



THE NEWS

OF THE MELBOURNE BUSHWALKERS

Edition 285

DECEMBER 1972

Price 3¢

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it's time ✂
.....

TO START THINKING ABOUT THE ELECTION OF OFFICE BEARERS FOR 1973
WE WANT NOMMINATIONS FOR ALL POSITIONS AS WELL AS COMMITTEE MEMBERS.

Lets make our AGM really intereering this time by putting in lots of nomminations for all the positions. And if you feel you can do a particular job don't be shy about asking someone to nominate you. You will end up with th kind of Committe you deserve, so make it a good one and make sure there are plenty of candidates. Graham and Joy will be happy to recieve all nomminations.

NOTICE

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NOTICE OF THE ANNUAL GENERAL MEETING AND ELECTION OF OFFICE BEARERS
WEDNESDAY 21st. FEBRUARY 1973
at 8 pm. sharp

NOTICE of proposed ammendment to Constitution involving the creation of a new officer, Membership Secretary. This person will be responsible for maintaining a current list of financial members and recieving subscriptions. This will greatly help the Secretary and the Treasurer. They will also recieve all changes of address etc. which are currently submitted to all kinds of peöple and sometimes lost. Thereis plenty to keep a Membership Secretary occupied and we feel this is position is a worthwhile addition.

Proposed - Joy Seymour Second - Ann Sullivan

WARNING TO SPEEDSTERS

IT HAS BEEN brought to the attention of the Committee that several club members have been driving at excessive speeds and even dangerously on trips which have been programmed as private transport. These people surely don't need to be reminded of the dangers of such driving. We realise that some cars are designed to travell safely at high speeds, but most of our roads are not and neither are the road rules. Some of you speedsters are aquiring quite a reputation and you will soon find your selves with out passengers on such trips.

TRACK CLEARING

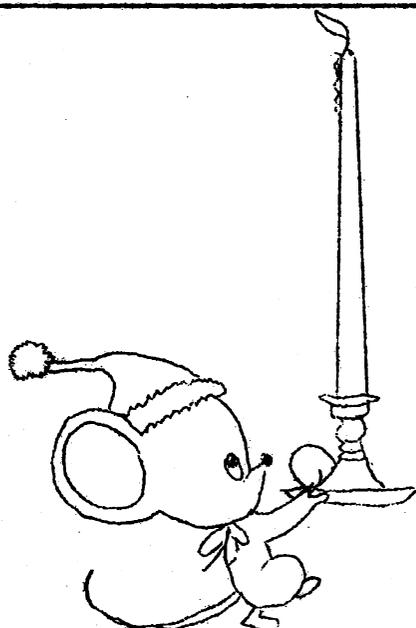
At the November Committee meeting it was noted that only 10 people attended the last Track Clearing and that these were the same regular helpers. In order to encourage a wider representation on future Track Clearings we decided to subsidise van fares by 50%. This will also ensure less financial burden on the regulars.

DUTY ROSTER

January 3 Ann and Darrell Sullivan
10 Graham Mascas, Joy Seymour
17 Fred Halls, Art Terry
24 Rob Steel, Graham Hodgson

All correspondence should be addressed to
 Hon. Secretary, Melbourne Bushwalkers,
 Box 1761Q, G.P.O.
 MELBOURNE, Victoria 3001

Meetings are held in the clubrooms, 14 Hosier Lane, at the rear of the Forum Theatre, every Wednesday night at 7.30 pm. Visitors are always welcome.



SEASONS

GREETINGS

from

The Editor, Staff, & all
 members of the Committee

JANUARY WALKS PREVIEWS

DAY WALKS

Jan 7 **BULLARTO - BARRY'S REEF - TRENTHAM**
 Leader; Darrell Sullivan (b)67 8428 Easy-Medium
 Van leaves Batman Ave 9.15 am. Fare \$2.50 Expected return 9.00 pm
 Map; Daylesford 1 mile = 1 inch. Approx distance; 11 miles.
 This will be a pleasant walk through the western part of the Dividing Range, taking in Mt. Wilson and the Upper Lederderg River. May find some remains of the mining activities in the area. Bring water for lunch.

