

MELBOURNE
BUSHWALKERS INC.

ABN 14 396 912 508



THE NEWS

#848

November
2021



Wyperfeld NP - D. Shand

WE ARE A MEMBER OF



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 6.30-8.30 pm in the club rooms at:

Mission to Seafarers Victoria
717 Flinders Street
Docklands

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001

www.melbournebushwalkers.org.au

Next committee meeting: Monday 8 November

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Deb Shand

Calls for expressions of interest for club activities and extended trips, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/ movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency.

Note: photographs should be sent as separate high resolution files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for The News is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au

Committee positions open for 2022/23

For our committee 2022/23 we have several positions available including **social secretary**, **general committee member** and the **president** position. If you would like to be part of supporting our growing membership and be part of social and environmental initiatives, please get in touch at president@mbw.org.au/ There are many benefits of volunteering including making a difference, meeting new people and making new friends, being part of a community and learning new skills. Through volunteering you can challenge yourself to try something different, achieve personal goals, practice using your skills and discover hidden talents. And most of all, have fun! It would be great to hear from you.



Would you like your trip photos featured in the newsletter?

Due date for contributions to December News: 21 November
Email: news@mbw.org.au



Many were counting down the minutes until lockdown lifted... the end of lockdown came just as the first hints of summer crept into the air. For my part I certainly enjoyed the first weekend outside the 15km radius along Darebin Creek, Plenty River and the Yarra River through parks, wetlands and native frog habitats.

Melbourne Bushwalkers is happily anticipating a return to our full activities program once most restrictions are eased in early November. With the exciting announcement we can now begin our preparation toward a return to bushwalking in the next couple of weeks. Just a reminder the latest update on our walk program can be found on our website. We know how eager you are to return, and this is great news for your body and your mental health. If you are keen to re-gain your bushwalking momentum as quickly and safely as possible, the safest thing you can do after a long break to start slowly and gradually build your body's exercise tolerance back up. Jumping right back into an activity you haven't done in a while and expecting to pick up where you left off may lead to unwanted aches and pains. Just do what feels good for you. Listen to your body, and if it's too easy the first time, make it harder the next.

Melbourne Bushwalkers clubrooms at the Mission to Seafarers, Victoria, will reopen on the 17th November. Club Officers will be present from 6:30pm to welcome members and visitors who plan to drop in. Leaders for coming Sunday Walks will also be present to discuss requirements for the walks. A Sunday Walks bookings officer will be in attendance to take any in-person bookings. **All persons planning to call into the clubrooms or participate in club walks are required to be fully vaccinated with a valid COVID Passport** (details in following pages).

Serving as the President for the MBW has been a great experience. I am happy to have had the opportunity to work with so many wonderful people on our committee and the club over the past three years. However due to growing work commitments and my climate advocacy work, I have decided to step down at the end of March 2022 at the AGM as I feel I would not be able to do justice to this role and feel this is the right time for someone else better placed to lead the MBW club. Thank you for the opportunity to contribute to such an incredible organization. I am looking forward to staying involved with the club as a walk leader in the years to come.

Speaking of climate advocacy, the fast approaching 26th UN Conference of the Parties (COP26) is crucial if climate change is to be brought under control. Leaders from 196 countries will unite in Glasgow to accelerate action towards the goals of the Paris Agreement and the UN Framework Convention on Climate Change. COP26 may be the world's last best chance to get runaway climate change under control. World leaders will discuss whether enough has been achieved since 2015's landmark Paris climate agreement to limit global warming to



1.5°C Crucially, the latest IPCC Report has delivered a 'code red for humanity', demonstrating that the world is currently not on track. Current commitments would result in warming well above 3 degrees by 2100 compared to pre-industrial levels. The science shows that much more must be done to keep 1.5°C in reach. **Climate change is a reality.** If we fail to act urgently, there will be catastrophic consequences for the Pacific, Australia and New Zealand. Every fraction of a degree matters and it's now in our hands. We have the solutions, and this is the moment we must take action as one. Ambition needs to turn into reality. This moment, while action can still make a difference, is the one that matters. Now is the time for ambitious climate action. At a minimum, developed nations including Australia and New Zealand need to join the US in halving emissions by 2030. Further, by providing substantial financial assistance to impacted countries and laying out plans for net zero no later than 2050.

