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# THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

September 2015

## PRESIDENT'S CORNER – SEPTEMBER 2015

Rules! Some people thrive on them. Some shy away. 'Too many rules.' Is frequently cited as a reason by free-spirited solo walkers for not joining a club. I, like many, accept rules as a way of providing a degree of order, safety and certainty so that I can enjoy the pleasure of being part of a club. But rules should not be forever more locked to the values of the time they were first drafted. They should not become a stifler of initiative. Circumstances change, attitudes change and rules too should be reviewed. The August Committee meeting approved an update to the Club's By Laws. The thorough update undertaken by Vice President Susan McInnes is a natural follow-on from the revised Rules of Association approved last year. For the most part the adjustments provide a necessary alignment or a removal of redundancy, however, they now place an obligation on members to be aware of the Club's Emergency Contact System, the Club's Fire Season, Total Fire Ban and Extreme Heat Policies and to carry a completed green health card with emergency details. All members, and particularly walk leaders, are encouraged to download and read a copy from the Club's web site. Also making news this month:

- (a) This month's *News* contains a summary of the outdoor activities conducted by the club in the first half of the year. They show a vigorous club catering to a wide variety of interests with around 1300 participant attendances recorded. There are ups and downs in line with past years. Pleasing to see is a jump in the number of Base Camps.
- (b) An initiative promoted by Jamie Brawn to provide members with a convenient sleeve to keep their Green Health Card prominently available on their pack is now progressing. Christina Hughes is passing them around on the Sunday walks. The sleeves will also be available in the club rooms for other members and leaders.
- (c) First Aid Training is a desirable skill for all bushwalkers. Our next course (see inside) provides an opportunity at exceptional value for all members to undertake some basic training or to refresh their current knowledge. In line with the importance we place on First Aid Training the club Committee has decided to add a \$25 subsidy for members to the already discounted price we have negotiated.
- (d) A cheery welcome and an informative introduction to the club is a memory many of us recall as our first contact on a Wednesday night. Many of us joined as an outcome of that greeting. If you think you can help by being an occasional part of the 'Meet and Greet' team please drop a note to [secretary@mbw.org.au](mailto:secretary@mbw.org.au). Training provided.
- (e) Following the launch of the online Members' Area where member contact details are accessible the Committee has decided that we will no longer distribute a hard or soft copy of the full membership listing. This break from a long-standing practice was not an easy one but reflects growing community concern regarding access to personal details. A periodic listing will be prepared by the Membership Secretary and be available for viewing upon request as required by our Rules of Association (the Club's Rules).

*Ian Mair*

**Due date for contributions (including November previews) to October News:**

**21 September**

MEMBER OF



Bushwalking Victoria

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria  
362 William Street  
(Cnr William and A'Beckett Streets)  
Melbourne  
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc  
PO Box 1751  
MELBOURNE VIC 3001  
[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Marilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for *The News* is the 21st of the month.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au).

Please note:

Next committee meeting will take place on  
**Monday 8 September 2015**

## NEW MEMBERS

We welcome the following new members

Milomir Mojsilovic

Isla Woods

Suzanne Le May



Photos taken by John Terrell on the Bogong Rover Chalet trip, August 2015



Melbourne Bushwalkers' Facebook Page now has over 1000 followers. Are you one of them?

<https://www.facebook.com/melbournebushwalkers>

# 2015 Social Calendar

**Wednesday 23 September in the clubrooms, starting at 8 pm**  
**SLIDE NIGHT: IN A LAND OF SMUGGLERS AND PIRATES**  
**Presenter: Ian Mair**



You've read the book, now see the movie! Well, not quite. But expect to be entertained as Ian takes us along his journey on the South West Coast Path in England, a journey of 46 days. The South West Coast Path (SWCP) is a long distance walker's delight. At 1014 km it is the longest National Trail in the UK. Villages and working harbours occupy almost every cove and inlet. History pervades every facet of the coastline, ranging from former prominent fishing villages to the once rich mining industry along the northern coast of Cornwall. In a matter of days the walk rounds Lands End, the most westerly point of England, and Lizard Point, the most southerly point. The cliffs change their character with a

change in geology and the character of the walk seems to change in concert, where there is much to experience along the World Heritage Listed Jurassic Coast stretching along East Devon and Dorset. Large coastal estates and heritage sites under National Trust control span a substantial part of the walk, preserving the sense of remoteness as well as providing an historical perspective.



Wine and cheese also available.



**Wednesday 28 October in the clubrooms, starting at 8 pm**  
**DANCING OVER THE HIMALAYAS: A TREKKING ADVENTURE IN LADAKH**  
**Presenter: Deb Shand**

In July this year Deb Shand travelled to Nepal. Her tale will let you share in her journey and inspire you to go where your own spirit beckons.

