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# THE NEWS OF THE **Melbourne Bushwalkers Inc.**

ABN 14 396 912 508

June 2019

## WINTER'S COMING!



Due date for contributions (including August previews) to July News ([news@mbw.org.au](mailto:news@mbw.org.au)):  
21 June

## MEMBER OF



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 7:00 and 9:00 pm in the club rooms at:

**Mission to Seafarers Victoria**  
**717 Flinders Street**  
**Docklands**  
**(Melway map 2E 8J)**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc  
PO Box 1751  
MELBOURNE VIC 3001  
[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Merilyn Whimpey

Walk previews, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency. Note: photographs should be sent as separate files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for *The News* is the 21st of the month.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au).

Please note:  
Next committee meeting will take place on  
**Monday 3 June 2019**

## NEW MEMBERS

We welcome the following new members:

Jennifer Clark  
Trich Neumann  
Natasha O'Reilly  
Catherine Lawton



The view from Eagles Peaks on the Club pack carry last April.



## PARKING IN THE MISSION TO SEAFARERS CARPARK

Members and visitors are asked not to use the parking spaces in the Siddley Street area reserved for The Mission to Seafarers. The spaces are required by the staff and volunteers working for The Mission who are required to move in and out at all hours to transport seamen to and from their vessels.

Thank you for your cooperation.

## PRESIDENT'S COLUMN JUNE 2019

Dear fellow walkers

I joined earlier this month our Sunday bus from Sassafras to Emerald. While being on the walk I recalled the day I did this very same walk as a leader. At the time this was the first walk I led for the club.

Since that day, I have led several walks and it has been a rewarding journey along the way. I attended back in 2017 the leader training. Following the training I was matched with an experienced leader. Having a mentor helped me to gain confidence planning my first walk including doing the preview and walking on the day with a group of 20 fellow walkers. I continue to enjoy the opportunity to give back to the club and to learn more about leading walks in diverse terrains.

Our next full day leader training is on Saturday 22 June. Are you an aspiring leader who has been meaning to attend our training days or are you a member who wants to develop your bushwalking skills? Then you may attend all day or select the units which interest you from the MBW training day. Big thank you goes to Angela Vetsicas and Ian Mair who are organising the training day. Check out the program on the website for more details.

If you are interested to find out more about leading a walk, please talk to the Training Officer (Angela Vetsicas), contact me and/or speak to your leader on your next walk with the club. The next walk I am going to lead is on Sunday 23 June 2019. You are welcome to join me to find out more about leading a walk on the day and how leadership training is making a difference to yourself and others.

Before I wrap up this month's issue, I'd like to share with you a challenge called Step Up for Porters.

Without porters, it's impossible to experience breathtaking places like Mount Everest and the Inca Trail. But in the travel industry, porters have some of the least valued jobs – they are often underpaid and overworked. The Intrepid Foundation is organising a fundraiser called Step Up for Porters. All you need to do is pay a one off \$25 registration fee, download an app, commit to a stepping goal and then walk! Each participant tracks their steps through the app for the month of June. The app allows for friendly competition within our team – MBW friends, and there are Intrepid trips to be won for steppers who manage to average 10,000 steps per day for the month of June.

The Intrepid Foundation will send the entire registration fee to the Porters' Collective – a group of Porter friendly projects around the world (in Tanzania, Nepal and Peru). Whether it's Kilimanjaro, Nepal or Machu Pichu, porters literally carry our load so that we can achieve our dreams. Many porters are exploited by unethical travel companies. The Intrepid Foundation has commissioned research to find how Intrepid Group can improve their own practices and hopefully lead the travel industry to improve porters' rights and conditions globally.

Hope you can join me in this important course and join me in the Step Up for Porters challenge. Pick a trail and take a walk in a porter's shoes anytime, anywhere. No backpack required. By registering, you'll become part of a movement to change the travel industry for good. [www.stepup.travel](http://www.stepup.travel)

If you have any comments and/or feedback or questions please contact me using the following email: [president@mbw.org.au](mailto:president@mbw.org.au).

*Susanne Etti*



## Social Event

**Wednesday 22nd June, 8.00 pm**  
**A WEEK HIKING ON LORD HOWE ISLAND**



Early May 2019 thirteen club members spent a week hiking and enjoying outdoor activities on Lord Howe Island.