I hope to see you at our anniversary & holiday celebration on **Sunday 12th December 2021.**

Susanne Etti
MBW President

Anniversary and holiday celebration!



We have turned 80(+1) and can meet to celebrate our anniversary and the holiday on **Sunday, 12 December 2:30pm-5:30pm**. 2020 was the year when our club turned 80 years young. We originally had planned to celebrate this milestone last year but due to COVID and the impact it had on our lives, we had to delay the event to 2021. To mark this important occasion, we would like you to keep this date free for a day of walking, celebration and to enjoy some holiday cheer, so join us. We will have several local walks scheduled for the day, starting late morning across Melbourne, finishing at our clubhouse. Details and walk previews are available on our website with information on how to book. If you decide not to

walk on the day, we will still ask you to book via busbookings@mbw.org.au to ensure we record your attendance for catering and COVID requirements.

Celebration with afternoon tea and anniversary cake will be served from 2:30pm at our clubroom in the Mission to Seafarers to welcome walkers and non-walkers. During the event we will hear from our members, share memorable moments & photos of our 80 +2-year history, catch up with fellow members, and have a raffle to raise further funds for our tree planting project. (To commemorate Melbourne Bushwalkers 80th Anniversary the Club's Committee decided to plant 500 trees as a long-term legacy for the club. The funds will be used for the 500 native trees and tree guards. The tree planting will be taking place in winter 2022. Details about site, timing and transport will be shared with members in the May-June newsletter issue). During the afternoon, drinks can be purchased at the bar at your own cost.



THE BUSHIES' NEW YEAR'S DAY BBQ

LOCATION:

The Environmental Education Centre, Birdsland Reserve. This has been booked for our exclusive use. The entrance to the Reserve is where McNicol Road becomes Mt Morton Road. Follow the road in, and on reaching the public carpark continue for another 300m.

10:30

A 90-minute walk

12:30

Fire up the BBQ

Non-drivers:

We can pick up from Belgrave Railway Station

**MUST BOOK IN with
Susan Maughan 0478 504 441**

NOTE-This will be cancelled if a Total Fire Ban is declared.



November Reminders

Mick Noonan

This month the main theme is “**be prepared**”. If you are well prepared then you and your fellow walkers will have more fun and reduce the impacts if something does go wrong. Remember to spot the interloper below!



Take Plenty of Water: The Club recommends a minimum of 2 litres of water for a day walk, so make sure you check the forecast and take enough for the situation, e.g. length of walk and temperature. Your water should be easily accessible while you are walking!

Take your rain gear: Taking good rain gear is always a good idea in Victoria but with the BOM increasing the chances of a full **La Nina** weather event the heavier than normal Spring rains look likely to continue into Summer (see separate article).

Tidal River wombats: When camping at Tidal River remember to leave ANY food in your car or hanging up outside your tent. This year I had an argument with a wombat at 10pm one night who had decided to see what I had stupidly left in one of my pockets. After some close quarter hand to hand combat, he/she agreed to leave my tent via the hole they ripped on the way in rather than by another new hole in the other side of the tent. TRUE or FALSE?

Ambulance Cover: Essential to cover you when bushwalking in the outdoors. Time to make sure you have comprehensive cover or renew it if you have let it lapse. Ambulance Victoria’s Family or Singles cover will protect you anywhere in Australia from possibly a very expensive bill for an ambulance or helicopter ride.

Carry your GREEN HEALTH CARD: Make sure you carry the Club Health Card in your pack. In case of an emergency, we may have to provide your health information to get you the best medical treatment. You can print one off from this Newsletter and pop it in a small zip lock sandwich bag.

Health Advice to Leader: Before a walk quietly let the Leader and/or Whip know of any health issues you have they should be aware of that might impact you on the walk, e.g. where you keep your EpiPen. I still remember leading a Sunday Walk when one of the walkers getting onto the bus proudly told me this was their first Sunday Walk since their recent major heart operation. Everyone is entitled to get back into walking and they did very well!

