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THE NEWS OF THE Melbourne Bushwalkers Inc.

ABN 14 396 912 508

August 2019

www.regenthoneyeater.org.au

CAV Incorp: A0050192Z

ABN: 29 084 959 796

REGENT HONEYEATER PROJECT PLANTING DATES

Hello everyone

The Planting Weekend Dates for late winter early Spring 2019 are:

10/11 August, plus Bushdance with Coral on Saturday evening

31 August/1 September, plus Bushdance with Coral on Saturday evening

14/15 September.

As with last year we will be providing at no cost:

- Saturday evening meal
- Sunday lunch
- Accommodation at the Scout / Guide Halls in Benalla (mattresses supplied: BYO bedding) which will be available on Friday and Saturday nights (remember the days can be beautiful but the nights can be cold so bring an extra blanket etc)
- We will also conduct a tour of an established site, probably on Saturday about 4 pm.

We completed everything that was needed prior to the EOFY – so thank you to everyone and with recent funding partnerships we are now well funded for the next few years.

Some of the sites we have planned for this part of the season are:

- Continuing the meandering corridor that will connect north to south across Winton Wetlands (which will connect Lurg to Chesney Vale)
- More of the scattered overstory planting associated with the above corridor
- Hand, niche direct seeding of understory

There is a good chance we will complete the western corridor helping to link the Lurg Hills to the Chesney Hills via the Winton Wetlands this season – which is exciting!

Thank you for your support to date and we really hope you are able to join us again this year.

Kind regards

Andie Guerin, Coordinator, Regent Honeyeater Project Inc.



Saturday crew on the 1st of June finishing a large site at Winton Wetlands

**Due date for contributions (including October previews)
to September News (news@mbw.org.au):**

21 August

MEMBER OF



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

Mission to Seafarers Victoria
717 Flinders Street
Docklands
(Melway map 2E 8J)

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001
www.melbournebushwalkers.org.au

The News of the Melbourne Bushwalkers Inc (*The News*) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Merilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for *The News* is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au.

Please note:
Next committee meeting will take place on
Monday 5 August 2019

NEW MEMBERS

We welcome the following new members:
Lynn Davis, Kevin Mulrain, Alan Lamb,
Colin Deinhoff, Julie Gow, Michelle Hurst.
Anna Boland, Carmel Boyce

EXPRESSIONS OF INTEREST DEAL ISLAND SUNDAY 29 MARCH TO THURSDAY 2 APRIL 2020



The Kent Group consists of three spectacular islands, Deal, Erith and Dover, which are situated in the middle of Bass Strait, halfway between Wilsons Promontory and Flinders Island.

The Club is offering another opportunity to visit these remote islands. This will be our 8th visit in 5 years. No punches are pulled in letting you know what to expect but the numbers who have already made the trip, some more than once, speak for themselves.

Please read the following information – if you are still interested in coming along please contact Geof Martin.

If we don't have sufficient Expressions of Interest by end of August the trip may not proceed.

- Costs (at this stage) – Boat trip \$500 pp, Tasmania Parks Pass (min cost \$30) and Pre-departure accommodation in Port Albert (\$30–50) and transport costs to get there.
- We will have three days of walking and exploring on the islands and two days of sailing.
- The trip departs Port Albert, which is 3 hours from Melbourne and the boat takes 9 hours to get to the islands. It can be rough and even hardened sailors can or will get sick if the weather is rough (but these islands are worth it!).
- The trip back takes 9 hours but feels like 19 hours!!
- There are NO facilities on the island, it is a base camp and there are NO showers or toilets. You have to take all of your own camping gear and supplies.
- You have to allow an extra day before and after in case the trip is delayed or extended due to bad weather, so if you are limited in leave, this is a consideration.
- A deposit of \$200 is required to book on the trip and final payment will be required in February and the amount paid is NOT REFUNDABLE unless we can find someone else to take your place.

PRESIDENT'S COLUMN AUGUST 2019

NAIDOC Week celebrations are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC is celebrated not only in Indigenous communities, but by Australians from all walks of life. NAIDOC's 2019 theme and message is 'VOICE TREATY TRUTH – Let's work together for a shared future.

As avid bushwalkers who enjoy the beautiful landscape this country has to offer, we have an opportunity to listen, understand and recognise the voices and the knowledge of Indigenous communities in Victoria and beyond. As some might recall at our AGM earlier this year, we had an Acknowledgment of Country by the Mission of Seafarers representative at the start of our meeting.

The Acknowledgment of Country is an opportunity to show respect for Traditional Owners and the continuing connection of Aboriginal and Torres Strait Islander peoples to Country, and it's something we can all do to show our respect for the First Peoples of this country we are lucky to live in.

Beyond NAIDOC week there was another celebration this month. On the 5th July The Budj Bim Cultural Landscape in southwest Victoria was accepted onto the World Heritage List, following a decade-long campaign by traditional owners. Congratulations to the local Gunditjmara community and the Gunditj Mirring Traditional Owners Aboriginal Corporation of Victoria's South West region, for all their long and hard work in getting Australia's oldest aquaculture site, Budj Bim, declared a Unesco World Heritage site; the first to be listed solely for its Aboriginal cultural values. If you want to read up more access this article on the SBS website:

<https://www.sbs.com.au/news/ancient-budj-bim-site-in-southwest-victoria-added-to-world-heritage-list>

Have a safe and enjoyable hiking month.

