



A000133X

# THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

July 2016

## FIRST AID TRAINING – HLTAID003 CERTIFICATE

All bushwalkers, and particularly leaders, are encouraged to undertake training in First Aid. Melbourne Bushwalkers has organised a first aid course to be held on Saturday 15 October. Applications to attend are open to all Melbourne Bushwalkers members and members of other clubs affiliated with Bushwalking Victoria.

The course is HLTAID003, equivalent to the old Level 2 first aid certificate. Six to eight hours of prior private study is required (course book provided) with a pre-class test sheet to be completed. During the 7+ hours of class work participants must:

- demonstrate competent CPR performance on an infant and adult mannikin (1 mannikin per student)
- participate in three first aid scenarios
- complete a written knowledge assessment
- apply first aid procedures for a variety of first aid conditions

Satisfactory completion of the course requirements leads to a nationally-recognised certificate valid for three years.

The instructor is an experienced trauma paramedic with a strong bushwalking background. The course will be tailored towards bushwalkers. The provider, Premium Health, have 29 years' experience and currently deliver first aid training to 45,000 participants per year.

The venue is Premium Health, 115–117 Gardenvale Road, Gardenvale, on Saturday 15 October 9am – 5pm.

### Cost:

The course cost is \$100 per person discounted (for 20 starters) from the usual \$180. Members of Bushwalking Victoria affiliated bushwalking clubs are eligible for a Bushwalking Victoria subsidy of \$25 which can be arranged through their own club. Registered volunteers of Bush Search and Rescue (BSAR) are eligible for a further subsidy from BSAR.

Melbourne Bushwalkers members who enrol will also qualify for a club subsidy of \$25 reducing the cost to \$50 per attendee. Melbourne Bushwalkers walk leaders who have led at least two walks in the preceding 12 months will be eligible to attend for free.



Numbers are limited and bookings are essential. We must have at least 20 starters so let us know your intentions as soon as possible. Enquiries and bookings can be directed to [firstaid@mbw.org.au](mailto:firstaid@mbw.org.au)

### USI requirements:

All students undertaking formal courses of instruction which have national accreditation are now required to register with the Federal Government and obtain a Unique Student Identifier (USI) code which must be given to the training organisation providing the course.

If you need to apply for a USI or need more information please visit <https://portal.usi.gov.au/student>

**Due date for contributions (including September previews) to August News: 21 July**

MEMBER OF



Bushwalking Victoria

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria  
362 William Street  
(Cnr William and A'Beckett Streets)  
Melbourne  
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc  
PO Box 1751  
MELBOURNE VIC 3001  
[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Merilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for *The News* is the 21st of the month.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au).

Please note:

Next committee meeting will take place on  
**Monday 4 July 2016**

## NEW MEMBERS

We welcome the following new members:

Gayle Margaret Cameron  
Mutsumi Nozaki  
Malcolm Downing  
Amy Markwell  
Janet Mary Wilkinson

## BUSHWALKING VICTORIA ANNUAL REPORT 2015-2016

Please find below the link to Bushwalking Victoria's Annual Report for your information:

[http://www.bushwalkingvictoria.org.au/files/Annual%20Reports/BWV\\_Annual\\_Report\\_2015-16.pdf](http://www.bushwalkingvictoria.org.au/files/Annual%20Reports/BWV_Annual_Report_2015-16.pdf)

## QUIZ SHOW

Hello, Claire Falkiner here from the ABC. The ABC is launching a new quiz show and we are looking for smart people to get involved and I was hoping you'd be able to help me out.

The quiz is looking for people with both specific knowledge on a subject; for example bush walking. But it could be about anything!

You may know a lot about basketball, but that's a bit broad.

Perhaps you have an intimate knowledge of the Hockeyroos or a particular player like the legendary Nova Peris. You may be totally across World War II, but even better, you know enough about World War II aircraft you could go toe-to-toe with anyone in the country. You may be a real animal nut, but we'd love it more if you were the most educated person in the room when it comes to arthropods. Or you might just know an unusual amount about Australian stamps.

And a good general knowledge wouldn't hurt either.

The show will be hosted by Tom Gleeson, this quiz show will be smart, fun and will reward contestants that really know their stuff.

To apply you just have to fill in an application on the link below.

[www.tomquizshow.com.au](http://www.tomquizshow.com.au)

If you have any questions please get in contact with me via email.

Thanks for your help with this,

*Claire Falkiner*

Interests: Other

Member: n

## PRESIDENT'S COLUMN – JULY 2016



Like most members I look forward to the weekend as a time to get out and enjoy walking. The club runs a diverse and interesting program that meets my regular need. Often I just take for granted the well-defined tracks and open spaces that our leaders have explored and mapped out for our walking pleasure. Recently, though, I was reminded of the extensive 'behind-the-scenes' activity that takes place on an ongoing basis to help ensure that we can continue to enjoy our outdoor interests.

