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THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

JUNE 2009

**THANKS TO ALL FOR SUPPORTING
THE SUNDAY BUS**

**IT IS A MOST CHERISHED PART OF
MELBOURNE BUSHIES**

SUNDAY BUS BOOKING PROCEDURES



Payment Methods to secure a seat:

Members:

1. Pay in the clubrooms by the Wednesday night prior to the day of a walk – you can book up to 4 weeks ahead.
2. Send in a cheque ensuring that it reaches the clubrooms by the Wednesday night prior to the day of the walk.
3. Purchase pre-payment vouchers from the Treasurer or Walks Secretaries in the clubrooms and send an email to busbookings@mbw.org.au advising the voucher number and date/name of walk. Vouchers may also be posted as per cheques.
4. Use a credit from a cancelled walk and send an email to busbookings@mbw.org.au advising the date/name of walk.
5. Use a bank-to-bank transfer via the internet. (see details under “Frequent Questions” on our website at www.melbournebushwalkers.org.au).
6. Go to an ANZ bank branch and deposit directly into the club’s bank account (013-006 005846013). Give the date of the walk and your phone number as the reference (eg. 170590762461 for 17th May) and send an email to busbookings@mbw.org.au or contact the leader of the walk giving your details and the reference.

Visitors (Temporary Members):

We need you to speak with a leader of the walk so they are assured that you are capable of doing the walk. This limits you to personally visit our clubrooms on a Wednesday night prior to the date of a walk, up to 2 weeks ahead, when the leaders will be available in the clubrooms.

REMEMBER - MEMBERSHIPS ARE NOW DUE

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

Royal Historical Society of Victoria

**239 A'Beckett Street
Melbourne**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc

MEMBER OF

**Bushwalking
Victoria**



PO Box 1751
MELBOURNE VIC 3001

www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: **Catherine Cardinet**

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

Please note:

Next committee meeting will take place on

MONDAY 6 JULY 2009

TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

2009 Activity Dates

Leader contact details

July 12 Freeman's Mill (Bunyip sate Park)	Graeme Kidd
August 23 Walk into History track (Powelltown area)	David Rimmer
Sept 2-13 Grampians	Rod Novak
Sept 27 Condon's Track (Yarra Ranges)	Steve Robertson
Oct 5 Condon's Track (Yarra Ranges)	Steve Robertson
Oct 31 – Nov 1 Stronach's Camp (Baw Baw NP)	Geoff Kelly

SOCIAL NIGHT



SLIDE & INFORMATION NIGHT

WED 3 JUNE

8 PM at the Clubrooms

Mohammad invites you to **Tour Mount Blanc**

Walking in France, Italy and Switzerland

WED 24 JUNE.

Next wine and cheese night :

WED 15 JULY - 8PM.

Susanna and Maddie's slide night with tapas

Reports

PRESIDENT'S CORNER

We are now starting activities with our Winter Program and it is hoped that as many members as possible will get involved in the scheduled walks, base camps/lodge trips and cycling trips that are offered. Please keep in mind the various payment methods provided for the Sunday bus, which now make it easier for members to book on trips without coming into the clubrooms.

In regard to our website, Tony Ralston, Website Manager will be handing over this role to Julian St. John in the next month or so. A changeover period will apply during June and July. I take this opportunity to say "Thank You" to Tony for such a wonderful job over the last few years. Our website has a vast amount of information on it and members are encouraged to keep updated on its content.

Separately in this month's NEWS, there is a note from Graham and Marijke Mascas who are resigning from the Club after 40 years' membership. An article about them, which was recently published in the Bairnsdale Advertiser is on the notice board in the clubrooms, and many of the "old" members may be interested in reading it.

Margaret Curry

MEMBERSHIP SECRETARY - PLEASE READ

After approximately 16 years as Membership Secretary, Peter Havlicek is standing down. The Club therefore requires someone to fill this role which currently involves receiving subscriptions, maintaining the Register of Members and co-ordinating the printing and sending out of the monthly Club NEWS.

If you can assist in any aspect of the above or know someone who may have the required skills, could you please contact Margaret Curry or another committee member.

EQUIPMENT

Buy locally?

We occasionally feel a little sheepish about our Internet purchase recommendations but the mood soon vanishes when we consider the facts. Not only does the industry tolerate huge price discrepancies but even perpetuates them with artificial export impediments. On top of this the Chinese produce the stuff for tuppence and we pay through the nose for it. Its time those charged with equipment distribution ended their complacency and devised a more efficient system!