Susanne Etti, MBW President

Please send any comments and/or feedback to president@mbw.org.au



Social Events

Wednesday 28 August, 8:00–9:00 pm
TIPS ON TAKING BETTER PHOTOGRAPHS
Presenter: Travis Easton



Travis Easton, the author of ‘Melbourne’s Waterfalls – 314 Waterfalls within 100 km of Melbourne’ and ‘The Prom – Wilsons Promontory National Park’ is returning to offer some tips on taking better photographs, specifically focusing on waterfall photography with a DSLR. Along the way he will showcase many of his own photographs of the waterfalls around Melbourne with the stories behind their discovery and the technical aspects of how he captured these images. For those who are interested, his books will be for sale on the night as well.



<https://www.redbubble.com/>

<https://www.telp.com.au/>

FAREWELL TO DEL FRANKS

After 14 years as a member of Melbourne Bushwalkers, it is with great sadness that we farewell Del. Del has decided to return to her homeland, New Zealand, to be closer to her two sisters.

Del’s first walk with the club was the Coronet Bay – Corinella walk in April 2005, and by June Del had become a member. In 2007 Del served on the club’s committee as a General Committee Member and under this role commenced her 12 years of service as the Assistant Sunday Walks Secretary. Within a year of joining the club Del started leading activities for the club, commencing with bike rides. However, over the years her leading has included an extensive number of day, base camp, lodge and pack carry walks. In addition to her involvement with the club Del also had personal goals and has competed in a number of triathlons.

Unfortunately, in recent years ill health has plagued Del and although this has restricted her involvement in many activities with the club, Del continued to cover the Sunday bookings both in the clubrooms and online bookings plus volunteered as a club’s emergency contact. We have much for which we are thankful to Del.

Del will be in the clubrooms for the August social night on Wednesday 28th. I hope that you will take this opportunity prior to the presentation to say your own farewells to Del.

WE NEED MORE ASPIRING LEADERS!

**WHOLE DAY – MBW TRAINING UNITS 1–5
SAT 21ST SEPTEMBER, 2018
10:00 AM – 3:30 PM**

MISSION TO SEAFARERS CLUBROOMS

Why not attend our free sessions offered uniquely by our club to skill up our members to build confidence to take on leading roles.

Participating in this day allows you to complete module 1 of MBW training.

Others who have attended have commented –

‘Covered a lot and got valuable information about MBW website.’

‘It was well organised and good to do in one day.’

‘Very impressive and professional.’

10:00 – 10:45 **Unit 1 – ‘So You Want to Become a Leader?’**

- The concept of leadership
- Different styles of leadership

10:45 – 11:45 **Unit 2 – ‘Research, Planning and Previewing’**

- Why, Who, Where, When and How to organise a walk from the stages of research and planning.
- Conducting a preview, what to do before, during and after a preview.
- Resources to access when selecting a walk, especially our extensive data base.

11:45 – 12:00 Morning Tea

12:00 – 12:45 **Unit 3 – ‘Paper Work’**

- Walk description and grading, walker registration
- Map and walk notes, transport plans, emergency details, incident reports

12:45 – 1:45 **Unit 4 – ‘Risk Management and Safety’**

- Understand that Risk Management (RM) is involved in most decisions we make;
- Identify actual and potential risks;
- Evaluate the risks;
- Use strategies to manage risk:
- Be aware of legal responsibilities.

1:45 – 2:15 LUNCH

2:15 – 3:15 **Unit 5 – ‘Critical Incidents’**

- What to establish before the walk
- Common Incidents
- Major Accidents/Incidents which occur frequently.
- Protocols to follow
- Follow ups after an Incident

to book contact Angela vetsiang8@gmail.com

WANTED: BUSHWALKING MEMBERS FROM THE LATE 1990'S

I became a member myself and at the time was known by my maiden name 'Shields'.

I am looking for those that I knew at that time and it would be great to reacquaint ourselves with the special friendships made while having so much fun.

I lost touch with you all and I wonder if you'd like to meet up again and talk about old times together.

I'm sure we all have plenty of news to share!

Ring me on 0450 383 953. I'd love to hear from you.

Joy Johnson (Shields)



PICTURES FROM THE WALK ON SUNDAY 14 JULY: GUNNAMATTA – CAPE SCHANCK



Above: Walkers about to board the bus at the corner of A'Beckett and William Streets.

Right: Dropping down onto the beach.

Photographer: Ian Mair



LERDERBERG PACK CARRY 29–30 JUNE 2019

Group: Agajan, Mark, Judith, Dave, Fiona, Ian M, Halina, Ian L, Rose, Marion and Barbara

The group met up in Blackwood main street in very heavy rain. This led to a jovial comparison of rain jackets against Agajan's new super jacket with the rain just bouncing off! (Note for later).

