

MELBOURNE  
BUSHWALKERS INC.

ABN 14 396 912 508



# THE NEWS

#860

November  
2022



Ngamadjidj - North Grampians - M. Simpson

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# WE ARE A MEMBER OF



## Bushwalking Victoria

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 6.30-8.30 pm in the club rooms at:

**Mission to Seafarers Victoria  
717 Flinders Street  
Docklands**

Visitors are always welcome!

General correspondence should be directed to:

The Secretary  
Melbourne Bushwalkers Inc  
PO Box 1751  
MELBOURNE VIC 3001

[www.melbournebushwalkers.org.au](http://www.melbournebushwalkers.org.au)

Next committee meeting: Monday 7 November

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Deb Shand

Calls for expressions of interest for club activities and extended trips, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/ movie reviews, letters to the editor, advertisements, et cetera are always welcome. However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency.

Note: photographs should be sent as separate high resolution files which are capable of being edited.

**Please send your contributions as unformatted text files by email to [news@mbw.org.au](mailto:news@mbw.org.au)**

**Closing date for receipt of material for The News is the 21st of the month.**

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at [news@mbw.org.au](mailto:news@mbw.org.au)

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## New members

We welcome the following new members:

Rebecca Brereton  
Rachel Kwok

Dougall Bruce  
Brendan Browne

Birgit Nott  
Anna Phillips.

Kay Peiqi Bian  
Olivia Saputra



Grampians sunrise - F. Tabone

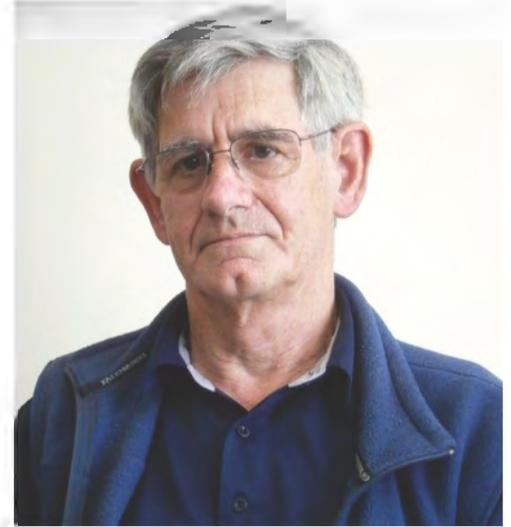
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**Would you like your trip photos featured in the newsletter?**

Due date for contributions to December News: 21 November  
Email: [news@mbw.org.au](mailto:news@mbw.org.au)



As I write this column our band of four club friends is relaxing in the northern Welsh town of Prestatyn after completing the Offa's Dyke Path and the end of our nearly six weeks of walking in Wales. There are many approaches that could have been taken to this column as I reflect on the experience. The clichéd "travel broadens the mind" certainly could be expanded. Alternatively, the opportunity to walk part of the way with our Welsh club member who provided a deeper insight to the countryside through which we were walking highlighted one of the benefits of being part of a group as diverse as Melbourne Bushwalkers. Then there is the often-raised question of access to private lands which enriches the experience of walking in the UK but is denied us in Australia. Each of these warrants a note on its own but they are not the topics that most unexpectedly caught my attention.



The setting was a small village in the heart of Wales where the Offa's Dyke Path and Ellesmere Canal cross the River Dee on the Pontcysyllte Aqueduct set high above the river valley, part of the Pontcysyllte Aqueduct & Canal World Heritage Site. Built by celebrated Civil Engineer Thomas Telford between 1795-1805, the aqueduct is a masterpiece of the technology of the day. Pushing the bounds of engineering knowledge, the aqueduct helped expand transport and communications across the countryside. It was a case of technology serving mankind.

As we were walking towards the Information Centre, I passed a middle-aged woman sitting on a bench beneath an elm tree beside the aqueduct. She was engaged in an animated discussion on her mobile phone with her free hand gesturing expressively as she emphasised her point of view. The issue was the application of augmented reality and artificial intelligence. From the smattering of conversation that could not be avoided the topic appeared to be a proposal for a display space or cultural experience. As her voice drifted into the background I could hear the point she wanted to make: "People will be locked in front of their computers and lose contact with each other."

