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# THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

MAY 2009

**MEMBERSHIPS ARE NOW DUE - PLEASE SEE PAGE 4 FOR REMINDER**



**STOP**

**PRESS**

## **SUNDAY BUS (OR CAR POOL)?**

Unfortunately with decreased patronage and increased costs the Sunday bus is no longer paying its own way. The committee wants to avoid putting up prices so, for a trial period, if a minimum number of bookings (25 walkers) is not reached on the Wednesday night prior to a scheduled walk, a car pool arrangement will apply where possible, but may not always be viable. This happened for a walk in April with only 11 people booked by the Wednesday night.

### **HOW CAN YOU HELP TO AVOID THIS?**

1. Book early...ensure that your payment is received in the clubroom by the Wednesday prior to the walk. We are trying to make bookings easier and have introduced a number of payment options (see below).
2. Revise your own walk targets...aim for one walk per month (or a similar target) and use the bus.
3. Tell us of any group that you feel might be interested in coming along as visitors so that we can contact them and promote the bus.

### **PAYMENT METHODS TO SECURE SEAT ON THE BUS**

#### **MEMBERS:**

1. Pay in the clubrooms personally by the Wednesday night prior to the day of a walk – you can book up to 4 weeks ahead.
2. Send in a cheque ensuring that it reaches the clubrooms by the Wednesday night prior to the day of a walk.
3. Purchase pre-payment vouchers from the Treasurer or Walks Secretaries in the clubrooms and send an email to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) advising the voucher number and date/name of walk. Vouchers may also be posted as per cheques.
4. Use a credit from a cancelled walk and send an email to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) advising the date/name of walk.
5. Use a Bank-to-Bank transfer via the internet. (See details under "frequent questions" on our website at [www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au))
6. Go to an ANZ bank branch and deposit directly into the clubs bank account (013-006 005846013). Give the date of the walk and your phone number as the reference (eg. 170590762461 for the 17<sup>th</sup> May) and send an email to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) or contact the leader of the walk giving your details and the reference.
7. Turn up and pay at the bus on the day of a walk but you are not assured of a seat or that the bus will run.

#### **VISITORS (TEMPORARY MEMBERS):**

1. We need you to speak to a leader of the walk to be assured that you are capable of doing the walk. This limits your choices.
1. Pay in the clubrooms personally by the Wednesday night prior to the day of a walk – you can only book up to 2 weeks ahead when the leaders will be available in the clubrooms.
2. Turn up and pay at the bus on the day of a walk but you are not assured of a seat.

**THE SUNDAY BUS MAKES  
MELBOURNE BUSHWALKERS  
UNIQUE !**

**LET'S MAKE SURE THAT IT RUNS**

**EACH & EVERY SUNDAY**



are not

Where  
the  
bloody  
hell  
are  
you?

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

**Royal Historical Society of Victoria**

**239 A'Beckett Street  
Melbourne**

MEMBER OF



Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc  
PO Box 1751  
MELBOURNE VIC 3001

[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: **Catherine Cardinet**

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.**

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

Please note:

Next committee meeting will take place on

**MONDAY 1 JUNE 2009**

## TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

2009 Activity Dates	Leader contact details
12 - 13 Sept	Rod Novak
Grampians	
October	Geoff Kelly
Stronachs Camp	

**Club Rooms Duty Roster:      Treasurer present:**

**June 3    Jane Williams & Mark Heath**

June 10   Rod Novak & Carol Sisson    Yes

## SOCIAL NIGHT

**FRIDAY 8th MAY-SATURDAY 9th MAY  
THE INAUGURAL ARTS AND CRAFT  
SHOW**



**See Noticeboard for full announcement.**



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# Reports

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## MEMBERSHIP SECRETARY - PLEASE READ

After approximately 16 years as Membership Secretary, Peter Havlicek is standing down. The Club therefore requires someone to fill this role which currently involves receiving subscriptions, maintaining the Register of Members and co-ordinating the printing and sending out of the monthly Club NEWS.

If you can assist in any aspect of the above or know someone who may have the required skills, could you please contact Margaret Curry or another committee member.

## PRESIDENT'S CORNER

The Sunday bus makes Melbourne Bushwalkers unique. The committee has analysed the results of the Sunday Bus Survey and already taken action to introduce some of the recommendations in the hope that we can retain this form of transport for Sunday walks. However, unless members continue to use this service it is in danger of being discontinued. Please refer to the separate notice in this month's NEWS together with the various booking options. Sunday Walks Secretary – Halina Sarbinowski and her Assistant, Del Franks invite you to try out the on-line system at home or in the clubrooms.

