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THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

June 2018

MEMBERSHIP FEES ARE DUE!

See inside back page.

SAVE THE DATE

THE MUCH-ANTICIPATED MBW AUCTION RETURNS!

26TH SEPT 26TH SEPT

BUY!!

Time to upgrade to
Nordic poles?



You, too, can be the owner of
a trendy daypack



SELL!

One lucky Bushie might be
the new owner of your old
boots



Here is your chance to sell
your old tent



By popular demand, your auctioneer for the night is

GRAHAM HODGSON

LEADER TRAINING IN MALVERN – A. Vetsica

I was very pleased to have seven new interested members attend our whole day leader training for Module 1, in the Malvern Library. It was a great venue and our potential new leaders provided some valuable feedback.

'Covered a lot and got valuable information about MBW website.' *'It was well organised and good to do in one day.'* *'Very impressive and professional.'* *'Very comprehensive and very effective.'*
'Beaut, good humour and enjoyed it.'

Therefore to continue with our training come and attend this upcoming one. Don't forget the Equipment Training by John and the Navigation Training by Roger.

Due date for contributions (including August previews) to July News: 21 June

MEMBER OF



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Royal Historical Society of Victoria
362 William Street
(Cnr William and A'Beckett Streets)
Melbourne
Vic 3001**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001
www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Merilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for *The News* is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au.

Please note:

Next committee meeting will take place on
Monday 2 July 2018

NEW MEMBERS

We welcome the following new members:
Adriana Stefancic, Jenny Robinson,
Adeline (Leem Wuai) Leng, Myra Morgan,
Yingqi He, David Gilbertson

THANKS SO MUCH

I would like to thank my fellow walkers who responded to Ian's email about my recent accident. I was completely overwhelmed by your emails and phone calls. I really appreciate your support and encouragement which has made my rehabilitation a little easier. I am determined to join you on a walk hopefully by the Summer Program.

Ray Spooner

TRAINING NIGHT Wednesday 20th JUNE CLUBROOMS 7:30-9:00

So you want to become a LEADER?

Building on material developed through Victorian bushwalking clubs and compiled by Bushwalking Victoria, Melbourne Bushwalkers has tailored a series of 7 units which provide the core of our future training program. A schedule of evening and day sessions has been prepared to suit those interested in undertaking this training.

Whether you are an experienced leader, would love to become a new leader, or just interested in extending your bushwalking skills, the training units have been adapted to offer you ALL something to either revise, revisit or equip you with new understandings of what requirements are necessary to lead or participate in a variety of walks.

The opening session "Styles of Leadership" addresses the various styles of leadership and how they may apply to you. Understanding your leadership style is fundamental to understanding how you approach planning and conducting walks, from single day to multi-day extended walks, as well as how you interact with other members.

The Objectives for Unit 1 included:

- Understanding the concept of leadership
- Identifying different styles of leadership which may be appropriate in different circumstances.

The theory units of the training program are complemented by the Navigation Training organised by Roger Wyatt (unit 6 of the 7 unit series), and First Aid Training organised by Nigel Holmes, to be offered later in the year.

If you are interested in attending Unit 1 or future units please contact Angela Vetsicas:

training@mbw.org.au

PRESIDENT'S COLUMN – JUNE 2018



As predictable as the rising of the sun, the club's Quarterly Activities Program is rolled out for members to review and plan their future involvement. Four times a year to coincide with the seasons. Day walks, multi-day walks, camping trips, social events, conservation activities and training all populate the days ahead. The complementary online program adds even more choices unconstrained by the length of an A4 page. Month by month the program unfolds as the finer details are supplied in preview notes and leader consultations. Decisions are made, activities are attended and then on to preparing for the next event. Have you ever wondered how the program comes into being?

The club conducts around 190 events a year, an average of more than three a week. Day walks dominate at over two per week (even more if you include the fact that the average of 26 Bus Walks per year actually involves two walks each), with multi-day activities averaging close to one per week. Social events, General Meetings, training activities and conservation activities make up the balance. I feel exhausted just writing it down. The production of the club's Quarterly Activities Program is the culmination of an impressive team effort drawing on the knowledge, enthusiasm and experience of over 70 members each year. At the heart of the process are our activity Coordinators, each charged with pulling together events in their area of responsibility. Pack Carry, Base Camp, Sunday Walk, Wednesday Walk, Cycling, Social Program, and so the list goes on. Environment, Track Maintenance, Training and more have their place too. Eleven volunteers in total, plus assistants as required. Decades of bushwalking experience, thousands of kilometres walked, hair-raising experiences to relate, help to shape the program for all members to enjoy. Everyone involved is aware that it is our varied and challenging program of activities that is rewarded by strong member participation and new member retention.

Approaches to activity selection each quarter vary between the areas of responsibility. There is no fixed approach. Some choose to assemble the full Quarterly Program and then go out to find volunteer members to lead the suggested activities. Other Coordinators seek expressions of interest from the membership to lead activities of their own choosing in the Coordinator's area of responsibility. When leaders may be willing to contribute, but are short of ideas for the scope of an activity, the Coordinator is there to recommend options. The Sunday Walks program deservedly gets a mention for its scale and variety. 49 or 50 trips a year, close to 75 different walks and as many leaders, with few walks repeated in following years, presents a special challenge. Accounting for public holidays, other special events and seasonal variations favours a Coordinator-led walk selection. The club's online database of past events and reports from previous trip leaders is a rich source of ideas. Always there are opportunities too for any member to nominate a walk they would like to lead.

