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# THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

OCTOBER 2008

## WE'RE HERE ... WHERE ARE YOU?



Since we moved our clubrooms to near the Flagstaff Gardens, we've had fewer visitors.

People who have come to the new clubrooms feel that it is easier to get to than our old one. The rooms are very spacious and comfortable, and there is plenty of parking.

The new club rooms are also just down from the Queen Victoria Market, so with the Summer Night Markets about to start you can really make a night of it.

The Committee invite you all to join us at one of our wine and cheese nights, and check out our own label wines. Or come along to one of our special presentations that are coming up on the calendar.

See you all soon.

## Help keep our bus viable

Our bus is one of the main things that makes our club unique, so your committee is looking at better ways to encourage people to come on the Sunday walks. Over the past 18 months the number of people on the bus has decreased significantly.

One of these initiatives is to waive the late booking fee until further notice. Members who choose to book on the Sunday of the walk must:

- » Have the correct change to pay for the walk.
- » Understand that:
  - There may be a limited number of seats after Wednesday bookings.
  - It is first come, first served.
  - There are no phone bookings.

We have an exciting program planned for the summer so we look forward to seeing you in our club rooms and on the bus.

We are also looking at ways that you can pay &



book on walks without coming into the clubrooms. Please watch this space for more information over the next few months.

If you have any questions regarding the Sunday walks then please do not hesitate to contact Halina Sarbinowski, Sunday Walks Secretary or her Assistant, Del Franks.

They would love to chat with you.

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

**Royal Historical Society of Victoria**

**239 A'Beckett Street  
Melbourne**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc



PO Box 1751  
MELBOURNE VIC 3001

[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Catherine Cardinet

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.**

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

**Club rooms Duty Roster:                      Treasurer present**

- Oct 8                      Margaret Curry & Jane Williams**
- Oct 15                     Sue Maughan & Ray Spooner    Yes**
- Oct 22                     John Fritze & Lynda Larkin**
- Oct 29                     Mick Noonan & Del Franks      Yes**

**Next Committee Meetings:**

Monday, October 6 2008

Monday, October 27 2008

## TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

2008 Activity Dates	Leader contact details
25-26 October 2008 Stronachs camp	Geoff Kelly 9328 4228 <a href="mailto:gpkelly@bigpond.net.au">gpkelly@bigpond.net.au</a>

## WANTED!!

CLUB MEMBER WITH GOOD KNOWLEDGE OF DIGITAL PHOTOGRAPHY

It would be great to have more photos on the Club's website from our various activities. Is there any member with a good knowledge of digital photography who would be willing to assist by providing technical advice to budding photographers and collating and preparing trip photos for publishing on the website. If you can assist, please contact Margaret Curry – Tel: 9500 0664.

## SOCIAL NIGHTS



**\*\*\* HELD AT NEW CLUBROOMS**

**WHEN                      WEDNESDAY 22 October, 8:00**  
**WHERE                     239 A'Beckett Street, Melbourne 3000**

**WINE and CHEESE night**

**Come along for our wine and cheese night and catch up with fellow Bushies. If you would like to order your Melbourne Bushwalkers' specially selected wine, speak to Susan on the night**

Launch of MBW's own wine. The Members' own Art and Craft Exhibition.

For more details contact Susan Maughan on 9754-7443

### SUNDAY BUS

You will have seen on the front page of this issue a notice regarding our Sunday Bus trips, which have been a unique aspect of Melbourne Bushies' activities dating back to the 1940s. In the Melbourne Bushies' bible Fifty Years along the Track, Chapter 12 relates the history of the Sunday bus, including the following paragraph, (by Geoff Mattingley), which explains the early rationale for its use.

"In 1946 the Club first used the services of J.Gronow, a furniture removal firm based in St Kilda. At this time limited train services were available and few people had cars. Vans were ideal for bushwalkers, as their Spartan accommodation was resistant to muddy boots, wet passengers and heavy rucksacks."

In August 1984 the club purchased its own van from a retiring operator, which the club greatly enjoyed for a number of years until several breakdowns, escalating costs and increasingly complex regulations took away the shine. As a result of this, an Extraordinary General Meeting was called in April 1992, where a motion was unanimously passed, "That the club sell the Bedford van and that a chartered bus be used for Sunday Walks."

Briefly that is where we have come from and currently our main focus at Committee is a comprehensive review of how we run the Sunday bus, with a view to securing its ongoing popularity and existence in these changing times. This is with the firm belief that we are providing a valuable community resource, giving people the opportunity to get out of Melbourne in comfort, without the hassle of driving or having to do any planning, but simply coming along to enjoy a few hours being taken to all kinds of wonderful places, be it some mountain range or river gorge or by the ocean, in the safe care of our leaders, who put so much into planning walks that will delight and satisfy those who come along.

A sub-committee has been appointed to look at new measures for promoting the bus and upgrading the booking system. A survey will be circulated to members for the purpose of gathering useful feedback for the sub-committee to work with in regard to planning the kinds of walks people find most appealing, etc.

Thanks to our excellent Sunday Walks Secretary, Halina, Assistant Del, our Treasurer Ray and all those giving their time and energy to this project.

