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# THE NEWS OF THE Melbourne Bushwalkers Inc.

October 2012

## PRESIDENT'S CORNER

Have you been thinking about **sharing your love of the environment, the outdoors and bushwalking with a colleague, friend or relation?** If not, why not? Spring and summer (avoiding the weather extremes!) are a great time to get someone out walking with lots of easy and more challenging items on the programs.

At the **September Committee Meeting** the main item was the format and contents for Leaders Training Night which is on November 19th (see the advert in this News). Each year the Club donates the interest from our Special Account to conservation, environment and/or walking track support groups. We have donated between \$1000 and \$2300 each year over the past 5 years to VNPA, the Regent Honey Eaters Project, Friends of the Great South Western Walk, Trust for Nature, The Wilderness Society etc. The donations for 2012 will be decided at the October Meeting, so if you have suggestions let a Committee Member know.

The **28 people who attended the Auction Night** had a fantastic time thanks to our fantastic and entertaining auctioneer Graham Hodgson, there was some wild and crazy bidding, with lots of happy shoppers and the club made \$200 thanks to donated items. Thanks also go to Roger Wyatt for the Navigation Training Day, which was a sell-out with 11 people attending.

**At an operational level** we have a few changes:

- The process for those few members who pay for Sunday Walks by cheque has been updated. As well as posting the cheque they now also email [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au). That way we only need to pick up the mail once a month! See the Website Frequently Asked Questions for more details.
- We have also added the Membership Form to the Leaders' Database in case a Leader wants one for a new member. It's also available in the Clubrooms.
- We have been using a version of the membership email list for updates on social items; however this has become an onerous task keeping a separate social list, retaining track of people who have asked to 'unsubscribe' from social updates etc. We are going to only use the membership email list in future, and will only send out social items when there is a program change. So make sure you check the Website and News to see what's on.

Derek Brown and Ian Mair are teaming up to collect, scan and put on the Website **photos of the early days of the Club**. So if you have some old photos get them ready...

Please keep free Tuesday December 4th for our **Christmas Party** which is at the Melbourne Lawn Bowls Club in Flagstaff Gardens again (see the advert on page 3 in this copy of the News). Happy walking!!!!

*Mick Noonan*

**Due date for contributions  
to November News:**

**Wednesday  
24th October**

## **NEXT LEADERS' TRAINING NIGHT For current and future walk leaders!**

Leading can be great fun, help you gain skills and confidence, and the get the satisfaction of helping others enjoy the outdoors.

So learn about leading, share your experiences ... be there!!!

**Monday November 19, in the Clubrooms, 7-9 pm**

RSVP to [mili.loco@bigpond.com](mailto:mili.loco@bigpond.com) or just come along.

Food and Drinks Provided!!!

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria  
362 William Street  
(Cnr William and A'Beckett Streets)  
Melbourne  
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc



PO Box 1751  
MELBOURNE VIC 3001  
[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for *The News* is the 2nd last Wednesday of the month. So for November News, the closing date is 24 October.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au).

Please note:  
Next committee meeting will take place on  
**Monday 29 October 2012**

## NEW MEMBERS

We welcome the following new members to the Club:

ELIZABETH ANNE GWYNN  
JAN JOHNSTON  
PETER FERNANDEZ  
PETER GAWTHORP

## EQUIPMENT

A reminder that items left on the bus or otherwise lost often end up in the equipment storeroom.

*John Fritze*

## SNAKE BANDAGES – CORRECT COMPRESSION

The Snake Bandages come with both BROWN and GREEN Rectangles!!

To get the correct compression tension the bandages as you wrap a limb until the BROWN rectangles become squares!

The GREEN rectangles give a lower compression.

A 50% overlap is recommended as you wrap the bitten limb.



What a snow season! Photo by John Terrell

# SOCIAL CALENDAR

## Slide nights, presentations and functions



September 26:  
WINE AND CHEESE EVENING

October 24:  
WINE AND CHEESE AND TREKKING TO EVEREST BASE CAMP –  
THE ULTIMATE HIMALAYA ADVENTURE ESCAPE



Have you ever dreamed about trekking through the spectacular Himalayas to the base of the highest mountain in the world, Mt Everest? Well, come and listen to experienced mountaineer and guide Cherie Horne talk about this once in a lifetime adventure holiday. You will be captivated by her stunning photos and inspired by her passion for the mountains of Nepal. To learn more about her visit: [www.cheriehorne.com](http://www.cheriehorne.com)

November 14:  
PRESENTATION: HIMALAYAN OVERVIEW

Jerry Grandage will present a big-picture perspective on the Himalayan region. The presentation will be based on photos from various visits since the 1970s as well as research material from university libraries etc.



