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THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

October 2018

WE ARE MOVING!

From the 1st January 2019 the new home of the Club will be at the Mission to Seafarers Victoria (MtSV), 717 Flinders Street, City. More detail in the President's Column, page 3.



Open meeting area for visitors to MtSV, leading to Celia Little Room.



Main hall and refreshments bar leading to Celia Little Boardroom.

CHANGE OF SUNDAY WALKS DEPARTURE LOCATION FROM 22ND JULY

Due to redevelopment works in Southbank Boulevard the departure point for all Sunday walks (bus and carpool) commencing on or after Sunday 22nd July will depart from the Alternate Departure Point (Cnr. A'Beckett Street and William Street) adjacent to the clubrooms.

Visit the location map on the website for more details on public transport and parking options.

https://mbw.org.au/MBW_club_locn.php

Details of the redevelopment plans for the area can be found here:

<https://www.melbourne.vic.gov.au/building-and-development/shaping-the-city/city-projects/southbank-boulevard/Pages/transforming-southbank-boulevard-dodds-street.aspx>

NOTE: The Clubrooms will be closed on Wednesday 31 October, as the Wine and Cheese night and the talk by Ian and Halina will be at the Mission to Seafarers, 717 Flinders Street, City.

Due date for contributions (including December previews) to November News: 21 October

MEMBER OF



Bushwalking Victoria

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the clubrooms at:

**Royal Historical Society of Victoria
362 William Street
(Cnr William and A'Beckett Streets)
Melbourne
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001
www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for *The News* is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au.

Please note:

Next committee meeting will take place on
Monday 1 October 2018

NEW MEMBERS

We welcome the following new members:
Chrysanthi Koulani
Long Tran

MELBOURNE'S WATERFALLS: 314 WATERFALLS WITHIN 100 KM OF MELBOURNE

Our regular Wine and Cheese presentation in August had as the guest speaker the noted waterfall hunter and landscape photographer, Travis Easton. In a lucid and entertaining outline of the challenges and thrills that come with tracking down waterfalls, he captured the imagination and interest of the Club members and visitors in attendance. Time was the enemy and there was still much that could have been covered when the lateness of the night brought the formal presentation to an end. Club member Carol Sisson, in a very generous gesture, purchased and donated to the Club a copy of the three volume set of books on which the presentation was based. These are now available from the clubrooms for members to borrow and enjoy at their leisure.

Ian Mair



Melbourne's Waterfalls
314 Waterfalls within 100km of Melbourne
Volume One: Western Waterfalls (55 waterfalls)



PRESIDENT'S COLUMN – OCTOBER 2018

Melbourne Bushwalkers is on the move. From the 1st January 2019 the new home of the Club will be at the Mission to Seafarers Victoria. After 10 years using the current clubrooms provided by the Royal Historic Society of Victoria we will be relocating to the Docklands end of Flinders Street as tenants of the Mission to Seafarers Victoria (MtSV). We have been served well by our use of the Officer's Mess in the RHSV building, which has its roots as the former home of the Australian Army Medical Core Drill Hall. Times change, interests grow and requirements evolve. When an opportunity arose late last year to consider a move to the equally historic premises of the Mission to Seafarers Victoria it initiated a broad-ranging assessment of our current and future requirements, culminating in the signing of a Memorandum of Understanding at the last Club Committee Meeting in September.

Your Committee is excited by the opportunities the move presents. The premises themselves provide a more flexible meeting space with scope to use separate areas simultaneously. Ground floor access, less traffic noise, a main meeting area opening out onto an attractive courtyard suitable for outside functions, a dedicated storage area and a casual refreshments area with public access, offer scope for more than a weekly meeting point, albeit as tenants with clear limits on our right of use. For those working near the CBD, arriving early presents no problems as the premises are staffed and open until 10 pm each night with a welcoming place to relax while you wait.

Already the Committee has scheduled the October Wine and Cheese Night presentation and this year's Christmas function in December at the new premises so that Club members can get an early feel for what our new home will be like. Should you want to gain an earlier understanding of the premises you will find some excellent 360 degree panorama images from the web link shown in the Noticeboard item on the Club's website home page.

Attractive as the inside of the building is, there were more considerations that had to be addressed before committing to the move. Cost was not a determining factor. Our annual charges will be in line with our current location. More important were questions of access by public transport, parking within acceptable distances, the surrounding neighbourhood and personal safety and disruptions to our access due to other MtSV events and activities.

Sometimes remembered as a less attractive end of town, the surrounding South Wharf and Docklands area has been undergoing significant change in recent years, with additional approved developments already in place that will make a major transformation. In 2012 the estimated population of Docklands was around 7000, predominantly in the age group 25–34, and expected to grow by 10% over the coming decade. Building approvals already in place assure that rise, with a change in demographic towards younger families. The MtSV is flanked by Shed 5, a heritage site to be preserved and transformed as part of a combined international hotel and residential complex. The Seafarers Park between the MtSV and the Yarra River will become a focal point. Plans are under discussion to provide an additional river side entrance to the MtSV opening out to the park. The area will no longer be a backwater but part of an entertainment zone along the river.

Sited alongside the Yarra River in the South Wharf Precinct, access to the MtSV is either along the river itself with an expanding array of restaurants, or from the main entrance on Flinders Street. Tram stop D5 serviced by tram routes 70 and 75 along Flinders Street, as well as the City Loop tram, is directly across the road. The tram stop along Spencer Street is not much further away. Southern Cross station is an easy 7–10 minute walk. For those looking to drive and minimise their walking time the area is well serviced by multi-storey car parks with plenty of spaces in the evenings. Street parking at no charge in the evenings is to be found on both sides of the river within reasonable distances comparable to that from the top end of Flagstaff Gardens.

Over the coming months the Committee will be providing you with more details on transport and parking, with a section of the website developed to provide helpful information to make our move as smooth as possible. We hope you find the move as exciting as we do.

Ian Mair



View towards Mission to Seafarers Victoria from Seafarers Bridge, with redevelopment work underway.