### BUSH SEARCH AND RESCUE

For those of you who have not read the last edition of Bushwalking News Victoria, there is an article submitted by BSAR Convenor, Monica Chapman. BSAR is now heading into its sixth decade in Victoria and Monica mentions a successful application to the Federal Government for a grant which will support Bush Search and Rescue Victoria training and recruitment projects and a promotional campaign.

New members to this group of dedicated volunteers are always welcome. Melbourne Bushies BSAR members are Gina, Derrick, Jopie, Bill M. and David Laing. Congratulations to Melbourne Bushies' latest recruit, Peter Leech.

These volunteers have my deepest respect and admiration, as it requires a high level of skill and a very generous spirit to go on a search in what may prove to be very challenging and difficult conditions, in order to hopefully save a life.

### CHRISTMAS PARTY

How quickly the year seems to be slipping away with Christmas now looming only 85 big sleeps away. Have you been good this year? An early bulletin to advise that Melbourne Bushies' annual Christmas Party has been set for Wednesday 17 December, so jot it down in your diaries now.

It will be held as last year, at the Trades Hall Main Bar. If you have been good this year – led any day walks, base camps, pack carries, snow, lilo or cycling trips – you will automatically be in the Leaders' Draw for one of several vouchers from a leading bushwalking store in Melbourne. So come along and find out whether you are one of the lucky ones. However, if you have been bad, there will be no prizes, but we would still very much welcome your company and naughty festive spirit.

So that's it for now, Folks. Hope to see you at the Federation Weekend, 18-19 October. Ballarat Bushwalkers have a great program in store for us.

– Lynda Larkin

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### A NOTE FROM SUSAN MAUGHAN

**I wanted to comment on the wonderful "marketing tool" we have in the photo gallery on our website. It never fails to impress me so I'd like to take the opportunity to compliment both the photographers and the people who go to the trouble of co-ordinating them, and to thank the Webmaster who spends quite a bit of time publishing them for our benefit.**

– Susan Maughan

**NB: See 'guidelines for submitting photographs' for which there is a link at the bottom of 'frequently asked questions' page of the website. (Webmaster)**

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### IS YOUR OLD COMPUTER LOOKING FOR A NEW HOME ?

We are on the lookout for a computer which can be used with the older style of trolley needed at our present clubrooms.

If anyone is able to donate a used computer of the horizontal desktop chassis, mini or laptop variety, we would greatly appreciate it.

The computer will be used mainly for accessing the club's online facilities, but ideally it would have adequate speed to be used for photo presentations with the data projector.

Anything up to six or seven years old would probably do the job (that is, with a speed of 800 MHz or more), but essentially we need the horizontal desktop style case.

If you think you may be able to help out, please contact John Fritze or Lynda Larkin



### Two Bays Track: Going over the top of Mornington Peninsula

The Mornington Peninsula might seem an unlikely venue for a weekend walk, but the Two Bays Walk is worthwhile and its proximity to Melbourne means a short and leisurely drive. The track officially starts near Port Phillip at the base of Arthurs Seat and offers a steepish climb to Seawinds car park. Four of us enjoyed the magnificent views when walking up the hill while Susan met us at Seawinds with our weekend loads. The track continues through Arthurs Seat Park and descends to a short passage through some suburban streets in Rosebud South.

Then follows a narrow corridor of bushland leading to Greens Bush, which is probably the largest area of bushland on the peninsula. Some of it was cleared during its time of private ownership and it seems to be regenerating well. The vegetation is beautiful and we saw plenty of kangaroos and several echidnas and snakes. The campsite we used on Saturday night involved a diversion from the Two Bays Track and is in a great location with views across the Main Creek valley to the east.

The second day took us across Boneo Road and onwards to the coast at Bushrangers Bay and then to Cape Schanck, which would have to be one of the more spectacular stretches of coastline on the peninsula. (The 'Two Bays' are in fact Port Phillip and Bushrangers, not Western Port, as might be expected). We could have continued on to Gunnamatta Beach but took the softer option of finishing at Fingal Picnic Area (also known as the Pines).

Perhaps the best aspect of the Two Bays Track is that it gives two days of interesting walking with a minimum (only about 1.5km) of suburban street walking. There is much diversity in vegetation and scenery and the views of Port Phillip and parts of Melbourne are superb. This was the first time that the Stringers had led a walk and hopefully it won't be the last. The group dynamics was good in spite of, or possibly because of, at least one generation gap and a diversity of fitness levels. The younger Stringers were conspicuously at the front for much of the time and on Sunday the older Stringers transferred some of their load to the younger folks' packs, but it didn't seem to slow them down. Thankyou Michael and Susan. The group was Michael, Susan, Callum, Briony and myself.



The view from Bushrangers Bay to Cape Schanck. Left: Greens Bush; and, below, walking the Two Bays Track to Bushrangers Bay



—Jerry Grandage

## Reports

### YOUR FULL SOCIAL CALENDAR AHEAD

#### Wednesday 1 October

John Fritze's equipment night.

#### Friday 17 October

Imax and Toto's night. Unfortunately, at the time of going to press, the Imax cannot give me their advance programme. Please check either our website for details closer to the time or call Susan-9833 6012. There is no need to book.

#### Wednesday 22 October

Cheese and wine night. The Bushies' own wine can be picked up on this night.

#### Wednesday 19 November

Mick and Carol's slideshow of the Lycian Way, Turkey.

