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# THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

June 2012

## CORRECTIONS TO WINTER PROGRAM

Month	Date	Location	Transport	Standard	Leader
Jul	Sat 14	Werribee South Circuit	Train / Car	E/M	Del Franks
Aug	Sat 18	Caulfield to Blackburn Lake Loop	Train / Car	E/M	Ed Neff

## PRESIDENT'S CORNER

Everyone has their favourite areas for walking or just spending time in. One of mine is Tarra Bulga. I am not sure whether it is the fantastic fern gullies, the majestic soaring mountain ash, the magnificent suspension bridge, or the thousand year old myrtle beech trees that drew me back many times to Tarra Bulga. Either way I fell in love with the place and its history. I think it was Jopie who suggested I lead my first base camp there. Over the years more than a hundred members and visitors have also enjoyed base camps at the Tarra Caravan Park. So I am very excited that the **Great Strzelecki Track** has just been opened with the opportunities for pack carries from Morwell to Tarra Bulga National Parks and a number of new loop day walks which will be great for base camps – all up over 100 km of tracks.

At the **May Committee Meeting** we decided to put snake bandages in our First Aid Kits, buy a new projector for Wednesday Social Night presentations, approved changes to the Incident Reporting form and process based on recent experiences, continue to subsidise First Aid Training, and book the Melbourne Bowling Club again for our Christmas Party on December 4th.

There have been lots of **Anniversaries** recently. This month congratulations go to the Victorian National Parks Association (VNPA) which turns 60 in June and Maroondah Bushwalking Club which is turning 40 shortly. Our Club was one of the foundation members of VNPA which highlights our long history in Victoria.

Gill Wainwright, one of our new Committee Members, is organising this year's **First Aid Training** for leaders and other members. It is on Saturday 4th August and will allow you to gain a First Aid Certificate or to renew your CPR accreditation, both at greatly reduced costs – all the information is in this edition of the News.

There is great news for those who have been involved in the **Regent Honeyeater** activities, with the project receiving a \$30,000 State Government grant. Congratulations to Ray Thomas (yes, he is one of our members!).

It is great to see so many people attending the **Wednesday Wine & Cheese** and **Photo Presentations** social activities – the last four of these have seen around 150 people turn out! Our July 11 photo night on Patagonia and Antarctica will also have a short presentation by Maroondah Bushwalking Club who are organising this year's Federation Day at Marysville on October 14th.

And yes, that **Conservation and Track Maintenance Coordinator** role is still vacant! – so feel free to give me a ring!

*Mick Noonan*

**Due date for contributions to July News:**

**WEDNESDAY 20 JUNE**

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria  
362 William Street  
(Cnr William and A'Beckett Streets)  
Melbourne  
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc



PO Box 1751  
MELBOURNE VIC 3001  
www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for *The News* is the 2nd last Wednesday of the month. So for July News, the closing date is 20 June.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au).

Please note:  
Next committee meeting will take place on  
**MONDAY 2 JULY 2012**

## FIRST AID COURSE/ CPR UPDATE

Saturday 4th August 2012, 9:00 am to 5:00 pm  
(CPR update only approx 9:00 to 11:00 am)

At: First Aid Management Training Centre  
Suite 6, 476 Canterbury Rd  
Forest Hills

(near Brentford Square Shopping Centre)

Cost to club members after subsidies from BWV and MBW is \$20 each (\$10 for CPR update only)

Bookings are essential and payment may be made either via EFT to the club's bank account or by cash in the clubrooms to the person doing the Sunday bookings.

An email also to [gwainwright@bigpond.com](mailto:gwainwright@bigpond.com) or a call to me Gill Wainwright would be appreciated as we need to provide to the training centre the list of names beforehand for your certificates.

This is a great opportunity to gain a First Aid Certificate at little cost and MBW encourages members and particularly leaders to participate. Course includes CPR, asthma, bleeding shock, bites and stings (including this year, use of snake bandages) etc.

To remain current, first aid course needs updating every 3 years and CPR yearly.

Numbers are limited so book early!

## NEW MEMBERS

We welcome the following new members to the Club:

YAN ZHU

PATRICIA TAYLOR

MARILIA CIPOLLONI

ALANNAH MATHESON

JOANNA LAMEK

## FOR SALE

For sale. Terra Nova Laserlite tent, 2004 model, 1200 gms. \$150. Ian Langford 9531 4929.

## HIKE4HUNGER

Interested in combining walking with fundraising, joining a fundraising walk? Have a look at <http://www.thp.org.au/content/hike4hunger>. If you prefer to contact them directly, please email [cyra.patel@thp.org](mailto:cyra.patel@thp.org) or call 02 9222 9088.

# SOCIAL CALENDAR

## Slide nights and presentations

**June 13**

### **PRESENTATION – ART RESTORATION OF BURMESE PAINTINGS**



**June 27**

### **WINE AND CHEESE AND JANUSZ MOLINSKI PHOTOGRAPHY**

Janusz is a professional photographer who specialises in landscape photography, combining his passion for photography with his passion for hiking. Janusz will present a slide show of some of his favourite landscape photographs taken in Australia and New Zealand. The presentation will commence at 8:00 pm.

**July 11**

### **PRESENTATION – PATAGONIA AND ANTARCTICA**

In early 2012 Gina Hopkins and Derrick Brown spent three weeks in Patagonia then eighteen days cruising the Antarctic. They will be talking about these trips and showing slides of glaciers, icebergs, the geography and wildlife of these areas. The talk will commence at 8.00 pm.



**July 25**

### **WINE AND CHEESE AND ‘ALL THAT GEAR’**

Gear up for walking in the second half of 2012. On 25 July, John will share his extensive knowledge on bushwalking equipment, demonstrating what is available to make your bushwalking more comfortable and enjoyable. This is an opportunity for you to ask John questions that you have concerning equipment. This coincides with the wine and cheese evening and the presentation will begin at 8:00 pm.