Check your Emergency Contact details are up to date: You can check and update them in the Members Area of the Club Website. This is the person who will be contacted if you are involved in a serious incident, or the group is very late or overdue.

PERSONAL HEALTH DETAILS CARD

Name: _____ D.O.B. ____ / ____ / ____

Address: _____

Next of kin: _____

Relationship: _____ Phone: _____

2nd contact: _____

Relationship: _____ Phone: _____

MELBOURNE BUSHWALKERS INC

My doctor: _____

Phone: _____

Current medical conditions/allergies: _____

Medications: _____

Ambulance cover: YES/NO

Private Health Insurance Fund name: _____

WE ARE ALMOST THERE!

Melbourne Bushwalkers is happily anticipating a return to our full activities program once most restrictions are eased in early November. However, the committee has decided, after receiving feedback from many members, that **all participants will need to be double vaccinated against COVID-19 (or have a medical exemption) to participate in club activities.**

Vaccinations in conjunction with mask wearing are important due to the close proximity that members often are with each other; whether at the club rooms, on the bus or carpooling, participating in pre-walk briefings, or talking with and assisting each other during the walk itself. They are particularly important for the return of our Sunday Bus, as members sit in close proximity and air flow on the bus is limited. Double vaccination will also be essential for car sharing (when allowed) for the same reasons.

Although COVID-19 affects people of all ages, people over the age of 50 years are more at risk for becoming very sick or dying if they contract this virus. A high proportion of members of our club are in this "at risk" age group. High rates of vaccination are an efficient way of reducing incidents of being infected, and also provide community protection, reducing the likelihood of virus transmission. Also, all our leaders are volunteers. They need to feel confident that by providing this service that they will not be exposing themselves to acquiring COVID-19. By introducing double vaccinations as a condition of participation in club activities we are protecting participants in our activities from COVID-19 and also providing a very important health education message to our community.

To avoid the need to provide evidence for each activity, members can forward proof of double vaccination against COVID-19 to membership@mbw.org.au. The MBW membership database has been updated to include vaccination status. This section of the member's details can only be viewed by the member. However, leaders will be alerted if a member's vaccination status has not been recorded and proof will be required prior to commencement of the activity. Please make life easier for both yourself and our leaders and provide this information to the club.

Halina Sarbinowski - Membership secretary

Seasonal Weather Outlook - a La Nina is coming (maybe)!

Mick Noonan

The Bureau of Meteorology has increased the likelihood of a full **La Nina** weather event this year from 50 to 70%. So our unusually wet Spring weather is also likely to continue into Summer.

What is a La Nina? A La Nina is the periodic cooling of the equatorial eastern and central Pacific Ocean. When sea surface temperatures are cooler than average by at least 0.5 degrees Celsius with consistent atmospheric indications for at least three consecutive months then a La Nina is present.

What does it mean for us? La Nina typically brings above average rainfall, below average maximum temperatures, and above average overnight temperatures across large areas of Australia. It also typically produces more tropical cyclones during the November to April Cyclone Season.



Why do groups sometimes make bad decisions? (Part 1)

Mick Noonan

This question came up at one of our Leaders Training nights some time ago and the action to address it has been on our Risk Register for a while now.

Outdoor Leaders and their groups normally make good decisions, but not always! Sometimes leadership decision making styles and group psychology can combine to result in poor or bad decisions. After trawling the literature, particularly focusing on outdoor leadership, we have come up with this article to help answer the above question. We will be adding this material to the clubs Leaders' Training.

Not one of our Bushies leaders? Not planning on becoming one? This article is still important for you! We all make decisions every day, independently or with others. You may 'lead' family outings or go outdoors with friends and make decisions without thinking of the 'style' you use or whether it's appropriate. So read on, hopefully you may learn something!

Part 1 below is about Outdoor Leaders Decision Styles. Part 2, in next month's News, will look at the Psychological and Social aspects of outdoor groups.

