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THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

October 2013



**Melbourne Bushies
2013 Christmas Party**

VENUE Melbourne City Bowls Club
ADDRESS Dudley Street West Melbourne (Flagstaff Opposite Clubrooms)
DATE Tuesday 10 December 2013
TIME 7.00 pm to 10.00 pm

BYO Plate To Share
Drinks can be purchased from the bar

EXTRAORDINARY GENERAL MEETING 8 PM WEDNESDAY NOVEMBER 13 TO APPROVE THE NEW CLUB RULES!

As explained in the September News, we must update our Club Rules to meet the new Victorian Consumer Affairs regulations and recommended best practice.

The New Model Rules are more comprehensive than the previous model rules, on which our rules are based.

The following three documents were placed on our Club Website Downloads Page in September for members' review and feedback which was due by the 28th September:

- 1 The Consumer Affairs Victoria's **New Model Rules**;
- 2 **Explanatory Notes** that describe the changes we have made to the New Model Rules;
- 3 The **Proposed New Rules** for the Melbourne Bushies.

The October Committee Meeting will review any changes needed and the final version of our New Rules and Explanatory Notes will be updated on the Website and sent to all members in mid October, along with the Agenda for the Extraordinary Meeting. At this stage the only business for the meeting is the New Rules.

It is important to get new rules approved for our club as our current rules will be fully replaced by the generic Consumer Affairs New Model Rules on November 26th unless we comply with the legislation. While we must have at least 15 members present to have a quorum I hope we will get a lot more people to attend!

Looking forward to seeing you at this important meeting!

**Due date for contributions to November News: 21 October.
I'll be leaving for WA just after the deadline, so late articles will miss out. Editor**

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria
362 William Street
(Cnr William and A'Beckett Streets)
Melbourne
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc



PO Box 1751
MELBOURNE VIC 3001
www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for *The News* is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au.

Please note:
Next committee meeting will take place on
Monday 7 October 2013

NEW MEMBERS

We welcome the following new members to the Club:

GEOFF BRADBURY
TAKA TISHIDA
KAYE THOMPSON



We are starting to plan social events for 2014 so if you are interested in giving a presentation or you have suggestions on speakers that you believe members would find interesting, could you send your suggestions to me

Kerry McKeand

RELEASE OF NGOOTYOONG GUNDITJ NGOOTYOONG MARA SOUTH WEST DRAFT MANAGEMENT PLAN FOR COMMENT

This plan covers areas such as Mt Eccles, Lower Glenelg, Mt Richmond, and Cape Nelson.

Comments are required by November 11th.

For information go to
www.parkweb.vic.gov.au/swplan.

CHRISTMAS PACK CARRY ADVANCE NOTICE.

To enable walkers to plan ahead I would like to advise that I will be leading a Medium grade pack carry in East Gippsland from 26 December 2013 until 1 January 2014. This will be to Reedy Creek Chasm in the Buchan Headwaters Wilderness Zone of the Alpine NP.

There is also the Expressions of interest from Ian Mair of the very interesting NZ walks from January 4–19 2014 and any other walks that may be on the program at Christmas.

Bob Oxlade.

Social Calendar

Wednesday Evenings in the Club Rooms - Wine & Cheese and Presentations starting at 8.00pm



Oct 23 Wine & Cheese – Dr Steffan Howe from Parks Victoria – Wilsons Prom Marine Mapping Project.

Parks Victoria manages a system of Marine National Parks (MNPs) and Sanctuaries that make up approximately 5.3% of state waters. Wilsons Promontory MNP is the largest of Victoria's MNPs and supports a variety of habitats including shallow subtidal reefs, deep subtidal reefs, intertidal rocky shores, sandy beaches, seagrass, subtidal soft substrates and expansive pelagic areas. Parks Victoria has been involved in several projects to map marine habitats in the MPAs across the state. Until recently only a small proportion (<10%) of the 150km² area of Wilsons Promontory MNP had been mapped.

Nov 27 Wine & Cheese and Presentation - Les Southwell Photography

To finish the year in a relaxed atmosphere, our highly regarded fellow club member Les, will provide an informal slide show of his selection of favourite photos from the Alpine walking track and Tasmania. This slide show shall include the Razor - Viking Circuit, including the Crosscut and Mt Speculation, the Knobs - Mt McDonald (part of The Bluff Circuit) and a tour of The Walls of Jerusalem - one of the classic bushwalks in Tasmania.

Please come along and share a glass of wine with us and have a natter to Les about his photographs.



Bushies' Christmas Party

Date : 10 December 2013

Venue: Melbourne City Bowls Club opposite the Clubrooms.

Time: 7.00 pm to 10.00 pm

Drinks can be purchased from the bar. Please bring a plate to share.