Social Event

**Wednesday 28 November, 8 pm,
Clubrooms, Cnr. A'Beckett and William Streets, City
WALKING THE DOLOMITES**



Located in northern Italy, between the two Italian provinces of Trentino and Alto Adige, they cover some 350 000 acres. It's an expansive region, encompassing 18 major peaks and a number of charming mountain towns.

The Dolomites have always had an enormous impact on the imagination of those who have set eyes on them. The majestic grandeur of these stone giants has inspired epic sagas in its inhabitants since prehistory, to the point where it has become an essential part of their cultural identity. They are universally acknowledged as 'the most beautiful mountains on Earth' and have become a worldwide standard of mountain beauty.

The human being has softened the territory of the South-Tyrolean Dolomites, through work and agriculture. In this way, a unique landscape has been created in the Alps, which is researched and appreciated by the most demanding tourists. There is nature and there are many events, but there are traditions as well; the landscape presents cities with the fascination of Middle Europe, mediaeval castles, gothic churches, isolated huts, historic and design hotels, and restaurants. In the summer, the most fascinating characteristic of these territories are geraniums. Every balcony has plenty of them. A peculiarity.

South Tyrolean Dolomites represent a lifestyle: a union of nature, entertainment, relaxation and wellness. The local cuisine is unique. The typical Alpine cuisine has been connected to the Italian one. And do not forget culture, harmonies characterised by art and the majesty of the landscape. Come along for an evening to discover the beauty of the South-Tyrolean Dolomites in winter and summer.

Susanne has walked extensively throughout the region, she will share her experiences.
Wine and Cheese also available.



NOTICE ABOUT AN AMENDMENT TO CLUB BY LAW 4.6

At its September meeting the committee made an amendment to Club by law 4.6. By law 4.6 provides for shared vehicle expenses on Club activities. The first sentence of by law 4.6 used to provide that for activities using private cars, the costs shall be shared as specified in the Club's Quarterly Activity Program. The by law did not specify who was responsible for determining the amount of those costs. The Committee agreed that by law 4.6 should be amended to specify that the costs should be determined by the Committee and specified in the Club's Quarterly Activities Program. The first sentence of by law 4.6 was amended to specify: 'For activities using private vehicles, the costs shall be shared as determined by the Committee and specified in the Club's Quarterly Activity Program.'

The Committee then determined that the vehicle costs should be those currently specified in the Spring Activities program with the amendment that vehicle expenses on Sunday car pool walks should be at the rate of 8 cents per kilometre. The motion was as follows: 'The Committee determines the following vehicle costs for Club activities— Private vehicle costs — with 1–2 passengers each passenger contributes 10 cents per kilometre towards the cost of fuel and wear and tear and this reduces to 8 cents per kilometre for each passenger if there are 3 or more passengers in the vehicle or if the activity is a Sunday car pool walk.'

Susan McInnes

SAFER PREVIEWS, PACK CARRIES AND REMOTE BASE CAMPS

Before conducting walk previews, especially in remote or rugged areas, leaders are advised to choose a preview contact, who may be a partner, family member or friend, and leave the details of the preview with them, including the expected time of return. At the end of the preview, the leader would then ring or text the contact person to say that they were safely back at their car.

Ideally, there would be at least another person on the preview, and their details should be left with a contact person, too. After that, the leader should obtain a Trip Intentions Form from the Leaders' Database, under 'Download Leaders' Forms and Documents', then 'Forms', then 'TIF and Guidelines'. When the bottom section of the form is completed (including the contact person's details), it should be sent to ecs@mbw.org.au.

Before walks, the top section of the Trip Intentions Form should also be sent by leaders of Pack Carries and walk-in Base Camps, to ecs@mbw.org.au, in order to reduce the risk of serious incidents and significantly late trips. In addition, the TIF requests that a bookings list, information given to participants, and a copy of a map showing the route, campsites and car locations, be submitted. Copies are automatically forwarded to our Club Emergency Contact volunteers, who are on duty each month. They would relay this vital information to Emergency Services, should a major incident occur.

An alternative to the paper form described above, is the preferred on-line method. Access is via the Leaders' Database, then select 'Trip Intentions Form Submission to ECS'. If using this method, see 'Guidelines for Participant Registration Form, TIF and Preview Notification Form', also on the database. Using this method will reduce the need to scan and attach additional documents to the TIF.

The MBW Committee aims to increase the use of TIFs for Pack Carries and walk-in Base camps, from the current 50% (for PCs) to 100%, in order to improve safety. TIFs may also be used for trips other than PCs or remote BCs, but are less likely to be needed, due to easier conditions, closer access to the city or towns, and better phone coverage.

Stuart Hanham (General Walks Secretary)

ACCESS TO WHERE2WALK ON THE BWV WEBSITE HAS JUST BECOME VERY EASY!

Bushwalking Victoria (BWV) have advised that the process of accessing the database of walk descriptions and maps, where2walk, on their website (www.bushwalkingvictoria.org.au) is now a one-step process. Club members no longer need to obtain the club coupon code to gain access. You can simply click on the link on the BWV website and go to the walk you would like to see information on.

Ian Mair

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website: http://www.mbw.org.au/mbw_activities/MBW_activities_program.php

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS
4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.

**ALTERNATIVE DEPARTURE POINT
FOR SUNDAY WALKS OPPOSITE
CLUBROOM**

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A'Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.