This small island is less than 2 hours flight from Sydney, is World Heritage listed, has the most southern coral reef in the world and offers a range of hiking from easy walks to challenging climbs.

We will share our experiences and the future issues facing this idyllic Island.



### CONTACT EMAILS FOR CLUB OFFICERS

Members are reminded that messages to Club Officers can use their generic email address. Key addresses are listed below. These and all other email addresses for Club Officers can be found in the Members Area of the website.

Secretary:	<a href="mailto:secretary@mbw.org.au">secretary@mbw.org.au</a>	Communications to the club Committee External correspondence to Melbourne Bushwalkers
Treasurer:	<a href="mailto:treasurer@mbw.org.au">treasurer@mbw.org.au</a>	Invoices for services provided Advice of payments made to the club account other than for Sunday walks
Membership:	<a href="mailto:membership@mbw.org.au">membership@mbw.org.au</a>	Enquiries regarding the membership process Submission of completed membership application forms Requests for updates to member details
News Editor:	<a href="mailto:news@mbw.org.au">news@mbw.org.au</a>	Submissions to the newsletter and website Enquiries regarding advertising in the newsletter
Webmaster:	<a href="mailto:webmaster@mbw.org.au">webmaster@mbw.org.au</a>	Submissions to the website (not included in the newsletter) Enquiries regarding the club Members' Area and Leaders' Area Enquiries regarding the club Facebook Page Enquiries regarding the club MeetUp site
Sunday Walks:	<a href="mailto:busbookings@mbw.org.au">busbookings@mbw.org.au</a>	Requests for booking onto Sunday Walks Enquiries regarding the Sunday Walks program
General Inquiries:	<a href="mailto:info@mbw.org.au">info@mbw.org.au</a>	General enquiries and feedback on club activities

*Ian Mair, Webmaster*

### GREAT SOUTH WEST WALK, 19–28 APRIL 2019

Eight walking days, seven nights camping! Ian Mair was once again providing a challenge for the overnight walkers. For me it was also an opportunity to complete some inland sections of the GSWW, so I decided to take the challenge.

The Great South West Walk is a 250 km loop walk to/from Portland in south west Victoria. It covers a wide variety of terrain: beach, dunes, forest, gorges and is well maintained by the Friends of the GSWW and Parks Victoria. Our campsites on the GSWW all had toilets and a 2-sided shelter which was usually positioned to avoid the prevailing winds. The keen card sharps in our group found this very convenient at times!

Our plan was to walk from Portland via Cubbys, Cut Out, Cobboboonee, Fitzroy, Moleside, Battersbys and Pattersons Camps to the picturesque town of Nelson. Approximately 130 kilometres, that would take us through the tranquil forests of the Cobboboonee State Park and the beautiful gorges of the Lower Glenelg NP.

Eleven walkers met at Portland on Good Friday and after a lengthy car shuffle the following day, we began our adventure. A 33 degree day in Portland, the heat was challenging. After an hour our leader provided us a final ice-cream/drink opportunity before we headed to camp. It was most welcome! Fortunately this heat did not continue and milder, sometimes showery weather became the norm.

Between Fitzroy and Moleside a highlight was the Inkpot, a natural depression formed either by the action of the water dissolving the underlying limestone or by the collapse of a large cave. The name 'Inkpot' is aptly titled because of the colour and shape.



Each night there was enough timber for a small fire and Roger's timber finding and fire skills set a high standard. Only once did we share the camp site – with humans. A lone walker was finishing as we were starting. However at Battersbys we shared the site with many possums. Clever possums. They have learned to open zips on packs and remove contents. They can scratch the foil of single serve packets of vegemite, have a taste and leave the rest – just ask Meredith. They seem to love almonds and even better is peanut butter! A couple of us had a restless night listening for yet another possum to investigate our pack/tent.

Reaching the Glenelg River provided a new focus. Rising in the Grampians, this river winds 400 km to the ocean at Nelson. Here we noted a marked increase in Park users as paddling is a very popular pastime. The river's vertical cliffs became increasingly prominent and as our track followed the river here, there were many magnificent views.

Nelson was our finishing point. That day we had briefly walked in South Australia and were amazed at the number of shacks, in all shapes and sizes that still existed. Parks Victoria banned the Victorian shacks many years ago.

