b>
<b>TRANSPORT</b>	<b>Car – Southbank Blvd, 8:45 am</b>
<b>AREA</b>	<b>Belgrave Heights</b>
<b>MAP REF</b>	<b>Melway 83 and 84</b>
<b>TRANSPORT COSTS (PER PERSON)</b>	<b>\$10</b>

The planned walk covers the Birdsland Reserve, managed by Melbourne Water, and that section of Churchill National Park north of Wellington Road. This diverse parkland, sandwiched between farmland and private property, brings together wetlands and lakes and rolling hills covered with natural bushland. Visitors are treated to relaxing scenes of lakes with water birds foraging amongst the reedy shore line as well as panoramic vistas across open fields from the peaks of the surrounding hills. For those with a sharp eye you may catch sight of kangaroos that live in the area, or even a short-beaked echidna.

Walking will be mostly on wide, well developed paths, with some shorter sections of narrower track through open bush and across open fields with agisted horses. There are several hill climbs to negotiate of up to 100 m each but the grades are not too steep and we will travel at a pace to suit less experienced walkers. However, a walking pole is recommended, if you have one, as we have one steep downhill section. Good waterproof footwear is also recommended as there can be areas of surface water if there has been recent rain



**TOFS WALK**

**PATTERSON LAKES**

<b>DATE</b>	<b>Thursday 2 August 2012</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>10 km</b>
<b>ELEVATION</b>	<b>Flat</b>
<b>LEADER</b>	<b>Alister Rowe</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Patterson Lakes</b>



**WEDNESDAY WALK**

**YOU YANGS**

**DATE** Wednesday 8 August 2012  
**STANDARD** Easy/Medium  
**DISTANCE** 12 km  
**LEADER(S)** Ed Neff  
**TRANSPORT** Private  
**AREA** Little River  
**MAP REF** Melway p 11  
**PARK NOTE** [http://parkweb.vic.gov.au/\\_data/assets/pdf\\_file/0019/315631/Park-note-You-Yangs-Regional-Park.pdf](http://parkweb.vic.gov.au/_data/assets/pdf_file/0019/315631/Park-note-You-Yangs-Regional-Park.pdf)

We will meet at 10:15am at the Turntable Car Park. Travel on the Geelong Road, take the Little River exit and follow the signs to the You Yangs. From the park entrance, off Branch Road, drive up Turntable Drive past the You Yangs Park Information Centre and follow the sign for Flinders Peak Road to the Turntable Car Park where there are toilets.

The walk commences with a short climb up Flinders Peak to obtain spectacular views of the surrounding countryside. We then walk along the West track which skirts the Peak and continue to the Great Circle Drive, returning to The Saddle via Branding Yard Road and Saddleback Track. We will view the Bunjil Geoglyph constructed by the Australian artist Andrew Rogers in recognition of the indigenous people of the area. It depicts Bunjil, a mythical creature to the local Wautharong Aborigines. The creature has a wing span of 100 metres and 1500 tonnes of rock was used to construct it and it was unveiled in March 2006. We then return on the East track all back to the cars.



**TREE PLANTING**

**REGENT HONEYEATER PROJECT**

**DATE:** 11-12 August 2012  
**ACTIVITY:** Tree planting  
**LEADER:** Ray Thomas  
**TRANSPORT** Private  
**GRADE:** Easy  
**LOCATION:** Lurg Hills, near Benalla, North East Victoria  
**MAP:** VicRoads Country Directory  
**RETURN HOME:** Sunday 7 pm

See Rod Novak's preview of the similar weekend on 25-26 August 2012, and Ray's article on page 5.



**X-C SKIING**

**BOGONG HIGH PLAINS**

**DATE** 11-18 August 2012  
**STANDARD** Varied  
**DISTANCE** 11 km ski in then varied  
**LEADER** Doug Pocock  
**TRANSPORT** Private to Mt Beauty then Bus to Falls Ck.  
**AREA** Bogong High Plains  
**MAP** Outdoor Leisure Map Bogong Alpine Area 1:50000

Again we are able to be guests of the Rover Scouts Bogong Chalet. We ski in 11 km to the comfortable lodge, carrying personal gear and a share of the food. Each day, trips will be organised of varying standards carrying only day packs. The lodge has sleeping areas with mattresses and pillows (byo pillow slip and mattress cover), full kitchen, dining room, showers, toilets, washing machine etc. Chores like cooking, cleaning and wood chopping are covered by a voluntary roster. Menu is fixed and all meals are provided. Byo fresh fruit and scroggin.