A car shuffle was organised for the finish, and then a journey onto the start at the Whiskey Track junction. We were then off along the forest dirt tracks through the puddles and streams. The full waterproof outfit, gaiters, beanie, gloves, thermals and pack cover were the go. With Ian L styling a black asymmetric mini umbrella to slice thru the drizzle. The exercise was warming us up whilst we chatted in the rain.

The walk took us through the forest and down into Whiskey Creek. At which point Agajan requested more of a training route, so we went straight up the other side (a work out), then around the trail head following the Vodka and Square Bottle Tracks.

Did we mention it was still raining? but now diagonally in a fresh wind. We had a (very) quick lunch at the Razorback North Track junction, and then down a lovely sheltered track through grass trees and steep wet bushland into the main gorge to meet up again at the Whiskey Creek confluence with the Lerderderg River.

We reached the Razorback; and being mindfully present (Halina's words) of the rain, the path across the rocks, with the slopes on either side, we crossed the mini-ridge down to the main river. It was a beautiful spot with big trees, mossy rocks, and lots of greenery. But there was no rain (?), and the river was very low (?). As our feet were already wet the boots stayed on to ford across the river. Then it was a direct scramble straight up the other gorge side requiring some nifty leg moves with a pack. (Oooh!).

We then tramped above the main river past old mines and a very soggy looking roo (and we must have looked similar). We reached the campsite to see the Lerderderg River below, now in flood covering the width of the gorge in full roar and brown with tannin foam. We had forded the same river downstream about one hour earlier (good timing). Everybody was wet, but the rain had now eased, so we all set up our tents and straight in for shelter. The idea of a communal fire was forgotten as everybody rested, warmed up, and ate in their tents, with a background of river noise.

Then the weather changed for Sunday: no rain, blue sky ... warmth! However, the planned walk along the flooded river was not safe. So, the new path was up onto the Cowan Track and along the ridge above the river, and then down to O'Brien's crossing.

Did we mention it had been raining the previous day? At O'Brien's Crossing the ford was a weir, and 4WDs and X-bikes waited on either side debating whether to cross. We made the decision not to. Very fortunately a day walker offered our three drivers a car-lift back to Blackwood. This involved a drive through the forests north to Trentham to cross the river and then onto Blackwood to pick up the finish cars, plus the return journey. A navigational test for those involved.

Meanwhile the rest of group sat in the sun, jumped around, walked up and down the hill to keep warm, eating and chatting, which was very pleasant. The drivers picked up the walkers three hours later, and then it was back through the forest to Trentham. There, all headed into the pub for hot drinks, beer, and chips next to a warm fire, just the place to reflect on a great trip.

Many Thanks to Agajan for safely leading the trip. Well done everyone for being cheery, chatty, and great fun in the soggy conditions. Plus, a special thanks to the long round trip drivers Agajan, Ian M. and Fiona. Overall a walk to test everybody's gear and preparedness ... hmm time to buy that Canadian ultra-Gore-Tex jacket.



David Holder

WILSONS PROMONTORY – TIDAL RIVER BASE CAMP (8–10 JULY 2019)

After finding our way through a maze of GPS-baffling one-way streets to collect our last passenger, Geof as driver and passengers Marion, Karen and David set off at 7 am for Wilsons Promontory with a forecast of rain and high winds in the back of our minds.

We arrived at Five Mile car park for a scamper through giant Banksia, Stringy Barks, granite boulders and up to Vereker Outlook where we admired the changing light and colours on the water below at Corner Inlet, watching rain bands sweeping around us. Back to the car and off to Darby River car park through sudden heavy rain, here we found our fellow walkers huddled in cars or in wet weather gear ready for the walk to Tongue Point. It looked like we were in for a soaking and a few chose instead to head to our base at Tidal River while 16 of us set off as the rain stopped. Top planning, Geof!

Off on the round trip to Tongue Point through coastal vegetation, easy ascents and descents and lots of chatter and stops for photos of small islands and along Cotter Beach. Rain bands and showers miraculously moved around us. Time for lunch at Tongue Point and we all found relatively sheltered spots from the wind amongst the rocks and scrub. On the way back some of us walked down to Fairy Cove and stayed for some minutes enjoying the isolation and the Wuthering Heights type beauty of waves crashing on rocks under a threatening sky. Certainly, a highlight of our trip for me.

Time to head to our accommodation at Arthur Lucas Lodge, find a bunk, unpack our food and relax. A hardy group walked to Pillar Point see the sunset, a bit optimistic but I'm assured they did see a red glow through the storm clouds.

No whale sightings on Day 1 despite locals saying 'oh there were heaps yesterday/last week ...'

Day 2 saw the group split. Halina led a group on the famous Beach and Bays walk to Whisky Cove and return. Everyone was excited with the beauty of the beaches and the marvellous views on offer. Geof's group embarked on the 19 kilometre return walk to Sealers Cove. Easy walking through rain forest with a spray or two of Scottish mizzle, with time to stop and see the damage caused by the 2011 flash flood when 370 millimetres of rain fell in 24 hours causing massive landslides and flooding Tidal River itself.