Jan 14 **SAN REMO - KILCUNDA - POWLETT RIVER**
 Leader; Art Terry (p)93 3617 Easy-Medium
 Van leaves Batman Ave 9.15 am. Fare \$2.50 Expected return 8.30 pm.
 Maps; Woolamai and Wonthaggi 1 mile = 1 inch. Approx distance 12 miles.
 A pleasant coastal walk along cliff tops and sandy beaches - Good swimming. Bring lunch and drinking water.

Jan 21 **FAMILY WALK - LEDERDERG RIVER**
 Leader; Graham Errey (p)877 2685 Easy
 Van leaves Batman Ave 9.15 am. Fare \$1.50
 No preview needed; Come along, should be fun and games for all.

Jan 28 **BLOWHARD RANGE - YEA RIVER**
 VAN will leave Batman Ave 9.15 am. Fare \$2.00 Easy-Medium
 Should be a very nice trip; can we have a volunteer to lead it please?

WEEKEND WALKS

12 - 14 **BEACH WALK - TEN MILE CREEK - CAPE LIPTRAP**
 Leader; Graham Hodgson (p)728 1734 Easy
 Van leaves Batman Ave 6.30 pm. Fare \$4.50 Expected return 8pm. Sunday
 Map; Liptrap 1:50,000. Approx distance; 12 miles.
 If you like swimming, sunbaking and generally lazing around then this is the trip for you. The beaches and cliffs are very beautiful. So come along to this seldom visited area in Waratah Bay.

20 - 21 **LILLO DERBY - LERDERDERG RIVER**
 Leader; Graham Mascas (p)37 8881 Bludge
 Van leaves Batman Ave 1.30 pm. Fare \$2.00 Expected return 8pm.
 Map; Who needs one? The Mascas's have intimate knowledge of the Lederderg.
 Approx distance; 4 Mascas miles.
 This isn't really a walk at all, its the Club's annual trial for those to whom bushwalking is really only an excuse for lying down. So come and lie on your lilo in the Lederderg. We may even arrange some races (lying down of course !)

WALKS PREVIEW'S Cont.**26 -29 RODONDO ISLAND**

Unusual

Leader; Rex Filson (p)88 3683

Leave Friday night to sleep at Port Albert. Early start Saturday morning for the island. Bring your sea sick pills ! If bad weather prevents a landing on Rodondo we will continue on to Deal Island. All starters must be able to swim. as the water is the only place to go if you loose your footing. Every person should carry enough food for the long weekend plus two days emergency ration and one gallon of water. The party will be limitted to 15 and the cost will be \$15 for Rodondo or \$18 for Deal Is. Please contact the leader or Walks Sec. early as we would like to know before Xmas or ealy new year how many are interested in going.

26 - 29 STANLEY NAME SPUR - CROSSCUT SAW - SPECULATION

Leader; Tim Dent (b)69 7073

Medium

Van leaves Batman Ave 6.30 pm. Fare \$6.00 Expected return 8.00 pm.

Map; Howitt 1 mile = 1 inch Lands Dept. Approx distance 30 miles.

Mainly ridge walking with detours for the super-fit, who may visit Mt. Howitt and Mt. Dispair as well as these well known peaks on the planned route, such as Mts. Speculation, Koonika and Bug....er its the one you all know.

WELCOME TO THE FOLLOW ING NEW MEMBERS

Dorothy BLACKMAN 9/10 Dickens St., Elwood 3184 (from 24-1-73)
 Klasina KUUSTRA 64 Laburnum St., Blackburn 3130 (P)877 3590 (b)63 6701 x17
 Juliet LEWIS 1/25 Canberra Rd., Toorak 3142 (p)24 1529 (b)479 2930
 Trevor PARSONS 38 Jarma Rd., Heathmont 3135 (p)870 4009
 Margaret REIMER 3/4~~68~~ Kooyong Rd., Sth. Caulfield 3162
 David and Margaret TRENGROVE 68 Abbeigate St., Oakleigh 3166 (p)57 7663
 (b)949 6561 - David
 Gary WILLS 13 Jellicoe St., Werribee 3030 (p)741 1129

PLEASE MAKE THE FOLLOWING AMENDMENTS TO YOUR ADDRESS LISTS.....