'Twelve days of trekking in the Indian Himalayas with the Ladakhi Women's Travel Company is an unforgettable experience. From treeless rocky mountainsides to lush green villages, from breathtaking high passes to rushing rivers, from ornate monasteries to simple home-stays, this is a land of spectacular scenery, friendly people and multiple trekking opportunities.'

Join us for an evening of social catch-up and an unforgettable experience of your own.



Wine and cheese also available.



## HOW THE CLUB IS TRAVELLING Activity Statistics – January to June Comparison

	2014			2015		
	Trips	Average	Ave Vis	Trips	Average	Ave Vis
<b>DAY WALKS</b>						
MOFS	6	13.0	0.3	6	11.3	0.8
TOFS	7	16.9	0.4	6	9.7	0.5
Sat/Dande Explorer	5	13.0	1.4	3	11.7	1.0
Sunday bus	15	36.6	8.6	14	39.7	9.9
Sunday carpool	13	17.0	3.9	10	14.2	2.1
Wednesday	6	14.2	1.5	8	10.3	1.3
Social walks	6	10.3	1.5	6	9.5	1.3
<b>OTHER ACTIVITIES</b>						
Conservation	4	3.3	0.3	5	4.0	–
Navigation training	1	6.0	–	1	5.0	2.0
Track maintenance	2	3.5	0.5	1	5.0	2.0
Base camp	3	11.3	1.7	7	11.5	0.2
Lodge	–	–	–	2	10.5	0.5
Pack carry	11	10.4	1.8	13	10.1	1.7
Cycling	7	8.5	0.3	4	8.7	–

- Average attendance and visitor numbers exclude trips where figures not provided.
- Cancellations in 2015: Fire risk – SUN CAR x 1; high temp. – SUN CAR x 1; area inaccessible – PC x 1; low numbers – WEDS x 1 and CYC x 2

### Highest Attendances – January to June 2015

MOFs: May 18 **Sherbrooke Forest, Falls and hill climb** 14 (2 visitors)

TOFs: Feb 05 **Lyrebird Creek, Dandenong Ranges** 20 (3)

Saturday/Dandenongs Explorer: May 23 **Ferny Creek** 13 (0)

Sunday Bus: Mar 15 **Cheviot Tunnel and Yea Wetlands** 60 (22) # #

Sunday Carpool: Apr 05 **Three Creeks, Brisbane Ranges** 21 (6)

Wednesday: May 27 **You Yangs** 13 (0)

Social walks: Jan 22 **East Melbourne** 16 (4)

Conservation: Jan 24 **Willow eradication** 4 (0) and Apr 18 **Nest box checking** 4 (0)

Navigation Training: Jul 11 **Werribee Gorge** 8 (4)

Track Maintenance: May 01 **Grampians** 5 (2)

Base Camp: Apr 03 **Easter at Marlo, East Gippsland** 16 (0)

Lodge: Jan 22 **Mt. Hotham** 16 (0)

Pack Carry: Feb 27 **Snake Island (beginners' PC)** 20 (5)

Cycling: May 23 **Greensborough to Fairfield via Granite Hills** 10 (0)

*(continued over page)*

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# Noticeboard

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## HOW THE CLUB IS 'TRAVELLING' *(continued from page 5)*

### Special Mentions

#### Overseas Pack Carries

Jan 03 **NZ – Routeburn, Greenstone and Caples Tracks** 11 (0)

Jan 13 **NZ – Kepler Track** 14 (0)

Jan 18 **NZ – Milford and Hollyford Tracks** 7 (0)

#### Almost Overseas Base Camps

Mar 20 **Tasmania – Deal Island, Kent Group (trip 2)** 13 (0)

Mar 27 **Tasmania – Deal Island, Kent Group (trip 1)** 12 (1)

Many thanks must go to all of the leaders and coordinators who gave their time and effort to make this great range of activities possible.

*Halina Sarbinowski (Sunday Walks Secretary) and Stuart Hanham (General Walks Secretary)*

## THE MEMBERS' ONLY AREA

Hope you are now all aware that we now have a Members' only area on the web site. We urge you all to register for this site.

There you can check the details we hold on you and change them if necessary (e.g. change of address) . You can also access contact details for other members if you need to contact them. (Note, some members prefer that some of their details are not shown),

The registration area is on the left of the home page. Just click on there and follow the instructions.

The Members' only area is now replacing the membership list that used to be published. If you do not have internet access and require a list, we will arrange for you to have access to a copy.

*Gillian Wainwright (Membership Secretary)*

## WILSONS PROMONTORY 9-11 OCTOBER WORK EVENT

At the request of Parks Victoria, Bushwalking Tracks and Conservation (BTAC) is seeking volunteers to join an event to try again to go to the North Promontory. This is to clear the tracks on the North Loop walk from Tim Mine Cove, Chinaman's Long Beach to Lighthouse Point.