**August 8: Presentation – Coast To Coast – The Wainwright Walk**

**August 22: Wine and Cheese and The Bushies’ Auction**

**September 26: Wine and Cheese and Spring In Your Step Fashion Show**

**October 2: Wine and Cheese and (Presentation to be Confirmed)**

**November 14: Presentation Himalayan Overview**

**November 28: Wine and Cheese and (Presentation to be Confirmed)**

## Other events

### **Lunches**

Susan will continue to play social host for lunches. Throughout the year keep an eye on the MBW Newsletter and the website for details of upcoming events.

### **Restaurants**

The club will be organising some outings to restaurants, so keep an eye on this space for advertisements on venues and dates.

### **New Year’s Day BBQ**

Susan will continue her tradition of hosting a New Year’s Day BBQ.

## MOBILE PHONES FOR COMMUNICATIONS IN THE BUSH

The article in April News taken from Bush Search and Rescue website, March Bushwalking Victoria Newsletter, titled MOBILE PHONES FOR COMMUNICATIONS IN THE BUSH, contains some useful information, but there are two things in it that need to be corrected.

- 1 The article says 'If you are lost or in an emergency situation, call 000 and ask for Police'. However being lost is NOT a valid reason to call 000.

The Australian Government's 'Triplezero' website is quite clear on the valid reasons:

- Is someone seriously injured or in need of urgent medical help?
- Is your life or property being threatened?
- Have you just witnessed a serious accident or crime?

The Australian Communications Management Authority website similarly says: 'You should only call Triple Zero (000) when a situation is threatening to life or property, or time-critical'.

- 2 An important fact omitted from the article is that it is irrelevant which network you are subscribed to – if you have coverage from any network at all, 000 calls can be made.

Further information can be found at:

<http://www.triplezero.gov.au>

[http://www.acma.gov.au/WEB/STANDARD/pc=PC\\_100581](http://www.acma.gov.au/WEB/STANDARD/pc=PC_100581)

[http://www.acma.gov.au/WEB/STANDARD/pc=PC\\_100575](http://www.acma.gov.au/WEB/STANDARD/pc=PC_100575)

I have written to BSAR with these comments but it may be useful to publish this information for the benefit of our members

*Geoff Mattingley*

## Willis's Walkabouts

### Mitchell Plateau

**Mitchell Falls** -- a tourist icon and the **only** major site that most visitors see. We can show you more, **much more**.

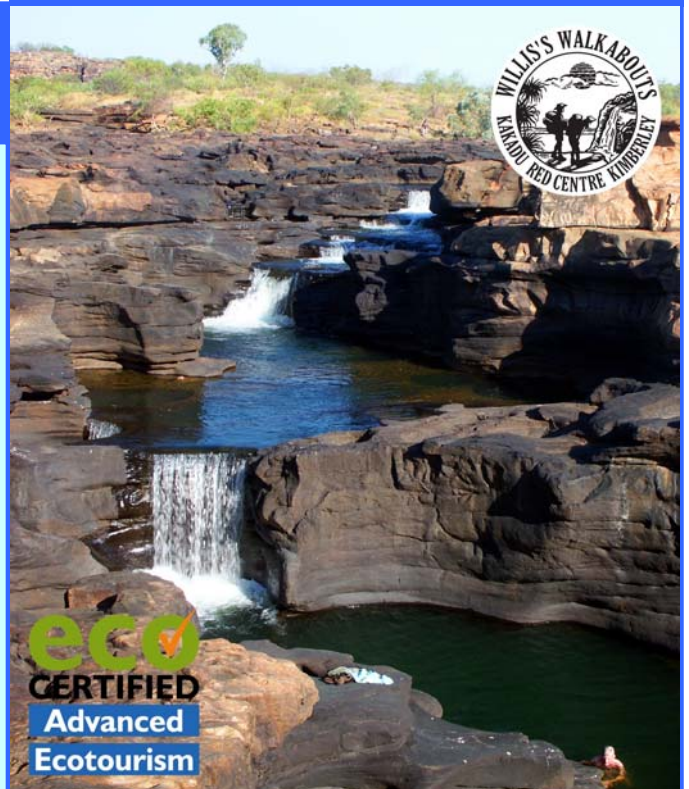
**Lower Mitchell Falls** - photo at right Camp here, pick your pool and have a swim.

**Tidal Rapids** - a waterfall that changes direction with the tide.

**Western Gorge** - 5 km of narrow gorge headed by a 70m waterfall with four drops.

Join us on either our August Mitchell Plateau trip or the Kimberley Highlights which follows and we'll give you a special club discount. Ask for details.

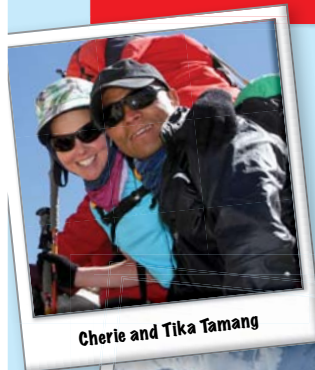
*Russell Willis*



[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au) [rwillis@internode.on.net](mailto:rwillis@internode.on.net) Ph: 08 8985 2134

Trek to Base Camp Everest with Cherie Horne [www.cheriehorne.com](http://www.cheriehorne.com)  
 Expedition date: September 22nd – October 9th 2012  
 Call Cherie today: 0407 362 598

