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THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

October 2014

WHISTLES!!!!

Whistles are an important outdoor safety tool in a range of outdoor activities:

- Signalling an emergency, the need to regroup, acknowledging a signal, etc.
- Communication between a leader and the whip
- By a member who has either become lost or is separated from the other walkers in the group
- In searches should someone get separated from the group

The design (e.g. ensuring they work when wet) and a high output sound are important features. We try to always source whistles that are designed for outdoor safety use. There are a lot of whistles available, many of which are not fit for purpose. We have seen an increase in walking packs that come with an attached whistle. These can be of dubious value and we have already had one example where a whip using a pack whistle was not heard by the leader.

The standard whistle codes are:

- 3 blasts – emergency
- 2 blasts – stop and regroup
- 1 blast – acknowledge the above

We have recently purchased a bulk order of 'black' safety whistles of similar design to the orange ones we have recently had available. They are designed for outdoor safety use and are capable of producing over 100 decibels of sound to summon help in emergency situations. They are for sale in the clubroom or on Sunday Bus walks at the cost-effective price of \$2 to encourage their wide adoption as a safety item. We selected these whistles as they meet outdoor standards and are excellent value for money.

We also:

- Provide free whistles to new leaders
- Provide a whistle to a leader or whip who does not own one. All leaders should have one!
- Encourage all members to carry a suitable whistle

Note: While whistles are an important outdoor safety item where their loud noise is an important feature, they are not intended for use in confined spaces. Whistles should not be used in the Clubrooms, e.g. at our Wednesday Social Nights, or at other indoor social activities, e.g. our Christmas function. Before they are used in a confined space a warning should be given, e.g. at a training session.

Mick Noonan



**Due date for contributions (including December previews) to November News:
21 October**

MEMBER OF



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria
362 William Street
(Cnr William and A'Beckett Streets)
Melbourne
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001
www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for The News is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au.

Please note:

Next committee meeting will take place on
Monday 10 November 2014

ANNUAL SALE PREVIEW NIGHT

**23rd October 6-9pm
minimum 20% off all stock**

The Wilderness Shop's famous annual sale is on again! To thank MBW members' for their ongoing support we would like to invite you to a special preview night which is not open to the general public. The preview night offers first access to our sale items, many of which are in limited quantities. So lock it in to your diary and we'll see you October 23rd.



The Wilderness Shop
969 Whitehorse Rd Box Hill

Annual Sale
23rd - 26th October 2014
20% - 50% off all stock
Preview night 5-9pm 23rd Oct.

If you would like to receive the Annual Sale catalogue by email please visit the Newsletter page on our website and sign up today.

NEW MEMBERS

We welcome the following new members to the Club:

Rosalee Kiely
Theresa Walker

Hello Bushies,

There might be some interest in the Eureka Tower climb, coming up on SUNDAY 16 NOVEMBER.

This is the website.
www.eurekaclimb.com.au

Alas, I won't be able to make it that day!

Regards,
Susan Maughan



PRESIDENT'S CORNER – OCTOBER

The main items at the September Committee Meeting were: finalising a simple flyer for members to use to encourage family and friends to come walking with us; reviewing a number of incidents; and deciding to make this year's annual donation to the Victorian National Parks Association (\$680).

As part of our Future Directions we have developed a draft statement of how we would like to be seen by visitors, members and the community:

To be a leading Melbourne club providing a wide range of bushwalking and other outdoor activities for members to enjoy the natural environment in Victoria and beyond with friendly people.

It says we want to be one of the leading Melbourne clubs, that bushwalking is our core activity but there are many other outdoor activities, e.g. cycling, that members enjoy, our activities are not confined to Victoria, it's about enjoying the outdoors, and being a friendly place to be. What do you think? Let a Committee Member know!

Bushwalking Victoria has recently introduced a new logo. They are trying to improve their profile and that of bushwalking in the community and with government to get better outcomes for bushwalking. See the article on page 6 of this News for more information.

Some general comments and observations:

- **We have recently purchased new whistles which will be on sale for \$2 to members. See the News item on Whistles (page 1) and where and how they should be used.**
- Our **Membership Campaign** has yet to show any significant growth in numbers other than the normal variations. We had 397 members at the end of September.
- It was great that we eventually got a **high turnout for First Aid Training** with 18 people booked.
- **John Fritze has set a new record with nearly 70 people coming to see his 'out there' photos.**
- **Ian Mair continues to improve the Club's operations**, with recent benefits including recording visitors' information so we can include them in emails of the News and social event reminders.

We recently incorrectly published some contact details that members had asked us not to put in the circulated Membership Lists. We have been contacting members to apologise. It does raise the issue of what the circulated Membership List is currently used for and whether address details need to be included at all given that phone/mobile and email details are generally provided. Please contact me with your views.

