



# THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

AUGUST 2008

## A night with the stars

LECTURE EVENING ON THE SOUTHERN SKY  
WEDNESDAY 3 SEPTEMBER, 8PM

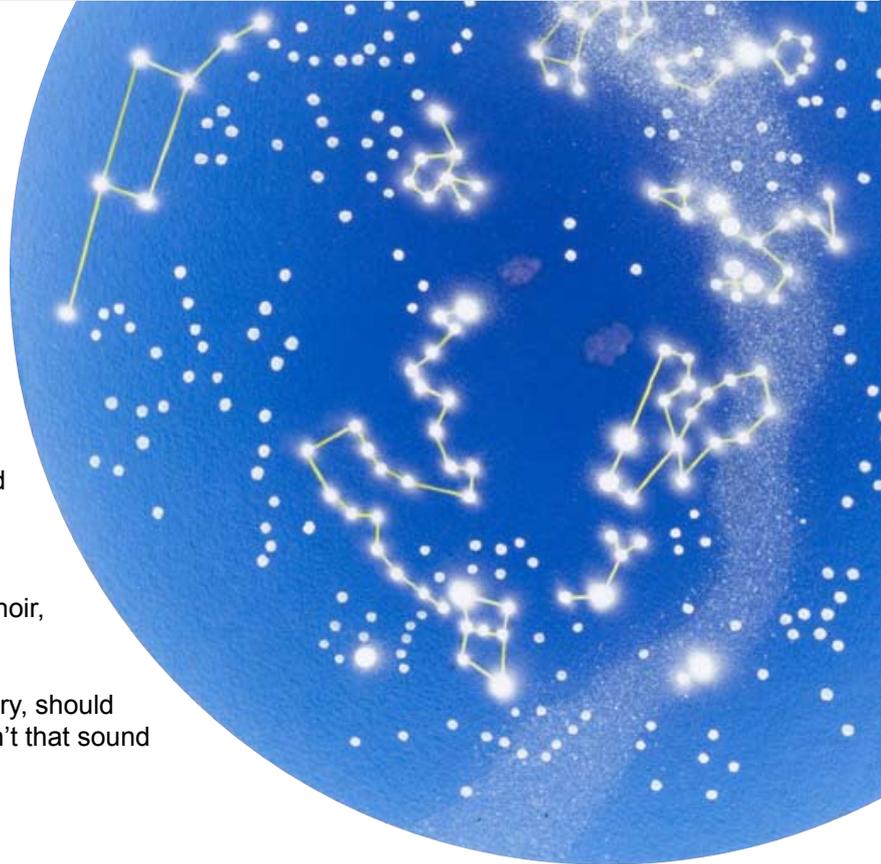
Dr Keith Thompson is a professor of physics,  
formerly of Manchester and Monash universities.

He will discuss Venus both in the evening and  
morning skies, viewing the stars with binoculars, and  
recognising constellations. All of which should make  
us knowledgeable campers.

No need to book, but please arrive promptly.

Keith is also a member of the Victorian Welsh Choir,  
so is multi-talented.

Please contact me, Susan Maughan, Social Secretary, should  
you want to contribute to my "lecture series" – doesn't that sound  
grand? I'd love to hear from you.



### MELBOURNE BUSHWALKERS INC

#### NOTICE OF HALF-YEARLY GENERAL MEETING

**8.00 pm, Wednesday 20 August 2008**

At the Clubrooms

**Royal Historical Society of Victoria, Melbourne**

Corner A' Beckett St and William St (Entrance via William St)

ALL WELCOME !

Ordinary Business:

- n Confirm minutes of the Annual General Meeting
- n Election to fill casual vacancies on Committee
- n Positions vacant and current nominees are:

Vice President	Nominated - Margaret Curry
Assistant Vice President	Nominated - John McCall
General Walks Secretary	Nominated - Jane Williams
General Committee Member	Nominated - Mick Noonan

**Nomination forms and Appointment of Proxy forms available in Clubrooms.**

AND, MORE  
IMPORTANTLY, OUR

#### **"HOUSE- WARMING" PARTY**

All members are invited to  
the "house-warming" party  
which will commence on  
conclusion of the half-yearly  
general meeting.

No need to bring a  
casserole or present,  
but definitely come along  
with good cheer and  
a warm smile.

