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# THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

August 2014

## PRESIDENT'S CORNER – AUGUST

Our President Mick Noonan and fellow club member and wife Carol Corrigan are still overseas. They have both now completed an incredible 4000 km cycling trip from Paris to Istanbul. I am sure they both now have very shapely calves and are enjoying strolling around rather than cycling.

Myself and fellow General Committee member Jamie Brawn attended the Bushwalking Victoria's inaugural new Leaders training at the end of June. The two days training covered planning, previewing, maps, navigation, conducting the walk and the paper work. It was pitched at new leaders but there were some experienced leaders participating also. Two other Melbourne bushies attended the training as the representatives of other clubs. Bushwalking Victoria plans to develop a handbook and program utilising feedback from the June training.

A reminder to members that alternative pick up points are available where that pick up is en route and will not unreasonably inconvenience the group/leader. For instance for those travelling to a walk on the Mornington Peninsula it may be convenient to be picked up at Frankston rather than travelling into the city. If you think this would be helpful to you, speak to the leader of the walk to see if you can be accommodated.

The club would like to encourage more young walkers and the committee would like to hear from some under 35s about what we can do to encourage and retain their membership. If you would like to make some suggestions please contact the membership secretary Gill Wainwright.

First aid training is scheduled for 15 September. There are still some places left. Book online at [firstaid@mbw.org.au](mailto:firstaid@mbw.org.au) and EFT \$20 deposit to secure your booking. (Leaders refunded \$20 on the day, other members refunded \$10.) Full cost is \$85 per person, so a BIG saving for all!

Deb Shand gave a very interesting talk recently on her recent experience of community based eco-tourism in Cambodia where local village people guide hiking trips through the extensive jungle of the Cardamom Mountains. The talk was well attended with over 50 attendees.

Next month on 27 August, John Fritze will be entertaining people with a talk on some of the more adventurous activities we get up to, the beautiful places we visit and some inspirational moments he has encountered along the way.

*Cathy Merrick*



## ADVANCE NOTICE – CHRISTMAS PARTY



The date for the Christmas Party has been set for Monday December 8th at the same place as last year – Melbourne City Bowls Club.

**Due date for contributions (including October previews) to September News:  
21 August**

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria  
362 William Street  
(Cnr William and A'Beckett Streets)  
Melbourne  
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc



PO Box 1751  
MELBOURNE VIC 3001  
[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for The News is the 21st of the month.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au).

Please note:  
Next committee meeting will take place on  
**Monday 4 August 2014**

## VALE HANS EDLINGER

Hans Edlinger passed away following a severe respiratory illness on July 19th this year, aged 62 years.

He was a person who lived life to the full and was a great companion on MBW Sunday walks, of which he led many.

He also spent much time travelling and hiking in Europe, the Middle East and Africa.

Hans will be very sadly missed by his family and friends. We give thanks for having known him.

## THE 2014 FEDERATION WALKS

This year's walks will take place over the weekend of 8-9 November around the historic town of Walhalla, in the nearby Baw Baw National Park and along the Tyers River. The accommodation and admin base at Rawson is 173 km from the CBD and you can come for the weekend or just a day.

There is a \$30 registration fee for the walks. This fee is included in the accommodation fee if you stay at Rawson.

Check out the website [www.fedwalks.org.au](http://www.fedwalks.org.au) for more details about walks and accommodation and please contact Mark Heath if you are interested.



## FOUR PAIRS OF SKIS FOR SALE

2 pairs of Pizzicato Hart 150cm \$30 each;  
one pair Rossignol 193 cm \$60;  
one pair Fischer Carve 180 cm \$60.

Also **ski boots** one pair  
approx. size 12, 32 cm, \$40.  
Contact Bill Dowd on 0403422382 or 93637487.

# 2014 Social Calendar

**Wednesday 27 August 2014**

**SLIDE NIGHT: SOME ADVENTUROUS MOMENTS IN BUSHWALKING**

John Fritze has put together a slide show of some of the more adventurous activities we get up to, the beautiful places we visit and some inspirational moments he has encountered along the way. It's a celebration of bushwalking!

Come along and enjoy it with a glass of wine and a biscuit.



**Wednesday 24 September 2014, 8 pm**

**REBUILDING VICTORIA'S HIGH COUNTRY HUTS**

**SPEAKER: KEN BIRCH, PRESIDENT OF THE VICTORIAN HIGH COUNTRY HUTS ASSOCIATION**

Ken will provide a brief description of heritage buildings in Victoria and where alpine huts stand in relation to Government policy.