Decision making for outdoor leaders

One of a leader's key roles is to make decisions. Leaders make many decisions, often automatically as they go about planning and undertaking the group's outdoor adventure. Other times they need to make considered decisions (solve problems) dependent on their experience and skills, sometimes with inputs from the group. As with Leadership, there are a number of 'models' of decision making. Each style is a different method of weighting alternatives and examining solutions. For example, for outdoor leaders suitable decision styles include:

- Behavioural – involves the group, tries to avoid conflict, persuasive, finds solutions acceptable to group
- Directive – autocratic, act quickly, telling, expects immediate action, no group involvement, can result in quick action but without all the facts
- Analytical – involves the group, can be slow and time consuming, analyse large amounts of information

Styles can be combined, you can 'learn' new styles, reduce weaknesses and increase your strengths. Outdoor leaders decisions can generally be characterised as:

- Safety related eg. responding to an emergency such as whether to cross a fast-flowing creek, etc.
- Adventure/Trip related eg. how to successfully complete the trip or when/how to enhance the experience
- Ethical eg. actions that may damage a remote/protected environment, whether to light a fire, carry out other people's rubbish, etc.

Our focus is the decisions leaders and their groups may need to make during the activity. As leaders develop, their skills, knowledge and experience grows and their decision making becomes easier and more confident.



For Bushwalkers Who Wonder

John Widmer devised these quiz questions for the online club meetings that have been taking place during Covid lockdown. Some of the questions are shared here so that club members can test their knowledge of the outdoors. You will find the answers on Page 13.

Question 1

- At last, we are walking again. You look at the Sunday Walk Programme and decide to join the walk to the Cathedral Ranges near Buxton.
- You are walking along the Sugarloaf ridge and see this orchid.
- What month was the walk?



Question 2

- You join Ian Mair's amazing beginner's pack-carrying walk over Mt. Wellington to Lake Tali Karng and you see these bright fungi.
- It has spread from Australia to other parts of the world!
- What is interesting about the reproduction strategy of this fungus?



Question 3

The TOF Walkers decide to climb Mount Dandenong. Somebody suggests that this walk is risky. Why?

- A - It has a volcanic origin
- B - It is on a fault line
- C - It is very steep
- D - All the above answers



Question 4

You join the Great South West Walk but decide to take a kayak instead. You paddle down the Glenelg River. What will you see on the long drive down to this river?

- A - Not much
- B - Nobody cares
- C - Are there prizes for doing this Quiz?
- D - You have just driven through one of the richest "new" volcanic areas of Victoria.

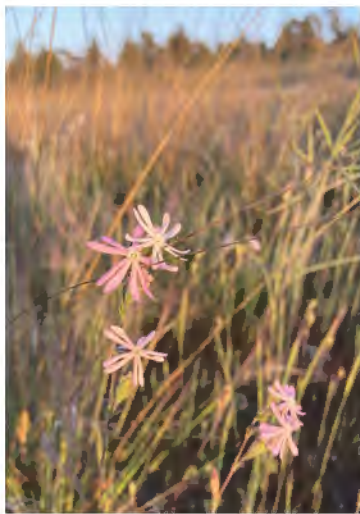


Wyperfeld National Park pack carry – 23-27

September, 2021

Gayle Cameron

Wyperfeld National Park is about a four hour drive from Bendigo, via Hopetoun or Rainbow and covers approximately 365,800 hectares as mentioned in the park notes. There are about 450 species of native plants occurring in Wyperfeld along with over 200 species of birds. River Red Gum and Black Box woodlands cover the floodplains of Outlet Creek and its lakes, while Pine and Buloke grow on nearby dunes. Mallee Eucalypts cover a large area of the park. Springtime is the best time to visit and this year did not disappoint!



The writer had been looking forward to this walk and was disappointed when it was cancelled due to Covid. When it looked like Melbourne's lockdown was not going to be lifted, the original leader John Widmer kindly assisted and with a few tweaks we had a small regional contingent interested and set to go! Four double vaxxed regional members of the Melbourne Bushwalkers drove up to Wonga Campground via Rainbow on Thursday afternoon to get an early start on Friday. The weather forecast was favourable with cooler temperatures. The campground is huge and each site has a firepit, picnic table and the Rota Loo toilets have a water tank beside them. The resident emus wander around the perimeter and the nesting magpies have one end of the campground covered!