Leader Training Unit 5 involves procedures which assist you to conduct the walk. The outline of this unit is as follows:

- tasks you are advised to perform in the week prior to the walk;
 - tasks you are advised to perform on the day of your walk prior to arriving at the actual start of the walk;
 - tasks you are advised to perform after you arrive at the actual start point for the walk but before you start walking;
 - how to conduct your walk in a safe manner so that all participants enjoy the walk;
 - tasks you are advised to perform at the completion of the walk;
 - the basics of handling accidents or incidents on your walk;
 - people management skills through some scenarios.
- If interested please email training@mbw.org.au



SUNDAY BUS

GEORGE BASS COASTAL TRAIL

(PLEASE NOTE: ALTERNATIVE DEPARTURE POINT)

DATE	Sunday 14 October 2018
STANDARDS	Easy and Easy/Medium
DISTANCES	Approx. 12 and 15 km
LEADERS	Jenny Andrewes and Stephanie Nortier
TRANSPORT	Bus – leaving cnr A'Beckett and William Streets (opposite clubrooms) at 8:45 am
ACTIVITY AREA	Bass Coast / San Remo
MAP REFERENCE	Parkweb – George Bass Coastal Walk



TRAINING

UNIT 5 – CONDUCTING THE WALK

DATE Wednesday 10 October 2018
TIME 7:30 pm
VENUE Clubrooms

Leader Training activities are open to all members as part of general skills development, whether there is an interest in becoming a leader or just to be better informed as part of the team.



This walk follows the coastline near Wonthaggi to the outskirts of SanRemo.

The walk involves some walking along the beach and after reaching Kilcunda we will walk along the George Bass Coastal path. The views from the cliff tops are spectacular and the walk follows the route of the explorer George Bass' epic voyage of discovery along the southern edge of the Anderson Peninsula over 200 years ago.

Come and join us for this stunning, invigorating walk.



SUNDAY CAR POOL

TANGLEFOOT WALKING TRACK

(PLEASE NOTE: ALTERNATIVE DEPARTURE POINT)

DATE	Sunday 21 October 2018
RETURN TIME	6:30 pm to City (clubrooms)
STANDARD	Easy/Medium
DISTANCE	16 km
TOTAL ASCENT	640 m
LEADER	Theo Mertzaniadis
TRANSPORT	Carpool – leaving cnr A'Beckett and William Streets (opposite clubrooms) at 8:45 am
ACTIVITY AREA	Toolangi State Forest
MAP REFERENCE	Rooftops maps: Toolangi Black Range Forest

We shall start the walk from Wirrawilla Rainforest carpark. The walking track goes through a forest that is rich in mountain ash trees, myrtle beech and in the gullies below fern-filled trees. If we have time we shall do a side trip to Mt St Leonard. This will add 2 km to the above 16 km, but we will have panoramic views of upper Yarra Valley and Melbourne on a clear day. We shall finish off the walk by walking the Wirra Willa boardwalk circuit, taking in the sounds and scents of the rainforest. The environment is cool, damp and characterised by myrtle beech and sassafras trees. This walk involves walking a few hills.



TOFS WALK

MULLUM MULLUM CREEK, DONVALE-RINGWOOD

DATE	Thursday 1 November 2018
START TIME	10:00 am for car shuttle
RETURN TIME	3:00 pm after car shuttle
STANDARD	Easy
DISTANCE	About 10 km
TOTAL ASCENT	Some steep ups and downs
LEADER	Merilyn Whimpey
TRANSPORT	Private
ACTIVITY AREA	Mitcham, Ringwood, Croydon
MAP REFERENCE	Melway maps 36, 50, 49
FIRE BAN DISTRICT	Central
TEMPERATURE REFERENCE SITE	Melbourne

The walk follows the Mullum Mullum Creek path and will take in Mullum Mullum and Yarran Dheran Parks. The latter boasts sightings of all sorts of native animals and birds, including koalas. Last time we saw a family of kangaroos – in Mitcham! There's also the historic Schwerkolt Cottage and surrounds. The cottage won't be open on the day we go there, but we can walk around and read the interpretive signs.

Meet at Hillcrest Reserve, Lisbeth Avenue, Mitcham, Melway map 48 K5 (the green bit on the map) at 10 am, ready to drive a couple of cars to the end of the walk.



PACK CARRY

RAZOR-VIKING CIRCUIT (Joint VMTC)

DATE	2-6 November 2018
RETURN TIME	Late on 6th or some time on 7th
STANDARD	Medium/hard
DISTANCE	43 km
LEADER	Jopie Bodegraven
TRANSPORT	Private
ACTIVITY AREA	Alps via Licola
MAP REFERENCE	SV Buller-Howitt Alpine Area 1:50,000
FIRE BAN DISTRICT	North Eastern
TEMPERATURE REFERENCE SITE	Mount Buller



This is an alpine classic with the remote and spectacularly rocky Razor and Viking combined with Mt Speculation and the Crosscut Saw to make a superb but demanding 4-day circuit.

We start at the Howitt Car Park on the Howitt High Plains Road which should have just been opened after its seasonal closure. We will do the circuit as an anticlockwise loop with a serious off-track section from near Mac Springs directly down into the wilds of the Wonnangatta River to camp the first night there and then next day also off track up a long spur and over 3 humps including the Viking and South Viking to camp in Viking Saddle. If we have time we may detour along the crest of the Viking. On day 3 we move on to camp at Mt Speculation, with a side trip out along the Razor, hopefully all the way to the fabulous North Peak that very few ever get to. Day 4 is back to the cars via the Crosscut Spur.

There is a high probability of fallen trees and bushfire regrowth, even on the tracked sections, so be prepared for some tough stuff. Keep your pack weight down for this trip too and be prepared for foul cold, wet and windy alpine weather, although we hope of course for bright blue skies.

After the walk I intend to camp Tuesday night at the Bryce's Gorge carpark and on Wednesday do the Conglomerate Falls – Piemans Falls circuit before driving home in daylight. Anyone who doesn't have to be home for work on Wednesday is welcome to join me.

The recommended Friday night campsite is at the Bennison Plains designated campsite at GR772543. Drive via Licola to Tamboritha Saddle, go another about 3.7 km I think from memory and turn left. After a few hundred metres turn right into a large open area to camp. 100 metres further the road crosses Shaws Creek which has good water and a swimming hole. There's also a loo nearby. We will aim to leave there at 8 am to be at the start walk point by 9 am.

If you feel up to this challenging trip, email or ring me.



