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THE NEWS OF THE Melbourne Bushwalkers Inc.

60 Cents

Edition 665 JULY 2006

Attention !! Cross Country Skiers

Rawson's Lodge – Mt St Gwinnear
August 18th -20th

Put it in your diary, and pray for snow.

Gina & Sylvia

Melbourne Bushwalkers Annual

MEGA BUYING NIGHT

Tuesday 25th July
6:00 pm – 9:00 pm



The Wilderness Shop

969 Whitehorse Road, Box Hill Vic 3128

Melbourne Bushies are invited to attend this night, which provides members with an excellent opportunity to purchase quality bushwalking, rock climbing or skiing equipment at 20% off regular prices and 5% off sale prices.

Free nibbles, pizza and drinks (beer and soft drinks) included.

In addition, all those who attend have a chance to win a great door prize from Mont or Macpac.

Please confirm your interest in this promotion ASAP so we can let the Wilderness shop know the number of people expected to attend.

Contact Lynda Larkin.

CLUB ROOM FRIDAY NIGHT FLICKS

July 21st 7:30pm

Once again we have mined the archives for classic Aussie films on 16mm. This time we take great pleasure in offering **The Eureka Stockade**, a dramatisation of one of the most famous events in our history. This was the third in a series of five Australian features made by the famous Ealing Studios of London. We have already seen two of these: *Bitter Springs* and *The Overlanders*. The reconstruction of the Ballarat goldfields was carefully researched and the action is well staged with a strong supporting cast. Chips Rafferty (of course!) plays the charismatic leader of the 1854 uprising, Peter Lalor, and others include Gordon Jackson and Peter Finch.

We will start the evening with an entertaining short, and there will be an interval during which a light supper will be available with time to socialise.

No need to book – just show up. All welcome – members or visitors alike. If you need any further information ring Stuart.

Remember – this is not a video or DVD but an authentic cinematic projection on to a BIG screen!

**Members of the Melbourne Bushwalkers Inc.
Meet on Wednesday evenings
Between 7:00 & 9:00 pm in the Clubrooms,
Victorian Horticultural Society Hall,
48 MacKenzie Street, Melbourne.
Visitors are always welcome.**

Member of



General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc.
PO Box 1751
Melbourne Vic 3001

The News of the Melbourne Bushwalkers Inc. is the newsletter of the Melbourne Bushwalkers Inc. and is published monthly.

Editor: Ana-Silvia Rivera

Walk previews & reviews, articles, poems, news items, photographs of club events, reports of new gear, book reviews, letters to the Editor, advertisements, etc. are always welcome. The editor reserves the right to edit contributions where space, clarity or propriety dictate and to maintain editorial consistency.

Contributions to The News may be sent to The Editor by:

- Placing diskette or hand written material in the Editor's pigeon hole in the clubrooms
- Posting diskette or hand written material to either:

The Editor
Melbourne Bushwalkers Inc.
PO Box 1751
Melbourne Vic 3001

Electronic mail is preferred.

Closing date for receipt of material for The News is the **Last Wednesday of the month.**

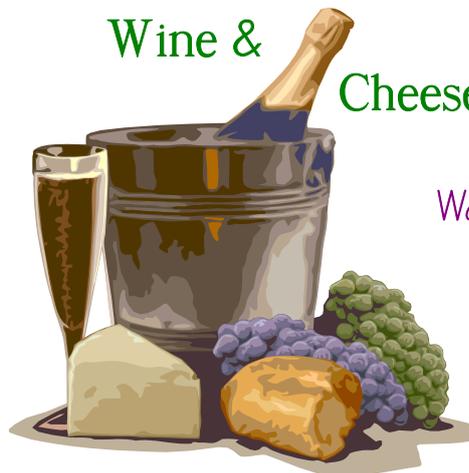
Advertisements in The News
Only advertisements directly relating to bushwalking will be accepted (e.g. gear, maps, trips, tours, etc.).
Members' ads are free.

Advertising Rates (Artwork Ready)

In: printed edition only: as below, or printed & on-line editions: as below + 25% or on-line edition only: as below +25%.

Size	1 Issue	3 Issues	12 Issues (1 Year)
¼ Page	\$35	\$90	\$330
½ Page	\$55	\$150	\$550
Full Page	\$100	\$250	\$900

Wine & Cheese Evening



Wednesday 26th July
in the
clubrooms.