On Saturday 18th June representatives of around 23 bushwalking clubs, Board Members of Bushwalking Victoria and other interested parties met for a day of presentations, discussion and debate at the annual Bushwalking Victoria Leadership Forum. Many members will recall that Bushwalking Victoria is the peak body for bushwalking organizations in Victoria, coordinates track maintenance and conservation activities in association with land managers such as Parks Victoria, provides support for bushwalker safety through Bush Search and Rescue (BSAR) and is the channel through which all club members are covered by supplementary accident and liability insurance for bushwalkers arranged by Bushwalking Australia. These are important activities well worth our continued support.

The Leadership Forum is a chance to explore and capitalise on the benefits of being part of a broader community of bushwalkers. Long though our history has been as a club, and as extensive as our database of walks might be, there are untold walking opportunities that we are unfamiliar with that would add to the richness of our program. Each year through Bushwalking Victoria and its affiliated host clubs, the Federation Walks Weekend pulls together in one location a portfolio of around 20 walks that our Sunday Walks Secretary pores over each quarter to add variety and challenge. Next year, of course, it is our turn to give back as we ramp up our preparations to host Federation Weekend 2017 in and around Warburton.

The networking that takes place at the Forum, and through Bushwalking Victoria, goes much further. It is my experience that most clubs are open and willing to share expertise and challenges to their club in a spirit of contributing to the greater good. As a club we have benefited from access to the deliberations of other clubs on such matters as risks and approaches to overseas trips, policies to address growing concerns for the privacy of personal information and the robustness of our Emergency Contact System, to list just a few.

Significant as these activities are, there is more to the being part of Bushwalking Victoria that impacts favourably on how and what we do as a club, most notably in the way the pooled voices and resources can be used to deliver more than we could achieve alone. You will have noted that our June newsletter launched the beginning of a new phase of our leader training activities. The core material we will use was developed by a project team from other clubs with funding awarded to Bushwalking Victoria by the Victorian Government. The project leader continues to be available to us as a consultant as required. Over the next three years Bushwalking Victoria, with supplementary Government Grant funding, will be driving a new campaign to promote bushwalking, a project that will not only help to attract more individuals to the activity but also help to secure the areas we cherish as places to walk. In this context the leadership Forum was addressed by the recently appointed Chief Executive of Parks Victoria, Bradley Fauteux, who stressed his desire to form a closer partnership with Bushwalking Victoria to address common interests.

For my fellow Committee members, Halina, Nigel and me, the Leadership Forum was a day well spent.

### Reminders for the month:

- Bookings will soon be open for the Federation Walks weekend in the Western Grampians from 7–9 October. Get in early to ensure you are placed on your preferred walks (<http://www.fedwalks.org.au>) and please let Mark Heath know if you have booked to participate so that we can coordinate a get-together during the weekend.
- Book a family member or a friend onto a Sunday walk. The easy 'vouching' system enables visitors to participate on Sunday Bus and carpool trips without the need to visit the clubrooms, provided an experienced member, who will also be on the walk, vouches for their fitness and suitability.
- **The Membership Renewal period closed on the 30th June.** If you missed the deadline you may still be able to join club trips but will be required to pay the visitor fee and sign and Acknowledgement of Risk form until such time as you renew your subscription.

*Ian Mair*

# MELBOURNE BUSHWALKERS BUSH DANCE

## DANCE THE NIGHT AWAY WITH BUSHWAHZEE

**Saturday 20 August**  
**St Oswalds Hall**  
**96 High Street, Glen Iris**  
**7:00pm (band starts 7:30pm) until 11:00pm**

**Tickets \$20 per person**  
**BYO Plate (to share) & Drinks**  
**Tea & Coffee available**

### **Tickets are on sale NOW:**

- in the MBW club rooms on Wednesday evenings;
- on the Sunday Bus Walks;
- EFT payments to Melbourne Bushwalkers account ANZ 013006 005846013 and advise [bushdance@mbw.org.au](mailto:bushdance@mbw.org.au) (Please add "BD" before your name on the EFT payment. Once payment is confirmed you will be issued with a ticket number by email and your ticket can be collected on the night.);
- at the door of St Oswald's on the evening.

### **For further information or booking:**

- contact Susanna Mason; or
- email [bushdance@mbw.org.au](mailto:bushdance@mbw.org.au)



# 2016 Social Calendar

**Wednesday 27 July**

### **WILD WATER! – PRESENTATION BY JOHN FRITZE**

Water has shaped our planet and can still be found cutting its way through ancient formations untouched by humans. Closely following its course through these remote and inaccessible places is bushwalking at its most potent! From the challenges of logistics, pushing through dense vegetation, rock hopping, abseiling, climbing and swimming to the witnessing of nature's awesome power and beauty from the closest possible vantage points. This is a show featuring images of beauty and adventure from trips to the Kimberley, Central Australia, Flinders Ranges, Blue mountains, Tasmania and the Victorian Alps. Come along to be inspired, or at least for the wine and cheese!