We stopped for morning tea just before Sealers Swamp and our Moscow comrade Khelina had us rolling in the mud with her story of how she'd confused the trip dates. A week earlier she'd cooked her legendary Russian chocolate cake, luggage packed and been waiting for her lift to contact her. 'Why does nobody contact me? What is happening?' Contacts Geof, discovers error, puts cake in freezer, unpacks and goes back to solving machine learning [qv 'Terminator: rise of the machines.]

Off along the boardwalk through eerie Sealers Swamp, water lapping the edges of the planks in spots and making the planks very slippery. We passed micro-worlds of water and vegetation in calm until excitement hit. Karen slipped a little and we were ready to dash to her aid [she was fine] when John slipped more dramatically and one leg jarred badly into the swamp. John soldiered on with a noticeable limp – as he said 'what's the alternative?'

Another highlight for me – we appeared from the undergrowth and saw the Sealers Cove beach open up before us. Some chose to have lunch sheltering under the trees and some walked along the beach to the river mouth and its tea-tree coloured deep brown water. Light rain didn't deter beach wandering; we found starfish washed ashore and gazed at the changing dark and light on the water and land. Perfect for atmospheric photos.



(continued over the page)

Along the Track

WILSONS PROMONTORY (continued from previous page)



We had walked 9.5 kilometres. Any sense of achievement was subdued when a mother appeared with 2 young children who had 'run the first five kilometres.' Ah, young legs.

Time to retrace our steps to Tidal River and group 2's turn to star in the kitchen. So much delicious food for our 2 dinners – moussaka, lasagne, casserole, salads, pastries from the famous A1 Bakery, couscous, finger-licking roast chicken for the carnivores, deconstructed apple crumble, chocolate cake and other stuff I ate and have forgotten. And the machine-like conga line after dinner for washing, rinsing and drying.

No whale sightings Day 2.

Day 3 and the forecast was dire – strong to gale force winds and rain to appear

later in the afternoon/evening. A few chose to lollygag [yep, it's a word] around Tidal River and John needed to rest his injured knee. 15 of us set out for our final walk under unexpected sunny skies and a 'gentle' breeze to Oberon Bay Campsite via Little Oberon Beach. Stunning views from the cliff tops. By now the wind was strong enough to whip spray and foam sideways from the waves and small fleeting rainbows appeared in the mist above the waves. Geof asked an excellent question – what causes sea/river foam (spume) to form? Google's answer is 'highly agitated organic matter in the water'.

As we progressed the ocean changed colour from various shades of blue sapphire / aquamarine / cobalt – to green – emerald and celadon as we walked from one beach to another. We sighted a wallaby grazing on the track, a dismissive glance at us over its shoulder as if to say 'seriously, you've never seen a wallaby eat before?' Onto the beach and we powered along with a tail wind whipping the sand into whirls, spirals and patterns, all very Lawrence of Arabia. A shame none of us could remember how the theme music actually sounded.

Marion suggested the wind and sand would be a free derma-abrasion beauty treatment. Did it work for anyone? All I got was a lot of sand in my hair.

Geof found us an idyllic sheltered spot at Oberon Bay campsite for lunch. By now the sun had disappeared behind cloud and we plodded into a stiff wind back the way we came. The scrounging magpie spotted us again and tried its luck for a free feed, ignoring our lecture on the correct diet for a native bird. Still no rain and no whales.

The wind was becoming unpleasant, however a few of us chose one last wintry beach walk just before Tidal River. Then it was time to meet up at Tidal River, say our farewells and make a dash for Melbourne. One final highlight was watching the spectacular changing weather formations as we drove.

Thank you Geof for your excellent organisation and guiding, thanks to the Club and the 23 walkers who made the trip such a pleasure.

Let me close with a fun fact we learnt – Australia is multiple world jousting champion. What you learn at the Melbourne Bushwalkers!

David Stockley



A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:
http://www.mbw.org.au/mbw_activities/MBW_activities_program.php

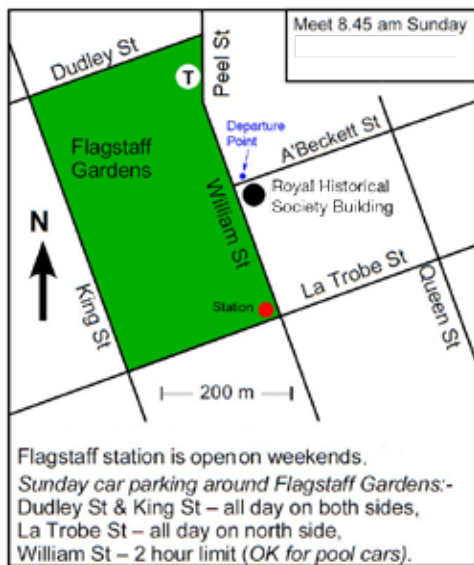
**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to busbookings@mbw.org.au after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.

**DEPARTURE POINT
 FOR SUNDAY WALKS**

The current departure point for Sunday walks noted on the walks program and in previews is at the bus stop on the northern corner of A'Beckett Street and William Street opposite the Royal Historical Society building.



