



A000133X

THE NEWS OF THE Melbourne Bushwalkers Inc.

60 cents

AUGUST 2010

PLEASE COME AND BUSHDANCE WITH BUSHWAHZEE ON SATURDAY 11 SEPTEMBER

After a hugely successful dance last year, we are going to do it all again!

The even is back by popular demand.

Same place - St. Oswald's Church Hall, 100 High Street,
Glen Iris (Melways 60 B9).

Same band - Bushwahzee.

The evening commences at 7pm, with a supper break at 8:15.
BYO drinks plus a plate to share. Tea and coffee provided.
Only \$16.00. Tickets available in the clubroom, or contact
Susan Maughan, Graham Hodgson or Halina Sarbinowski.

Can't dance? Have two left feet?

Don't worry; you can't go wrong with the expert "caller".

See you there!!



PRESIDENT'S CORNER

I hope members are getting out and about on the various club activities. Winter and spring are especially good times for walking and there is a wide variety of activities offered.

The Database Administrator's role has now been fully handed over by David Arnold to Chris Schirlinger. Our grateful thanks go to David for all the hard work he put in to the establishment of the Leaders database and the Photo gallery, both of which are extremely valuable club resources.

It is with great sadness I advise the death of a member, Victor Sperlich, on a recent Sunday bus walk due to a heart attack. My thanks go to those who assisted on the day and whose knowledge of CPR and emergency procedures ensured that prompt action was taken. A group counseling session was held in the clubrooms for those walking with Victor on the day. Members are once again reminded that carrying a green Health Card on them while participating in activities is a club requirement and greatly assists those who have to deal with such an emergency.

This is a timely reminder that the Club is holding First Aid training on Saturday 4 September. The course is suitable for those wishing to gain a First Aid Certificate and also for those who need to renew their skills in the area of CPR. Roger Wyett is the coordinator and full details are in the NEWS, on the club notice board and on the website.

The club is holding a Bush Dance on Saturday 11 September at St Oswald's Church Hall, 100 High Street, and Glen Iris. No previous dance experience required! Come along and join in the fun. Tickets on sale in the clubrooms and full details on website and in the NEWS.

Federation Weekend is always a popular activity and this year being held on 8-10 October at Anglesea. Details are available in the NEWS and on the club notice board. Michael Murray, General Walks Secretary is the co-coordinator and can be contacted for further information.

Happy Walking and I encourage all members to participate in as many activities as possible.

Margaret Curry

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7.00 and 9.00 pm in the club rooms at:

Royal Historical Society of Victoria

Cnr. William and A'Beckett Streets

**Melbourne
VIC 3001**

Visitors are always welcome!

General correspondence should be directed to:

MEMBER OF

**Bushwalking
Victoria**



The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001

www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: **Catherine Cardinet**

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, etcetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note - photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for The News is without fail the 2nd last Wednesday of the month.

Only advertisements that directly relate to bushwalking (eg gear, maps, trips, tours etc) can be accepted. For current advertising rates please contact the editor.

Please note:

Next committee meeting will take place on

MONDAY 6 SEPTEMBER

TRACK MAINTENANCE GROUP

Track Maintenance and Conservation Activities. Bushwalkers are encouraged to assist with the following projects.

As provided by MBW member, Mark Heath.

2010 Activity Dates

Leader contact details

October 2010 - Stronachs
Camp (Baw Baw Nat. Park)

Geoff Kelly - 9328 4228
gpkelly19@gmail.com

A NOTE FROM YOUR EDITOR

The emailed version of this edition contains all the submissions received this month.

The selection as to which review to publish or not publish in the print version was simply made on the 'first received' basis.



COME JOIN US

WEDNESDAY 18 AUGUST

Auction Night
with Graham Hodgson
at 7:45pm

If you have any pre-loved gear bring it along no later than 7:30pm. I will be there from 7:15pm. Who knows, your gear could be worth something...