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

**Royal Historical Society of Victoria**

**239 A'Beckett Street  
Melbourne**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc  
PO

Box 1751

MEMBER OF

**Bushwalking  
Victoria**



MELBOURNE VIC 3001

[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

**Editor: Catherine Cardinet**

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited. Contributions to The News may be sent to the Editor by:

**The preferred method is emailing an unformatted text file to [news@mbw.org.au](mailto:news@mbw.org.au) Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.**

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

<b>Club rooms</b>	<b>Duty Roster:</b>	<b>Treasurer present</b>
<b>August 6</b>	<b>Mick and Ray</b>	<b>YES</b>
<b>August 13</b>	<b>Mark and Del</b>	
<b>August 20</b>	<b>John Mc and Lynda</b>	<b>YES</b>
<b>August 27</b>	<b>Jane and Mick</b>	
<b>Sept 3</b>	<b>Susan M and Halina</b>	<b>YES</b>
<b>Sept 10</b>	<b>Mark and Lynda</b>	

**Next Committee Meeting:**

Monday, August 4 2008

## TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

<b>2008 Activity Dates</b>	<b>Leader contact details</b>
September 2008 Condons Track (exact date TBA)	Steve Robertson 97625367 srob7859@bigpond.net.au
25-26 October 2008 Stronachs camp	Geoff Kelly 9328 4228 gpkelly@bigpond.net.au

## SOCIAL NIGHT

### “HOUSE-WARMING” PARTY

WEDNESDAY 20 AUGUST

All members are invited to the “house-warming” party which will commence on conclusion of the half-yearly general meeting.

No need to bring a casserole or present, but definitely come along with good cheer and a warm smile.

### WINE TASTING EVENING

WEDNESDAY 27 AUGUST, 7.30PM

This is a chance to select some reds and whites for the Bushies very own wine label. Alas, spittoons will not be provided, but we'll have cheese on hand to clear the furry bits on your teeth.

Our choice of wines will then be on sale with our own label at the next social night on the calendar, September 17.



Don't miss a great night. Put this in your diary now!

### DIARY DATES

SEPTEMBER 17

Launch of MBW's own wine. The Members' own Art and Craft Exhibition.

OCTOBER

IMAX and Toto's pizza night

**J**ULY HAS BEEN a quiet month with cold nights and fresh mornings prompting the Larrikin to think how wise are the bears and beasts who hibernate in winter in some cosy cave until the spring thaw. But in reality, that is in more extreme climes, and for those Bushies who don't go into a kind of hibernation, the natural environment can be enjoyed in a different way and be wonderfully invigorating in the cooler air, out on the snowfields or where the colours and fragrances of our forests and bushland are enhanced by the rain ... and no dust from parched forest floor and sun-dried tracks to mingle with our sweat and infiltrate our boots and clothing.

FOR THOSE who may be interested, when I was rummaging and sorting through our belongings at Mackenzie St just before the move, I came across comprehensive collections of *Walk* magazine, a bushwalking information publication produced annually by Melbourne Bushies from 1949 to 1987. I have enjoyed immensely browsing through these magazines, which are a treasure trove of history, interesting articles and information and a sentimental journey of names, places, photographs and experiences. Names include the likes of founding member Egon Donath, Spencer George, Athol Schafer,

Alma Strappazon and many more.

The 1974 issue (pp 17–22) has a great article about the history of Wilkinson Lodge by Peter Carlyon; the 1980 issue (p.16) contains the article 'Bush Bathrooms' by Alma S. with the following extract: "Not quite so entrancing was a bath taken at Haven Lake (Western Arthur Range, Tasmania), where we were tent-bound for two days while wind raged and the rain poured unceasingly. Mists swirled angrily around the rocky peaks. Huddled in my tiny nylon tent ... after 48 hours I could bear it no longer ... Laying aside my cryptic crosswords, I stripped off my smelly clothes and, covering my shivering self with only a parka, I sloshed barefoot through the mud to the lake, where in the pouring rain I revelled, blue with cold, as wet out of the lake as in it - but clean again!"

AND FINALLY, a few whimsical lines by Athol Schaffer, which I came across in *Walk* 1975 (p.50).

### *Epitaph for Boots*

*Discarded lie these pair of worn out boots  
Companions true on each walk started  
Shared burdens sturdily on many routes  
Until that day their soles departed.*

– Lynda Larkin

## WILLIS'S WALKABOUTS

# Karrijini

The spectacular gorges of Karrijini are beautiful at any time of year and April is the time to visit if you want to enjoy the swims and see the creeks flowing without having to put up with the extreme temperatures of the wet season.

Our April 2009 trip is already almost certain to run. **The trip consists of two walks.** You can choose either or both. Fresh supplies come in at the end of the first. For an unbiased opinion & lots of photos, go to the trip report section on our website and see what one of our clients wrote about their trip.