Reminders for this month:

- 1 **When walking it is important for the group to stay close together**, generally with people being able to see who is in front and behind them, stopping at junctions, regrouping periodically so the leader and whip can see how things are going, etc. If needed the '2 blast' whistle signal to regroup can be used. **Leaders should ensure they do not get too far ahead of the Whip!**
- 2 **New laminated Emergency Cards for Leaders are now available** in the Clubrooms and on the Sunday Bus. A number of changes have been made including to reflect the updated Emergency Contact System.
- 3 **Get your News items in by 21st of the month.** August was the first month in some time that all Previews were on time! Follow Cathy Merrick's lead and send in a review of a great relevant book you have read!
- 4 **The October 22nd social night presentation by the Country Fire Authority is specially for bushwalkers.** So come along, have a great time and make our guest welcome!

This is my third and last year as President. It's great to be able to put something back into the Club. There have been many enjoyable times and on occasions a great sense of achievement. So if you are interested in taking on the position next year or know someone who might, I would love to hear from you!

Thanks to all the coordinators and leaders who have helped put our Summer Program together!

Mick Noonan



2014 Social Calendar

Wednesday 22 October 2014, 8 pm

CFA BUSHFIRE WORKSHOP FOR BUSHWALKING CLUBS

The CFA has recognised that people spending time in bushland from November to April each year need to be made aware of the risks relating to bushfires.

The CFA has put together a presentation specifically for bushwalkers and includes the following topics:

- Travelling and hiking in a high-risk area
- What to do if caught in a vehicle during a bushfire
- Understanding Fire Danger Ratings and how to plan a walking holiday around them
- Not travelling into high-risk areas on bad days – rearranging your plans
- Going to a Victorian Visitor Information Centre for further information.

CFA has some great resources specific to bushwalking and travelling in high bushfire risk areas that they can make available to the Club.



Wednesday 26 November 2014, 8 pm

SLIDE NIGHT: HIKING IN MADEIRA – Presented by Jan Colquhoun

Madeira's a volcanic island off the North West coast of Africa; a Portuguese colony, it's some 1000 km from Lisbon. It's but a speck on a map, 56 km × 20 km but it offers a diverse and dramatic range of landscapes; steep misty mountains, deserts, sub-tropical rainforests, volcanic rock structures and terraced farmlands. Located on the edge of a continental shelf, the capital of Funchal has long been popular with cruise ships, but the rest of the island is now coming into its own as a premier European hikers' destination. So come along and let me share this uniquely beautiful island with you.



WOULD YOU LIKE TO HOST THE MELBOURNE BUSHWALKERS NEW YEAR'S DAY BBQ?

Last year it was at Birdland Reserve Belgrave. We could return or do you know of another good BBQ spot for the event?

To host the event you will need to get to the venue early to bag our spot. It is a BYO event – everyone to bring something to BBQ, a contribution for the community table, a chair and drinks.

If you are interested in hosting the New Year's Day BBQ please contact John Free.

Thanks – John

Melbourne Bushwalkers 2014 Christmas Party

Venue - Melbourne City Bowls
Club, Dudley St
West Melbourne
(Opposite the clubrooms)

Date - Monday 8 December 2014

Time - 7.00 pm to 10.00 pm

BYO Plate To Share

Drinks can be purchased
from the bar



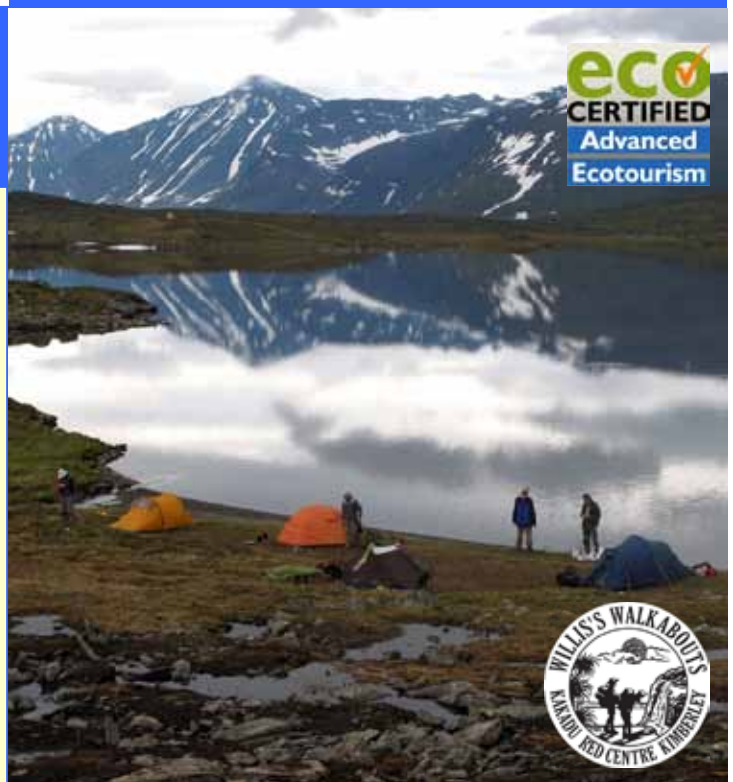
Willis's Walkabouts

Willis's Walkabouts Overseas Expeditions

We have been offering overseas trips since 1990. As with our Australian trips, no one else offers trips like these where you trek into the wilderness carrying all your own food and gear.

