



# THE NEWS

OF THE MELBOURNE BUSHWALKERS

Edition 298

JANUARY 1974

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## NOTICE

### THE ANNUAL GENERAL MEETING AND ELECTION OF OFFICE BEARERS

will be held in the Clubroom

on Wednesday 20th FEBRUARY at 8pm. sharp

NOMMINATIONS are now required for all jobs and committee positions.

## DITS AND PIECES

from Athol Schafer

### A COMBINATION PACK - TENT - STRETCHER - CANOE

An updated version of the swagmans bluey has been entered by two Perth men for the \$5000 Lysaght Inventors Award. A comfortable pack weighing only 0½ lbs opens up into a stretcher-bed on to which can be zipped a weatherproof pup-tent. The inventors are working on further modifications to convert it into an emergency canoe which should make it useful for search and rescue operations as well as prospecting and hiking.

Sunday Times 21/10/73

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### MAGAZINES AVAILABLE IN THE CLUBROOM

"Melbourne Walker" 1974 40¢  
"Wayfaring"(Womens Club) 20¢  
and don't forget our own "WALK 1974" 40¢

. . . . .

### DOG PULLS OUT OF LONG WALK

Two men walking around Australia with the aim of promoting Wildlife Sanctuaries yesterday sent their german shapherd dog back to Sydney on the advice of the rspca. Mr. D. Howinson and his son Mike, have walked from Sydney to Ballarat via Melbourne, but the five year old dog had sore paws after the first 700 miles.

The Australian 31/12/73

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### WHEN CARRYING A PACK WAS UNFASHIONABLE

"He (Lewis F. Richardson, a Quaker) recalled too that for about five years after the end of the First World War the practice of hiking with a knapsack was out of fashion, perhaps because it reminded people of the infantry. It was a sad omen when the knapsacks returned to favour."

...Geoffrey Blainey in "The Causes of War".

. . . . .

### THERE WILL BE A STOP FOR TEA!

Come now little meat pie  
Piping hot and crustie  
Sink my teeth to the foil beneath  
Crunch - slurp - SQUELCH!  
Pepp'ry and Sav'ry  
Finger-scalding gravy  
Cool my tongue from a Pepsi can  
Guzz - gulp - BELCH!

All correspondence should be addressed to:  
Hon. Secretary, Melbourne Dushwalkers,  
Box 1751 Q, G.P.O.  
MELBOURNE, Victoria 3001

Meetings are held in the clubrooms, 14 Hosier Lane, at the rear of the Forum Theatre every Wednesday night at 7.30 pm. Visitors are always welcome.

FEBRUARY WALKS PREVIEWS

DAY WALKS

3 BELLS BEACH - PT. ADDIS - ANGLESEA

Leader; Andy Price Easy  
Van leaves Datman Ave 9.15 am. Fare \$2.50. Expected return; 9.00 pm  
Approx distance; 9 miles  
Map; Anglesea 1" = 1 mile.

A pleasant walk along coastal beaches until the tide forces us to climb to higher ground. (in parts) Every chance for good swimming depending on the weather. Bring water for lunch.

10 LAKE MOUNTAIN - FEDERATION TRACK - KEPPELS FALLS

Leader; Mike Reynolds (p)387 3154 Medium  
Van leaves Datman Ave 9.15 am. Fare \$3.00

17 CAPE WOOLAMAI - FOREST CAVE - PYRAMID ROCK

Leader; Max Casley (p)64 4358 Easy  
Van leaves Datman Ave 9.15 am. Fare \$2.50  
Map; Broadbents No. 148, Phillip Island

A beach walk startinh at Pyramid Rock, then to Forest Cave which we can enter if the water is not in too far. Then on to Cape Woolamai, home of the Mutton Birds and highest point on the island (357 feet) Bring water and swimming togs if you like surf.

24 FERNSHAW- CARTERS GAP - OLD BLACK SPUR ROAD.

Leader; Hugh Duncan (p)29 5924 Easy  
Van leaves Datman Ave 9.15 am. Fare \$2.00

WEEKEND WALKS

8 - 10 MT.SABINE - GREY RIVER - ADDIS BAY

Leader; Graham Hodgson (p)728 1734 Easy/medium  
Van leaves Datman Ave 6.30 pm. Fare \$5.00

15 - 17 ALPINE MYSTERY WALK

Leader; Karen Dedenozck (b)62 3612 Exciting  
Private transport leaves 6.30 pm. Arrange with leader.