SUNDAY CAR POOL

NEW: GYPSY LANE

(PLEASE NOTE: ALTERNATIVE DEPARTURE POINT)

DATE Sunday 4 November 2018
STANDARD Easy/Medium
DISTANCE 15 km
TOTAL ASCENT About 450 metres of ascent
LEADER Christopher Collett
TRANSPORT Carpool from Cnr. A'Beckett Street and William Street
START TIME Depart from Cnr. A'Beckett Street and William Street at 8:45am
RETURN TIME Return to Cnr. A'Beckett Street and William Street at 6:00 pm
TRANSPORT COST \$15.00 (per person)
ACTIVITY AREA Marysville State Forest
MAP REFERENCE(S) VicMap Lake Mountain – Marysville Special 1:25,000
FIRE BAN DISTRICT North Central
TEMPERATURE REFERENCE SITE Yarra Glen

This walk is located in the triangle bounded by Maroondah Highway, Narbethong–Marysville Road, and the Buxton–Marysville Road.

This area was extensively burnt during the 2009 bush fires, and is now undergoing abundant re-growth. Most of the walk is in the Marysville State Forest, along a combination of walking tracks and roads.

On the higher points of the route there are good views to the north towards the Cathedral Range and Acheron Valley, and to the east towards Lake Mountain.

If all goes well there should be time for coffee in a nearby township to reflect on the day's activities before we head home.

A walking pole would come in handy for some sections of the walk.



BASE CAMP

PRINCETOWN – GREAT OCEAN WALK

DATE 9–11 November 2018
RETURN TIME Return to city by 6:00 pm
STANDARD Easy
DISTANCE 14 km approx. each day
LEADER Meredith Quick
TRANSPORT Private
ACTIVITY AREA Western Victoria – 12 Apostles Marine Park
FIRE BAN DISTRICT South Western
TEMPERATURE REFERENCE SITE Warrnambool

Prinetown is a beautiful, small coastal hamlet just six kilometres east of the famous 12 Apostles. The Gellibrand River is right next to the campground and has significant wetlands crammed full of birdlife. A boardwalk winds its way through some of these wetlands. The river mouth is just a short walk away and opens on to Clifton Beach which has great surfing and fishing.

The last 7 kms of the Great Ocean Walk starts next to the tranquil Gellibrand River near the little town of Prinetown. The plan is to walk to the 12 Apostles. We will head off from Prinetown, viewing the rugged coastline, sand dunes and Gibson's steps. Nearing the 12 Apostles we get the best view of the limestone stacks. Walkers will often have it all to themselves with all the crowds being at the Apostles. If we are lucky and we time it right for a favourable tide, we may get to

walk the beach for a closer look. We will return via the same track to Prinetown for the night.

The Gables is one of the most scenic lookouts along the entire Great Ocean Walk. It is one of the highest cliff top lookouts in the country and really is a must do while you are in this region. After a car shuffle it will be the start of our walk on day 2. You'll pass through tea tree and a lovely groves of casuarina trees. Again, we will be afforded more spectacular views of the coastline as we walk the 11 km back to Prinetown.

We will be camping at the Prinetown Recreation Reserve. Camping fees per night \$15 for 1 person and \$5 for each person after that per car. Facilities include undercover BBQ area, picnic tables, newly renovated amenities, hot showers, childrens' playground, tennis court, laundry.

For further information and bookings please email Meredith.



SUNDAY BUS

WOMBELANO FALLS – ISLAND CREEK

(PLEASE NOTE: ALTERNATIVE DEPARTURE POINT)

DATE Sunday 11 November 2018
VENUE Kinglake
STANDARDS Easy and Medium
DISTANCES 13.0 km and 18.0 km
TOTAL ASCENTS 420 m rise and 600 m rise
LEADERS Phil Geschke and Theo Mertzaniadis
TRANSPORT Bus – leaving cnr A'Beckett and William Streets (opposite clubrooms) at 8:45 am
RETURN TIME Return to cnr. A'Beckett Street and William Street at 6:30 pm
TRANSPORT COST Standard Sunday Bus charge of \$25 applies
ACTIVITY AREA Kinglake
MAP REFERENCE Kinglake National Park Outdoor Leisure Map (and refer to local VicMap)
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Yarra Glen



The walks start on Eucalyptus rd near the Melba Highway.

The medium group walk to Andrews Hill – a 320 m rise through tall but open forest and return via some lovely tree-ferned tracks to the Island Creek picnic ground.

The easy group have a short walk on the dirt road then enter the 'Gums' camping ground and follow a lovely creek (with water hopefully) to the Island Creek picnic ground.

Both groups head through forest to the transmissions lines which provides great views due to the cleared easement.

We continue a gradual uphill rise for 6 km until the end of the walk. Excellent views are provided as we rise up the dirt road. Near the end of the walk there is an optional detour to the Wombelano Falls (which hopefully will have water flowing) and which are clearly seen across the small forested valley.



WEDNESDAY WALK

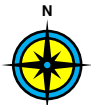
GREENS BUSH, MORNINGTON PENINSULA NATIONAL PARK

DATE Wednesday 14 November 2018
RETURN TIME 3:00 pm
STANDARD Easy/Medium
DISTANCE 13 km
TOTAL ASCENT 300 m
LEADER Ed Neff
TRANSPORT Private
ACTIVITY AREA Mornington Peninsula
MAP REFERENCE Baldry Crossing, Melway map 254 G6
FIRE BAN DISTRICT Central
TEMPERATURE REFERENCE SITE Frankston

The meeting point is Baldry Crossing, with parking available in the picnic area on the east side of Baldrys Road (Melway map 254 G6). Baldry Crossing is tricky to get to, with roads in this area going in all directions. My suggestion is to use the Mornington Flinders Road C787 and pick up Baldrys Road at its southern end. Meeting time is 10:15am for a 10:30 start.

The walk will head west and pick up the Two Bays Walking Track, north, to Limestone Road and then head south to rejoin the Two Bays Walking Track, south, as far as the Lightwood Creek Camping Ground for lunch. We then retrace 2.3 km of our track before diverting north east back to Baldry Crossing.