Drawing it all together is the responsibility of the General Walks Secretary. The full schedule of events is assembled, leader contact details inserted and verified, and the final document prepared. What may seem to be the end of the process is just the start of another. The Quarterly Activities Program when printed is just the framework for the actual program. Prepared months ahead of the actual event there is plenty that can happen before an activity is conducted. Track conditions can change, weather events can intervene, and personal circumstances can be disrupted. The Activities Program is a living idea of what we would like to present. More detailed research on planned events, including Preview walks of the proposed course where appropriate, can significantly alter the final details. The activity leader always has the final decision on the route to be followed and can add variations to the initial plans based on more informed choices. The leader's written Preview sets out the final intent as the basis for other members to make their choices.

While we members are making the most of the activities on offer a background team of other volunteers, coordinated by the General Walks Secretary, is still on the job. Our safety is a top priority. Constantly monitoring our communications channels the Emergency Contacts for the club are alert and ready to offer guidance and support in the event of unplanned occurrences.

Next time you are out on a club trip remember to thank the leaders for their contribution, and spare a thought for the other members whose passion and commitment to the club help to make it happen.

Ian Mair

Social Event in the Clubrooms

Wednesday 27 June, 8 pm
THE JOHN MUIR TRAIL – Brett Daniel and Fang Fang

The John Muir Trail (JMT) is the premier hiking trail in the United States. The trail starts in Yosemite National Park, and continues in a southerly direction for 339 km through the Ansel Adams Wilderness, Sequoia National Park, King’s Canyon National Park, and takes in the highest peak in continental United States, Mount Whitney at 4 421m. The lowest point (1 200 m) on the trail is the northern terminus at Happy Isles in Yosemite Valley. The highest point (4 421 m) on the trail is Mount Whitney. With the exception of the first 11 km leaving Yosemite Valley, the elevation of the trail never falls below 2 100 m.

Construction of the JMT began in 1915, a year after Muir’s death. Today a permit is required to hike the JMT. Permit reservations can be hard to obtain for JMT thru-hikers, but a portion of permits are reserved for walk-ins. Over 75 percent of hikers hike north to south. Last year Brett and Fang completed the southern section (around 100 km), between Onion Valley and Horseshoe Valley, including Mt Whitney.

Join us while Brett and Fang outline their experiences, logistics and challenges on this stunning walk.



LEADER TRAINING
CRITICAL INCIDENT MANAGEMENT
Wednesday 30 May 2018, 7:30 pm–9:00 pm, Clubrooms

Attend this important session to increase your awareness of elements which could impact on your experiences in the outdoors. When you participate in scenarios it allows you to acquire valuable knowledge for important events. This is a unit which is crucial for all walkers to think about. Critical incidents while we hike have occurred and will continue to be part of the risks associated with hiking. Thinking about and preparing scenarios for critical incidents allows us to react with some confidence to resolve unexpected situations.

The following components make up Unit 7:

- What to establish before the walk
- Major Accident/Incident which occur frequently.
- Protocols to follow
- Common Incidents
- Follow ups after an Incident

If interested please email the training officer Angela



BOOK REVIEW

AN UNEXPECTED DEVELOPMENT BY DERRICK E. BROWN

Thanks Derrick for the gift of this wonderful book that turns out to be, amongst other things, an insider's view of the history of British IT development! I read quickly, and found the whole tale fascinating. It's all very readable, with a good balance of humour and insight, and there are many interesting, unexpected turns in the story.

We follow Derrick on his journey through life – humble paper boy and doughnut seller in a British sea-side holiday town; first university graduate in his whole family; problem solver who played a leading role in the computer revolution; teacher and motivator who trained thousands of people to find and trust their own strengths...

Always with a bent for finding easier, smarter and better ways to do things, he revolutionised everything he chose to get involved with, even commissioning and setting up the ubiquitous Bar Code system that we take for granted in all our stores these days. He clearly made a huge difference for seeing the potential of computers to do things more efficiently, and relates some amusing stories about the canny ways he had to go about breaking resistance from the old guard ...

Imagine the difference it made to a supermarket chain the size of Woolworths, when it went from primitive computer systems (handling 1½ million orders a week), to automated computer-driven orders and delivery systems! And that was just one of the break-throughs he masterminded across several decades at the coal face!

Before reading this book, I knew Derrick only from our years of bushwalking in Australia, enjoying the great outdoors together. I'd heard the odd snippet from his boyhood days in post-war England, and realised the intelligent, resourceful person he'd come to be, but I had no idea of the pivotal role he played in the development and implementation of such advanced ideas for those times.

What a self-made man he is. The story fits well with my own understanding, that really going for things, following one's own passion and insight, is the very best way to make things happen. Indeed all the world's achievements are from people doing just that.