**Wednesday 24 August**

### **SLIDE AND INFORMATION NIGHT ABOUT HIKING IN TURKEY AND GEORGIA BY AGAJAN**

I did two walks in Turkey and two walks in Georgia (Caucasus).

Walks in Turkey include The Laycian way (Likya) situated on the south coast and Mount Kackar. The Kackars are impressive ragged mountains running parallel to the Black Sea southern shore.

Trekking in Georgia (Mestia – Ushguli) passes through several traditional Svan villages, White Mountains peaks, glaciers and fast deep rivers. My other walk in Georgia was in Kazbegi area (Stepantsminda – town) and land mark Gergeti Trinity church and Glacier close to Mt Kazbek. It was a fascinating experience which I'd like to share with you.

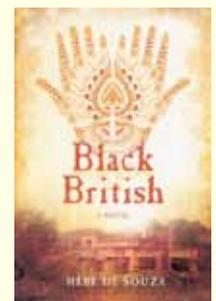


## **CHECK THIS OUT!**



Some bushies will remember Winifred de Souza from the 1980s, who served on committee for a number of years and was an active day and Dandenongs Explorer walker. You may be interested to know that she has published her first novel called *Black British* (Ventura Press, Sydney).

The plot is a journey through Lucy's life. In 1958 when India is in turbulence following the collapse of the British Empire, Lucy, the youngest of three daughters, is born into an affluent Goan family whose ancestors had abandoned



their roots to adopt British culture and language so that they would prosper under the Raj. Hence the title of the novel: *Black British*.

On the dry dispirited plains of Kanpur Lucy struggles to find her place in the confusing world of a now independent India. What follows is a richly detailed account of her experiences of school with German nuns, her family's Christmas celebrations and her extended family's eccentricities where she learns the nuances and undercurrents of human interaction. With her family's dwindling fortunes, Lucy is forced to make a decision that will change her life forever

*Black British* is currently available in leading bookshops and on-line.

Booktopia is offering free postage until mid July: <http://www.booktopia.com.au/black-british-hebe-de-souza/prod9781925384901.html>

Or look at the website:

[www.hebedesouzaauthor.com](http://www.hebedesouzaauthor.com)

Face book: Hebe de Souza Author

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website: [http://www.mbw.org.au/mbw\\_activities/MBW\\_activities\\_program.php](http://www.mbw.org.au/mbw_activities/MBW_activities_program.php)

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS  
4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



**SATURDAY WALK**

**MOUNT MACEDON**

<b>DATE</b>	Saturday 23 July 2016
<b>STANDARD</b>	Easy/medium
<b>DISTANCE</b>	Approx. 13.5 km
<b>ELEVATION</b>	Some steep and/or sustained hills
<b>LEADERS</b>	Barbara Horwood/Tracey Jamieson
<b>TRANSPORT</b>	Private
<b>START TIME</b>	Depart from location in notes below at 10:00 am
<b>RETURN TIME</b>	Back at cars by 4:00 pm
<b>AREA</b>	Mt Macedon
<b>MAP REFERENCE</b>	Melway X909

We will meet at The Trading Post (coffee shop) at Mt Macedon Village at 9:50am to start walking at 10:00. The walk will begin with a steady climb up to The Cross. Parts of this climb are fairly steep and areas may be slippery if wet. Our walk takes us on a combination of country lanes and walking tracks. We will be having lunch near The Cross with a choice of eating at the picnic ground or purchasing lunch in the nearby café. After lunch, we will start walking along the track toward the Camels Hump in lovely forest before making our way back down to The Trading Post for coffee.

walk soon enters the winding and little-walked Russells Track perched high above the Black Snake Creek, which it follows for some distance allowing plenty of time to soak in the dense vegetation on the rugged, steeply sloping hillside. The Medium walk is not to be denied this pleasure but first must climb up the sharp Dyers Creek Track and then back down the Dog Loop Track before entering the Russells Track. A short gravel road section then brings both walks to the start of a steady climb to the top of the Black Snake Range and the site of the Four Brothers Rocks, a group of granite rocks with sweeping views across the park. From the Four Brothers Rocks the routes again part company. The Easy/Medium walk briefly retraces its path before following the established Nichols Hut Track down the other side of the range until it picks up another delightful river trail, the Ferres Track, leading to the Mortimer Reserve. The Medium walk takes a more challenging course down a long disused and overgrown logging track before it connects with the Ferres Track.

This walk has lots to offer as it passes through dense bush, follows river trails and provides wonderful mountain-top views. There are some very steep slopes, both up and down, and a walking pole is highly recommended.



**CROSS-COUNTRY SKIING**

**REGISTRATION OF INTEREST**

<b>DATES</b>	1-31 August 2016
<b>STANDARD</b>	Easy/Medium
<b>LEADER</b>	Doug Pocock
<b>TRANSPORT</b>	Private

One of the joys of winter is to rug up warm, put on cross-country skis and explore the alpine country. Jan and I are proof that you don't have to be an expert to enjoy the experience.