- The building of our first hut in 2003
- Pictures of various hut restorations conducted over the last 11 years.
- Four short movie cuts (of 10 to 15 seconds each) showing the use of unique axes and log hut construction.
- The restoration of Wallace and Westons Hut on the Bogong High Plains.
- Plans for 2014–2015 building.

He will also bring a collection of axes including a broad axe, fore and adze.

**Wednesday 22 October 2014, 8 pm**

**CFA BUSHFIRE WORKSHOP FOR BUSHWALKING CLUBS**

The CFA has recognised that people spending time in bushland from November to April each year need to be made aware of the risks relating to bushfires.

The CFA has put together a presentation specifically for bushwalkers and includes the following topics:

- Travelling and hiking in a high-risk area
- What to do if caught in a vehicle during a bushfire
- Understanding Fire Danger Ratings and how to plan a walking holiday around them
- Not travelling into high-risk areas on bad days – rearranging your plans
- Going to a Victorian Visitor Information centre for further information.

CFA has some great resources specific to bushwalking and travelling in high bushfire risk areas that they can make available to the Club.



## FIRST AID TRAINING 9 AM TO 5 PM, 13 SEPTEMBER 2014 AT SUITE 1, 47 RAILWAY RD BLACKBURN

First Aid: it is like insurance – you never know when it will be required.

- Some knowledge is better than none.
- It is just as relevant at home, work or in the bush.
- Improve your skill at minimal cost.

Walk Leaders (active in 2014) are trained free –  
All other club members – \$10 cost.

Book on line at [firstaid@mbw.org.au](mailto:firstaid@mbw.org.au) and EFT \$20 deposit to secure your booking. (Leaders refunded \$20 on the day, other members refunded \$10.)

Full cost is \$85 per person, so a BIG saving for all!

Both full day Level One (Bush) First Aid and the CPR refresher (morning only) are available.

Book early as booking will close as soon as we have 20 participants.



## HOLLYFORD TRACK JAN 21-26 EXPRESSIONS OF INTEREST



This walk is the second half of a walk combining the Milford and Hollyford Tracks. There are no hut spaces left for the Milford section of the walk but there are spaces available for members to join the walk at Milford Sound for the Hollyford section of the walk. Walkers only doing the second section can join us at Piopiothi on the afternoon of January 21 for an optional two-and-a-quarter hour Encounter Nature Cruise on Milford Sound.

We will overnight in civilisation in the village of Piopiothi in Milford Sound on January 21. The next morning we will literally fly over the mountains to two valleys north at the mouth of the Hollyford River. We will have an optional day exploring the shores of Big Bay and hopefully come across the seal pups nursery. We will then spend four days walking up the Hollyford River along the Demon Trail / Hollyford Track. We will walk out

of the Hollyford on the afternoon of Australia Day January 26 and be whisked direct to Queenstown by bus to arrive early evening. The second half along the Hollyford should be easier than the Milford with no major passes. There will be some long days in terms of time and distance of 4 to 7 hours walking.

To express interest and get further information please contact **David Walsh** preferably by email as I will be away skiing much of July and August and then overseas until mid-October. If you are considering joining this trip I suggest you ask for the detailed information as early as possible.

### REGENT HONEYEATER PLANTING DAYS 2014 AUG 9/10    AUG 23/24    SEPT 6/7    SEPT 20/21

What better way to welcome in Spring than coming on a Regent Honeyeater planting weekend? Enjoy the fresh country air, the camaraderie with like-minded folks, and the sense of achievement when you look back over the planting site at the end of the day! You don't have to be experienced, Ray trains all volunteers very well, and there are jobs for all skill and energy levels. Whether you plant 10 trees or 100, it all helps.

Rod Novak is leading a weekend for Melbourne Bushies on September 6/7, so it would be great to have some members join us then – if you can't come for the weekend, consider just joining us for a day, although the Saturday dinner and Sunday BBQ are always worth attending. Contact Rod at [rodnovak@gmail.com](mailto:rodnovak@gmail.com) to register your interest.

It's that time of year when a whole year's work comes to fruition ...

- Our sites are fenced
- The ground is prepared
- The seedlings are thriving ...

#### **So gather a group of friends and come up to the beautiful Lurg Hills.**

Enjoy the fun, good food, and friendship, as we secure a future for our threatened species.

Our 2014 planting season is about to begin, and we have another 25 habitat sites being restored for threatened species like the Regent Honeyeater, Grey-crowned Babbler, Squirrel Glider and Brush-tailed Phascogale.