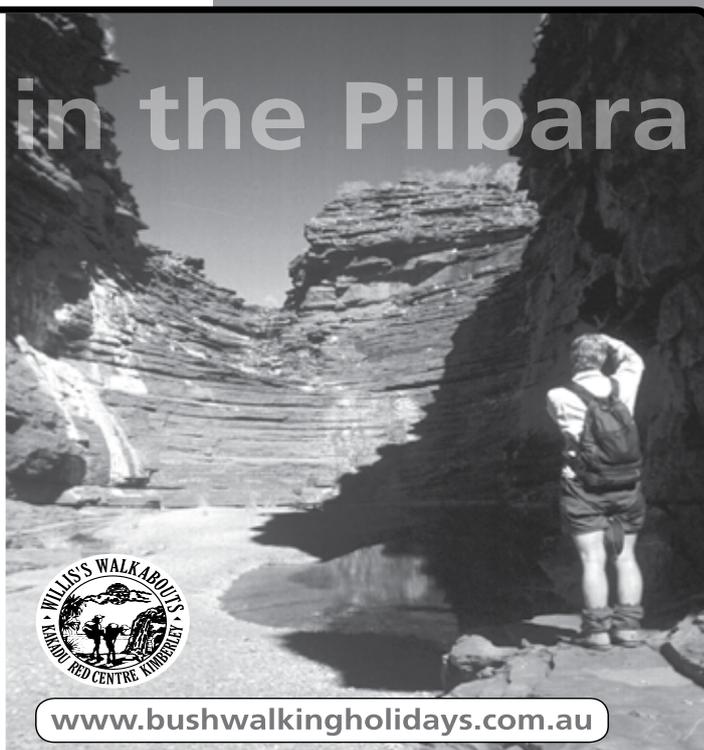
I've wanted to do this one for so long that I might even run it for just the two who have already booked.

See why, **come to Karrijini and join me.**

*Russell Willis*

12 Carrington St Millner NT 0810 walkabout@ais.net.au

Phone 08 8985 2134 Fax 08 8985 2355



[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au)

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# Reports

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## EQUIPMENT OFFICER'S REPORT

### SLEEPING MATS

We still maintain that the best way to start your search for a sleeping mat is to hire the club's short Thermarest Pro3. At 370g it's about the lightest practical option and an excellent choice if you find it comfortable. If not, you could consider one of the longer and/or thicker Thermarests or a Pacific Outdoor Equipment Insulmat Ether Thermo-6. The latter is available in various models and lengths and has been the subject of a considerable ear bashing from contented users. It can be purchased from Backpacking Light in Somerset Place, Melbourne, with the standard model, weighing 600g, selling for a Bushies discounted price of about \$77. You will get the most comfort from it (or any other mat) if you inflate it to a pressure just sufficient to support your hips clear of the ground. Bear in mind that it might rustle a little when you turn over.

### CUTLERY

A complete set of hiking cutlery should consist of a plastic spoon but, if you can't live without your knife and fork, choose one with them moulded into the other end. It will do the job; at least until the day it breaks in half. At this point you could try using sticks or tent pegs but a better solution is to melt the broken ends over your stove and push them together.

### SHOELACES

We are constantly catching our shoelaces and pulling them undone. Unfortunately Jenny's infallible double knot is of no use because it's based on tying a bow the conventional way, and we weren't paying attention in Kinder when that was taught. Instead we reduce the problem by cutting the usual surplus metre or so off our laces and eliminate it and when we remember to wear our sock protectors.

**John Fritze**

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## DRAGONFLY STOVE FOR SALE

Second-hand MSR Dragonfly stove and two MSR fuel bottles.

This is a shelite stove with fully adjustable flame control; ie, food can be cooked, not burnt.

The stove has not had a lot of use; in fact, it has sat in a drawer for the past three years and consequently needs a service, which is why I am selling it. These stoves are a lot more complicated to use than a Trangia. Price: \$140



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# New Year in New Zealand!

Expressions of interest are invited for two weeks (15 days including travel) in the North Island of New Zealand from 27 December to 10 January. Two Great Walks, Wineries, Day Walks, Boat Trips, Fishing ... it's got the lot!

- n Wiakaremoana Lakes 3 days pack carry, pristine lake views, Lord of the Rings moss, panoramic views
- n Tongariro Northern Circuit 4 day pack carry incorporating NZ's most famous 1 day walk, the Tongariro Crossing
- n Hawkes Bay wineries, Bay of Plenty Day Walks, Deep Sea Cruise to Mayor Island
- n New Year on the shores of Wiakaremoana Lake and much, much more....

Approximate costs are \$785 for airfares and \$100 mandatory insurance (if you pay by the end of August) plus approximately \$560 (about \$40 a day), which includes transport, camp fees, entry permits, and excursions including deep sea fishing; it excludes food, drinks, private expenses, and tourist park fees.

If interested, please contact ASAP as places are limited, and bookings need to be confirmed and airfares paid before the end of August.



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## Noticeboard

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### **TREE PLANTING WEEKEND AT LURG (NEAR BENALLA)**

Hosted by Ray Thomas, this weekend includes free accommodation, Saturday night dinner and a bush dance.

Come along and you will be guaranteed much enjoyment participating in an important Bushwalking Victoria 75th Anniversary event.

Meet and mingle with people from other clubs. Be involved with valuable conservation activities, then at the end of the day feel the reward, watch the sun go down and the stars come out, relax and KICK UP YOUR HEELS !!!

### **2008 SEARCH PRACTICE WEEKEND**

<b>DATE</b>	<b>6-7 September 2008</b>
<b>LEADER(S)</b>	<b>Gina Hopkins</b>
<b>TRANSPORT</b>	<b>Police provide bus transport</b>
<b>AREA</b>	<b>Brisbane Ranges</b>

This weekend provides Bush Search and Rescue (BSAR) and prospective BSAR members with training in the essential skills of bush searching, through participation in a VRA Rogaine on Saturday, and BSAR specific training on Sunday.