November 28:  
WINE AND CHEESE

Roger and Sue will present a slide presentation on their recent hiking trip in Nepal.

## Other events

### Melbourne Bushwalkers 2012 Christmas Party

**VENUE** Melbourne City Bowls Club (Opposite the clubrooms)  
**DATE** Tuesday 4 December 2012  
**TIME** 7.00 pm to 10.00 pm  
**BYO Plate**

Drinks can be purchased from the bar

**LUNCHES:** Susan will continue to play social host for lunches. Throughout the year keep an eye on the MBW Newsletter and the website for details of upcoming events.

**RESTAURANTS:** The club will be organising some outings to restaurants, so keep an eye on this space for advertisements on venues and dates.

**NEW YEAR'S DAY BBQ:** Susan will continue her tradition of hosting a New Year's Day BBQ.

**Please note – bus bookings need to be made by 8:00 pm on club evenings when presentations are scheduled.**

Kerry McKean  
SOCIAL SECRETARY

## MELBOURNE BUSHWALKERS ONLINE HAPPENINGS

It has been a busy month online with several new initiatives adding to Melbourne Bushwalkers' expanding presence on the Internet.

(1) Perhaps the most significant addition to our communication channels is our first 'dipping of the toe' in Social Media with the launch of our own Facebook Page (<http://www.facebook.com/melbournebushwalkers>). Complementing our existing newsletter, email and web site, the Facebook Page provides an additional way to communicate with interested members and non-members on items of interest to the club and bushwalkers more generally. To view and interact with the site it is first necessary to register with Facebook which can be done with the minimum information of your name and email address. This is a simple process; however, some members may have concerns about personal privacy. The club's webmaster, Ian Mair, will be happy to advise on how to minimise any issues. If you visit the site don't forget to click the 'Like' button to receive notification of new additions to the Page.



(2) The club has started making copies of Walk magazine available for online browsing or downloading as pdf files ([http://mbw.org.au/MBW\\_walk\\_magazine.php](http://mbw.org.au/MBW_walk_magazine.php)). Club members Ron

Hampton and Ian Mair are carefully scanning and processing the 38 volumes of Walk published annually by the club between 1949 and 1987. Walk magazine was initially conceived primarily as a club journal to record matters of interest to members. Today, the pages of the magazine, with their detailed walk descriptions and topics of interest to bushwalkers, stand as an invaluable historic record as well as having much of current relevance.

(3) Melbourne Bushwalkers has a long and proud tradition. To help preserve some of that history and make it available to members old and new the Club is developing a digital archive of old photographs and magazine images. Past President Derrick Brown and Ian Mair have started contacting an expanding group of club members to track down prized or half-forgotten photographs tucked away in personal files. The images will be scanned and enhanced, then catalogued for future reference. Selected images will be displayed on the web site in an Archive section of the Photogallery (<http://mbw.org.au/zenphoto/Archive/>) structured along the lines of the club's written history 'The Melbourne Bushies – Fifty years along the track (1940–90)' ([http://mbw.org.au/history/MBW\\_history\\_i.php](http://mbw.org.au/history/MBW_history_i.php)) for ease of cross reference to a written record of the time. We would be excited to hear from any members who may have old photographs, slides or negatives they are happy to make available for scanning and safe return or have information on relatives or friends of past members who may hold old family albums. Every single image adds to the larger collection.

*Ian Mair Webmaster*



## Suggestions

**IT'S ON AGAIN!!!**

**MT HOTHAM  
AUSTRALIA DAY WEEKEND  
AT AUSTEN SKI LODGE**

This small, intimate, well appointed lodge is again available for Melbourne Bushies' use over the Australia Day weekend. We have booked the lodge for the nights of the 24th to 27th January 2013. Accommodation cost is \$136 for the long weekend (4 nights at \$34 per night) per person. Numbers are limited and to secure your place at Austen Lodge a 25% deposit (\$34 – 1 night's accommodation) will need to be received by Wednesday 26th September, with final payment due late December.



We'll again do the iconic Razorback to Mt Feathertop and the Cobungra Ditch Walks, however, other walks will be finalized closer to the weekend.

For those who want a laid-back holiday, the ambience of the lodge is lovely, with superb views of the surrounding mountains from the balconies. Photos from the Australia Day weekend 2012 in the MBW photogallery will give you an idea of how lovely this venue and the walks in the area are.