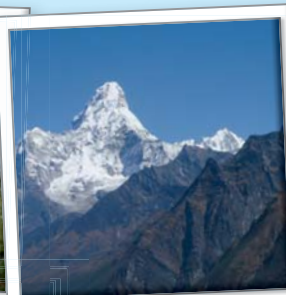
# MT. EVEREST BASE CAMP ULTIMATE ADVENTURE & TRAINING PACKAGE



Cherie and Tika Tamang



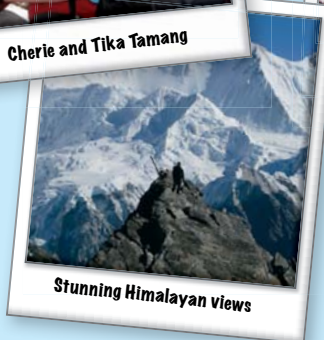
Mountain river crossings



Spectacular Ama Dablam



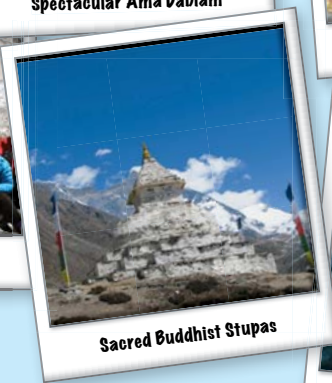
Cultural attractions



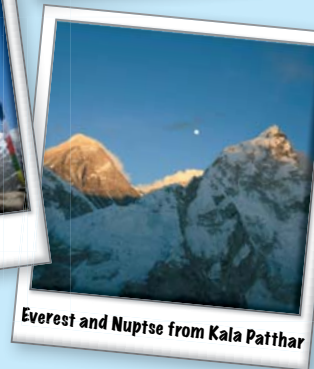
Stunning Himalayan views



Base Camp Everest



Sacred Buddhist Stupas



Everest and Nuptse from Kala Patthar

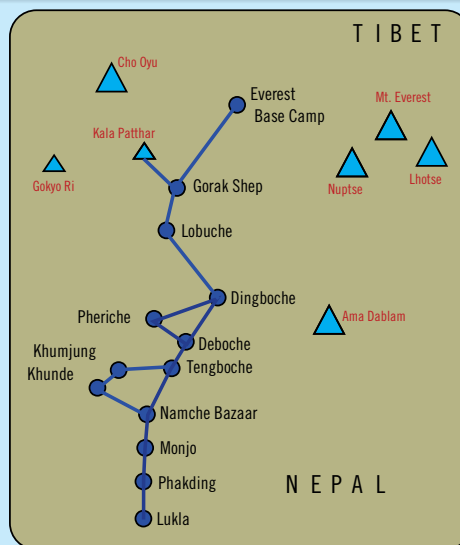
## INCLUSIONS

- Trek to Everest Base Camp – 18 day expedition
- 3 days in vibrant Kathmandu staying at the Radisson Hotel (breakfasts included)
- Guided sightseeing tour in the ancient city of Kathmandu
- All ground transfers and return flights from Kathmandu to Lukla
- Porters to carry all personal and group equipment
- Full support from exceptional Sherpa guides and porters
- All accommodation while trekking – teahouse & lodges
- All meals during the trek (full teahouse menu)
- Spiritual blessing by the Himalayan Lama in Namche Bazaar
- National parks fees, trekking permits and porters tips

## TRAINING PACKAGE

- 8 week lead-up trekking conditioning program with Cherie Horne
- 8 x 2 hour group adventure training sessions
- 2 x 1 hour individual training and mentoring consultations (optional simulated altitude training)
- 8 week lead-up online training program for interstate clients
- On-going support and advice from the moment you book
- Fun and supportive team training sessions
- Achieve a greater level of fitness & weight loss
- Gain a new level of confidence and self-esteem
- Base Camp Everest information evening conducted by Cherie Horne
- Discounted prices and free "Summit Club" membership with Kathmandu, Hampton East
- Kathmandu product information night for all team members

## MT EVEREST BASE CAMP ITINERARY MAP



Mountaineer & guide, high performance coach, health & fitness consultant, motivational speaker and former Australian champion athlete.

Mobile: 0407 362 598 Website: [www.cheriehorne.com](http://www.cheriehorne.com)



### **A RIDE TO THE HISTORICAL WOODLANDS HOMESTEAD**

Date: Saturday 17 March 2012; Distance: 60 km; Weather: 22 degrees, strong SE wind  
Route: Craigieburn – Gellibrand Hill – Woodlands Homestead – Moonee Ponds Creek – City

Five cyclists left the train at Craigieburn at approximately 9:15 am and at 9:30 am Ross arrived, after having cycled 60 km from his home. He left at 6:30 am in the dark, an amazing fellow. He certainly has recovered from his injuries.

Phil soon had us on our way through the outskirts of the town and then on to good cycle paths heading south to link up with the Moonee Ponds Creek trail. Morning tea stop was at a small shopping centre SW off Broadmeadows. We followed the creek to the foot of Gellibrand Hill. Well, the track up here was steep and rough.

Ed was unfortunate on this section to have a long spike of a box thorn shrub penetrate his tyre and tube. Ed, with Jopie and Ross helping, soon had it fixed. I was pleased to sit down and have a drink. Under way again, we were soon at the Gellibrand Hill lookout for a 360° view.

From here we made our way to the Woodlands Homestead, where we had lunch. After lunch we set off for what I thought would be back over the hill again – but no, and much to my delight Phil took us along a good track which followed the creek, thus making it a much easier way out of Gellibrand Hill Park. The rest of the way was along the creek into the city, where I caught a train home.

Phil, Ed, Del and Ross all rode home from here. Jopie had left us a few kilometres back along the creek.

Phil gets 10 out of 10 for finding all these connecting cycle trails and many thanks to him for leading such an interesting and varied cycle tour.