Rogaining is the ideal training for BSAR members as it is such a close match to what is expected of us during a search – accurate off-track bush navigation in small groups.

Following Saturday's rogaine, Sunday will include training in some technical aspects, in particular use of the new generation GPS units that BSAR is purchasing and the use of police radios, through a mock search scenario.

Transport to the venue is provided by Police Transport Branch. Pickup point and parking is at the Police Bands Compound, Green St, Northcote, at 7am Saturday. The bus will return to the pick up point about 6 pm Sunday.

Normal overnight camping equipment and lunches for both days is required. Saturday night dinner and breakfast will be provided by the rogaining association.

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# Noticeboard

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## FEDERATION WEEKEND, 18 & 19 OCTOBER, 2008

Ballarat Bushwalking and Outdoor Club will be hosting this year's Bushwalking Victoria Weekend, with walks planned in Mt Cole, Mt Buangor and Langhi Ghiran State Parks.

The weekend will be based at Beaufort Lake Caravan Park in the township of Beaufort, on the Western Highway 40 km west of Ballarat and 164 km west of Melbourne .

There will be plenty of camping facilities, but for those who would do

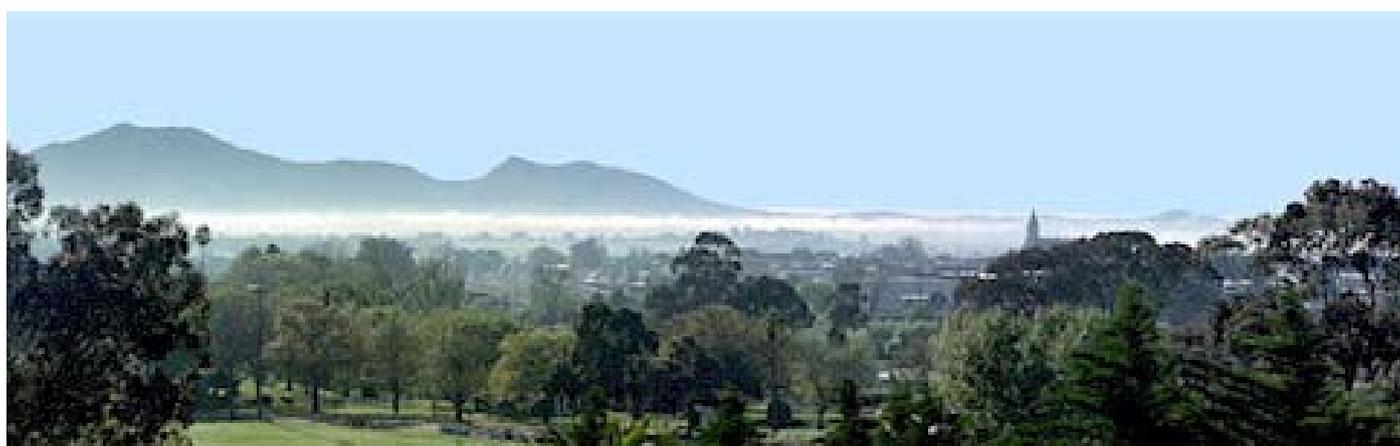
not wish to camp, there is plenty of alternate accommodation in the area. This can be found on the BBOC website under "Guide to accommodation in the Beaufort area". Walkers are advised to start booking now for the best places.

As with last year's event at Healesville, a list of proposed walks will be circulated in advance so that walkers can select their preferred walks and register early. This is still being drafted, but will be placed on the notice board in

the club rooms and circulated to those who would like a copy as soon as it is ready.

Although it seems a while away, those interested are encouraged to start getting organised now and contact Base Camp Coordinator,

Katrina Murphy, for further information, re transport (for the purpose of car pooling), and to register early for the walks you would like, rather than miss out.



The Ballarat Bushwalking and Outdoor Club has provided the following Proposed Walks List for the Federation Weekend.

### Walk Standards

**Easy:** Formed tracks, level or undulating terrain, or of a distance of 10 km or less.

**Medium:** Unformed tracks, sloping or hilly terrain or of a distance of 10-15 km.

**Hard:** Off track walking, steep or rugged terrain, or of a distance greater than 15 kms. For experienced walkers.

**Registration:** Hard copies of the registration forms will be provided to us later in the next couple of months. On the form there will be provision to:

1. Register (cost is yet to be finalised).
2. List preference of walks
3. List camping requirements (1 or 2 nights – cost \$8pp/night)
4. Order a meal for Saturday night (\$15 for gourmet BBQ)
5. Order a souvenir polo shirt with Federation 2008 logo (cost is yet to be finalised)

If you are interested in participating in the weekend, please contact Katrina Murphy, Base