**When:** Weekend of the 9-11 October. *(The need for the Friday start is so we can be dropped off by boat on the high tide.)*

We will be camping on the beach and working out from our campsite.

We are looking for a large crew this time so pass the word around. Please contact Charlie on: [conservation@bushwalkingvictoria.org.au](mailto:conservation@bushwalkingvictoria.org.au) or mobile: 0400 967 054

Best Regards

Charles Ablitt  
Vice President BWV  
Track & Conservation Coordinator BTAC  
Mobile: 0400 967 054  
[conservation@bushwalkingvictoria.org.au](mailto:conservation@bushwalkingvictoria.org.au)



### FIRST AID COURSE

Melbourne Bushwalkers has organised a first aid course for members to be held on Saturday 17 October. The course is HLTAID003, equivalent to the old Level 2 first aid certificate. This is a higher level course than the previous one arranged by us two years back. The cost is \$100 per person discounted from the usual \$180. A further subsidy may be available from Bushwalking Victoria, but this has not been finalised at the time of writing. We must have at least 15 starters so let me know your intentions.

Six to eight hours of prior private study is required (course book provided) with a pre-class test sheet to be completed. During the 7+ hours of class work participants must:

- demonstrate competent CPR performance on an infant and adult manikin (1 manikin per student)
- participate in three first aid scenarios
- complete a written knowledge assessment
- apply first aid procedures for a variety of first aid conditions

Satisfactory completion of the course requirements leads to a nationally-recognised certificate valid for three years.

The instructor is an experienced trauma paramedic with a strong bushwalking background. The course will be tailored towards bushwalkers. The venue is Premium Health, Gardenvale. They have 28 years experience and currently deliver first aid training to 45,000 participants per year.

*Nigel Holmes*

## Build Up & Wet

Our most **dramatic** seasons

**Our water is warm!** Southern Australia has nothing like our tropical seasons. We can't do them justice here. **Check out** our Build Up and Wet season pages and see why.

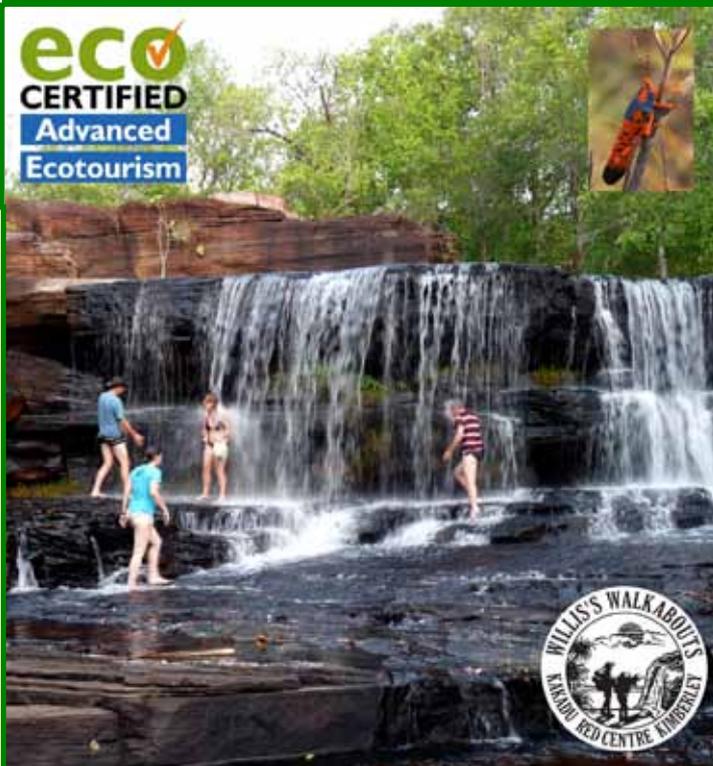
[www.bushwalkingholidays.com.au/buildup.shtml](http://www.bushwalkingholidays.com.au/buildup.shtml)

[www.bushwalkingholidays.com.au/wet.shtml](http://www.bushwalkingholidays.com.au/wet.shtml)

We want more of you to experience our amazing seasons so **we will give a minimum of a \$500 discount** to anyone who quotes this ad and books one of our Australian trips beginning between October 2015 & March 2016. Ask for details. Better still, go fishing and you could win \$1 million.

## Willis's Walkabouts

eco  
CERTIFIED  
Advanced  
Ecotourism



[www.bushwalkingholidays.com.au](http://www.bushwalkingholidays.com.au) [rwillis@internode.on.net](mailto:rwillis@internode.on.net) Ph: 08 8985 2134

WALK, CYCLE, TRAIN OR DRIVE TO THE NEXT  
**BUSHIES' WEDNESDAY LUNCH**



03 9885 1364 / 186 High Street, Ashburton  
Mon - Fri 6am - 4.30pm / Sat & Sun 7am - 4.30pm



You are invited to lunch on Wednesday 21 October

**12:00**

***186 High Street Ashburton***

RSVP Susan on  
0478 504 441 or [susanmaughanoz@hotmail.com](mailto:susanmaughanoz@hotmail.com)  
by Monday 19th Oct., please.