2013



Pictures from the Club's Bush Dance on 7 September.
Art Terry, celebrating his 90th birthday, is in the middle of the picture on the left.
Photos by Ian Mair.

PRESIDENT'S CORNER

The **main items at the August Committee Meeting** were: planning the training weekend that Roger Wyett is coordinating; agreeing the scope of a new Emergency Contact System, the first stage of which will commence in December; finalising arrangements for the Bush Dance (70 people attended which was great); getting an update from Ian Mair on the developing of an online membership database to improve our services and operations; making a change to our By-Laws (see below); reviewing the draft New Rules prior to member review during September; approving Andy Elam's application to join Bush Search and Rescue (BSAR); and progressing our Future Directions work. As you can see it was a very busy meeting!

As advised last month, the proposed new club rules and associated Explanatory Notes were put on the Website in September for members' review. I hope many of you had a look and provided feedback.

The current By-Laws specify that the minimum party size for a club activity is 4 people. It has been recognised for a while that this does not apply to previews which generally have one or preferably two people involved. While Rules can only be changed by a General Meeting of members, By-Laws can be changed by the Committee. By-Law 4.7 was amended to exclude previews. The updated By-Laws are now on the Website Downloads Page.

During September many members would have received an email asking them to support a project being run by a person in Bendigo. While this is no doubt a good cause (and the website was 'safe') it was an inappropriate use of member's information. We suspect that a person used one of the Membership Listings we periodically send to members. We respect the privacy of our members' information and only include information in the Membership Lists that people have agreed to share. **The Membership information is provided only to promote and support internal Club activities** and not for any commercial or even charity purposes.

This year's Federation Day, run by the Boroondara Club on behalf of Bushwalking Victoria, has attracted only seven of our members. This is a disappointing response to one of the few activities where people from different clubs can get together. If you have any great ideas on how we can increase our involvement next year please let me or our coordinator, Michael Murray, know!

There are many aspects of an **Emergency Contact System** including: having access to trip information and participants that may assist in taking action should a group be late; allowing concerned people to check if there are any messages on an overdue group; knowing when a group is late returning; and having emergency contacts to decide if action is required. Introducing extra requirements will take into account the risks involved and good bushwalking practice.

Starting with the Summer Program, we will be **trailing a mobile messagebank based system for allowing concerned people to check if there is information about an activity that is returning late** – see the Summer Activity Program for the Club's new Mobile Number. More information will be provided in the coming newsletter, the Training Weekend and via information sheets that will be sent to leaders. Until summer we will continue to use the current system.

Reminders for this month:

- 1 The **Training Weekend is on 23–24 November**. This weekend is aimed at people considering leading, new leaders, experienced leaders who want to share your experiences and continue to learn, and members who want to improve their GPS and other skills. It's located close to Melbourne so you can go for one or both days or just a session – see Roger's article in this News!
- 2 Check out the great **Social Calender** for the remainder of the year and put some dates in your diary.

Spring is a fantastic time for walking and seeing the wild flowers, so get out and enjoy yourself and maybe get a little fitter as well!



Mick Noonan

**TRAINING WEEKEND
23–24 NOVEMBER 2013
NIOKA BUSH CAMP – PLENTY GORGE STATE PARK (MELWAYS 183 K8)**

Timing 23 Nov 13	Activity
1000–1010	Overview of the weekend
1010–1020	Intro to walk leadership
1020–1050	Issues that you want addressed
1050–1105	Morning Tea
1105–1200	Open forum <ul style="list-style-type: none">– Discuss issues– Skills to obtain/improve
1200–1220	What's new in the club <ul style="list-style-type: none">– Emergency contact system
1220–1300	Lunch
1300–1400	What If Scenarios – dealing with the unexpected
1400–1430	Maps and Leaders' Resources
1540–1600	Afternoon Tea
1600–1640	1st Aid and General Equipment incl PLB's
1640–1700	Review of the Day – Q & A
1700–1800	Personal time, erect tents
1800	BBQ, Camp Fire – Socialisation – GPS Video , club photos Practical Night, 'Mystery Challenge'

As advised in the September News, the training weekend schedule has been finalised. What activity will help you? Attend some or all.

Timing 24 Nov 13	Activity
Prior to 0840	Breakfast, pack tents
0840–1040	GPS – Overview (CS) and hands-on in break-out groups
1040–1540	Day Walk with actual walkers, practice navigation, GPS, experienced leader to mentor, also role-play incidents with walkers such as: <ul style="list-style-type: none">– Walkers cannot continue– Walker is aggressive/belligerent (sun stroke)– Walker not following requirements – stop at junction– Walker missing – pack on track– Minor fall – 1st aid only– River crossing
1420–1540	Finish day walk at Camp area; Afternoon Tea; GPS video
1540–1600	Review the Day Q & A – depart

Register your intention to attend ASAP so you reserve the sessions you want to attend and we can have enough snags on the Free BBQ. All other requirements are BYO.