Scandinavia, Patagonia, Vanuatu and southern Africa — we offer a variety of trips to suit different levels of fitness and interests. The photo at right was taken in July 2012 on our 11-day trek from Sweden into Norway north of the Arctic Circle. Everyone enjoyed it so much that we are offering a similar, somewhat easier trip this year.

If you've ever wanted a **different** kind of overseas holiday, you ought to have a look at what we offer. Check out our website or ask for our trip notes.



www.bushwalkingholidays.com.au rwillis@internode.on.net Ph: 08 8985 2134



A large and diverse bushwalking community enjoying world class walking opportunities across a wide range of Victorian landscapes

A new image for Bushwalking Victoria was launched at the annual Leadership Forum held on 14 June. Sean Savannah of Savannah Designs, who developed the new image in response to a Bushwalking Victoria Creative Brief, explains the rationale of the new logo and image:

'The new Bushwalking Victoria brand identity represents the emotion and unique nature of bushwalking in Victoria. Ribbon-like forms intertwine leading the eye up through the symbol like a path running into the landscape. The forms not only represent rolling hills and valleys but also the many levels of service provided by the organisation and the interaction between partnering organisations, clubs and volunteers. The colours represent the many features of the Victorian bush with its diversity of flora through the greens, the earth/paths, sea and rivers, the eucalyptus haze across the mountains, and the unique burst of unexpected colour from a passing rosella, or the sighting of the Common Pink Heath (*Epacris impressa*) flower, or the glow of a red sunset on the alpine range, punctuated with the orange glow of the sun.'

A clear image is an essential element in Bushwalking Victoria's plans to build a better understanding of what we do, strengthen our reputation, exert greater influence on matters affecting bushwalkers and obtain more support for what we are trying to achieve.

The new image is much more than a logo. It is a design scheme that creates a distinctive look and feel which will make Bushwalking Victoria instantly distinguishable from other organisations.

Car stickers will be sent to every club (numbers will be proportional to size of club) and additional stickers can be ordered for a small charge

Bushwalking Victoria will progressively implement the new image over the next few months. Once the image implementation and website improvements are completed Bushwalking Victoria will develop a campaign to promote the bushwalking as an enjoyable lifelong recreation suitable for all ages.

Extract from the BWV Website: . <http://www.bushwalkingvictoria.org.au>

TREE PLANTING WITH THE REGENT HONEYEATER PROJECT: 6-7 SEPTEMBER 2014

Three Melbourne Bushies enjoyed beautiful spring weather, with blue sky, warm sunshine and no wind on this tree planting weekend with Ray Thomas and his Regent Honeyeater Project team and 70 volunteers. Our planting site was high up on the Lurg Hills with sweeping views of the Winton wetlands, Warby Ranges, Mt Buffalo and the distant Victorian Alps. We planted approximately 4,700 seedlings (Mugga Ironbark, White Box, Yellow Box, many understorey plants and some rarer plants) to create four wildlife corridors across the farmland to connect remnant forest and roadside reserves.

We were lucky to meet the property owner and to hear their views on the benefit of restoring habitat on farmland as well as mini-lectures on the history of the Regent Honeyeater Project; complete with aerial maps and photos, wildlife and botany talks and a special guest speaker on the Regent Honeyeater release program. Some were lucky to have their photos taken by a roving Southern Cross media journalist. Great camaraderie with the many and varied groups attending, sharing stories and great tips and trips, especially with the evening meal, bakery breakfast and Sunday BBQ.

Many thanks to Howard Friend and Deb Shand for their valuable contribution.

Rod Novak

MEMBERSHIP DRIVE – and you can easily help!

Melbourne Bushwalkers has always enjoyed one of the highest walking club memberships in Melbourne, and that continues today with our fantastic attendances and diverse members of all ages. We still always love to encourage **even more new members** to join us. So in this issue of The News we include a set of 3 flyers you can cut and use any time or photocopy, and use to help spread the word.

If **every member** put just **one** of these flyers up on a noticeboard or on a table at:

- your work place
- your gym
- your club or pub
- your church
- on the train
- in your favourite shop window
- or into some local letter boxes
- email your friend list or facebook group
- hand a flyer to a friend, relative or workmate who seems interested

That would be **450 targeted free ads for Melbourne Bushwalkers circulating throughout Melbourne – YAY!**

Share the fun and health benefits of bushwalking with someone else. Do them a favour and expand our club at the same time! Do your bit and circulate one flyer this year. This flyer will also be added to our web site for easy access when needed.

Make this the month when we all spread the word for Melbourne Bushies. Next month's challenge – try leading a walk if you haven't already!!

Your Club Committee

Walking in the footsteps of the ancients



After great success this season STARSAND will be offering more great Sailing Trekking cruises in the Kimberley for the 2015 season commencing in May.

Choose from 10 day and 4 day cruises fully organised with professional guides, or gather your own group and design your own itinerary.

Visit Starsand.com.au or call Simon on 0429939117 for further information.

MT KOOYOORA IN THE SPRING

Spring is in the air. The days are getting longer. Wildflowers are in bloom. You are itching to get outdoors and shake off the winter cobwebs. Jopie timed it perfectly for the weather and 12 fellow walkers with his weekend pack-carry to the Kooyoora State Park. Located within easy reach to the north-west of Melbourne it suited both the 'Friday night campers' and the 'Saturday morning early risers'. The walking schedule too allowed plenty of time to enjoy the surroundings and explore the diversity of this small park.