This is a beautiful walk with eucalypt forest and good stands of grass trees. Eastern grey kangaroos may be spotted. You can telephone Ed or email to book for this walk.



TRAINING

LEADER TRAINING: UNIT 7 – CRITICAL INCIDENT MANAGEMENT
UPDATE: ADDITION TO THE PROGRAM

DATE Wednesday 14 November 2018
VENUE Clubrooms, corner A'Beckett Street and William Street, City (Melway map 2F B2)
ORGANISERS Ian Mair and Angela Vetsicas
TRANSPORT Private
START TIME 7:30 pm
FINISH TIME 9:00 pm
BOOK WITH training@mbw.org.au

Attend this important session to increase your awareness of elements which could impact on your experiences in the outdoors. When you participate in scenarios it allows you to acquire valuable knowledge for important events. This is a unit which is crucial for all walkers to think about. Critical incidents while we hike have occurred and will continue to be part of the risks associated with hiking. Thinking about and preparing scenarios for critical incidents allows us to react with some confidence to resolve unexpected situations.

- The following components make up Unit 7:
- What to establish before the walk
 - Common Incidents
 - Major Accidents/Incidents which occur frequently.
 - Protocols to follow
 - Follow ups after an Incident

If interested please email the training officer Angela (training@mbw.org.au).



PACK CARRY

BEGINNERS MT FEATHERTOP ALONG RAZORBACK

DATE Friday 16 to Sunday 18 November 2018
VENUE Alpine National Park
STANDARD Easy
DISTANCE Approximately 26 km over 2 days
LEADER Helen Geddes
TRANSPORT Private
TRANSPORT COST \$60 per person approx., dependent on pick up and drop off if car pooling
MAP REFERENCE Bogong Alpine Area 1:50,000
FIRE BAN DISTRICT North Eastern
TEMPERATURE REFERENCE SITE Falls Creek

Mt Feathertop along the Razorback is one of the more spectacular walks in the Victorian Alps and a great place for a Beginners' Pack Carry. The plan is to depart Melbourne on Friday afternoon as early as possible with a stop scheduled at Euroa (The Jumping Jumbuck Café) for an evening meal. We will then drive on via Bright to the Freeburgh Cabin and Caravan Park (15 Websters Lane, Freeburgh, 3741) where we will have campsites booked (approximately \$20.00/person).

Saturday morning an 8 am departure to drive via Harrietville up the Great Alpine Road till we find our destination, the Diamantina Hut. We will leave our vehicles here on the road alongside the track.

The walk out along the Razorback is a combination of ridge walking and sidling up, down and around as the terrain demands. We will be above the tree-line so it is important to be prepared for sun, wind, rain and even quite severe cold, perhaps. Alpine conditions can change at any time so important to be well prepared as well as flexible. Please check with leader if uncertain.

The plan will be to establish a campsite either on the Diamantina Spur or close to the Federation Hut by setting up our tents then heading off to climb Mt Feathertop 1922 m, (a 200 metre climb) then collect water for the evening as well as the following day's needs. I prefer to collect water from the spring underneath Mt Feathertop; however, the tank at Federation Hut may have a supply? The camp site location will be dependent on how the group is traveling as well as pressure of other groups there at the time.

Sunday morning an 8 am departure to return to our vehicles, drive up to Dinner Plain for a coffee before returning to Melbourne via Lilydale.

Please note that the leader will be out of contact until early September so don't be offended if you don't get a prompt reply to early questions!



PACK CARRY

NEW ZEALAND – KEPLER AND HOLLYFORD TRACKS
(FULLY SUBSCRIBED)

DATE Sat 17 November to Sun 2 December 2018
VENUE New Zealand South Island
STANDARD Medium
DISTANCE 60 and 56 km
LEADER Ian Mair
TRANSPORT Private

Using Queenstown and Te Anau as bases, I am planning to do two pack carry walks on the South Island of New Zealand in October/November. We will fly into lovely Queenstown from where we will travel by bus to Te Anau on the shores of Lake

Te Anau. The first walk will follow the Kepler Track in the heart of the Fiordland National Park, covering 60 km over 3 nights and 4 days, taking in stunning high mountain views from ridge line tracks. After a short break in Te Anau the second walk will follow the 56 km Hollyford Track over 4 nights and 5 days as it winds its way along interconnecting valleys. We will complete the two week trip with a short break in Queenstown with options for a further day walk or a lake cruise, or just soaking up all that Queenstown has to offer. Both walks will be challenging and open to the vagaries of alpine weather.

As the Kepler Track is part of the New Zealand Great Walks network it can only be walked with prepaid reservations.

 **CYCLING**

NYORA-BENA LOOP (WEST GIPPSLAND)

DATE	Saturday 17 November 2018
START TIME	9:30 am
RETURN TIME	Return to start location by 4:00 pm
STANDARD	Medium
DISTANCE	62 km
TOTAL ASCENT	680 m rise
LEADER	Philip Brown
TRANSPORT	Private
ACTIVITY AREA	West Gippsland
MAP REFERENCE	ridewithgps – Nyora Bena Loop
FIRE BAN DISTRICT	West Gippsland
TEMPERATURE REFERENCE SITE	Latrobe Valley

This ride is all on sealed roads. I have planned a coffee stop at a one-horse town with the name of Kernot that should give us a kick along for the 200 m climb up to the main range that runs between Bena and Wonthaggi where we will hopefully get a 360 degree view of the green rolling hills of the Strzelecki Ranges. From Bena it is mostly downhill apart from some small ups back to Nyora.

For more information, to book or if you need transport, ring or email the leader.