#### Wednesday 26 November

Cheese and wine night.

#### Wednesday 10 December

Jopie's slideshow of walking in Europe.

#### Wednesday 17 December

CHRISTMAS PARTY!!!

– Susan Maughan  
Social Secretary

### EQUIPMENT

#### HIKING TOPS

A hiking top is an important contributor to walking performance, comfort and safety and we think it's worth choosing with care. It could be either knit or woven. Knit garments wick and breathe better but the loose fit and vents of woven shirts may compensate. Choosing between them is a personal matter but durability could be a reason for considering the shirts first. Look for those made from the lightest, most breathable material you can find, with a texture that feels good against the skin and a light colour that reflects the heat without showing the dirt. The material should retain some warmth when wet, dry quickly and provide adequate UV protection. The cut should be loose and not drag when you move, with plenty of effective ventilation and perhaps a mesh panel over the shoulders. With the exception of the latter three points, the same applies to knit garments. They are available in a wide range of fabrics and it would be worth seeking the assistance of an experienced sales person before making a choice. Bear in mind that comfort is best gauged not in the shop, but under maximum exertion on a hot day. For this reason be sure to only choose from the lightest fabrics, as it is much easier to add an extra layer when it's cool than to make a thick fabric thin when it's hot.

– John Fritze

### WILLIS'S WALKABOUTS

# Fishing in the Kimberley

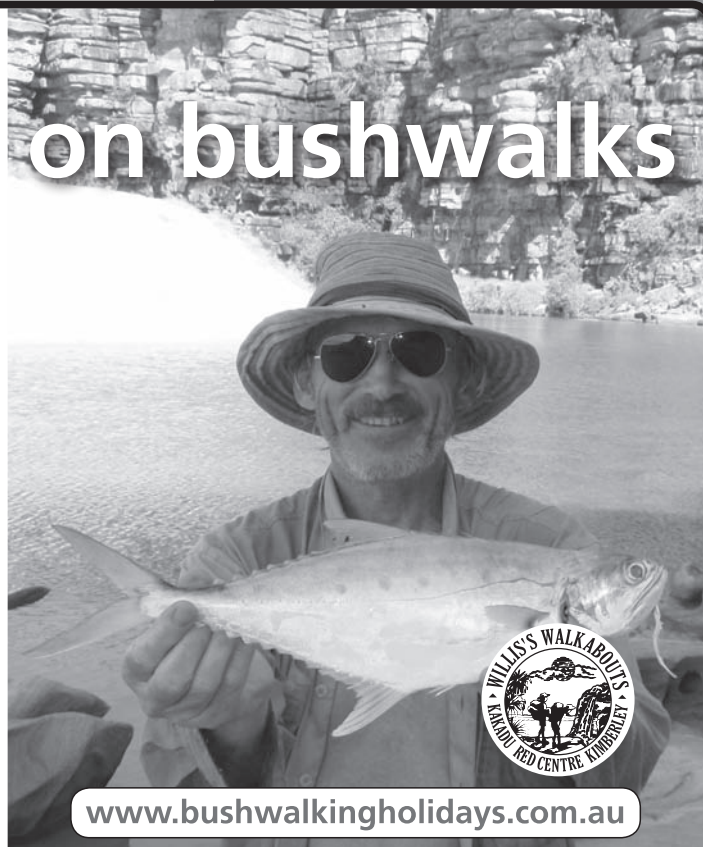
#### Rivers seldom fished can provide a tasty dish.

Some of our Kimberley walks follow rivers where the waters are seldom touched by a fishing line. These trips are perfect for those who enjoy fishing and those who enjoy eating fish straight out of the river.

The problem isn't catching the fish (unless you have a light line), it's **deciding which ones to keep.**

The largest fish caught on one of our Kimberley trips was an 18 kg barramundi. Another barra which we couldn't weigh easily fed 11 people. On another trip, we had fresh fish 12 nights out of 13. In 2009, we're planning to add one or **two special bushwalking/fishing trips.**

For more information, have a look at the PDF trip notes on our website or ask us for more information.



12 Carrington St Millner NT 0810 walkabout@ais.net.au

[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au)

Phone 08 8985 2134 Fax 08 8985 2355



# Noticeboard

## NEW MEMBERS

JILLIAN BYRON  
 CECILY HUNTER  
 COLIN MACKLIN  
 CAROLINA TELLO RESTREPO  
 NILGUN VARDARLI  
 PAUL A WAKEFIELD

## ADD TO MEMBERSHIP LIST

ANNA ANSON / BARRY I MC ILWAIN  
 SUNHO LEE  
 JACINTA O'SHEA  
 WENDY SOON  
 DANA ZIROJEVIC

## ALTERED ADDRESS/PHONE

ANNE ANDERTON  
 JANET CROWE  
 FIONA M KELLY  
 ALEX REID  
 JUSTIN REID  
 SARAH WHITELEY

Life Members	14
Honorary Members	10
Single	315
Family memberships	112 (2x56)
Total membership	451
This time last year	443



Sunshine, fresh air, exercise, friends ... does it get better than this?