22-24 KING SPUR - MT.KOONIKA - COBBLER PLATEAU

Leader; Phil Taylor (p)306 6152 Medium  
Private transport, arrange with leader.  
Map; Howitt 1" = 1 mile, VMTC Watersheds King, Howqua, Jameison Rivers

What! You haven't been to Cobbler in years! Now heres your chance. Saturday will be a brisk climb to Mt. Koonika, then ambling accross the plateau to Cobbler Lake to camp Sunday will involve a side trip to Mt.Cobbler before finishing at King River Hut.

Clubroom duty roster.

January 1& 23 Lindsay Barrow, Joy Bover  
23 Fred halls, Graham Mascas  
30 Darrell and Ann Sullivan  
February 6 Geoffs Greenwood and Crapper

(ADVERT)

PRIVATE TASMANIAN TRIP

Dick and Lorna Johnson intend to make a vain try for a second Honeymoon (leaving the multitudinous brood behind them temporarily) with an 8-day epic across Cradle Mtn. - Lake St. Clair N.P. Trip is firm, but other walkers (singles or pairs) up to a maximum group of 6 are eagerly invited for reasons of safety, companionship and esprit. To leave Melbourne for Devonport, Monday 18th February return from Hobart 26th Feb. (7 working days.) Companion walkers may choose to return Sunday 24th. Route still indeterminate.

(Riddle....now resolve notice above with advert below. All correct entries will receive one packet of over aged Allied freeze dried rubber mince in torn Alfoil wrapper.)

Dick and Lorna Johnson also offer FOR SALE two pairs of first class brown TRAMPER BOOTS, size 8 and size 5 - each pair used on only one walking trip. \$8 a pair or best offer. Phone 057 7362 Inspection invited.

CHANGE OF ADDRESS

Patricia BREAKWELL, c/- R.M.H. Nursing Home, Grattan Street, Parkville 3052.

Anyone wishing to contact Peter Dullard during his absence in foreign places should ring his parents on 50 5234 for his current address.

FOR THOSE GOING WEST.....THE BIBULMAN TRACK

This is the Perth - Albany walking track, named after the Bibulman tribes. It will be opened in the autumn and is, at present, mapped out and constructed as far as Northcliffe (near Pemberton).

HOW TO BAKE A SNAKE

If a snake is killed and thrown straight on to the fire, it immediately twists and turns into a very disconcerting shape indeed. To cook it in the approved manner, you need a fire and two people. They sit each side of the and stretch the snake over the heat, passing it to and fro slowly. The idea of this, the natives say, is to throw the juices back into the flesh and at the same time relax the muscular contractions. When it has completely ceased to wriggle and twist, it is laid on the ground (it is never cut) and with the aid of a sharp knife, incisions are made right along both sides close to the back bone, about 1/4 in. deep, thus cutting all the sinewy parts. When this is done the cook bands the snake to make it supple and rolls it up just like a butcher rolls a rib roast. This is tied up with a piece of string, slipped under the hot coals, covered up with ashes and left to cook. When it is tender on one side it is turned over. It makes quite a shapely roast. It is served after the gut has been removed. The fat is still intact, in delicious round nodules, the flesh is white and firm and tastes - well, a little like chicken.

Extract from BILL HARNEY'S COOK BOOK

Recently reprinted and well worth reading.

WILKY

At the last committee meeting it was decided to raise visitors Wilky fees to \$1 per night. Members fees will remain at 50c per night.

A work party will be held in March and all those who use Wilky are urged to attend.

IF WE JOIN THIS BUSHWALKING  
CLUB WE GET  
R CERTIFICATE MOVIES  
ON VAN  
JOURNEYS



BUT THIS CROWD HAVE A  
FULLY LICENSED BAR.....  
THERE AGAIN THIS MOB HAVE  
FULLY DECKED OUT 'SLEEPERS'.  
IT IS REALLY A DIFFICULT  
DECISION WHICH CLUB TO JOIN.

WILL IT EVER COME TO THIS?

#### PHANTOM FOSSIL

Dancing is such a graceful harmless pastime, ho ho. At the Christmas party, Sue Hart whilst performing a very professional left-hand highland fling-turn-kick came in contact with a bod doing a very professional right-hand highland fling-turn-kick. The result uplifted Sue from her position and plonked her on the hard concrete. Her ankle swelled up like a dehydrated stew but fortunately no bones were broken. was noticed to fall flat on his back at least five times during the dance - he blamed this on his leather shoes, but I wonder??