OUR CLUB'S FUTURE DIRECTIONS – REPORT 1

Over the last 6 months we have been looking at the type of Club we want the Melbourne Bushwalkers to be in the future.

As part of this work we reaffirmed the Club's existing historical Statement of Purposes.

- (a) To bring together those who enjoy bushwalking and related outdoor activities.
- (b) To encourage an appreciation of the wild life and natural beauty of this country and assist in its preservation.
- (c) To organise walking tours and other outdoor activities
- (d) To promote social activities among the members.

The first major activity undertaken was to look at:

- What makes us a strong club, and what are our weaknesses – this is largely internally focused.
- What are our opportunities to be a better club and what threats do we face – this is largely externally focused.

We obtained information from committee members, past presidents, life members, activity coordinators and a survey of a sample of members. A summary of the 'top 10' strengths, weaknesses, opportunities and threats is provided below – the numbers in brackets are the total number of items in that category.

	Helpful	Harmful
I N T E R N A L V I E W	Strengths (33)	Weaknesses (51)
	1 Well organised and diverse activity program caters for a wide range of interests and ages	1 Reducing numbers of PC/BC's in recent years
	2 Well established club with good processes, procedures and structure	2 Not enough succession planning for specific high skill and high knowledge roles
	3 Very good information, appealing Website and a new Facebook presence	3 Membership not growing despite a large number of visitors
	4 Very strong financial position	4 Aging membership – not enough young members
	5 Low membership fees	5 Decreased knowledge and experience for PC/BC's especially in remote areas
	6 Large and active membership	6 Hard to get volunteers for committee and non-committee roles, too reliant on a few
	7 Very good quality regular Newsletter	7 Members are not as social as they used to be
	8 Strong Club history, identity and tradition	8 Shortage of leaders – vital to find and train them
	9 Very strong and unique Sunday Walks Program	9 Issues with Clubrooms – access, needs a social activity to be inviting
10 Large diverse membership with lots of skills and experience to share	10 May be too conservative – ageing ideas, staid	
E X T E R N A L V I E W	Opportunities (47)	Threats (31)
	1 Ensure there are overseas and interstate activities each year – club-run or commercial	1 Competition from other walking clubs
	2 Expand and invigorate our PC/BC programs	2 A wide range of other exciting activities to be involved in
	3 Special Interest Walks – e.g. photography, art, wine, gardens, walk/touring	3 More need to pre-book campsites in advance makes activities more complex
	4 Promote member interactions with more social activities	4 It's easy to go walking on your own or with friends
	5 Improve links with other clubs and organisations	5 No secure tenure for the clubrooms
	6 Provide benefits to encourage new leaders	6 Possible increase in bus fees reduces viability of Sunday Walks
	7 Offer a wide range of activities for a growing retired community	7 Easy on-line bookings, parking restrictions reduce Clubrooms social interactions
	8 Improve services and information by using an online membership database	8 Most members just want to walk and have some social interactions, not interested in admin or environment issues.
	9 Market the Club more using different methods	9 Other interesting, trendy non-bushwalking clubs
10 Providing shared non-car-based transport to encourage PC/BC's	10 Apathy from members and the public	

Note: PC/BC's is Pack Carries and Base Camps.

The next major phase is to look at what is our vision for the future and how would we describe it by using a set of specific objectives. This will take some time given the other things we are doing this year, e.g. the new rules, reviewing the emergency contact system, training weekends. I hope we will have it done before next year's AGM.

Mick Noonan

FRIDAY 8 NOVEMBER SUNSET WALK IN SOUTH MELBOURNE



Photos: Rochester Terrace. You'll see it on the walk.



If you are able to meet me at the Market at 6 to organise a car shuffle, please let me know.

Meet at the corner of Foote Street/ Beaconsfield Parade, Albert Park. Melways 2J G9. Metered parking on Beaconsfield Parade. **Departure time is 6:30.**

Have your pen ready, as the **Famous Quiz** starts as soon as we commence the walk.

The committee have generously agreed to sponsor the prizes for the night:

- First Prize – a flight for two to Antarctica, flying first class with Qantas (note – one way only).
- Second Prize – a week's historic walking tour of the South Bank ... sorry, West Bank.
- Third Prize – a Moorabbin mystery flight (rumoured to fly over Christmas Island, Manus Island or Nauru).

The walk takes 60 minutes and ends at **Koy's Turkish Restaurant** (fully licensed), 16–136 Cecil St, South Melbourne. It flanks South Melbourne Market.

One option is to meet me there if you are unable to join the walk.

Book with Susan Maughan no later than 6 November.