Easy pickings!

If you like the idea of free gear visit the Australian Consumers' Association's website www.choiceswitch.com.au. Within minutes you will be able to find and sign onto the best available gas and power deal/s. Be sure to put your savings in bushwalking and GreenPower!

Fabric swatch

If you are interested in making your own gear you will find a fabric swatch on the clubroom notice board. Even if you are not you will still want to inspect the amazing Cuben fibre sample. At four times the strength and half the weight of Kevlar this 11g/m² laminate redefines the meaning of "lightweight"!

John Fritze

Reports

SOCIAL EVENT

WEDNESDAY 22 JULY. THE JOHNSTON COLLECTION

What, you've never been to the Johnston collection? Always meant to visit? Come on, let's make this a Bushies' Social Event and head to East Melbourne this coming Wednesday, 22 July.

Meet at Parliament Station at 11am and we will walk across Treasury Gardens to the Hyatt for the midday tour (this is the designated meeting point). Afterwards we can amble over to Fitzroy for a late lunch.

You MUST BOOK AND PAY with Susan Maughan, Social Secretary no later than 15th July. Susan will be in the Club Room that night for the El Camino slide show. The cost is \$ 22 or \$18.50 for Seniors.

Please contact Susan

PHOTO COMPETITION FOR 2010 BUSHWALKING VICTORIA CALENDAR

Following the success of the 2009 Bushwalking Victoria 75th Anniversary calendar, BWV has decided to produce a 2010 calendar. All proceeds from the sale will go to the BWV Bushfire Recovery Fund. All members are invited to enter a competition for photographs to be used in the 2010 calendar.

Criteria:

- .. Photographs must have been taken in Victoria
- .. Primary focus in photographs should be the landscape, not people (people are OK but should not be the predominant feature)
- .. Only digital colour photos in JPEG format may be entered

There are two categories:

Category 1: These will be used as the photo of the month and printed in approximately A4 size. Photos must be high resolution (minimum of 5 mega pixels), landscape orientation. No image manipulation is to be used)

Category 2. These will be used on the calendar details page and will be printed approximately 5cm x 5cm in size. Photos must be as high resolution as possible, landscape orientation preferred, but portrait orientation is acceptable. No image manipulation is to be used.

Copyright remains with the photographer, but the photographer assigns Bushwalking Victoria the right to use the image free of fees or royalties in the Bushwalking Victoria 2010 calendar, on the Bushwalking Victoria website or in any other Bushwalking Victoria promotional material.

How to enter:

Images may only be submitted on CD or DVD

Maximum of 3 photos per photographer

An entry form to accompany entries is available on the "What's New" page of the Bushwalking Victoria website, <http://www.bushwalkingvictoria.org.au>

Closing Date is **30th June 2009**

Winning photographers in each category will receive 5 free copies of the calendar

Noticeboard

SUGGESTIONS INVITED - WILKINSON FUND

At the Bushies 2009 AGM, it was decided to further explore options concerning the Wilkinson Account. On behalf of the Committee, I will be collecting members' ideas and/or suggestions. Please forward to me, in the Clubroom, on a walk, by phone, or by email
Looking forward to your suggestions.

Rod Novak

SUNDAY BUS SURVEY

The results are now loaded on the Club Website
Please find them under 'About MBW' & "Download Documents"

Mick

MARRIAGE CONGRATULATIONS!

Congratulations go to Ruth Reid and Maurice Ryan on their recent marriage, which took place on April 24, 2009 at St. Anthony's Church, Alphington.

Best wishes to you both from all at
Melbourne Bushwalkers!



Maurice and Ruth

FIRST-AID TRAINING

Melbourne Bushwalkers is offering members (and particularly encouraging leaders) the opportunity to attend a First Aid Training Course. This is suitable for those wishing to gain a First Aid Certificate and also for those who need to renew their skills particularly in the area of Cardio Pulmonary Resuscitation (CPR).

The course provides participants with the skills and knowledge required to recognize and respond to life threatening emergencies using basic life support measures only. It includes:

- performing CPR
- care of the unconscious casualty
- infection control
- asthma, choking, heart attack
- bleeding, shock, allergic reaction
- burns, eye injuries
- extremes of heat and cold
- bites and stings
- lifting techniques
- bandaging procedures

This is a Level 1 'Outdoor Special' entitled "Provide Basic Emergency Life Support". Assessment will be by "demonstration of practical skills and summary evaluation questions". A Statement of Attainment will be issued upon successful completion. It is a nationally recognized course and it should be updated every 3 years with the CPR unit being updated every 12 months.