7:00-9:00pm



It's on again

*The Great Bushies Beginners
Ski Trip
Lake Mountain
Saturday 29th July*

- ❖ Here is your chance to have a go at the gentle (?!) art of cross country skiing under the watchful eye of experienced skiers.
- ❖ Hire equipment up there. Just bring yourself, your winter walking gear, some sunnies, sun block and a spirit of adventure.
- ❖ Wanted: a good turnout of golden oldies (& not so old!) to guide the uninitiated.
- ❖ No Snow? Try again on Saturday 12th of August at the Lake Mountain Hoon day.

Further information and travel arrangements in the clubrooms two weeks before.

Sylvia Ford

NEW MEMBERS:

JOSH BULLE	SIMON MORLEY
JO & OLIVER DOYLE	ELEANOR OMASI
ROSAMOND M LEE	TONY RECK
SHANE P LITTLE	SARA WATSON
CASSIE MC INTYRE	JULIE I & MICHAEL B LOVE (rejoining)
JOHN R MEIER	

Life Members	13
Honorary Members	11
Single memberships	308
Family memberships	106(= 2 x 53)
Total membership	438
This time last year	436

 **SUNDAY BUS: Ventnor – Rhyll (Phillip Island)**

DATE	Sunday 6 August 2006
STANDARD	Easy & Easy/Medium
DISTANCE	11 & 14 kms
LEADER	Liz Moore & Sara Watson
TRANSPORT	Bus – Southbank Blvd
RETURN TIME	6:30pm approximately
AREA	Phillip Island
MAP REF	MW 633

This will be a relaxing winter walk along the beach. We will start at the beach at McHaffe Point and walk to Cowes where we will probably have a lateish lunch on the foreshore. There is a very nice kiosk near the jetty, which does a mean cappuccino, and last time I led this walk, we were lucky enough to see some frisky dolphins on the pier. Depending on how fast the groups go, we can walk towards Observation point and backtrack to be back at the bus (on Coughlan Road) by 3pm. The views along the beach are pleasant and it is easy beach walking. We will then have a short bus ride to the board walk along the Rhyll inlet. This is a good spot for birdwatching with excellent vistas over the mangrove swamps. We will then finish the walk at Rhyll. The mid afternoon jaunt on the bus saves a long road trek along the road & will make this a relaxing and scenic walk.

 **SUNDAY BUS: The Monk - Vaughan Springs**

DATE	Sunday 13 August 2006
STANDARD	Easy & Easy/Medium
DISTANCE	14 & 18 km
LEADER	Doug Langton & Jan Colquhoun
TRANSPORT	Bus – Southbank Blvd
RETURN TIME	6:30pm
AREA	North of Melbourne

Although not yet previewed, it is envisaged that the walk will commence at the southern end of Castlemaine and follow an old water race through much evidence of old mining activities to the base of the hill called the Monk where a reasonable view of Castlemaine and its surrounds can be gained. We will then follow the Great Dividing Range Walk through the old mining areas of Spring Gully and Fryerstown and their old decaying deep reef mines. The easy walk will end outside Fryerstown while the Easy/Medium walkers will continue on to Vaughan Springs.

Castlemaine was originally known as the Forest Creek Goldfield and was supposedly the world's richest alluvial gold field. Twenty five thousand people flocked there almost overnight after its discovery. We will walk through the remaining evidence of this as well as the more conventional deep reef mines of Spring Gully and Fryerstown. It is an easy walk through some of Victoria's richest history which will be covered by both numerous display boards as well as the leaders.

WEDNESDAY WALK: Lysterfield Lake Park

DATE	Wednesday 16 August 2006
STANDARD	Easy/Medium
DISTANCE	16 km
LEADER	Ed Neff
TRANSPORT	Private
RETURN TIME	Back to cars by 3.45pm
AREA	Lysterfield Park
MAP REFERENCE	Melway Map 108 D1 & Vicmap T7922-2-3-3, 1:30,000

We will meet at 10.00am at the Spotted Gum car park (to the left as you enter the Park). Take the Wellington Road exit off Monash Freeway and then follow Wellington Road to the Belgrave Hallam Road. Turn right here and continue on the Belgrave Hallam Road to a right hand turn into Horswood Road which has a sign to Lysterfield Lake Park. Continue to the end of Horswood Road.