For some years now the Club has not programmed ski trips because of the uncertainty of snow conditions. This is a pity because it has also meant that we have not run introductory trips to enable people to get some basic skills. In the past, Jan and I have used the opportunity of an unexpected snow fall to nick up and have a very pleasant time.

I propose a system whereby members can register an interest so that a list can be drawn up and, if someone wants to organise a trip (with very little notice) then contact can be made and a trip organised. These would be Club trips and members would be covered by Club insurance. Information required would be:



**SUNDAY BUS**

**NEW: DYERS CREEK PICNIC GROUND – MORTIMER RESERVE**

<b>DATE</b>	Sunday 31 July 2016
<b>RETURN TIME</b>	6:30 pm to City
<b>STANDARDS</b>	Easy/Medium and Medium
<b>DISTANCES</b>	13.6 km and 18.4 km
<b>TOTAL ASCENTS</b>	510 m and 650 m
<b>LEADERS</b>	Ian Mair and Marilia Cipolloni
<b>TRANSPORT</b>	Bus – leaving Southbank Blvd at 8:45 am
<b>AREA</b>	Bunyip State Park
<b>MAP REFERENCE</b>	Parks Victoria Map – Bunyip State Park

The Dyers Creek Picnic Ground to Mortimer Reserve walk is a delightful challenge that captures some of the highlights of the Bunyip State Park. It is a new route for the club traversing sections of the park that have regenerated, with tracks realigned, following bushfires in 2009 and floods in 2011. Starting from the Dyers Creek Picnic ground, the Easy/Medium

- Name
- e-mail address
- Address (for car sharing)
- Do you have a car (4wd? Chains?)
- Are you available all week or only weekends?
- Are you a beginner interested in an introduction to skiing?
- Are you experienced and would like to organise a trip?

Doug Pocock



Please note I will be away for some of May and June so you may not get a prompt reply.



## TOFS WALK

### WOODLANDS HISTORIC PARK – GELLIBRAND HILL

<b>DATE</b>	Thursday 4 August
<b>STANDARD</b>	Easy
<b>DISTANCE</b>	Approx. 10 km
<b>ELEVATION</b>	Sea level
<b>LEADER</b>	Keith White
<b>TRANSPORT</b>	Private
<b>AREA</b>	North of Melbourne
<b>MAP REFERENCE</b>	Melway 178 K9

The walk will start at 10:30am. Meet in the car park at the Woodlands Historic Homestead at 10:15. With reference to Melway Map 177, enter Woodlands Historic Park from Oaklands Road (177 H9) and follow the gravel road over the ford and along to the car park. I will preview a walk closer to the date and decide if we follow the Moonee Ponds Creek or take the more traditional route to Gellibrand Hill.



## CROSS-COUNTRY SKIING

### BOGONG HIGH PLAINS (ROVER CHALET)

<b>DATE</b>	Saturday 6 to Saturday 13 August 2016
<b>RETURN TIME</b>	Afternoon, Saturday 13 August
<b>STANDARDS</b>	Various
<b>DISTANCES</b>	Various
<b>LEADER</b>	Doug Pocock
<b>TRANSPORT</b>	Private
<b>AREA</b>	Bogong High Plains

The Club is lucky to be able to offer a week's X-C skiing on the delightful Bogong High Plains. We are able to stay at the

Rover Chalet which is a 12 km ski in from Falls Creek and is an excellent base for back country skiing.

The Chalet is comfortable with heating, showers, toilets, laundry and a drying room. Food is by a pre-set menu, all dry food is in the chalet and we only have to carry in fresh food. A voluntary roster is drawn up to ensure all cooking, cleaning, wood chopping, bread-making etc. is done with minimum fuss to allow full days skiing. The chalet is warm so light weight sleeping bags can be taken in. Normal skiing clothes and a change for in the chalet are required but laundry facilities means that packs can be kept light for the ski in.

Depending on the weather (at this stage sunny days and good snow is forecast) we take lunch and have trips out to many parts of the Plains with generally an easy option and a longer, harder option. Favourite destinations include Mt. Jim, Rocky Knobs, Mt. Cope, Fitzgeralds Hut, Mt. Nelse, and High Plains Creek Waterfall.

The cost for the week is \$425 and this covers the week at the chalet, return bus trip from Mt Beauty to Falls Creek and sleeping accommodation on Friday night.

For further information ring Doug or Marilyn Whimpey.



## CYCLING

### SANDRINGHAM – BANGHOLME – MT CHELSEA

<b>DATE</b>	Saturday 6 August 2016
<b>RETURN TIME</b>	About 4:00 pm
<b>STANDARD</b>	Easy
<b>DISTANCE</b>	55 km
<b>LEADER</b>	Ross Berner
<b>TRANSPORT</b>	Train to Sandringham (Sandringham Line)
<b>AREA</b>	Sandringham, Dingley, Bangholme, Chelsea
<b>MAP REFERENCE</b>	Melway maps 76, 77, 78, 79, 88, 89, 94, 98, 93, 92, 87, 86 & 85

The meeting place for the ride is Abbott Street Level Crossing (just north of Sandringham Station. (Melway 76 G9) at 9:45 am.