Kind weather, good walking and friendly companions all contributed to this successful walk. Thanks to Ian for his challenge and leadership. Thanks to the group: Halina, Sylvia, Rose, Jill, Deb, Tracey, Meredith, Roger and Kate.



*Therese*

### BASE CAMP – DARGILE FOREST – HEATHCOTE 17– 19 MAY 2019

This base camp was held at the Dargile Picnic Area within an ironbark forest, about 10 kms outside of Heathcote. The camp was easy to get to and had a great shelter if the weather turned pear shaped, along with drop toilets and plenty of campsites. A few walkers arrived early on the Friday night and had the fire burning for when the rest of the group who had dined in Heathcote arrived. Sadly the late comers missed the beautiful sunset.

After a chilly 3 degree overnight temperature, 15 walkers set off on the 14.2 km circuit walk to Mt Ida. It was very pleasing to see the trees and vegetation benefitting from recent rain. The walk took the group through the beautiful ironbark forest with slowly increasing inclines heading up towards Mt Ida. Rocky tracks with pea-like gravel in some sections, seemed the order of the day, but the weather was beautiful with not a cloud in the sky and the group were carefree enjoying the great walking conditions. The track became more rocky heading up to Mt Ida, and care had to be taken at the same time taking in the beautiful views of the surrounding farm lands. Heading up a very steep incline to the radio and fire towers, nearly at our destination, a brown mountain goat didn't like our intrusion and swiftly bounded down the rocky slope. Lunch was had at the top of Mt Ida where views of Heathcote, the Rochester road and Derrinal pool (arm of Lake Eppalock) could be viewed. The rock formations proved fascinating and a great backdrop for photographs. The group headed back down the same track to the cairns that were somehow missed on the way up (too much conversation being had) to a very steep track heading back down to the Rodney Track. This tested the mettle of all as it was all rocks and very slippery. A slight diversion off track to ensure a safer footing was taken which proved a popular choice.

The track levelled out to take us back to camp early afternoon. Then group consensus had a few cars taking walkers into Heathcote to partake of coffee and/or wine. A difficult decision!! The three walkers that remained in camp set up tables and lit a fire for the evening's festivities. A delicious array of food was amassed on the tables and the party settled down around the fire for a very entertaining evening of wine and food. A great night!!!

Packing up camp on Sunday had the group heading to Heathcote for breakfast and coffee. The 10.4 km circuit walk around the Mclvor Range with the clouds starting to build up proved to be a winner. Heading off from the Visitor Centre across a swing bridge to the Valley of Liquid Ambers (trees not alcohol!!!) This is a beautiful spot to have a picnic lunch in a quiet area amongst beautiful trees away from the High Street traffic. The walk took the group to the Powder Magazine, then to Devil's Cave which proved to be very interesting. Then up and down steep tracks with beautiful forest to enjoy. The circuit then led us to the Viewing Rock, which gave magnificent views of Heathcote, even the Pink Cliffs which were next on the agenda. After a lunch break back in Heathcote it was off to the Pink Cliffs. This is a fascinating place. Over the years of alluvial gold mining and mother nature has blended the unusual rock colours into a wall of pink in one section. Various fascinating formations added to the grandeur of the Pink Cliffs.

A big thank you to Halina and the other party members, Ian, Jamie, Khelina, Jill, Megan, Sharon, Maciek, Jacqueline, Annie, Carmel, Ting, Helen, Barbara and Deb for their great company in what was a great weekend. Looking forward to catching up with you all in the great outdoors!

*Gayle Cameron*



A reminder that to view all available previews and any notifications of changes to walks, just log on to the walks program and previews pages on the MBW website:  
[http://www.mbw.org.au/mbw\\_activities/MBW\\_activities\\_program.php](http://www.mbw.org.au/mbw_activities/MBW_activities_program.php)

**CUT OFF TIME FOR SUNDAY BUS ONLINE BOOKINGS  
 4:00 PM THURSDAY PRIOR TO THE WALK.**

Bookings notified to [busbookings@mbw.org.au](mailto:busbookings@mbw.org.au) after the cut off time will not be processed and a credit will be issued.

Payment to the leader of the full bus fee and late fee of \$5.00 will have to be made on the day if your booking has not been confirmed prior to the walk.