It was sobering to read about the darker times when Derrick struggled with so many blocks that clearly tested his resolve, but he had a way of choosing a positive way forward ... As he commented after a hot air ballooning accident that could have claimed his life, he developed a very solid 'live life to the full' perspective, and it still shows!

He continues to enjoy all the things he's worked hard to create, especially the relationships he treasures.

Ray Thomas
Conservationist of the Year 2009
Australian Geographic Society

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Where can we take you next?

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- Lake Eyre/East McDonnells: 28 April - 9 May
- Kimberley: 17 May - 6 June
- Kakadu/Top End: 24 June - 10 July
- New Caledonia: 13 - 23 August
- Pilbara/WA Coast: 10-30 September
- Indo-China: *dates to be confirmed*
- Gawler Ranges: 22 October - 1 November
- Kangaroo Island: 20 - 26 November

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MARIA ISLAND Sunday 29 April to Thursday 3 May

As I write this, Hobart residents are mopping up after the greatest downpour in 50 years, and all of us who joined Jilly the previous week on Maria Island are so thankful she got the dates right.

We enjoyed balmy 19° days with blue skies – perfect for walking in Tassie. Maria Island is a comfortable hour's drive from Hobart Airport, and having caught a 6 am flight from Melbourne we were there in time for lunch. Our accommodation was rather unusual, as we had convict-era officers' quarters (minus the batman). They were warm and spacious, and a hungry Tasmanian Devil came with it if you failed to follow instructions and leave your door open. Piercing screams alerted you to those who had left their door ajar. The island is home to many relocated wombats ('did that rock just move?') and the devils. The cutest pademelons, Forester kangaroos and Bennett wallabies would watch curiously as we walked along the track, and seals and pelicans could be spotted close to shore.

This was a return trip for Jilly and Kelly, so the itinerary was well thought out. The afternoon of our arrival was an opportunity to explore the environs of Darlington with its views, ruins and restored buildings. Many had informative signs to assist us. Best of all was a short walk to the Painted Rocks, which range from the Silurian to Devonian period (500–360 million years) and are exposed here as vertical cliffs.

On our first full day of walking we conquered Mount Maria (709 m). It was a steady, uneventful track till the final 45 minutes when we were now faced with lots and lots of boulder climbing. Absolutely worth it though, because the view from the top was stunning. Down below was an uninterrupted view to the isthmus, a beautiful curve of white sand which gives the island its unique figure of eight outline. Coming down was, alas, not uneventful as the silky gum leaves caused one of our party to slide and damage her ankle.

Next day we cycled 1.5 hours to the isthmus, checking out a homestead at Frenchs Farm, a convict prison camp at Point Lesueur and the delightful camping ground at Encampment Cove. Surely one of the prettiest I have seen.

The next day we set off for the 620 m peak 'Bishop and Clerk', rated one of Tasmania's top day hikes. Although not a strenuous walk it is unrelentingly uphill and not advisable for those with vertigo, as the track follows the cliff edge. After a morning tea break the path took us into a woodland of she-oaks, big blue gums (*Eucalyptus globulus*) and white peppermint (*Eucalyptus pulchella*) and eventually emerging from the trees to be greeted by a 30 minute scree slope. However, there was a defined track with more than one person expressing gratitude for the work put into it. We finished off with a 50 m boulder-hopping scramble and there we were, sitting on top of the dolomite columns with Ile du Nord and Bird Rock just off the northwestern coast of the island and Schouten Island and Freycinet Peninsula to the north. There was one final hurdle: we weren't at the summit. That required some experience in rock climbing, long legs or a never-say-die attitude, and we had three in our party who fitted the bill! So Stuart the Younger, Rosemary and Sylvia continued on to the top.



Our last morning gave us a chance to indulge in photography, finish a book or walk behind Darlington to explore the 1920s industrial history of the island.

Thank you Jilly for your enthusiasm in sharing this special island with us, for the meticulous planning and your good nature. Commiserations to Cecily who came a cropper and to Ray who had to pull out at the last moment for a similar reason. We hope you both recover soon.

The party of 15 were: Jilly (Leader), Kelly (Co-leader), Stuart the Elder, Stuart the Young, Chris, Babak, Adriana, Rosemary, Glenys, Lori, Cecily, Bernie, Sylvia, Margaret and me.

Susan Maughan



PACK CARRY THROUGH BARMAH FOREST – MAY 4–6, 2018



This was a great destination for a weekend hike. The Barmah area is a really attractive landscape showcasing water features. A river, swamps, billabongs, creeks and floodplains, coupled with the vegetation to match, meant for a lovely couple of days hiking in mild, balmy weather.

It was flat. Not a summit, hill, rise or termite mound to break the walking stride. It was not easy walking, however, as fallen logs, branches and leaf litter, dry bogs of horse hoof prints and hard road tracks took their toll on muscles and the feet. Distances, twenty plus kilometres per day, were also more than the usual pack carry. It was a relief to many to finally stop for the night and set up camp beside the Murray and a small fire provided a social meeting place.