## WILLIS'S WALKABOUTS

**GOING  
PLACES  
PEOPLE  
ONLY  
DREAM  
ABOUT** most !

*You have to experience it to believe it!*

**Off Track Walking**  
**We don't do anything else**  
How could we? There are no tracks where we walk.

Explore hidden waterfalls, ancient rock art, flowing streams and deep pools of pure, clean water with experienced guides leading the way.

If you like bushwalking you will LOVE a Willis's Walkabouts trip. Check out our website and see the incredible variety we offer.



[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au)

[rrwillis@internode.on.net](mailto:rrwillis@internode.on.net)

Phone 08 8985 2134

Fax 08 8985 2355

12 Carrington St Millner NT 0810

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## Members' contributions

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### CONSERVATION MATTERS

#### Cows in the Alpine National Park

The campaign continues!! with the State Government having challenged the Federal Minister of Environment in legal action at the Federal Court. For more information, read *The Age* article (3 August 2012) at <http://www.theage.com.au/opinion/political-news/court-to-hear-alpine-grazing-ban-challenge-20120802-23if1.html>

#### Commercial Development in Victoria's National Parks

The State government will now allow private accommodation in our National Parks!! For more information read The Victorian National Parks Association view on this. [VNPA are asking for concerned people to write and/or email the State Treasurer to reconsider and to locate private commercial development outside our national parks]. <http://vnpa.org.au/page/publications/media-releases/parks-are-fhttp://vnpa.org.au/page/nature-conservation/take-action/private-development-push-threatens-victoria%27s-national-parks>

Rod Novak

### TRIP REPORT TREE PLANTING 25-26 AUGUST WEEKEND

Six Melbourne Bushies joined in with a crowd of 70 planting 3,000 seedlings for the Regent Honeyeater Project on the Saturday near Kelly's Gap (Lurg Hills, near Winton) and a further 1,500 seedlings at Glenrowan (adjacent to the Warby Ranges). These two plantings were to further extend the bio-link/wildlife corridors. We enjoyed a nature walk in an eight year regeneration site with all the wattles and shrubs in bloom. On Sunday we had a great nature walk in the Warby Ranges National Park looking at the ecology of the endemic grass tress. All enjoyed the three course dinner and Mulga Bill's Bicycle recital on the Saturday evening (but opted for sleep rather than the bush dance) and BBQ lunch in the sunshine on the Sunday. Both planting sites had tremendous views of the rolling hills and distant Alps. The Regent Honeyeater Project is nearing the 500,000 seedlings planted for habitat regeneration which commenced in 1995. Many thanks to Ray Thomas (Regent Honeyeater Project) for his nature talks and walks and to Howard, Tina, Mark, Deb and Agajan.

Rod Novak



Cooking dinner in the tent vestibule.



Snow-shoeing on the Baw Baw Plateau.

Photos by Arron Laki. See next page for Arron's story of the trip.

### SHOW SHOEING IN MT BAW BAW NATIONAL PARK

Before this adventure I had no idea what snow shoeing was. What I did know however is that my partner, Leila, had done it a few times before in the USA and couldn't stop raving about it. So with that information, off I went with Ralph (Leader), Kerry (co-leader) and Leila deep into Mt Baw Baw National Park for a weekend of discovery.

So what is snow shoeing? Well the most frequent reaction I get from people is, "Oh yes, that's where you walk in the snow on tennis racquets, right?" Well yes, we are talking about the same thing but the equipment is a lot more advanced these days. My best description of show shoeing is that it's like 4WDing in snow. Without the snow shoes on, anytime you go off-track you get bogged in snow and find it very hard to get out. With snow shoes on, you make your own path which gives a huge amount of freedom in exploring wherever you like.

On the Saturday we started from Mt St Gwinear car park and worked our way up a snow-covered hill littered with trees whose bark was quite astonishing. The trunks looked as though a painter had taken a brush and madly attacked them – wildly sweeping streaks of green, orange and grey from top to bottom. Against the contrast of the white snow it was very beautiful. I later found out that these trees are scattered throughout the National Park.

Later on when we stopped to take off some layers (snow shoeing is a good workout) we noticed ice hanging off many of the trees. What I found particularly interesting is that the ice didn't always hang directly vertical, as gravity might usually dictate. For those trees more exposed to the mountain winds, icicles had literally formed in a horizontal direction. Also, upon closer inspection of the tree leaves, many were covered in ice which you could peel off to reveal a leaf fingerprint.