**DEPARTURE POINT  
 FOR SUNDAY WALKS**

The current departure point for Sunday walks noted on the walks program and in previews is at the bus stop on the northern corner of A'Beckett Street and William Street opposite the Royal Historical Society building.



of Yarra Valley farms in the valleys below. Both walks start with some off-track bush-bashing including one or two steep pitches, followed by quiet country roads and lanes mostly not so steep, but still plenty of climbing up and down.

Then go home and fill in your tax return.



**PACK CARRY**

**BLACKWOOD – LERDERDERG GORGE**

<b>DATE</b>	<b>29–30 June 2019</b>
<b>STANDARD</b>	<b>Easy/Medium</b>
<b>DISTANCE</b>	<b>27 km</b>
<b>LEADER</b>	<b>Agajan Akbari</b>
<b>TRANSPORT</b>	<b>Private</b>
<b>ACTIVITY AREA</b>	<b>Lerderderg Gorge State Park</b>
<b>MAP REFERENCE</b>	<b>Lerderderg and Werribee Gorge Meridian Production 2001, 1:35,000</b>

Rugged, beautiful and scenic, this is one of the easy good walks close to Melbourne that Lerderderg Gorge provides.

We travel on Saturday morning and meet at Blackwood (details later).

After doing the car shuffle, we will begin the walk on Whisky Track (intersection of Whisky Track with O'Briens Rd) later on walking on to Vodka Track. After approximately a 12 km walk we camp at Lerderderg Gorge campsite with the opportunity to have a campfire.

On Sunday we will be walking along the Lerderderg River and Byres Back Track for total of 15 km (we may have some off track and river walks if river water level permits).

It is expected to be cold at this time of the year.

Participants are required to be equipped with all types of weather gear and carry their own personal first aid kit. If you are interested in the walk or would like more information please contact me via email.



**TOFS WALK**

**WINTER IN THE DANDENONGS**

<b>DATE</b>	<b>Thursday 4 July 2019</b>
<b>RETURN TIME</b>	<b>3 pm at the cars</b>
<b>STANDARD</b>	<b>Easy</b>
<b>DISTANCE</b>	<b>10.5 km</b>
<b>LEADER</b>	<b>Jopie Bodegraven</b>



**SUNDAY BUS**

**CHUM CREEK – DIXON CREEK**

<b>DATE</b>	<b>Sunday 30 June 2019</b>
<b>STANDARDS</b>	<b>Easy and Easy/Medium</b>
<b>LEADERS</b>	<b>Nik Dow and Deb Shand</b>
<b>TRANSPORT</b>	<b>Bus – leaving cnr A'Beckett and William Streets (opposite old clubrooms) at 8:45 am</b>

Come and celebrate the last day of the financial year with a walk in pleasant forested surrounds, with occasional views

**TRANSPORT** Private  
**MAP REFERENCE** Melway map 75

This winter walk in the Dandenongs features tall mountain ash forest and the lovely Nicholas Gardens; the perfect antidote for a Melbourne winter's day. It's generally easy but does involve a steady climb up through Sherbrooke Forest. However we can take our time on this one with rests as required.

We will meet at Grants Picnic Ground car park at Kallista, Melways 75 J4/5 at 10:30 am. Park at the northern end near the loos and souvenir shop.

We will follow Coles ridge where we will find a nice spot for morning tea, descend Lipscombe Break, then do the steady climb up through Sherbrooke Forest to the Ferny Creek Reserve and on to the Nicholas Gardens for lunch. Then along Sassafras Creek and through Kallista back to our cars, with the option of afternoon tea in the café there.



**SUNDAY CAR POOL**

OLINDA VALLEY

**DATE** Sunday 7 July 2019  
**START TIME** Depart from cnr. Abeckett and William Streets at 8:45 am  
**RETURN TIME** Return to cnr. Abeckett and William Streets at 5:00 pm  
**STANDARD** Medium  
**DISTANCE** 13 km  
**TOTAL ASCENT** 500 m rise  
**LEADER** Brett Daniel  
**TRANSPORT** Carpool – leaving cnr A'Beckett and William Streets (opposite old clubrooms) at 8:45 am  
**TRANSPORT COST** \$12.00 per person  
**ACTIVITY AREA** Dandenong Ranges  
**MAP REFERENCE** Melway map 122

The Dandenong Ranges National Park was enlarged in 1997 when the forests around Olinda and Lyrebird creeks were added to the park. The native fauna that remains feature Messmate and Peppermint gums. The quiet tracks provide good bird watching conditions and lyrebirds, cockatoos, parrots, tree creepers, and honey eaters are some of the birds that are commonly seen. The walk begins at Woolrich lookout which had good views north towards Silvan dam. It passes through the arboretum and descends through native forest following quiet tracks and unsealed roads and returns along fire management trails.