The course will run from 8.45am – 5.00pm on Saturday 4th July at The First Aid Management & Training Centre Pty Ltd. Suite 1, 47 Railway Road, Blackburn, Tel: 9894 1013. Cost to members will only be \$15 per person as Bushwalking Victoria and also Melbourne Bushwalkers will subsidise the course. We require a minimum of 10 members, up to a maximum of 20 for the course to be held. Bookings essential with payment of \$15 to either Margaret Curry or Ray Spooner (Treasurer) by Wednesday, 24th June.

Noticeboard

ADVANCE NOTICE - BUSHWALKING VICTORIA 75TH ANNIVERSARY CELEBRATION

Tree Planting Weekend at Lurg Hills - 8 & 9 August.

All welcome.

Come along for a fun weekend digging holes and planting seedlings with fellow bushies from all the BV clubs.
Club Contact: Rod Novak.

MELBOURNE CUP WEEKEND.

Vacancy's still available for a pack carry in the royal n.p. and heathcote N.P. N.S.W. ON 30 OCT-3 NOV 2009

Although graded E/Medium Saturday has a 20 km walk and Sunday 17 km all on track with few hills.

Victoria is a great State for bushwalking but lots of us have done many of the walks available.

This is an opportunity to visit the world's second oldest N.P. having been established in 1879.

Although it's only 30 km from Central Sydney there are some remote sections in this beautiful park. A 28 km walk along the coast has only two places with road access. The Hacking River flows through the park and the inland is rugged. Last spring the flowers far surpassed the Grampians.

Friday. Train from the Airport to Cronulla for overnight accommodation.

Saturday. Ferry across Port Hacking to the Park and walk south along the coast.

Sunday. Continue along the coast, a 20 minute train ride, and then walk to camp at a waterfall.

Monday. West to Heathcote N.P. and camp by a pool.

Tuesday. Beautiful walk to Waterfall Train Station and return to the Airport.

Cost for accommodation Friday night, Ferry, Camp fees, and all train fares approx \$90.00, plus air fares.

There will be a Party limit and early bookings are essential to obtain cheap air travel.

If interested please give Bob Oxlade a call.

FOR SALE

Large travel back pack. Katmandu brand. Straps zip away in enclosed section. Separate zip up section for tent/sleeping bag.

Used on only 2 trips. EC. \$100.

Lynn James

GOURMET DEHYDRATED MEALS!

No time to dehydrate your own meals
Tired of the "commercial" meals available
But still want to keep the pack weight down,

And pay less than full price?

Chefsaway gourmet meals are the answer

FREE TASTING NIGHT

8pm Wed 29 Jul 09

In the club rooms

View and taste the range from Vegetarian through to Lamb with Winter Vegetable

Purchase each 200gm meal for just \$10 (RRP \$14.95) and assist your club financially as well as getting a 33% discount off retail!

Roger Wyett

Noticeboard

A MESSAGE FROM GRAHAM AND MARIJKE MASCAS

It is with great regret that Graham and I have to resign from the Melbourne Bushwalkers after 40 years of membership.

Graham has cancer and cannot be cured, and I have a group locally of U3A members with whom I go walking when I can as Graham now needs a lot of care.

We have so many happy memories of very regular bushwalking in the '70's and '80's and less regularly so in the '90's

Arriving as new emigrants with 3 young children we were made so welcome with the bushies when Graham and I took it in tern going on day and weekend walks.

Graham was president for 4 years and walks secretary as well. I produced the newsletter on the old typewriter on Gestetner stencils.

We spent 13 very happy Christmases at Wilkie attracting anything from 3 to 20 members for the event and walks of several days' duration. We also had a few winter trips to Wilkie.

We went on many outback trips in our trusty old Falcon, kids piled in the back (no need for seat belts then) with several other members in their cars. Monique became a member in her own right until she married and moved to Canada for 4 years.

With fondest wishes to all who still remember us.

Regards,

Marijke and Graham Mascas

WILLIS'S WALKABOUTS

Mitchell magnificent

Mitchell Falls – a **tourist icon** – the only major site that most visitors see. We can show you more, much **more!**

Lower Mitchell Falls – a series of falls, cascades and pools – swim in them all.