**The Wilderness Shop**

969 Whitehorse Road, Box Hill, 3128 Tel:(03) 9898 3742  
[www.wildernessshop.com.au](http://www.wildernessshop.com.au) [info@wildernessshop.com.au](mailto:info@wildernessshop.com.au)

# FAMOUS ANNUAL SALE!!!

**Sale runs Friday 7th to Sunday 9th November only**

Yes, The Wilderness Shop's *Famous Annual Sale* is on in 2008, and best value is guaranteed for one weekend only! We do not have sales often, but when we do it is worth your while to come & have a look. If you only come to one sale this year, make sure it is this one. Do not miss the opportunity to buy quality brands & goods at genuine discounts.

**All our Stock & Quality Brands, 20% to 50% off !!!**

CLOTHING		Sale Price	SHOES & BOOTS		Sale Price
Wilderness Wear Shirts L Sleeve	was \$119	<b>30% off</b>	La Sportiva Zodiac Low Shoe	was \$189	<b>\$89.00</b>
Icebreaker Merino selected stock	all must go!	<b>30% off</b>	Asolo Moab/Lightning GTex Shoe	was \$249	<b>\$159.00</b>
Mont Helium Down Jacket	was \$269	<b>35% off</b>	La Sportiva Zodiac Mid Boot	was \$199	<b>40% off</b>
Lowe Alpine Antares Fleece Jacket	was \$129	<b>\$89.00</b>	Asolo Echo Boot	was \$239	<b>\$167.30</b>
Other Stock: Mont, Outdoor Research, Lowe Alpine etc		<b>20% off</b>	La Sportiva Thunder Boot GTex	was \$299	<b>40% off</b>
<b>DAY, TRAVEL &amp; OVERNIGHT PACKS</b>		<b>Sale Price</b>	Raichle Mtn Trail Boot GTex	was \$399	<b>30% off</b>
Lowe Alpine Ace 20 L	was \$79	<b>\$49.00</b>	<b>Clearance</b> selected Boots & Shoes	all one price!	<b>\$159.00</b>
Lowe Alpine Contour Arrow 30 L	was \$149	<b>\$79.00</b>	The rest of our great range		<b>20% off</b>
Mont Quartz 45L	was \$279	<b>\$195.30</b>	<b>SLEEP GEAR!</b>		<b>Sale Price</b>
Mont Jetson 40L Carry-on/Travel Pack	was \$259	<b>\$168.35</b>	Exped Hummingbird Bag	was \$449	<b>30% off</b>
Mont Astro 80L Travel Pack Medium	was \$429	<b>\$278.85</b>	ME Firewalker Bags entire range	30% off	from <b>\$90.30</b>
Lowe Alpine Contour/Sirocco	to clear!	<b>30% off</b>	Exped 2.5cm & 5cm Mats	30% off	from <b>\$69.30</b>
All Other Mont, Wilderness Equip & Lowe	now	<b>20% off</b>	Thermarest <i>Mats &amp; All Other Bags</i> : do not miss		<b>20% off</b>
<b>RAINWEAR</b>		<b>Sale Price</b>	<b>TENTS</b>		<b>Sale Price</b>
Lowe Alpine Icelight Gore-Tex Jkt	was \$599	<b>40% off</b>	Mont Moondance 1	was \$429	<b>\$299.00</b>
Lowe Alpine Deluge Jacket	was \$279	<b>\$179.00</b>	Salewa Sierra Leone	was \$499	<b>\$299.00</b>
Mont Austral Hydronaute Jkt old model	was \$299	<b>\$199.00</b>	Exped Orion Extreme	was \$799	<b>\$549.00</b>
Mont Latitude Jkt lightweight old model	was \$329	<b>\$229.00</b>	Tents: WE, Marmot, Salewa, Exped	<b>Massively Reduced 20% off</b>	
Outdoor Research, Lowe & Mont	do not miss!	<b>20% off</b>	<i>Limited stock. No rainchecks. Please choose carefully. No refund or exchange on sale goods unless not of merchantable quality.</i>		

## ATTENTION - ATTENTION!! WEDNESDAY WALKS 2009

Effective January 2009, Wednesday walks will be scheduled on the second Wednesday of the month, instead of the current practice of being held on the third Wednesday of the month.



## SUNDAY BUS

### WONTHAGGI HEATHLANDS AND WETLANDS

**DATE:** Sunday 12 October, 2008  
**STANDARD:** Easy & Easy/Medium  
**DISTANCE:** 14km & 18km  
**LEADERS:** John McCall & Hans Baer  
**TRANSPORT:** 9am Bus from Southbank Blvd  
**AREA:** South Gippsland Coast

Please discuss this walk with the leaders on the relevant booking nights.



## WEDNESDAY WALK

### STEIGLITZ GOLDFIELDS WALK

**DATE:** Wednesday 15 October, 2008  
**STANDARD:** Easy/Medium  
**DISTANCE:** 11km  
**LEADER:** Ed Neff  
**TRANSPORT:** Private  
**AREA:** Brisbane Ranges  
**MAP REF:** Melways 611, D4

A pleasant circuit walk starting and finishing in Steiglitz, a once-booming gold mining town.

The walk commences by following Sutherland Creek and includes approximately 500m of rock hopping before the track leaves the creek and heads through bush and open forest. There are many signs of the gold mining past, including the sites and mullock heaps of several old mines. The walk finishes by walking up Regent Street, which was once Steiglitz's main street. Meet at 10.15am for a 10.30 start in the car park at the Steiglitz Courthouse.