It has been noticed that a few of our MBW engraved tents have been seen recently on YHA??? walks. WHAT is going ON??

Veteran surffie Doug Crocker was seen recently near Gunnamatta beach, 8 ft plank in one hand and fending off unfriendly seaweed with the other. When a wave does come, Doug lunges on his plank and comes charging into the beach at a rapid rate of knots. You should watch him sometime, he really is good.

Hear about the Red Indian who said "when" - he already knew "how".

There is no truth in the rumour that we are going to have movies on long Gronows van trips or that the area above the driver is to be turned into a bar or that hammocks are to be tied to the roof or that stabilizers are to be installed or that a flashing Neon sign with MBW on it is to be put on the roof etc..... No truth at all!!!!

I hear that the ghost of Mummajong is frequenting the area around the Himalayas at the moment. He is evidently being accompanied by that distinguished gentleman Mr D Nangerparbat and they intend to haunt the base camp of Mt Everest,

Peter Bullard has just taken off for a two year jaunt through Africa and eventually Europe. Best wishes Peter for a pleasant trip. (P.S. there is still some equipment left, he hasn't taken it all)

#### ALONG THE TRACK

##### REDCASTLE - COSTERFIELD

The van seemed to be travelling quite happily along a road to somewhere when suddenly it stopped, turned around, and headed back in the direction of Melbourne. The leader smiled reassuringly at our surprised and puzzled expressions. Well, as Harold cheerfully remarked, it was a nice day for a drive.

A little while later we turned off along a dirt road and followed it to a farm house. Again we stopped, about-turned, and started back. Third time lucky - this time we did find the right track and were soon stretching our legs in the warm sunshine.

We walked through fairly flat, timbered country, the whole of which proved to be a naturalist's delight. There may not have been expansive views, but all the views we needed were at our feet. Masses of bluebells, chocolate lilies blue pincushions, grevilleas, cotula, goodenias, and richly coloured blue-purple

finger flowers carpeted the forest floor. We were particularly fascinated by the finger flowers, both because of their striking beauty and because of our inability to identify them. Their botanical name is *Cheiranthra linearis*.

Grey fantails, tree-creepers, several species of cuckoo, choughs, cockatoos and white-winged trillers were everywhere, as were butterflies, grasshoppers and ants. Bush flies heralded the approach of summer. At various places along the way kangaroos, rabbits, lizards and even a fox were seen.

As we passed by a murky waterhole Norm and Kevin spoke lightly of swimming, but since neither could decide who would go in first they did not bother.

We also came across a couple of old mines, with the special quality that mines have for conjuring up images from history. Stones thrown in took quite a time to reach the bottom.

The last part of the walk was along the road to Costerfield, where we saw several families of kangaroos crossing in front of us.

Costerfield itself turned out to be quite a place, sporting a town hall, tennis court, a post office-cum-savings bank-cum service station, and a visible population of two. The evening was still and peaceful, and as we travelled home the lengthening shadows, the warm afternoon light on the hills and the smell of new-mown hay drifting through the windows of the van added a final pleasant touch to the day.

Thank you Marianne for helping make the concrete jungle bearable for another week with an interesting and enjoyable walk.

Virgil Davis

*molony's*

197 ELIZABETH ST.  
MELBOURNE  
67-8428&9

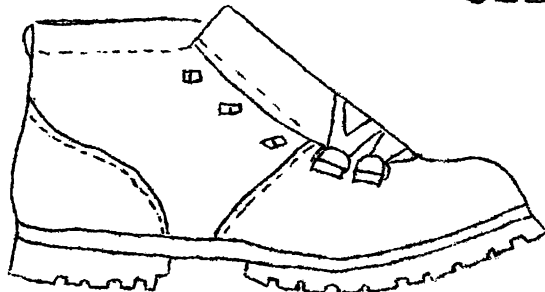
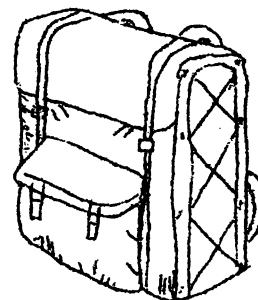
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