The diversity of the park is amazing. From the start of the walk, through the flowering tea trees, it was a pleasant surprise each time we came to the top of a sand dune, the environment ever changing. The lakes are all dry but covered with plant life. The Devil's Pools had a small quantity of water in one pool which happened to be the only water we saw in the park other than the water tanks dispersed throughout. Watching the swallows flying in and out of the pool was a delight. Lake Brambruk was a mass of colour with varied wildflowers and the odd red kangaroo, the first of many we saw through the park.

Our super skilled navigator Deb ably guided us off track and we encountered varied forests and plants! It took some time walking through here due to stopping to take pictures. Taking photographs of delicate flowers in the wind proved to be a challenge. Navigator Deb managed to guide us to an old Mallee Fowl nest! How clever was she in this thick scrub area! After weaving in and out of the scrub we emerged on Freeway Track. This is a very wide sandy track and made for hard walking up to our camp site at Remote Camp. The camp was in a quiet area, we had it to ourselves and did not see any other hikers for the entire trip. Early nights were had as the evenings were very cool.

The second day we walked with day packs up to Lake Agnes. Our first wildlife encounter caught the navigator off guard a little as she stepped over a log and saw a large black snake scurrying back into his hole under the log. Lake Agnes is a very large dry lake, again covered in small wildflowers. Coming back off the lake to Dip Plain we were lucky enough to encounter a shingleback



Along the track

lizard enjoying the sun. The Major Mitchell cockatoos were abundant in this section as were the red kangaroos. We had a relaxing afternoon back at camp before what we knew was going to be a long slog back to Wonga camp the next day.

On Sunday we did lots of bush bashing through the scrub to avoid the sandy Meridian track, but superb navigation now accompanied by a compass bearing genius (Marion) led us back to the intersection of Everard Track and Meridian Track. The hunt for an ancient tree began but luck was not with us today as information to location was a bit vague, but next time. Back at Wonga Campground we had another pleasant evening. A 12 km loop walk across Lignum Plain to the Eastern Lookout on the Monday proved to be a pleasant surprise with beautiful 360-degree views of the entire park!

This was a spectacular walk with a great group who shared their knowledge and skills. We do hope this is on the program again next year for others to enjoy. Oh, a word of warning, beware the snotty gobble!! Many thanks to Deb, Marion and Susan for their company for what was an unforgettable walk.



Heysen Trail adventure

Carol Corrigan

A thru hike of the 1200 kms Heysen Trail had been on our Wish List for a long time but when Covid-19 restrictions occurred it quickly made its way to the top of the list, and Mick Noonan and I began our research early this year. The Friends of The Heysen Trail website became an important source of information, especially for the location and status of the water tanks. Their interactive maps were almost essential for our planning. Because we had not done many long thru hikes recently we were a little daunted by the idea of a 1200 kms thru hike. We were unsure of our fitness for this walk, or whether we would even like it.

The free Maps.me app was invaluable. It works offline, and we were able to download the entire trail (available from FoHT website). It was great for planning, but also meant we were never lost. We carried paper maps in case of mobile device failure, but also enjoyed looking at them daily.



The fire season ended 2 weeks earlier in the North of SA this year so we decided to start our walk on 15 April 2021 from the Northern Trailhead at Parachilna Gorge and walk south for 15 days to Wilmington. We then flipped to the Southern Trailhead at Cape Jervis on 2nd May, 2021 where Mick's brother, David joined us to hike to Victor Harbour. We then walked back to Wilmington, finishing our walk on 7 June 2021, just before some nasty Winter weather, which included snow! This seems to be the best

Along the track

time to walk as weather is usually stable with day temperatures generally in the mid-20s. The most popular time is Spring, despite the thunderstorms and flies. In fact the weather Gods were kind to us for the 41 days we walked, as we only had to don our rainwear once, and then only briefly. It rained, but only at night or on our rest days. While we had very little rain, strong, buffeting winds often proved to be our nemesis.