Any item submitted for auction must have a label attached with the following information:

1. The name of the person selling the item.
 2. A brief history of the gear (eg how long have you had it and how much you have used it).
 3. Whether you want the item sold regardless of highest bid offered (for this, just write - No Reserve)-
 4. Whether you want a minimum amount for the gear (for this just write - Reserve).
- If you are not attending the night and have something to be auctioned with a reserve figure you will obviously have to put that figure on the label.

Any item not reaching the reserve figure will be passed in and any interested person can negotiate with the seller.

Come along it should be a fun night!

Graham Hodgson (Auctioneer).

Reports

RISK MANAGEMENT

As you all know bushwalking is an adventure activity.

Members need to be aware of the risks and take responsibility for their own actions. In this month's NEWS is a document relating to 'Participants Responsibilities on Club Activities'.

The green 'Personal Health Details Card' referred to is provided to all visitors when making contact with the Club, and is available to members at any time in the clubrooms.

This card should be carried on all Club activities as it will assist greatly in any emergency situation.

PARTICIPANTS' RESPONSIBILITIES ON CLUB ACTIVITIES

Club activities require individual responsibility from all members. The guidelines listed below are intended to ensure a safe and enjoyable time for everyone.

- Check the grading of the activity and read the grading definition in the Preview. If in doubt as to your ability to undertake the activity, check with the Leader before you commit to participate.
- Persons under 18 years are required to be accompanied by a parent or authorized guardian.
- Bring all the correct clothing, equipment, sun protection, food and water with you. (A minimum of 2 litres of water per day should be carried in summer and on hot days.) If in doubt about what to bring ask the Leader at booking time or before departure.
- Arrive at the meeting place in time to depart at the time stated.
- Ensure your health and fitness is suitable for the activity. Advise the Leader if you feel unwell or suffer an injury during the activity.
- If you suffer a medical condition that may require assistance or medication, ensure that you advise the leader, carry appropriate instructions and that the leader or a friend know where these are located.
- Ensure you carry the Club's green Personal Health Details card at all times when participating in a Club activity, preferably in the outside pocket of your pack.
- Ensure you have ambulance cover as evacuation from remote areas is expensive.
- Follow all reasonable instructions from the Leader and "Whip".
- Provide assistance and support to others on the activity.
- Stop at all track/road junctions, signs, or whenever there is doubt about the correct route and wait for instructions from the Leader.
- Carry a personal First Aid kit, whistle, torch, pen and paper.
- The code when using a whistle is (1 blast – acknowledge, 2 blasts – stop and regroup, 3 blasts – EMERGENCY).
- The Whip is there to assist slower members and to ensure that nobody is left behind. If you need to leave the track for a toilet stop, inform someone nearby and leave your pack on the track.
- Care for the environment – minimize plant damage, don't cut track corners, take your rubbish home, keep at least 100 metres away from watercourses for toilet stops and bury toilet waste at least 15cm below the surface.
- Clean shoes after walking in Phytophthora areas (70% methylated spirits or bleach to 30% water).
- When camping, fuel stoves are encouraged, fires should be kept to a minimum size, no rubbish burnt in fires, only dead wood used for firewood and fires to be completely extinguished before bedtime if conditions warrant and when leaving the campsite.
- Don't pollute streams with shampoo, soap, detergent or food waste. Ensure washing is done away from the stream, lake, etc.
- Ensure you leave details of the activity and the names and telephone numbers of the Club Emergency Contacts (noted on the quarterly Activity Program) with your family or friends and make them aware of the emergency procedures.

Reports

FIRST AID TRAINING / CPR UPDATE TRAINING

Melbourne Bushwalkers is providing members (and particularly encouraging leaders) the opportunity to attend First Aid Training. This course is suitable for those wishing to gain a First Aid Certificate and also for those who need to renew their skills particularly in the area of Cardio Pulmonary Resuscitation (CPR).

The course provides participants with the skills and knowledge required to recognize and respond to life threatening emergencies using basic life support measures only. It includes:

- performing CPR
- care of the unconscious casualty
- infection control
- asthma, choking, heart attack
- bleeding, shock, allergic reaction
- burns, eye injuries
- extremes of heat and cold
- bites and stings
- lifting techniques
- bandaging procedures

This is a Level 1 'Outdoor Special' entitled "Provide Basic Emergency Life Support". Assessment will be by "demonstration of practical skills and summary evaluation questions". A Statement of Attainment will be issued upon successful completion. It is a nationally recognized course and it should be updated every 3 years with the CPR unit being updated every 12 months.