Kooyoora State Park encloses Mt Kooyoora, one of the numerous small mountains that protrude like sentinels across the vast western plains of Victoria. To quote Parks Victoria: 'Kooyoora State Park, with magnificent views and a rich variety of plants and wildlife, protects some of north-central Victoria's outstanding natural features. Kooyoora State Park was extended to 11,646 ha in October 2002 to enhance what remains of Victoria's Box-Ironbark forests and woodlands.' It is perhaps better known to some as the site of Melville Caves, named after robber and rogue Captain Melville, and has a rich history with fine views from giant rocky outcrops. 'The gold rush in the Kooyoora area followed soon after the discovery of gold in the Wedderburn district. One of the most famous finds of the Kingower goldfields was the 1857 discovery of the Blanche Barkley weighing some 49.5 kg.'

A warm-up walk was scheduled first on Saturday morning to the nearby Bald Hill in the adjacent Kingower State Park. After a short drive from our Friday night campsite at the Melville Caves Camp Ground we were soon on our way through an open forest landscape scarred by goldmining activities. The austere country, however, did not deter the local native orchids that dotted the route we followed like gems on the brown earth. From the top of Bald Hill we were rewarded with the first of many opportunities to come to look out on uninterrupted views across the western plains as we extended morning refreshments in the crisp spring sunshine. The cobwebs were rapidly disappearing.

After a casual lunch back at the camp ground we set off for the main walk of the weekend. Jopie had spotted an ideal camping site at the top of Mt Kooyoora whilst visiting the area on a recent rogaining exercise. Map and compass in hand Jopie charted a course that kept us away from any established paths and wove his way through the massive granite boulders to the top of the mountain, stopping along the way to climb some of the larger tors offering more stunning views. A lush green covering of short grass gave the area a freshness that would soon disappear in the coming summer months.

As we popped between the last large boulders we were greeted by a camping area prepared for visiting royalty. A flat expanse of 'mown' grass large enough to fit our 10 tents with ease and a fireplace ready to keep us warm when evening arrived. From near the camping area too there were lookouts aplenty to watch the setting sun across the plains. The need to carry in water was of minor concern.

Sunday morning brought equally comfortable weather as the sun quickly dried any overnight moisture. Feeling refreshed and renewed we set off on a route taking us along the length of the Mount Kooyoora Range. Open expanses of exposed granite, large wind-sculpted granite boulders, gnarled and twisted trees and natural cavities combined to make it a route full of fascination and enjoyable walking. All too soon we had reached the

end of the range and on our way down to the grassier plains below to make our way back to the cars and a brief stop at Melville Caves before heading home.

Fully satisfied with what we had experienced we would all have been content to return to Melbourne knowing it had been a great weekend, but like a consummate TV salesperson, Jopie had something more to offer. One final walk to the top of Mt Korong at the heart of the nearby Mt Korong Nature Conservation Reserve, presenting more of the prominent granite tor landscape and fine views back to the Mount Kooyoora Range along which we had just walked. It clinched the deal. I for one would happily repeat the weekend. Thank you Jopie for your meticulous planning and leadership and to all who shared the weekend for your great company.



Campsite on top of Mt Kooyoora

Ian Mair

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:
http://www.mbw.org.au/mbw_activities/MBW_activities_program.php

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



SUNDAY BUS

VENTNOR – RHYLL

DATE Sunday 2 November
STANDARD Easy and Easy/Medium
LEADERS Theo Mertzandis and Cathy Merrick
TRANSPORT Bus – Leaving Southbank Blvd at 8:45 am
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Wonthaggi

For details of this walk please contact the leaders, or check the Club's web site.



TOFS WALK

LYSTERFIELD LAKE PARK

DATE Thursday 6 November 2014
STANDARD Easy/Medium
DISTANCE 10 km
LEADER Michael Porter
TRANSPORT Private
AREA Lysterfield
MAP REF Melways 82, 83, 102
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Mt Dandenong

Enter Lysterfield Lake Park by Horswood Drive off Belgrave–Hallam Rd. (Melway 108). Entering the picnic parking areas, turn left/south and drive to the furthest parking area nearest the dam wall.

Meeting time will be 10:30. am.

Starting out along the eastern shore of the lake, we will climb steadily up to the Trig Point Lookout. We return by the Tramline track through red gum and spotted gum plantations to the western side of the dam wall which we will cross to our starting point.

Parks Victoria have good notes and map for Lysterfield Park and Churchill National Park.

Book with leader.



BASE CAMP

FEDERATION WEEKEND – RAWSON

DATE 7–9 November
RETURN TIME 6 pm
STANDARD Easy to Hard
DISTANCE Various
ELEVATION Various
LEADERS Various
CO-ORDINATOR Mark Heath
TRANSPORT Private
AREA Walhalla
MAPS Supplied
FIRE BAN DISTRICT West Gippsland
TEMPERATURE REFERENCE SITE Latrobe Valley
TRANSPORT COSTS (PER PERSON) \$35

This year's walks will take place over the weekend of 8–9 November around the historic town of Walhalla, in the nearby Baw Baw National Park and along the Tyers River. The walk base at Rawson is 173 km from the CBD and you can come for the weekend or just a day.