Bushwalking Victoria's 75<sup>th</sup> Anniversary Walk which was planned for Mt Disappointment on Sunday 5<sup>th</sup> April was cancelled due to the horrendous bushfires. A special tree planting weekend is now to be held on Saturday 8 and Sunday 9 August in lieu of this Anniversary function. This will be the key event in Bushwalking Victoria's program to bring together all members and share an activity that contributes something positive back to the community. For further details refer to the Walks Program and July NEWS.

Club badges are now available for purchase by members on Wednesday nights in the clubroom. Cost for either the metal or cloth badges is \$5. Monies to be paid to either the Treasurer or a Duty Roster member.

Happy Walking.

**Margaret Curry**

## EQUIPMENT

### Pack weight classification

Those of us who equate lightweight gear with Mickey Mouse or extremism might like a peek at Uncle Sam's pack grading system. He regards as lightweight anything with a base weight under 20lbs (total pack weight less consumables). Below that are the ultra-lightweights (under 10lbs), super-ultra-lightweights (under 5lbs) and extreme-ultra-lightweights (under 2.5lbs). This is where today's lightweight extremists now lurk! At the other end of the scale is the traditional gear. Its advocates appear to have been too embarrassed to weigh it so there are no subdivisions. We have no doubt it had its place, when canvas was king, and rather like the thought of an extreme-ultra-heavyweight category, but technical advances have pretty much killed it as far as our current needs are concerned. These days we can expect full comfort, safety and adequate durability from the lightweight zone.

**John Fritze**

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# Reports

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Dear Bushies

May is the last month for the timely renewal of your membership subscription. If the label on your Newsletter still says “\*SubsDue\*”, that means your subs has not reached me yet!

If you have not done so yet, grab that cheque book and mail me the subs today!

If in doubt, get in touch with me. Subs are: single ordinary \$45.00, single concession \$34.00, couple ordinary: \$ 72.00, couple concession: \$50.00

Concession subs should be accompanied by proof.

If your subs still does not reach me by the end of the month, you are considered unfinancial, you do not get any more Newsletters and you are liable to pay a surcharge (temporary Member’s fee) on your bus fare!

However you still can pay belatedly to remedy the situation (... even up to the end of 2009!!!).

**Peter Havlicek, Membership Secretary**



If this  
donkey’s  
nose is red,  
this could be  
the last MBW  
Newsletter  
you receive.  
Don’t be a  
**donkey**, pay  
your sub!

## 2009 COMMITTEE

### MELBOURNE BUSHWALKERS INC

<b>President</b>	Margaret Curry
<b>Vice President</b>	Mick Noonan
<b>Secretary</b>	Howard Friend
<b>Treasurer</b>	Ray Spooner
<b>Membership Secretary</b>	Peter Havlicek
<b>General Walks Secretary</b>	Jane Williams
<b>Assistant Walks Secretary</b>	Halina Sarbinowski
<b>Newsletter Editor</b>	Catherine Cardinet
<b>Social Secretary</b>	Susan Maughan
<b>General Committee</b>	Carol Sisson
	Mark Heath
	Rod Novak
	Bernadette Prunty
	Marilyn Lock

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# Noticeboard

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## SUGGESTIONS INVITED - WILKINSON FUND

At the Bushies 2009 AGM, it was decided to further explore options concerning the Wilkinson Account. On behalf of the Committee, I will be collecting members' ideas and/or suggestions. Please forward to me, in the Clubroom, on a walk, by phone, or by email  
Looking forward to your suggestions.

**Rod Novak**

### SKIING ON THE HIGH PLAINS

This year the MBW ski week at the Rover Chalet will take place from August 8th to 15th. We have been very lucky with good snow for our week for the last few years ,so let us hope for the same luck!

The Rover Chalet is self-contained, about 10km ski from Falls Ck. We organise loose rosters for cooking, cleaning and other chores. Weather permitting, we usually go out for full day ski trips most days.

If you are interested speak to me I will be away from late April till early June but if you need info in that time speak to Bill Metzenth or Marilyn Whimpey Rover booking forms can be downloaded from [www.bogongroverchalet.org.au](http://www.bogongroverchalet.org.au)

**Doug Pocock**

## BUSHWALKING VICTORIA -

### BUSHFIRE RECOVERY

Project - BV is seeking assistance form bushwalkers to help with the walking track repairs/ damage from the recent bushfires. If you would like to volunteer, can you please contact Rod Novak for further information.

wePlan Alpine - Parks Victoria are developing a blog, wiki and a 'public participatory GIS' (geographic information system) for the review of the Alpine National Park 1992 Management Plan. PV are including all the alpine regions including the Alpine NP, Baw Baw, Mt Buffalo, Errinundra, Snowy River NP, Avon Wilderness, Walhalla and historic parks. You can make a personal contribution at [www.weplan.parks.vic.gov.au](http://www.weplan.parks.vic.gov.au)

**Rod Novak**

## EXPRESSIONS OF INTEREST SOUGHT

### Dusky Track, Fiordland, New Zealand (PACK CARRY - 8-10days)

4th Jan 2010 - 11-13th January 2010 - Depending on the weather.