The moon was bright. The tents were widely dispersed amongst the trees and notions of bullfrogs, trees falling without anyone hearing, moose, and decisions to have a pee or not, meant for many restless sleeps.

Murray cod featured highly in our conversations. The colour blue was suggested as an attractant (no scientific basis whatsoever) and many methods were explored to catch a cod. The bright blue gaiters of a fellow hiker complete with a blue handled knife, led to cautions about dangling legs in the river, unless snaring a big one was on the agenda. The Murray was flowing fast due to environmental flows being released further upstream. The large fish would be pleased. It was also kind of nice walking along parched clay pans knowing that soon they would be watering all the beautiful trees around us.

We saw brumbies, as you do in the high plains. Their impact on the environment was far less subtle in the Barmah. Whole plains were a mass of deep foot prints and little understorey vegetation and grasses were present. We also spotted deer and evidence of feral pigs. No snakes were spotted. It was not hard to imagine trees filled with those snakes, dining on all the other critters escaping the seasonal flood waters. There were magnificent river gums, not dissimilar to those magnificent snow gums you also come across in the high plains. Perhaps all our landscapes are filled with magnificent trees and perhaps we don't always see them in our haste to a camp site or the car.



And arrive at the cars we finally did. Much of our walk was off track and with the navigation that comes with that. Our leader, Ian, was very impressive in this regard and we only once retreated from the reeds to find an alternative route. It was adventuring and fun. Many thanks go to Ian and fellow hikers.

Jeanette Burnett

A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website: http://www.mbw.org.au/mbw_activities/MBW_activities_program.php

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS
4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.



SUNDAY PUBLIC TRANSPORT

LAVERTON-WILLIAMSTOWN (TRAIN BASED)

DATE Sunday 24 June 2018
MEETING PLACE Flinders Street Station steps underneath the clocks
RETURN TIME 5:00 pm to City
STANDARD Easy
DISTANCE 14 km
TOTAL ASCENT 30 m
LEADER Susanne Etti (Mentor Brett Daniel)
TRANSPORT Train, Flinders Street Station at 8:45 am
AREA Altona
MAP REFERENCE Melway maps 53, 54, 208, 209

This is a new walk in the MBW walking program. This train-based Sunday walk is starting at Laverton Station. The walk is around the nature reserves of Laverton and Altona. This walk follows a series of walking and cycling tracks around Laverton Creek and passing the wildlife reserve of Truganina Swamp, home to the rare Altona Skipper Butterfly. During the walk we might see the numerous woodland and water birds, listen to local frogs and get a panoramic view of Melbourne. We will finish the walk by following the Esplanade to return to Altona Station. Time permitted we can stop for tea, coffee and/or cake in Altona.



SUNDAY BUS

CAMEL'S HUMP – MT CHARLIE

DATE Sunday 1 July 2018
STANDARDS Easy and Easy/Medium
LEADERS Ivan Biber and Wendy Davis
TRANSPORT Bus – leaving Southbank Blvd at 8:45 am

Wendy and Ivan haven't been able to preview this walk yet, but check on the Club's web site in a few days.



TOFS WALK

CAMPBELLS CROFT – DANDENONG CREEK

DATE Thursday 5 July 2018
RETURN TIME 2:30 to 3:00 pm back to cars
STANDARD Easy
DISTANCE About 10 km
ELEVATION One small optional hill
LEADER Marilyn Whimpey
TRANSPORT Private
AREA Wantirna
MAP REFERENCE Melway map 63

Meet at 10:30 am at the small car park on the left side of Boronia Road (Melway map 63, C4) if you're travelling from the city direction.

We follow walking tracks generally south through Koomba Park, cross Burwood Highway and up to the lookout at Melway 62 K9. Then we turn back and follow different tracks back to Boronia Road, which we cross and walk around Campbell's Croft back to our cars.

Last time we did this walk there were no open toilets so we detoured at around the half-way point to a large hardware business that provides toilets for their customers. There are also areas of bushland off the track.



PACK CARRY

CAPE LIPTRAP – VENUS BAY

DATE Friday 6 to Sunday 8 July 2018
STANDARD Easy/Medium
DISTANCE 25.0 km
LEADER Ian Langford
TRANSPORT Private
START TIME Depart from location in notes below at 9:00 am
ACTIVITY AREA Venus Bay
MAP REFERENCE Anderson Inlet, Walkerville and Maitland Beach 1:25000

A 'Cape Liptrap Survivors Reunion Walk' for survivors of the infamous Cape Liptrap walk of 5-6 July 2014 and anyone else who would like to come along. On that trip survivors clambered round headlands white with foam and strode head first into a winter gale and ice cold horizontal rain that chilled them to the marrow. In the event of similar weather, the route will be abandoned and a Plan B activated.

Rendezvous: 0800 Venus Bay Caravan Park, 113A Jupiter Boulevard, Venus Bay. Cabins and tent sites are available here. A car will be left here for a shuttle then the party will drive to Cape Liptrap Car Park (33 km).

Special requirements: Windproof parka, hood, gloves, over trousers, winter clothing, winter sleeping bag, water containers for 5 litres.