Lodge accommodation (including meals) is available in Rawson Village for 1 or 2 nights in either bunk rooms or twin share (168.50 2 nights, \$109 1 night). There is a great communal dinner and speaker on Saturday night. Accommodation bookings open 1st July.

There is a \$30 registration fee for the walks. This fee is included in the accommodation fee if you stay at Rawson.

Check out the website www.fedwalks.org.au for more details about walks and accommodation and please contact Mark Heath if you are interested.





SUNDAY CAR POOL

BUNGAL STATE FOREST – MOORABOOL RIVER

DATE	Sunday 9 November 2014
RETURN TIME	6:30 pm
STANDARD	Medium
DISTANCE	18 km
ELEVATION	300 m
LEADER	Ron Hampton
TRANSPORT	Car leaving Southbank Blvd. at 8:45 am
TRANSP. COST	Approx. \$17
AREA	Moorabool Shire
MAP REF	VicMap: T7722-4-3-2 & T7722-4-2-3
FIRE BAN DISTRICT	Central
TEMPERATURE REFERENCE SITE	Ballarat

The relatively small Bungal State Forest, situated about 15 km south of Ballan, is an expanse of pleasantly undulating, lightly forested land, roughly triangular in shape and bounded on two sides by Bungal Creek and Moorabool East River.

Tracks are well formed; however most of the walk will be off-track. Walking is not difficult in the forested areas but in and around the creeks the terrain is considerably rougher, hence the Medium grading for this walk.

Beginning at the north west corner of the park, we head east and descend to the Moorabool River, following it south to the junction with Bungal Creek which, in turn, is followed north to the end of the walk. There may be several creek crossings as we seek the bank on which walking is easiest but there are opportunities to cross with dry feet.

This is an attractive walk with kangaroos, kookaburras, numerous rosellas and an echidna or two to be seen. Gorse and blackberries have been allowed to proliferate in some areas so it is advisable to wear gaiters or long pants.



WEDNESDAY WALK

TRENTHAM – LYONVILLE SPRINGS - TRENTHAM

DATE	Wednesday 12 November 2014
STANDARD	Easy/Medium with the possibility of an Easy option
DISTANCE	16 km, with a 12 km option
ELEVATION	Mostly flat with short ups and downs
LEADER	Sandra Mutimer
TRANSPORT	Private
AREA	Trentham
MAP REF	Vicmap: Trentham and Coliban 1:25 000, Wombat State Forest Touring 1:50 000
FIRE BAN DISTRICT	Central
TEMPERATURE REFERENCE SITE	Ballarat

This is a case of déjà vu all over again, as they say, with me writing this preview for the 3rd year in a row. With a certain stubbornness and tenacity I am attempting to lead this walk again but will have an alternative walk ready just in case.

We will meet at 10:15 am at the Old Trentham Railway Station and Information Centre in Market St, Trentham, which you will be able to reach by turning off the Kyneton–Trentham Rd.

The walk starts off on the Domino Trail, more or less following the route of the railway line that once linked Daylesford and Carlsruhe. It also moves along old logging tracks which are reminders of the logging industry formerly a strong presence here and in nearby forests. At the western end of this trail we will continue on through Lyonville and on

to Lyonville Springs before returning to the section of the Wombat State Forest on the southern side of the Daylesford – Trentham Rd to return to the old railway station and then on to a good coffee spot.

It is possible for those who do not wish to continue on to Lyonville Springs to return from Lyonville along a well-defined track but I would need to make this arrangement in advance.



PACK CARRY

MIRIMBAH SPUR – MT BULLER – MT STIRLING

DATE	Friday 14 to Sunday 16 November 2014
STANDARD	Medium
DISTANCE	Approx. 34 km
LEADER	Deb Shand with Ian Mair as a Mentor (Note: change of leader from Agajan Akbari)
TRANSPORT	Private
AREA	Mt Buller – Mt Stirling
MAP REF	Buller–Stirling Outdoor Leisure Map 1:25,000
FIRE BAN DISTRICT	North East
TEMPERATURE REFERENCE SITE	Mt Buller

Saturday 8am: Medium (Hardish) walk approx. 21 km, 1550 m ascent, 450 m descent).

We meet at Mirimbah picnic area (base of Mt Buller road) at 8 am to get an early start on Saturday. We walk via Klingsporn Track (good track), and the McLaughlin Shoulder (a bit rocky) to the summit of Mt Buller. At the summit of Mt Buller we will be rewarded with one of the magnificent alpine views on a good clear day. From the summit we will continue walking towards the Mt Buller village (explore the village) and then down to the Howqua Gap and up the other side to Mt Stirling. We'll camp around Bluff Spur Hut which has a rain water tank. If time permits we may pay a visit to the summit of Mt Stirling for another great alpine view.