The course will be held on Saturday 4 September at The First Aid Management & Training Centre Pty Ltd. Suite 1, 47 Railway Road, Blackburn, Tel: 9894 1013. The full course will run from 8.30am to 5.00pm with the CPR update running from 8.30am to approximately 12.30pm. Cost to members will be \$20 per person for the full course/\$10 per person for CPR update as Bushwalking Victoria and also Melbourne Bushwalkers will subsidise the training. We require a minimum of 10 members, up to a maximum of 20 for the course to be held. Bookings essential with payment of monies to either Roger Wyett (Membership Secretary) or Alan Case (Treasurer) by Friday 27th August.

SOCIAL CALENDAR

WEDNESDAY 25 AUGUST

Cheese and Wine night. This evening we will be enjoying a selection of NZ wines.

SATURDAY 11 SEPTEMBER

Bushdance with Bushwahzee. 7pm at St. Oswald's Church Hall, 100 High Street, Glen Iris.

The tickets are only \$16.00 and available in the Clubroom, and from Susan Maughan, Graham Hodgson or Halina Sarbinowski. BYO drinks plus a plate to share at supper.

WEDNESDAY 22 SEPTEMBER

Cheese and Wine night. PLUS- Maddie's Talk on being fit for bushwalking.

WEDNESDAY 27 OCTOBER

Cheese and Wine night. PLUS Slide night on the Larapinta trail

WEDNESDAY 24 NOVEMBER

Cheese and Wine night-PLUS Les's slide night of recent Club walks.

Noticeboard

TREE PLANTING – REGENT HONEYEATER PROJECT 21 - 22 AUGUST 2010

Date: Saturday 21 & Sunday 22 August
Leader: Rod Novak
Activity: Tree Planting
Location: North-East Victoria (near Winton)
Expected return time: Sunday evening



Come along for a fun weekend with tree planting at the Lurg Hills. This is a leading environmental project and has won many conservation awards. The project coordinator is a renowned naturalist and you will certainly enjoy the weekend and learn a lot about the local ecology. All tools supplied and morning tea, dinner on the Saturday night, and a BBQ lunch on the Sunday are provided. You need to cater for your own Saturday lunch and Sunday breakfast, bring warm clothes and rain jackets, sleeping bag and towel etc. We have accommodation in the Scout Hall on mattresses. It is also handy to bring your own gloves and small gardening tools. For more information and bookings then contact Rod Novak on 0413 433 206 (evenings preferred 7- 9 pm) or see me in the Clubrooms on Wednesday 18th August.

Conservation Matters

Notes from the BV July Bushwalking Environment Report.

GRAMPIANS NP - Change in Ranger in Charge. Graham Parkes has taken a promotion to head of Vic Parks across the whole Western and Central Victorian Region, with Prue Daley acting in charge at present.

The proposed 'Grampians North South Trail' - there is only slow progress on this trail – as it is now at the stage of seeking funding.

RIVER RED GUM FORESTS - Following a campaign by the Wilderness Society and the National Parks Association of NSW the NSW Government has announced that they will protect the internationally important River Red Gum Forests, including the Millewa Forest. Combined with the recent new park decisions in Victoria, the decision sees over 200,000 hectares of River Red Gum Forests protected in the Murray Region.

WILSONS PROMONTORY - Five Mile Road across northern Wilsons Promontory - Repairs to commence on bridges and culverts. Therefore the road will be closed to walkers from the end of May until the end of September 2010. Access will still be available to Vereker Outlook and Millers Landing but not to the two Barry Creek or the Five Mile Beach camping areas. Parks Victoria has apologised for the short notice but understands that few walkers use this route at this time of year.

ALPINE - **Along** the Long Spur between Maddisons hut ruins to the junction of Mulhausers walking track, there are a lot of blackberries. BV BEC will try to ascertain from Parks Victoria what they intend to do about this.