Just as Telford's aqueduct enriched the life of those of his day, the mind-bending advances in digital technology will continue to expand the avenues for information access and sensual experience beyond what many of us can currently imagine. But what is the value of knowledge if it is not communicated and shared as part of personal interaction? Social structures are not the amalgam of avatars representing concocted personalities. Social structures are built of real people with their strengths and weaknesses in full display going about their interests with compassion and understanding, collaborating to defend against rogue behaviour. Social structures are strengthened by a myriad of community groups sharing their experiences and learning to live with each other. Melbourne Bushwalkers is one such community group.

From its earliest beginnings the club has been more than a convenient way to go on a walking experience. Opportunities for social interaction have always been a part of the club's program of activities. This is highlighted by the role of Social Secretary being one of the key ex-officio positions on Committee. While the range of activities provided varies over the years the purpose is always clear – provide an opportunity for members with a diverse set of walking abilities and interests to come together to build a sense of belonging and enrich their membership of the club. I encourage all members to take advantage of these occasions, whether they are the opportunity to interact before a slide presentation or more elaborate undertakings or celebrations. Expose your avatar to the real world and who knows what new options may arise!

**Editor's note:** Due to a computer glitch, Bob Steel's article about Tyrone Thomas didn't appear in the October News in the correct format. It is reprinted here in full.

## Vale Tyrone Thomas

My friend Tyrone passed away on 18 September after a long illness.

I joined the Melbourne Bushwalkers in 1961 and am a life member of the Club. Tyrone and I worked at the ES&A Bank in Collins Street, where I met him and introduced him to the Club. He took to bushwalking with relish, going on to be Walks Secretary and also Treasurer of the Club. He led many walks with the Club, which spurred him to collect track notes of the walks he did. I discovered that he had only one lung! His right lung was removed in childhood due to some infection, I think.



Tyrone developed the idea of publishing books of walks - the first one was '50 Walks in Victoria'. A past president of the Club, Alec Proudfoot, introduced Tyrone to Hill of Content publishers and this led to Tyrone publishing a number of walks books, covering the eastern states as well as Australia as a whole. Further titles include: "100 Walks in Tasmania"; "40 Great Walks in Australia"; "50 Walks in the Grampians"; "70 Walks in Victoria's Bright and Falls Creek Districts"; "40 Bushland and Park Walks in Metropolitan Melbourne"; "50 Walks in Southern New South Wales and ACT"; "60 Walks in Central Victoria's Goldfields and Spa Country"; "120 Walks in Victoria"; "Australian Mountains: The Best 100 Walks", amongst others.

Privately, he and I travelled to Lord Howe Island & also to New Zealand in the mid Sixties. In 1973. Tyrone & I embarked on a camper-van tour of Europe, together with Alec Proudfoot, a past president of the Club, and Dorrie Warton, who was secretary for a time.

After the devastating fires in 1983, Tyrone bought a sloping property in Mount Macedon, where the main house was lost but a small brick cottage survived. Here he developed a botanical garden, planting many different trees, especially reference groups of exotic species, including a stand of birch trees. He also planted various conifers and deciduous trees. He was a prodigious worker, landscaping, building paths, collecting rocks from all over for lining the gutters & drainage system. All this while still heading off to preview his walks for his books.

He travelled light, and on one occasion he did a quick reconnaissance to Mount Jagungal in the northern Snowy Mountains. The weather changed quite abruptly, as it can in the High Country, and he was almost hypothermic by the time he got back to his car!

On 11 November 2022 (his birthday), a memorial gathering to commemorate Tyrone's life will be held at his property in Anzac Road, Mount Macedon. This is being organised by his friend Andrew who supported him during his illness. If you are interested in attending, contact Helen Dent at [hede1923@gmail.com](mailto:hede1923@gmail.com) for more information.