Itinerary: This is an undeveloped stretch of coast line within easy reach of Melbourne. The only public access is a four wheel drive track closed in winter. The first day is a rugged coastline of cliffs, pebble coves and beaches. The second day is a walk along a wide sandy beach backed by high sand dunes. Low tide will be at 11:12 am on Saturday enabling the party to clear the rock platforms and cliff section between Cape Liptrap and Morgan Beach. The Saturday walk is in two sections: Cape Liptrap to Morgan Beach (3.5 km) and goes through scrub to a pebble beach in a picturesque cove and then passes numerous pebble beaches, rock platforms and cliffs. The second section goes along Morgan beach then scrub to Ten Mile Creek where there is a reliable water supply. Fill up with water for camp and Sunday then walk to Five Mile Camp and pitch tents (10 km). Sunday is an 11.5 km walk along Venus Bay beach past exposed shell middens and a wreck.

Registration: When registering, state name and phone number, car registration, car availability for car pooling, departure location, railway station for pick-up if applicable, departure time, name of emergency contact and phone number of emergency contact.



SUNDAY CAR POOL

ARTHURS SEAT – MCLAREN’S DAM – KINGS FALLS

DATE	Sunday 8 July 2018
RETURN TIME	Return to Southbank Boulevard at 6:00 pm
STANDARD	Easy/Medium
DISTANCE	15 km
LEADER	Stuart Hanham
TRANSPORT	Carpool – leaving Southbank Blvd at 8:45 am
TRANSPORT COST	\$14 per person
AREA	Arthurs Seat and Rosebud
MAP REFERENCE	Parks Victoria Park Notes: Arthurs Seat State Park and Melway maps 159, 170, 171

This walk has great views, a variety of vegetation and the high likelihood of seeing a range of bird and animal life. Starting from the Bunurong Track, we'll climb steadily on the Two Bays Track, detour to Ministers Lookout and take in impressive views of the peninsula and bay. The route eventually descends fairly steeply on gravel, to the attractive McLaren's Dam, which we will skirt around, and then climbs steeply to the South-East Water plant.

After a short hike through thick bush, we'll follow a dirt road to the Kings Falls turnoff, where the plan is to have lunch at the falls lookout. The track then heads uphill through attractive forest, to grassland and into more native bush. Later, in the Seawinds Gardens, we'll check two view points, before reaching the panoramic Matthew Flinders Lookout.

The route continues to the Arthurs Seat summit, east for a short distance, and north down the mountain, on fire trails, before traversing west and eventually passing under the Arthurs Seat Eagle chairlift. The walk soon leads to the lovely Bunurong Track, with the cars at the far end. A coffee stop will be made at the top station of the Eagle chairlift.

This walk is very scenic but quite undulating, so a hiking stick would be useful.

Please note if booking in clubroom: There is an activity in the clubrooms on Wednesday, 27 June. Try to complete any

bookings for this walk before 8 pm on that date to minimise disturbances. Thank you.



WEDNESDAY WALK

IN THE DANDENONGS

DATE	Wednesday 11 July 2018
RETURN TIME	Finishing at 3 pm in time for afternoon tea
STANDARD	Medium
DISTANCE	14 km
ELEVATION	200 m
LEADERS	Susan Maughan and Stuart Hodgson
TRANSPORT	Private or train to Ferntree Gully station
AREA	Dandenong Ranges
MAP REFERENCE	Sherbrooke Forest

The walk commences from the lower picnic area at the 1000 steps, Ferntree Gully National Park, Upper Ferntree Gully at 10:30. If catching the train, currently there is a train listed to arrive at UFTG station at 10:13 – check closer to the date.

This walk was done over a decade ago, and traverses the ridge from UFTG into Selby, ending at our home for afternoon tea! All provided.

When booking, we will need to juggle a few cars to come earlier so that they can drive straight to our house in Selby.. That way we will have cars at the end of the walk. Let us know if that will suit you.

Looking forward to seeing old friends and meeting new ones, too.



TRAINING

UNIT 2: WALK PLANNING, RESEARCH AND PREVIEWS

DATE	Wednesday 11 July 2018
VENUE	Clubrooms, Cnr Abeckett and William Streets (Melway map 2F B2)
ORGANISER	Training Officer
TRANSPORT	Private
START TIME	7:30 pm
FINISH TIME	9:00 pm
BOOK WITH	Angela Vetsicas: training@mbw.org.au

Building on material developed through Victorian bushwalking clubs and compiled by Bushwalking Victoria, Melbourne Bushwalkers has tailored a series of seven units which provide the core of our future training program. A schedule of evening and day sessions has been prepared to suit those interested in undertaking this training.

Objectives of Unit 2:

Walk Planning, Research and Previews

- At the completion of this unit you will understand how to:
- Choose a suitable day walk for a potential group of walkers including:
 - choosing the location;
 - selecting an appropriate walk – sources of information: e.g: walk notes / maps;
 - determining the actual route;
 - grade an activity according to the club's grading rules;
 - Undertake a Preview of your activity including:
 - what you need to do before going on the Preview;
 - what you need to do on the actual Preview;
 - and what you need to do after the Preview.