The Bushies who participated in this ride were Phil Brown (leader), Del Franks, Ross Berner, Ed Neff, Jopie Bodegraven and myself,

*Art Terry*

### **SONATA MONICA MOUNTAINS UNDER MY FEET IN THE DARK: LOS ANGELES FROM A DIFFERENT ANGLE**

I stepped into the darkness with trepidation and some anxiety. It was pitch black and I couldn't see anything. Negative thoughts flashed through my mind. Would I see a mountain lion, a bear, poisonous rattlesnake or simply fall down? ...

It was only my fourth day in Los Angeles, when I realized how much more rich my life feels when I am surrounded by nature. So I searched for a local club that sponsored hikes and found the Angeles Chapter of the Sierra Club, a national organization in the United States devoted to outdoor activities and conservation. The activity that interested me most was the group's night hikes in the Santa Monica Mountains, located only minutes away from the city.

I contacted Ed Lubin, a very kind, fit and experienced hiker in his mid 80s, who is one of the leaders of these hikes, and he generously offered to drive me to my first hike with the group.

I had made sure to carry a headlamp, but learned that although his group carries them, nobody uses them. That made me very nervous until I saw that the moon and stars illuminated the way quite adequately. On later hikes, I discovered that I could even see well enough in thick fog.

Kelly, one of the regular participants in Ed's night hikes, was truly an inspiration. She is blind, so hiking at night makes no difference for her. She does amazingly well using a pair of trekking poles and loves the activity. I really admired her.

While making my way through the maze of the Santa Monica Mountain's trails, I constantly thought of the glorious views of the city and ocean that awaited me when I reached the peak.

As we proceeded up a sandy road, a grand view of the hills danced smoothly in front of me. The strange sound of an owl, the crazy smell of wild sage, the silence of the night and the view of stars made this feel more than just a walk in the night. This wasn't a hike; it was being at one with nature and I was in ecstasy. The experience turned out to be truly addictive.

Five months on and more than fifty evening hikes later, It was hard to believe that with my time in Los Angeles coming to an end, I had to say goodbye to the lovely people I met through the hikes and to those glorious Santa Monica Mountains. I now say fondly that evening hiking in the Santa Monica Mountains is the most beautiful hiking experience in my life ... so far.

But time passes and life moves on. Now I'm sitting in front of Albert Park Lake and thinking about how much I want to experience the delight I felt on those hikes in Los Angeles right here in the beautiful city of Melbourne.

Any ideas?

*By Leila K.*

### A JOLLY JAUNT ALONG THE JAMIESON

An account of Bob Oxlade's Mitchell's Trail – Jamieson River trip 11–13 May



The Jamieson River and Mitchells Homestead site was an area I was not familiar with so I eagerly signed up for Bob's trip. Being low elevation, it seemed like a good choice for May. It promised a dose of history too as Mitchells was an isolated farm surrounded by mountains and connected to Jamieson township by a long bridle track now known as Mitchells Trail.

Most of us duly arrived on Friday at Granny Flat, an idyllic car campsite along the Lower Jamieson where we found all the firewood had been pinched by other campers. We managed to coax a poor fire from the scarce and wet wood to keep the cold evening at bay but alas, the cold was winning so we opted for our warm sleeping bags quite early that night!

Saturday morning after a half hour drive all 16 of us assembled at our starting point and Bob gave us our first challenge, the steep and knee jarring descent of the Silvermine track to the river. No subtle curves on this track. Very directissimo but luckily no major casualties. Challenge number two was the crossing of the Jamieson at the bottom. Rarely has water been so cold. We all stoically waded through

*(continued over page)*



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## Along the Track

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Mitchells Trail – Jamieson River (*continued*)

but not without drama. A boot and thong was dropped and merrily shot off down the rapids. Save that shoe! was the cry. Rescuers frantically put shoes back on and bounded off downstream to apprehend the escaping footwear. Both escapees were retrieved from the pool they were hiding in with the aid of long sticks. Phew! We won't have to piggyback Leila back up to the cars after all! Then it was along the bridle track up Mitchell's Creek to the most gorgeous remote flat grassy camping area.

We still had time to explore the area and we had been told about a gorge and waterfall so the keener ones set off. We followed our noses and found it; a quite spectacular small gorge with an underground section, several cascades and a waterfall. The rocks were treacherously slippery which eventually made us abort any further exploration. Then on to Mitchells Homestead site. We found the sign but there was no hint of any building, presumably destroyed by fire with any remains covered by grass and weeds.

That night we had plenty of firewood so we made up for last night's poor excuse for a fire with a hearty bonfire and a correspondingly late night. It must have been at least 9 o'clock before the festivities finally died down! Keeping in mind that it had been dark since 5:30!

Sunday was another lovely day as we followed the bridle track downstream along the Jamieson, taking care not to fall over the edge to the river often far below. We were amazed to hear that they would send packhorses, unaccompanied, down to Jamieson township to collect supplies. I guess the horses knew where their next feed of hay would be! We inspected an old hut at the site of an old mercury mine and then staggered up the much less steep (than Silvermine) Ferguson track to the waiting car.

We did have one casualty on the trip. Somewhere on that second day we found a leech, or rather it found Jenny. Nobody else had one but Jen, who has a habit of getting bitten by whatever is around, did. The bite infected, the leg swelled and it took a course of antibiotics to bring it back down.

Thanks Bob for leading a great walk in an area the club hasn't been to for a very long time.

*Jopie Bodegraven*

### THAT WAS NOW – THIS WAS THEN

Reading Bob Oxlade's preview of his walk to Mitchell's Creek and the Jamieson River revived memories of previous MBW trips to that area.

On the March long weekend in 1966, Fred Halls led a walk starting at Sheeppark Flat on the Howqua, via Fry's to Mitchell's, and then along the old mining track following the Jamieson River. Transport was by the Gronows furniture van, driven by the amiable, skillful and reliable Dennis Barson. The van had three rows of lengthwise seats. Some packs went on the platform above the driver and the rest on the floor just inside the back door. It was certainly more social than sitting in high backed seats in a bus, and there was lots of singing to pass the time. The trip started at 6:30 pm on the Friday night at the Batman Ave tram terminus (Batman Ave connected to Swanston St then at Princes Bridge).