Food parcels were posted to Victor Harbour, Hahndorf, Kapunda, Burra, and Hawker, so that we would not have to shop on our rest days. Our food consisted mainly of Back Country dehydrated meals, supplemented with fresh food supplies bought in the many small towns along the Trail.

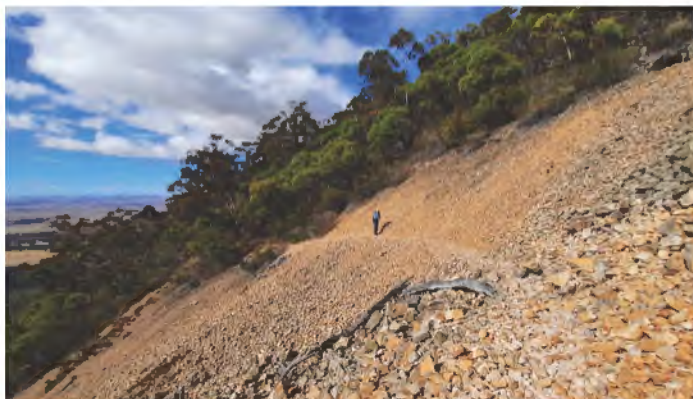


There was an incredible diversity of landscapes from the remote and sometimes harsh, but always stunning Flinders Ranges, private farmland, plantation forests, vineyards, and rugged coastal beauty of the Fleurieu Peninsula from Cape Jervis to Victor Harbour. There are no made tracks for walkers except in the many State and National Parks. The area around Burra was the most challenging for us, mentally and physically, because of the bald, ridiculously steep hills (which we called the Steppes), and the strong winds. We enjoyed the interesting climbs up and down waterfalls and mountains (including Arden, Brown, Remarkable, Bryan, Lofty). The total ascent/descent for the Heysen Trail is 23 kms (approx. Mt Everest x 3). The walk is usually rugged and often very remote, so we were surprised to meet quite a few solo walkers, including several women.

Typically, we would break camp early and start walking at first light (we both enjoy walking as the sun rises) and walk until an hour before sunset, with several rest stops throughout the day. After setting up camp and cooking/eating dinner it was straight into the sleeping bags and off to sleep immediately. However, because we had no time constraints we would sometimes stop earlier if we found a camping spot we liked or an area we wanted to explore. A flexible schedule also allowed us to stop an extra day in many of the interesting historical townships along or just off the trail, such as Crystal Brook, Burra, Melrose, Wilmington, Hawker and Quorn. We had planned 4 rest days but took 12!

While we enjoyed 15 nights camping on the trail, we took advantage of every bed and hot shower available, whether at hotels, cabins or B&Bs. The townspeople were helpful and friendly. There are also many historic huts available to walkers, restored by Friends of the Heysen. These were always a welcome respite from the tent and we stayed in 10 of them.

A lot of the trail runs through private farmland (thanks to the generosity of the local farmers) where the trail follows the fenceline around the perimeter of paddocks. We were often surrounded by sheep or cattle. There was a dearth of reptiles (1 small snake and 2 lizards), but a surplus of kangaroos and emus, as well as feral goats in the more remote areas. The birdlife was abundant.



We suffered no injuries or foot problems, probably because we kept our pack weight to a bare minimum. My base weight was 7 kgs. and was never more than 13 kgs with food and water, as this walk is really a series of 1-to-5-day pack carries. Mick's base weight was 8 kgs. My favourite equipment was my Thermarest Neoair Uberlite sleeping mat 250g and Western Mountaineering Alpinlite 20 sleeping bag 880g. We used a MSR Freelite 2 man tent 1100g.

This is a challenging thru hike, not for the faint hearted,

Along the track

but no technical skills are required. It is very rewarding, though a mostly a solitary trek. Would we recommend the Heysen Trail? Absolutely. We will definitely walk it again as soon as possible.