Please come and join us for a great weekend away in the country, achieving results that will last a lifetime.

And to help generate more interest, I'm happy to come and give pictorial presentations to your group.

I think you'll be fascinated to hear about the complex ecological issues we are tackling, and surprised by the amazing results from 19 years of concentrated effort in this one district!

Free accommodation, community dinner, BBQ, bush dance.

**Meeting Places:** 9:00 am Benalla Ceramic Mural (beside the bridge over Lake Benalla)  
**OR** 9:00 am in the township of Winton (large car park near the CFA shed)  
9:15 am Welcome for all our volunteers at Winton.  
9:30 am Travel in convoy to the planting site.  
9:45 am Registration at the planting site and start planting.

**Accommodation:** Sleeping quarters at Benalla Scout and Guide Halls.  
Mattresses supplied and small kitchen facilities available.  
BYO sleeping bag and pillow.  
Hot showers at Benalla Leisure Caravan Park, \$3.

**What to Bring:** Sun-screen, hat, boots or sturdy shoes, long trousers, gloves, rain jacket, hand-trowel.

**Meals:** BYO lunch for Saturday, as we will be out in the field all day.  
Hot cuppa supplied for morning and afternoon tea.  
Sumptuous meal supplied on Saturday evening.  
BYO breakfast for Sunday, or sample the delights of the local bakeries.  
Free BBQ lunch in the bush on Sunday after planting.

**Activities:** Bush dance on Saturday night for the energetic.  
Wildflower and ecology walk on Sunday afternoon, in some of our best bush remnants.  
See the fantastic growth in some of our older sites, a decade or more after planting.

**Numbers expected:** Please let us know in advance the number of people coming, so we can cater appropriately.

**Contact:** Ray Thomas (03) 57 611 515    email [ray@regenthoneyeater.org.au](mailto:ray@regenthoneyeater.org.au)



### CAPE LIPTRAP TO FIVE MILE TRACK, JULY 5-6

The chance of blustery weather was to be expected. After all, the eleven of us die-hards were doing a coastal pack hike in the middle of winter. We started our journey at the lighthouse at Cape Liptrap and wet weather gear was immediately donned as the horizontal rain squalls greeted us.

We descended a very steep and slippery trail down the cliffs to the beach. Those without sufficient ballast were often dancing sideways with the gusts of wind. The churning ocean, twisted and contorted rocks and platforms and soaring cliffs were spectacular.

It was difficult going on the wet soft sand. As we passed an outcrop of rocks the wind whipped up a huge mass of salty sea foam. Blobs of foam covered bodies, packs and faces. It was hilarious, like we had all emerged from a bubble bath. This did,

however, make some of the rock scrambling particularly difficult. Watch out for the orange lichen!

Lunch was on a dune trail partially sheltered from the wind. It was a quiet time as we huddled over our increasingly soggy crackers. Back on the beach we came across a large lone seal and it reluctantly made its way back into the ocean as we approached. We stood watching like a bunch of emperor penguins, packs to the wind, heads bowed and frogs in our boots.

Scrambling around and over cliffs was a fantastic group effort. Some scouted ahead for the best way forward; others guided for hand and foot holds, transferring packs and words of encouragement. After each obstacle there was a huge sense of achievement.

Reaching Ten Mile Creek the decision was made to camp for the night. We were about 5 km short of our planned campsite but the tide was coming in, there were more rocks to navigate around and daylight would only be with us a few more hours. It was a good decision.

Pitching a tent in horizontal rain was a new experience for some of us. As was cooking in vestibules and keeping gear dry. There was much discussion about fine tuning gear, wet weather strategies and packing techniques. Daylight saw us crossing the Ten Mile Creek. Water was actually flowing down the creek in waves towards the ocean which was quite odd. We marched along the beach to the Five Mile 4WD track that took us back to the cars. Wet, soggy and satisfied. It was an awesome time. Our group consisted of Bob, Sylvia, Fang, Ian, Ray, Brett, Philip, Frank, Howard, Roger and Jeanette. We thank Bob for his time and energy in organising such a great adventure.

*Jeanette*



Photos by Bob Oxlade

### HOW TO DRESS FOR THE WEATHER

In early July, I led a Sunday walk to Willimigongon Creek, near Mt. Macedon. Being a mountain walk in winter, I was concerned that some people may not dress warmly enough for the conditions, so I put a warning of possible snow in the preview and suggested suitable clothing.