Rating: Medium - Hard

Small Group - Only 5 places (first in best dressed)

Experienced in pack hiking and a high level of fitness is necessary - ONLY TAKING PEOPLE I KNOW

This is a breathtaking track which challenges the eyes and the legs.

We cross deep rivers (so swimming may be required) and hike amazing mountains.

The track starts at Lake Hauroko and finishes at Lake Manapouri with a side visit to Dusky Sound which is a fantastic fishing spot. An all-round amazing hike for those who like a challenge.

For more information either email me or keep an eye out for the June Newsletter

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**Hans Edlinger**

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### PACK CARRY TRIPS FOR SPRING

#### EARLIER THAN USUAL PLANNING

Normally we have until late June to get our Spring pack carry list together for the Spring program. This time is different however as I will be overseas from late April until the end of June, so I need to get it done before I go. I therefore ask all leaders to put your thinking caps on early and let me know what trips you would like to lead on the program. Spring is wildflower season, good for trips in the Grampians, Goldfield areas, parts of the Alps that may be affected by lack of water later in the Summer and lots of other areas. Ring me or email me at with your offers and suggestions

**Jopie Bodegraven**

## Noticeboard

### 'EXPRESSIONS OF INTEREST'

#### BLAIRGOWRIE LODGE WEEKEND 24-26 JULY



Expressions of interest are invited for a lodge based weekend in Blairgowrie, from 24 – 26 July. Different walk options around the Peninsula on the Saturday and Sunday. On the Saturday night we will celebrate "Christmas in July". Cost for accommodation \$80 for 2 nights plus shared cost of Christmas dinner. BYO wine. Lodge payment at time of booking. For information and bookings please contact Margaret Curry

### HOUSE SITTING

Loch and Jan are looking for a housesitter from May 16 to approximately July 19 2009. We live in a 2 bedroom house in Northcote centrally located close to Fairfield shops and train and buses and boast off street parking.

### SLIDE & INFORMATION NIGHT

#### TMB

Wednesday 3 June  
8 PM at the Clubrooms

Mohammad invites you to Tour Mount Blanc Walking in France, Italy and Switzerland.

## WILLIS'S WALKABOUTS

# Kakadu

**Kakadu is bushwalking at its best.** It is Australia's largest national park. It contains thousands of rock art sites, dozens of beautiful gorges and spectacular waterfalls, uncountable swimming holes you need share with no one but your walking companions.

The dry season weather is as near to perfect as you can find anywhere in the world – **it's paradise!**

I've been running bushwalking tours in Kakadu since 1984. Unlike many tour operators, I spend as much time as possible out bush, leading trips myself. Why? Someone else put it better than I can.

*"What we get from this adventure is just sheer joy. And joy is, after all, the end of life. We do not live to eat and make money. We eat and make money to be able to enjoy life. That is what life means and what life is for."*

George Mallory, 1922

Join us and share that joy.

*Russell Willis*

[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au)

12 Carrington St Millner NT 0810 Email: [walkabout@ais.net.au](mailto:walkabout@ais.net.au)

Phone 08 8985 2134 Fax 08 8985 2355



#### Do it yourself or with a guide? If you do it with a guide:

- We handle the hassles of organising permits and transport.
- You relax and enjoy while we cook you three course meals.
- You see rock art sites you'd be unlikely to find on your own.
- You get the best possible camp sites and swimming holes.
- You get a walking reference to explain things about the art, flora, fauna and environment.
- In a small group, you may spend little more than you'd pay to hire transport and prepare all your own meals.



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# Noticeboard

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**FRIDAY 8TH MAY-SATURDAY 9TH MAY**

## **THE INAUGURAL ARTS AND CRAFT SHOW**

You are cordially invited to view club members' works at the home of Jean Giese, 9 Albert Crescent, Surrey Hills.

The arts and crafts will be displayed in the reception rooms with tea, coffee and home-made goodies provided to add to the social atmosphere.

The work of club luminaries Les Southwell and Lloyd Young will be on show plus many other friends and Bushies so please take time out to support this unique event.