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.mbw.org.au/mbw\\_activities/MBW\\_activities\\_program.php](http://www.mbw.org.au/mbw_activities/MBW_activities_program.php)

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS  
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



**BASE CAMP**

**VOLCANIC HILLS OF CAMPERDOWN – CABINS/CAMPING**

<b>DATE</b>	<b>Friday 11 to Sunday 13 September 2015</b>
<b>STANDARD</b>	<b>Easy/Medium</b>
<b>DISTANCE</b>	<b>25 km (approximate)</b>
<b>ELEVATION</b>	<b>Some steep but short climbs</b>
<b>LEADER</b>	<b>Jan Colquhoun</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>RETURN TIME</b>	<b>Return to City by 6–7 pm</b>
<b>AREA</b>	<b>Camperdown Volcanic Hills</b>
<b>MAP REFERENCE</b>	<b>Volcanos Discovery Trail Map</b>



Over the course of the weekend we will explore the Western Victorian Volcanic Plains in the area around Camperdown. These won't be A to B walks, but a series of explorations of key features with drives between sites; such is the nature of the area. Camperdown is around 2½ hours drive from Melbourne. On Saturday we have an early start driving to Tower Hill Reserve just west of Warnambool. Tower Hill is a water filled volcanic crater with scoria cones and mounds in the centre forming islands. The reserve is particularly famous for its emu population who rear their young chicks around the time of our visit.

We then visit Mt Noorat, an impressive scoria cone with a perfect circular crater 159 metres deep, which is lower than the surrounding plain; it is one of the deepest in Victoria. We then head for the Red Rock region. A complex eruption

point, it includes maars, tuff rings and scoria cones; up to 30 eruption centres have been mapped in this 3 x 4 km area. On the way down from the lookouts we will spot another interesting feature: the Red Rock Winery. Wine tasting is optional! Dinner options include a barbeque or the local pub.

On Sunday we explore Lake Bullen Merri and Lake Gnotuk, both adjacent to our campground, before driving to the local Mt Leura and Mt Sugarloaf; twin scoria cones with a crater between them. There are several interlinked tracks to explore with excellent lookouts across Camperdown. After lunch we drive to Mt Elephant, on our return to Melbourne. At a height of 240 metres above the surrounding volcanic plain, Mount Elephant was known as 'the lighthouse of the Western District' to early settlers.

Expressions of interest would be appreciated ASAP if you would like to stay in a cabin. There is still a place remaining. For cabins I require payment in advance to secure them. The cost of cabins is \$80 per person for the two nights inclusive. Advance expressions of interest would also be appreciated, but not crucial for campers.

I will be in the clubrooms on the two Wednesdays prior to the walk.



**SATURDAY WALK**

**SUGARLOAF RESERVOIR**

<b>DATE</b>	<b>Saturday 26 September 2015</b>
<b>STANDARD</b>	<b>Easy/Medium</b>
<b>DISTANCE</b>	<b>14 km</b>
<b>ELEVATION</b>	<b>Minimal</b>
<b>LEADER</b>	<b>Maureen Hurley</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Melway map 273</b>

We will meet at 10 am at Melways 273 B2 at the Ridge Picnic area in the car park. This is the first picnic area after the main entrance (with a gate). A car shuffle will be organised and everyone will be transported over the dam wall to Saddle Dam picnic area, where we will commence the walk.

We will be following the Chris Phillips walking track which goes in a circuit around the Reservoir. This is a pretty and interesting walk, with lots of kangaroos to see, and a toilet 'with a view'. We will have afternoon tea at a coffee shop close by. It is not necessary to book on this walk, but if there is a possibility you may be late give me a ring.



**TOFS WALK**

MORTIMERS RESERVE/BUNYIP STATE PARK  
 NB: This walk was on the program for Monday 19 October, but has been swapped.

**DATE** Thursday 1 October 2015  
**STANDARD** Easy  
**DISTANCE** 10 km  
**ELEVATION** Undulating, some medium hills  
**LEADER** Alister Rowe  
**TRANSPORT** Private  
**AREA** Bunyip State Park  
**MAP REF** Melway Key Map 14

Meet in the car park at Mortimers Reserve at 10:15 AM. The reserve is marked on Melway Key Map at 14 R12. Drive through Gembrook and veer right into Gembrook Tonimbuk Road. Mortimer Picnic Ground is off this road to the left so you will need to navigate carefully.

The walk is through bushland on fairly good tracks. Afternoon tea in Gembrook afterwards. Book with Alister.



**BASE CAMP**

FLINDERS ISLAND  
**DATE** 2-9 October 2015  
**STANDARD** Various  
**LEADER** Doug Pocock

Sorry, this walk is fully booked.