Willis's Walkabouts

Wet Season for Beginners

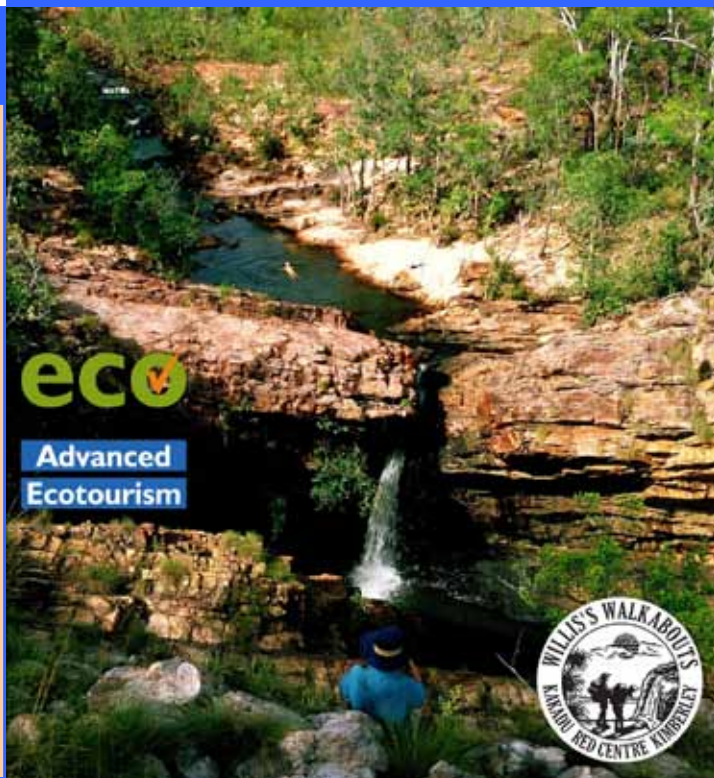
The wet season in the Top End and Kimberley is **spectacular** and **enjoyable** and there are **no crowds**.

For bushwalkers who might be a bit nervous about committing themselves to a major wet season expedition, we've designed two introductory trips which allow participants plenty of time to acclimatise as we work our way from day walks up to longer overnights. Both are divided into sections, any of which can be done on its own.

Green Kimberley: 13 January - 1 February 2014

Kakadu Light: 4-16 February 2014

For general information, see our **What to Expect** page. www.bushwalkingholidays.com.au/wet2.shtml. For information about a particular trip send us an email or click the links on the availability page on our website: www.bushwalkingholidays.com.au/avail.shtml



www.bushwalkingholidays.com.au rwillis@internode.on.net Ph: 08 8985 2134

SAINTLY SNOWSHOEING SNOWSHOE WEEKEND MT ST GWINEAR 24–25 AUGUST 2013

I wasn't aware before that Ralph had any special relationship with saints, but they were certainly smiling on him the weekend of 24–25 August. Ralph had managed to plan his snowshoe pack carry on the only weekend in the year with enough snow cover on Mt St Gwinear and Mt St Phillack for us to snowshoe. Not only that, but we had blue sky and sunshine thrown in!

Six of us gathered in Erica on Saturday morning so that those of us without our own snowshoes could hire them before heading up the mountain. At the St Gwinear car park we fitted our snowshoes, hoisted our packs, donned our sunglasses and set off like a family of web-footed ducks one after another up the slope. It was soon obvious that Ralph and Kerry had done this many times before: not only did they impress the rest of us with their knowledge of the mountain and where we should go, but they were also acquainted with most of the other people we came across on the trails.

It didn't take us novices too long to get the feel of clumping along on our snowshoes, occasionally sinking through the fresh snow cover into holes to test our balance. However, about half an hour from our start point, difficulties struck. One of Ian's hired snowshoes came adrift, and upon inspection by the two engineers on the trip, it appeared that a vital plastic part had fractured. With some ingenuity from the aforementioned engineers, and a spare strap from Ralph, the errant snowshoe was reinstated and we waddled on to find a scenic spot by a stream for lunch.

With this delay, and a thinner than hoped for snow cover, Ralph's plans for a camping area had to be changed. We wended our way off track through snow gums looking for a suitable flat open space with enough snow cover for the tents. As the afternoon wore on and we were starting to wish for hot cups of soup to replenish our flagging energy, our hopes were answered: we came across some level spots amongst the trees with a creek nearby for water, and not too close to the track to be disturbed by the Alpine Rescue volunteers who had warned us that they would be carrying out night manoeuvres. As the light dimmed and the air chilled, we retired to our snug tents to cook our dinners and roll up in our sleeping bags for the night.

Sunday dawned fine and sunny again, and we left the tents to set off with day packs and explore the snowy environment. Anyone following us might have wondered at our tracks winding this way and that through the trees, but we made the most of the freedom that the snow cover gave us to walk over the scrub rather than

through it. We even managed to find a new route that Kerry and Ralph hadn't traversed before. After lunch we returned to our tents to pack up and head back to the cars over the softening snow.