Whether you are an experienced leader, would love to become a new leader, or are just interested in extending your bushwalking skills, the training units have been adapted to

offer you ALL something to either revise, revisit or equip you with new understandings of what requirements are necessary to lead or participate in a variety of walks.

The theory units of the training program are complemented by the Navigation Training organised by Roger Wyett (unit 6 of the 7 unit series), and First Aid Training organised by Nigel Holmes, to be offered later in the year.

If you are interested in attending Unit 1 or future units please contact Angela Vetsicas: training@mbw.org.au



SUNDAY BUS

BRITANNIA RANGE – YARRA STATE FOREST

DATE	Sunday 15 July 2018
RETURN TIME	6:00 pm to Southbank Blvd
STANDARDS	Easy and Easy/Medium
DISTANCES	13 and 15 km
ELEVATIONS	480 m rise (both walks)
LEADERS	Chris Collett and Bettina Brill
TRANSPORT	Bus – leaving Southbank Blvd at 8:45 am
AREA	Yarra State Forest – Yarra Junction
MAP REFERENCE	Vicmap Neerim 8022-S 1:50,000

The Yarra State Forest just south of Yarra Junction is a picturesque area with magnificent mountain forest including impressive eucalyptus and acacia trees, and a multitude of fern trees in the gullies. On the preview several lyrebirds darted across the tracks we walked along, an owl flew across our path, and there were occasional glimpses of other wildlife including wallabies.

Both walks start in the Britannia Creek valley and head upwards towards the Britannia Range ridgeline. The Easy/Medium walk proceeds along Silvertop Track to reach the ridgeline, while the Easy walk will follow the Lady Walker Track to ascend to the ridgeline. Once the ridgeline is reached, the two walks will follow the same route along the ridge before descending to the Britannia Creek valley and continuing downstream along the valley to the finish.

The tracks may be slippery in parts in winter, so a walking pole would be a useful aid.



MOFS WALK

MULLUM MULLUM CREEK – CANDLEBARK PARK

DATE	Monday 16 July 2018
START TIME	10:30 am
RETURN TIME	Back to start by 3:00 pm
STANDARD	Easy
DISTANCE	About 10 km
TOTAL ASCENTS	Hardly notice it – see caveat below
LEADER	Graeme Thornton
TRANSPORT	Private
AREA	Templestowe
MAP REFERENCE	Melway maps 21, 22, 33 and 34

This walk is close to Melbourne and starts and finishes at Beasley's Nursery, 195 Warrandyte Road, Doncaster East (Melway 34F2). Meet on the west side of the carpark (nearest Mullum Mullum creek) for a 10:30 start.

We will meander off down along the shared walking/cycling track to The Parkway. There there will be a choice of inspecting the remains of the historic Templestowe (car) Hill Climb or continuing along The Parkway. The hill climb is probably only about 30–40 m vertically but there's a short steep section near the top.

From there we follow a track down to the Yarra river and a footpad along the river to Mullum Mullum creek and the official start (end?) of the Main Yarra Trail. Along the trail we pass Petty's Orchards and then nip up into the eponymous Candlebark Park with some magnificent remnant candlebarks. The park is a haven so close to 'civilisation' and has a myriad of footpads threading here, there, in and around it. It is deceptively convoluted for its size. Dams have allowed to become small lakes and marshes.

After lunch we'll see how we are going for a detour around Lower Eltham Park before heading back to Beasley's along the Yarra and Mullum Mullum trails.



CYCLING

DANDENONG–HEATHERDALE (TRAIN BASED)

DATE	Saturday 21 July 2018
START TIME	Depart from location in notes below at 9:15 am
RETURN TIME	Return to location in notes below by 3:30 pm
STANDARD	Easy/Medium
DISTANCE	55 km
TOTAL ASCENTS	450 m rise
LEADER	Philip Brown
TRANSPORT	Private
ACTIVITY AREA	Eastern suburbs
MAP REFERENCE	withwithgps Dandenong to Heatherdale

We will meet at 9:15, Dandenong Station north side. You can catch the 8:28 from Flinders St arriving Dandenong at 9:15. Please check closer to the day in case there are any changes.

The start of the ride is at Dandenong Station at 9:15 am where we can find a coffee shop to start the day, taking back streets to Eumemmerring Creek trail, then onto Hallam Bypass Path. From there we head north up to Lysterfield Lake Park then 4 km of streets to the Kellets Road trail, then on to Ferny Creek Trail that gets us to the Ringwood–Belgrave Rail Trail. Once there we continue until we hit the Blind Creek Trail and lunch spot at the Tim Neville Arboretum. From there on the Eastlink Trail to the Station at Heatherdale.

For more information or to book ring or email the leader.



SUNDAY CAR POOL

JUMPING CREEK TO THE HINTERLAND

DATE	Sunday 22 July 2018
STANDARD	Easy
LEADER	Theo Mertzianidis
TRANSPORT	Carpool – leaving Southbank Blvd at 8:45 am

No preview received as yet. Check the Club's web site closer to the date, or contact Theo.