Camp Coordinator, for further information, re transport (for the purpose of car pooling), and to register early for the walks. **Kat.murphy@bigpond.com**

Walk #	Walk Title	Grade
1	Gold Mine Tour	Easy
2	Historic Tour of Beaufort and Cemetery	Easy
3	Beaufort Lake and Forest Walk	Easy
4	Middle Creek to Ferntree Waterfalls (and return)	Easy
5	The Glut Walk---child friendly	Easy
6	Langi Ghiran Reservoir Walk	Easy
7	Jenny Clayton Loop	Easy
8	Mt. Buangor Walk	Medium
9	Waterloo State Forest	Medium
10	Richards to Ditchfield's (and return)	Medium
11	Middle Creek to Ditchfield's (and return)	Medium
12	The Paradise Walk	Medium
13	Middle Creek/ Cave Hill Loop—child friendly	Medium
14	The Ben Nevis Walk	Medium
15	The Sugarloaf Walk	Medium/Hard
16	Chinaman's to Ararat Reservoir Loop	Medium/Hard
17	Ferntree to Ararat Reservoir (and return)	Medium/Hard
18	Langi Ghiran - Overnight Walk	Medium/Hard
19	The Beeripmo Walk	Hard
20	The Pyrenees Walking Trail	Hard
21	Mt Cole Area - Overnight Walk	Hard

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# Members' Walks

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## WINTER DELIGHTS AT THE PROM

The weather forecasts had been excellent – fine for both days – but it seemed hard to believe as we drove through torrential rain late on Friday afternoon. We stopped at The Fish Creek Hotel for dinner and can highly recommend this bistro; we had a hearty lasagna and tasty risotto. Enjoying a coffee beside the open fire we wondered whether this might be our last cosy comfort for the weekend as rain continued outside.

At Tidal River, the Friday night tent was soon abandoned for the more heavy duty MacPac. But Saturday morning welcomed in clear skies, even a little sunshine. Our group of five got away from Telegraph Saddle about 8.15am, making excellent time down to Roaring Meg via the central road by noon, when we set up tents and lunched before setting off with daypacks at 1pm for the Lighthouse.

This proved a very worthwhile round trip, as we explored the Lighthouse area, took in the fascinating history of the place, marvelled at the views and chatted with the caretaker ranger, who informed us they were full for the night (20 beds) and that we would be passing incoming guests on our way back to Roaring Meg, which we did. Got back to camp about 4pm and, after a 25km day, started to settle in for a cool/cold but dry night. Suddenly, Del spotted our resident raven flying off with one of Mark's little bags. Somewhere. Then after dark, we then had the regulation visit from an equally brazen brush tail possum, rummaging among Del's food bags centimetres from where we stood chatting. Mark's stolen bag was luckily retrieved intact the next day from the bush – his stove repair kit!

Sunday morning, we left our packs at Roaring Meg and set off at 8.30am for South Point, the mainland's southernmost extremity. Again, cool dry weather with patchy sunlight. A colony of seals frolicked just off the rocks at South Point as we relaxed over morning tea and took in the panorama of sea, islands and the occasional ship.

We were all struck by the beauty of the Prom in its winter ruggedness – so different from our usual summer trips. The absence of people, the increase in wildlife sightings, the sharpness of the weather, the muted colours all made it seem much more of a distant wilderness than its busy summer mode. We retraced our steps to Roaring Meg, hoisted packs and set off at 11am for Oberon Bay, this time via the walking track. Some light showers as we reached Oberon Bay camp site for

lunch, but we found shelter and enjoyed our break.

With showers easing, jackets were repacked and it was off along Oberon beach and around the headlands for the final 7km to Tidal River, completing

a 24km day about 4pm. A quick car shuffle to Telegraph Saddle and back to Tidal River for a very welcome hot shower. Then a huge roast dinner (\$15) at the Austral Hotel Korumburra at 6pm, before setting off for home by 7pm. The Prom is a wonderful place in winter: the scenery is magnificent, there are few people and everything seems fresh and clean. Well done, Del, for organising this trip and setting a pace that made both side trips possible and enjoyable. Walkers were Del Franks (leader), Mark Heath, Rick Altman, Val & yours truly.



**Paul Beers**

## ULUPNA ISLAND, 4 – 6 JULY 2008

A wonderful winter's weekend for eight Bushies base-camping at Carter's Beach on the Murray River, actually on the "Ulupna Island" near Strathmerton. Our leaders guaranteed lots of wildlife (many koalas and birds) and easy walks among the majestic River Red Gums of the Barmah State Forest.

I really enjoy these winter base camps – no crowds, no flies, no mossies or other bities, and sunny days (but crisp nights!) once past the divide. The river flow was very, very low especially when compared to previous January canoe trips from here down to Barmah. Carter's Beach was a huge sandy river beach – big enough for a game of cricket! We had sunny days and cold starry nights, a very warm campfire each night and lots of gourmet treats.

I was intrigued with the name and in Place Names of Victoria it describes "Ulupna" as possibly being Aboriginal for a group from the Bangerang tribe, or possibly from yluppen, meaning to bring fire.