NIL ENTRY FEES to PARKS - The State Government has announced that from 1st July that there will be no entry fees for any Victorian National Park or Metropolitan Park.

Rod Novak

Club delegate BV Bushwalking Environment Committee



Noticeboard

EXPRESSIONS OF INTEREST – ROUTEBURN & GREENSTONES TRACKS NZ – FEB 2011

I intend to walk from 20 Feb – 24 Feb 2011 on these two classic New Zealand tracks. Accommodation is in track huts, which make early bookings essential, and to take advantage of reasonable flight prices. Members with prior pack carry experience should contact Roger on rwyett@caroma.com.au or 0418 544 715 to co ordinate arrangements

CROSS COUNTRY SKIING - BOGONG HIGH PLAINS - AUGUST 7 TO 14

For the last few years the Club has had access to the Rover Chalet for a week's cross-country skiing. Last year we had this equivalent August week instead of September as we had been having. This was very successful and I was able to negotiate with the Rovers for this to be a permanent arrangement

The Rover Chalet, situated about 12 kilometres from Falls Creek, is a comfortable lodge with well-equipped kitchen, showers, flush toilets and washroom, laundry and drying room. Sleeping is dormitory style with mattresses and pillows provided.

Food is provided by the Rovers on a set menu basis. Much of the food is put into the Chalet before winter and each group carries in fresh meat and veg for the week. Cooking and housekeeping are done on a volunteer roster basis; we have this down to a fine art to allow the maximum time for skiing. We try to go out for a full day's skiing, usually in a couple of groups with shorter and longer options.

I would like to get a reasonable number of members on this trip to make it worthwhile for the Rovers; we do have people from other clubs come in as guests with us. For a booking application form go to www.bogongroverchalet.org.au This site gives further information.

If you are interested give me a ring if you want further information, or if I am not around speak to Merylyn Whimpey . Would you please let me know if you apply direct so I can keep track of numbers?

Doug Pocock

WILLIS'S WALKABOUTS

Build Up

Picture yourself here...

Bushwalking

The most dramatic season of all!

Our Build Up trips are **the most laid back and relaxed** that we offer – early starts, early finishes and long lunch breaks sitting by tranquil pools. On Kakadu Highlights 11 & 12, you finish the trip with a night on a houseboat.

"I loved the day it rained (the first rains after the Dry), watching the storm develop, the first sting of the first droplet, the warm waterfalls, the beautiful sky and lightning, the sound of light rain as it drops on the leaves and the warmth of the earth as the heat rises up my legs." Helen Russ, Warren NSW

Dramatic? Storms come and go – warm rain needs to be experienced to be believed. Frogs call and birds sing. The land turns green, almost as you watch. All nature rejoices in the change.

See our website or give us a call for details.



bushwalkingholidays.com.au

rrwillis@internode.on.net

12 Carrington St Millner NT 0810

Phone 08 8985 2134

Fax 08 8985 2355



Noticeboard

TEN WINTER WALKING WARMERS

Colder weather will soon be upon us and hence what we need to consider when walking will change. Walking in winter is wonderful – the cool air is invigorating, there is minimal insect annoyance, and the soft sky light and cloud patterns are beautiful. However walking can become miserable if you don't prepare yourself.