TOFS WALK

JUMPING CREEK – BLUE TONGUE BEND – STANEBRAE

DATE Thursday 5 September 2019
RETURN TIME 3:00 pm
STANDARD Easy
DISTANCE 10 km
TOTAL ASCENT 150 m
LEADER Graham Hodgson
TRANSPORT Private
ACTIVITY AREA Warrandyte
MAP REFERENCE Melway maps 23 and 24

This walk is one of the many picturesque Yarra river trips. We will start by walking through Black Flat and follow a well defined track upstream to Jumping Creek. It was in this vicinity that we saw a powerful owl on a previous walk.

The track continues on with great river views all the way to Blue Tongue Bend. Here we leave the river and after a bit of a climb we reach the summit of a ridge with a glorious view overlooking one of the many valleys in the area. We then descend to the ruins of the old homestead Stanebrae (only a few bricks remaining).

The return trip follows a nature trail which includes a memorial wooden plaque placed in honour of a pioneering woman who lived in the area.

Meet at 10:30 am at the car park about half way along Tills Road, Melway map 23 H/10.5.

For bookings and further information ring Graham.



PACK CARRY

MT KOOYOORA SUMMIT CAMP AND BALD HILLS

DATE 6–8 September 2019
RETURN TIME Sunday evening
STANDARD Easy/Medium
DISTANCE 9 km with overnight packs, 8 km without
LEADER Jopie Bodegraven
TRANSPORT Private
ACTIVITY AREA North-west of Bendigo
MAP REFERENCE Rogaining map

Mt Kooyoora is an area of lovely granite outcrops, sloping granite slabs, good views and relatively open walking. Just below the summit is a sheltered flattish area ideal for camping and perfect for watching the sunset and sunrise. We should be



SUNDAY CAR POOL

YOU YANGS

DATE Sunday 1 September 2019
STANDARD Easy
LEADER Richard Hanson
TRANSPORT Carpool – leaving cnr A'Beckett and William Sts (opposite old clubrooms) at 8:45 am

No preview received as at printing date. Check the Club's web site or next month's News, or contact the leader.

able to have an open fire. Unfortunately mountaintops don't have water supplies so we will have to carry a night's water, but only for 2 km and 150 m of up. The wattles should be out in bloom with other wildflowers too.

The pack carry part of the weekend is only two half days so I have combined it with two other beautiful short walks with day packs. On Saturday morning we will do a 5 km circuit walk over the aptly named Bald Hills with views aplenty. Lunch will be at the Kooyoora State Park picnic ground and we then drive to within 2 km of the summit of Mt Kooyoora. The rest of the day is walking the 2 km and climbing 150 m to our summit campsite. On Sunday we do 7 km along the rocky Kooyoora ridgetop and back to the cars and lunch. After lunch we drive to Mt Korong, another prominent and beautiful granite peak for a walk to its summit before the drive home.

Friday night camp is at the Melville Caves camping area. To get there, drive to Inglewood and in the middle of town, turn left onto the Inglewood Rheola Road and follow the signs to Kooyoora State Park and Melville Caves. After about 15 or 16 km, bear right onto the Wehla-Kingower Road and after another 4 or so km, turn right into the park. It is about 3 km to the camping area at the end of the road. There is no water at the camp but there is supposed to be water at the picnic area a kilometre down the road. To be safe however, bring enough water for the whole weekend. Open fires are allowed so bring a chair if you can fit it in for Friday night. The drive from Central Melbourne to the campsite is about 2 hrs 45 min. Email me or ring me to book on this fun and different weekend



SUNDAY BUS

WERRIBEE GORGE AND ISLAND LOOKOUT

DATE Sunday 8 September 2019
RETURN TIME 6:00 pm to city
STANDARDS Easy/Medium and Medium
DISTANCES 6 km and 11 km
TOTAL ASCENTS 270 m and 440 m
LEADERS Carol Ward and John Fritze
TRANSPORT Bus – leaving cnr A'Beckett and William Sts (opposite old clubrooms) at 8:45 am
MAP REFERENCE Melbourne's Western Gorges by Glen Tempest

Werribee Gorge is one of Victoria's most rugged, wild and spectacular places yet only a stone's throw from the CBD. On this walk we will have the opportunity to view it from some of the best vantage points. We will pass Falcons Lookout with its expansive cliff top views extending as far as the city and take in magnificent views up and down the river from razor sharp ridges and the bottom of the deep gorge.

The harder walk includes a previously untried off track section from Falcons Lookout down gullies and over ridges to the river which we will cross on large boulders (hopefully with dry feet). From there it will be up one end of the Island and down the other, over a creek, along the river then up a steep hillside back to the track.

The easier walk is mostly on tracks but involves a river crossing (hopefully with dry feet), some steep scabbly sections and deep ruts where the track has been washed away. It will have good views of the Island but not actually climb it.



WEDNESDAY WALK

TANGLEFOOT TRACK

DATE Wednesday 11 September 2019
RETURN TIME To cars about 3:30 pm

STANDARD Easy/Medium
DISTANCE 16 km
TOTAL ASCENT 850 m
LEADER Fay Dunn
TRANSPORT Private
ACTIVITY AREA Healesville
MAP REFERENCE Rooftops Toolangi

Meet at the Wirra Wirra car park (off Sylvia Creek Road, Melway map 270 E11) at 10:15 for 10:30 start. We start with a stroll along the Boardwalk, lush with ferns and beautiful trees. The world's tallest moss grows here. Then we head up a gentle hill and walk through lush rain forest with tall gums and Myrtle Beech. The tracks are clear but maybe a bit slippery after rain. If we are lucky we will see lyre birds. There can be leeches so bring some protection.