After a few hours we crossed a large open valley which had a semi-frozen stream running through it. The water in these streams was so clear and we all looked in amazement as the water slowly trickled through the ice walls that surrounded it. There was a forecast of strong winds for that night, so we crossed the valley and found a sheltered area on the other side where we pitched our tents and made sure they were well anchored using specialised snow pegs. The remainder of the afternoon was spent exploring.

Sunset brought the onset of brisk winds and very cold weather, so we retreated to our tents. On Ralph's advice, we had dug a pit in the vestibule area which allowed us to cook in that area. Cooking dinner in the snow was certainly a new experience for me. To sum it up – it was fun, awkward and a bit adhoc, given that at one stage I needed to use 2 snow shoes to stop the vestibule (madly flapping in the wind) from knocking over the cooking pot.

That night we had high wind gusts. I remember waking up for a while and being astonished about how you could hear the wind gusts travelling over the mountains for a good 5 seconds or so before they hit the tent. It's fair to say that the tents received a really good workout that night but proved themselves. Also, anyone who says that a Thermarest ProLite Plus mattress is adapted to sub-zero conditions, I would like them to come and tell me how. Even with a foam mat between the ground and my Thermarest mattress, the mattress got very cold during the night. Overall, it was certainly an interesting experience.

The next day we ventured up to Mt St Phillack and explored a few beautiful valleys. We even got caught in a snow blizzard for about 10 minutes which I thought was AWESOME fun. Overall, I have to say that I was amazed about how well Ralph and Kerry know the Mt Baw Baw National Park area. Their combined alpine experience of more than 20 years really shone through and I didn't have to worry at all about my safety. I could just enjoy the scenery, the company of my fellow explorers and trudge blissfully around in the snow-covered mountains. I felt like a kid exploring a new playground. I will be going back!!!

*Arron Laki*



A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website: [http://www.mbw.org.au/mbw\\_activities/MBW\\_activities\\_program.php](http://www.mbw.org.au/mbw_activities/MBW_activities_program.php)

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS  
4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



**TOFS WALK**

ROYAL CRANBOURNE GARDENS  
(including newly opened Stage 2)

**DATE** Thursday 1 November 2012  
**STANDARD** Easy  
**DISTANCE** 10 km  
**LEADER** Rosemary Cotter  
**TRANSPORT** Private  
**AREA** SE of Cranbourne  
**MAP REF** Melway 138 G10

This is an exciting time to be visiting the area around the Cranbourne Australian Botanic Garden as Stage 2 is scheduled to open on 20 October this year. As a volunteer at the Melbourne Garden I have seen a preview of what will be on offer.

The walk will take in the indigenous landscape and flora around the Cranbourne Garden as well as visiting the new segment of the Botanic Garden (entry is now **FREE**). There will be some focus on the Australian Garden so come prepared to meet the flora!

For a taster of what Stage 2 promises see <http://www.rbg.vic.gov.au/australian-garden/australian-garden-stage-2>.

Meet in the visitor car park adjacent to the Australian Garden (Melway 138 G10) at 10:15 am for a 10:30 am start.



**PACK CARRY**

LAKE TALİ KARNG AND THE SENTINELS

**DATE** 2-6 November 2012  
**STANDARD** Medium  
**LEADER** Ian Langford  
**TRANSPORT** Private  
**MAPS** Tamboritha-Moroka (1:50 000), Licola-Wellington (1:50 000), Tali Karng (1:25 000), VMTC Snowy Plains, Mt Kent and Lake Tali Karng (1:50 000)

**GUIDE BOOK:** Van der Knijff, G. 2004. *Bushwalks in the Victorian Alps*. Melbourne: Open Spaces Publishing.

**DISTANCE:** 40-50 km  
**TRANSPORT:** Private. \$56.20 (562 km return).

A popular walk to a rare natural lake. Access is via Gippsland through Heyfield (205 km) and Licola (54 km) to a Friday night camp at Tali Karng car park (22 km). Plan A will start at 9 am Saturday at the Tali Karng car park. Then to a camp on the Wellington River (4 hours). Sunday to the Lake (2 hours). Then a climb to a camp (3 hours). Monday day walk to the Sentinels (4 hours) then descend to Wellington River camp (5 hours). Tuesday return to Tali Karng car park (4 hours). In the event of heavy rain, Plan B will be in and out from MacFarlane Saddle (62 km from Licola). My trip log for 3 November 2001 reads: '... During the upper part of Gillios Track we had a scented walk from a million tiny white flowers on the bushes. ... 6.00. Arrived back at the campsite in heavy rain. A wonderful day.' David had gone ahead to light the fire. We spent a magic evening, huddled round the fire in a storm, talking into the night. Bring dinner and breakfast for the camp at Tali Karng car park. Carry 3 breakfasts, 4 lunches and 3 dinners. Dress for above the tree line in all weathers and pack compass. This trip is within the capacity of normal pack carry members. The hardest bit is the ascent from the lake. There are six vacancies left in the party.