On the day, the forecast was snow down to 1400 metres, while our highest point would be 1010 metres on the Camels Hump. Below the mountain, the temperature was 10 degrees, but as we drove towards the summit, it fell steadily. I was pleased to see that our group of 13 brave walkers was well dressed with several layers, beanies and gloves, because the starting temperature at McGregors Picnic Ground was 4°C, not allowing for a high wind chill factor! Sleet was also falling.

As we climbed the Camels Hump, mist was swirling around and it felt like snow could fall, after all. Rounding a bend near the summit, a young woman appeared beside the track, dressed in a white, sequined ball gown (with no sleeves) and only a garland of leaves on her head. My first impression was that Miranda had returned from (a nearby picnic at) Hanging Rock. She was having her photo taken by 2 other people. At this point, the temperature would have been below 3°C. I offered our services as extras, but this wasn't taken up.

The conditions warmed through the day, the rain stayed away and there were some patches of sunshine. However, back at the cars at 3:30 pm, the mercury had fallen to 5°C. On the walk, we had also had to go over, under or around many fallen trees and branches (that weren't there on the preview), so including the climbs and descents, it was a good workout.

Being a small group, travelling by car, we were able to warm up at the Trading Post Café, lower on the mountain. It was an enjoyable day, despite the sometimes freezing weather, but I still think of Miranda, who didn't seem to notice. The word 'surreal' comes to mind.

*Stuart Hanham*

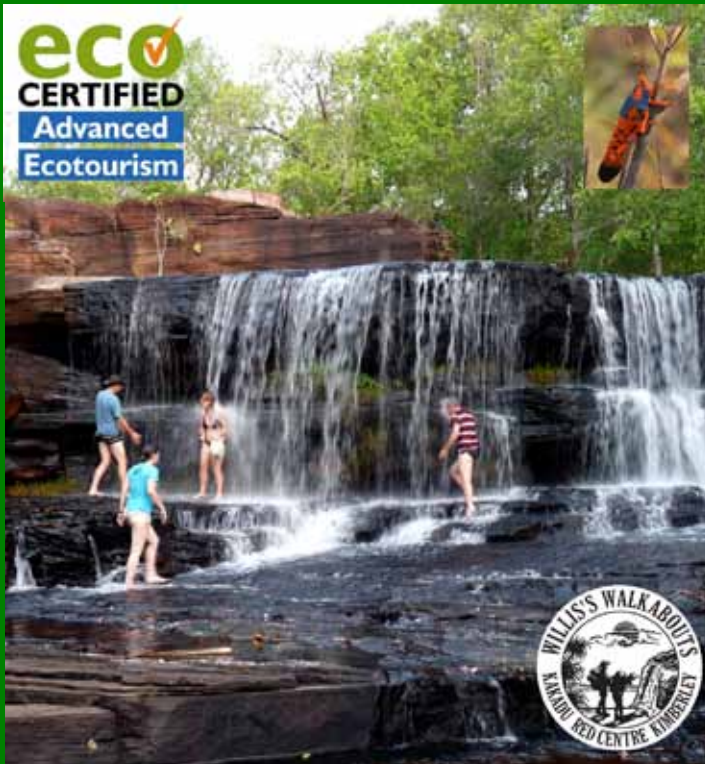
## Willis's Walkabouts

### Build Up & Wet

#### Our most **dramatic** seasons

**Our water is warm!** Southern Australia has nothing like our tropical seasons. We can't do them justice in this small space. All we can do is suggest that you **check out** our Build Up page, [www.bushwalkingholidays.com.au/buildup.shtml](http://www.bushwalkingholidays.com.au/buildup.shtml) and our Wet season page, [www.bushwalkingholidays.com.au/wet.shtml](http://www.bushwalkingholidays.com.au/wet.shtml)

We want more of you to experience these amazing seasons so **we will give a minimum of a \$500 discount** to anyone who quotes this ad and books one of our trips beginning between October 2014 & March 2015. Please ask us for details.



[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au) [rwillis@internode.on.net](mailto:rwillis@internode.on.net) Ph: 08 8985 2134

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.mbw.org.au/mbw\\_activities/MBW\\_activities\\_program.php](http://www.mbw.org.au/mbw_activities/MBW_activities_program.php)

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS  
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



**TOFS WALK**

**ELTHAM: GRIFFITH PARK AND SWEENEYS FLATS**

<b>DATE</b>	<b>Thursday 4 September 2014</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>11 km</b>
<b>ELEVATION</b>	<b>Mostly along river with some slight slopes</b>
<b>LEADER</b>	<b>Rosemary Cotter</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Eltham</b>
<b>MAP REF</b>	<b>Melway maps 21 and 22</b>

The walk takes us along the north side of the Yarra River mainly along bush tracks. As we will be mostly quite close to the river itself there are excellent views of the water and various cascades. There are several reminders of the early settlers who lived in the area, mostly remnant vegetation.