During dinner at the pub in Trafalgar we reflected on how lucky we'd been to enjoy the snow before the warm spring sun steals it away. Thanks to Ralph and Kerry for organising and leading the weekend so ably. Thanks also for the pleasant company of Ian, Helen (from VMTC) and Agajan.

Deb Shand



The group on the peak of Mt. St. Gwinear. L to R: Agajan, Ian, Deb, Kerry, Ralph, Helen.

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:
http://www.mbw.org.au/mbw_activities/MBW_activities_program.php

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



SUNDAY BUS

MOORABOOL RIVER – MAUDE TO SHEOAKS

DATE Sunday 20 October 2013
STANDARDS Easy/Medium and Medium
LEADERS Christina Hughes and Matt Jones
TRANSPORT Bus – Leaving Southbank Blvd at 8:45am

For details of this walk please contact the leaders.



DANDENONGS EXPLORER

DATE Saturday 26 October 2013
STANDARD Easy/Medium
DISTANCE 15 km
LEADER Jerry Grandage
TRANSPORT Private
AREA Dandenong Ranges
MAP REFERENCE Melways 52, 66, 75

This walk will give you two of the Dandenong Ranges' famous gardens (Nicholas and Pirianda) which will be looking great at this time, as well as the ever-popular Sherbrooke Forest and a sample of the scenery on the west face of the mountain. We will do a car shuffle after meeting near Pirianda.



SUNDAY BUS

LABERTOUCHE WILDFLOWER WALK

DATE Sunday 27 October 2013
STANDARDS Easy and Easy/Medium
DISTANCES 13 and 18 km
TRANSPORT Bus – Leaving Southbank Blvd at 8:45 am
AREA Bunyip State Forest
MAP REF Spion Kopje 1:25,000

Unfortunately circumstances have prevented me from previewing this walk at this stage. But based on previous reports we have either or both good views and many spring flowers. It is in the Bunyip State Forest north of Labertouche. Refer to the website for any updates.



PACK CARRY

TALI KARNG AND GABLE END VIA MT MARGARET AND WELLINGTON RIVER

DATE 1–5 November 2013
STANDARD Medium
DISTANCE 49.5 km
LEADER Di McKinley (Jopie Bodegraven backup)
TRANSPORT Private
AREA Alps via Gippsland (east of Melbourne)
REF MAP 1. Tali Karng–Moroka 1:50,000 SV Outdoor Recreation Guide
 2. Tali Karng 1:25,000
TRANSPORT COST Approx. 650 k (return)

For this Cup Weekend four day walk, Friday night camp is at the Licola Caravan Park/General Store. Saturday morning we will be ready to depart at 8 am from the General Store for the 17.5 km (one way) car shuffle.

Our walk starts 4.5 km from Licola, heading off along the Mt Margaret walking track, over Mt Margaret and Brandy Pinch to camp day one on the Wellington River, covering 14 km and climbing 1040 m. On day two we walk 12.5 km (1000 m) to Millers Hut area for camping, via Gillios Track with a steep switchback, followed at the end of the day by a 2 km side trip around the lake and to Snowden Falls. To start day three we have a 10.5 km (270 m) side trip to the Gable End and the Sentinels before we walk another 10.5 km (130 m) via Riggalls Spur to camp back at Wellington River for the night. The last day is back 12 km (80 m) along the Wellington River where (not for the first time) we will get wet feet crossing the river numerous times, so a pair of dry shoes in the car would be a good idea. Our cars will be at the Wellington River Bridge, where we will undo the 17.5 km car shuffle.

Most of this medium walk will be on track, but past flood and fire damage with anticipated regrowth may mean that we need to walk off track at times. Jopie generously is sharing his navigation and leadership skills to assist the club in developing leaders (myself this time), and as well as his patience and skills he tells me he is bringing along a pair of secateurs 'to deal with any pesky bits of blackberries or other rubbish'.

If interested the relevant map is Tali Karng–Moroka 1:50,000 SV Outdoor Recreation Guide (2010).
 Contact Di for further information.



SUNDAY CAR POOL

SUGARLOAF PEAK – MESSMATE TRACK

DATE Sunday 3 November 2013
STANDARD Medium
DISTANCE 12.5 km
ELEVATION 550 metres
LEADER Halina Sarbinowski
TRANSPORT Carpool – Leaving Southbank Blvd at 8:45am
AREA Cathedral Range
MAP REF Outdoor Leisure Map – Cathedral Range
FIRE BAN DISTRICT North Central
TEMPERATURE REFERENCE SITE Seymour

Starting from Cooks Mill Camping Area, we will follow the Saint Bernards Track then onto the Jawbone Creek Track, following these tracks till we reach The Farmacyard. The elevation for this section of the track is over 500 metres and a great heart starter. We will then follow The Razorback over the high point of the Range, Sugarloaf Peak, and onto the Canyon Track to the Sugarloaf Saddle. The last section of the walk will be along the Messmate Track. The Messmate Track is the newest addition to the walking tracks in the Range and this circuit has never been on the Sunday program before.