Acr. E. LAWTON A320317 Course No.1195 Must. CAT 1A/T, No.1 Recruit Training Unit, R.A.A.F. Base, Edinburgh, S.A. 5111.
 Jerry and Chris Grandage 34 Kneen St., North Fitzroy.
 Anne and Charlie WEILING 29 Northumberland Ave., Mt. Colah, N.S.W. 2099
 Graham and Marijke MASCAS 12 Hillcrest Road, Glen Iris 3146 (p)25 6940
 Barb and Ralph BRYAN 12 Chestnut St., Surrey Hills 3127 (b)870 8900 - Ralph
 Kevin CANNELL 10/15 Rockley Rd., South Yarra 3141
 Robin and Helen Mitchell 49 Commonwealth St., Bathurst N.S.W. 2795
 (b) Bathurst 31 1022 - Robin
 Tim DENT new business No. 69 7073
 Joy SEYMOUR (b)67 3354 (Bushgear)
 Darrell SULLIVAN (b)67 8428 (Molony's)
 Alison HOWELL is now Alison JONES at "The Poached Egg" Andersons Creek Rd.,
 Doncaster East 3109.

NOTES FOR SEARCH AND RESCUE MEMBERS

1. Search members must report to club contact on returning to the city after a search.
2. In their own interest, S & R members should label all their gear with their own and our club mname.
3. A suggestion has been made that a survival blanket be added to members equipment list. However this list and the instructio sheets are in the process of revision. Don't let this stop you from adding a survival blanket to your gear, though - they don't weigh much.
4. Ban all S & R members who participated in the last four searches (ie 2 at Mt. Buffalo, Lake Mountain and Noojee) please present to me a report of any loss or damage of their gear during these searches. The purpose of this is to assess the possible future settlement of such loss/damage, which shouldn't include damage due to normal wear and tear such as would be incurred on a Club walk.
5. Geoff Kenafacke is now our S & R Observer.

CONGRATULATIONS AND BEST WISHES TO RALPH AND BARB WHO WERE MARRIED - 2nd DECEMBER
 Thanks to you two for a really great Christmas Bar-B-Q last Saturday.

PHANTOM FOSSIL



If you cannot understand the following conversation you are not a true blue Aussie.

- "Gudday been war Kinglake leigh?"
- "Yes I got bar curfew day sago"
- Wear duco?"
- "Hike entr'ee near liak hole art hound ship"
- "Climb a penny mountains?"
- "Yeah sweet reversed the shoe girl oaf and a cross tooth irk rino lyn."
- "Tree mend us feus eh!"
- "Yeah sit makes thug ron owe strip a peer eely worth it."
- "War tit costume ate?"
- "Ink looting food about end hollers"
- "Not jeeperers it? "
- "Cost ass maul four tune"
- "Winner hugo ing highway gain?"
- "Injun you airy on an eggs tender drip to suth earnt as may knee a."
- "Sea you late aerthen, ho pew havva bewtime."
- Thang smatie seeyer"

* * * * *

See page 8.

molony's

197 ELIZABETH ST.
MELBOURNE
67-8428&9

STILL TOPS FOR
BUSHWALKING, SKIING,
AND CLIMBING NEEDS

INSPECT OUR RANGE
1ST & 2ND FLOORS

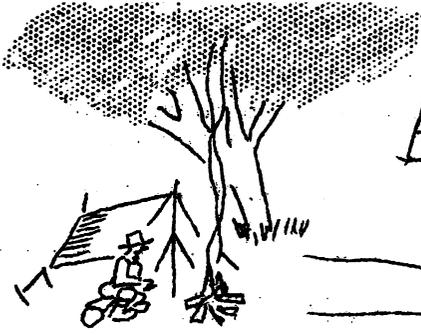
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PHONE 671412

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FOR ALL
BUSHWALKING AND CLIMBING GEAR



ALONG THE TRACK

SCRUB-BASHING FOR PLEASURE

*In Wilsons Prom did Art Terry
A stately pleasure walk decree:
Where Meg, the sacred river ran
Through gullies measureless to man,
Down to a southern sea.*

(With apologies to S.T. Coleridge)

The wind is blowing on Telegraph Saddle as Art and his crew shamle off down the Lighthouse Track with a couple of interlopers who arrive late in a battered VW. The bush is ablaze with the gaeity of Spring and the birds cheerfully acknowledge the day with their music. At a turn in the road the broad brown plain between Oberon and Waterloo appears. We cross Growler's Creek, taking mental note of the rustic sign that forbids campers, then trudge across the sandy, corrugated plain to Half Way Hut. Elevenses at ten. All is not well, however, as it becomes apparent that Proudfeet and Price, our illustrious whips, have mislaid themselves back along the track. Much later it eventuates that they took a wrong turn and finished up at Waterloo Bay.