This is primarily an exhibition, however private sales can be made directly with the exhibitor.

You may wish to make a gold coin donation to cover the cost of the refreshments and Jean will donate any surplus to the Bushfire Appeal.

Participants....We'd love to see your paintings, photography, embroidery, woodwork, quilting, sculpture, etc. so please contact either Susan Maughan or Jean Geise to secure your spot and to organise setting up.

Helpers....Are you free on these days to help Jean and Susan for a few hours?

Looking forward to seeing you.

Cheers,

**Susan**

## **BUSHIES "GOOD FOOD" GUIDE**

**Euroa - Flam Shan Chinese Restaraunt**, 63 Binney Street, Euroa (main shopping street) Telephone (03) 5795 3292. This is a Michael, Susan, Callum and Brioney Stringer family favourite. We stopped here on the way home from Michael's very successful Bogong pack carry. Fast and friendly service. Open from 5.30pm in the evening. We had a scrumptious sit down meal - Yummy after the 4 day pack carry. Good wine at \$4.50 per glass. Great value. **Rod Novak**

## **FIRST-AID TRAINING**

Melbourne Bushwalkers is offering members (and particularly encouraging leaders) the opportunity to attend a First Aid Training Course. This is suitable for those wishing to gain a First Aid Certificate and also for those who need to renew their skills particularly in the area of Cardio Pulmonary Resuscitation (CPR).

The course provides participants with the skills and knowledge required to recognize and respond to life threatening emergencies using basic life support measures only. It includes:

- performing CPR
- care of the unconscious casualty
- infection control
- asthma, choking, heart attack
- bleeding, shock, allergic reaction
- burns, eye injuries
- extremes of heat and cold
- bites and stings
- lifting techniques
- bandaging procedures

This is a Level 1 'Outdoor Special' entitled "Provide Basic Emergency Life Support". Assessment will be by "demonstration of practical skills and summary evaluation questions". A Statement of Attainment will be issued upon successful completion. It is a nationally recognized course and it should be updated every 3 years with the CPR unit being updated every 12 months.

The course will run from 8.45am – 5.00pm on Saturday 4<sup>th</sup> July at The First Aid Management & Training Centre Pty Ltd. Suite 1, 47 Railway Road, Blackburn, Tel: 9894 1013. Cost to members will only be \$15 per person as Bushwalking Victoria and also Melbourne Bushwalkers will subsidise the course. We require a minimum of 10 members, up to a maximum of 20 for the course to be held. Bookings essential with payment of \$15 to either Margaret Curry or Ray Spooner (Treasurer) by Wednesday, 24<sup>th</sup> June.

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# Review

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## PACK CARRY REPORT: THE RAZORBACK, DIAMANTINA AND SWINDLERS SPURS,

20-22 MARCH

If the amount of sticking plaster around my toes and the pain in my quadriceps muscles as I descended the stairs on Monday morning were anything to go by, then the weekend's walk had given me a tougher than usual workout. Our leader Agajan had certainly given us our money's worth.



After camping beside Snowy Creek near Harrietville on Friday night, ten of us gathered on the Mount Hotham Road near Diamantina Hut on a clear, sunny Saturday morning. Agajan organized a car shuffle for our return, then led us along the Razorback towards the deep blue dome of Mount Feathertop. Bleached snowgum skeletons, victims of the 2006 bushfire, gave the flanks of the Razorback a grey hide, although there was healthy regrowth and wildflowers bloomed in the grass.

We paused to admire the view and catch our breath on the first of the Twin Knobs, and had lunch at the junction with the Diamantina Spur track. Racy Ray led after lunch, with Agajan opting to be whip to assist the slower travellers. The Diamantina Spur is not all downhill as we found from the saddles and knolls encountered, but overall it descends about 500 metres over 3.5 kilometres into the West Kiewa valley, the final section

being very steep.

As we scrambled down the track, the first four in the group (Ray, Sue, Ryan and Deb) opened up a gap with the other six (Michael, Susan, Rosemary, Margaret, Helen and Agajan). We pushed on, looking forward to reaching the base of the spur to rest our trembling muscles. When the track became indistinct we scanned for yellow marker ribbons on trees, and we employed the bum-slide technique over the steepest section.

At last the four of us reached the bottom to enjoy the peace of the bush and the river burbling over its pebbled bed while we waited for the others. As time passed the sun dipped towards the hilltops and the air chilled. Now the bush was too peaceful: where were the approaching voices of the remainder of the group? Was someone injured? Nobody wanted to ascend and descend that fierce incline again, although Ryan valiantly ventured a short way to see if anyone was coming. A whistle was blown with no answering tweet. Then we heard a helicopter nearing: had it been summoned for an ailing bushwalker?