BASE CAMP

XMAS IN JULY AT ST ANDREWS BEACH TWO BAYS, CAPE SCHANCK

DATE	24–26 July 2018
STANDARD	Check in at 3 pm TBC
DISTANCE	Medium
ELEVATION	To be confirmed
LEADER	Sea level
TRANSPORT	Susan Maughan
AREA	Private
MAP REFERENCE	Cape Schanck
	Mornington Peninsula National Park



This is the fourth year in a row that we have had a 'Christmas in July'. I am renting a house in Bass Meadows Boulevard, St Andrew Beach. The cost is determined by our final number, but approximately \$35 per night per person.

Tuesday 24th July: Bring-a-plate for our shared meal. Bring something wrapped for the Santa Sack that is wacky, batty or tacky!

Wednesday 25th July: Walk on the Two Bays Track. Dinner that evening will be at the Rosebud Country Club in Boneo Road.

Check out by 11:00 on Thursday 26th.
Enquiries/ booking with Susan Maughan.



SOCIAL WALK

SOUTH SURREY HILLS AND LINDEN PARKS

DATE Thursday 26 July 2018
STANDARD Easy
DISTANCE 5 km
LEADER Alister Rowe
TRANSPORT Private

No preview received as yet. Check the Club's web site closer to the date, or contact Alister.



PACK CARRY

BLACK RANGE

DATE Friday 27 to Sunday 29 July 2018
START TIME Depart from location in notes below at 8:30 am
STANDARD Medium
DISTANCE 24 km
LEADER Ian Langford
TRANSPORT Private
AREA Black Range State Park
MAP REFERENCE Mt Talbot 1:25,000, Black Range 1:25,000

A 'Max Casley Memorial Trip', in memory of many happy times with our old companion of the track, Max, who died recently. Max led a trip in the Black Range on 23–25 July 1999 and was in Rosemary's party in March 2004 and Ian M's in April 2014. A walk in a pretty area west of the Grampians with spacious open woodland, thickish scrub and precipitous bluffs.

Rendezvous: 0830 Saturday at Cherrypool Highway Park Camp Site. To get there drive to Stawell then follow the Western Highway. Turn left at sign 'Laharum 18 km Zumsteins'. Pass Laharum then turn right at sign 'Brimpaen 14 Henty Highway'. Travel 16 km via Brimpaen to Henty Highway and sign 'Hamilton 90 Horsham 40'. Turn left onto Henty Highway. Cherrypool Highway Park Camp Site is a chain of



sites right on the Henty Highway. Turn off the Highway just before the Highway crosses a bridge. Camp on the site near the toilet. Avoid camping under the Red Gum trees. Bring water for the camp and 2 litres for the next day.

Special requirements: Windproof parka, hood, gloves, scrub gloves, scrub goggles, gaiters, over trousers, winter clothing, winter sleeping bag, water containers for 5 litres.

Itinerary

Saturday: 0830 leave Cherrypool and do a car shuttle to the end of the walk on Muirfoot Track. Climb up a Northern Black Range outlier ridge then descend to Mudadgadjiin Picnic Area where there is a water tank. This section is off track. Pick up water at Mudadgadjiin Picnic Area for Saturday night and Sunday. Follow a track to the base of the escarpment then ascend rock slabs on a route marked by cairns. Climb up to a natural ledge that traverses the face of the escarpment. This section is not technical but there are big drops and people who are frightened of heights should not come on this trip. Follow the ledge then go into the head of a creek and come out on the top of the escarpment. Camp at a suitable spot on the top of the escarpment .

Sunday: Follow the escarpment southbound and descend to Muirfoot Track. Follow Muirfoot Track southbound then do a side trip to Wild Man Caves. Return to Muirfoot Track and continue to the cars.

Registration: When registering, state name and phone number, car registration, car availability for car pooling, departure location, railway station for pick-up if applicable, departure time, name of emergency contact and phone number of emergency contact.



SATURDAY EXPLORER WALK

MIDDLE PARK TO SANDRINGHAM

DATE Saturday 28 July 2018
STANDARD Easy
DISTANCE About 13 km
LEADER Margaret Campion
TRANSPORT Private

This month it's off to the seaside for our Middle Park to Sandringham walk.

We meet at 10 am at Middle Park light rail station car park, cnr Canterbury Road and Armstrong Street Middle Park – Melway map 2K F11. We'll stroll down Armstrong across Beaconsfield Parade and along the beach through lively St Kilda and trendy Brighton, all the way to Sandy. Too many cappuccinos are never enough on this walk, including St Kilda pier, lunch at the end of North Road and maybe even a last snack in Sandringham. Caffeine allergy? This might not be the walk for you! Remember to bring your MYKI for the scenic bus trip back to St Kilda, then the light rail back to Middle Park. No booking needed, just turn up.