**BASE CAMP**

TIDAL RIVER LODGE

**DATE** Monday 8 to Wednesday 10 July 2019  
**STANDARD** Easy/Medium  
**LEADER** Geof Martin  
**TRANSPORT** Private  
**ACTIVITY AREA** Wilsons Promontory

Walking on Wilsons Promontory is attractive at any time of the year. From a lodge at Tidal River you can venture far and wide, visiting secluded sandy inlets and rugged coastal cliffs, then returning each night to the comfort of a warm bed and a solid roof.

Accommodation: If there is sufficient interest in this mid-week activity a lodge for 12 or 24 people will be booked for the period Monday 8th July to Wednesday 10th July. Lodge bookings at Wilsons Promontory require full payment up front and the trip will only proceed if there is a positive response to

this Call for Expressions of Interest. Cost for the two nights accommodation will be approximately \$74–88 per person (depending on numbers and lodge).

Lodges can accommodate a group of people in bunk or single beds. Blankets and pillows are supplied; however guests bring their own linen and towels. Facilities include a central dining and living area with gas heating and an outdoor barbecue. A fully equipped kitchen includes a gas stove, microwave and fridges. Two bathrooms include showers and vanity units with separate toilets.

The walks: The trip will allow for two groups and a choice of walks – long day walks and shorter walks, graded Easy to Easy/Medium, to allow maximum participation. Activities at night may include Wombat Ramble, Beach Walk, Ranger Talks, River Walk, Games, Reading and more.

If you are interested in this trip please reply as soon as possible so that we can secure a lodge if there are enough members interested.



**WEDNESDAY WALK**

SILVAN – OLINDA FOREST

**DATE** Wednesday 10 July 2019  
**RETURN TIME** 10:15 am  
**STANDARD** Easy/Medium  
**DISTANCE** 15 km  
**LEADER** Mr. D. Pocock  
**TRANSPORT** Private  
**ACTIVITY AREA** Dandenong Ranges  
**MAP REFERENCE** Melway maps 120, 66, 122

A walk on the eastern side of the Dandenongs, mainly on management tracks. For the first few kilometres there is a plethora of mountain bike tracks heading off the main tracks. We make our way to Olinda Falls picnic area for lunch (toilets here). After lunch it is mainly downhill or level back to the cars.

Meet at Silvan Reservoir overflow car park on the north side of Stonyford Road (Melway 120 H 11) in time to leave at 10:15am. There are toilets in the main Silvan Reservoir park. Please let me know you are coming.



**SUNDAY BUS**

GUNNAMATTA – CAPE SCHANCK

**DATE** Sunday 14 July 2019  
**RETURN TIME** 6:30 pm to City  
**STANDARDS** Easy and Easy/Medium  
**DISTANCES** 15 km and 18 km  
**TOTAL ASCENTS** 50 m rise and 80 m rise  
**LEADERS** Bettina Brill and Halina Sarbinowski  
**TRANSPORT** Bus – leaving cnr A'Beckett and William Streets (opposite old clubrooms) at 8:45 am  
**ACTIVITY AREA** Mornington Peninsula

The Easy/Medium walk will commence at Number Sixteen beach with only a short walk along the beach before having to ascend to the cliff tops to pass Orr Point, then back down to the beach again to Rye Back Beach, the start of the Easy walk. Both walks will follow the beach line until Fingal Beach prior to making their way up to Cape Schanck Lighthouse. Along the way we will walk through the iconic Gunnamatta Surf Beach and also St. Andrew's Beach.

This area is a great area to walk in. It doesn't matter if the weather is great and you can see Cape Schanck from the very start of the walks, or whether it is stormy and the mist



obscures the cape and the crashing waves thrill the senses. The rock pools are a delight to explore and the board walk at Cape Schanck leads to some of the best views of the rock formations in the area. We may also be lucky and sight the pod of whales that visit this area each year. This is a great walk not to be missed.