Undaunted by this setback to party morale, we continue now up a steep and heavily-eroded track onto the escarpment. On our left lies the Boulder Range with its eerie white monoliths protruding from the scrub-like teeth in a body made denture. Undulating moorland extends several miles to the ocean; out to sea Rodondo Island appears rather like a scaled-down version of Gibraltar. Before long, Art bids us don trousers and gloves and we plunge purposefully into the infamous scrub. Ladies are relegated to the rear so as not to interfere with Art's navigation. Dorrie, however, expresses her disagreement in no uncertain terms (and her views on Women's Lib are the main topic of debate for the rest of the weekend). We grapple manfully with obnoxious growths of many varieties, but Art skilfully circumvents the worst areas and within an hour brings us to an open ridge overlooking South Point. The cardboard flavour of Ryvitas goes unnoticed amid such grandeur.

Then, leaving our packs, we head up to the nearby trig. A passing steamer is dwarfed by Rodondo and we realize just how immense it is. Then it's down the last spur to South Point with boulder hopping at the extreme end. Here the turquoise sea washes gently over the smooth, brown rocks and glitters dazlingly under the clear, bright sunshine. Nearby, hundreds of whitened timbers lie scattered above the high water mark, together with shattered keels and stanchions of once-proud ships. Back at the ridgetop we shoulder packs once again and bash onward through scrub much difficult until Art unerringly homes in on Roaring Meg Falls like a carrier pigeon come home. Roaring Meg Cove - a smugglers' hideout with a framed view of the ocean; a gentle swell that heaves and gurgles over ochre-stained rocks; water that is deep, green and limpid - but cold, and tempting only the hardest. The creek cascades down a ferny chute from its perch high above the cove and trickles silently over the thin stretch of sand to meet the sea. We find Alec and Andy already settled in and Dorrie ticks them both off very sternly. It's carnival time as technicolour tents mushroom amid the trees - three Blacks, four Paddys and a Wintest. Spencer, our "cordon bleu" chef, concocts a special dish that is guaranteed to turn an armadilla pale. Night falls and moon rises through fleecy clouds. The glow of the merry campfire reflects on happy faces; Alec tries to sing.

Morning, and Art heads down to the cove for his constitutional; Joy appears briefly, yawns, and dozes off again; Alma and Joyce crack jokes over their muesli. At 1000 we set off in twos and threes back to the Falls, then wander through the ferny, sunlit glade to the main track. Once onto the open moorland, Art sets his own pace and we forge ahead without pause until from the top of Oberon's immense sand

dune we sight the cool surf creamingin, inviting refreshment.

A fine weekend Herr Terry, and judging by its successes, it's likely to become an annual event for years to come; but let's hope that in the years to come, South Point and Roaring Meg do not become victims of trail-bike tourism and the like. ~~g~~

Underleutnant Greenboots

KIDNAPPED AT BLACKBURN PUB or THE DAY THE GRONOWS VAN SAILED PAST

Sunday morning, ten o'clock, the Blackburn Pub on White Horse Road is a pretty deserted spot. Those disshevelled looking characters carrying assorted bundles and packs standing in front of the Bottle Drive-in are not leftovers of last night's hilarity, but Bushwalkers waiting for Gronow. For, apart from its more legitimate uses, the pub also serves as a favourite pick-up spot for Bushies living in the Eastern suburbs. So we weren't surprised when another Bushwalker joined us last Sunday as we waited for the van to arrive. Soon we were discussing favourite walks, van trips and other topics of mutual interest. Sure, we hadn't met him before, but then one can't be expected to know every member. A few minutes past ten, Gronows van came in sight and we made ready to board it, but despite our frantic waving it sailed straight past us. "Not to worry", cried our companion, "I reckon that wasn't the van anyway, there's 45 blokes booked on this trip you know". And sure enough, a second van drew up a minute later, filled with males and females of the bushwalking kind. This van, belonging to another firm, had large windows and upholstered seats so for once, I thought, the Bushwalkers had done themselves proud. Obviously the large number of walkers had merited a second van. Looking around for familiar faces I found none. Now, I am a pretty recent member of the MBW, but surely there must be someone I knew on such a popular walk. And look at the leader now checking his list with concern. I know they are doing marvellous things with sex changes nowadays, but could this rugged, silverhaired, tartan shirted male really be our lovely Jenny to whom I only talked on the phone a few days ago?