Tidal Rapids – a waterfall that flows upstream or down with the changing tide.

Western Gorge – 5km of narrow, spectacular gorge headed by a 70m waterfall with four drops.

Special Offer

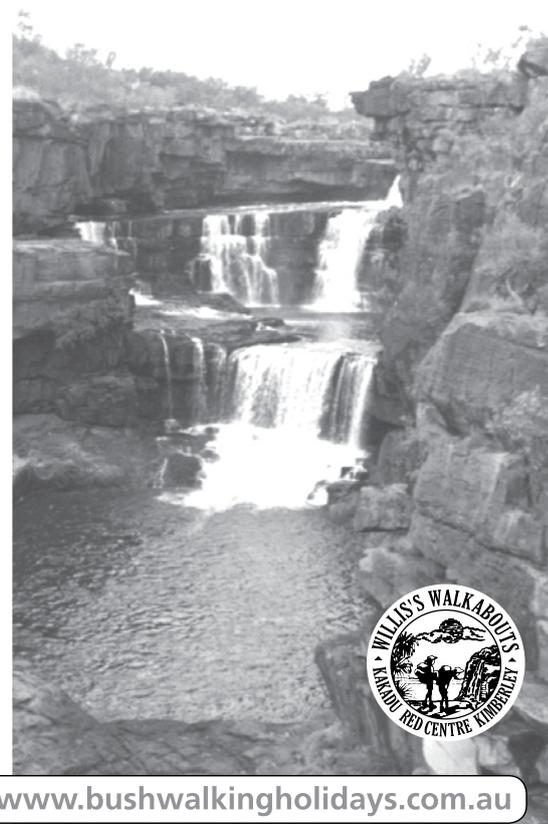
**Mitchell Plateau No. 3:
16-29 August 2009**

Club members who quote this ad will receive a special 20% discount.

Join our vehicle and get free transport from Darwin to Kununurra to join the trip. We may be able to offer free transport back to Darwin at the end.

Ask us for details.

See the **Availability** and **Specials** page on our website for all current special offers.



12 Carrington St Millner NT 0810 Email: rrwillis@internode.on.net

www.bushwalkingholidays.com.au

Phone 08 8985 2134 Fax 08 8985 2355

Reviews

TASMAN COASTAL TRAIL - EASTER PACK CARRY

Friday 10 April 2009

Amidst the serenity and beauty of a rugged isle a group of adventurers set forth. From Devil's Kitchen we absorb our first glimpse of nature's handiwork; rock platforms, sea caves, tunnels and stacks, the best still to come! With spirits high and laden packs the first day begins 19km up, up and up.

Our loads are briefly forgotten as a flash of colour settles on an over hanging branch and intermittent trills break the silence. The trek continues through tall eucalypt forest descending into damp, fern gullies, draped in carpets of moss with vibrant fungi enticing. The clear waters of Fortescue Bay are a welcome sight tents are pitched amongst the towering gums and in the midst of possum territory! Stars dust an indigo sky, owls hoot and water laps the shore as we ponder tomorrow's delights.

Eleonora Axelsson

Saturday 11 April 2009

There was a spring in our steps and lightness on our backs as we set off for the four hour return trip to Cape Huay with day packs. Dale, the helpful ranger at Fortescue Bay, had agreed to store our packs in his office until our return at lunchtime. The weather was grey but calm which made for pleasant walking.

After the junction with the track to Mt. Fortescue, we rock-hopped down the steep descent to the saddle before a series of undulations led us to the end of the cape. People were soon pausing to photograph sheer columns of rock plunging to the ocean far below. The cliffs here are spectacular, and very scary if you get too close to the edge! The track ended at a rocky platform with a view of a formation called "The Monument" rising from the sea. To the North Maria Island could be distinguished through the haze, and to the South we could see tomorrow's destination, Cape Pillar. Then it was back to the track junction by 11.00 am to satisfy Bob's carefully planned itinerary.

Following lunch in the sunshine at Fortescue Bay, we hoisted on our packs to commence the Cape Pillar walk, with Bob's promise that it only crossed a couple of contour lines. At Bare Knoll we surprised a honeymoon couple who thought they'd found a remote place to camp. Suddenly the small campground became high density living, with more tents being pitched in small spaces between the trees to form the "outer suburbs".