The Friends of The Heysen Trail volunteers are to be commended for their dedication to the ongoing maintenance and upgrading of this trail. If a thru hike is not your thing, they lead section walks, as well as end-to-end walks split over a number of years. Check out their comprehensive programme here: <https://heysentrail.asn.au/>



Are we getting soft? A walk preview from the archives (The News, April 1980)

A DAY WALK FOR THE DISCERNING BUSHWALKER by Penny Stapley
Highlights of Club walks during the past year are combined in this superb day walk.



MOUNT USELESS - TRAIL BIKE No. 2 TRACK - GARBAGE GULLY - PIDDLER CREEK - TRAIL BIKE TRACK.

LEADER: Any Volunteers?

TRANSPORT: Van from Batman Av. 6.15 a.m. (Please note early start!)

EXPECTED TIME OF RETURN: We may not.

MAP REFERENCE: There are no reliable maps of the area.

APPROXIMATE DISTANCE: 40 km (walk may be extended if the party is a fast one)

We commence our walk with an invigorating climb of 2000m through dense hakea and blackberries. Bring your wildflower guide, binoculars, and copy of 'What Bird is That?' - you may not need them, but every self-respecting bushwalker should practise carrying a heavy pack. If there is time for lunch, it will be taken on the top of Mt. Useless - there are no blackberries here, but you should bring something to sit on, as protection against the large bull ant population.

After the possible lunch break, we will retrace our steps to the start of our walk, whence there is a short road bash of 7km along a dirt road (watch out for trail bikes). After 7km we take to the bush again and make a steep descent to Garbage Gully. Afternoon tea may be taken in the gully, but you may prefer to while away the time studying the various varieties of leech. Please sit very still in order not to disturb these fragile little creatures. You will learn a lot just by watching them. They are a rare and endangered species, and part of our heritage. Once the leeches in the area begin to increase the surplus population may be used to re-colonise other areas.

We now follow Piddle Creek for 10km. through thick scrub. It is likely to be very muddy, so remember your gaiters. After 10km. we retrace our steps along the creek and up the hill to Trail Bike Track. A short and pleasant stroll for 7km. will bring us back to our starting point and the van. Please bring water for lunch - it may be all you have time for!!

WHAT TO TAKE ON THIS WALK

Valium, Aerogard, gaiters, dimp, Codeine, tweezers, shellite (in case of ticks), water purification tablets. It is assumed that walkers will at all times have in their pack a compass, whistle, waterproof pen, string, torch, waterproof matches, candle, gloves, balaclava, 3 extra jumpers, full set of waterproofs, toilet roll and Prayer Book.

For Bushwalkers Who Wonder - answers

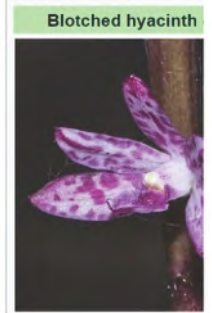
Any disputes or differing views about these answers should be directed to John Widmer who will be delighted to discuss them!

Answer 1

- This orchid is name *Dipodium punctatum*.
- Commonly called “Blotched Hyacinth-orchid”.
- It flowers in January, February, or March. (Summer and early Autumn)!
- It is interesting that they sexually reproduce in the warmer months of Victoria!

https://en.wikipedia.org/wiki/Dipodium_punctatum

tralia. In summer it produces a
nd some authorities regard it



ikipedia.org/wiki/Aseroe_rubra
ntor Email English Taobao Age... 256 km Melbourne...

Answer 2

- The *Aseroe rubra* stinks and attracts flies to spread its spores!
- Their reproduction strategy relies upon cadaverous smells.
- That’s a deceptive reproductive strategy!
-
-

Article [Talk](#)