This route is as challenging as it is awe inspiring. The need for both leg and upper body fitness is recommended for maximum walking pleasure. With frequent rock scrambling and, at times, sharp drops to the side, The Razorback section is well named and should only be attempted by those sure of their footing and not deterred by heights. The rewards, though, for those ready to take on something a bit more demanding make this one of the best day walks within easy reach of Melbourne.



TOFS WALK

WOODLANDS HISTORIC PARK

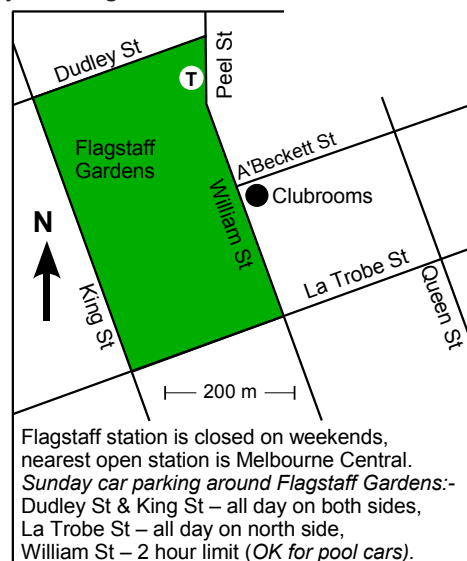
(Please note: Date changed from original walks program.)

DATE Thursday 7 November 2013
STANDARD Easy
DISTANCE Approx. 10km
ELEVATION Sea level
LEADER Keith White
TRANSPORT Private car
AREA North of Melbourne
MAP REF Melway 178 K9
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Melbourne

(The walk will start at 10:30 am. Meet in the car park at the Woodlands Historic Homestead at 10:15. With reference to Melways Map 177, enter Woodlands Historic Park from Oaklands Road (177 H9) and follow the gravel road over the ford and along to the car park. I will preview a walk closer to the date and decide if we follow the Moonee Ponds Creek or take the more traditional route to Gellibrand Hill.

ALTERNATIVE DEPARTURE POINT FOR SUNDAY WALKS OPPOSITE CLUBROOM

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A'Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.



SUNDAY BUS

THREE SISTERS – FLOWERDALE (ALT DEPT POINT)

DATE Sunday 10 November 2013
STANDARDS Easy/Medium and Medium
DISTANCES 15 km and 18 km
ELEVATIONS 550 m and 600 m
LEADERS Ian Mair and Max Casley
TRANSPORT Bus – Leaving Clubrooms at 8:45 am
AREA Mt Disappointment SF and Flowerdale
MAP REF Reedy Creek 1:25k; Flowerdale 1:25k
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Sale

Note: This trip will start from the Alternative Departure Point in William Street opposite Flagstaff Gardens.

From time to time the Sunday Bus program includes a walk that is physically more demanding and, at the same time, highly rewarding due of the character of the area walked. There is no doubt that the walk through the edges of the Mt Disappointment State Forest leading onto private property and the grand slopes of the Three Sisters fits that description. Last undertaken in 2007, both walks traverse similarly diverse terrain involving steep mountain slopes and ridges populated with vigorous regeneration following the 2009 bushfires, the rocky creek bed of Diggers Gully, and finally the rolling green pastures around the Three Sisters with outstanding panoramic views down to the valleys around Flowerdale. The Medium

walk takes in an extra hillside climb to test out the leg muscles before dropping sharply down again to join the route of the Easy/Medium walk along Diggers Gully. For those that accept the challenge of these walks there will be no doubt that you have had a tough workout by the end of the day. A walking pole for the downhill sections will be an advantage! (See the online Preview for images of the area to be walked.)

These walks are graded harder than the usual Sunday Bus trips. A good level of fitness is required. Speak to the leaders in the clubrooms or on the telephone if you have any doubts.



WEDNESDAY WALK

TRENTHAM – LYONVILLE SPRINGS – TRENTHAM

DATE Wednesday 13 November 2013
STANDARD Easy/Medium, with an Easy option
DISTANCE 16 km, with a 12 km option
LEADER(S) Sandra Mutimer
TRANSPORT Private
AREA Trentham
MAP REF Vicmap : Trentham and Coliban 1:25,000, Wombat State Forest Touring 1:50,000

FIRE BAN DISTRICT North Central
TEMPERATURE REFERENCE SITE Ballarat

We will meet at the Old Trentham Railway and Information Centre in Market St., Trentham at 10:15. This can be reached by turning off the Kyneton Trentham Rd.