**SUNDAY CAR POOL**

MOGGS CREEK – FAIRHAVEN

**DATE** Sunday 4 November 2012  
**STANDARD** Easy  
**LEADER** Theo Mertzaniadis  
**TRANSPORT** Carpool from Southbank Boulevard at 8:45 am

For details of this walk please contact the leader.



**CYCLING**

SPRINGTIME SOCIAL RIDE – WESTERNPORT BAY

**DATE** Saturday 10 November 2012  
**STANDARD** Easy  
**DISTANCE** 50 km  
**LEADER** Lynda Larkin  
**TRANSPORT** Private  
**AREA** Hastings, Balnarring, Somerville  
**MAP REF** Melway – in sequential order 154, 153, 152, 162, 192, 193, 194, 164, 165, 164, 154  
**FIRE BAN DISTRICT** Central  
**TEMPERATURE REF SITE** Central (Frankston)

We will meet at Pelican Park, Marine Parade, Hastings, Melway Ref 154 K11, at 9:30 am for a 10:00 am start. This beautiful ride offers the best of both worlds as we travel inland from Hastings Foreshore towards Balnarring along roads flanked by rich pasturelands, vineyards and the wetlands of Devilbend Reserve, which are home to large numbers of waterbirds and frogs. Public access is restricted, so we will not enter the reserve, but the frogs were in good voice and we observed a large flock of pelicans overhead and many ibis stalking around the pastures during our preview ride.

From Foxeys Hangout (Melway 152 E12) we will continue south through Merricks North, then east towards Balnarring, encountering a couple of ‘big dippers’ along the way, after which the route we take for the rest of the day is comprised of mainly gentle downhill gradient. YES!!

Lunch will probably be in Somers. The cafe there is a bit pricey, so I suggest either bring lunch or pick up lunch beforehand from one of the bakeries in Balnarring as we pass through.

After lunch we will head northwest out of Somers past HMAS CERBERUS and east towards the seafront once more. We will stop at Jacks Beach and rest on the rocky shoreline a while ... something eerie about the place and the angle of the sunlight, but very peaceful/beautiful with clear views of the surrounding coastline and French Island.

For the last section of the ride we travel along the coastal trail back to Hastings, part of which is a series of boardwalks traversing some amazing mudflats and mangrove forests.

As there are several of stretches of unsealed road, road bikes are probably unsuitable for this ride

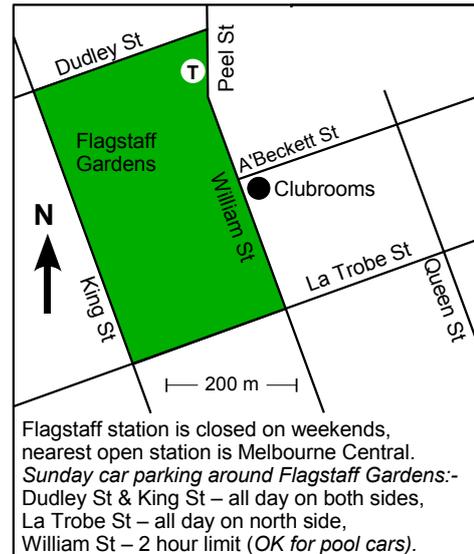
Remember to bring sun protection and please ensure bicycles are in good working order beforehand.

This ride is delightful and I look forward to sharing it with you.

Footnote: Highest point on ride is corner of Myers Rd & Tubbarubba Rd at 150 m above sea level (about 3 km south of Foxey’s Hangout). From there we drop down to 115 m before climbing to 140 m at Fenton Hall. After reaching Balnarring we don’t climb higher than 40 m.

**ALTERNATIVE DEPARTURE POINT FOR SUNDAY WALKS OPPOSITE CLUBROOM**

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A’Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.



**SUNDAY BUS**

MT WORTH STATE FOREST (ALTERNATIVE DEPARTURE POINT)

**DATE** Sunday 11 November 2012  
**STANDARDS** Easy/Medium and Medium  
**DISTANCES** 11 km and 15 km  
**LEADERS** Allan Martin and Phil Geschke  
**TRANSPORT** Bus – Leaving William Street Clubrooms at 8:45 am  
**MAP REF** Mt Worth 8021-2-1 1:25 000

Mt Worth State Park is situated approx 130 km south east of Melbourne in the Strzelecki Ranges

This park is a gem hidden a little south of Warragul.