Sunday 8am: Easy Medium (approx. 13 km, 900 m descent)

On Sunday we break camp at 8 am walking towards Mirimbah via the River Spur trail and the Delatite River walking track.

This is a good classic and scenic walk. Walkers are required to be equipped with all seasons camping equipment, wet weather gear and carrying own personal first aid kit, have some hiking experience and fitness. If interested contact Deb Shand via email.

Suggested Friday night's camp site is just north of Sawmill Settlement (directions and map can be provided). Sawmill Settlement is situated before winter check point to Mt Buller/Mt Stirling. Turn left from Carters Road near Sawmill Settlement, camp site is about 100 m past the picnic area.



CYCLING

KOONUNG AND MULLUM MULLUM CREEKS

DATE	Saturday 15 November 2014
STANDARD	Easy/Medium
DISTANCE	51 km
LEADER	Ross Berner
TRANSPORT	Train to Fairfield
RETURN TIME	About 4:00 pm (Fairfield Station)
AREA	Yarra Valley
MAP REFERENCE	Melway maps 30, 31, 45, 46, 32, 47, 48, 49, 35, 36, 22 & 21
FIRE BAN DISTRICT	Central

TEMPERATURE REFERENCE SITE Melbourne

The meeting place for ride is the north side of Fairfield Station (Wingrove Street). (Melway 30 K10) at 9:30 am.

If you are travelling by train, you will need to take Hurstbridge Line Train departing from Flinders St at 8:59 am and arriving at 9:23. Please check timetable closer to the date.

The ride is mainly on bike trails, with a few quiet side streets. There is about 130 metres of climbing on way to Donvale, with the return trip being largely downhill.

The finish point is back in Fairfield where we can get a coffee if we want.

The aim of the ride is to follow the Koonung Trail to Donvale, then follow Park Rd to Mullum Mullum Creek. Here we will use a new section of trail and continue on to the Main Yarra Trail which we will follow back to Fairfield.

This ride is similar to a ride led by David Arnold in 2006. With the recently completed section Mullum Mullum Trail, this eliminates one of the trickier sections of that ride.

For those who wish there is an option to join the ride near Blackburn and cut out most of climbing. Contact me for details.



SUNDAY BUS

MARYSVILLE – KEPPELLS AND STEAVENSONS FALLS

DATE Sunday 16 November
STANDARD Easy and Easy/Medium
LEADERS Cathy Merrick and Brett Daniel
TRANSPORT Bus – Leaving Southbank Blvd at 8:45 am
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Wonthaggi

For details of this walk please contact the leaders, or check the Club's web site.



MOFS WALK

WESTGATE PARK

DATE 17 November 2014
RETURN TIME 2:30–3:00 pm
STANDARD Easy
DISTANCE 10 km
ELEVATION 0
LEADER Peter Green
TRANSPORT Private
AREA Port Melbourne
MAP REF Melway Map 56/57
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Melbourne

Meet at the corner of Kerford Rd and Beach Rd, Albert Park at 10:30 am. We will walk along the foreshore through Beacon Cove and Garden City to White Reserve. Then along Todd Rd to Westgate Park, through the park to the Lower Yarra. Return via the same route. After coffee at Station Pier one can return home via Bay St or Kerford Rd trams



PACK CARRY

MT BUFFALO BEGINNERS



DATE 21–23 November 2014
STANDARD Easy to Easy/Medium
DISTANCE 17 km plus side trips
LEADER Ian Mair
TRANSPORT Private
AREA Mount Buffalo National Park
MAP REF Parks Victoria – Mount Buffalo National Park
FIRE BAN DISTRICT North East
TEMPERATURE REFERENCE SITE Falls Creek

With summer nearly here it is the time to start preparing for the warmer weather and the chance to get out walking and camping in the high country. How often do you feel that you would like to try overnight hiking and camping, feel that you are fit enough but have been too cautious to try or are concerned that you don't have the right equipment. Or, if you are a bit more experienced, looking for a chance to improve your skills and prepare for something bigger.

The Great Granite Plateau of Mt Buffalo offers a number of defined walking tracks where there is an opportunity to experience what overnight trips with camping have to offer. Like the trip to Wilson's Promontory earlier this year, the emphasis on this trip will be on enjoying the surroundings while sharing tips and advice on equipment selection, what to eat and how to prepare for longer trips and at the same time experiencing a night in your own portable castle. The club's selection of equipment for hire is an ideal way to test out some of the alternatives before making an expensive purchase.

After spending Friday night on the shores of Lake Catani on the Buffalo Plateau we will set off from The Reservoir Picnic Area via Og, Gog and Magog to our overnight camp site at Mt McLeod Camping Area, a distance of around 9 km. At Og, Gog and Magog we will drop packs and explore the fascinating structures of these huge granite tors and take in the views across the surrounding plateau. There will be a short section of off-track walking which will allow you to experience the excitement of getting away from the beaten track. We will be at camp in plenty of time to set up and relax before dinner, or for those that feel like something more strenuous we will take day packs up to the summit of Mt McLeod, the highest point of the walk, with views into the valleys and towns around Mt Buffalo.