We had Sheeppark Flat to ourselves that night (no SUV's then!). Next morning, we followed the track which passed Fry's hut. Old Fred Fry was still living in his hut then, and the two Freds had a great chinwag before we set off again. I'm sure they had met several times before. The outstanding memories of the trip for some were the amazingly large and sweet blackberries growing alongside Mitchell's creek where the track crossed. To get the best ones though, you had to wade along in the water.

We followed Mitchell's creek downstream to its confluence with the Jamieson and soon after found the old mining track.

Dennis picked us up on Sunday afternoon somewhere downstream on the Jamieson where the road gets close to the river.

There were two more trips following this route, both in March, probably timed for the best blackberries; Alma Strappazon's in 1972 and George Telehin's in 1976.

As far as I can remember, we had the jeep tracks to ourselves, which made pleasant walking.

*Rod Mattingley*



A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.melbournebushwalkers.org.au/activities/Walks/MBW\\_walks\\_program.htm](http://www.melbournebushwalkers.org.au/activities/Walks/MBW_walks_program.htm)

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS  
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



**DANDENONGS EXPLORER**

**DATE** Saturday 23 June 2012  
**STANDARD** Easy/Medium  
**DISTANCE** 12 km  
**LEADER** Jan Brooksbank  
**TRANSPORT** Private  
**AREA** Dandenong Ranges  
**MAP REF** Melway Page 75 K4  
 Grant's Picnic Ground area

We will meet at Grant's Picnic Ground at 10:30 am. The walk will be in the vicinity of this area. Come along and enjoy the Dandenong Ranges, a beautiful area. Be prepared for cold weather and slippery tracks.

Jan has been walking overseas, so come along and hear about her travel and walking experiences. We will have a social coffee afterwards.



**SUNDAY BUS**

YEA SPUR (Note – Replaces the Stony Point Hastings Walk)

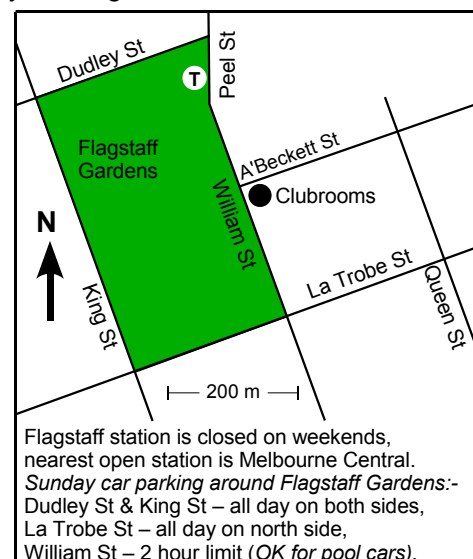
**DATE** Sunday 1 July 2012  
**STANDARDS** Easy and Easy/Medium  
**DISTANCES** 14 km and 16 km  
**LEADERS** Kerry McKeand and Halina Sarbinowski  
**TRANSPORT** Bus – Leaving Southbank Blvd at 8:45 am  
**AREA** Southwest of Yea  
**MAP REF** Homewood 1:25 000, Flowerdale 1:25 000

The YEA SPUR walk will replace the Stony Point Hastings that was originally planned for 1 July. Our preview of the Stony Point walk led us to believe that this walk may not be challenging enough for walkers.

The walk along the Yea Spur south west of Yea has great views of the Goulburn River valley and nearby ranges, especially at the lunch spot at Junction Ridge. Previous walkers have reported seeing wildlife such as eagles, echidnas and koalas. Both groups will start the day by making their way up the spur with a climb of about 400 m. The walk then proceeds along an undulating ridge for the remainder of the day. Walkers therefore can expect some hills. Some of the walk is on private land. The ridge is exposed, so walkers need to be prepared for the possibility of bad weather. Both walks end on the Yea-Whittlesea Rd.

**ALTERNATIVE DEPARTURE POINT  
 FOR SUNDAY WALKS OPPOSITE  
 CLUBROOM**

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A'Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.



**TOFS WALK**

MULLUM MULLUM CREEK

**DATE** Thursday 5 July 2012  
**STANDARD** Easy  
**DISTANCE** 8 km (could be extended to 10 km)  
**LEADER** Rosemary Cotter  
**TRANSPORT** Private  
**AREA** Mitcham/Donvale  
**MAP REF** Melway 48/49

Have you ever wondered what is above Eastlink's Melba Tunnel? Well, come along and find out! We start at Antonia Park, walk through the Schwerkolt Cottage grounds to join the Yarran Dheran Reserve which is alongside the Mullum Mullum Creek. Yarran Dheran Reserve has been built on the site of a former stone quarry and later Nunawading Council tip, yet after more than thirty years of reclamation and replanting it looks like natural bushland. After passing through the Hillcrest Forestry we follow the Eastlink Trail westward to Slater Reserve.

Note that sections of this walk are hilly and undulating. There is a mixture of bush paths and walking/cycle trails.

Meet in the Slater Reserve (Melway 48 C5) and in the first car park at 10:15 am promptly as a car shuffle is necessary.