The lower part of the walk covers a fantastic stretch of rainforest along Moonlight Creek on a trail surrounded by tree ferns and passing the remnants of old logging mills. Remnants of the majestic forests that once covered this region are still to be found with some giant mountain ash estimated to be over 300 years old still dominating the forest. The longer walk will cover an open stretch climbing to the top of the park where the views are breathtaking across Gippsland. I really enjoyed this preview, the wattle was blooming, the walk in the upper part of the park is breathtaking and the rain forest along the fern-covered lower stretch along the romantically named Moonlight Creek adds up to some classic bushwalking.

The shorter walk I have rated E/M (it is on the lower end of E/M) as this is a hilly area and both walks will have some uphill sections to cover, however the views to be had are well worth it.



### WEDNESDAY WALK

#### TRENTHAM-DOMINO TRAIL-LYONVILLE SPRINGS

**DATE** Wednesday 14 November 2012  
**STANDARD** Easy/Medium  
**LEADER** TBA (probably Fay Dunn)  
**TRANSPORT** Private

Sandra Mutimer was to lead this walk, but she's got foot problems, so other arrangements have been made for the November walk [and it is likely to be held in this area]. More information will be following later.



### WORK PARTY

#### ALPINE NATIONAL PARK (BOGONG HIGH PLAINS)

**DATE** 16-18 November 2012  
**STANDARD** Easy/Medium  
**LEADER** Rod Novak  
**AREA** Bogong High Plains, north-east Victoria  
**MAP** VicMap: 1:25 000 Bogong High Plains  
**TRANSPORT** Private  
**RETURN HOME** 9 pm Sunday evening



We will join in with the Friends of Bogong, Inc. and do two days of volunteer work with Park Rangers on the Bogong High Plains. If you like bushwalking and would like to give something back to our fantastic National Parks then come along for this fun weekend. You will need to be prepared and have proper equipment for very hot or very cold (rain/snow?) and/or all types of weather on the High Plains. For more information please contact the Leader or see me at Clubnight on Wednesday 14th November.



### PACK CARRY

#### MT BUFFALO-MT MCLEOD

**DATE** 16-18 November 2012  
**STANDARD** Easy/Medium  
**LEADER** John Fritze  
**TRANSPORT** Private  
**AREA** North East  
**MAP REF** Mount Buffalo Outdoor Recreation Guide 1:30,000  
**FIRE BAN DISTRICT** North East  
**TEMPERATURE REF SITE** Falls Creek

This is a walk into the most remote part of the Mt Buffalo National Park. It will be run at a relaxed pace along tracks with no major climbs and is suitable for beginners. Distances covered will be short at about 8 km per day but there could be time for an optional day walk at the end. We will spend Friday night at the Lake Catani Campground and Saturday night on the edge of a beautiful little snow plain at the Mt McLeod Camping Area. Both camping areas involve a small fee and the latter is limited to ten walkers, which will determine our maximum group size.

Although the walk is not difficult, it is in an alpine area and all participants must be prepared for the possibility of bad weather.



### CYCLING

#### GIPPSLAND 4 OR 6 DAY RIDE

**DATE** 17-22 November 2012  
**STANDARD** Medium  
**LEADER** Jopie Bodegraven  
**FIRE BAN DISTRICT** West Gippsland  
**TEMPERATURE REFERENCE SITE** Latrobe Valley

For some time I've been wanting to do a multi-day ride through the Strzelecki Ranges and now, finally, here it is; a 4 or 6 day epic riding through beautiful farming and forest country but with some quite hilly sections. There will be a backup car(s), which we will take turns at driving, to carry camping gear and occasional weary riders

We will start at Pakenham Station on Saturday morning. Overnight stops will be at Korumburra, Foster, Tarra Valley, Moe and Toorong Falls near Noojee. We will finish at Lilydale on Thursday afternoon. Accommodation for the first 3 nights will be at caravan parks where we can camp or use cabins. The last 2 nights will be camping only with no cabins available. As well as the full 6 day trip, there will be a 4 day option where you can use cabin accommodation all the way if you wish, finishing with a train trip from Traralgon back to Melbourne on Tuesday afternoon. Daily distances in km are 76, 70, 76, 75, 58 and 78. Daily ups vary from 350m to 830m with an even bigger option on day 2 (choice of 350 or 910m).