This circuit walk is mostly on well established tracks through lightly forested areas and some grassy areas. We start on Tramline Track which is the route of the tramway that was used to transport granodiorite rock approximately 4 km from a quarry to build the dam wall for Lysterfield Lake in the 1930s. We will see many wallabies and kangaroos. At the Northern end of the park the walk adjoins the perimeter fence and we will see and hear a large commercial quarry in operation (no doubt quarrying rock for the new Eastern Link project). As we head South we will have the opportunity to inspect the ruins of Donelan Homestead, home of one of the early settlers. We return around the Eastern side of the lake.

You can telephone Ed to book or for further information.

 **SUNDAY BUS: Reedy Creek - Shepherds Hill**

DATE	Sunday 20 th August 2006
STANDARD	Easy & Easy/Medium
DISTANCE	14 & 18kms
LEADER	Keith McKenry & Paul Logsdon
TRANSPORT	Bus – Southbank Blvd. 9:00am
RETURN TIME	6:30pm
AREA	Mt Disappointment /Tallarook State Forest 50Km North of Melb.
MAP REF	Reedy Creek 1:25000

We travel North of Melbourne to the start of these walks in the Mt Disappointment state forest. Both walks are along 4 wheel drive tracks and finish near Broadford.

The walks follow the Leviathon spur (Easy group) and Tonsil spur (E/M group) down (approx. 100m) to the old gold mining area of Reedy creek. Both groups then follow the same route with a steady climb (approx 200m) past Shepherds Hill. Possible optional side trip if time permits. The track then follows a ridge line to the bus pick up point off the Hume highway.

Did you know: Nearby Lancefield swamp is a significant archaeological site. It was discovered in 1843 when James Mayne, a well-digger, found giant bones from very large extinct animals now known as megafauna. In the 1970's excavations found thousands of bones of giant Kangaroos and other animals.

Maybe we will meet one of these "other animals".

Note: Change of leader to that advised on the Winter Walks program.

Leaders: Keith McKenry & Paul Logsdon.

DANDENONGS EXPLORER: Middle Park to Sandringham

DATE	Saturday 26 August 2006
STANDARD	Easy
DISTANCE	12 kms
LEADER	Liz Moore
MAP REFERENCE	2K /2N/67/76

We will walk from the Middle Park Light Rail Station to Sandringham Train station. This should be a very pleasant beach walk with some good pictures from the artists trail to divert us and the possibility of a coffee along the way. We will find somewhere in Sandringham to have afternoon tea.

For those who wish to take public transport, meet me at the corner of Swanston and Bourke Street to catch the no 96 tram to Middle Park. The tram leaves at 9.25 so aim to be there by 9.15. We can then catch the train back to the city from Sandringham. For those travelling by car, please meet us at Middle Park Light rail station (Armstrong Street and Canterbury Road MW 2K E 11) at 10am. You could arrange a car shuffle if you know others who are going or ring me (94815850) and I can pass your details on to others who might want to do a car shuffle. However, I do not know how many people will want to take this option. I will be taking public transport as it makes for a relaxing car free day. You do not need to ring me to book on this walk.

Next Committee Meeting

August 7th 2006 - 7:00pm in the clubrooms.

CLUBROOMS DUTY ROSTER

July 12 Peter McGrath & Fay Dunn
July 19 David Laing & Jan Palich
July 26 Charlotte Bradly & Paul Logsdon
August 2 Mark Heath & Carol Sisson
August 9 Lynda Larkin & John Fritze

PREVIEWS OF WEEKEND WALKS August 2006

Skiing: Barjarg Lodge – Mt Stirling

DATE	4-6 August 2006
STANDARD	Various
LEADER	Sylvia Ford
TRANSPORT	Private
RETURN TIME	Sunday 6 th at 7:00pm
AREA	Mansfield
Trip Description	Cross Country Skiing

This basic converted village school is 20 mins north of Mansfield on the Midland Highway and has proved to be a great base for two day trips to Mt Stirling. While it is not a beginners mountain we will form into small groups of similar ability and inclination, and ski where we can. There are numerous tracks of differing grade going all over the place. However in event of poor or no snow may I suggest the previously aborted strathbogies exploratory walks? Lots more information on application. Contact Sylvia Ford.