**MOFS WALK**

WINTER ALONG THE BAY – MENTONE TO SANDRINGHAM

**DATE** Monday 15 July 2019  
**START TIME** 10:30 am  
**RETURN TIME** Around 2:30 pm  
**STANDARD** Easy  
**DISTANCE** About 10 km  
**TOTAL ASCENT** A few ups and downs along the track above the beach  
**LEADER** Marilyn Whimpey (change of leader because Eileen Ayre is having a foot operation)  
**TRANSPORT** Train  
**MAP REFERENCE** Melway maps 87, 86, 85, 76

Meet outside Mentone Station on the south-west side (to-Melbourne side) at 10:30 am. A train is due to leave Flinders Street at 9:42 and arrive at 10:20 am. The trains are scheduled only 10 minutes apart. We walk through some suburban streets for about a kilometre before picking up the clifftop path. There is a shared cycle/walk path, but there are many opportunities to go on the walkers-only path. We follow the path beside the beach to Sandringham where the walk finishes and there are lots of coffee shops and a railway station.  
 Don't forget your Myki!



**PACK CARRY**

LAKE EILDON – ROCKY PEAK

**DATE** Friday 19 to Sunday 21 July 2019  
**START TIME** Depart from location in notes below at 9:00 am  
**RETURN TIME** Return to start location by 3:00 pm  
**STANDARD** Easy/Medium  
**DISTANCE** 24 km with packs; 12 km optional side trip  
**TOTAL ASCENT** 1100 m rise  
**LEADER** Ian Mair  
**TRANSPORT** Private  
**ACTIVITY AREA** Lake Eildon National Park  
**MAP REFERENCE** GetLost Maps 8023-2-N Thornton North 1:25,000

This walk in the Jerusalem Creek area of the Lake Eildon National Park is in lightly forested country with fairly clear spurs. Friday night camping will be at the Jerusalem Creek Campsites near the mouth of Jerusalem Creek. We will commence walking at 9:00am on Saturday for those that may want to arrive early Saturday morning.

Saturday: Follow Jerusalem Creek Track to the junction with Gap Track and then along Gap Track and off-track along the banks of Gap Creek to Knowles Gap where we rejoin Gap Track before reaching our Saturday night campsite at O'Toole Flat Campsite (9 km with 300 m ascent). After setting up camp we will do an optional side trip to the summit of Rocky Peak (around 950 m elevation) to take in the views (13 km return with 540 m ascent).

Sunday: Retrace our steps along Gap Track to pick up Pinnacle Track for a climb to The Pinnacle (around 920 m

elevation) before descending down Pinnacle Walking Track and back to the cars (10 km with 400 m ascent).



**SUNDAY CAR POOL**

TARILTA TRACK

**DATE** Sunday 21 July 2019  
**STANDARD** Easy/Medium  
**LEADER** Theo Mertzandis  
**TRANSPORT** Carpool – leaving cnr A'Beckett and William Streets (opposite old clubrooms) at 8:45 am

No preview received yet. Check the club's web site or contact Theo.



**PACK CARRY**

LARAPINTA TRAIL

**DATE** Wed 24 July to Sun 11 August 2019  
**STANDARD** Medium/Hard  
**DISTANCE** 233 km  
**LEADER** Jill Allen  
**TRANSPORT** Private  
**TRANSPORT COST** See arrangements below.  
**ACTIVITY AREA** MacDonnell Ranges, Northern Territory

This trip is fully subscribed. Wait list only being considered.

DATES: Wednesday 24 July to Sunday 11 August  
 Flying to Alice Springs from Melbourne on 24 July and flying back on 11 August or later if you choose .

GROUP SIZE 10 maximum

DETAILS:

The Larapinta Trail, in the heart of Central Australia, runs 223 km (plus side trips) along the spine of the West MacDonnell Ranges from Alice Springs to Redbank Gorge and Mount Sonder.

The trail has many highlights including Redbank Gorge, Simpsons Gap, Ellery Creek Big Hole, Ormiston Gorge, Standley Chasm and Mt Sonder. With its rugged, ancient landscape, the Larapinta Trail is one of the most spectacular multi-day hiking experiences in the world

We will be walking the trail from west to east starting at Redbank Gorge and walking into Alice Springs. We will walk about 250 km over 16 days. It is a tough walk – only strong and fit walkers need apply. There are several sections where you will be required to carry 4 days food and 2 days water (minimum of 5 litres). There will be three food drops along the way.