**SUNDAY CAR POOL**

SORRENTO-PORTSEA (FRONT AND BACK BEACHES)



**DATE** Sunday 4 October 2015  
**RETURN TIME** 5:30 pm to City  
**STANDARD** Easy  
**DISTANCE** 16 km  
**ELEVATION** Minor  
**LEADER** Richard Hanson

**TRANSPORT** Carpool – Leaving Southbank Blvd at 8:45 am  
**AREA** Mornington Peninsula  
**MAP REFERENCE** Melways maps 156 and 157

This is a circuit walk that includes both the front and back beaches of Sorrento and Portsea. It includes some cliff top walking in Sorrento and the Wilsons Folly track past London Bridge in Point Nepean National Park. We will then walk Farnsworth Track and along the back beach past Sphinx Rock and Coppins Lookout in Mornington Peninsula National Park. All up a very interesting and diverse walk.

Daylight saving will start on Sunday, 4 October 2015, when clocks will go forward one hour.



**BASE CAMP**

MT STAPYLTON  
 (Please note Mt Stapylton P/C now Base Camp due to Pack Carry track closure.)

**DATE** 9-11 October 2015  
**RETURN TIME** Melbourne approx. 7 pm or earlier Sunday  
**STANDARD** Easy/Medium  
**DISTANCE** 25 km options  
**ELEVATION** 450 m  
**LEADER** Bob Oxlade  
**TRANSPORT** Private  
**AREA** Northern Grampians, Western Victoria  
**MAP REFERENCE** Vicmap 1:25,000 Mount Stapylton and new issues, Northern Grampians Outdoor Leisure map

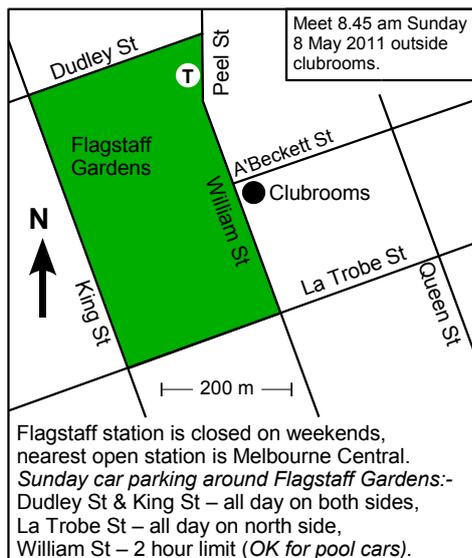


Mt Stapylton is in the most northern part of the Grampians and amongst the most rugged of any terrain in the park. The area is my preference and, due to some track closures on the overnight walk, we can do it as a day walk from a base camp at Plantation Camp Ground. We can go to the summit and if not to the top there are good views from as far as one likes to go. Other walks could include Mt Zero, Mackenzie River and Falls, Heatherlie Quarry plus other options.

This is a good time of year for this area and some good walks. If interested in coming along please see me in the club room or ring or e-mail. I will be away from 16 August until 15 September and will reply to enquiries on my return.

### ALTERNATIVE DEPARTURE POINT FOR SUNDAY WALKS OPPOSITE CLUBROOM

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A'Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.



### WEDNESDAY WALK

#### GEORGE BASS RAIL TRAIL AND COASTAL WALK

**DATE** Wednesday 14 October 2015  
**RETURN TIME** 6:00 pm to Melbourne  
**STANDARD** Easy/Medium  
**DISTANCE** 13 km  
**ELEVATION** Minimal  
**LEADER** Margaret Curry  
**TRANSPORT** Private  
**AREA** Bass Coast, Kilcunda  
**MAP REFERENCE** Melways page X912, Q11

Daylight saving, better weather!! Approximately 1.5 hours from Melbourne this coastline rivals that of the Great Ocean Road. The Rail Trail runs near the Anderson roundabout then passes the remnants of the Mitchell Mine Historic Reserve and into Kilcunda. We cross the spectacular trestle bridge then proceed along the George Bass Coastal walk – grassy cliff tops, sheltered creek gullies, crashing surf and abundant bird life, with never ending panoramic ocean views. There is little shade so take a hat, sunscreen and plenty of drinking water. Mostly flat but some uphill, downhill and sand walking.

We will meet at 10:15 am at the Anderson roundabout where there is ample parking and toilets. Travel on the Monash Freeway avoiding Cranbourne and take C422 towards Koo Wee Rup and M420 towards Phillip Island. At a major road junction take B460 towards Wonthaggi/Inverloch/Kilcunda and **NOT** the right fork B420 to Phillip Island. Approximately 2.7 km from this junction you reach Anderson roundabout. There should be ample time for a coffee after the walk at the Kilcunda General Store.