## SUNDAY BUS

### THE MONK WALK: CASTLEMAINE - VAUGHAN

**DATE:** Sunday 19 October, 2008  
**STANDARD:** Easy & Easy/Medium  
**DISTANCE:** 14km & 17km  
**LEADERS:** Mick Noonan & Les Southwell  
**TRANSPORT:** 9am Bus from Southbank Blvd  
**AREA:** The Great Dividing Trail, Castlemaine, Vaughan Springs  
**MAP REF:** Castlemaine & Guildford, 1:25,000

Check out the wildflowers, historic gold mine sites, stone walls,

mineral springs and great 360 degree views from The Monk!

Both walks start at Castlemaine and follow the Dry Diggings Track (also the Great Dividing Track). We are walking largely "on-track", through a woodland corridor with great 360 degree views from The Monk (elevation 510m), along an open ridge overlooking the Loddon Valley, visiting Central Springs, and for the longer walk finishing at Vaughan Springs.

This area has great wildflowers in Spring, silver wattle blossoms, and dry box woodland. It is famous for its gold mining ruins, ghost towns, water race, diggings, etc. Fryerstown used to have 15,000 people at the height of the gold mining!

Come and enjoy this lovely part of Victoria and walk part of both the Great Dividing Trail and the Dry Diggings Track!



## MOFS

### MURRINDINDI

**DATE:** Monday 20 October, 2008  
**STANDARD:** Easy/Medium  
**DISTANCE:** 11km  
**LEADERS:** Alister Rowe  
**TRANSPORT:** Private  
**AREA:** Murrindindi River  
**MAP REF:** Melway Day Tours Map #610 (#910 in 2008 edition) Vicroads Country Directory map 62 A7.

The walk will begin at 10:30am sharp. Take the Melba Highway towards Yea and take the right turnoff just before Devlins Bridge, 6km past Glenburn. Follow the Wilhelmina Falls signs and park in the FIRST carpark on left. We will commence our walk a little further on and walk to the Cascades and return. There is one largish hill, which you can take at your own pace. There is terrific bush scenery and a lovely river.

The walk should conclude by 3pm, which may leave enough time for afternoon tea at Healesville. Ring me for further details if necessary.



## SUNDAY BUS

### MURRINDINDI CASCADES & WILHELMINA FALLS

**DATE:** Sunday 26 October, 2008  
**STANDARD:** Easy/Medium & Medium  
**DISTANCE:** Approx 13km & 16 kms  
**LEADERS:** Jan Colquhoun & Peter Leech  
**TRANSPORT:** 9am Bus from Southbank Blvd  
**AREA:** Toolangi State Forest  
**MAP REF:** Taggerty South 1:25,000

Our walk starts with a gradual ascent up a well-maintained track towards the Wilhelmina Falls.

As the track approaches the Falls, it steepens and offers a choice of dramatic lookouts. The falls plunge 75m down smooth granite slabs with the water gliding in shafts across the rock surface – a spectacular sight. The walk continues down

the Boorondara Walking Track, which was once a narrow tram track built to service the Tratford Mill Site. The track follows the Murrindindi River for some time through forests of tree ferns, Blackwood Wattle, Sassafras and Myrtle Beech. At times the track meanders through a thick carpet of ferns with tall straight gum trees scattered between them. It's at its best when the late afternoon light sets the ferns aglow. The track crosses the river several times over wooden bridges before reaching the Cascades. The whole area is enchanting and wouldn't be out of place in The Lord of the Rings. The Murrindindi River Walk has stunning scenery throughout, however both the Easy/Medium and Medium options include two substantial climbs.

elevated walkway takes you through the Rainforest Gallery where you will see magnificent 65m tall old growth Mountain Ash trees, ancient Myrtle Beech trees (many of which are 300-400 years old), ferns, mosses and other plants that make up this damp and diverse rainforest environment. There are several viewing spots along the walkway where you can pause and enjoy the sounds of Cement Creek flowing past on its journey to the Yarra River.

Both groups will then make the steady climb to the Mt Donna Buang summit for lunch. There will also be the opportunity climb the 126 steps (21m) of the lookout tower to enjoy the 360 degree panoramic views across the park and way beyond.

After lunch both groups will take the walking track to the east and then south-east which leads across the summit of Mount Victoria, (this summit passes unnoticed if you don't look out for the change in direction to the south-west at the summit) and down past the radio tower, then along the gravel road to the Mount Donna Buang Road.

The Easy/Medium group will walk up the road to their finish point at the Ten Mile Turntable, where the bus will collect you and take you into Warburton, where you may have time to patronise one of the bakery/coffee shops, while the Medium group will cross the road and proceed down the unsigned walking track, making the steady descent of the Mount Victoria walking track into Warburton township. The total drop from the top of Mount Donna Buang is about 1000m.

This walk is quite challenging, but I believe it is also one of the most rewarding/beautiful walks in our program, so I invite you all to join me (Del Franks) or David Laing on what I believe will be a wonderful day's outing.



## TOFS

### CITY PARKS AND GARDENS

**DATE:** Thursday 6 November, 2008  
**STANDARD:** Easy  
**DISTANCE:** 10km  
**LEADER:** Keith White  
**TRANSPORT:** Private  
**AREA:** Melbourne Central  
**MAP REF:** Melways 43, 44, 57 and 58

The walk is designed for public transport. It will start and finish under the sign 'To Princes Walk' at the north-east end of Princes Bridge adjacent to Federation Square, opposite Flinders Street Station in Swanston Street.