SUNDAY BUS

OLINDA FOREST TRAIL (DANDENONGS) (ALT DEPARTURE POINT)

DATE Sunday 29 July 2018
RETURN TIME Cnr. Abeckett Street and William Street at 6:00 pm
STANDARDS Easy/Medium and Medium
DISTANCES 17 km and 21 km
ELEVATIONS Generally hilly
LEADERS Andrew Francis and Theo Mertzaniadis
TRANSPORT Bus – Departs from corner Abeckett Street and William Street at 8:45 am
AREA Olinda Forest, Dandenong Ranges NP
MAP REFERENCE Vicmap Monbulk North 7922-2-N (1:25,000)

Olinda Forest boasts a variety of forest landscapes from clusters of mountain grey gum trees and cool ferny gullies to dry bushland. A lot of the forest area remains relatively isolated and contains much undisturbed native habitat. These are pleasant walks with waterfalls, lyrebirds and good views.

Both walks start at Woolrich Lookout, 500 m, with a splendid vista of the surrounding mountains. There is a steep descent through the RJ Hamer Forest Arboretum (which contains some 150 exotic tree species) into the valley. The lunch spot for both walks will be the Silvan Reservoir, before tackling tracks which are undulating and climb slowly to the Olinda Falls. The medium walk will have steeper climbs and extra distance.

The walks are entirely on tracks and quiet management roads, some of which are steep and can be muddy – make sure your shoes have good grip! The final steep ascent will reach the finish of both walks at Mt Dandenong Observatory, 633 m, rewarded with views of the Melbourne skyline and coffee.

ALTERNATIVE DEPARTURE POINT FOR SUNDAY WALKS OPPOSITE CLUBROOM

When advised, the alternative departure point for Sunday walks noted on the walks program and in previews will be at the bus stop on the northern corner of A'Beckett Street and William Street, opposite the clubrooms at the Royal Historical Society building.

Meet 8.45 am Sunday outside clubrooms.

Flagstaff station is open on weekends.
 Sunday car parking around Flagstaff Gardens:-
 Dudley St & King St – all day on both sides,
 La Trobe St – all day on north side,
 William St – 2 hour limit (OK for pool cars).

MEMBERSHIP RENEWAL SLIP

Payment to the Treasurer, together with completed form by one of the following methods:

- Cash or cheque on Club night (cheques payable to Melbourne Bushwalkers Inc.)
- Cheque and Renewal Slip posted to Treasurer, Melbourne Bushwalkers Inc, P.O. Box 1751, Melbourne 3001
- EFT to the Club account. (Account Name: Melbourne Bushwalkers, A/c No. 0058-46013, BSB: 013-006).
 Please ensure your full name and 'SUBS' appear on the transfer.

Fees: **Single member:** \$45* **Concession:** \$34* (Proof required**) (Please circle your membership category) **Couple/Family:** \$72* **Concession:** \$50* (Proof required**) **Printed News Only Subscribers:** \$35.00

Notes:

* **Members who currently receive their copies of 'NEWS' via postal mail should add \$25.00 to continue.**
 No new hard copy subscriptions will be accepted.

** Concession membership applies to those who hold an Australian Government concession card, not a Seniors Card only.

Name:		Year of birth (optional)	
Name:		Year of birth (optional)	
(Note: Year of birth is used only for statistical purposes and not published in any lists.)			
Fill in Address, Telephone number(s) and email address only if changed since last renewal:			
Street Address:	NO	Indicate left if you agree details can be displayed to other members in the Members' Area (Default shown)	
Suburb & Postcode:	YES		
Tel: [H] [W] Mobile	YES		
Email:	YES		
Emergency Contact: Tel: [H][M][W]	YES		

Bus transport meets at Southbank Boulevard, south side of the Arts Centre, before 8:45 am. Leader or deputy will be there rain, hail or shine!

July 2018				
Sun 1	DAY: Camel's Hump –Mt Charlie	Bus	E&E/M	Ivan Biber and Wendy Davis
Thu 5	TOF: Campbells Croft –Dandenong Creek	Pvt	Easy	Meryllyn Whimpey
6–8	PC : Cape Liptrap –Venus Bay	Pvt	E/M	Ian Langford
Sun 8	DAY: Arthurs Seat–McLaren's Dam–Kings Falls	Car	E/M	Stuart Hanham
Wed 11	DAY: Wednesday Walk in the Dandenongs	Pvt	E/M	Susan Maughan
Wed 11	TRG: Leader Training, Unit 2 – Walk Planning, Research and Preview			Training Officer
Sun 15	DAY: Britannia Range –Yarra State Forest	Bus	E&E/M	Chris Collett and Bettina Brill (R.Long)
Mon 16	MOF: Mullum Mullum Creek –Candlebark Park	Pvt	Easy	Graeme Thornton
Sat 21	CYC: Dandenong –Heatherdale (train based)	Pvt	E/M	Philip Brown
Sun 22	DAY: Jumping Creek to the Hinterland	Car	Easy	Theo Mertzandis
24–26	BC : Cape Schanck (Christmas in July)	Pvt	Med	Susan Maughan
Thu 26	SOC: South Surrey Hills and Lynden Parks	Pvt	Easy	Alister Rowe
27–29	PC : Black Range	Pvt	Med	Ian Langford
Sat 28	DAY: Saturday Explorer walk T.B.A.	Pvt	Easy	Marg Champion
Sun 29	DAY: Olinda Forest Trail Walk (ALT DEPT)	Bus	E/M&M	Andrew Francis and Theo Mertzandis