### PACK CARRY

#### MAJOR MITCHELL PLATEAU (GRAMPIANS)

**DATE** 17 and 18 October 2015  
**STANDARD** Medium  
**DISTANCE** Day 1 12.7 km, Day 2 13 km  
**ELEVATION** Day 1 640 m, Day 2 850 m  
**LEADER** Claire Luxford  
**LIMIT** 6 participants  
**TRANSPORT** Private  
**MAP** Southern Grampians Spatial Vision

One of the joys of spring is the lengthening days, increasing warmth and wildflowers which the Grampians offer in abundance. Come and walk with me through stringybark and banksia forests and a fragile ever-changing alpine environment. The walk will commence from Sheep Hills car park, head through Fyans Creek valley towards its headwaters and then on to Mt William, the highest peak in western Victoria, eventually arriving at Major Mitchell Plateau.

You will be impressed by bluffs, sub-alpine vegetation, and views across cliffs, heathland and escarpments. Be aware though there is some rock scrambling to get up onto the plateau. We will camp at First Wannon Creek camp site.

The plateau has been described as an alpine garden.

Day 2 provides panoramic views as we continue along the plateau before descending to Jimmy's Creek Camp ground and the cars.



### SUNDAY BUS

#### BALDRYS CROSSING TO CAPE SCHANCK (ALTERNATE DEPARTURE POINT)

**DATE** Sunday 11 October 2015  
**RETURN TIME** 6:30 pm to City  
**STANDARDS** Easy and Easy/Medium  
**DISTANCES** 15 km and 19 km  
**LEADERS** Deb Shand and Marilia Cipolloni  
**TRANSPORT** Bus – Leaving clubrooms at 8:45 am  
**AREA** Mornington Peninsula  
**MAP REFERENCE** Parks Victoria Greens Bush & Cape Schanck

This is a lovely walk that displays many of the Mornington Peninsula's best features. It takes us from the eucalypt forest and fern gullies of Greens Bush to the beach and basalt cliffs of Bushrangers Bay, then on through banksia groves to the spectacular coastal scenery of Cape Schanck. At Cape Schanck several lookouts provide views over geological formations by the imaginative names of Pulpit Rock and Devils Desk that were created by volcanic activity over millions of years.

We will be walking on well-formed tracks with no steep elevation changes apart from steps down to and up from beach level. This will be an enjoyable spring walk to reward first time or returning visitors to the area – come and join us!



**CYCLING**

**CAULFIELD, JELLS PARK, DANDENONG AND RETURN**

**DATE** Saturday 17 October 2015  
**RETURN TIME** 4:00 pm  
**STANDARD** Easy/Medium  
**DISTANCE** 60 km  
**ELEVATION** Relatively flat ride  
**LEADER** Ed Neff  
**TRANSPORT** Private  
**AREA** South eastern suburbs  
**MAP REFERENCE** Start/finish, Melway 69 F1

The meeting point is East Malvern Station, at 9:30 am. Meet in car park area entered via Sylvester Cr. Note that today is Caulfield Cup Day so we are avoiding Caulfield Station.

The route will follow Gardiners Creek Trail and the Rail Trail to Shepherds Bush and Jells Park, stopping at Syndal on the way for an early coffee break. From Jells Park we will take the Dandenong Creek Trail to Dandenong, then Dandenong South Trail to Westall Road. Lunch will be in Keysborough. From Westall we will follow the rail trail back to Murrumbeena and on to East Malvern.

We will maintain an easy pace so come and enjoy this interesting and relatively flat ride. Bring your lunch, a repair kit with spare tube and a water bottle.



**SUNDAY BUS**

**NEW: WILKES CREEK WALK, MARYSVILLE**

**DATE** Sunday 18 October 2015  
**STANDARDS** Easy/Medium and Medium  
**DISTANCES** 12 km and 14 km  
**ELEVATIONS** Denise Charman and Jenny Andrewes  
**TRANSPORT** Bus – Leaving Southbank Blvd at 8:30 am sharp  
**RETURN TIME** Southbank Boulevard at 6:30 pm  
**AREA** Yarra Ranges

The Sunday bus will wind through the Black Spur and the ferny gullies and tall trees so beautiful to behold. The bush has regenerated after bushfires and is quite lush. These walks in the hills around Marysville will visit some of the major highlights of the district, Stephenson Falls, look outs and fern gullies and Anderson Mill. There is the occasional fallen tree to get over and a bit of rough ground on the medium walk, so you will need your agile legs on, as well as your hill climbing legs. Total walking time is about 4 hours. This is the weekend of the Marysville Jazz and Blues Festival and we are likely to have time for a coffee at the end of the walk.