The Larapinta winds its way through some very stunning scenery and takes you up and over just about every hill there is along the way, and rocks. The Larapinta is about rocks. You will walk on them, sit on them, crawl over them, use them to hold down your tent, fall over them, and take pictures of them.

But it's a wonderful walk,

Check out the photos on the website from recent club trips:

[https://mbw.org.au/zenphoto/2017/pack-carry/2017070501\\_Larapinta\\_Trail\\_Group/](https://mbw.org.au/zenphoto/2017/pack-carry/2017070501_Larapinta_Trail_Group/)

[https://mbw.org.au/zenphoto/2017/pack-carry/2017070502\\_Larapinta\\_Trail\\_Group/](https://mbw.org.au/zenphoto/2017/pack-carry/2017070502_Larapinta_Trail_Group/)

If interested please send me an email.



**SOCIAL WALK**

**BAY BEACH WALK**

**DATE** Thursday 25 July 2019  
**STANDARD** Easy  
**DISTANCE** 5 km  
**LEADER** Pam Rosso  
**TRANSPORT** Train

The walk commences from Sandringham Station at 10:30 am I will be on the 9:52 am Sandringham Line train from Flinders Street. It passes through Richmond Station 9:55 am, where I will get on. From Sandringham we will walk along coastal paths and maybe some sand past Brighton Beach, and then head inland for Middle Brighton (Melway 67 E11) for lunch at the White Rabbit and return to Flinders Street from Middle Brighton on the train. Remember to top up and bring your Myki. Contact Leader.



**SATURDAY EXPLORER**

**MIDDLE PARK TO SANDRINGHAM**

**DATE** Saturday 27 July 2019  
**STANDARD** Easy  
**DISTANCE** About 13 km  
**LEADER** Margaret Campion  
**TRANSPORT** Private

This month it's off to the seaside for our Middle Park to Sandringham walk.

We meet at 10 am at Middle Park light rail station car park, cnr Canterbury Road and Armstrong Street, Middle Park – Melway 2K F11. We'll stroll down Armstrong across Beaconsfield Parade and along the beach through lively St Kilda and trendy Brighton, all the way to Sandy. Too many cappuccinos are never enough on this walk, including St Kilda pier, lunch at the end of North Road and maybe even a last snack in Sandringham. Caffeine allergy? This might not be the walk for you! Remember to bring your Myki for the scenic bus trip back to St Kilda, then the light rail back to Middle Park. No booking needed, just turn up.



**SUNDAY BUS**

**DARGILE FOREST – MT IDA**

**DATE** Sunday 28 July 2019  
**RETURN TIME** 6:15 pm to City  
**STANDARDS** Easy and Easy/Medium  
**DISTANCES** Circa 14 km and 12 km  
**TOTAL ASCENTS** 210 m (Easy/Medium)  
**LEADERS** Richard Long and Theo Mertzaniadis  
**TRANSPORT** Bus – leaving cnr A'Beckett and William Streets (opposite old clubrooms) at 8:45 am  
**ACTIVITY AREA** Heathcote  
**MAP REFERENCE** Costerfield 7824-S 1:50,000, VicRoads 45 D7

From our drop-off point at the Dargile Forest Picnic Area, the Easy group may elect to visit William Lagoon before returning to the picnic area. This is a small man-made dam north east of the start point. The access track passes through forest containing both native and introduced trees, notably conifers. Most of the main walk for both groups is along rough vehicular

tracks in Red Ironbark forest. Here the understorey is sparse, we may see early blooming wildflowers. The Easy/Medium group ascends sandstone ridges to Mt Ida from which there are good views of Mt Camel to the north, Lake Eppalock westwards with Mt Alexander even further west and the settled Heathcote area close by to the south.

**CROSS-COUNTRY SKIING**

**ROVER CHALET, BOGONG HIGH PLAINS  
 10-17 AUGUST 2019**

Once again we have been offered the use of the Rover Chalet for a week's X-C skiing. The chalet is an 11 km ski in from Falls Creek so is well away from the crowds. The chalet is well fitted out with a commercial grade kitchen, mattresses for sleeping on in the loft, internal toilets and hot showers. There is a washing machine and a drying room. 240v power so you can charge your phones even if reception is restricted.