Most of the walk is off-path with a few minor hills. We pass by native vegetation, lawns, birds, lakes, a river and historic landmarks on our journey in the shadow of the CBD.

The walk starts at 10.30am and should finish by 3pm.



## SUNDAY BUS

### MT DONNA BUANG – MT VICTORIA

**DATE:** Sunday 9 November, 2008  
**STANDARD:** Easy/Medium & Medium  
**DISTANCE:** 11 km & 15 km  
**LEADERS:** Del Franks & David Laing  
**TRANSPORT:** 8.45am Bus from Southbank Blvd  
**AREA:** Yarra Valley - Warburton  
**MAP REF:** Juliette South

At an elevation of 1245m, Mt Donna Buang offers panoramic views over Melbourne, the Yarra Valley, Dandenong and Cathedral Ranges, Mount Baw Baw and the Alps. While on the mountain you can take in a rainforest experience and even walk through the treetops at the spectacular Rainforest Gallery.

Both groups will start their walks at the Rainforest Gallery, having 15-20 minutes to walk the Rainforest Gallery boardwalk. This beautiful site features a 40m long observation platform (one of only three of its type in Australia) which takes you into the rainforest canopy 15m above the ground. A 350m long



## CYCLING

### WOODEND LOOP

**DATE:** Saturday 15 November, 2008  
**STANDARD:** Medium  
**DISTANCE:** 50 km+  
**LEADER:** Phillip Brown  
**TRANSPORT:** Train/car  
**AREA:** Woodend

From Woodend we head north along the Calder Highway for a short distance then off the main road onto quite country roads for the rest of the ride. It's flat farmland to Newham. There are hills after Newham – nothing major, just lots of small to medium ones. We'll stop at Lancefield for lunch. You can bring your own or buy something at the shops. There are more hills after Lancefield, but once again, nothing too taxing back to Woodend. So come along and enjoy the open space and country air. For start time and meeting place ring Phillip Brown.





**MOFS**

**JACKS BEACH AND MERRICKS**

**DATE:** Monday 17 November, 2008  
**STANDARD:** Easy  
**DISTANCE:** 11 kms  
**LEADER:** Alister Rowe  
**TRANSPORT:** Private  
**AREA:** Western Port  
**MAP REF:** Melway maps 164 and 192

Meet at 10.30am in the car park near Hastings Yacht Club adjacent to Hastings Jetty (Melway 154, K11). We will walk along the Bittern Coastal Wetlands Boardwalk to Jacks beach and return. We'll then drive to the Merricks Station Reserve, have lunch and then walk to Red Hill and back. We might have afternoon tea at Red Hill.



**DANDENONGS EXPLORER**

**LANGWARRIN FLORA & FAUNA RESERVE**

**DATE:** Saturday 22 November, 2008  
**STANDARD:** Easy  
**DISTANCE:** 8 kms  
**LEADER:** Bob Steel  
**TRANSPORT:** Private  
**AREA:** Frankston – Langwarrin Area  
**MAP REF:** Melway Map 103

Meet at the car park in McClelland Road, Langwarrin (Melway map 103, C10). Drive down the new Eastlink Freeway (tollway!) to Frankston then take the Cranbourne Road to McClelland Road. Meet to start walking at 10:30.

We will walk along various tracks within the Reserve. I will try to make it 8 kms but may be shorter. We will then drive to Ballam Park in Cranbourne Road (Map 103 B4) for a late BBQ lunch to celebrate the end of the year of Saturday Walks. (There are no facilities at the Flora & Fauna Reserve). Book with Bob Steel.



**SUNDAY BUS**

**JAN JUC - ANGLESEA**

**DATE:** Sunday 23 November, 2008  
**STANDARD:** Easy & Easy/Medium  
**DISTANCE:** 13km and 16km  
**LEADERS:** Max Casley & Fay Dunn  
**TRANSPORT:** 9am Bus from Southbank Blvd  
**AREA:** Anglesea  
**MAP REF:** Anglesea 1:25,000 and maps to E, NE & N

This area has beautiful coastal scenery and bush and is part of the "Surf Coast Walk". Both walks start beyond Torquay near Bells Beach and go through Ironbark Basin, which has interesting flora and fauna as well as the remains of a jarosite mine (the mineral pigment used on the old red rattler trains). The walk continues through ironbark forest, heathland and along the cliff top to Point Addis, where we may glimpse a rufous bristlebird. Alternatively, we could bypass the Basin by walking along the beach instead because the tide will be low. Then we will continue along the beach and clifftops to Anglesea with ocean views on the way.



**SUNDAY BUS**

**LAKE ELIZABETH**

**DATE:** Sunday 30 November, 2008  
**STANDARD:** Easy/Medium & Medium  
**DISTANCE:** About 13km & 17kms  
**LEADERS:** Lynda Larkin & Halina Sarbinowski  
**TRANSPORT:** 8.45am Bus from Southbank Blvd  
**AREA:** The Otways  
**MAP REF:** Walking the Otways E10

Nestled in a remote area of the Otway State Forest lies beautiful Lake Elizabeth. Created by a huge landslide that occurred in the headwaters of the East Barwon River during a period of unusually heavy rains in June 1952, the lake and its surrounding rainforest is testament to the extraordinary beauty that can unfold when Nature does something unexpected.