Finally we heard shouts from along the road, and hurrying in that direction we met Agajan who explained that his group had taken a wrong turn, realized too late, and so had continued down the spur another way. Rosemary displayed the wounds she had won during her bout with a blackberry bush. Relieved to be reunited, we camped that night at the nearby Diamantina Horseyards as darkness was fast falling.

On Sunday morning our gallant leader rose an hour early to return along the road and fetch a forgotten walking stick. As we proceeded to Blair's Hut thunder rumbled and raindrops sprinkled. We sheltered in Dibbins Hut for morning tea before climbing Swindlers Spur. While we climbed, the sun broke through and we lazed on the grass outside Derrick Hut to eat lunch. Passing the idle ski runs on our return to the cars at Mount Loch carpark, we admired the views across to Mount Hotham village and the Razorback where we had walked the day before.

Hot showers at the Harrietville Caravan Park were well appreciated, as was "chilling out" over dinner and wine at the Pickled Olive in Euroa. In all, another great weekend in Victoria's beautiful high country.

**Deb Shand**





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## Reviews

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### CYLING THE GREEN HILLS OF GIPPSLAND

REPORT ON THE CYCLE BASE CAMP at  
FOSTER 28-29 March 2009

The group met in Koonwarra at 9:45 on the Saturday morning, some of them taking advantage of the adjacent coffee shop, before driving to the first starting point. Leaving our cars parked at an intersection we all unloaded our bikes and ensured everything was working, before setting off on our first trip of 55km. We cycled along a ridge with spectacular views as we made our way towards Leongatha and our lunch stop.

fresh fish from a resident who was taking their boat out to fish on Sunday morning.

Sunday morning arrived and so did another beautiful day. We had 3 different routes this day the first starting at Welshpool and cycling 19 km around the many windmills and dairy farms. We then had morning tea in Welshpool and those who needed their coffee had International Roast topped up with frothed milk!

Our next ride was 14 km and had a very steep hill as a start but what a team building event as we each reached the top, and received our cheers. We had lunch in Foster before then heading to



Suitably refreshed, we headed back towards the cars which had been left at the top of quite a challenging 4km climb. Jopie had planned the trip to avoid most of the big hills, but there were many of us who decided to take the challenge and ride them anyway. They were all well worth the sweat and effort.

It was now late afternoon and some 'bushies' decided to go directly to the campsite and set up while others completed the optional extra 13 km section of partially corrugated road. We had lovely green grass for the campsite and saw other cyclists who were completing the rail trail. Dinner at the local pub was very good and the dew set in early on our tents that night. We also missed out on

Foster North for our last 28 km ride. We went through Fish Creek and along some of the rail trail, spotting a 1m long Tiger snake by the side of the road at one of the stops to regroup.

It was an amazing weekend and had something for everyone. Jopie must be congratulated once again for finding routes which had the most brilliant scenery, rolling hillside, green pastures, cattle and great traffic. The weather was perfect for cycling and the company completed a great weekend. It is trips like these which makes all the driving worth it. ~Attendees were Ed, Fiona, Howard, Jenny, Jopie, Lar, Phillip, Ross, Sue and our visitor Chris.

**Fiona Kelly**

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.melbournebushwalkers.org.au/activities/Walks/MBW\\_walks\\_program.htm](http://www.melbournebushwalkers.org.au/activities/Walks/MBW_walks_program.htm)

## **\*\*CHANGE TO DANENONG EXPLORER WALKS\*\***

Due to a range of factors the Dandenong Explorer walks will be reduced to one or two per seasonal calendar and none in summer.  
 In the Winter program the first Dandenong Explorer will be on Saturday 25th July, and the one following on the 22nd August.  
 However if anyone would like to lead an extra Dandenong Explorer in the Winter program (or any other season) just give Maureen Hurley a ring.



## **CYCLING**

### **PLENTY RIVER /MAIN YARRA TRAIL**

**DATE** Saturday 23 May  
**STANDARD** Easy Medium  
**DISTANCE** 45kms  
**LEADER** Ray Spooner  
**TRANSPORT** Private

We will meet at Greensborough Railway Station at 10.30am (Eltham/Hurstbridge train leaves Flinders St at 9.48 Platform 1, Southern Cross 9.51 Platform 9).