PACK CARRY

PARADISE FALLS AND BEYOND – THE WONDROUS WILD WAGONA (WITH VMTC)

DATE 14–15 September 2019
RETURN TIME Mid afternoon back at the cars
STANDARD Medium/Hard
DISTANCE 18 km (4½ of this being on tracks)
ELEVATION 440 m – 830 m – 680 m on day 1
 680 m – 840 m – 400 m on day 2
LEADER Ray Thomas
TRANSPORT Private cars
ACTIVITY AREA South of Whitfield
MAP REFERENCE Whitfield 1:50,000 8124S

This walk will be exploring the wild country between Paradise Falls and Lake William Hovell, deliberately going off-track to enjoy some of the untouched cliffs, ridges and gorges that abound in this landscape.

There are rocky tops with stunning views across to the alps, valleys and gorges with crystal clear streams, whole forests of brilliant white-trunked Brittle Gums, and at this time of year, masses of stunning wildflowers!!

The geology of the whole area is dominated by massive layers of ancient Sandstone-Conglomerate that have been slowly dissected by all the streams to form a maze of small plateaux and tilt blocks. And the bigger streams have cut deeper of course, right down to expose the Granites underneath. It's the best place I know of where you can so easily see how this has happened!

The trip is graded M/H due to off-track walking, including the usual ups and downs, a river crossing (only knee deep), and views off cliff-tops to see the stunning rain-forest in the shade below. We'll also aim to approach some of the cliffs from underneath, to take in the stunning view looking upwards...



CYCLING

MT RIDLEY – MALCOLM CREEK – AITKEN CREEK

DATE Saturday 14 September 2019
RETURN TIME 4 pm
STANDARD Easy/Medium
DISTANCE 44 km
LEADER Jopie Bodegraven
TRANSPORT Train
ACTIVITY AREA Craigieburn – Broadmeadows
MAP REFERENCE Melway maps 387, 386, 366, 179, 180, 6

A lovely ride along redgum-lined creeks and around various lakes in new and old subdivisions with views from the top of Mt Ridley.

Catch the 9:15 am train from Southern Cross which arrives at Craigieburn at 9:55 am where we start when we're all together. Then north to Malcolm Creek, Mt Ridley, Highlands Lake, Aitken Creek, Roxburgh Park Lakes and Moonee Ponds Creek to Jacana Station.



SUNDAY CAR POOL

CRANBOURNE GARDENS

DATE	Sunday 15 September 2019
RETURN TIME	6:30 pm to city
STANDARD	Easy
DISTANCE	16 km
TOTAL ASCENT	100 m
LEADER	Theo Mertzanidis
TRANSPORT	Carpool – leaving cnr A'Beckett and William Sts (opposite old clubrooms) at 8:45 am
ACTIVITY AREA	Cranbourne and Braeside
MAP REFERENCE	Melway maps 133, 137, 88 and 93

I will update the walk via the website a few weeks prior.

The first thing you notice when you enter the Cranbourne Botanical Gardens is the smell. The eucalyptus fragrance hits you as soon as you enter the park. It is so hard to believe that within seconds of leaving suburbia you enter an oasis of natural forest that makes you believe that you are kilometres away from the suburbs.

We will commence our walk from Stringybark Picnic Area making our way along the northern tracks, visiting Trigg Point Lookout to the Australian Garden. From the lookout we have fantastic 360 degree views and the Australian Garden looks quite unassuming from the look out. However, once we reach the Australian Garden the WOW factor comes into play. I hope we will take a guided Flora Australis tour which highlights the evolution of Australian plants. The cost of the tour is – check the website for the cost. If the guided tour goes ahead then after the tour we will enjoy lunch in the Garden. The ambience of the River Walk is exceptional and a kiosk within a short walk allows for a lovely leisurely lunch.

After lunch we will explore the southern tracks of the park visiting the dam and wetlands making our way back to the cars. From here we will drive about 30 minutes back towards Melbourne to the second feature of our walk, Braeside Park. This is a change from the original intent to visit Bayles Flora and Fauna Park. Braeside Park, one of the last remaining farms in the area, has been reserved and is gradually being changed into a large block of native vegetation. With a six kilometre walk we will explore the lagoons and wetlands that attract a variety of birdlife before we head back to Southbank.

This is a perfect walk for spring in Melbourne ... close but exciting. I hope that you can join me.



MOFS WALK

FINNS RESERVE – RUFFY LAKE

DATE	Monday 16 September 2019
RETURN TIME	3 pm
STANDARD	Easy
DISTANCE	Approximately 7 km
TOTAL ASCENT	10 metres
LEADER	Michael Murray
TRANSPORT	Private – make your own way
ACTIVITY AREA	Doncaster
MAP REFERENCE	Melway map 33 J10

Ruffey Lake Park is the biggest urban park managed by the City of Manningham. It is approximately 68 hectares in size. Formerly orchards, the park has diverse ecology; this includes a riparian strip of native bushland around Ruffey Creek, areas of pine forests planted by early settlers and pockets of fruit trees from past orchards. Come and join us for a pleasant walk. Meet in the car park off Victoria Street at 10:30 am For all bookings contact Michael Murray.