Also, the Murray River was first called the Hume River by Hume and Hovell in 1824; and then named the Murray River in 1830 by Sturt. Sir George Murray was the English Secretary of State for the Colonies at the time.

Most of us stayed over for a third night (Sunday) and enjoyed country treats at the Strathmerton Bakery on the Monday. Annie recommends their 'Jelly Cake' and the pasties were really good. Thank you to our leaders Bob and Michael, and to fellow Bushies Pam, Ray, Margaret, Annie, and Stuart.

**Rod Novak**





**TOFS**

**CHURCHILL NATIONAL PARK**

**DATE** Thursday 7 August 2008  
**STANDARD** Easy  
**DISTANCE** 12 km  
**LEADERS** Bob Steel & Pam Rosso  
**TRANSPORT** Private  
**AREA** Endeavour Hills/Dandenong North area  
**MAP REF** Melway Map 82

Pam Rosso is down to lead this walk but may not be available on the day, so I will be leading. Contact me on 9725 6171

Meet at the first carpark in Churchill NP (Melway map 82 C9) about 10.15 am to start walking at 10.30. Enter Bergins Road off Stud Road at map 81 H4. At the corner there is a service station AND a drive-thru coffee shop! Bergins Road becomes Churchill Park Drive after a roundabout.

We will walk along various tracks in Churchill NP and go into Lysterfield Park to a high point for good views. Some climbing is involved but not too steep. Lunch will be on the top if it is fine and calm but down among some tress if it is not.

We continue on back into Churchill NP past a couple of old quarries and a pipeline, and so back to the carpark. Afternoon tea will be served.



**SUNDAY BUS**

**KINGLAKE NATIONAL PARK, MT EVERARD AREA**

**DATE** Sunday 10 August 2008  
**STANDARD** Easy & Easy/Medium  
**DISTANCE** 15 km & 21 km  
**LEADERS** Doug Langton & Peter Hogan  
**TRANSPORT** Bus from Southbank Blvd 9 am  
**AREA** Kinglake NP. Mt Everard track and Mt Jerusalem track  
**MAP REF** Rooftops 1:30k Kinglake NP

We start in the southern part of the park and walk north along an undulating ridge, across Mt Everard to the Jerusalem Track. The rest is all downhill to Steels Creek Rd where we meet the bus. The tracks are good and there are some nice views. There are lyrebirds in the area.

The harder walk will include a side trip to Jehosaphat Gully Picnic ground, about 3 km each way.



**CYCLING**

**FRANKSTON TO MELBOURNE**

**DATE** Saturday 16 August 2008  
**STANDARD** Easy  
**DISTANCE** Approx 45–50 km  
**LEADER** Jan Palich  
**TRANSPORT** Car or train to Frankston Station  
**RETURN TIME** Approx 4 pm  
**AREA** South of Melbourne  
**MAP REF** Part road / part bay trail

We will be meeting at Frankston station ready to start cycling. Those who would like a coffee beforehand will need to arrive earlier. There is a lovely coffee spot at the “Daze End” café near the station. Timing for meeting will be given when you book on the ride.

The ride is one-way mostly along bike tracks, inland to Mordialloc, where we pick up the Bay Trail. For those who would like a shorter ride, you can pull out along the way – at Mordialloc, Black Rock, Sandringham or Brighton. But really you won’t notice the distance because, as usual, we will stop on the way for a cool drink, picnic lunch, and visit a couple of lovely patisseries.

As we leave Frankston, we cycle through a very private area, which is like a sleepy forgotten fishing village. You wouldn’t know the highway was one street away.

If you have a small kite that will fit on your bike, bring it along, as the beach is a lovely place to test out the wind.

At St Kilda for those of you who would like a chocolate experience, we have another coffee or chocolate stop and then back into Melbourne and home.

I look forward to your company on the ride. Please let me know you are coming. I will be in the clubrooms the week before.

**Jan Palich**



**SUNDAY BUS**

**MINERAL SPRINGS WALK – DAYLESFORD**

**DATE** Sunday 17 August 2008  
**STANDARD** Easy & Easy/Medium  
**DISTANCE** 14 & 18 kms  
**LEADERS** John Fritze & Hans Baer  
**TRANSPORT** Bus from Southbank Blvd at 9am  
**AREA** Daylesford  
**MAP REF** 1:25,000 Daylesford, Eganstown & Bullarto

These are enjoyable walks in the goldfield country south of Daylesford. They offer great variety including two beautiful lakes (Daylesford and Jubilee Lakes) set in lovely parkland, the ambience of Daylesford, open eucalypt forests and a dismantled railway.

The walks are on tracks and roads through undulating terrain with both walks visiting Central Springs Reserve and with the Easy Medium walkers also visiting Tipperary Springs.