Bob Steel, Past president and a Life Member of the Melbourne Bushwalkers

## November Reminders - with a La Nina 22 flavour!

Mick Noonan

This month the theme of “*being prepared*” continues. If you are well prepared, then you and your fellow walkers will have more fun and reduce the impacts if something does go wrong. While we still need to be aware of fire related risks, for the next few months flooding creeks/ rivers and saturated ground should be high on our priority list.



### Water – Drinking it and avoiding it!

The Club recommends a minimum of 2 litres of water for a day walk, so make sure you check the forecast and take enough for the situation, eg. length of walk and temperature. Your water should be easily accessible while you are walking.

Walking sticks can help keep you upright on slippery ground! They are also good for checking how deep water is and providing extra balance support. Take an extra pair of socks and make sure you have clean shoes for the return trip whether it's on the bus or another person's car.



Remember, ***often the best way to manage a fast flowing/flooded river/creek/gorge is to avoid it!*** – reroute the walk, modify it to avoid the danger, reschedule it, and if necessary, change it to a different walk. Information. great ***advice and guidance on river/creek crossing techniques*** can be found in the ***Bushwalking Manual*** from Bushwalking Victoria (now available via our Website/Members Area/Downloads/External Resources).

**PERSONAL HEALTH DETAILS CARD**

Name: \_\_\_\_\_ D.O.B / / \_\_\_\_\_

Address: \_\_\_\_\_

Next of kin: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

2nd contact: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

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**MELBOURNE BUSHWALKERS INC**

My doctor: \_\_\_\_\_

Phone: \_\_\_\_\_

Current medical conditions/allergies: \_\_\_\_\_

Medications: \_\_\_\_\_

Ambulance cover: YES/NO

Private Health Insurance Fund name: \_\_\_\_\_

**Ambulance Cover:** This is essential to cover you when bushwalking in the outdoors. Make sure you have comprehensive cover or renew it if you have let it lapse. Ambulance Victoria's Family or Singles cover will protect you anywhere in Australia from possibly a very expensive bill for an ambulance or helicopter ride.

**Carry your GREEN HEALTH CARD:** Make sure you carry the Club Health Card in your pack. In case of an emergency we may have to provide your health information to get you the best medical treatment. You can print the card off from this Newsletter and pop it in a small zip lock sandwich bag.

**Health Advice to Leader:** Before a walk quietly let the Leader and/or Whip know of any health issues you have that they should be aware of that might impact you on the walk, eg. where you keep your EpiPen.

# Training Activity: Leaders Unit 3 - Processes, Documentation and Resources

<b>DATE</b>	Wednesday, 9 November, 2022
<b>VENUE</b>	Clubrooms
<b>ORGANISER</b>	Ian Mair
<b>TRANSPORT</b>	Private
<b>START TIME</b>	7:30pm
<b>FINISH TIME</b>	8:30pm

Melbourne Bushwalkers assists activity leaders to develop their skills and capabilities through structured training sessions and mentoring. The series of training units has been developed from a core prepared by Bushwalking Victoria and adapted to our club requirements. The units are highly recommended for activity leaders, but may be undertaken by all members.

Unit 3 covers the processes, documentation and resources that leaders need to be familiar with before and after an activity. Now updated to include changes and online tools introduced with the upgrade to the club's website, it should be of interest to all leaders whether they have previously completed Unit 3 or are doing it for the first time.

At the completion of this unit you will understand how to:

- Prepare and submit an activity preview:
  - elements of a walk description and grading;
  - add images to a preview.
- Manage participant registration:
  - Sunday walks;
  - other activities.
- Lodge notifications to the club's emergency contact system:
  - Trip Intentions Form;
  - Preview Intentions Form.
- Report an incident / accident.
- Complete a Leader's Report for the club database

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## Mentoring for New Leaders

New Leader Training is a critical part of ensuring our Club has enough skilled and experienced leaders so we can offer a large and vibrant Activities Program to our members. We provide a range of training activities and opportunities from the formal classroom style 'New Leaders Training' (6 Units) through to more informal information sessions to help trainee leaders develop the full range of the skills that an outdoor activity leader requires.