Come on a special adventure with us along undulating, well-formed tracks through tall-timbered forest and be rewarded by the vision of this masterpiece of Nature, in an area now listed as National Estate by the Australian Heritage Commission. Fortunately, its seclusion has allowed it to remain a relatively hidden treasure. For Your Eyes Only ... if you book early enough.



**PACK CARRY**

**CATHEDRAL RANGE**

DATE: 11-12 October, 2008  
 STANDARD: E/M  
 DISTANCE: 16 km  
 LEADER: John Fritze  
 TRANSPORT: Private  
 AREA: Cathedral Range State Park  
 MAP REF: Cathedral Range 1:25,000

This is one of the most spectacular walks within striking distance of Melbourne. We will start from Cooks Mill (after driving up on Friday or Saturday morning) follow walking tracks and minor roads to Sugarloaf Saddle, climb to the peak then scramble along the aptly named Razorback to our campsite between the Jawbones. On Sunday we will continue along the ridge to The Cathedral before dropping down to Neds Gully and returning to our cars via the Little River Track. We should be rewarded with excellent views, craggy rock formations and a profusion of wildflowers. The walk will be challenging in places, but conducted a pace to suit slower walkers.



**PACK CARRY**

**MIRIMBAH SPUR – MT BULLER – MT STIRLING**

DATE: Friday 14 November to Sunday 16 November, 2008  
 STANDARD: Medium (hardish)  
 DISTANCE: 30km  
 LEADER: Gina Hopkins  
 TRANSPORT: Private  
 AREA: Mt Buller – Mt Stirling  
 MAP REF: Buller-Stirling Outdoor Leisure Map 1:25,000

This walk involves visiting two of the highest peaks in Victoria, with magnificent views. We'll start at Mirimbah and climb up the Mirimbah Spur and the McLaughlin Shoulder to the summit of Mt Buller. I haven't been up this way before, which is why I want to do it now. From the summit we'll look across to Mt Stirling, our destination for the night. We'll head down through Buller village (maybe even stopping for a coffee along the way), then down to Howqua Gap and up the other side to Mt Stirling. We'll camp somewhere not far from the summit, maybe near Bluff Spur Hut if the weather is unkind. After a visit to enjoy the view from the Stirling Summit, we'll return to Mirimbah via the River Spur trail and the Delatite River walking track. The river track crosses the river several times so be prepared to have wet feet at the end of the walk.

We'll meet at Mirimbah picnic area at 8am to get an early start on Saturday. Friday night's suggested camp site is just north of Sawmill Settlement, about 100m past the picnic area.



**PACK CARRY**

**WILSONS PROMONTORY**

DATE: Friday 24 October to Sunday 26 October  
 STANDARD:  
 DISTANCE:  
 LEADERS:  
 TRANSPORT:  
 AREA:  
 MAP REF:

Depart Port Welshpool 10:30am on Friday. The plan is still to have one party dropped at Johnny Souey Cove and the other at Tin Mine Cove with a pack carry between the two on Saturday and a pick up by boat on Sunday. HOWEVER, Jeff (the boatman) has concerns about the swell and easterly wind at that time of year, and may have to drop all 12 of us at Tin Mine. In that case, Tin Mine would be a base camp (including for day walks) for one party and a pack carry to Johnny Souey Cove for the others with no guarantee of a pickup. This might necessitate a return walk to Tin Mine on the Sunday morning.

With 12 people, the boat will cost \$130, plus plus \$14.20 in parks fees.



**PACK CARRY**

**BUFFALO PLATEAU – THE BIG WALK**

DATE: 28-30 November, 2008  
 STANDARD: Medium  
 DISTANCE: 27km  
 LEADER: Agajan (Mohammad) Akbari  
 TRANSPORT: Private  
 AREA: Mt Buffalo (The Chalet- Lake Catani)  
 MAP REFERENCE: Map 1:25000, VICMAP, Eurobin 8224-1-3, Zone 55 & Map 1:3000 Mt Buffalo forest activities published by rooftop mapping services

This is a quite spectacular walk that takes in the views surrounding Mt Buffalo Chalet.

The walk starts at the foot of Mt Buffalo before the Gatehouse. After crossing Eurobin Creek, the track climbs steeply for 2 km through pleasant, tall forest. There are few roads crossings, and Mackeys Lookout, which offers excellent views, is near the fourth road crossing. The walk continues across the face of open granite and Buffalo Gorge, with more great views.

There are many lookouts and views and the total climb will be about 1040m. We visit Bebt's Lookout near the chalet car park. We plan to camp overnight at Lake Catani campsite and return to the cars by Sunday lunchtime. We could visit Bright

for refreshments or lunch before heading home. This walk is worth the effort for the spectacular views. Contact me if you are interested.