WEDNESDAY WALK

ANAKIE GORGE

DATE	Wednesday 18 September 2019
RETURN TIME	3:15 pm to cars
STANDARD	Easy/Medium
DISTANCE	14 km
ELEVATION	Moderate
LEADER	Margaret Curry
TRANSPORT	Private
ACTIVITY AREA	Brisbane Ranges
MAP REFERENCE	Parks Victoria: Brisbane Ranges Notes Melway page 11 A9

This is a great walk in springtime when there should be a magnificent display of grasstrees, wattles, hakeas, bush peas and a variety of orchids. The scenery is varied – forest areas, native vegetation, remains of aqueducts and some stunning viewpoints. The gorge track crosses Stony Creek many times by means of huge rocks or wooden bridges. There is time to visit the Lower Stony Creek reservoir (built 1872) and from here to do the Wadawurrung walk. There are two steepish uphills and one steep downhill. Parks Victoria has placed interpretive signs along the track to enable visitors to appreciate the flora and fauna.

Meet at Anakie Gorge Picnic Area (Melway Page 11 A:9) at 10:00 am for a 10:15 am start. Toilets available at beginning of walk. Travel either via Princes Highway and turn off at Little River or alternatively take the Western freeway. Bring a thermos and snack for a get-together after the walk.



SUNDAY BUS

LONG FOREST RESERVE

DATE	Sunday 22 September 2019
STANDARDS	Easy and Easy/Medium
LEADERS	Lesley Hale and Jan Colquhoun
TRANSPORT	Bus – leaving cnr A'Beckett and William Sts (opposite old clubrooms) at 8:45 am

Lesley's in Iceland at the date of compiling *News*, so she'll put a preview in next month's *News*, and on the Club's web site.



BASE CAMP

CAMP EUREKA BASE CAMP – MIDWEEK

DATE	Tue 24 to Thurs 26 September 2019
STANDARD	Medium
DISTANCE	14–16 km
TOTAL ASCENT	Various
LEADER	Susan Maughan
TRANSPORT	Private
ACTIVITY AREA	Yarra Junction

The Christmas base camps at Camp Eureka are a regular feature of the programme and they always delight 'the

regulars' and new people alike. Some years ago I introduced the mid-week base camp with a nod to our 24/7 economy. So, for those members who work weekends, I hope you will embrace this chance to enjoy the Yarra Valley in spring and, moreover, be introduced to this special place.

Established by the Australian Communist Party and the Eureka Youth League after WW2, it is now dedicated to maintaining a harmonious, ecological bush environment.

There is a choice of rustic huts (first in best dressed), dorms and extensive camping spots plus a fully-equipped industrial-size kitchen with EVERYTHING. There is a huge communal lounge with an efficient fire if it's cold.

- I will be there early afternoon on TUESDAY 24th. Please bring-a-plate for dinner.
- Wednesday's walk will be determined by the weather and the group's ability. That evening we will have a pub dinner.
- Due to the proximity to Melbourne, I plan to have a Thursday walk, too.

The cost is approximately \$20-\$25, depending on final numbers – payable to me at the Camp.



PACK CARRY

THE FORTRESS – MT THACKERAY (GRAMPIANS)

DATE	Thu 26 to Sunday 29 September 2019
RETURN TIME	Return to city by 9:00 pm
STANDARD	Medium
DISTANCE	27 km
TOTAL ASCENT	Day 1: 560 m, Day 2: 150 m, Day 3: 710 m
LEADER	Claire Luxford
TRANSPORT	Private
ACTIVITY AREA	Southern Grampians
MAP REFERENCE	Southern Grampians spatial vision 1:50,000

On the Thursday night we plan to camp on the north side of Deep Creek near the bridge, an excellent free camping area. Good water is found in the creek, accessed at bridge. If coming via Halls Gap it is approx. an hour's drive on dirt roads.

On Friday morning before commencing our walk to the Fortress, we will explore the Manja Rock Art Shelter which is approximately 2 km from camp. The walk (4.3 km) will be at a leisurely pace through banksia and heathland forest offering spectacular views of the Fortress and surrounding area. This area is popular with rock climbers. On Friday night we will camp at the Fortress. The plan is to make camp and spend the rest of the day exploring the rock formations and/or just enjoy being in this wonderful area of the Grampians.

On Saturday (8 km) we will head to Mt Thackeray (approx. 8 km). The first kilometre is on a foot track but the remainder is on 4WD track. Water will need to be carried from Deep Creek 6 km from camp for Saturday night and for use until lunch time Sunday.

Sunday (15 km) Mt Thackeray to Deep Creek initially following the Victoria Range track before turning onto Hut Creek Track and eventually back to Harrop Track.