Contact me for details of how to book in or any other queries. If I am not around speak to Marilyn Whippey.



**SUNDAY BUS**

**SUGARLOAF RESERVOIR**

**DATE** Sunday 12 August 2012  
**STANDARDS** Easy and Easy/Medium  
**LEADERS** Chris Schirlinger and Christina Hughes  
**TRANSPORT** Bus - Leaving Southbank Blvd at 8:45 am  
**DISTANCES** 13 km and 16 km  
**ELEVATIONS** 0 m  
**LEADERS** Chris Schirlinger and Christina Hughes  
**TRANSPORT** Bus - Leaving Southbank Blvd at 8:45 am  
**AREA** Christmas Hills - Yarra Glen  
**MAP REF** Park Map, Christmas Hills 1:25:000; Melways 273

A gentle walk around the Sugarloaf Reservoir with some nice views (if the weather permits) over the reservoir and from the dam walls. We may be lucky to see some wildlife (mostly kangaroos) and there are some old homesteads and gardens to explore (if we can find them!)

The reservoir dates from the late 1970's intended to supplement Melbourne's water supplies. Unlike most of these types of dams, it is not a catchment area, but is rather fed by the Maroondah Aqueduct! With the abundance of fish, there is a good selection of birdlife in the area, especially wedge-tailed eagles!





**CYCLING**

**CAULFIELD TO BLACKBURN LAKE**

**DATE** Saturday 18 August 2012  
**STANDARD** Easy/Medium  
**DISTANCE** 50 km  
**LEADER** Ed Neff  
**TRANSPORT** Private  
**AREA** Eastern Suburbs  
**MAP REF** Melway Maps 69, 60, 61, 47, 40, 62, 48, 49, 63, 70, 71

We will meet at Caulfield station, northern entrance (Sir John Monash Drive), at 9:30 am. The ride will pick up Gardiners Creek Trail to Blackburn where we can enjoy a morning coffee. We will then briefly tour the Blackburn Lake area, continuing via back roads to Heatherdale where we pick up the East Link Trail. This takes us back to the Shepherds Bush end of Jells Park. Some back streets lead us to Glen Waverley where the Station Trail leads us back to Holmesglen and then back to Caulfield.

We will maintain an easy pace so come and enjoy this interesting ride. Bring your lunch, a repair kit with spare tube and a water bottle.



**SUNDAY CAR POOL**

**KALORAMA-DOONGALLA (DANDENONG RANGES)**

**DATE** Sunday 19 August 2012  
**STANDARD** Easy/Medium  
**DISTANCE** 15 km  
**ELEVATION** 200 m over the walk  
**LEADER** Mark Heath  
**TRANSPORT** Car pool leaving South Bank Blvd at 8:45 am  
**AREA** Dandenongs  
**MAP REF** Melways 52 and 66  
**TRANSPORT COSTS (PER PERSON)** \$10

A pleasant walk that starts with great views over the Silvan Reservoir and Yarra Valley, then slowly reveals eastern Melbourne as we sidle around the western slopes of the ranges. This side of the ranges is drier, and we find rare communities of long-leaved box and red stringybark eucalypts. Beneath the tall trees are the cypress-like cherry ballart, dogwood, with its slender leaves and white flowers, and several other shrubs including the yellow and red flowering rough bush-pea.

After lunching at Doongalla, site of an old homestead, there is a steady climb to the summit of Mt Dandenong and the outstanding views that stretch from Port Phillip Bay to Mt Macedon and Kinglake. After a civilised afternoon tea we slowly descend to Kalorama. The walk is on formed dirt tracks of a reasonable standard.