The ride will head north towards the Western Ring Road (this section is optional as it involves a fairly steep climb once we leave the river and ride back to Greensborough. Those who choose not to do this section may catch a later train (10.28) arriving at Greensborough at 11.10 or enjoy a coffee at one of the many coffee shops along Main St. From the Station (approx. 11.15) the ride will head south along the Plenty River through some pretty country, across an historic bridge and past picturesque golf courses. From here we will descend to the Main Yarra trail and the Banyule wetlands and ride towards Heidelberg stopping at the Heidi Museum of Modern Art for morning tea (those who are so inclined may like to explore Sunday Reed's kitchen garden or check out the many artworks on display in the gardens.) The ride will continue along the Yarra to Fairfield and Clifton Hill where we will have lunch bring BYO if desired or buy something at trendy Queen's Parade to eat at the Darling Gardens. After lunch we will then continue along the Main Yarra trail passed Dights Falls (with an option to stop at the Convent), through Burnley and back along the river to Southbank. This is an easy ride and the pace will not be fast as the Plenty River is very windy and not suitable for speed. For the mountain bike enthusiasts there is a single track running parallel to the Main Yarra Trail for a considerable distance if you want something more exciting. If you wish to join the ride



## **TOFS**

### **OLINDA CREEK – MT EVELYN**

**DATE** Thursday 4 June 2009  
**STANDARD** Easy  
**DISTANCE** 10 km  
**LEADERS** Jean Giese  
**TRANSPORT** Private  
**AREA** Mt Evelyn Dandenong Ranges National Park  
**MAP REF** Melway 120

A circuit walk. We'll begin by crossing Olinda Creek, climb up over Mt Evelyn and make our way back via the trail that follows an old aqueduct.

Meet opposite Hunter Road on the Lilydale-Monbulk Road (Melway 120 G6) to start walking at 10.30 AM. Book with the leader

## **PACK CARRY**



### **WILSONS PROM – ROARING MEG – WATERLOO BAY**

**DATE** 5 - 8 June  
**STANDARD** Easy/Medium  
**LEADER** Agajan Agbari  
**TRANSPORT** Private

Please discuss this walk with the leader on the relevant booking nights and also check the Club's website.



## BASE CAMP

### WILSONS PROM – TIDAL RIVER

DATE	5 - 8 June
STANDARD	Easy
LEADER	Michael Mann
TRANSPORT	Private

Please discuss this walk with the leader on the relevant booking nights and also check the Club's website.



## SUNDAY BUS

### GOLDEN GULLIES – CASTLEMAINE HISTORIC RESERVE

DATE	Sunday 7 June
STANDARD	Easy & Easy/Medium
DISTANCE	14kms & 17kms
LEADERS	Halina Sarbinowski & Keith McKenry
TRANSPORT	Bus from Southbank Blvd at 8:45am
AREA	Castlemaine Diggings National Heritage Park
MAP REF	Guildford 1:25,000

Our walks are set in the southern section of the Castlemaine Diggings National Heritage Park. The Castlemaine Digging region is famous for its gold discoveries in the 1850s. Join us on these delightful walks through ironbark forests as we travel through history in an area once teeming with up to 60,000 people.

The walks will take us along historic water races, past the remains of stone ruins, mine shafts and gullies eroded through their use in the discovery of gold. All these are testament to our pioneer heritage.

We will walk along a variety of tracks ranging from 4WD tracks that encourage conversation to little used foot pads, with both groups having some short off track sections. The serenity of this area belies its past activity and it is difficult to image the hustle and bustle of 150 years ago, although as we pass the sites and relics of this period your mind cannot help but try.



## WEDNESDAY WALK

### LONG FOREST NATURE CONSERVATION RESERVE

DATE	Wednesday 10 <sup>th</sup> June
STANDARD	Easy/Medium
DISTANCE	14km
LEADERS	Sandra Mutimer
TRANSPORT	Private
AREA	Bacchus Marsh
MAP REF	Melway 335 & 329, Lerderberg & Melton 1:25,000

We will meet at 10.15am at the Happy Valley car park (Map 335:E3) on the left of Long Forest Road, just over 2km from the Western Highway turn-off. Be aware that you will need to be in the right hand lane to turn off the highway and into Long Forest Road (and Merrimu Reservoir) at the crest of the hill while travelling through Antonys Cutting.

Long Forest Nature Conservation Reserve is such an interesting area of high biogeographical significance, 50kms west of the city and tucked in amongst bushland housing development between Melton and Bacchus Marsh. This reserve contains an area of remnant mallee vegetation in addition to an amazing diversity of flora and fauna species.

The walk will start in the northern section of the reserve and travel west to Long Point, then southwards along the Coimadai Creek and on to its south-eastern section and the river flats of the Djerriwah Creek, much the same route as we have covered previously but I will be looking for a little variation within this.