Meet ready to start walking at 10:30 am at locked gates on the corner of Reynolds and Yarra Braes Roads (Melway 22 E9). Phone leader to book.



**PACK CARRY**

**MT KOOYOORA SUMMIT CAMP AND BALD HILLS**

<b>DATE</b>	<b>5-7 September 2014</b>
<b>RETURN TIME</b>	<b>8 pm Sunday</b>
<b>STANDARD</b>	<b>Easy/Medium</b>
<b>LEADER</b>	<b>Jopie Bodegraven</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>NW of Bendigo</b>
<b>MAP REF</b>	<b>Rogaining Map</b>

I recently did a rogaine in this area which reminded me how magic this area is especially in the spring. Lovely granite outcrops everywhere and there should be lots of wattles and other wildflowers too. At the summit of Mt Kooyoora is a lovely sheltered grassy campsite, obviously used by previous groups. Wouldn't it be lovely to camp up there to get the views of the starry night sky and the lights of the towns on the plains below and to see the sunset and sunrise.

To do this we will need to carry water about 2 km from the cars and climb about 150 m. I have also discovered a wonderful open ridgetop called Bald Hills nearby which gives

extensive views especially to the south which would make an excellent half day walk that the club has never done before.

So the plan is to meet at the little park in the middle of Kingower (it's a tiny place) at 10 am Saturday, drive to and walk the 5 km Bald Hills Circuit, have lunch at the picnic ground, then drive to within 2 km of Mt Kooyoora and climb the mountain with camping gear, food and water for our summit camp. On Sunday we continue for another 7 km back to the cars and lunch. After lunch we will drive on to nearby Mt Korong, another rocky granite mountain for an afternoon walk to its summit before the drive home

Getting there: Driving time from Central Melbourne is about 2 hours 45 mins to the Kooyoora car camping area or 2 hours 30 mins to Kingower, so it is feasible to drive up on Saturday morning if that suits you better. Drive to Inglewood and in the middle of town turn left and follow the signs to Kooyoora State Park and Melville Caves. It is about 11 km to Kingower and a further 9 or so km to the turnoff to the right into the park. Then about 3 km to the camping area. Open fires are allowed. Bring sufficient water for the whole weekend as the water situation could be somewhat dubious.



**WORK PARTY**

**TREE PLANTING WITH THE REGENT HONEYEATER PROJECT**

<b>DATE</b>	<b>6-7 September 2014</b>
<b>LEADER:</b>	<b>Rod Novak</b>
<b>LOCATION:</b>	<b>North-east Victoria (near Winton)</b>
<b>MAP</b>	<b>Melways Country Directory</b>
<b>RETURN HOME</b>	<b>7:30 pm Sunday evening</b>

Come along for a fun weekend helping the Regent Honeyeater Project with tree planting (creating wildlife habitat and corridors) in the rolling hill country near Winton/Glenrowan. We drive up to Winton (very) early on Saturday morning. Bring your own small gardening tools and gloves. You will need to bring your own Saturday lunch and snacks. The Regent Honeyeater Project will provide a hot cuppa for morning and afternoon tea, Saturday evening meal and Sunday BBQ. Options include a Saturday night bush dance and a Sunday afternoon nature walk.

For further details see article on page 5 of this News.





## SUNDAY PUBLIC TRANSPORT

### UPPER FERNTREE GULLY TO KALORAMA (TRAIN BASED)

<b>DATE</b>	<b>Sunday 7 September 2014</b>
<b>RETURN TIME</b>	<b>6:30 pm</b>
<b>STANDARD</b>	<b>Medium</b>
<b>DISTANCE</b>	<b>18 km</b>
<b>ELEVATION</b>	<b>500 m</b>
<b>LEADER</b>	<b>Mark Heath</b>
<b>TRANSPORT</b>	<b>Train</b>
<b>AREA</b>	<b>Dandenongs</b>
<b>MAP REF</b>	<b>Melways 38 &amp; 118</b>
<b>TRANSPORT COSTS (PER PERSON)</b>	<b>\$6 Myki</b>

This walk combines many of my Dandenongs favourites into one. From Upper Ferntree Gully station we head up One Tree Hill and along the Western Trail to Mt Dandenong and some great views over Melbourne and the bay. From Mt Dandenong we continue along the front of the ranges to Kalorama and more great views over the Silvan Reservoir to the upper Yarra Valley.