SOCIAL WALK

BEACON COVE, WHITE RESERVE

DATE	Thursday 26 September 2019
DEPART TIME	10:30 am
RETURN TIME	1:30 pm
STANDARD	Easy
DISTANCE	5 km
LEADER	Bernadette O'Connell
TRANSPORT	Private
ACTIVITY AREA	Port Melbourne

MAP REFERENCE Melway maps 56 and 57

Meet at Station Pier at the 109 tram terminal at 10:30 am. We will walk along Beacon Cove along the foreshore to White Reserve and to the Sandridge Lookout on Webb Dock East. We have walked this route before development, during development and now after development. The walk is mainly along level paths. Enjoy the sea and the views of Melbourne.

We will have lunch in a café in the area.
Book with leader.



SATURDAY WALK

DANDENONG RANGES

DATE	Saturday 28 September 2019
RETURN TIME	To cars 3:30 pm
STANDARD	Easy/medium
DISTANCE	14 km
TOTAL ASCENT	200 m
LEADER	Fay Dunn
TRANSPORT	Private
ACTIVITY AREA	Dandenong Ranges
MAP REFERENCE	Melway map 66 J3

We meet at the corner of Mathias Road and Falls Road at 10 am to commence walking at 10:15. We will do a circular walk on various tracks starting on Bartlett track and returning via Mathias Road to the cars. A very short drive takes us to the Rhododendron Gardens for a short stroll around the gardens, which should be coming in to flower, before afternoon tea in the gardens café. The walk is on tracks which are mostly clear with some fallen logs to clamber over. Typical Dandenongs.



SUNDAY CAR POOL

MT ALEXANDER / LEANGANOOK

DATE	Sunday 29 September 2019
RETURN TIME	6:30 pm to city
STANDARD	Easy/Medium
DISTANCE	13.5 km
LEADER	Ron Hampton
TRANSPORT	Carpool – leaving cnr A'Beckett and William Sts (opposite old clubrooms) at 8:45 am
TRANSPORT COST	\$24 per passenger
ACTIVITY AREA	Harcourt

THIS WALK WINDS AROUND THE ROCKY SLOPES OF LEANGANOOK CLIMBING THROUGH FORESTS OF MANA GUMS, MESSMATE AND ACACIAS, THE REMAINS OF HUGE, ANCIENT EUCALYPTS AND GIGANTIC GRANITE BOULDERS.

Leanganook rises 350m above the surrounding area and offers splendid views across farmlands to the east, north and west. We will pass granite quarries, a koala sanctuary from which the koalas have long since fled and, time permitting, visit the ruins of the Former Mt Alexander Silk Worm Farm abandoned in 1878.

Predominately undulating on well formed tracks there are ascents and descents but these are not particularly steep or long; however, they are rocky and can be slippery so a walking pole may be useful. There is a short off-track section along a ridge but this is not difficult.

Bus transport meets at cnr A'Beckett and William Streets, Melbourne, before 8:45 am. Leader or deputy will be there rain, hail or shine!

September 2019				
Sun 1	DAY: You Yangs	Car	Easy	Richard Hanson
Thu 5	TOF: Jumping Creek – Blue – Tongue Bend – Stanebrae	Pvt	Easy	Graham Hodgson
6–8	PC : Mt Kooyoora Summit Camp and Bald Hills	Pvt	E/M	Jopie Bodegraven
Sun 8	DAY: Werribee Gorge and Island Lookout	Bus	E/M&M	John Fritze and Carol Ward
Wed 11	DAY: Tanglefoot Track	Pvt	Med	Fay Dunn
13–15	PC : Paradise Falls and Rugged Wabonga Wilderness (joint VMTC)	Pvt	M/H	Ray Thomas
Sat 14	CYC: Mt Ridley – Malcolm Creek – Aitken Creek	Pvt	E/M	Jopie Bodegraven
Sun 15	DAY: Cranbourne Garden	Car	Easy	Theo Mertzandis
Mon 16	MOF: Finns Reserve – Ruffy Lake	Pvt	Easy	Michael Murray
Wed 18	DAY: Anakie Gorge	Pvt	E/M	Margaret Curry
Sun 22	DAY: Long Forest Reserve	Bus	E&E/M	Lesley Hale and Jan Colquhoun
24–26	BC : Camp Eureka Base Camp – midweek	Pvt	Med	Susan Maughan
26–29	PC : The Fortress – Mt Thackeray (Grampians)	Pvt	Med	Claire Luxford
Thu 26	SOC: Beacon Cove, White Reserve	Pvt	Easy	Bernadette O'Connell
Sat 28	DAY: Dandenong Ranges	Pvt	E/M	Fay Dunn
Sun 29	DAY: Mt Alexander / Leanganook	Car	E/M	Ron Hampton

FOODIES SECTION

We had a good eating experience last Sunday night, so I thought I'd share it with other members.

On the way home from Wedderburn Bill and I stopped in Kyneton for a meal. We found an Indian restaurant with a Sunday night special of curry and rice for \$20. There was a large plate on each table setting, and you took it up to a counter where some friendly women piled on rice and curries of your choice. No waiting, and the curries were delicious. So were the mango lassis.

I don't know how long the place has been open, but it is likely to get very popular on Sunday evenings!

Dhaba at the Mill, 418 Piper Street Kyneton

Merilyn Whimpey