If you are travelling by train, you will need to take the Sandringham Line Train departing from Flinders St at 9:12 am and arriving at 9:42. **NOTE:** check timetable closer to the date.

The Sandringham line has been chosen as the start and end point of this ride as it is not subject to closure due to the level crossing removal project. (The ride can be shortened only if full service is available on Frankston line.)

The aim of the ride is to explore the new shared path adjoining the new Dingley Bypass and to visit what I believe to be the world's lowest mountain, Mount Chelsea.

The ride is on mainly quiet streets and shared trails. There is a small amount of gravel on Long Beach Trail. The ride is essentially flat.

From Sandringham we head east to pick up the Dingley Bypass Trail at Karkarook Park. We follow it to Keysborough, through streets only recent built on farmland. We then visit the quiet country lanes of Bangholme, with even the possibility of riding under water.

We then visit Mount Chelsea. Those who are adventurous can leave their bicycle and ascend to the summit on foot. From here we return to Sandringham following Long Beach and Bay Trails.

Please bring your lunch.



### SUNDAY CAR POOL

NEW: ANGLESEA CLIFFTOPS AND EUMERELLA FLORA RESERVE

**DATE** Sunday 7 August 2016  
**RETURN TIME** Southbank Boulevard at 6:30 pm  
**STANDARD** Easy  
**DISTANCE** 15 km  
**TOTAL ASCENT** Approximately 200 m  
**LEADER** Brett Daniel  
**TRANSPORT AREA** Carpool – leaving Southbank Blvd at 8:45 am Anglesea Surf Coast

This circuit walk provides good views along the coast and, especially in spring, an abundance of wild flowers are found along most of the walk. The walk initially follows the Anglesea River, then the clifftops of the Surf Coast Walk. It then turns inland and circles around the Eumeralla Memorial Scout Camp, and winds around the Anglesea Heath to return to Anglesea following the river back to the start.

The walk passes through a variety of habitats where kangaroos, wallabies, echidnas, koalas, and a large variety of birds are regularly seen.



### WEDNESDAY WALK

MT EVELYN AQUEDUCT

**DATE** Wednesday 10 August 2016  
**RETURN TIME** By 4:00 pm  
**STANDARD** Easy/Medium  
**DISTANCE** 15 km  
**ELEVATION** 350 m total ascent  
**LEADER** Ed Neff  
**TRANSPORT AREA** Private Mt Evelyn, Dandenong Ranges National Park  
**MAP REF** Melway 120 B3 for start/finish

We will meet at the far end of the Mt Evelyn Reserve, off Tramway Road at 10:15 for a 10:30 am start. Parking is available near the toilet area.

The first half of the walk follows the redundant aqueduct which fed the O'Shannassy Reservoir from the Silvan Reservoir until around 1972. We skirt some residential areas, follow the Aqueduct Trail and then enter open forest areas in the Dandenong Ranges National Park. We follow Olinda Creek Track to lunch at Silvan Reservoir. Return is via Grey Gum Track, eventually joining the Pipeline Track, the site of the pipeline that replaced the aqueduct.



### PACK CARRY

MT LANGI GHIRAN

**DATE** 12–14 August 2016  
**STANDARD** Easy/Medium  
**DISTANCE** 20 km  
**ELEVATION** 300–400 m  
**LEADER** Mark Simpson  
**TRANSPORT AREA** Private Langi Ghiran State Park  
**MAP REFERENCE** VicMap Buangor North



Lar-ne-jeering (Langi Ghiran) is Djab Wurrung language for 'home of the black cockatoo'. Rugged granite peaks and gentle sloping woodlands are the dominant features of this local landmark. Walking to the summit presents views of ancient red gums on the surrounding plains with Mount Buangor in the east and the Grampians in the distant west. This walk follows a Bob Oxlade route from July 2005.

There is no water available during the walk so you will need to carry water for two days. A water drop for day 2 could be made Friday night at the rock art site for pick up at morning tea. There will be some off track walking amongst some steep, rocky and unmade parts to the trail. Elevations about 400 m.

We will camp Friday night at Langi Ghiran picnic area. Saturday: we will walk on track fairly flat around the park to a rock art site for morning tea and water pickup, about 6 to 7 km. Then off track for a few km over Mt Gorrin 737 m and another peak 700 m with good views, before descending to a track to camp. Sunday: off track from camp with some steep rock climbing to the summit of Mt Langi Ghiran 950 m. We then descend passing large granite boulders to a track that takes us 3 km via a look-out point back to our cars with nice views of Mt Langi Ghiran en route. At this time of year be prepared for cold weather, wet scrub.

If interested please contact Mark Simpson.