## SUNDAY CAR POOL

### WOODLANDS HISTORIC PARK

<b>DATE</b>	<b>Sunday 8 July 2012</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>13 km</b>
<b>LEADER</b>	<b>Stuart Hanham</b>
<b>TRANSPORT</b>	<b>Car - Leaving Southbank Blvd at 8:45 am</b>
<b>AREA</b>	<b>Greenvale</b>
<b>MAP REF</b>	<b>Melway map 178 and Parks Victoria guide</b>
<b>TRANSPORT COST (PER PERSON)</b>	<b>\$6</b>

The park offers large areas of pre-European woodlands and grasslands, as well as a wildlife refuge, two early farmhouse ruins and a restored 1840s homestead and garden. The walk starts at Moonee Ponds Creek and climbs gradually to Woodlands Hill. It continues through a sugar gum plantation and bandicoot enclosure, to Gellibrand Hill, which offers great panoramic views, as well as the interesting ruins of Dundonald homestead. More open forest and grassland leads to the bluestone remains of Cumberland homestead.

Next, we take in views of nearby Tullamarine Airport, on the way to the historic Woodlands kit home and garden. The front paddock houses retired race horses. From this point, to Moonee Ponds Creek, we are likely to see large mobs of kangaroos. Along the creek, we pass 200 year old river red gums, before returning to the cars. The walk is undulating and quite exposed in parts, but sunburn shouldn't be a problem at this time of the year!



## WEDNESDAY WALK

### ANAKIE GORGE CIRCUIT

<b>DATE</b>	<b>Wednesday 11 July 2012</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>14 km</b>
<b>ELEVATIONS</b>	<b>Moderate</b>
<b>LEADER</b>	<b>Ian Mair</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Brisbane Ranges</b>
<b>MAP REFERENCE</b>	<b>Brisbane Ranges National Park 1:50 000</b>

The route to be followed is based on that taken by the Sunday Walk last December. Check out the Photogallery for a Preview: [http://mbw.org.au/zenphoto/2011/sunday-walks/2011121101\\_Anakie\\_Gorge\\_Circuit/](http://mbw.org.au/zenphoto/2011/sunday-walks/2011121101_Anakie_Gorge_Circuit/)

We will meet in Bacchus Marsh at 9:45 am in the car park behind the bakery and travel in convoy to the start of the walk on the Geelong-Ballan Road in a parking area between

Burchers Road and Clarkes Road (UTM WGS84 55H 256901 5805066).

Starting from Ballan Road, the walk will follow the Ted Errey Nature Circuit, which visits not only the gorge but also two lookouts with the best views of the park. Once reaching Stony Creek picnic area we will be able to explore the new alignment of the Burchell Track (the longest walk throughout the park) and enjoy lunch on the shores of the Lower Stony Creek Reservoir. After lunch we will explore the Waddawurong Walk before following the final sections of the Ted Errey Nature Circuit which climbs steadily up through open forest, over a spur before descending down into a small valley. The creek and surrounding swamp land is crossed by a boardwalk. The final section of the walk will be along the Outlook Track which follows the ridge line with fine views over the area and finally along Redbeak track for our return to our cars.

The diversity of the flora ensures that the Brisbane Ranges is always a delight to explore. The Ted Errey Track has been in the past overlooked. However, with recent closures it has come to the fore and has been a delight with its lookouts, boardwalks and views. I hope that you will decide to come and explore this delightful area.

See me in the clubroom or telephone for more information.



## PACK CARRY

### MT COLE & MT BUANGOR AREA

<b>DATE</b>	<b>13-15 July 2012</b>
<b>STANDARD</b>	<b>Easy Medium</b>
<b>DISTANCE</b>	<b>12 km Day One; approx 11 km Day Two</b>
<b>ELEVATION</b>	<b>400 - 848 m</b>
<b>LEADER</b>	<b>Roger Wyatt</b>
<b>TRANSPORT</b>	<b>Car Pool</b>
<b>AREA</b>	<b>Mt Cole State Forest NW of Beaufort</b>
<b>MAP REF</b>	<b>Park Vic Beeripmo Walk Notes &amp; Map</b>
<b>TRANSPORT COSTS (PER PERSON)</b>	<b>Approx \$25</b>

We will meet at 9.00 am on the Saturday morning at Richards Camping Area which is reached from Raglan (turn off Western Hwy at Beaufort) and follow the Elmhurst-Beaufort Road through Raglan and then along the unsealed "The Glut Road" to the park entry and then follow signage to Richards.

The walk is mostly the Beeripmo walk with some additions including a detour to "The Cave". Along well defined tracks with views to the Grampians (weather permitting) as well as areas of open eucalypt forest. While this is an excellent walk to match the short winter days (yes we will have a camp fire), the area is exposed to westerly winds and full wet weather gear is required.



## CYCLING

### WERRIBEE / HOPPERS CROSSING

<b>DATE</b>	<b>Saturday 14 July 2011</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>About 50 km</b>
<b>LEADER(S)</b>	<b>Del Franks</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Werribee/Hoppers Crossing</b>

The ride will start at the Hoppers Crossing train station on the north side car park at 9:15 am. A train leaves Flinders Street at 8:27 for the Werribee line, arriving at Hoppers at 9:11 am.

This ride will be a little bit different from previous years as we will be spending a bit more time along the Werribee River.

We will start following up reserve land to Hogan Street, then pick up the bike track along the river. We will then follow the river south to the freeway, and investigate the track on the Geelong side of the river where we will ride behind the Werribee Zoo and Mansion. We will then follow back roads down to the mouth of the Werribee River and then back to Hoppers Crossing.

This ride is suitable for hybrids and MTB bikes. Hope to see you then.



### SUNDAY BUS

BREAMLEA – BARWON HEADS

**DATE** Sunday 15 July 2012  
**STANDARDS** Easy and Easy/Medium  
**DISTANCES** 12 km and 14 km  
**LEADERS** Lesley Hale and Alwyn Loubser  
**TRANSPORT** Bus – Leaving William Street Clubrooms at 8:45 am  
**AREA** Bellarine Peninsula – Surf Coast  
**MAP REF** Connewarre and Ocean Grove

Join us for a beach walk in winter along an attractive section of the Surf Coast, passing through the ‘sea-change’ territory of Barwon Heads to Ocean Grove. As the walking is centred around low tide the sand should be fairly firm for walking.