1. Check the weather forecast for the day or weekend in the area you will be walking. Melbourne can be cold but sunny, but your walk may be misty, wet or windy. You can then prepare appropriately for the walk.
2. Thick, heavy clothing is not ideal when walking. Think in layers when dressing. Walking warms you and getting hot leads to perspiration and wet clothing, so when you stop you can feel the cold very quickly. By putting on layers, you can discard winter warmers as you walk (that is, into your pack!!) and they can be put on again as soon as you stop for a break.
3. Remember your extremities in winter; cold head, hands and feet can make you feel cold all over very quickly, so always include a hat (the head and neck have a high heat loss potential) and gloves/mittens even if walking at low levels. A thick pair of socks and a good pair of hiking shoes can keep you warm as well as help you walk the distance. Include a scarf.
4. A whistling wind can cool you down fast, so remember that your rainwear (rain jacket and over-pants) can be very effective at cutting out the wind chill factor.
5. When you stop, although you may feel quite warm initially, put on some additional clothing immediately rather than wait till you start to feel cold. It is much harder to warm up when sitting down during lunch or during a long break.
6. Keep your waterproofs near the top of your pack for quick and easy access. Getting wet on a cold day can make one feel very cold and miserable for the rest of the day and can lead to hypothermia.
7. You will be burning more calories during winter hikes, so take some nourishing snacks as well as lunch. A thermos of hot water (tea/coffee/hot chocolate) for the lunch break is a great warmer, as is soup.
8. Remember, that although it may be cold and even wet you still need to hydrate, so keep your water bottle handy and use it throughout the day.
9. Keep an eye on those around you in the walking group – people with early signs of hypothermia are often the last to say anything.
10. Enjoy the day. With appropriate, warm/rain proof clothing and a yummy supply of food walking in the bush on a winter's day can be an exhilarating event.

Reference: *Bushwalking and Ski Touring Leadership Manual*.

SNOW WEEKEND MOUNT HOTHAM - REMINDER

Friday 27 August to Sunday 29 August

I am organising a 3 day weekend at Mount Hotham for club members and families to stay at a cosy lodge (RCH lodge) on Mount Hotham. This is an opportunity to have a fun weekend in the snow where you can sh=ki downhill or cross country, or just have a comfy weekend at the lodge. We plan to travel to Hotham on Friday and leave late Sunday afternoon. You need to pay in advance to secure the booking if you want to join in. Please get the payment for the accomodation to me asap. The cost is \$140 for the Friday and Saturday nights. You can view the lodge on-line on http://www.rchskiclub.org.au/mthotham_alook-at-lodge.htm

Please contact Di McKinley on 9389 9325 (H) or 9429 3018 (W) dmckinleyd@primusonline.com.au

EXPRESSIONS OF INTEREST FOR CUP W/E

Expressions of interest are invited for a Pack Carry Cup weekend 30 Oct-2 Nov 2010.

Looking for something different with a minor kilometre challenge but on a good track?

Graded Medium.

This walk from Bairnsdale to Lakes Entrance via a Rail Trail and Mississippi Creek Trail passes through very pretty undulating country which is not seen from the highways. Saturday morning. Train to Bairnsdale then a 15km walk to a bush camp along the trail.

Sunday. 26.5km. Lunch at Bruthen and collect water, then a steady 100m climb to a secluded bush camp.

Monday. 24.5km.to Lakes Entrance for dinner and camp.

Tuesday. Morning to explore The Entrance and historical area and look around town. Bus departs lunchtime for Bairnsdale and train arrives Southern Cross 4.26pm.

Maximum travel cost \$58 and maybe less for group discount or concessions. If applicable, one Seniors V/Line pass is satisfactory for all travel.

If interested please contact me ASAP, as early booking may be required.

Bob Oxlade. 9887 8701.

Noticeboard

FEDERATION WEEKEND (ANGLESEA) - 8 – 10 OCTOBER 2010

Federation Weekend is a bushwalking activity to which members from clubs affiliated with Bushwalking Victoria are invited to participate. This year the event is being hosted by Waverley Bushwalking Club and will be held on the Surf Coast with headquarters being located at the YMCA Anglesea Recreation Camp.

A wide variety of walks are planned, encompassing coastal heathlands, bush and forests with many walks including both cliff top and beach sections. In addition to great walks and great company, all registrants will receive a Walks Booklet in colour plus afternoon teas on both the Saturday and Sunday.

Fully catered, budget accommodation for approximately 100 people is available at the camp and for those not staying on site, a wide variety of alternative accommodation is available in the area.

Registration Fee: \$25
Event Dinner (2 courses): \$14 (cost included if staying on-site)
Accommodation: Various (see below)
Transport: Car pooling will be used to and from the start/finish of walks so you will also need to bring a supply of small change with you.

Registration monies together with accommodation and dinner costs are payable to Michael Murray (General Walks Secretary) who will be co-ordinating the activity on behalf of our members. Registrations commence with Waverley Bushwalking Club on 23rd July so members are asked to be prompt with their registrations before that date.