**MOFS**

JELLS PARK – SHEPHERDS BUSH

**DATE** Monday 18 August 2008  
**STANDARD** Easy  
**DISTANCE** 11 Kms  
**LEADER(S)** Alister Rowe  
**TRANSPORT** Private  
**AREA** Glen Waverley  
**MAP REF** Melway Map 71 and 72

Meet at 10:30 am in Jells Park South in First Carpark (Melway map 72, A9. Enter off Ferntree Gully Road).

We will walk north around the lake, past the golf course and up to Shepherds Bush. If time permits we will walk through the Bushy Park Wetlands and up to the lookout at Melway Map 62, K9. We will return by a different path as far as possible.

**WEDNESDAY WALK**



MT MACEDON CIRCUIT

**DATE** Wednesday 20 August 2008  
**STANDARD** Easy / Medium  
**DISTANCE** 17.5 km  
**LEADER** Jan Palich  
**TRANSPORT** Private  
**AREA** Mt Macedon Regional Park  
**MAP REF** Woodend and Macedon 1:25000's

Mt Macedon is a captivating area close to Melbourne and one of my favourite walks. We will be doing a circuit starting with a 500m vertical climb (plus a reward at the top) and then going clockwise to the Camel's Hump rock formation, the Sanatorium Lake, and Mount Towrang.

The walk will start and finish in the Mt Macedon township, hopefully with time to share a hot drink before heading home. Snow is always possible if the weather is cold, so check the forecast and be prepared. We will meet at the corner of Mt Macedon Road (C322) and Douglas Road at 10:30am.

To get there, follow the Calder Highway for 57km and exit on to the Mt Macedon Road, which will take you a further 7km to the Mt Macedon township. Douglas Road is on the left after the shopping centre.

Please contact Jan Palich if you are interested in this great walk.



**SUNDAY BUS**

LYSTERFIELD AND CHURCHILL PARKS

**DATE** Sunday 24 August 2008  
**STANDARD** Easy & Easy/Medium  
**DISTANCE** 12 & 17 kms  
**LEADERS** Halina Sarbinowski & Tracey Jamieson  
**TRANSPORT** Bus from Southbank Blvd at 9am  
**AREA** Lysterfield  
**MAP REF** Melway 82, 83 & 102  
**PLEASE NOTE CHANGE OF MAIN LEADER**

Lysterfield Lake Park and adjoining Churchill National park are oases of natural bushland close to Melbourne, making these walks perfect for the shorter winter days. The lake at Lysterfield formed an important catchment for the metropolitan area, so it has been protected from development.

These walks, based on the western sections of the parks, retain a precious example of natural forest and bushland and are an important refuge for much native wildlife including kangaroos, wallabies, wombats, possums, echidnas and a variety of native birdlife. Come and enjoy these walks and be surprised by what is on offer so close Melbourne.



**SUNDAY BUS**

ROSEBUD FORESHORE - ARTHURS SEAT

**DATE** Sunday 31 August 2008  
**STANDARD** Easy & Easy/Medium  
**DISTANCE** 15 & 18 kms  
**LEADERS** Halina Sarbinowski & Richard Hanson  
**TRANSPORT** Bus from Southbank Blvd at 9am  
**AREA** Mornington Peninsula  
**MAP REF** Melway 159 171

The Rosebud foreshore, a hub of activity during the summer months, offers perfect walking trails in winter. The Easy/Medium walk will set out from West Rosebud, and the Easy group from Rosebud. After walking the foreshore, the groups will wind their way through attractive forests to Kings Falls and then, via Seamist Gardens, on to Arthurs Seat, the highest point on Morning Peninsula.

The highlights of both walks are the views ... views over rural farmland, views of both Port Phillip and Western Port and on a clear day, views of Melbourne.

We will have the opportunity for a cuppa (or something else for those who prefer to be more indulgent) at Arthur's Restaurant before returning to Melbourne



**TOFS**

**MARIBYRNONG RIVER – AVONDALE HEIGHTS**

**DATE** Thursday 4 September 2008  
**STANDARD** Easy  
**DISTANCE** 10 Kms  
**LEADER** Jean Giese  
**TRANSPORT** Private  
**AREA** Avondale Heights/Maribyrnong  
**MAP REF** Melway Map 27

Views of the Maribyrnong River Valley and surrounding suburbs will reward us for some hill climbing, but we will take our time over them. Otherwise we will be walking beside the river with a short section through a residential area of Avondale Heights to make a round trip. Meet to start walking at 10:30 at the end of Lily Street (off Buckley Street, Essendon West). Or proceed to the parking area inside the park if gates are open. Melway Map 27, J4.



**WEDNESDAY WALKS**

**FERNSHAW – DOM DOM**

**DATE** Wednesday 17 September 2008  
**STANDARD** Easy-medium  
**DISTANCE** 17 kms  
**LEADER** Jerry Grandage  
**TRANSPORT** Private  
**AREA** Yarra Ranges  
**MAP** Juliet North 1:25,000

Starting at Fernshaw Picnic Ground, we will follow Morley's Track through magnificent Mountain Ash forest to Carters Gap and then do a circuit round Mt Dom Dom to finish at Dom Dom Saddle. If you're sufficiently enthusiastic you can go to the top of Dom Dom.