The walk starts off on the Domino Trail which more or less follows the route of the railway line that once linked Daylesford and Carlsruhe. It also moves along old logging tracks, reminders of the timber industry so strongly present here and in the nearby forests in the past. At the western end of the trail we will continue on through Lyonville and then on to Lyonville Springs before returning to the railway station through the Wombat State Forest.

It is a walk that mainly ambles along on the flat with some gentle uphill and downhill. It is possible for those who do not wish to continue on to Lyonville Springs to return from Lyonville along a well-defined track.



CYCLING

COLAC/PRINCETOWN BASE CAMP

DATE 16–17 November 2013
STANDARD Medium
LEADER Jopie Bodegraven
MAP REFERENCE Princetown/Corangamite 1:100,000 RACV and Vicroads Country Directory

FIRE BAN DISTRICT South west
TEMPERATURE REFERENCE SITE Colac

This will be 2 days of delightful cycling in both open rolling farming country and forest country in a beautiful part of Victoria that we don't normally cycle in. It is hilly in parts but with that comes some great views and lovely downhill runs. A trip not to be missed.

Our meeting point will be at the visitors information centre in Colac, corner of Princes Highway and Queen Street at 9:30 am Saturday. Leave bikes on the cars as we will drive another 16 km to our starting point. Apple Maps says Colac is 2 hrs 10 mins from Central Melbourne. You have the option of driving down Saturday morning or staying Friday night in Colac.

Saturday's ride will be approx 71 km with 580 metres of ups and involves a 21 km car shuffle. The toughies can opt to close the circuit but that will mean 92 km for the day! We ride down the Gellibrand River valley and through Carlisle River and Simpson where with luck we may find some refreshments

Saturday night will be at the Lake Colac Caravan Park and dinner will be at the Colac RSL.

On Sunday we drive 53 km to our starting point near Simpson where we do a gorgeous 62 km circuit with only 520 metres of ups taking in Princetown and some lovely ridgetops and ocean views.

If you are happy to camp Saturday night, I will organise that. If you would like to stay in a cabin you will need to organise that yourself direct with the caravan park but let me know if you would like to share as I will try to coordinate that. Bring lunch for both days or organise it in Colac as there is definitely nowhere en route on Saturday and I don't know what Princetown might have.

Join me for what promises to be a fabulous weekend of cycling



SUNDAY BUS

BRITANNIA RANGE – YARRA STATE FOREST

DATE Sunday 17 November 2013
STANDARDS Easy and Easy/Medium
DISTANCES 14 and 17km
ELEVATIONS to 700 metres
LEADERS Richard Long and Theo Mertzianidis
TRANSPORT Bus – Leaving Southbank Blvd at 8:45 am
AREA Upper Yarra Valley near Yarra Junction
MAP REF Gladysdale 1:25,000
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Yarra Glen

The Easy/Medium walk starts at the Britannia Range Track along Britannia Creek and ascends to 700 m from where the ridgeline is followed, partly along an old tramway. It then descends down to Britannia Creek Rd and back to where Lady Walkers Track branches off, here the bus pickup is expected.

Further along the entry road from Britannia Creek is where the Easy walk starts. It uses Lady Walkers Track which is reported to be a pleasant and sheltered track. A steady ascent partly along Portas Road then follows to the 700 m level, from which the route followed is the same as for the Easy/Medium walk.

Both walks are entirely in the Yarra State Forest, they feature tree ferns, huge trees and old tramways. Lyrebirds may possibly be sighted. After October rains the tracks get slushy so walkers should bring good walking boots.



MOFS WALK

BALCOMBE CREEK AND THE BRIARS

(Please note: Date changed from original walks program.)

DATE Monday 18 November 2013
STANDARD Easy
DISTANCE 10 km approximately
ELEVATION A bit of a hill
LEADER Marilyn Whimpey
TRANSPORT Private
AREA Mt Martha

MAP REFERENCE Melways 144, 145, 151
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Melbourne

Meet at the car park at the corner of Watson Road and Mirang Avenue (Melways 144 J12) by 10:30 am ready to leave one or two cars here and drive a short distance to The Briars park.

At The Briars there are several walks, a vineyard, a historic homestead, a visitors' centre, bird hides and all sorts of interesting things. We're likely to see koalas and kangaroos, as well as many types of birds.

We'll finish our walk by taking the Balcombe Creek walkway back to the car/s left at Watson Road.



DANDENONGS EXPLORER

DATE Saturday 23 November 2013
TRANSPORT Private
STANDARD Easy/Medium
LEADER: Maureen Hurley
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Mt Dandenong

For details of this walk please contact the leader.