 **SUNDAY CAR POOL**

NEW: TARADALE NATURE RESERVE AND MALMSBURY (PLEASE NOTE: ALTERNATIVE DEPARTURE POINT)

DATE	Sunday 18 November 2018
VENUE	North-west of Kyneton
STANDARD	Easy/Medium
DISTANCE	14.0 km
LEADER	Stuart Hanham
TRANSPORT	Carpool from Cnr. A'Beckett Street and William Street
START TIME	Depart from Cnr. A'Beckett Street and William Street at 8:45am
RETURN TIME	Return to Cnr. A'Beckett Street and William Street at 6:30pm
TRANSPORT COST	\$17.00 (per person)
MAP REFERENCE(S)	Vicmap, 1:25,000 Drummond and Edgcombe
FIRE BAN DISTRICT	North Central
TEMPERATURE REFERENCE SITE	Bendigo

This walk features rolling farmlands, river views, native bush, historic buildings and structures, a beautiful botanic garden and a reservoir. Starting at the mineral spring in Taradale, we will head through a small 'enchanted forest' to a massive 1857 railway viaduct, with the option of a steep, but short climb to the top, to enjoy great views of the town. After passing through a reserve beside the Coliban River, the route



continues through a bushland reserve, which should have a display of wildflowers.

The walk then heads past forest and farmland, to a crossing of the Coliban River. If there has been recent rain, we may need to wade across a vehicle ford, so sandals or thongs, shorts and a towel would be useful. After hiking up an attractive gully, we'll follow the Bendigo railway line to the historic, bluestone Taradale Station. Next stop will be a lookout point over the town, with the cars not far away.

For the second part of the walk, we will drive a short distance to Malmsbury, walk through the beautiful botanic gardens, admire another huge railway viaduct on the same line, cross the Coliban River again, and head to the Malmsbury Reservoir for some sweeping views, before returning to the interesting Moto Bean Cafe, next to the cars. This walk is on the easy side of Easy/Medium, but the first river crossing may add to the challenge.

 **MOFS WALK**

LYSTERFIELD LAKE PARK

DATE	Monday 19 November 2018
START TIME	10:30 am
RETURN TIME	3:30 pm
STANDARD	Easy/Medium
DISTANCE	Approximately 12 km
TOTAL ASCENT	150 metres
LEADERS	Alan and Jan Case
TRANSPORT	Private
ACTIVITY AREA	Lysterfield
MAP REFERENCE	Melway maps 82, 83 and 108
FIRE BAN DISTRICT	Central
TEMPERATURE REFERENCE SITE	Dandenong

The walk will start and finish at the Lysterfield Lake beach parking area near the dam wall and toilets. From the Belgrave Hallam Road turn into Horswood Drive. Continue to the end of Horswood Drive to reach the Park. Once in the Park turn left through Spotted Gum car park to the beach/dam wall car park.

This circuit walk is mostly on well established tracks through lightly forested areas and some grassy areas. Numerous kangaroos were seen on the walk preview.

We will initially walk to the east of the lake along the beach and the Lake Track.

We will pass the ruins of the Lysterfield Boys Farm and have lunch at the site of the Donelan Homestead.

After lunch we will climb steadily up to the Trig Point Lookout which has good views.

If the day is very warm, we will have the option to shorten the walk by a couple of km.

We will return via the Grassy Spur and Tramline Tracks and across the top of the dam wall back to the cars.

Book with Alan and Jan.



WEDNESDAY WALK

JUMPING CREEK TO HINTERLANDS

DATE	Wednesday 21 November 2018
VENUE	Warrandyte
STANDARD	Easy
DISTANCE	14.0 km
TOTAL ASCENT	500 m rise
LEADER	Theo Mertzanidis
TRANSPORT	Private
START TIME	Depart from location in notes below at 10:15am
MAP REFERENCE	Warrandyte State Park and Warrandyte S.P Gold Heritage walk
FIRE BAN DISTRICT	Central
TEMPERATURE REFERENCE SITE	Melbourne

We shall meet at 10 am for a 10:15 am start. The meeting point is Jumping Creek Sandy Bay car park which is off Jumping Creek Road (Melway map 24) – Warrandyte.

This walk is mostly an easy one with some hills but, in all, a pleasant stroll through bushland and open spaces. We start the walk on a single file track along the Yarra River, then veer away from it, heading towards the old mining sites. We then walk up Fourth Hill. The Fourth Hill area has old mine workings. The Warrandyte area is where gold was officially first found in Victoria. After walking up Fourth Hill the walk is mostly flat. We then walk back to our cars via mostly a walking track along the Yarra River.

Overall the walk is definitely not a flat walk, with total ascent and descent of 500 m each. We walk on a road, management and single file tracks.

There may be time for afternoon tea in Warrandyte.

Please be prepared for all types of conditions, so have a change of footwear!! And plenty of water is a must. If you have any questions, call me



SOCIAL WALK

WILLSMERE PARK – SPARKES RESERVE

DATE	Thursday 22 November 2018
STANDARD	Easy
DISTANCE	5 km
TOTAL ASCENT	Flat
LEADER	Pearson Cresswell
TRANSPORT	Private
ACTIVITY AREA	Kew-Ivanhoe
MAP REFERENCE	Melway map 45 F1 to 31 D11
FIRE BAN DISTRICT	Central
TEMPERATURE REFERENCE SITE	Melbourne

The walk follows the newish path along the lower Darebin Creek from Kew Billabong to Sparkes Reserve, then on a bit into the Darebin Parklands. The return is by the same track. The path is flat, well surfaced and has good views of the Yarra River and Darebin Creek. For those interested in lunch afterwards we can head for a café in Kew East.



SATURDAY WALK

MT MACEDON/HANGING ROCK AREA

DATE	Saturday 24 November 2018
START TIME	11 am – Depart from the Mount Macedon Trading Post – 686 Mount Macedon Road, Mount Macedon
RETURN TIME	Return to start location by 4 pm
STANDARD	Easy/Medium
DISTANCE	Approximately 12 km
TOTAL ASCENT	A steady climb on the way back up Mt Macedon
LEADER	Helen Graesser
TRANSPORT	Private, see arrangements below
ACTIVITY AREA	Lunch at Hanging Rock
MAP REFERENCE	Melway map 657 K4
FIRE BAN DISTRICT	Central
TEMPERATURE REFERENCE SITE	Melbourne

Meet at 11 am at the Mount Macedon Trading Post. From there we'll car pool to another nearby location. We will walk down Mount Macedon and take in views of Hanging Rock and have lunch at Hanging Rock (\$4 entry fee). Then we will spend some time exploring before heading back up the Mount. The walk will be on quiet dirt roads; there is a steady climb back up Mount Macedon on the way back. As this will be the last Saturday walk for the year we will also have some dinner at the Mount Macedon hotel – if anyone is interested please let me know before 20th November and I'll make the booking.