**PLEASE NOTE THE BUS WILL LEAVE AT 8:30 AM.**



**MOFS WALK**

**WARRANTYTE KINGLAKE CONSERVATION RESERVE – ONE TREE HILL**

**DATE** Monday 19 October 2015  
**RETURN TIME** 3 pm  
**STANDARD** Easy  
**DISTANCE** 10 km  
**ELEVATION** 250 m  
**LEADER** Graham Hodgson

**TRANSPORT** Private  
**AREA** Christmas Hills  
**MAP REFERENCE** Melway Map 265

**NB THE WALK IS BEING HELD ON A DIFFERENT DATE FROM THAT ON THE PROGRAM**

The last time this walk was programmed was just after the 2009 bushfires and the views of Kinglake were of a severely blackened landscape – the views are somewhat different now.

The walk starts with a gradual two kilometre climb to the summit of One Tree Hill which at an elevation of some 370 m offers great views over towards Mt Macedon and also to the east towards the Yarra Ranges.

The lunch spot is absolutely idyllic with a flat grassy area complete with a pond and wonderful views.

The walk is entirely on wide bush tracks but there is one track that is quite steep with loose gravel so footwear with a good grip is recommended. Depending on the group's fitness and willingness there is an option to add on an extra 1.5 km which means we will not have to retrace some of the walk but it will make the standard easy/medium.

Meet at 10:30am at the small carpark at Melway map 265 C12 (marked P) which is 9.5 km east from the Kangaroo Ground–St Andrews Rd and Eltham–Yarra Glen Rd intersection.



**SOCIAL WALK**

**MARIBYRNONG RIVER, AVONDALE HEIGHTS**



**DATE** Thursday 22 October 2015  
**STANDARD** Easy  
**DISTANCE** 5 km  
**ELEVATION** One hill, otherwise flat  
**LEADER** Jean Giese  
**TRANSPORT** Private  
**AREA** Avondale Heights  
**MAP REF** Melway 27

Time to visit Maribyrnong River again? We will meet at the end of Lily Street (Melway 27 J4) to start walking at 10:30. There is a hill to descend to reach the river, which we will walk beside, enjoying the water birds and the peace and quiet. The return will be by a different route before tackling the hill, but there are rewarding views as we gain height. Lunch to follow at Buckley Corner Café, which is a 2 km drive away.



**BASE CAMP**

**FEDERATION WEEKEND: DAYLESFORD, HEPBURN SPRINGS**

**DATE** 23–25 October 2015  
**STANDARDS** Various  
**CONTACT** Mark Heath (co-ordinator)  
**TRANSPORT** Private

This year's walks take place over the weekend of 24–25 October around picturesque Daylesford. You can come for the weekend or just a day.

Accommodation is DIY if you wish to stay up there.

There is a registration fee for the walks: \$20 for one day and \$30 for two days. Walk bookings start on 15th June and finish 30th September – first in best dressed!

Check out the website [www.fedwalks.org.au](http://www.fedwalks.org.au) for more details about walks.



## SATURDAY EXPLORER

### DANDENONG RANGES

<b>DATE</b>	<b>Saturday 24 October 2015</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>12 km approx</b>
<b>LEADER</b>	<b>Liz Telford</b>
<b>ELEVATION</b>	<b>300 metres</b>
<b>MAP REFERENCE</b>	<b>Melways 75</b>
<b>TRANSPORT</b>	<b>Private</b>

I will be leading an easy walk, taking in Sherbrooke Forest, parts of the Sassafraz walking track and a visit to the Alfred Nicholas Gardens in the Dandenong Ranges. The walk commences and ends at Grants Picnic Ground. Generally, it will be an easy walk, although there will be a steep downhill section at the end of the walk and some mud on the tracks. The meeting place is Grants Picnic Ground (Melway 75 K4). Please arrive at 9:45 to commence walking at 10:00. Optional carpool at the Burvale, ring me to verify this time.



## SUNDAY CAR POOL

### MT MACEDON CIRCUIT

<b>DATE</b>	<b>Sunday 25 October 2015</b>
<b>RETURN TIME</b>	<b>6:00 pm</b>
<b>STANDARD</b>	<b>Medium</b>
<b>DISTANCE</b>	<b>30 km</b>
<b>ELEVATION</b>	<b>400 m</b>
<b>LEADER</b>	<b>Judith Shaw</b>
<b>TRANSPORT</b>	<b>Carpool – Leaving Southbank Blvd at 8:45 am</b>
<b>AREA</b>	<b>Mt Macedon Regional Park</b>

A pleasant walk through messmate, alpine ash and sub-alpine snowgum forests with excellent views and interesting historic sites. A 400m climb at the beginning and an equally steep descent at the end, otherwise mostly flat.



## WEDNESDAY WALK

### GREENS BUSH, MORNINGTON PENINSULA NATIONAL PARK

<b>DATE</b>	<b>Wednesday 28 October 2015</b>
<b>RETURN TIME</b>	<b>Approximately 5 pm</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>12–16 km</b>
<b>LEADERS</b>	<b>Mike and Barb Quinn</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Greens Bush</b>
<b>MAP REFERENCE</b>	<b>Melway page 16 J22, Melway map 254</b>

The walk will not be pre-walked until after this preview goes to print so there may be some slight alterations. Meeting point is the Baldry Crossing picnic Carpark (Melway map 254 G5/6) at 10:15 for a 10:30 start.