Then it dawned on both of us. We had been overlooked by Gronows van and picked up by another walking club which turned out to be the Victorian Mountain Trampers on their way to the Black Spur. There being no chance of catching up with Gronows van now, they kindly invited us to join them on their day walk. Knowing of their reputation for tough hikes, we were agreeably surprised that this was one of their more leisurely walks leading from the Black Spur via Carters Gap down to Fernshaw. Led by Geoff Brookes - a former MBW member - a deputy leader and three whips who made sure that nobody took the wrong track by blocking off access to all tracks except the right one at all junctions, the hike was most efficiently organized. And to make sure that nobody died of thirst en route the leaders even provided water and tea at lunch time!

But since we can't expect another van filled with bushwalkers to follow in the wake of Gronow's every Sunday, perhaps we better make the Blackburn pub a compulsory stop in future.

Paul Baxter

BUSHGAMESMANSIP REVISITED

My article on Bushgamesmanship ("Walk" 1971) seems to be in need of revision, judging by the various techniques that I have witnessed in South East Queensland. I have made brief notes on three of the ploys observed, and trust that you will find them useful.

(1) THE CHANGING LENS TECHNIQUE

It is obvious that my original comments on cameras severely underestimated the versatility of that instrument as an aid to bushgamesmanship. The changing lens technique is one of many and involves the following: (a) two lenses (any type), and (b) the need to always use the lens that is NOT on the camera. This ploy is usually good for about a 10 minute break if handled properly. Additionally, of course, all lens changers are notoriously slow at framing their shots, finding the shutter button and putting the camera back into the case (well you always take it off, you know). They also use small lengths of film so that they can change them more often.

(2) THE WALKIE-TALKIE STRATEGY

This one seems to be native to Queensland. It is not an ideal technique, because

walkie-talkie sets cost money and you really need two at least to make things look convincing. Also, it is advisable to have the party split into two, so that you can talk to someone more than a few feet away (tends to look a bit contrived otherwise). The idea is to send a message every hour and so gain a rest stop - you can't very well walk with that big aerial flapping about. Use of suitable rituals will prolong the procedure e.g. Bravo Whisky One, this is Bravo Whisky Two, over; Bravo Whisky Two, this is Bravo Whisky One, receiving you, over and so on for at least 20 minutes.

(3) BEHAVIOUR MODIFICATION

This technique is definitely only suitable for the initiated and should not be attempted by unseasoned walkers. It derives from psychological theory and aims to alter the behaviour of the leader or other members of the party to your advantage without them realizing what is happening. Thus, it is a more sophisticated form of bush-gamesmanship and is used when you want a radical change to occur eg alter the route of the walk to take in a milk bar five miles out of the way. The primary requirement is the ability to subtly shape people's behaviour, by leading them to think that your plan is (a) their plan and (b) a good idea (shades of Dale Carnegie!). An alternative, which I have seen demonstrated on a number of occasions with devastating effects, is to so thoroughly confuse everybody in the party, that they are happy to listen to anyone with a single coherent idea (i.e. you). A third and extremely insidious variant of this approach is to adopt a variety of personalities which can be alternated at will. You will then be impossible to categorise and by skillful juxtaposition of these rôles will so thoroughly confuse everyone that you can lead into the second alternative mentioned above

I have been practising this second alternative on you for the last few minutes and hope that you are all thoroughly confused. Turn N 20°E for the milk bar!