Please contact Sandra Mutimer to find out more about this walk or to book on it



## SUNDAY BUS

### LONG FOREST FLORA RESERVE

DATE	Sunday 14 June
STANDARD	Easy & Easy/Medium
DISTANCE	11 & 14 kms
LEADERS	Richard Hanson & Eleonora Axelsson
TRANSPORT	Bus
AREA	Between Melton and Bacchus March
MAP REF	Long Forest Conservation Reserve: Parks Vic notes

This is a very interesting easy walk. Long Forest Nature Conservation Reserve was established in 1981 to protect a remnant forest of Bull Mallee which is really out of place as it belongs strangely enough in the Mallee. Because of the absence of major fires, some stands of Bull Mallee are believed to be several hundred years old. It is also well known for bird watching and in particular the Wedge-tailed Eagle and Peregrine Falcon. It is a combination of on and off track but no one should be at all intimidated by that.

An added bonus is that it is only 50 kilometres from Melbourne so we should have time on the way home to have a short stopover that could involve wine and/or coffee.

If you are interested contact Richard see us in the clubroom on the two Wednesday's prior. to the walk



## MOFS

### AVONDALE HEIGHTS AND MARIBYRNONG RIVER

**DATE** Monday 15 June  
**STANDARD** Easy  
**DISTANCE** 12 km  
**LEADERS** Alister Rowe Tel: 9435 5958  
**TRANSPORT** Private  
**AREA** Avondale Heights  
**MAP REF** Melway 27

Meet at 10.30 am in the Lily Street car park, Melway 27 J4. Lily Street is off Buckley Street.

We will walk around the river to Canning Reserve and then to Solomons Ford and return on the south side of the river. However crossing the ford is optional. This is a very scenic walk with great city and river views.

Return about 3pm.



## CYCLING

### MT RIDLEY - MALCOLM CREEK

**DATE** Saturday 20 June 2009  
**STANDARD** Easy Medium / Medium  
**DISTANCE** 31 km (optional 70 km)  
**LEADER** Ross Berner  
**TRANSPORT** Train to Craigieburn Station (Car or Train to Pascoe Vale Station)  
**RETURN TIME** about 4:00 PM (Pascoe Vale Station)  
**AREA** (Pascoe Vale, Merri Creek), Craigieburn & Moonee Ponds Creek.  
**MAP REFERENCE** Melway maps 16, 17, 18, 8, 7, 181, 387, 386, 179 & 6

This ride has alternate starting points. The easier ride starting at Craigieburn Railway Station and finishing at Pascoe Vale Railway Station and the longer ride starting and finishing at Pascoe Vale Railway Station.

Meet at Craigieburn Railway Station (west side) Melway 387 C10 at midday. Take either 10:40 or 11:10 train from Flinders St Station. First we will head for Malcolm Creek Trail, a very pretty trail in Craigieburn. Then by using side streets we will head for Roxburgh Park, where we will pick up Shankland Trail, which leads to Yuroke Creek Trail and then Moonee Ponds Creek trail which we follow to Pascoe Vale. The route steadily descends from 190 metres (at Craigieburn) to 40 metres at Pascoe Vale, with most of the route on off road trails. Note: Pascoe Vale in on Craigieburn line.

For the medium ride we meet at 9:30 at Pascoe Vale Station (east side) Melway 16 K9. (Take 8:50 Craigieburn train from Flinders St Station.) (continued next column)

We follow O'Hea St through Pascoe Vale and Coburg to Coburg Lake. From here we follow Merri Creek Trail through Fawcner to Thomastown, where we join the Hume Freeway Trail which we follow to Craigieburn. Only for those keen for a challenge, we will climb Mt Ridley, for one of the best views over Melbourne. (Total climb from Pascoe Vale is about 300 metres.) We then meet easier ride at the station.

If you wish to discuss ride ring Ross

## PACK CARRY

### WIRILDA TRACK. TYERS REGIONAL PARK



**DATE** 20-21 June 2009  
**STANDARD** Easy/Medium  
**DISTANCE** 32 kms (17kms with full packs)

**LEADER** Bob Oxlade  
**TRANSPORT** Private  
**RETURN TIME** 6-30 pm Sunday  
**AREA** West Gippsland. North of Yallourn Nth  
**MAP REFERENCE** Rooftops 1:100,000 Walhalla Woods point  
**Adventure Map** Vicmaps 1:25,000 Morwell & Rintoul Creek

The Tyers River winds through the steep forested walls of Tyers Gorge for most of the park.