We run the week with a voluntary roster covering all the chores that need to be done, cooking, cleaning, wood chopping, bread baking etc. We try to organize full day trips every day taking lunch with us, usually at least two standards, an easier and a harder. If the weather is lousy we often play around on sheltered slopes near the chalet, perfecting (in my case trying) telemark turns.

The week includes Tawonga hall to sleep in on Friday night and a bus up and down to Falls Creek. To ski in we have to carry our fresh meat and vegetables; all the other food is stored in the large pantry in the chalet.

To go in you need to have had experience on skis and to be able to carry a pack. The pack can be kept fairly light as you don't need many clothes because you can wash and dry them up there.

If you are interested talk to me or Merilyn.

*Doug Pocock*



**EXPRESSIONS OF INTEREST  
 PATAGONIA, DECEMBER-JANUARY  
 2019-2020**

The trip, organised by Willis's Walkabouts, will begin in the city of Coyhaique in southern Chile and will cross the border into Argentina. This is Chile's frontier territory. We will travel in four wheel drives so that we can get to places that would otherwise be inaccessible. The cost for the trip is approx. \$1895 plus airfares and additional accommodation. For more information contact Meredith Quick.

Bus transport meets at cnr A'Beckett and William Streets, Melbourne, before 8:45 am. Leader or deputy will be there rain, hail or shine!

July 2019				
Thu 4	TOF: Winter in the Dandenongs	Pvt	Easy	Jopie Bodegraven
Sun 7	DAY: Olinda Valley	Car	Med	Brett Daniel
8-10	BC : Tidal River Lodge	Pvt	E/M	Geof Martin
Wed 10	DAY: Silvan – Olinda Forest	Pvt	E/M	Doug Pocock
Sun 14	DAY: Gunnamatta – Cape Schanck	Bus	E&E/M	Bettina Brill & Halina Sarbinowski
Mon 15	MOF: Winter along the Bay – Mentone to Sandringham	Pvt	Easy	Merilyn Whimpey
19-21	PC : Lake Eildon – Rocky Peak	Pvt	E/M	Ian Mair
Sun 21	DAY: Tarilta Track	Car	E/M	Theo Mertzandis
24-11	PC : Larapinta Trail	Pvt	M/H	Jill Allen
Thu 25	SOC: Bay Beach Walk	Pvt	Easy	Pam Rosso
Sat 27	DAY: Middle Park to Sandringham	Pvt	Easy	Margaret Champion
Sun 28	DAY: Dargile Forest – Mt Ida	Bus	E&E/M	Richard Long & Theo Mertzandis

## MEMBERSHIP RENEWAL SLIP

Payment to the Treasurer, together with completed form by one of the following methods:

- Cash or cheque on Club night (cheques payable to Melbourne Bushwalkers Inc.)
- Cheque and Renewal Slip posted to Treasurer, Melbourne Bushwalkers Inc, P.O. Box 1751, Melbourne 3001
- EFT to the Club account. (Account Name: Melbourne Bushwalkers, A/c No. 0058-46013, BSB: 013-006).  
Please ensure your full name and 'SUBS' appear on the transfer.

**Fees:**  
(Please circle your membership category)

<b>Single member:</b> \$45*	<b>Concession:</b> \$34* (Proof required**)
<b>Couple/Family:</b> \$72*	<b>Concession:</b> \$50* (Proof required**)
<b>Printed News Only Subscribers:</b> \$35.00	

### Notes:

\* **Members who currently receive their copies of 'NEWS' via postal mail should add \$25.00 to continue.**

No new hard copy subscriptions will be accepted.

\*\* Concession membership applies to those who hold an Australian Government concession card, not a Seniors Card only.

Name: .....	Year of birth (optional) .....
Name: .....	Year of birth (optional) .....
<b>(Note: Year of birth is used only for statistical purposes and not published in any lists.)</b>	
<i>Fill in Address, Telephone number(s) and email address only if changed since last renewal:</i>	
Street Address: .....	<b>NO</b>
Suburb & Postcode: .....	<b>YES</b>
Tel: [H] ..... [W] ..... Mobile .....	<b>YES</b>
Email: .....	<b>YES</b>
Emergency Contact: ..... Tel: ..... [H][M][W]	<b>YES</b>
	<i>Indicate left if you agree details can be displayed to other members in the Members' Area (Default shown)</i>