After dinner Alan got our brain cells working by pitting males against females for a game of Trivial Pursuit, but tired muscles and cold darkness soon had people drifting off to their tents. As we settled to sleep, however, the possums came out to cavort and search for food. The moonlit bush was alive with scratchings and squeakings and perhaps a Tassie Devil or two.

Deb Shand



Sunday & Monday 12 & 13 April 2009

Off we went to Cape Pillar with our day packs. After an hour we were enjoying the fabulous rock stacks that Cape Pillar is famous for. From the top of dolerite columns dropping up to 300 meters straight into the sea we saw pleasure boats below made small by the height. We could also see Tasman Island complete with light house just off the Cape.

Monday morning saw us up early for a two hour walk back to Fortescue Bay for a swim in a pristine bay. Then we had a leisurely picnic in the sunshine on the lawn while we waited for our chartered bus to take us directly to the Airport. No wasted time, all organized end to end by Bob.

On behalf of the group let me thank Bob Oxlade for his third annual Easter trip to Tassie. Bob got us all to Cape Pillar, about 57km return, we all had a terrific time and as a bonus he organized great walking weather.

Our group was Linda Stewart, Dianne McKinley, Eleonora Axelsson, Phillip Geschke, Bob Oxlade, Roy Rossebo, Jan Colquhoun, Deb Shand, Fang Fang, Carolyn Braun, Leo Lynch, Rosemary Martyn, Brian Wallbank, Patricia Birley (Brian's sister from NZ), Richard Hanson, Delwyn Franks, Allan Martin, Agajan Akbari and Philip Brown

Richard Hanson

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:
http://www.melbournebushwalkers.org.au/activities/Walks/MBW_walks_program.htm

****CHANGE TO DANDENONG EXPLORER WALKS****

Due to a range of factors the Dandenong Explorer walks will be reduced to one or two per seasonal calendar and none in summer.
 In the Winter program the first Dandenong Explorer will be on Saturday 25th July, and the one following on the 22nd August.
 However if anyone would like to lead an extra Dandenong Explorer in the Winter program (or any other season) just give me a ring. Maureen Hurley (9482 6954)



BASE CAMP



BASE CAMP

WILSONS PROM - TIDAL RIVER

DATE 5 - 8 June Queens Birthday W/E
 STANDARD Easy
 DISTANCE Various
 LEADER Michael Mann
 TRANSPORT Private
 AREA Wilsons Prom NP

This will be an easy relaxing base camp based in Tidal River camping ground. People can do longer walks if they wish. I am not sure which walks have been affected by fires but will find out when we get there.

It is advisable to book camping sites as this is a long weekend so let me know asap if you are coming so that sites can be booked.

MALLEEFOWL NEST SEARCH – WEDDERBURN AREA

DATE 3 - 5 July
 STANDARD Easy
 DISTANCE Various
 LEADER Doug Pocock
 TRANSPORT Private
 AREA Wedderburn area

Please discuss this walk with the leader on the relevant booking nights and also check the Club's website.



TOFS

PATTERSON LAKES AND CARRUM BEACH

DATE Thursday 2 July
 STANDARD Easy
 DISTANCE 11 km
 LEADERS Alister Rowe Tel: 9435 5958
 TRANSPORT Private
 AREA Patterson Lakes
 MAP REF Melway 97

Meet at 10.30 am in Legana Court (Melway 97 J4). Legana Court must be accessed from Wells Road and NOT the freeway. We'll walk down the north bank of Patterson River to the beach and along the beach to Seaford. We return via the Kananook Creek. This is a very attractive walk. Plenty of hard sand on the beach and Kananook Bushland is pleasant.

Return to the cars about 3 pm.





SUNDAY BUS

RED HILL WINERY WALK

DATE 5 July
STANDARD E & E/M
DISTANCE 10km & 16km
LEADERS David Laing & Peter Leech
TRANSPORT Bus from Southbank Blvd
MAP REF Melway 190, 191 & 192

This walk visits a new winery (as far as I can see) for these walks. We start at T'Gallant, then Red Hill and finally Stoniers and/or the Merricks General Store. Stoniers is a 2 minute walk from the general store.

T'Gallant is a small friendly winery that refunds the \$5 per head tasting fees based on the group purchases. It also has a café attached which may interest those not tasting.

Red Hill is a larger concern with \$5 per head tasting fee per head refunded individually on purchase. This winery has great views of the Merricks coast line.