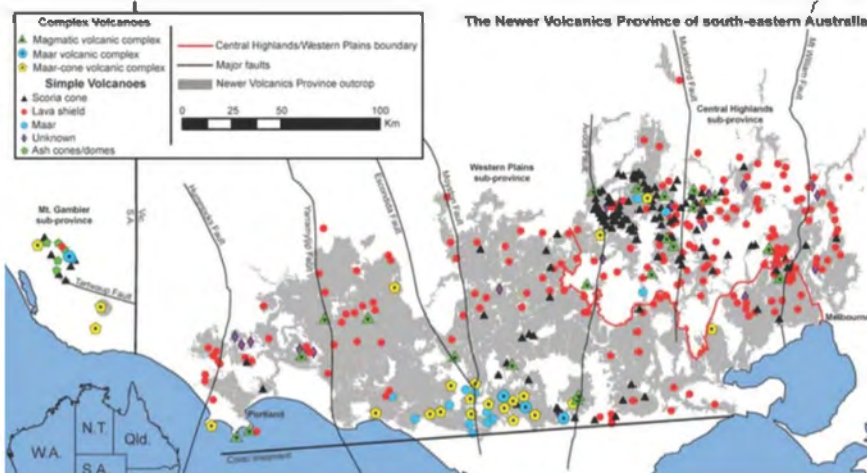
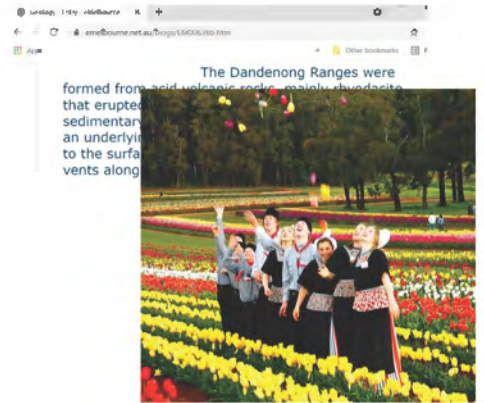
Aseroe rubra

From Wikipedia, the free encyclopedia

Aseroe rubra, commonly known as the anemone stinkhorn, of carrion and its sea anemone shape when mature. attracts flies, which spread its spores.^{[1][2]}

Answer 3

D - All of the answers are reasonable. It is interesting that the rich deep soils of the horticultural areas of the eastern side of the Dandenongs reveals their geological past



Answer 4

D - The area on both sides of the road on the way is lined with volcanoes. Some erupted as recently as 5,000 years ago. The area around the Glenelg river, by contrast, is geologically stable!

Upcoming activities

November 2021

| | | | | |
|--------|---|-----|-------|-----------------------------------|
| Wed 3 | MTG: Clubroom meeting 7.00-8.30pm (video link) | | | Robert Ian Mair |
| 5-7 | BC: Walk-in base camp: Wilsons Prom lighthouse | Pvt | M/H | Jill Allen |
| Sun 7 | DAY: French Island Escape | Car | E/M | John Widmer & Greg Johnson |
| Mon 8 | MTG: Club Committee meeting | Pvt | | Susanne Etti |
| Wed 10 | DAY: Yarra Bend Parkland | Pvt | E | Jenny Andrewes |
| Wed 10 | MTG: Clubroom meeting 7.00-8.30pm (video link) | | | Robert Ian Mair |
| 13-19 | PC: Hattah-Kulkyne NP | Pvt | M | Robert Ian Mair |
| Sun 14 | DAY: Grand Ridge Rail Trail & Brewery | Bus | E&E/M | Kim Cowie & Anitha Damodharaswamy |
| Mon 15 | MOF: Elster Creek-Brighton Beach | Pvt | E | Bill Metzenthien |
| Wed 17 | DAY: Masons Falls | Pvt | E/M | Fay Dunn |
| 19-21 | PC: Ascent and descent of Mt Speculation | Pvt | M/H | John Widmer |
| Sun 21 | DAY: Warramate Hills, Yarra Ranges | Car | M | Stuart Hanham |
| Thu 25 | SOC: Karkarook Park | Pvt | E | Merilyn Whimpey |
| 26-28 | BC: Mt Buffalo waterfalls exploratory (joint with VMTC) | Pvt | M/H | Ray Thomas |
| Sat 27 | DAY: Mt Macedon/Hanging Rock area | Pvt | E | Helen Graesser |
| Sun 28 | DAY: Mt St Leonard via Condons Track | Bus | M&M/H | Brett Daniel & Bernd Neubauer |

For detailed preview notes and program updates, please refer to the activities program on our website: https://mbw.org.au/mbw_activities/MBW_activities_program.php