LEADERS' TRAINING WEEKEND

DATE 23–24 November 2013
TRANSPORT Private
STANDARD Easy
LEADER Roger Wyett
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Melbourne

For details of this activity see page 5.



SUNDAY CAR POOL

PLENTY RIVER GORGE

DATE Sunday 24 November 2013
TRANSPORT Carpool – Leaving Southbank Blvd at 8:45 am
STANDARD Easy/Medium
LEADER: Halina Sarbinowski
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Melbourne

For details of this walk please contact the leader.



BASE CAMP

WONNANGATTA/MOROKA (WITH PEREGRINE CLUB)

DATE 25–29 November 2013
TRANSPORT Private
STANDARD Easy/Medium
LEADER: David Laing
FIRE BAN DISTRICT North East
TEMPERATURE REFERENCE SITE Wangaratta

For details of this walk please contact the leader.



SOCIAL WALK

HEIDELBERG – WARRINGAL PARKLANDS

DATE Thursday 28 November 2013
STANDARD Easy
DISTANCE 5 km
LEADER Jean Giese
TRANSPORT Private
AREA Heidelberg
MAP REF Melways 32
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Melbourne

Established in 1839, the Heidelberg garden is one of the earliest European gardens created in Victoria. We will explore this plus some of the Warringal Parklands, followed by lunch in a Burgundy Street café.

Meet in the first car park to the left of Burgundy Street, Melways 32 B4 to commence walking at 10:30 am. Book with Jean.



PACK CARRY

COBUNGRA AND WEST KIEWA RIVERS CIRCUIT – MT HOTHAM AREA

DATE 29 November–01 December 2013
STANDARD Medium
DISTANCE 23 km
LEADER Agajan Akbari
TRANSPORT Private
AREA Alpine (Mt Loch – Swindlers – Blair's Hut – Red Robin Mine – Mt Loch)
MAP REF Bogong Alpine Area Outdoor Leisure Map 1:50,000 and Rooftop's Mt Feathertop–Hotham Forest Activities Map 1:30,000

The main features of this pleasant walk are viewing Mounts Bogong and Feathertop, the two tallest mountains in Victoria, and the wild valley of the upper Cobungra River.

The walk starts at Mount Loch car park (west of Mt Hotham) on Saturday 9:30 am. We will be walking via Derrick Hut and along the Swindlers Spur, a steepish descent to the Cobungra River, visit Dibbins hut and walk towards Blairs Hut.

Blairs Hut originally was built in 1923 by cattleman Frank Blair. It burnt down in 1930 but was rebuilt the following year. It is planned to camp Saturday night at Blairs Hut (no camp fire).

On Sunday we break camp (8:00 am), walk back to Red Robin Battery and follow the vehicle track (steep) towards the Red Robin Mine. Red Robin Mine, which has been worked since 1941, was mainly destroyed in the 2003 bushfires but is still partly in operation. The walk continues along the Machinery spur (a bit flatter). On the way we may have a short trip to Mt Loch (1887 m) where we could have panoramic views of alpine surroundings on a clear day. Later on we join the route of the first day to retrieve the cars at Mt Loch.

This walk is a good alpine hike and therefore is recommended. Although this walk is in summer, participants are required to be well equipped with all types of alpine weather gear and carry their own personal first aid kit.

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!

November 2013				
1-5	Pack Carry: Tali Karng and Gable End	Pvt	Med	Di McKinley & Jopie Bodegraven (backup)
Sun 3	Sugarloaf Peak – Messmate Track	Car	M/H	Halina Sarbinowski
Thu 7	Woodlands Historic Park	Pvt	Easy	Keith White
Sun 10	Three Sisters – Flowerdale (Alt. Departure Point)	Bus	E/M & M	Ian Mair & Max Casley
Wed 13	Trentham – Domino Trail, Lyonville Springs	Pvt	E/M	Sandra Mutimer
16-17	Cycling: Base Camp, Colac/Princetown Area	Pvt	Med	Jopie Bodegraven
Sun 17	Britannia Range	Bus	E & E/M	Richard Long & Theo Mertzandis
Mon 18	Balcombe Creek and The Briars	Pvt	Easy	Merilyn Whimpey
Sat 23	Dandenongs Explorer	Pvt	E/M	Maureen Hurley
23-24	Leaders' Training Weekend	Pvt	Easy	Roger Wyett
Sun 24	Plenty River Gorge	Car	E/M	Halina Sarbinowski
25-29	Base Camp: Wonnangatta/Moroka (with Peregrine Club)	Pvt	E/M	David Laing
Thu 28	Heidelberg – Warringal Parklands	Car	Easy	Jean Giese
29-1 Dec	Pack Carry: Cobungra and West Kiewa Rivers Circuit	Pvt	Med	Agajan Akbari

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