Merricks General Store charges \$3 per head for tasting (I think not refundable) but wines available from 3 different wineries. The general store also has coffee etc options for those not wine tasting and it is at the end of the walk. It is a genuine historic rural store built in 1927.

Stoniers (about 2 minutes from general store) were not so accommodating for groups but small numbers going across would be OK with \$4 tasting fee.

The walk is on various roads initially but the last 5km is on a rail trail from Red Hill South to Merricks. I was not able to preview this section but it is reported to have fantastic views, pine forests and vineyards along the way. The bus should be available at each winery to avoid the need to carry any purchases.

The longer walk has an additional approx 6km loop added but both walks visit the same wineries.

untracked spurs, you can connect up the bits to make some interesting and pleasant walks. It is also one of the areas not affected by the recent fires and it is a good area to sharpen up your navigation. Bring a compass and I'll try to remember to bring some photocopy maps.

We will meet at 9.00am at the top car park directly off Keilor Park Drive overlooking Brimbank Park, Melway Ref 15B9, and just off the Calder Freeway. Leave the Calder Freeway at the Ring Road exit and follow the signs to Keilor Park Drive. From there we will car pool to our walk area. Ring me to book, but not before 29 June as I'm not back from o/s till then.



SUNDAY BUS

INGLISTON GORGE - FALCON LOOKOUT

DATE Sunday 12 July
STANDARD Easy-medium & Medium
DISTANCE 12km & 14 km
LEADERS Hans Edlinger & Lynda Larkin
TRANSPORT Bus from Southbank Blvd
AREA Werribee Gorge State Park
MAP REF Victoria's Parks- Lerderderg and Werribee Gorges.

Geological features and great views will be the main attractions of this moderately challenging Winter walk in Werribee State Park, approximately 15 km south-east of Bacchus Marsh. Although the distance of each walk is not long, we will not be rushing as we traverse undulating walking tracks and steepish slopes through Ingliston and Ironbark Gorges and the walking tracks to Falcons Lookout and the Granites.

The Granites are not a very well-know feature, but are comprised of an outcrop of large boulders strewn across the southern side of the Werribee River valley north-west of Falcon's Lookout. As well as this, some huge ancient river gums adorn the valley, enough to inspire any Heidelberg artist.

Despite evidence of the effects of prolonged drought, the forest and surrounding landscape in this area retain a certain beauty and magic that make it worthwhile sacrificing a sleep-in on Sunday morning to come along and experience it... and honestly, can you think of any better way to warm up, enjoy the natural environment, be in good company and work off a few unwanted kilojoules all at the same time on a cold day in July? Think about it... and book early!



WEDNESDAY WALK

PYRITES CREEK

DATE Wednesday 8 July
STANDARD Easy/Medium
DISTANCE 10km
LEADER Jopie Bodegraven
TRANSPORT Private
AREA South of Gisborne
MAP REF Toolern Vale 1:25,000

This is a 10km ramble through dry rocky forest in the headwaters of Pyrites Creek with some on track, some off track, some steepish ups and downs although not too long, some views, some light scrub which is a bit prickly in parts, and some probably dry creek beds. The short distance is so that we can take our time doing it and stop often on the ups. It is in an area that intrigues me because it is so relatively close to Melbourne but so little used. This seems to be because the tracks within it don't connect, but if you use some of the relatively easy



CYCLING

LANCEFIELD – PYALONG LOOP

DATE	Saturday 18 July
STANDARD	Medium / Hard
DISTANCE	55 km
LEADER	Howard Friend
TRANSPORT	Private
AREA	Macedon Ranges / Mitchell
MAP REF	

This is one of the best road cycle rides within close proximity to Melbourne and forms the second half of the annual 110 km MAD ride run by the Melbourne Bicycle Touring Club. The roads are all sealed and there is reasonably little traffic. Some long climbs are compensated by some good descents. The ride is through farmland & the landscape includes granite outcrops & boulders. There is a small shop in Pyalong but I recommend you bring your lunch & snacks. We will meet in High Street, Lancefield, be ready to depart at 9.30 am. I cannot make it into the clubrooms on Wednesday evenings so if you require more information or wish to book, please phone me –



SUNDAY BUS

GUNNAMATTA BEACH – CAPE SCHANCK

DATE	19 th July 2009
STANDARD	Easy & Easy/Medium
DISTANCE	15 and 18kms
LEADER(S)	Halina Sarbinowski & Paul Logsdon
TRANSPORT	Bus from Southbank Blvd – 8:45am
AREA	Mornington Peninsula

The E/M walk will commence at Number Sixteen beach with only a short walk along the beach before having to ascend to the cliff tops to pass Orr Point, then back down to the beach again to Rye Back Beach, the start of the Easy walk. Both walks will follow the beach line until Fingal Beach prior to making their way up to Cape Schanck Lighthouse. Along the way we will walk through the iconic Gunnamatta Surf Beach and also St. Andrew's Beach.