Meet at the east end of platform 2 at Flinders St at 8:50 am in time to catch 9:06 am Lilydale train or meet it along the way to Ringwood (where we change trains) or meet us on the north side of Upper Ferntree Gully station at 10:10 am. The return from Kalorama is by bus to Croydon, then train.

Please note that train timetables change on 29 July. If they affect this walk then the details will be updated on the website.



## WEDNESDAY WALK

### BLACKWOOD TUNNEL WALK

<b>DATE</b>	<b>Wednesday 10 September 2014</b>
<b>STANDARD</b>	<b>Easy/Medium</b>
<b>DISTANCE</b>	<b>15 km</b>
<b>LEADER</b>	<b>Gina Hopkins</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Lerderderg State Park</b>
<b>MAP REF</b>	<b>Lerderderg and Werribee Gorges (Meridian Maps)</b>

We'll meet at Blackwood Mineral Springs Reserve at 10 am. (There is a small parking fee asked for, and I will pay this on everyone's behalf.)

This circuit walk starts from the reserve, first climbing gently to Shaw's Lake then on to Tunnel Point track. From there we descend to the Lerderderg River – with a short steep downhill section at the end – where we'll marvel at the hard work carried out by miners in cutting a tunnel through the rock to divert the river. On our return along the river we will see more evidence of the mining past of this area. Most of the walk is along fairly easy ground with just a couple of steep pinches near the tunnel.

The Springs Reserve is a pleasant picnic area so we could enjoy some afternoon tea there after the walk. Unfortunately the local tea rooms are closed on Wednesday!



## TRAINING ACTIVITY

### FIRST AID TRAINING

<b>DATE</b>	<b>Saturday 13 September 2014</b>
	<b>9 am to 5 pm</b>
<b>STANDARD</b>	<b>Easy</b>
<b>LEADER</b>	<b>Roger Wyett</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>RETURN TIME</b>	<b>Return to Blackburn by 5:00 pm</b>
<b>ADDRESS</b>	<b>Suite 1, 47 Railway Rd, Blackburn</b>

First Aid: it is like insurance – you never know when it will be required.

- Some knowledge is better than none.
- It is just as relevant at home, work or in the bush.
- Improve your skill at minimal cost.

Walk Leaders (active in 2014) are trained free – All other club members – \$10 cost.

Both full day Level One (Bush) First Aid and the CPR refresher (morning only) are available.

Book early as booking will close as soon as we have 20 participants.

Book on line at [firstaid@mbw.org.au](mailto:firstaid@mbw.org.au) and EFT \$20 deposit to secure your booking. (Leaders refunded \$20 on the day, other members refunded \$10.)

Full cost is \$85 per person, so a BIG saving for all!



## SUNDAY BUS

### BELLBIRD CREEK, TARAGO

<b>DATE</b>	<b>Sunday 14 September 2014</b>
<b>STANDARDS</b>	<b>Easy/Medium and Medium</b>
<b>LEADER(S)</b>	<b>David Laing and Halina Sarbinowski</b>
<b>TRANSPORT</b>	<b>Bus – Leaving Southbank Blvd at 8:45 am</b>

Sorry, no preview received for this walk. If you're interested, please contact the leaders.



## MOFS WALK

### WHITTONS RESERVE – MOUNT LOFTY

<b>DATE</b>	<b>Monday 15 September 2014</b>
<b>RETURN TIME</b>	<b>2:30 pm</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>10 km</b>
<b>ELEVATION</b>	<b>100 m</b>
<b>LEADER</b>	<b>Janet Hodgson</b>
<b>TRANSPORT</b>	<b>private</b>
<b>AREA</b>	<b>Warrandyte State Park</b>
<b>MAP REF</b>	<b>Melway map 279</b>

This walk is entirely on tracks, much of it following the banks of the Yarra River. There are a couple of steepish hill climbs. There is a short section of track which is narrow, close to the river and potentially slippery, so please ensure your walking shoes have a good grip.

The walk starts in eucalypt forest and low lying scrub after which the track ascends to a ridge top affording great views of the distant Dandenongs. The track then follows a ridge for a while before descending to a river flat. We may have morning tea at a disappearing picnic table (one leg of the table had

sunk into a wombat hole when the walk passed this way two years ago).