**MOFS WALK**

**RIDDELLS CREEK**

**DATE** Monday 20 August 2012  
**STANDARD** Easy  
**DISTANCE** 9 km  
**ELEVATION** Undulating  
**LEADER** Alister Rowe  
**TRANSPORT** Private  
**AREA** Riddells Creek

Meet at 10:30 am in Riddells Creek near the corner of Bolitho Road and Whittaker Street. Riddells Creek is on Melway X909 H10. We'll walk up Wheelwrights Road to Conglomerate Gully, do the circuit walk and return for lunch. After lunch we'll travel to the Mount Charlie Flora Reserve. Afternoon tea in Riddells Creek. We'd hope to return to Melbourne in time to beat the traffic.



**SOCIAL WALK**

**ELTHAM LOWER AND CANDLEBARK PARKS**

**DATE** Thursday 23 August  
**STANDARD** Easy  
**DISTANCE** 5 km  
**ELEVATION** Fairly flat  
**LEADER** Jean Giese  
**TRANSPORT** Private  
**AREA** Eltham/Templestowe  
**MAP REF** Melway 21

We will follow Diamond Creek to where it flows into the Yarra, then head west to cross the river to the south side on a footbridge which will take us into Candlebark Park. This we will explore before returning to our starting point by a different route. There will be a short drive to a café in Eltham for lunch.

Meet at 10:15 in the Eltham Lower Park, Melways 21 H10.



**DANDENONGS EXPLORER**

**DATE** Saturday 25 August 2012  
**STANDARD** Easy or Easy/Medium  
**DISTANCE** 12 km (approximately)  
**LEADER** Jan Brooksbank  
**TRANSPORT** Private  
**AREA** Dandenong Ranges

This walk has not been previewed yet, but will be in the delightful Dandenong Ranges. Please check the website closer to the time.





**TREE PLANTING**

**REGENT HONEYEATER PROJECT**

**DATE:** 25 and 26 August 2012  
**ACTIVITY:** Tree planting  
**LEADER:** Rod Novak  
**GRADE:** Easy/Medium  
**LOCATION:** Lurg Hills, near Benalla, North East Victoria  
**MAP:** VicRoads Country Directory  
**RETURN HOME:** Sunday 7 pm

Come along for this fun weekend with many other volunteers on this very worthwhile project. We will be tree planting in the Lurg Hills, near Benalla with Ray Thomas and the Regent Honeyeater Project.

We drive up early on Saturday morning (depart Melbourne before 7am).

**Equipment needed:**

Small gardening tools very useful, gardening gloves (leather), strong boots, sun hat, sun glasses, sun cream, wet weather gear, warm clothes, eg beanie, gloves, jumper, jacket, and a chair or mat to sit on during breaks. Bring a day pack with snacks, Saturday lunch and water. The Regent Honeyeater Project will provide (no cost) Saturday evening meal (soup, buffet main and dessert), morning and afternoon cuppa and a Sunday BBQ lunch (no cost) organised by the event manager as a group thank you. Saturday evening we bunk down in the Scout Hall after the Bush Dance. On the Sunday afternoon we usually go for a walk in a revegetated area with an excellent naturalist who points out all the interesting flora and fauna recovery. Contact Rod Novak if interested or see me in the clubrooms on Wednesday 22 August.



**PACK CARRY**

**MT BAW BAW NATIONAL PARK SNOWSHOEING**

**DATE** 25-27 July 2012  
**STANDARD** Medium  
**LEADER** Ralph Blake  
**TRANSPORT** Private

For details of this walk please contact the leader.



**SUNDAY BUS**

**ELPHINSTONE TUNNEL – FRYERSTOWN**

**DATE** Sunday 26 August 2012  
**STANDARDS** Easy, Easy/Medium  
**DISTANCES** Easy – 15kms, Easy/Medium – 18 km  
**ELEVATION** Undulating  
**LEADERS** Meg Morris, Kevin Hitchman  
**TRANSPORT** Bus – Leaving Southbank Blvd at 8:45 am  
**TRANSPORT COST** \$25.00 (per person)  
**AREA** South-east of Castlemaine  
**MAP REF** Chewton, Castlemaine, Drummond and Guildford

This walk is in classic gold mining country. Both groups visit the gold era relics.