If you are interested, drop me an email and I'll send you a detailed information sheet.



### SUNDAY CAR POOL

#### PLENTY GORGE AND YARRAMBAT PARK

**DATE** Sunday 18 November 2012  
**STANDARD** Easy/Medium  
**LEADER** Roger Wyatt  
**TRANSPORT** Carpool from Southbank Boulevard at 8:45 am  
**DISTANCE** 15 km  
**ELEVATION** 140 m fluctuation  
**LEADER** Roger Wyatt  
**TRANSPORT** Car Pool  
**AREA** Plenty Gorge  
**MAP REF** Melways 183 H8  
**TRANSPORT COSTS (PER PERSON)** Approx \$10

This walk is on the outskirts of northern Melbourne, yet is a sanctuary for mobs of grey kangaroos, as well as significant bird life, in what was once an old quarry site and land fill, now reformed into a wetland reserve.

Rather than car pool from the city, we will gather at the South Morang Railway Station. Thus walkers wanting to use public transport can catch the 8:37am from Flinders St to arrive at 9:20 at South Morang where we will meet the cars. I will co-ordinate drivers and passengers on the Thursday night – thus late booking may not be accepted.

After a short drive up Plenty Road to Gordon's Road we will park at the Red Gum Picnic Area following 4WD tracks around the wet land area, before following the Plenty River along the western escarpment, before descending to cross the river and ascending into the Yarrambat Park. After visiting old ruins we will descent to re-cross Plenty River and head downstream to the historic Le Page homestead (including a local art gallery), before ascending to the cars again.

I have included a few sections that are cross country, with crossings that may result in wet feet, to vary this walk away from the flat wet lands that you may have travelled on previous activities in the area. (I am avoiding the archery range this time!)



**MOFS WALK**

RIVERSIDE WALK

**DATE** Monday 19 November  
**STANDARD** Easy  
**DISTANCE** 10 km  
**LEADER** Janet Norman  
**TRANSPORT** Train  
**AREA** City  
**MAP REF** Melways 43, 44, 58 and 59

The walk will begin under the clocks at Flinders Street Station at 10:30 a.m. It will finish at Gardiner Station and we will return to Flinders Street Station by train, so please don't forget your Myki! If you prefer you could leave your car at Gardiner Station and catch the train in before the walk.

We will walk through Birrarung Marr, over the historic Morell Bridge then wander through the Botanic Gardens to view an historic wall in South Yarra shown to me by Athol Schaeffer many years ago.

Then it's back to the Yarra River, over MacRobertson Bridge then ducking under the Monash Freeway to follow the Gardiners Creek Trail to the station. There are possibilities to cut the walk short if desired.



**SOCIAL WALK**

AUSTRALIAN PLANT GARDEN, KALORAMA

**DATE** Thursday 22 November 2012  
**STANDARD** Easy  
**DISTANCE** 5 km  
**ELEVATION** Small hills  
**LEADER** Jean Giese  
**TRANSPORT** Private  
**AREA** Kalorama  
**MAP REF** Melway 120  
**FIRE BAN DISTRICT** Central

We will walk the tracks in the Karwarra Australian Native Plant Garden to enjoy the spring flowers, then around the adjacent park and quiet streets in Kalorama. There will be a 1 km drive to lunch at a café with great views. Meet at 10:30 outside the garden (Mel 120B7). There are signposts to the garden on Mt. Dandenong Tourist Rd.



**DANDENONGS EXPLORER**

**DATE** Saturday 24 November 2012  
**STANDARD** Easy/Medium  
**LEADER** Maureen Hurley  
**TRANSPORT** Private

For details of this walk please contact the leader.



**SUNDAY BUS**

WALHALLA

**DATE** Sunday 25 November 2012  
**STANDARDS** Easy and Easy/Medium  
**LEADERS** Kerry McKeand and John Fritze  
**TRANSPORT** Bus – Leaving Southbank Blvd at 8:45 am

For details of this walk please contact the leaders.



**PACK CARRY**

KINGS SPUR – MT SPECULATION – QUEENS SPUR

**DATE** 30 November–2 December 2012  
**STANDARD** Medium/Hard  
**LEADER** Jopie Bodegraven  
**TRANSPORT** Private  
**AREA** Alps beyond Mansfield  
**MAP REF** Buller–Howitt Alpine Area 1:50,000  
**FIRE BAN DISTRICT** North East  
**TEMPERATURE REFERENCE SITE** Mt Buller  
**TRANSPORT COSTS (PER PERSON)** 10c/km

This is one of those classic alpine areas that you can go back to several times and each time it's great and each time it's different. The views, the rugged rocky ridges, the campsite on Mt Speculation; they're all first class. The weather? That's always different too and we must be prepared for foul alpine weather although we always hope for sunshine of course.