**MOFS**

**MT EVELYN TO LILYDALE LAKE & RETURN**

**DATE** Monday 15 September 2008  
**STANDARD** Easy  
**DISTANCE** 12 kms  
**LEADER** Bob Steel  
**TRANSPORT** Private  
**AREA** Lilydale/Mt Evelyn Area  
**MAP REF** Melway Maps 38 and 118/120

Meet at the old railway station (now a café) in Wray Crescent, Mount Evelyn (Melway 120, B1) to start walking at 10:30. Get there earlier for a coffee before setting out.

We will walk down the Mt Evelyn Aqueduct track to Lilydale Lake where we will have lunch sitting on the beach (or in a shelter, if inclement). We then walk around to the start of the Warburton Rail Trail to climb gradually back to Mount Evelyn.



**SUNDAY BUS**

**ANGAHOOK SPRING WILDFLOWERS WALK**

**DATE** Sunday 28 September 2008  
**STANDARD** Easy/Medium & Medium  
**DISTANCE** 17kms & 20kms  
**LEADER(S)** Andrew Francis & Tracey Jamieson  
**TRANSPORT** Bus 8:45am start from Southbank Blvd  
**AREA** Great Otway National Park – Aireys Inlet  
**MAP REF** Vicmap Anglesea South 7721-3-S (1:25,000)

One of the best walks on the calendar, with views of the ocean during the day, walking through Ironbark, Peppermint and Gum forests accommodating many birds, grass trees and wattles in bloom. Both walks will commence at Distillery Creek Picnic Ground at the rear of Aireys Inlet. A mixture of walking tracks and dirt roads, moderate climbing and fairly long distances to cover. The climbs are not too taxing and are long and steady rather than short and sharp. A visit to the area's picnic grounds and Painkalac Dam will be included. Both walks finish on the Great Ocean Road after viewing the surf coast from lookout. Please note 8:45am start.



**REMINDER!**

**SLIDE SHOW**

**ANTARCTICA**

Presented by Margaret Curry, Wednesday 13 August at 8pm in our new clubrooms

Margaret undertook a trip to the Falkland Islands, South Georgia and Antarctica in January 2008.

A selection of photos to be shown: stunning scenery,





**BASE CAMP**

GREATER BENDIGO NATIONAL PARK

DATE Friday-Sunday, August 29-31 2008  
 STANDARD Medium  
 LEADER Ian Langford  
 TRANSPORT Private  
 AREA Greater Bendigo National Park

This park is just north of Bendigo and is easy to get to. I have not been up here for quite some time but it offers some good easy walks through Ironbark forests and the remains of gold mining activity. There should be some wildflowers out and hopefully some birds for the bird fanciers. We will do a couple of circuit walks at both Kamarooka and Whipstick areas, which will be of a relatively easy grade.

This base camp will be drive-in base camp, most likely at Notley's Picnic area, so if people want to, they can bring all the comforts of home with them. Also for Saturday night get-together, please bring some nibbles to share.

Important note: As there will not be much running water available, please bring enough water to last you for the weekend. There is a dam nearby but I cannot guarantee the water quality. I will have maps more information for people in the clubrooms.



**PACK CARRY**

BAW BAW SNOWSHOE

DATE Saturday-Sunday, August 23-24 2008  
 STANDARD Medium  
 DISTANCE 30km  
 GROUP SIZE 8  
 LEADERS Ralph Blake and Kerry Tabor  
 TRANSPORT Private  
 AREA Baw Baw National Park  
 MAP REF Baw Baw NP 1:25,000

This walk is a pack carry trip using snowshoes. We'll meet at Mt St Gwinear carpark at 9am sharp on Saturday morning. From here we will set off through snowgum forest on snowshoes to Mt St Phillack where we hope to have wonderful views (weather permitting) of snowy slopes and mountain ranges. We continue on to our campsite and set up camp on a lovely snow plain near a frozen creek. The rest of this day and most of Sunday will be spent exploring this enchanting landscape. Exact routes over the weekend will be dependent on snow conditions and weather, and be determined closer to the time. We will return to the carpark late Sunday afternoon, with a stop for dinner on the way home. It is recommended that snowshoes and snowchains for vehicles be hired from a reputable shop prior to departure from Melbourne. The leaders will provide details of the snowshoes and other essential equipment required for snow camping. This trip is suitable for experienced and well-equipped pack carry walkers only.

**Melbourne Bushies Kungsleden Ski Tour EASTER 2009**

A 200 km Arctic ski tour from valley to valley, hut to hut, completing half the famous Scandinavian Kungsleden trail, carrying only a day pack.

An opportunity to complete the trophy ski tour aspiration of most Scandinavian skiers

For more information visit the tour website

[www.kiewaview.com/Ocker/kungsleden.htm](http://www.kiewaview.com/Ocker/kungsleden.htm)