### SUNDAY BUS

BLACKMAN AND DABYMINGA CREEKS (MT DISAPPOINTMENT)

**DATE** Sunday 14 August 2016  
**RETURN TIME** Southbank Boulevard at 6:30 pm  
**STANDARDS** Easy/Medium and Medium  
**DISTANCES** 14 km and 17.5 km  
**ELEVATIONS** 440 m and 470 m

**LEADERS** Mick Noonan and Fotina Lennon  
**TRANSPORT** Bus – leaving Southbank Blvd at 8:45 am  
**AREA** Mt Disappointment State Forest  
**MAP REFERENCE** Wandong 1:25,000

The Mount Disappointment State Park is about 60–70 km north of Melbourne just east of the Hume Highway. The area is popular for walking, horse riding, trail bike riding etc and used to be a gold mining, timber cutting and sawmill area. It was burnt in the 2009 Black Saturday fires but is now well recovered. Today you find stately mountain ash, mountain grey gums, red stringybark and narrow leafed peppermint trees. There are deer, wombats and wallabies in the area.

Our walks are in the northern end of the park. They are a mix of dirt 4WD tracks, ridge walking with great views to the north and south, a few spurs (with 400 m challenging climbs but plenty of time to recover!), wandering along creeks and for the Medium Group some great off-track creek walking and rock hopping where you can be a bit more adventurous.

The Medium walk starts with a very short bush bash about 3 km before the Easy Medium group and follows the same track except where it goes off-track for a few kms. It descends sharply from the ridge track to make its way along Blackman Creek to the junction with Dabyminga Creek. This is the more adventurous off-track section. The two groups re-join here and follow an easy off track section (with a nearly track option!) along Dabyminga Creek before re-joining the 4WD track. Both groups see plenty of reminders of past gold mining.

This is a great opportunity to get out in late winter, stretch your legs both on and off track, and then relax on the bus on the way home, sleeping or chatting to old and new friends. If it's a windy or wet day then come well prepared for the weather!

If you would like to see some great trip photos and an overlay of the track on Google Earth have a look at the Photo Gallery for 2nd June 2013, It was muddy track that day!



## MOFS WALK

OLINDA CREEK – PIPE TRACK – MT EVELYN AQUEDUCT

**DATE** Monday 15 August 2016  
**RETURN TIME** 2:30 pm  
**STANDARD** Easy  
**DISTANCE** 10 km  
**ELEVATION** 50 m  
**LEADER** Jenny Monaghan  
**TRANSPORT** Private  
**AREA** Dandenong Ranges National Park  
**MAP REFERENCE** Melway map 120

This is part of the Mt Evelyn Forest, a relatively recent addition to the Dandenong Ranges National Park.

We will walk to join the Olinda Creek Track/Track 10 which runs more or less parallel to the Pipeline Track which replaced the original aqueduct that carried water from the Silvan Reservoir to Melbourne. We eventually join up with the Mt Evelyn Trail back to Hunter Road and our starting point.

We may forego morning tea, have an early lunch at the Mt Evelyn Reserve and then do a short drive at the end of the walk to the Silvan Dam Reservoir for afternoon tea instead.

Meet at the intersection of the Lilydale–Monbulk Road and Hunter Road. There is a wide verge on the main road suitable for parking, but parking is also possible on Hunter Road if you prefer to park off the main road. Melway 120 G6/7



## TRAINING

HAVE YOU CONSIDERED BECOMING A LEADER?

**DATE** Wednesday 17 August, 2016  
**VENUE** Clubrooms  
**ORGANISER(S)** Angela Vetsica and Ian Mair  
**TRANSPORT** Private  
**START TIME** 7:30 pm  
**FINISH TIME** 9:00 pm  
**BOOK WITH** Angela Vetsica  
**ACTIVITY AREA** Clubrooms  
**MAP REFERENCE** 362 William Street (Melway map 2F, B2)

Bushwalking Victoria has developed modules for training which provide a framework for our future training program. Following a review of our requirements and opportunities, a schedule of evening and day sessions has been prepared to suit those interested in undertaking this training.

The opening session 'Have you considered becoming a leader?' addresses the basic needs of becoming a leader, such as planning and conducting walks, from day to extended ones.

Whether you are an experienced leader, or would love to become a new leader, the training units have been adapted to offer you ALL SOMETHING to either revise, revisit or equip you with understandings of what requirements are necessary to lead a variety of walks.

These are complemented with the upcoming navigation training organised by Roger on Saturday 2nd July, and a First Aid training day being organised by Nigel to be offered later in October.



## PACK CARRY

BAW BAW NATIONAL PARK SNOW SHOE AND SNOW CAMP



**DATE** 20–21 August 2016  
**RETURN TIME** 10:00 pm  
**STANDARD** Easy/Medium  
**DISTANCE** 30 km (approximate)  
**LEADERS** Ralph Blake and Kerry Press  
**TRANSPORT** Private  
**AREA** Baw Baw National Park  
**MAP REFERENCE** Baw Baw Plateau 1:25,000

This walk will be a two day pack carry walking with snow shoes in Baw Baw National Park, commencing and finishing at the Mt St Gwinear car park.

On Saturday morning we will pack carry on snowshoes beyond Mt St. Gwinear, later setting up camp in a more remote and sheltered spot amongst the beautiful snowgums.