The remaining part of the walk follows the river to a golf course where we will inspect a billabong. Another climb and descent will return us to the cars.

Meet at 10:30 am at Whittons Reserve – Melway 24 K6.



## CONSERVATION

### REGENT HONEYEATER PLANTING

**DATE** Saturday–Sunday 20–21 September 2014  
**STANDARD** Easy  
**LEADER** Ray Thomas  
**TRANSPORT** Private  
**AREA** Lurg Hills

See details on page 5 of this News.



## SUNDAY CAR POOL

### WOODS LOOKOUT

**DATE** Sunday 21 September 2014  
**STANDARD** Medium  
**LEADER** Chris Schirlinger  
**TRANSPORT** Carpool – Leaving Southbank Blvd at 8:45 am

Sorry, no preview received for this walk. If you're interested, please contact the leader.



## SOCIAL WALK

### FINNS RESERVE, WESTERFOLD PARK

**DATE** Thursday 25 September 2014  
**STANDARD** Easy  
**DISTANCE** 5 km  
**ELEVATION** Flat  
**LEADER** Jean Giese  
**TRANSPORT** Private  
**AREA** Manningham  
**MAP REF** Melway 33

We'll follow the Yarra downstream in Finns Reserve then cross on the footbridge to make our way to Westerfold Park, using foot tracks where possible to avoid the bike paths. Lunch at the Templestowe Hotel.

Meet in the parking area at the end of Duncan Street, Melway 33 B4, to start walking at 10:30. Book with leader.



## PACK CARRY

### WILSON'S PROMONTORY

**DATE** 25–28 September 2014  
**STANDARD** Medium  
**DISTANCE** 53.6 km  
**LEADER** Richard Hanson

Sorry folks. This walk is fully booked.



## DANDENONGS EXPLORER

### WARRANTYTE

**DATE** Saturday 27 September 2014  
**STANDARD** Easy/Medium  
**DISTANCE** 14 km  
**LEADER** Maureen Hurley  
**TRANSPORT** Private  
**AREA** Warrandyte  
**MAP REF** Melway 23 H11.5

We will meet at the corner of Tills Road and Ringwood/Warrandyte Roads at 10:15 am. There is a coffee shop and a large car park there.

We will walk up Tills Road to Blacks Flat (Warrandyte State Park) and follow the Yarra to Jumping Creek, Blue Tongue Bend and Stane Brae (an old farming property). Retracing our steps, but also going bush and inland, we venture back to the cars and a social coffee.

Last year at this time the walk was pretty with blossom and spring flowers, so come along and enjoy.



## CYCLING

### YEA AREA BASE CAMP

**DATE** 27–28 September 2014  
**RETURN TIME** Sunday evening  
**STANDARD** Medium  
**LEADER** Jopie Bodegraven  
**MAP REF** RACV Goldfields, Vicroads Country Directory, Eildon and Yea 1:50,000 new series

This weekend consists of 2 day rides with overnight camping or a motel in Molesworth and Saturday night dinner at the Molesworth pub. Less than half is on the Goulburn Valley Rail Trail network; the rest is on almost all sealed roads and Sunday especially has some fabulous downhill

Saturday's ride is 2 loops of 40 and 30 km with climbs of 360 m and 250 m in the Molesworth – Alexandra-Yarck area through lovely green undulating country. It is 2 loops to avoid a rough rail trail section and to keep it down to 70 km. Lunch will be back with the cars at Yarck. There are still some roughish rail trail bits but the worst 8 km section can be avoided by riding on the Goulburn Valley Highway which I think has a reasonable shoulder

Sunday's ride starting at Highlands on the Switzerland Range is a ripper where we start 410 m higher than we finish. Consequently it has some wonderful long downhill cruises. This is all made possible by an 8 km car shuffle but there is still 580 m of climbing on this 66 km ride. About half is on the rail trail.

Meeting place on Saturday is at 9:30 am at Molesworth. Park in the rail trail car park just east of town near the corner of the Goulburn Valley Highway with the back road to Alexandra. It took us about 1 hr 30 mins from Northcote to Molesworth. If you are happy to camp, I will organise that for you. The caravan park has no hard top accommodation but the Molesworth Hotel/Motel ph 5797 6266 is very conveniently just over the road but you would need to book that yourself. Let me know if you are booking in at the hotel and if you would like to share a room so that I can put you in contact with anyone else wishing to stay there. Email or ring me to book.