Both groups commence at Breamlea, about 12 km NE of Torquay. The Easy group heads S to the beach and walks NE along the coast; the Easy-Medium group walks W along Thompson Creek to its mouth before turning S to the coast and NE along the beach to join the route taken by the other group. Both groups will then pass the landmarks of Noble Rocks, Bancoora Beach, Black and Blue Rocks, and Thirteenth Beach before exploring the bluff lookout at Point Flinders. After pausing for refreshments at Barwon Heads and crossing its heritage bridge, the walk continues along a final stretch of beach to the bus pickup at Ocean Grove lookout.

NOTE: Alternative departure point due to Fun Run event; limited unrestricted parking near Clubrooms; possible public transport timetable/route changes; allow extra time for journey to city.



### MOFS WALK

CHURCHILL NATIONAL PARK

**DATE** Monday 16 July 2012  
**STANDARD** Easy/Medium  
**DISTANCE** About 9 km  
**LEADER** Pam Rosso  
**TRANSPORT** Private  
**AREA** Endeavour Hills/Dandenong North area  
**MAP REF** Melway Map 82

Enter from Churchill Park Drive and assemble at the shelter and BBQ in the main picnic area (Melway map 82 C10). We will meet at 10:15 am for a 10:30 am start.



### SNOW SHOE WALK

**DATE** Saturday 21 July  
**STANDARD** Medium  
**LEADERS** Ralph Blake and Kerry Press  
**TRANSPORT** Private

Participants need to be fit, and well-prepared for the snow conditions with warm gear. No prior snowshoe experience is necessary. We can assist with hire of snowshoes and poles. Join us for a magical and exhilarating adventure in a snowy wonderland!



### TREE PLANTING

WEDDERBURN

**DATE** 21–22 July 2012  
**STANDARD** Easy  
**LEADER** Doug Pocock  
**TRANSPORT** Private  
**AREA** Wedderburn  
**MAP** Vicroads 29 C7

This weekend will be planting on a private conservation reserve. The block adjoins part of the Wychitella Fauna and Flora Reserve and contains important endangered and threatened species including an active pair of mallee fowls.

Camping is on the block, plenty of room to bring luxury tents, there is a large picnic shelter, a water tank and pit toilet. Also a fireplace and lots of firewood. (Graham Hodgson note: there is no need to burn chairs!)

Bring work gloves, garden trowel, spade. Kneelers could be handy. If anyone can come up early to help me get things ready on Friday it would be appreciated.

Contact me for directions. I will be away June 13 to July 5.



### SUNDAY CAR POOL

WARRAMATTE HILLS

**DATE** Sunday 22 July 2012  
**STANDARD** Easy/Medium  
**DISTANCE** 13 km  
**ELEVATION** A steep 250 m climb and descent  
**LEADER** Mick Noonan  
**TRANSPORT** Car Pool – Leaving Southbank Blvd at 8:45 am  
**TRANSPORT COST** \$10 per person  
**AREA** Yarra Ranges/Gruyere  
**MAP REF** Melway 283/285 or VicMap Tarrawarra 7922-1-2

The Warramate Nature Conservation Reserve is located within the Gruyere-Yarra Ranges, just north of the Warburton Rail Trail near Seville. This delightful walk starts with a gentle stroll beside Woori Yallock Creek to the sound of bell birds. Morning tea should be enjoyed at the confluence of Woori Yallock Creek and the Yarra River.

This will be followed by an energetic 250 m climb followed by easy tracks to our lunch spot at Steel Hill. The climb is tempered by magnificent views back over the vineyards of the Yarra Valley to Mt Toolebewong, Mt St. Leonard and others in

the Yarra Ranges. We will also check out Briarty Hill with its communications and fire towers, returning to our start along a number of fence lines and road side tracks.

The track has a variety of terrains and may be slippery in places if wet, so bring sturdy walking shoes. I have up-graded the walk to Easy/Medium due to some off-track sections and the steep climb, otherwise it would be 'easy'!

As the walk is close to Melbourne we should have plenty of time for a well earned coffee and cake while enjoying some more great views.



## SOCIAL WALK

### RUFFEY LAKE PARK

<b>DATE</b>	<b>Thursday 26 July 2012</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>5 km</b>
<b>ELEVATION</b>	<b>Small hills</b>
<b>LEADER</b>	<b>Jean Giese</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Doncaster</b>
<b>MAP REF</b>	<b>Melway 33</b>

The undulating nature of the parkland around Ruffey Lake helps make it a very pleasant area but also means we have small hills to negotiate. We will take them at our own pace and have time to hear the Maggies carolling and enjoy the trees and shrubs which have been planted since this ceased to be an orchard. The notices (with photographs) along the way, conveying the history of the area, will add interest to our 5 km walk. There will be a 2 km drive to a café for lunch.

Meet at 10:30 in the carpark off Victoria Street (Mel 33J10).



## SATURDAY WALK

### ELWOOD-SANDRINGHAM

<b>DATE</b>	<b>Saturday 28 July 2012</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>13 km</b>
<b>LEADER</b>	<b>Sheena Burgess</b>
<b>TRANSPORT</b>	<b>Public transport/private car</b>
<b>MAP REF</b>	<b>Melway 2K 11F</b>

Meet at Middle Park Light Rail Station, at 10.30am. Come by public transport or parking available in Canterbury Rd.

A pleasant walk along the foreshore to St Kilda, Elwood, Brighton and Sandringham. Lunch is usually at North Road, facilities include a coffee shop and lots of views. We finish at Sandringham, which has a good selection of cafes for afternoon tea. Return by bus to St Kilda, then a short walk to Middle Park or catch the train back to the CBD.