Here we will also have lunch before exploring with day packs this sparkling and enchanted snowy landscape for the rest of the afternoon. The snowshoes offer much freedom to walk across frozen creeks and snowy plains, up and down hills and through wooded forests with ease and joy. Sunday will be spent exploring further afield, returning to our camp in late afternoon to pack up and make our way back to the car park by 5 pm.

Previous snowshoeing experience is not required. However participants do need to be fit, experienced with multi-day pack carries, and well-equipped and prepared for snowcamping, and for the changeable (and sometimes extreme) weather conditions. Group size limit of 10, so book early for this exhilarating bushwalk on snowshoes in the pristine sparkling snowscape of Baw Baw National Park.



## SUNDAY CAR POOL

### MT LITTLE JOE SUMMIT AND RIVER TRAIL CIRCUIT

**DATE** Sunday 21 August 2016  
**RETURN TIME** Return to city by 6:30 pm  
**STANDARD** Medium  
**DISTANCE** 15 km (approximate)  
**ELEVATION** 450 m  
**LEADER** Jan Colquhoun  
**TRANSPORT** Carpool – leaving Southbank Blvd at 8:45 am  
**AREA** Warburton  
**MAP REFERENCE** VicmapTopo\_25k\_T8022-2-N 1:25,000



This walk offers a variety of scenery and terrains as well as a bit of a work out. We set off from the Warburton Sports Complex and stroll along the Yarra River before ascending onto the Warburton bike trail. The elevation provides delightful

views down the river valley. We follow the rail trail to Millgrove and pass a little Sunday market before entering an area of hobby farms. On our preview we encountered lots of ibis around a nearby lake. Our walk then takes us into the Yarra State forest; this is when the work out begins. We ascend Mt Little Joe, a consistently steep 450 m climb on a good track, lovely gum trees but not much view from the top. We then descend on a steep path. This side of the mountain gets most of the rain, hence a sudden abundance of fern trees and possible mud. On our preview the track was very muddy and I advise bringing a walking stick. The remainder of the loop undulates through a fern forest returning to Warburton, we then continue along the other side of the river to our cars. Time permitting we may fit in a coffee in Warburton before our return to Melbourne.

I will be in the clubrooms on the two Wednesdays before the walk



## SOCIAL WALK

### WESTERFOLD PARK

**DATE** Thursday 25 August 2016  
**STANDARD** Easy  
**DISTANCE** 5 km  
**ELEVATION** Small hills  
**LEADER** Jean Giese  
**TRANSPORT** Private  
**AREA** Manningham  
**MAP REFERENCE** Melway 33

Westerfold Park is a lovely place for a walk. There are bicycle trails through it but also foot tracks, which we will follow, to take us beside the Yarra River and to views of the distant ranges. The wattles should be in bloom too. There will be a 1.5 km drive to lunch at the Templestowe Hotel.

Meet near the toilet block in the carpark off Porter Street (Melway 33 E3) to start walking by 10:30.



## DANDENONGS EXPLORER

### SHERBROOKE FOREST, SASSAFRAS CREEK

**DATE** Saturday 27 August 2016  
**STANDARD** Easy  
**DISTANCE** 12 km approximately  
**ELEVATION** 300 m  
**LEADER** Liz Telford  
**TRANSPORT** Private  
**AREA** Dandenong Ranges  
**MAP REFERENCE** Melway 75

I will be leading an easy walk, taking in Sherbrooke Forest, parts of the Sassafras creek walking track and a visit to the Alfred Nicholas Gardens in the Dandenong Ranges. The walk commences and ends at Grants Picnic Ground. Generally, it will be an easy walk, although there will be a steep downhill section at the end of the walk and some mud on the tracks. Email booking preferred for Club members by Thursday 25 August.

The meeting place is Grants Picnic Ground (Melway 75 K4). Please arrive at 9:45 to commence walking at 10:00.



**SUNDAY BUS**

**GUNNAMATTA – SORRENTO**

<b>DATE</b>	<b>Sunday 28 August 2016</b>
<b>RETURN TIME</b>	<b>6:00 pm to Southbank Boulevard</b>
<b>STANDARDS</b>	<b>Easy and Easy/Medium</b>
<b>DISTANCES</b>	<b>15 km Easy / 18 km Medium</b>
<b>ASCENT</b>	<b>Minimal</b>
<b>LEADERS</b>	<b>Christina Hughes and Phillip Geschke</b>
<b>TRANSPORT</b>	<b>Bus – leaving Southbank Blvd at 8:45 am</b>
<b>AREA</b>	<b>Mornington Peninsula Ocean Coast</b>
<b>MAP REFERENCE</b>	<b>Melway Map Refs: 156 166 167 and 251</b>

The stretch of coast between Gunnamatta and Sorrento must be one of the state of Victoria’s most picturesque, offering stunning views, beautiful beaches, and fascinating rock formations. The Easy/Medium group starts just south of Gunnamatta and the Easy group from Rye Back Beach.