**SUNDAY BUS**

**BURCHELL TRAIL NORTH – ANAKIE GORGE**

<b>DATE</b>	<b>Sunday 28 September 2014</b>
<b>RETURN TIME</b>	<b>6:00 pm to City</b>
<b>STANDARDS</b>	<b>Easy/Medium and Medium</b>
<b>DISTANCES</b>	<b>15 km and 17km</b>
<b>LEADERS</b>	<b>John Fritze and Carol Ward</b>
<b>TRANSPORT</b>	<b>Bus – Leaving Southbank Blvd at 8:45 am</b>
<b>AREA</b>	<b>30</b>
<b>MAP REF</b>	<b>Straughton Vale 1:25,000</b>

This is a walk through the northern section of the Brisbane Ranges National Park. It is an unusual geological area with low wooded hills deeply serrated by numerous narrow gullies and steep rocky ridges. It is also a rich wildflower habitat with over 600 species, many of them rare. In spring its Grass Trees, Wattles, Hakeas, Bush Peas and Orchids put on a magnificent display which we hope to witness. Gold was discovered here in 1851 and those with sharp eyes may spot a few relics along the way. Even if you miss these you will not miss the Southern Hemisphere’s first concrete dam. This amazing structure looms up before you like a mysterious cathedral. It was built in 1871 to serve the Geelong area via a wooden pipeline. We will see stone retaining walls and a tunnel associated with it as we walk out between the tall crumbling cliffs of Anakie Gorge.

The walk is mainly on undulating tracks with a couple of steep sections. There will be a few kilometres on minor roads and a little rock hopping in the gullies. There are good views from the high points and a charming spot for morning tea at the junction of two rocky gullies.



**CAMBODIA JANUARY 2016  
EXPRESSIONS OF INTEREST SOUGHT**

I am proposing to apply for a travel grant through the Uniting Journeys Foundation to help fund a small group (6-8 people) to travel to Cambodia for 2-3 weeks in January 2016. The main activity of the group would be trekking in the Cardamom Mountains (community based eco-tourism) with an emphasis on responsible travel. This would be similar to the trip illustrated in my recent slideshow at the club rooms. Other activities on the trip could include:

- a visit to the Phnom Tamao wildlife rescue centre
- a visit to the reforestation project in Chi Phat
- a visit to a school
- staying on an island off the coast (camping and trekking)
- traditional cooking class
- visiting Siem Reap temples and other places of interest

Before applying for the grant (closing date late August), I would like to find out if there are others interested in joining me on such a trip. Please email me if you would like to join the group. I am not expecting a firm commitment at this stage, and if the trip goes ahead there may be a selection process.

You can find out more about the Uniting Journeys Foundation and grants at this website: [www.responsibletravel.org.au](http://www.responsibletravel.org.au)

*Deb Shand*

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!

<b>September 2014</b>				
Thu 4	TOFS: Eltham, Griffith Park, Sweeneys Flat	Pvt	Easy	Rosemary Cotter
5-7	PC: Mt Kooyoora Summit Camp and Bald Hills	Pvt	E/M	Jopie Bodegraven
6-7	Regent Honeyeater planting	Pvt	Easy	Rod Novak/Ray Thomas
Sun 7	Upper Ferntree Gully to Kalorama (Train based)	Train	Easy	Mark Heath
Wed 10	Blackwood	Pvt	E/M	Gina Hopkins
Sat 13	First Aid Training	Pvt	Easy	Roger Wyett
<b>Sun 14</b>	<b>Bellbird Creek, Tarago</b>	<b>Bus</b>	<b>E/M &amp; M</b>	<b>David Laing &amp; Halina Sarbinowski</b>
Mon 15	MOFS: Whittons Reserve, Mt Lofty	Pvt	Easy	Janet Hodgson
20-21	Regent Honeyeater planting	Pvt	Easy	Ray Thomas
Sun 21	Woods Lookout	Car	Med	Chris Schirlinger
Thu 25	SOCIAL: Finns Reserve, Westerfold Park	Car	Easy	Jean Giese
25-28	PC: The Prom-Refuge Cove-Lighthouse Cottages	Pvt	Med	Richard Hanson
Sat 27	Dandenongs Explorer: Warrandyte	Pvt	E/M	Maureen Hurley
27-28	Cycling: Yea area	Pvt	Med	Jopie Bodegraven
<b>Sun 28</b>	<b>Burchell Trail North - Anakie Gorge</b>	<b>Bus</b>	<b>E/M &amp; M</b>	<b>John Fritze &amp; Carol Ward</b>

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