**PACK CARRY**

**MT COBBLER – THE RAZOR – MT BUGGERY**

**DATE:** October 31 - November 4, 2008  
**STANDARD:** Medium  
**LEADER:** Jopie Bodegraven  
**TRANSPORT:** Private  
**AREA:** Beyond Mansfield  
**MAP REF:** Howitt-Selwyn 1:50,000. Rooftops Bright-Mansfield Adventure Map. S Brookes Watersheds of the King, Howqua & Jamieson Rivers

This is one of those classic trips in the Victorian Alps taking in several of the big-name peaks – Cobbler, Koonika, Speculation and the Razor – but with a twist. The Razor, one of our hardest to get to peaks, will be done as a side trip with daypacks from a two-night base camp at Mt Speculation. We will see first-hand the aftermath of the recent bushfires here and we will also be helping with a weed survey being carried out by the Federation.

We start day one down on the King River and climb up 700m to camp just below Mt Cobbler. Be prepared to walk down a fair way to get water from this ridgetop campsite. Day two we do the 1 km side trip to rocky Mt Cobbler and then amble briskly the 13kms along the ridge to our two-night camp just east of Mt Speculation. Day three is a 14km side trip out to the spectacular Razor with over 1100m climbing; and day four is the walk over Mt Buggery and down Queens Spur back to our cars. No car shuffle required as our walk is a circuit.

I strongly recommend a light pack consistent with all the essential gear for possible foul alpine weather. Total distance is about 39km with packs over three days plus 18km of side trips with a day pack. You can, of course, opt out of the side trips if you wish. Don't forget a day pack and a water bladder as at both camps we will need to carry water some distance.

Because we will have daylight saving, we will aim to camp Friday night near the start of our walk at the King River GR 620929 on the Howitt-Selwyn 1:50,000 map. We will start walking at 8.30am on Saturday. The alternative is to camp back towards Mansfield at, say, Carters Mill and drive the Stirling Ring Road in daylight.



**CYCLE BASE CAMP**

**SOUTH GIPPSLAND HILLS & GREAT SOUTHERN RAIL TRAIL**

**DATE:** Saturday 25 October, Sunday 26 October, 2008  
**STANDARD:** Easy/Medium  
**LEADER:** Jopie Bodegraven  
**TRANSPORT:** Private  
**AREA:** South Gippsland  
**MAP REF:** Warragul & Wonthaggi & Foster 1:100,000. GSRT brochure. VicRoads & RACV maps

South Gippsland is beautiful in spring, with rolling green hills and extensive views. We will do two separate day rides, starting with a Saturday morning start and staying Saturday night at the Korumburra Tourist Park with dinner at the Austral Hotel. Sounds civilised to me!

We will meet at 9.30am on Saturday at the main junction in Loch (where the road to Cape Horn heads south). There is a coffee shop and, if I remember correctly, a bakery there for the early birds. We then do a 2km car shuffle to our starting point at Cape Horn Lookout so that we start 120m higher than our finish. Yippee! The ride takes us along open ridgetops with wonderful views to Westernport and to Bass Strait as well as beautiful valley sections. There are, of course, ups but they are not too steep and the corresponding downs are great fun. Total distance is about 54km but there is a shortcut that can reduce this to 46km if needed.

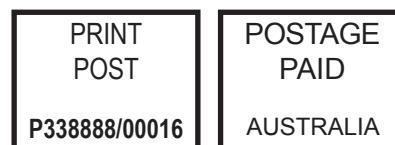
We will need all our food and water as there is none en route. On Sunday we ride the Great Southern Rail Trail from Leongatha to Foster. This is 50km and includes the new bridge over the Tarwin River. We will need to do a 38km car shuffle first, as it is not a circuit. There will be water and possibly coffee stops along the route. There is plenty of camping room at the caravan park. If you wish to use an onsite van or cabin, contact the caravan park direct on 5655 2326 for enquiries & bookings. So join me for a fun weekend.



Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 9.00am. Leader or deputy will be there rain, hail or shine!

October				
10-12	PC: Cathedral Range	Private	E/M	John Fritze
Sun 12	Wonthaggi Heathlands and Wetlands	Bus	E & E/M	John McCall & Hans Baer
15	Steiglitz Walk	Private	E/M	Ed Neff
17-19	Federation Weekend	Private	Var	Katrina Murphy coordinator
Sun 19	The Monk Walk: Castlemaine - Vaughan Springs	Bus	E & E/M	Mick Noonan & Les Southwell
20	Murrindindi River	Private	E	Alister Rowe
Sat 25	Mt Dandenong - Ferntree Gully	Private	E/M	Graeme Walkden
25-26	Cycle BC: Korumburra - Sth Gippsland	Private	Var	Jopie Bodegraven
Sun 26	Murrindindi Cascades - Wilhelmina Falls	Bus	E/M & M	Jan Colquhoun & Peter Leech
	<b>Melbourne Cup Long Weekend</b>			
31 -4 Nov	PC: Mt Cobbler/ The Razor/ Mt Buggery	Private	M	Jopie Bodegraven
31- 4 Nov	PC: Pine Valley	Private	M	Mohammad Akbari
31- 4 Nov	BC: Conglomerate Creek	Private	Var	Lance Mobbs

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	<b>Mobile:</b>		<b>Mobile:</b>
<b>Email:</b>			
2008 SUBSCRIPTION INFORMATION			
<b>Membership</b>	<b>Ordinary:</b> Single \$40 per year / Couple/family \$65 per year	<b>Concession: (proof required)</b> Single \$30 per year / Couple/family \$38 per year	
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