Phone me to book in or enquire.



TRAINING

FIRST AID TRAINING

UPDATE: ADDITION TO PROGRAM

DATE	Saturday 24 November 2018
VENUE	Premium Health, 115–117 Gardenvale Road, Gardenvale
ORGANISER	Nigel Holmes (co-ord)
TRANSPORT	Private
START TIME	9:00 am
FINISH TIME	3:30 pm
ESTIMATED COST	\$50
BOOK WITH	firstaid@mbw.org.au
ACTIVITY AREA	Premium Health, 115–117 Gardenvale Road, Gardenvale

All bushwalkers, and particularly leaders, are encouraged to undertake training in First Aid. Melbourne Bushwalkers has organised a first aid course to be held on Saturday 24 November. Applications to attend are open to all Melbourne Bushwalkers members and members of other clubs affiliated with Bushwalking Victoria.

The course is HLTAID003, equivalent to the old Level 2 first aid certificate. Six to eight hours of prior private study is required (course book provided) with a pre-class test sheet to be completed. During the 7+ hours of class work participants must:

- demonstrate competent CPR performance on an infant and adult manikin (1 manikin per student)
- participate in three first aid scenarios
- complete a written knowledge assessment
- apply first aid procedures for a variety of first aid conditions

Satisfactory completion of the course requirements leads to a nationally-recognised certificate valid for three years.

The instructor is an experienced trauma paramedic with a strong bushwalking background. The course will be tailored towards bushwalkers. The provider, Premium Health, have 30 years' experience and currently deliver first aid training to 45,000 participants per year.

The venue is Premium Health, 115–117 Gardenvale Road, Gardenvale, on Saturday, 24 November 9 am – 3:30 pm.

Cost:

Melbourne Bushwalkers members who enrol will qualify for a Club subsidy reducing the cost to \$50 per attendee. Melbourne Bushwalkers walk leaders who have led at least two walks in the preceding 12 months will be eligible to attend for free.

The full course cost is \$127.50 per person, discounted (for 20 starters) from the usual \$189.

Numbers are limited and bookings are essential. We must have at least 20 starters so let us know your intentions as soon as possible. Enquiries and bookings can be directed to firstaid@mbw.org.au

USI requirements:

All students undertaking formal courses of instruction which have national accreditation are now required to register with the Federal Government and obtain a Unique Student Identifier (USI) code which must be given to the training organisation providing the course.

If you need to apply for a USI or need more information please visit <https://portal.usi.gov.au/student>



SUNDAY BUS

MT WORTH

(PLEASE NOTE: ALTERNATIVE DEPARTURE POINT)

DATE Sunday 25 November 2018
LEADERS Jan Colquhoun and Richard Hanson
TRANSPORT Bus - leaving cnr A'Beckett and William Streets (opposite clubrooms) at 8:45 am

FIRE BAN DISTRICT
TEMPERATURE REFERENCE SITE

For details of this walk please check the Club's website mbw.org.au or contact the leaders.



SOCIAL

WALKING THE DOLOMITES

DATE Wednesday 28 November 2018
VENUE Clubrooms
SPEAKER Susanne Etti

Located in northern Italy, between the two Italian provinces of Trentino and Alto Adige, they cover some 350 000 acres. It's an expansive region, encompassing 18 major peaks and a number of charming mountain towns.

The Dolomites have always had an enormous impact on the imagination of those who have set eyes on them. The

majestic grandeur of these stone giants has inspired epic sagas in its inhabitants since prehistory, to the point where it has become an essential part of their cultural identity. They are universally acknowledged as 'the most beautiful mountains on Earth' and have become a worldwide standard of mountain beauty.

The human being has softened the territory of the South-Tyrolean Dolomites, through work and agriculture. In this way, a unique landscape has been created in the Alps, which is researched and appreciated by the most demanding tourists. There is nature and there are many events, but there are traditions as well; the landscape presents cities with the fascination of Middle Europe, mediaeval castles, gothic churches, isolated huts, historic and design hotels, and restaurants. In the summer, the most fascinating characteristic of these territories are geraniums. Every balcony has plenty of them. A peculiarity.

South Tyrolean Dolomites represent a lifestyle: a union of nature, entertainment, relaxation and wellness. The local cuisine is unique. The typical Alpine cuisine has been connected to the Italian one. And not forget culture, harmonies characterised by art and the majesty of the landscape. Come along for an evening to discover the beauty of the South-Tyrolean Dolomites in winter and summer.

Susanne has walked extensively throughout the region. She will share her experiences.



PACK CARRY

WALHALLA – BAW BAW VILLAGE

DATE 29 November to 2 December 2018
RETURN TIME 2 December
STANDARD Medium
DISTANCE 46 km
TOTAL ASCENT 2000 m
LEADER John Terrell
TRANSPORT Private
ACTIVITY AREA Baw Baw Plateau
MAP REFERENCE Walhalla, Aberfeldie 1:50,000
FIRE BAN DISTRICT West Gippsland
TEMPERATURE REFERENCE SITE Latrobe Valley

This is the first stage of the Australian Alps Walking Track which runs for 660 km from Walhalla to Canberra.

My preference is to do this walk over 3 days from Walhalla to Stronachs Camp as the campsites are better spaced and traversing the entire Baw Baw Plateau is delightful walking. If insufficient takers, then maybe we'll do the 2 day version finishing at Baw Baw Village.

We'll meet at Walhalla on Thursday evening (or possibly Friday morning having undertaken the car shuffle). From Walhalla with its many relics of the old gold mining days we follow an old tramway and cross the Thomson River to arrive at the site of O'Sheas Mill surrounded by mountain ash forest.