TREE PLANTING: Regent Honeyeater Project

DATE	12-13 August 2006
LEADER	Marika Jagov
TRANSPORT	Private
AREA	Near Benalla 2 ½ hrs from Melbourne

Roll up, roll up and join in on a fabulous couple of days tree planting to support the regrowth of plant life for the endangered Regent Honeyeater with extras thrown in. This includes free accommodation (or bring your tent), BBQ and bush dance provided plus a tour of the Box-Iron Forest. Come on the Saturday or both days. See the leader in the clubrooms to confirm numbers for the accommodation and meeting point details. BYO gardening gloves & gum boots.

Expected time of return Sunday 5pm

PACK CARRY: Pyrenees

DATE	18-20 August 2006
STANDARD	Easy/Medium
DISTANCE	18 kms
LEADER	Bill Donald
TRANSPORT	Private
RETURN TIME	Late Sunday Afternoon
AREA	Mt Avoca
MAP REF	Avoca North 1:25,000 & Crowlands North 1:25,000

This walk starts at Avoca and takes in the picturesque Pyrenees Ranges. Saturday morning has us on a steady climb to the top of the range and Mt Avoca. From Mt Avoca we have a series of 'ups and downs' before arriving at camp.

Sunday has more of the same with less of the up but with a steep descent to finish the walk. Given the time of the year please come prepared for a cold wet weekend.

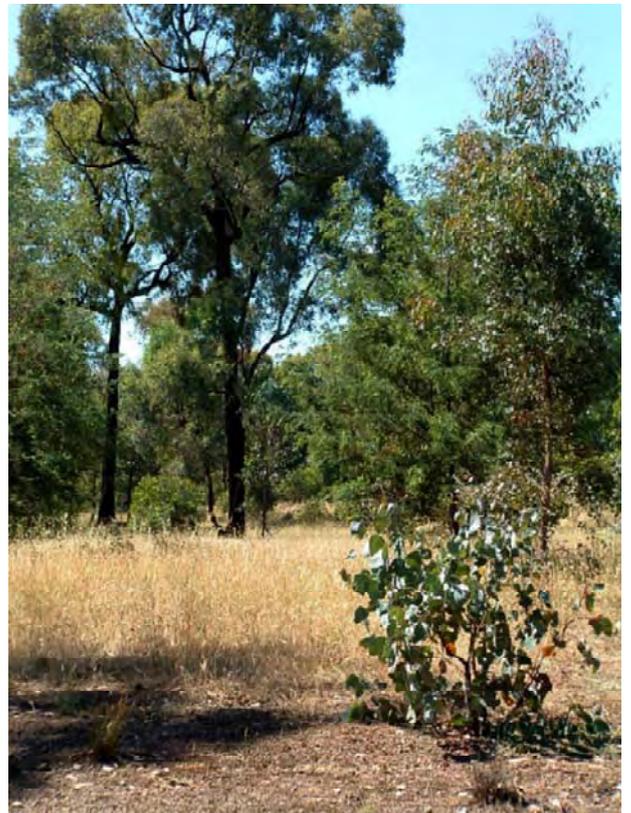


Planting makes a BIG difference

We plant extra trees to fill the gaps in habitat for mobile species like Gliders, Babblers & Brush Tailed Phascogales



We also plant the understorey, to restore ecological balances that keep the bush healthy.



8 years later, the young saplings are growing well amongst the old remnant trees.

Walk in Turkey

2 to 20 October 2006

Members of Bayside Bushwalking Club, including a Turkish-born writer of books about Gallipoli, have devised a customised 18 day tour of Turkey later this year. The itinerary is designed to maximise opportunities for walking through three of the most interesting regions for Australian travellers to Turkey.

Highlights include:

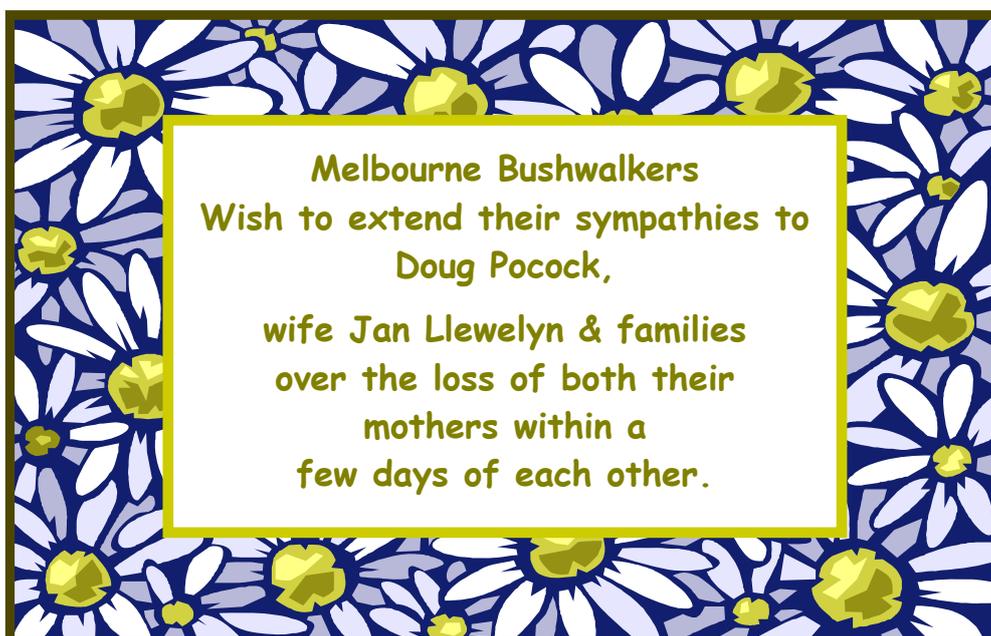
- 3 day walks at Cappadocia (Central Turkey)
- 3 day walks at Lycian Way (Southern Turkey)
- 3 day walks at Gallipoli (Western Turkey)

together with 4 days sightseeing in Istanbul (2 days at start/end) and a day by boat on the Mediterranean.

The average walk per day will be 10 kms, with pension type accommodation and daypacks, and we will have local guides as well as a bus accompanying the party. The trip includes visits to the historical sites of Ephesus and Troy, and the culinary delights of Turkish cuisine will further enrich our experience.

The land cost, including accommodation, travel, guides, and most meals for a group of more than 10 walkers, will be \$3406 (single supplement \$511).

There is scope to have some more participants, so we are inviting travel-walkers from other clubs to join us. For further information or reservation of a place, please contact John Basarin.



Build Up Bushwalking

The most dramatic season of all



September to November!

Dawn. The pleasant temperature evaporates with the sun. Huge clouds grow as the land swelters below. Suddenly a wind springs up and the temperature crashes. Rain buckets down as lightning flashes and thunder roars. Then as quickly as it began, the storm passes. Frogs call and the birds sing. The land turns green, almost as you watch. All nature rejoices in the change.

Our Build Up trips are the most laid back and relaxed that we offer – early starts, early finishes and long lunch breaks sitting by tranquil pools. On two of the trips, you spend a night relaxing on a houseboat, visiting a magnificent area not easily accessible on foot.

See our website or give us a call for details.

www.bushwalkingholidays.com.au



Willis's Walkabouts 12 Carrington St Millner NT 0810 Email: walkabout@ais.net.au

Phone 08 8985 2134 Fax 08 8985 2355

Angahook Holiday Camp



**The Best of Both Worlds
Bush & Beach**

**GREAT OCEAN ROAD,
AIREYS INLET**

Located in Aireys Inlet and nestled on 10 acres of pristine bushland opposite the newly created Great Otway National Park.

Angahook Camp offers a simple yet comfortable place to stay and relax after a rewarding day of bushwalking. We can accommodate groups from 15 to 75 in size on both a catered and self-catered basis.

Stays can be from one to seven nights

Please contact:
Angahook Holiday Camp
10 Distillery Creek Road
Aireys Inlet
Vic 3231
Tel: 03 5289 6774
Fax: 03 5289 6774
email: angahook@bigpond.com
website: www.angahook.com.au

ANTONIO'S QUINCE PASTE

Ingredients

1.5 kg ripe quinces ,washed ,cored and chopped
Caster Sugar
Sugar crystals for dusting

METHOD

Place quinces in pan, add glass of water, cover and cook for 30-45 mins until they disintegrate. Pass through a sieve to obtain a puree. Weigh puree and weigh out an equal amount of caster sugar. Place sugar in a clean pan with a small glass of water, heat gently until dissolve bring to the boil and cook till pale brown, remove from heat. Put quince puree in a separate pan and stir over a gentle heat until Excess moisture has evaporated, add hot sugar syrup and stir well for a few minutes spread the paste in a lightly oiled baking tray (about 1 cm thick). Leave to cool and set and cut into squares and dust with sugar crystals.
Store in an air tight container.