Sunday morning we will have a relaxed start before retracing our steps part way back, with an optional side trip to the top of Anderson Peak and more great views, before taking an alternative track back to the cars. We should be back at the cars in plenty of time to visit the site of the Mt Buffalo Chalet and follow some of the cliff-top paths nearby - a must do for first time visitors to the area.

Numbers are limited and early booking is recommended to secure a place and/or reserve any hire equipment you may need. Telephone or email the leader if you are looking to attend.



DANDENONGS EXPLORER

DATE Saturday 22 November 2014
STANDARD Easy/Medium
LEADER Maureen Hurley
TRANSPORT Private
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Mt Dandenong

For details of this walk please contact the leader.



WORK PARTY

FRIENDS OF BOGONG WORK PARTY AND 30TH BIRTHDAY

DATE 22-23 November 2014
RETURN TIME 8:00 pm
STANDARD Easy/Medium
DISTANCE n/a
ELEVATION n/a
LEADER Deb Shand
TRANSPORT car pool
AREA Bogong High Plains
FIRE BAN DISTRICT North East
TEMPERATURE REFERENCE SITE Falls Creek
TRANSPORT COSTS (PER PERSON) \$75 approx.

This will be the official 30th Birthday celebration of Friends of Bogong. Come and enjoy spring on the High Plains while working with the local Parks Victoria Rangers on track maintenance projects. The Committee will organise a birthday cake for lunch on Sunday. We plan to have lunch at Wallaces Hut, which would let us do the heritage walk (Wallaces - Cope Hut) after lunch. Other than that we plan to stay at our favourite campground (Bucketty Plain) Saturday night. To register your interest contact Deb at deb.shand@bigpond.com



SUNDAY CAR POOL

ARTHURS SEAT - KINGS FALLS CIRCUIT

DATE Sunday 23 November, 2014
RETURN TIME 6:00 pm, Southbank Blvd, City
STANDARD Easy-medium
DISTANCE 14 km
ELEVATION 314 m
LEADERS Stuart Hanham
TRANSPORT Carpool - leaving Southbank Blvd at 8.45 am
AREA Dromana, Mornington Peninsula
MAP REF Parks Victoria Notes: Arthurs Seat State Park
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Frankston
TRANSPORT COSTS (PER PERSON) \$12



This walk follows a different route to previous Club walks in the area. Starting near the bottom of Arthurs Seat, our long, steady climb on the Two Bays Walking Track will be rewarded with great views of Port Phillip Bay. Passing through attractive forest, we're likely to see kangaroos and a variety of birds. Once over the high point, we'll head down to McLarens Dam, taking in sweeping views of the Peninsula and Bass Strait, along the way.

The walk climbs again through some thick bush, then descends to the Kings Waterfall. From there, we'll make our way through open grassland and native forest, to the beautiful Seawinds Gardens. After visiting three spectacular lookouts, with views as far as the Heads, the You Yangs and the City, we'll continue past Arthurs Seat, to some little known fire tracks that lead down the mountain and traverse to Arthurs Seat Rd. The route then follows Bunorong Track, heads into the bush and back to the cars.

This is a very undulating walk with an interesting variety of vegetation and million dollar views. A good level of fitness is recommended. We'll finish the trip at a cafe near the Dromana Beach.



SOCIAL WALK

PLENTY RIVER, YALLAMBIE

DATE Thursday 27 November, 2014
STANDARD Easy
DISTANCE 5 km
ELEVATION Little hills
LEADER(S) Jean Giese
TRANSPORT Private
MAP REF Melway 20& 21
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Melbourne

Starting near the historic bridge across the Plenty River, we will walk upstream beside the river before crossing on a footbridge and returning mostly by different paths. It is like being right in the bush at times and there are many splendid old trees along the way to be enjoyed.

Meet to start walking by 10:30 in the carpark of the Lower Plenty Hotel, Melway 21A9.



PACK CARRY

EASTERN STRATHBOGIES (COMBINED WITH VMTC)

DATE 29–30 November 2014
STANDARD Medium/Hard
DISTANCE 19 km
LEADER Ray Thomas
TRANSPORT Private
FIRE BAN DISTRICT North Central
TEMPERATURE REFERENCE SITE Wangaratta



Eastern Strathbogies 29–30 November will be a traverse of the main ridges overlooking the Broken River and Lake Nillahcootie, from south to north so we climb the hills on their cooler southern sides!! We take in the magnificent Mountain Gum forests on the south slopes of Mt Strathbogie (highest peak in the Bogies), some cool ferny gullies, tall messmate forests on the east slopes, descending into heathy dry forests of broadleaf peppermints, and finally camping near the amazing Sandy Creek Falls. Sunday sees us up and onto the very scenic Lightning Ridge with its huge rock slabs, moss-covered granite tors, beautiful long-distance views out to the Great Divide, and even some hidden caves.