As part of the registration process members will need to advise what walks they would like to do and also their preferred accommodation. They will also need to nominate their first, second, third and fourth preferences for walks on each day. The Federation 2010 Walks Program, Accommodation options and other detailed information are available from the following two websites. Michael can also be contacted in regard to the various options.

<http://home.vicnet.net.au/~wavebush> or <http://www.bushwalkingvictoria.org.au> (What's New menu)

SPRING CLEARANCE

SALE NOW ON

SEASONS CHANGE,
SO DOES OUR RANGE.

UP TO
50%
OFF*



MACPAC MELBOURNE - 215 Elizabeth St - Ph (03) 9670 4133
MACPAC COLLINGWOOD - 417 Smith St - Ph (03) 9417 7544
MACPAC HAMPTON EAST - 894 Nepean Hwy - Ph (03) 9553 6820

*Discount off RRP. For a limited time or while stocks last. Some items may not be available in all stores.

**macpac**

Noticeboard - Review

ANOTHER OF PHIL BROWNS WINTER CYCLE TOURS ON SATURDAY, JUNE 19.

Our starting point was Dight's Falls, where two Ladies and five Gents assembled for the ride. It was a sparkling winter's morning, sunny with a moderate NW breeze. With Phil in the lead we headed north along the Merri Creek Trail, planning to traverse the Merri and Darebin Creek valleys.

Traffic was light on the trail so we made good time passing through North Fitzroy and Brunswick East to Coburg Lake, where we had morning tea. From Coburg Lake we stayed on the creek, passing through Coburg East, Reservoir and then entered the Campbellfield Pipe Works market where we had another break.

Some of the group strolled around the market - Sue bought a coffee and John some cookies and figs which he generously shared with us at lunch. The breeze by this time had strengthened and was now changing direction from NW to W - this suited us fine as we rode east on the Ring Road cycle path. It was great having a strong tail wind.

We stopped for lunch at a beautiful small bush land reserve on the middle reaches of the Darebin Creek, where New Holland Honeyeaters were busy amongst the flowering trees and shrubs. From here we changed direction to the south in order to follow the Darebin Creek.

The cycle trail has not been extended this far north yet, so Phil led us across a couple of muddy paddocks and several Bundoora streets to link up with the northern end of the trail.

The Darebin Creek Valley is beautiful with its lovely stands of trees and parklands. I left the ride at Alphington Railway Station while the rest of the group continued onto to Dight's Falls.

It was a most enjoyable ride - with great company, great weather, beautiful scenery and a good leader, what else could it be! Phil gets another 10/10 for his navigation and organisation.

Distance 60 km approx.

The people who participated in the ride were - Philip Brown (leader), Sue Ralston, Linda Larkin, Ross Berner, John Prent, Pearson Cresswell and I.

Art Terry



EXPRESSIONS OF INTEREST - THE SIX FOOT TRACK

A TRIP TO BLUE MOUNTAIN NSW, MELBOURNE CUP EXTENDED WEEKEND (29 OCT TO 2 NOV).

Winding through State forests and national parks, the track follows the 45 kilometre route from Katoomba to Jenolan. Crossing mountain ranges and falling into deep valleys with great views. The track features sheer sandstone cliffs, waterfalls and panoramas of richly-forested valleys.

Steeped in history, the track begins at the Explorers' Tree on the great Western Highway between Katoomba and Medlow Bath and heads down through Nellie's Glen, past Bonnie Doon Falls and into the Megalong Valley to the historic Megalong Village

It usually takes two and half a days to walk the whole track. Walk graded as Medium. At the end of the walk we have time to explore the magnificent Jenolan Caves.

The current plans for the trip are as follows:

Fly to Sydney either morning or afternoon on 29 October 2010 catch the train from air port to Katoomba. Stay Friday night (20-10-2010) in Katoomba YHA (optional). Start walking from Katoomba on Saturday 30th of October 2010. We camp Saturday and Sunday nights in the bush. Walk will be completed around noon on Monday 1 Oct. 2010 at Jenolan. Monday mid afternoon catch bus from Jenolan to Katoomba arrive Katoomba 5pm. Monday night stay in Katoomba YHA (optional). Tuesday (2-11-10) morning we may explore Katoomba do a small 3 sister's walk etc. Tuesday around noon catch the train to airport for late afternoon fly to Melbourne.