Michael Griffin

KOSCIUSKO HUTS ASSOCIATION

Thinking of walking in the Snowy Mountains this summer? Spare a thought for the Kosciusko Huts Association. This Association was formed recently by concerned bushwalkers, fishermen and cross country skiers for the purpose of repair and maintenance of huts in the Kosciusko National Park, many of which are badly in need of attention. The National Parks and Wildlife Service has no government funds for this purpose and all must come from private individuals and clubs - by membership of the Association and also from hut fees and donations. As bushwalkers we are all potential visitors to this unique alpine area and users of these huts. Many of you have done so already. If we do not show interest there may not be huts much longer. Of the 90 or so huts in the park 26 are urgently in need of attention. Some of these have already been assigned caretaker groups and work has started, but the most urgent requirement is people and money. What about 'doing your bit' and joining the K.H.A. Send \$2 subscription to the treasurer

John Pinkerton
P.O. Box 415
Canberra City 2601

You will be kept informed on what is happening to huts in the Park and if you wish you may use the huts free. Repairs and maintenance are expensive. Non members who use the huts are asked to donate to the upkeep eg 50¢ per night, either to a box kept at the hut or to the Park Headquarters. 50¢ is not much to pay for a nights shelter. A third way you could help is by working on the huts. If you would be prepared to go on occasional work parties contact

Tom Kneen
377 Canning Street,
North Carlton.

Phone 347 3818

Sue Ball

MERRY CHRISTMAS to all members, hope you all enjoy your Christmas trips. Keep your eyes and ears open while you're away so you can write up all these trips for NEWS when you get back. Thanks to all contributors and to Helen Dent for typing .

Closing date for JANUARY NEWS is Wednesday 10 January AND THAT INCLUDES WALK PREVIEWS !

KWIK CROSSWORD

Phantom Fossil has made up this bewt Crossword for you all to do while you're away on those long Christmas trips. Answer in January NEWS. (Maybe)

	1	2	3	4	5	6	7	8	9	
10										
11			12			13				
14		15		16	17					
		18	19							
20	21					22		23		24
25					26				27	
28									29	
			30		31		32			
33	34	35							36	
37					38					

CLUES ACROSS

1. Bushwalkers' sacred mountain.
10. This is what skiers eagerly wait for. (2 words)
11. As you like ___
12. Sun God (South America)
13. What a carefully prepared bush dinner usually ends up as.
14. ___ Maria
16. ___ Gorge
18. Greek letter
20. Friendly discussion
25. Dehydrated delights often ending up as a surprise.
26. Gum yielding tree
28. What you would do if chased by a BULL
29. Northern Territory (abbreviation)

31. We all consider our tent to be one of these
33. Mountains in South America
36. __ you like it * * * * *
37. Author's christian name (some of her books are now banned)
38. Sumptuous meal

CLUES DOWN

1. Federation of National Trust Identities (abr.)
2. Education Officer (Initials)
3. Australian Wildlife Reserves (abr.)
4. A means of transport
5. Opposite of she (this one's tricky)
6. Engadine Park Supervising Ranger
7. Thermal area in New Zealand
8. To ___ in the jungle is another way of saying to walk in it.
9. Cape ___
10. Everyone likes to do this at the end of a long walk.
15. Capital of Jordan
17. Highest mountain in Tasmania
19. Most walks have their ___ and downs
20. A tree type
21. Township in Victoria
22. Essential item of equipment when climbing in snow conditions (2 words)
23. Master of ceremonies (Initials)
24. Most late
27. Peruvian Indians
30. Huey is one
31. Any thing that is equal to another is said to be on a ___ with it.
32. A common place to be kissed (singular)

MUESLI

Try making this for your Christmas trips. Its from November CHOICE Magazine. Much more nourishing and cheaper than commercial varieties. 6¢ per serve.

- 1 lb. quick cooking rolled oats
- 1 lb. wheat germ
- 8 oz. raw sugar (optional)
- 1 cup dried skimmed powdered milk
- 4 oz. dried apricots (chopped)
- 4 oz. dried apples (chopped)
- 4 oz. raisins
- 4 oz. sultanas
- 4 oz. crushed mixed nuts or hazelnuts. Brazilnuts and walnuts.

Place all the ingredients in a large bowl and mix, store in a sealed plastic bag in a cool place. To serve add hot or cold milk and stand for a while before eating. For variety you can add coconut, banana flakes, honey, dates, whole meal flour, millet meal, fruit juice, cream or yoghurt.

All that should really get you going....best take plenty of 'multi-purpose'