SUNDAY BUS

POINT NEPEAN CRAFT MARKET & PORTSEA-RYE (ALTERNATIVE DEPARTURE POINT)

DATE 30 November 2014
STANDARDS Easy & Easy/Medium
DISTANCES 10 km & 16 km
ELEVATIONS Coastal walk – minimal elevation
LEADERS Halina Sarbinowski and Ian Mair
TRANSPORT Bus – Leaving Outside Clubrooms at 8:45 am
RETURN TIME 6:30 pm to City
AREA Mornington Peninsula
MAP REF Melway Maps 156, 166, 167 and 251

One bus walk per program is being devoted to providing a walk in an area that friends and family of members may

just wish to visit for the day. Sorrento, on the Mornington Peninsula, is a hub of restaurants, cafés, boutique shops and wonderful beaches that attract many visitors and is perfect for a day visit.

As another attraction, before commencing our walks, we will visit Pt Nepean Craft Market which has something to offer for everyone, from old world to modern contemporary goods, a labyrinth of unique treasures worth discovering. Home-made gourmet goods are a speciality of the market.

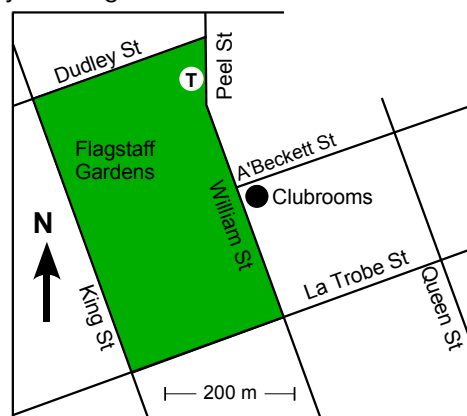
The easy walk, after spending more time than the easy/medium group at the market, will travel by bus to Sorrento Back Beach, where the easy walk will commence. No leisure for the easy/medium group whose walk will start from the market, making its way along the Wilson Polly Walk, the Farnsworth Track to Portsea then along the beach and Coppin Track to Sorrento Back Beach. From here both walks will follow the same route.

The walks meander along the coastal cliff line where we will see interesting rock formations, sand dunes, jagged cliffs, dense coastal scrub and beautiful and rugged beaches. The views are absolutely spectacular. We will walk to St Pauls Beach, Jubilee Point to Diamond Bay, Bridgewater Bay and then onto No 16 Beach, Rye.

As the easy walk is a particularly easy walk we are happy to accept friends and family of members on the easy walk without the usual vetting in the clubrooms as long as the member responsible is happy to vouch for the walker. For those who just want to explore Sorrento as a day tripper, you will be picked up by the bus at 3:30 pm prior to collecting walkers from No 16 beach.

ALTERNATIVE DEPARTURE POINT FOR SUNDAY WALKS OPPOSITE CLUBROOM

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A'Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.



Flagstaff station is closed on weekends, nearest open station is Melbourne Central.
 Sunday car parking around Flagstaff Gardens:-
 Dudley St & King St – all day on both sides,
 La Trobe St – all day on north side,
 William St – 2 hour limit (OK for pool cars).



WANT TO START **BUSHWALKING**

THIS YEAR?

- Get fit with the Melbourne Bushwalkers
- Have fun with new people
- See Victoria's beauty – change your view
- Walk, Camp, Cycle, Socialise – lots of choices
- Bus or Car, Day or Weekend
- Try something new
- Easy, Fun, and *Low Cost!*

Go to <http://mbw.org.au>

Then visit us to find out more.

The club meets **every Wednesday**

7:00-9:00pm at:

1/362 William St (cnr A'Beckett St. opposite Flagstaff Gardens & near Victoria Market)

Melbourne, Victoria.

You'll be very welcome.



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Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!

November 2014				
Sun 2	Ventnor – Rhyll	Bus	E & E/M	Theo Mertzandis & Cathy Merrick
Thu 6	Lysterfield Lake	Pvt	Easy	Michael Porter
7–9	BC: Federation Weekend – Rawson	Pvt	var	Co-ordinator – Mark Heath
Sun 9	Bungal State Forest – Moorabool River	Car	Med	Ron Hampton
Wed 12	Trentham – Domino Trail – Lyonville Springs	Pvt	E/M	Sandra Mutimer
14–16	PC: Mirimbah Spur – Mt Buller – Mt Stirling	Pvt	Med	Deb Shand
Sat 15	Cycling: Koonung & Mullum Mullum Creeks	Pvt	E/M	Ross Berner
Sun 16	Marysville – Keppells & Steavensons Falls	Bus	E & E/M	Cathy Merrick & Brett Daniel
Mon 17	Westgate Park	Pvt	Easy	Peter Green
21–23	PC: Mt Buffalo Beginners	Pvt	E/M	Ian Mair
Sat 22	Dandenong Explorer (TBC)	Pvt	E/M	Maureen Hurley
22–23	Friends of Bogong work party & 30th birthday	Pvt	E/M	Deb Shand (TBC)
Sun 23	Arthurs Seat – Kings Falls Circuit	Car	E/M	Stuart Hanham
Thu 27	Plenty River, Yallambie	Car	Easy	Jean Giese
29–30	PC: East Strathbogies – End to End	Pvt	Med	Ray Thomas
Sun 30	Pt Nepean Craft Market & Portsea–Rye (Alt Dept)	Bus	E & E/M	Halina Sarbinowski & Ian Mair

The News of the Melbourne Bushwalkers
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 GPO BOX 1751, MELBOURNE 3001

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