Trip cost estimated \$300 to \$350.00 and mainly depending on which air line you fly with and when tickets are purchased. This walk is one of the great walks in NSW with 200 years history attached to it and therefore it should not be missed. If interested or need more information contact Agajan on 9480 4694.

Review

FRASER N.P. PACK CARRY JULY 10-11 2010

On behalf of Agajan, Bill, Clancy, Deb, Julian and Michael I write to thank Roger for planning this excellent circuit walk in place of his unavailable Beeripmo Track.



We met at Wallaby Bay car park on Saturday morning and the track followed the Eildon Lakeside and the slopes above with nice views including one from Cook Point. We had lunch near Stone Bay and as a Kookaburra was perched on a tree branch only 3 metres above us and looking very interested in our food we had to be very careful about it. We saw quite a few kangaroos and lots of bird life. There also appeared to be a housing boom for wombats.

There was an interesting side trip to an early settlers hut Stones Outstation which was situated in a very pretty flat. Just as we thought we were getting it easy we approached the Mountaineer Creek track with a very steep 200 metre climb and a similar descent had the handicap of carrying firewood to the camp area. We just had time to pitch our tents before the forecast showers began but as they were intermittent and not heavy Roger and Bill were able to get a very good fire going in the provided fireplace.

Roger surprised us with an entrée of hot garlic bread and he and Bill also shared some warming drinks. We discussed many subjects and Michael shared some of his outdoor knowledge with us. We thought we did well to last out until about 7.15pm and just after retiring the rain got serious and it was good to hear it from inside our tents.

Soon after departing next morning we crossed an inlet shown on the map but as the water level has receded the last few years we were able to take this short cut without getting wet feet.

There was to be an optional steeper return over the Blowhard Summit but, I suspect due to Clancy's good form on his first pack carry with the club, Roger informed us that it was now compulsory. However the views made it worth the effort.

A stop in Alexandra completed a very enjoyable weekend and thanks to all for their great company.

Bob Oxlade.

Previews of walks



SATURDAY WALK

MT MACEDON

Date Saturday 28 August
Standard Easy/Medium (sustained uphill)
Distance 12km (approx)
Leader Ian Hoad
Transport Own arrangements (car)
Map Ref Melway 609 G10

A pleasant stroll through parts of the township and along leafy paths.

The walk will go from the town up to the highest point of Mt Macedon (Camel's Hump). The area is highly prone to wind (especially at the Camel's Hump), so dress accordingly. Meet at the Trading Post (the coffee shop) in the Mt Macedon Township at 10:00am.

My perceptions of the Bay are shaped by the Australian Impressionists, but the soft light of the western side in winter still seems to await its English water-colourist – so come along and judge for yourself.

The walk is entirely on well maintained gravel and concrete paths. I will be at Southbank Boulevard at 8.45 to shepherd people up to Flinders St but you can meet us at the east end of the appropriate platform at Flinders St if you wish; or catch the 9.05 am Werribee train along the way, or meet us at Laverton station at 9.44 am.

You will need a Sunday Saver ticket (currently \$3.10) or try the 5 x Weekend Daily (\$15).

Please refer to the Melbourne Bushwalkers website and the back page of the August newsletter as due to a minimum number of submissions there are relatively few previews in this issue.



MOFS WALK



TOFS

HAWKSTOWE PARK – SOUTH MORANG

DATE Thursday 2 September
STANDARD Easy
DISTANCE 10 km
LEADER Jean Giese
TRANSPORT Private
AREA South Morang

Meet in the Red Gums Picnic Area car park (Melway 183 H7) by 10.30am. We will walk north to Wilton Vale Road and then over to the Plenty River and return via the scenic Morang wetlands in a circuit. We will probably also include the Le Page homestead and Nioka Bush Camp. To book please call the leader .