This area is a great area to walk in. It doesn't matter if the weather is great and you can see Cape Schanck from the very start of the walks, or whether it is stormy and the mist obscures the cape and the crashing waves thrill the senses. The rock pools are a delight to explore and the board walk at Cape Schanck leads to some of the best views of the rock formations in the area. We may also be lucky and sight the pod of whales that visit this area each year. This is a great walk not to be missed. N.B. Note change in walk leader.



MOFS

ALPHINGTON WETLANDS & DAREBIN PARKLANDS

DATE	Monday 20 July
STANDARD	Easy
DISTANCE	10km
LEADER	Jean Giese
TRANSPORT	Private
AREA	Alphington
MAP REF	Melway 31 and 45

This walk is in two parts: the Alphington Wetlands (not Fairfield as advertised in the Winter Activities Program) before lunch and then a short drive to the nearby Darebin Parklands for the afternoon.

Meet at the Alphington Park (Melway 31 C11, parking in View or Riverview Streets) to commence walking at 10.30am. Book with the leader.



SATURDAY WALK

SILVAN DAM AREA

DATE	Saturday 25 July
STANDARD	E
LEADER	Doug Pocock
TRANSPORT	Private

Please discuss this walk with the leader on the relevant booking nights and also check the Club's website.





LODGE ACCOMMODATION



SUNDAY BUS

BLAIRGOWRIE - "CHRISTMAS IN JULY"

DATE	24 - 26 July
STANDARD	Easy and Easy/Medium
DISTANCE	Various (5 - 13 km)
LEADER(S)	Margaret Curry
TRANSPORT	Private
AREA	Mornington Peninsula
MAP REF	Melways 167:H3

WONGA PARK - WARRANDYTE

DATE	26 July
STANDARD	E/M and M
DISTANCE	16 and 18 km
LEADERS	David Elias & Carol Sisson
TRANSPORT	Bus from Southbank Blvd at 8:45 am
AREA	Between Warrandyte and Wonga Park
MAP REF	Melways 23, 24 and 279

On Saturday and Sunday a few different walk options will be available (depending on members' interests) – tentatively Saturday will be Bushrangers Bay/Cape Schanck and/or Fingal Beach and on Sunday we will walk around Point Nepean National Park. Other options are along the ocean beaches of Sorrento and Portsea, visiting the local wineries or spending a relaxing time at the Peninsula Hot Springs.

Dinner Friday night can be either at a local hotel/cafe or cook your own depending on time of arrival. Members will need to bring their own breakfast and lunch items for both days or else buy them locally. Saturday night the plan is to have a 'Christmas Dinner' at the lodge as well as a small Kris Kringle (maximum \$5).

On Friday and Saturday night we will stay at 'BayPlay', lodge style accommodation with double beds in some rooms or bunk style accommodation in others. Bring own towels, but all other linen, bedding, doonas are supplied, as is kitchen equipment. There are ample bathroom facilities, a large kitchen, diningroom and guest lounges.

Cost for accommodation will be \$80 for the 2 nights plus everyone will be asked to contribute to the cost of the Christmas dinner. BYO wine. Lodge payment is required at time of booking and bookings close 30th June. For information and bookings contact Margaret. Leader will be in clubrooms on Wednesday 17th and 24th June.



This is a delightful walk along the Yarra River, traversing the Warrandyte State Park. The walk commences at Mount Lofty with excellent views of the river and nearby ranges. We follow the river past a series of rapids and sharp bends, notably the Bend of Isles and Blue Tongue Bend, and we pass the remote outposts of Stane Brae & Yarra Brae. Kangaroos are plentiful in this park. Due to the close proximity to Melbourne, we should have plenty of time for a relaxing coffee at the end of the day.

Please be aware there is no formed track for part of the walk, and we have to make our way through light bush. Also, you will need to carry water for the entire day.