## SUNDAY BUS

### MT MARTHA – THE BRIARS – SAFETY BEACH

<b>DATE</b>	<b>Sunday 29 July 2012</b>
<b>STANDARDS</b>	<b>Easy and Easy/Medium</b>
<b>DISTANCES</b>	<b>12 and 15 km</b>
<b>LEADERS</b>	<b>Deb Shand and Matt Jones</b>
<b>TRANSPORT</b>	<b>Bus – Leaving Southbank Blvd at 8:45 am</b>
<b>AREA</b>	<b>Mornington Peninsula</b>
<b>MAP REF</b>	<b>Melway 144-5, 150-151</b>

Both groups start this walk by following the boardwalk beside Balcombe Creek from Mt Martha village to the historic property, The Briars. Here we enter the wildlife reserve to walk through light bushland and have the opportunity to see birds enjoying the protected wetlands.

After lunch in the picnic area, we continue our excursion around Mt Martha, following roads, creek tracks, through the golf course and on to Mt Martha park and the highest point in the area. The easier group will finish the walk here, while the E/M walkers can continue through the park and on to Safety Beach.

There is much to see and enjoy on this varied winter walk in a coastal area with scenic views of Port Phillip Bay. Although this is a populated area we will be walking on bushy tracks most of the time. Make sure you wear footwear with good tread as the boardwalk can be slippery when wet, and dress warmly for the season.

This walk would be suitable for visitors as well as more experienced walkers who can cover the distance at a faster pace.



## X-C SKIING

### BOGONG HIGH PLAINS

<b>DATE</b>	<b>11–18 August 2012</b>
<b>STANDARD</b>	<b>Varied</b>
<b>DISTANCE</b>	<b>11 km ski in then varied</b>
<b>LEADER</b>	<b>Doug Pocock</b>
<b>TRANSPORT</b>	<b>Private to Mt Beauty then Bus to Falls Ck.</b>
<b>AREA</b>	<b>Bogong High Plains</b>
<b>MAP</b>	<b>Outdoor Leisure Map Bogong Alpine Area 1:50000</b>

Again we are able to be guests of the Rover Scouts Bogong Chalet. We ski in 11 km to the comfortable lodge carrying personal gear and a share of the food. Each day, trips will be organized of varying standards carrying only day packs. The lodge has sleeping areas with mattresses and pillows (byo pillow slip and mattress cover), full kitchen, dining room, showers, toilets, washing machine etc. Chores like cooking, cleaning and wood chopping are covered by a voluntary roster. Menu is fixed and all meals are provided. Byo fresh fruit and scroggin.

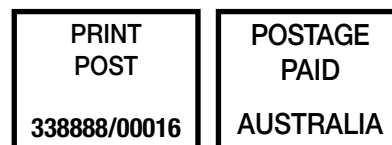
Contact me for details of how to book in or any other queries. If I am not around speak to Marilyn Whippey.



Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!

July 2012				
Sun 1	Yea Spur	Bus	E & E/M	Kerry McKeand & John Fritze
Thu 5	TOFS: Mullum Mullum Creek	Private	Easy	Rosemary Cotter
Sun 8	Woodlands Historical Park	Car	Easy	Stuart Hanham
Wed 11	Anakie Gorge	Private	E/M	Ian Mair
13-15	Pack Carry: Mt Buangor-Mt Cole area	Private	E/M	Roger Wyett
Sat 14	Cycling: Werribee South Circuit	Train/car	E/M	Del Franks
Sun 15	<b>Breamlea - Barwon Heads (ALT DEPT POINT)</b>	<b>Bus</b>	<b>E &amp; E/M</b>	<b>Lesley Hale &amp; Alwin Loubser</b>
Mon 16	MOFS: Churchill Park	Private	Easy	Pam Rosso
Sat 21	Baw Baw National Park Day Snow Shoe Walk	Private	Med	Ralph Blake & Kerry Press
21-22	Base camp: Tree planting - Wedderburn	Private	Easy	Doug Pocock
Sun 22	Warramatte Hills	Car	Easy	Mick Noonan
Thu 26	Ruffy Lake Park	Private	Easy	Jean Giese
Sat 28	Elwood-Sandringham (Private/Public Transport)	Private	Easy	Sheena Burgess
Sun 29	<b>NEW: Mt Martha-The Briars-Safety Beach</b>	<b>Bus</b>	<b>E &amp; E/M</b>	<b>Deb Shand &amp; Matt Jones</b>

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**RENEWAL SLIP**

Payment to the Treasurer, together with completed form by one of the following methods:

- Cash or cheque on club night (cheques payable to Melbourne Bushwalkers Inc.)
  - Cheque and Renewal Slip posted to Treasurer, Melbourne Bushwalkers Inc, P.O. Box 1751, Melbourne 3001
  - EFT to the club account. (Account Name: Melbourne Bushwalkers, A/c No. 0058-46013, BSB: 013-006).
- Please ensure your full name and 'SUBS' appear on the transfer.

**Fees:**  
 (Please circle your membership category)

<b>Single member:</b> \$45 or \$55*	Concession: \$34 or \$44** (Proof required)
<b>Couple/Family:</b> \$72 or \$82*	Concession: \$50 or \$60** (Proof required)
<b>News Subscribers:</b> \$20	

**Notes:** \* Additional \$10 charged to members who receive their copies of 'NEWS' via postal mail  
 \*\* Does not refer to holders of a Seniors Card

Name: .....

*Indicate below if you agree details can go on Club Membership list*

Name: .....

Fill in Address, Telephone number/s and Email address only if changed since last renewal:

Address: .....

YES/NO

Postcode: ..... Tel: H) ..... W) ..... Mobile: .....

YES/NO

Email: .....

YES/NO