We will be walking a circuit including the Wirilda Track which follows the river from Moondarra Reservoir to Wirilda Environmental Park in the south. We will leave home on Saturday morning (and there are excellent views of the Yallourn W Power Station and surrounds on the way) to begin walking from Blairs Road closed gate, via the Wirilda Environmental Park, to camp near Whites Creek. It may be possible for an optional side trip across the river and up to Petersons Lookout as we go.

On Sunday we will continue to the Reservoir with daypacks, returning on the other side of the river to collect our packs and a further 4 km to the cars.

This is a surprisingly nice Park and a handy drive from Melbourne. The walk will suit both experienced and newer walkers, so come along and explore the area. See me in the Clubrooms the two Wednesdays prior to the walk or ring



**SUNDAY BUS**

**NORTH BRISBANE RANGES – SPRING CREEK**

**DATE** 21 June 2009  
**STANDARD** Easy/ medium and medium  
**DISTANCE** 13 and 16 km approximately  
**LEADERS** Max Casley and Hans Baer  
**TRANSPORT** Bus from Southbank Blvd at 8:45 am  
**AREA** Between Geelong and Bacchus Marsh  
**MAP REF** Ingliston and Staughton Vale 1:25,000; Brisbane Ranges National Park (Brookes) 1:50,000.

This Sunday will be the shortest day of the year and the walk is very suitable because it is relatively close to Melbourne (not far from Bacchus Marsh) with not much travelling time. The walks will be mainly on tracks in the forest and through open bushland on the edge of farmland. Be prepared for a steep descent into Spring Creek which we will follow for a while and then climb steeply out - these are the only steep sections. The creek will probably be dry. On the preview we were visited by scarlet robins and willie wagtails and an echidna tried to hide from view. Wallabies and kangaroos are common in this

area.



**SUNDAY BUS**

**GELLIBRAND HILL – WOODLANDS PARK (ORGAN PIPES PARK)**

**DATE** Sunday 28 June  
**STANDARD** Easy & Easy/Medium  
**DISTANCE** 13 & 15 kms  
**LEADERS** Mark Heath & Halina Sarbinowski  
**TRANSPORT** Bus from Southbank Blvd at 8:45am  
**AREA** Greenvale  
**MAP REF** Parks Victoria Historic Woodlands Map

This trip includes two pleasant surprises close to Melbourne. The first is the Organ Pipes National Park, where Jackson’s Creek has cut through lava flows from Mt Holden to reveal the characteristic basalt structures of columns (the Organ Pipes) and Tessellated Pavement. The Roseate rocks resulted when basalt solidified in a lava tube. Areas of kangaroo grass have been carefully re-established, along with other native vegetation.

The second surprise is Woodlands Historic park, which contains an 1840’s kit home brought from England by William Greene, and Gellibrand Hill, which offers 360 degree views of Melbourne. Scarred trees and rock fragments show the presence of the earlier Wolworung Aboriginal people, and there are kangaroos to be seen. There will be time to explore the homestead and take refreshments (tea, coffee and biscuits) there.



Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:30 am. Leader or deputy will be there rain, hail or shine!

JUNE				
Thu 4	Olinda Creek - Mount Evelyn	Private	Easy	Jean Giese
5 - 8	PC: Wilsons Prom - Roaring Meg - Waterloo Bay	Private	E/M	Agajan Akbari
5 - 8	BC: Wilsons Prom - Tidal River	Private	Easy	Michael Mann
Sun 7	<b>Golden Gullies - Castlemaine Historic Reserve</b>	<b>Bus</b>	<b>E &amp; M</b>	<b>Halina Sarbinowski &amp; Keith McKenry</b>
Wed 10	Long Forest	Private	E/M	Sandra Mutimer
Sun 14	<b>Long Forest Flora Reserve</b>	<b>Bus</b>	<b>E &amp; E/M</b>	<b>Richard Hanson &amp; Eleonora Axelsson</b>
Mon 15	Canning Reservoir - Maribyrnong River	Private	Easy	Alister Rowe
Sat 20	Cycling: Mt Ridley - Malcolm Creek	Private	E/M	Ross Berner
20 - 21	PC: Wirilda Track	Private	E/M	Bob Oxlade
Sun 21	<b>North Brisbane Ranges - Spring Creek</b>	<b>Bus</b>	<b>E/M &amp; M</b>	<b>Max Casley &amp; Hans Baer</b>
Sun 28	<b>Gelibrand Hill - Woodlands Park</b>	<b>Bus</b>	<b>E &amp; E/M</b>	<b>Mark Heath &amp; Halina Sarbinowski</b>

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