The first part of both walks is along the sandy shoreline; however, once we reach Number Sixteen Beach we will follow the track mainly along the cliff-tops to Sorrento. This track passes through a number of delightful but little-known beaches, such as Bay of Island, Diamond Bay and St Pauls

Beach with its lookout built in the early 1900s to ensure that Australia was not attacked by the Russians.

After exploring Coppins Lookout we might, if time permits, (and if the shop is open) enjoy a coffee or ice-cream before boarding the bus to travel back home. This is a delightful walk so we hope that you will join us. Please remember to bring the hat, the sunscreen, the insect repellent and plenty of water.



**THE 2016 FEDERATION WALKS**

This year’s walks take place over the weekend of 7–9 October in the Western Grampians. The base for the walks is Cameron Oval Reserve at Laharum.

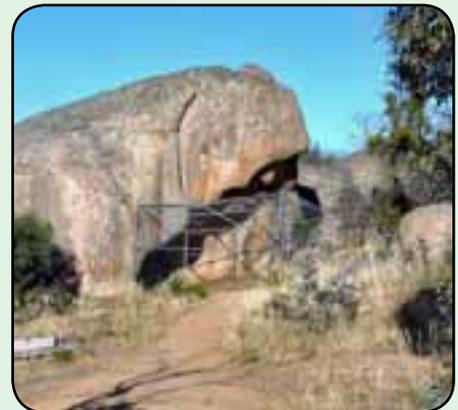
You can come for the weekend or just a day.

Accommodation is DIY in nearby towns or camping in the Grampians.

The dinner on Saturday night is \$24 and there is a talk by Grampians Chief Ranger Dave Roberts on the Grampians Peak Trail to follow. Catering is by the Laharum Sports Ground Catering Group. There is no BYO – beer, wine and softdrinks will be sold at the venue.

There is a registration fee for the walks: \$15 for one day and \$20 for two days. Walk bookings start on 8 July and finish 31 August – be early!

Check out the website [www.fedwalks.org.au](http://www.fedwalks.org.au) for more details about walks and please contact Mark Heath if you are interested.



Cave in the Black Range  
Photo by Ian Mair

**EXPRESSIONS OF INTEREST:  
LARAPINTA TRAIL, JULY 2017**

The Larapinta Trail stands out as one of Australia’s top long distance walking tracks. Running 223 km along the MacDonnell Ranges in the Northern Territory, with Alice Springs at its eastern end, it is also one of Australia’s most spectacular bushwalking experiences. I have been approached by a number of club members interested in walking the trail in July 2017 and have decided to include it on the program.

Any members interested in joining this trip please contact me as soon as possible as numbers are closing fast.



*Ian Mair*

**Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!**

<b>August 2016</b>				
1-31	SKI: X-C Skiing: Registration of interest	Pvt	E/M	Doug Pocock
Thu 4	TOF: Woodlands Historic Park – Gellibrand Hill	Pvt	Easy	Keith White
6-13	SKI: X-C Skiing: Bogong High Plains (Rover Chalet)	Pvt	var	Doug Pocock
Sat 6	CYC: Sandringham – Bangholme – Mt Chelsea	Pvt	Easy	Ross Berner
Sun 7	DAY: NEW: Anglesea Clifftops and Eumerella Flora Reserve	Car	Easy	Brett Daniel
Wed 10	DAY: Mt Evelyn Aqueduct	Pvt	E/M	Ed Neff
12-14	PC: Mt Langi Ghiran	Pvt	E/M	Mark Simpson
<b>Sun 14</b>	<b>DAY: Blackman and Dabyminga Creeks (Mt Disappointment)</b>	<b>Bus</b>	<b>E/M&amp;M</b>	<b>Mick Noonan and Fotina Lennon</b>
Mon 15	MOF: Olinda Creek – Pipe Track – Mt Evelyn Aqueduct	Pvt	Easy	Jenny Monaghan
Wed 17	TRG: Have you considered becoming a leader?			Angela Vetsica and Ian Mair
20-21	PC: Baw Baw National Park Snowshoe	Pvt	E/M	Ralph Blake and Kerry Press
Sun 21	DAY: Mt Little Joe Summit and River Trail Circuit	Car	Med	Jan Colquhoun
Thu 25	SOC: Westerfold Park	Pvt	Easy	Jean Giese
Sat 27	DAY: Dandenongs Explorer: Sherbrooke Forest, Sassafras Creek	Pvt	E/M	Liz Telford
<b>Sun 28</b>	<b>DAY: Gunnamatta – Sorrento</b>	<b>Bus</b>	<b>E&amp;E/M</b>	<b>Christina Hughes &amp; Phil Geschke</b>

The News of the Melbourne Bushwalkers  
 If undelivered please return to:  
 MELBOURNE BUSHWALKERS INC  
 GPO BOX 1751, MELBOURNE 3001

PRINT  
 POST  
 338888/00016

POSTAGE  
 PAID  
 AUSTRALIA