JUMPING CREEK, WARRANDYTE STATE PARK

DATE Monday 20 September
STANDARD Easy
DISTANCE 10 km
LEADER Janet Hodgson
TRANSPORT private
AREA Warrandyte State Park
MAP REF Melway maps 23 & 24

The walk will follow the Yarra River along beautiful walking tracks. There will be some relatively steep hills after Blue Tongue Bend with fine views as we walk towards the ruins of the old homestead at Stanebrae. On the preview we saw a powerful owl perched in a tree just above the track, a darter on the river, an echidna and mobs of roos.

We will meet at the carpark at Tills Drive, Melway Ref. Map 23 H11 at 10:30am.



SUNDAY WALK

LAVERTON CREEK - WILLIAMSTOWN

DATE Sunday 19 September
STANDARD Easy/Medium
DISTANCE 16 km
LEADER Mark Heath
TRANSPORT Train from Flinders St
AREA Melbourne
MAP REF Melway

The walk starts at Laverton station and proceeds via Laverton Creek to the Bay at Altona. From Altona we walk along the Bay to Williamstown for a coffee at Nelson Place before heading back to Flinders Street on the train. There was an amazing variety of birds on Laverton Creek when I previewed this walk



SOCIAL WALK

FAIRFIELD, MERRI CREEK

DATE Thursday 30 September
STANDARD Easy
DISTANCE 5.5 km
LEADER Jean Giese
TRANSPORT Private
AREA Fairfield – Clifton Hill
MAP REF Melway 2D and 44

We'll start at Deep Rock picnic area carpark off Yarra Bend Road (Melway 2D E5) at 10.30 am and follow Merri Creek upstream, cross it then return on the western side via Dights Falls. Lunch at Grand View Hotel. To book please call the leader.

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:30 am. Leader or deputy will be there rain, hail or shine!

SEPTEMBER				
Thu 2	Hawkstowe Park - South Morang	Private	Easy	Alister Rowe
3 - 5	First Aid Course			Roger Wyett - Coordinator
Sun 5	La Franchi's Hut	Car	E/M	Roy Rossebo
Wed 8	Northern Brisbane Ranges - Spring Creek	Private	E/M	Max Casley
Sun 12	Black Hill - Pipers Creek	Bus	E & E/M	Halina Sarbinowski & Michael Murray
17 - 19	PC: Major Mitchell Plateau (Grampians)	Private	E/M	Del Franks
17 - 19	Lurg Hills - Threatened Species Planting	Private	Easy	Michael Murray
18 - 20	Cycling: Warburton Trail	Private	Medium	Lynda Larkin
Sun 19	Laverton Creek	Car	E/M	Mark Heath
Mon 20	MOFs: Jumping Creek - Warrandyte S.P.	Private	Easy	Janet Hodgson
24 - 26	PC: Blanket Bay - Cape Otway - Aire River	Private	E/M	Richard Hanson
24 - 26	BC: Grampian Wildflowers	Private	Easy	TBA
Sun 26	Anakie Gorge - Steiglitz	Bus	E & E/M	Les Southwell & Dianne Woodcroft

The News of the Melbourne Bushwalkers
 If undelivered please return to:
 MELBOURNE BUSHWALKERS INC
 GPO BOX 1751, MELBOURNE 3001

PRINT POST P338888/00016	POSTAGE PAID AUSTRALIA
--------------------------------	------------------------------

ALTERATION TO PARTICULARS / SUBSCRIPTION RENEWAL		
	Current details:	New details:
Name:		
Address:		
Phone:	Home : Work:	Home: Work:
	Mobile:	Mobile:
Email:		
2010 SUBSCRIPTION INFORMATION		
Ordinary:	Single \$45/\$55* Couple/family \$72/\$82*	Tick if address details are NOT to be published in the membership listing issued to Members only
Concession	Single \$34/\$44* Couple/family \$50/\$60* Proof req.	
* An additional \$10.00 is charged to members who receive their copies of "The News" via Aust Post		
Forward to: Membership Secretary, GPO Box 1751, Melbourne 3001 or membership@melbournebushwalkers.org.au		