Gold was found in the area late in 1851 and Fryerstown was an important gold rush town. Most of the walk is in the Castlemaine Diggings National Heritage Park. The dry open forest has little undergrowth. There are short, off-track sections in lightly forested areas, but most of the walk is on forestry tracks and clear walking trails.

Both groups start near the Elphinstone railway tunnel. At first, the two groups follow different routes along forestry tracks, but after that the two routes converge at the junction of Fryers Ridge Road and Railway Dam Track. We then walk to Fryers water channel and the southern mouth of Fryers water tunnel.

After crossing Vaughan-Chewton Road, we pause at the remains of a steam engine boiler and a steel chimney. After climbing 'The Monk' (a prominent hill) where we plan to stop for lunch, we head south to the gold mining relics in Cobblers Gully and Spring Gully. As we continue south, the track passes between large mullock heaps. The walk finishes at Fryerstown.



**BOOK REVIEW**

***Wooden Wonders, Victoria's wooden bridges,  
By Dr Don Chambers.***

This recently re-issued book showcases Australia's design ingenuity, the photos capturing the beauty of these simple structures hewn from, and part of, their landscape.

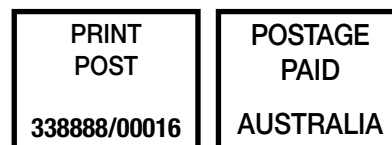
The book is a social and economic history of rural Victoria. Chambers conducted his research on behalf of the National Trust's Timber Bridge Study, and the book is lavishly illustrated with both colour and black and white photographs, many not previously published.

*Susan Maughan*

**Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!**

August 2012				
Thu 2	Patterson Lakes	Pvt	Easy	Alister Rowe
Sun 5	Birdsland Reserve	Car	Easy	Ian Mair
Wed 8	You Yangs	Pvt	E/M	Ed Neff
11-12	Regent Honeyeater – Tree Planting (Lurg Hills)	Pvt	Easy	Ray Thomas
11-18	X-C Bogong High Plains (Rovers' Lodge)	Pvt	Varied	Doug Pocock
Sun 12	Sugarloaf Reservoir	Bus	E & E/M	Chris Schirlinger and Christina Hughes
Sat 18	Cycling: Caulfield to Blackburn Lake Loop	Pvt	E/M	Ed Neff
Sun 19	Kalorama – Doongalla (Dandenong Ranges)	Car	E/M	Mark Heath
Mon 20	Riddells Creek	Pvt	Easy	Alister Rowe
Thu 23	Eltham Lower and Candlebark Parks	Car	Easy	Jean Giese
Sat 25	Dandenongs Explorer	Pvt	Easy	Jan Brooksbank
25-26	Regent Honeyeater – Tree Planting (Lurg Hills)	Pvt	Easy	Rod Novak
25-27	PC: Baw Baw NP Snowshoeing	Pvt	E/M	Ralph Blake
Sun 26	Elphinstone Tunnel – Fryerstown	Bus	E & E/M	Kevin Hitchman and Meg Morris

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**RENEWAL SLIP**

Payment to the Treasurer, together with completed form by one of the following methods:

- Cash or cheque on club night (cheques payable to Melbourne Bushwalkers Inc.)
  - Cheque and Renewal Slip posted to Treasurer, Melbourne Bushwalkers Inc, P.O. Box 1751, Melbourne 3001
  - EFT to the club account. (Account Name: Melbourne Bushwalkers, A/c No. 0058-46013, BSB: 013-006).
- Please ensure your full name and 'SUBS' appear on the transfer.

**Fees:**  
 (Please circle your membership category)

<b>Single member:</b> \$45 or \$55*	Concession: \$34 or \$44** (Proof required)
<b>Couple/Family:</b> \$72 or \$82*	Concession: \$50 or \$60** (Proof required)
<b>News Subscribers:</b> \$20	

**Notes:** \* Additional \$10 charged to members who receive their copies of 'NEWS' via postal mail  
 \*\* Does not refer to holders of a Seniors Card

Name: .....

*Indicate below if you agree details can go on Club Membership list*

Name: .....

Fill in Address, Telephone number/s and Email address only if changed since last renewal:

Address: .....

YES/NO

Postcode: ..... Tel: H) ..... W) ..... Mobile: .....

YES/NO

Email: .....

YES/NO