Saturday sees us climbing up Kings Spur, a rough rocky climb to the summit of Mt Koonika, all off track although it is a recognised 'route'. Then along a ridge and a descent to our water supply followed by the final climb up to our campsite on Mt Speculation. The total climb is about 1250 m but luckily we have lots of daylight and hopefully light packs. The views from our campsite will be superb,

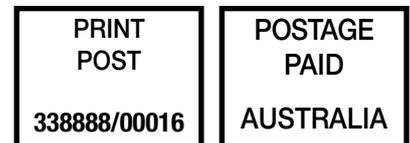
On Sunday after a descent to Horrible Gap we climb over Mt Buggery (can you guess why they call it that?) and then descend Queens Spur back to our cars. Total climb is only about 420 m, much easier than yesterday, which is just as well. Parts, however, are rough and rocky and it is mostly off track.

Friday night's camp can be at several places. If you can get there early enough in daylight, then camp at our Saturday starting point which is at the King River about 3 km along the Speculation road off the Stirling Ring Road. The turnoff on the Ring Rd is about 21 or 22 km along the southern route from Telephone Box Junction via Howqua Gap. If you are late, then maybe camp at Howqua Gap or Carters Rd area just before Mirimbah. We will aim to be ready to start walking at 8:30 am. I will be in the clubrooms the Wednesday prior but not the one before that.

**Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!**

<b>November 2012</b>				
Thu 1	TOFS: Royal Cranbourne Gardens	Pvt	Easy	Rosemary Cotter
2-6	PC: Tali Karng and the Sentinels	Pvt	E/M	Ian Langford
Sun 4	Moggs Creek – Fairhaven	Car	Easy	Theo Mertzianidis
Sat 10	Cycling: Springtime Social Ride – Western Port Bay	Pvt	Easy	Lynda Larkin
<b>Sun 11</b>	<b>Mt Worth State Forest (alternative departure point)</b>	<b>Bus</b>	<b>E &amp; E/M</b>	<b>Allan Martin &amp; Phil Geschke</b>
Wed 14	Trentham–Domino Trail–Lyonville Springs	Pvt	E/M	Sandra Mutimer
16-18	Alpine National Park (Bogong High Plains) Work Party	Pvt	E/M	Rod Novak
16-18	PC: Mt Buffalo – Mt McLeod	Pvt	E/M	John Fritze
17-22	Cycling: Tooronga Falls – Lilydale	Pvt	Medium	Jopie Bodegraven
Sun 18	Plenty Gorge and Yarrambat Park	Car	E/M	Roger Wyett
Mon 19	MOFS: City River Walk	Pvt	Easy	Janet Norman
Thu 22	Social: Australian Plant Nursery, Kalorama	Pvt	Easy	Jean Giese
Sat 24	Dandenongs Explorer	Pvt	E/M	Maureen Hurley
<b>Sun 25</b>	<b>Walhalla</b>	<b>Bus</b>	<b>E &amp; E/M</b>	<b>Kerry McKeand and John Fritze</b>
30-2	PC: Kings Spur – Mt Speculation – Queens Spur	Pvt	M/H	Jopie Bodegraven

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**RENEWAL SLIP**

Payment to the Treasurer, together with completed form by one of the following methods:

- Cash or cheque on club night (cheques payable to Melbourne Bushwalkers Inc.)
- Cheque and Renewal Slip posted to Treasurer, Melbourne Bushwalkers Inc, P.O. Box 1751, Melbourne 3001
- EFT to the club account. (Account Name: Melbourne Bushwalkers, A/c No. 0058-46013, BSB: 013-006).

Please ensure your full name and 'SUBS' appear on the transfer.

**Fees:** **Single member:** \$45 or \$55\* Concession: \$34 or \$44\*\* (Proof required)  
 (Please circle your **Couple/Family:** \$72 or \$82\* Concession: \$50 or \$60\*\* (Proof required)  
 membership category) **News Subscribers:** \$20

**Notes:** \* Additional \$10 charged to members who receive their copies of 'NEWS' via postal mail

\*\* Does not refer to holders of a Seniors Card

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Indicate below if  
 you agree details  
 can go on Club  
 Membership list

YES/NO

YES/NO

YES/NO