The walk will go to the Lightwood Creek camping area following a couple of circuits connected by a section of the Two Bays Walking Track, of which a small section may be walked in both directions.



## PACK CARRY

### MT LOCH – MT COPE – DIAMANTINA SPURS AND THE RAZORBACK

<b>DATE</b>	<b>Friday 30 October to Tuesday 3 November 2015 (Melbourne Cup weekend)</b>
<b>STANDARD</b>	<b>Medium</b>
<b>DISTANCE</b>	<b>55 km (approx.)</b>
<b>LEADER</b>	<b>Agajan Akbari</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>AREA</b>	<b>Victorian Alps</b>
<b>MAP REFERENCE</b>	<b>Bogong Alpine Area Outdoor Leisure Map 1:50,000</b>

The main features of this pleasant walk are viewing Bogong and Feathertop, the two tallest mountains in Victoria and the wild valley of the upper Cobungra River. Side trips to Mt Jim and Mt Cope provide spectacular 360 degree views of the Victorian high plains including Pretty Valley and surrounding mountains. We also visit some of the oldest huts in the area: Derrick, Dibbin, Tawonga, Cope (Menzies of the Plains), Weston and Blair huts.

It is planned to do this circuit walk in 4 days (Friday 30 October not included). We all meet Saturday morning 1st Nov 2015 at 9:00 am at Diamantina hut area on the Alpine Road – B500 (West of Mt Loch car park and Mt Hotham village). We leave our cars at Diamantina hut Alpine Road area and start walking to Mt Loch car park and via Swindlers Spur, descend to the Cobungra River (bit steep). After a visit to Dibbin hut we climb up (gradually) via Cobungra Gap – Fletchers Yard and camp Saturday night at Tawonga Huts where there are some good camping sites and water.

Sunday 2 November we break the camp site at 8 am. Most of the walk is on alpine plateau, we have side trips to Mt Jim and Mt Cope (off track, bit rocky) and visit Cope hut as well. We camp Sunday night at Pretty Valley camping area.

Monday 3 November we leave Pretty Valley camp site around 8:30 am, explore Pretty Valley pondage then walk to Weston hut which is newly rebuilt after the 2007 fire. We camp Monday night at Blair hut camping ground alongside the river with the possibility of having a camp fire.

Tuesday 4 November is a medium/hard walk. We start walking at 8 am along and across Kiewa River and Diamantina Spur (steep climb – good work out), Twin Knobs and walk out via the Razorback. Razorback has extensive panoramic views heightened in this case by the narrowness of the ridge and precipitous fall to the Ovens and Kiewa valleys on either side. We finish the walk at Diamantina hut Alpine Road area.

Participants are required to be experienced and have some fitness, well equipped with all types of weather gear and carry their own personal first aid kit.

This walk is one of the classic walks in the Victorian Alps and therefore is recommended. If interested contact me via email in the second week of October onwards.

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!

October 2015				
Thu 1	Mortimers Reserve, Bunyip Forest	Pvt	Easy	Alister Rowe
2-9	BC: Flinders Island (fully booked)	Pvt	var	Doug Pocock
Sun 4	Sorrento-Portsea (Front and Back Beaches)	Car	Easy	Richard Hanson
9-11	BC: Mt Stapylton	Pvt	E/M	Bob Oxlade
Sun 11	Baldrys Crossing - Cape Schanck (Alt Dep)	Bus	E & E/M	Deb Shand and Marilia Cipolloni
Wed 14	George Bass Coastal Walk	Pvt	E/M	Margaret Curry
16-18	PC: Major Mitchell Plateau (Grampians)	Pvt	Med	Claire Luxford
Sat 17	Cycling: Caulfield, Jells Park, Dandenong & return	Pvt	Med	Ed Neff
Sun 18	NEW: Wilkes Creek Walk Marysville	Bus	E/M & M	Jenny Andrewes and Denise Charman
Mon 19	Warrandyte Kinglake Conservation Reserve	Pvt	Easy	Graham Hodgson
Thu 22	Maribyrnong River, Avondale Heights	Car	Easy	Jean Giese
23-25	BC: Federation weekend: Daylesford, Hepburn Springs	Pvt	var	Mark Heath (co-ordinator)
Sat 24	Saturday Explorer: Dandenong Ranges	Pvt	E/M	Liz Telford
Sun 25	Mt Macedon Circuit	Car	Med	Judith Shaw
Wed 28	Greens Bush, Mornington Peninsula National Park	Pvt	E/M	Michael Quinn
30-3 Nov	PC: Mt Loch-Mt Cope-Diamantina Spur-Razorback	Pvt	Med	Agajan Akbari

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