The second day takes us past Mushroom Rocks onto the Baw Baw plateau with its sub alpine vegetation. There should be wildflowers, views in all directions and maybe even a drift of snow. Probably camp at Rock Shelter.

On the third day we continue across the plateau, over Mt Saint Phillack, past Whitelaw hut ruins, descending through some beautiful forest to Stronachs Camp on the Thomson Valley Road.

If this walk interests you, please contact me early to discuss options. I'm also open to starting on a different day.

**ADVANCE NOTICE – CHRISTMAS BASE CAMP
Camp Eureka: 24–28 December**

Once again we are heading to Camp Eureka, Yarra Junction, for Christmas.

Come for a day, a night, or longer. Walking, swimming, Warburton cafés and great Bushie hospitality.

Either camp or use one of the cabins or dorms. This year there are 4 additional cabins.



**EXPRESSION OF INTEREST
MIDWEEK BASECAMP: SNAKE ISLAND
Tuesday 29 to Thursday 31 January 2019**

Snake Island is Victoria’s largest sand island and named after its elongated shape. It is adjacent to Port Welshpool, 180 km from Melbourne.

The island is uninhabited but the Cattlemen’s Association of Victoria maintain cabins, dorms and other facilities there and they have kindly allowed us to use these free of charge.

A local fisherman will take us over (approx 50 mins), so space is limited. The cost will be determined by our final numbers.

Bring a sleeping bag, pots and stove and all of your supplies – no need to bring a tent or mattress.

Snake Island holds a special place in my heart because it was the first of my ‘Island Collection’ – followed by Deal, Great Barrier and next up Vanuatu.

FRIDAY 8 MARCH to SAT 17 MARCH 2019

YES, there is a return trip to Great Barrier Island, North Island, New Zealand.

This wonderful jewel lies in the outer Hauraki Gulf, 100 kilometres north-east of central Auckland, and it is a trampers’ paradise.

IT'S ON AGAIN
THE CLUB TRIP TO GREAT BARRIER ISLAND, NZ!

FRIDAY 8th MARCH- SATURDAY 17th MARCH 2019
susanmaughanoz@hotmail.com

THE ACCOMMODATION

Medlands Backpackers



A new DOC hut



A little bit of luxury



THE VIEWS



THE CAMARADERIE



THE TRANQUILITY



TUESDAY 4 JUNE to SAT 22 JUNE 2019

Attention South Sea Island Adventurers!

Come along for the Club’s inaugural trip to VANUATU.

Bring a sense of daring, be prepared for not everything going to plan, expect to get your feet wet, and don’t forget your camera.

One hour’s flight from Port Vila is MALEKULA ISLAND, where will hike the iconic Manbush Trail. This will be a 5 day trip, rather than the usual four, as advertised below. Later we will explore the adjacent outer Maskelyne islands by outrigger. <http://www.malekula.travel/manbush-trail-tour.html>



EXPRESSION OF INTEREST

VANUATU 4th- 22nd JUNE 2019

INCLUDES A GUIDED FIVE DAY PACK CARRY ON THE MANBUSH TRAIL
(There is the option of using local porters)

AND

A FOUR DAY OUTRIGGER TRIP TO OUTLYING ISLANDS

Susan Maughan
susanmaughanoz@hotmail.com
0478 504 441

Photos courtesy of Grant Dixon Photography

For the itineraries and enquiries contact: Susan Maughan.

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. After 22 September we will meet the bus at the Alternative Departure Point, corner A'Beckett Street and William Street, adjacent to the Clubrooms. Leader or deputy will be there rain, hail or shine!

November 2018					
Thu 1	TOF: Mullum Mullum Creek Donvale–Ringwood	Pvt	Easy	CN:me	Meryllyn Whimpey
2–6	PC : Razor–Viking Circuit (joint VMTC)	Pvt	M/H	NE:mb	Jopie Bodegraven
Sun 4	DAY: NEW: Gypsy Lane (ALT DEPT)	Car	E/M	CN:ba	Chris Collett
9–11	BC : Princetown – Great Ocean Walk	Pvt	Easy	SW:wb	Meredith Quick
Sun 11	DAY: Wombelano Falls – Island Creek (ALT DEPT)	Bus	E&M	CN:yg	Phil Geschke & Theo Mertzandis
Wed 14	DAY: Greens Bush, Mornington Peninsula National Park	Pvt	E/M	CN:fr	Ed Neff
Wed 14	TRG: Leader Training: Unit 7 – Critical Incident Management				Ian Mair & Angela Vetsicas
16–18	PC : Beginners Mt Feathertop along Razorback	Pvt	Easy	NE:fc	Helen Geddes
17–2	PC : New Zealand – Kepler & Hollyford Tracks	Pvt	Med		Ian Mair
Sat 17	CYC: Nyora–Bena loop (West Gippsland)	Pvt	Med	WG:lv	Philip Brown
Sun 18	DAY: NEW: Taradale Nature Reserve & Malmsbury (ALT DEPT)	Car	E/M	NC:be	Stuart Hanham
Mon 19	MOF: Lysterfield Lake Park	Pvt	Easy	CN:me	Alan & Jan Case
Wed 21	DAY: Jumping Creek to Hinterlands	Pvt	Easy		Theo Mertzandis
Thu 22	SOC: Willsmere Park – Sparkes Reserve	Pvt	Easy	CN:me	Pearson Cresswell
Sat 24	DAY: Mt Macedon/Hanging Rock area	Pvt	Easy	CN:me	Helen Graesser
Sat 24	TRG: First Aid Training				Nigel Holmes (co-ord)
Sun 25	DAY: Mt Worth (ALT DEPT)	Bus	E/M&M	WG:lv	Jan Colquhoun & Richard Hanson
Wed 28	SOC: Walking the Dolomites				Susanne Etti
29–2	PC : Walhalla – Baw Baw Village	Pvt	Med	WG:lv	John Terrell