**Mentoring** new leaders is an essential element in enabling them to confidently lead activities and learn from our experiences over many decades. The Club has tried to provide experienced leaders, particularly via the Sunday Walks Program, to go out on activities with new leaders for many years now.

We are now formalising and improving the mentoring we provide and extending it across all types of day and extended activities by:

- Providing a **Development Mentor** to guide trainee leaders throughout their development as a leader up to the stage when they become confident and independent. This is a new aspect of our leader training and has been very well received by our new leaders.
- We will also continue to provide **Activity Mentors** who are experienced leaders to assist the trainee with their early walk activities including previews.

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A trainee leader's walks are allocated by the **Activity Coordinator** (eg. Sunday Walks Secretary) taking into account their knowledge and experience and the availability of experienced leaders to support them. The Activity Coordinator will also arrange for an **Activity Mentor** who will probably be different for each activity. The Development Mentor will be allocated by the Training Officer working with the new leaders and their Activity Coordinator.

From this Summer all new leaders will have Development Mentors. We will see how the new processes work and learn and improve as we gain more experience. We currently have 12 very experienced leaders who have volunteered to be Development Mentors.

There will be more News items on Mentoring in the coming months and you will hear the terms **Development Mentor** and **Activity Mentor** used more often.

Mick Noonan, Training Officer



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## Training Activity: Leaders Unit 7 – Critical Incident Management

<b>DATE</b>	Wednesday, 7 December, 2022
<b>VENUE</b>	Clubrooms
<b>TRAINER</b>	Mick Noonan
<b>START TIME</b>	7:30pm
<b>FINISH TIME</b>	8:30pm

Melbourne Bushwalkers assists activity leaders to develop their skills and capabilities through structured training sessions and mentoring. This series of training units has been developed from a core prepared by Bushwalking Victoria and adapted to our club requirements. The units are highly recommended for activity leader and may also be undertaken by all members.

Unit 7 covers a leader's view of managing a critical incident on an activity and includes a number of scenarios for the group to explore. It should be of interest to all current leaders and those considering becoming a leader now or in the future. Critical Incidents are the most complex that a leader can be called on to manage and this unit will give you more knowledge and confidence if involved in one.

At the completion of this unit you will understand:

- What to determine before the activity to avoid or reduce the chances of a Critical Incident occurring
- The types of Critical Incident that can occur
- How to contact and deal with Emergency Services, deal with any Media, etc.
- Managing the Incident and protocols to follow particularly should a death occur
- What support you can obtain while managing the incident
- How to report the critical incident to the Club
- Support that can be provided to those involved after the incident

# FIRST AID TRAINING

Saturday 10th December 2022, 9.00am – 4:00pm  
Walk Leaders, New Learners & Updates welcome

**HLTAID009 - Provide cardiopulmonary resuscitation**

**HLTAID010 - Provide basic emergency life support**

**HLTAID011 - Provide first aid**

- Legal and other requirements
- Basic Life Support - DRSABCD
- CPR (Cardiopulmonary Resuscitation)
- AED (Automated External Defibrillator)
- Abdominal injuries
- Allergic reaction
- Anaphylaxis
- Bleeding and wound care
- Burns and scalds
- Cardiac conditions
- Choking and airway obstruction
- Crush injuries
- Diabetes
- Drowning
- Envenomation
- Extremes of heat and cold
- Eye and ear injuries
- Head, neck and spinal injuries
- Musculoskeletal injuries: fractures and dislocations, strains and sprains
- Poisoning and toxic substances
- Respiratory distress, including asthma
- Seizures / convulsions
- Shock management
- Stroke
- Unconsciousness



## **David Cash**

Melbourne Bushwalkers

Contact Tel: 0408 924 944, E-mail: [firstaid@mbw.org.au](mailto:firstaid@mbw.org.au)

Venue: First Aid Management & Training Centre, 6/476 Canterbury Rd,  
Forest Hill VIC 3131.



## Seeking interest in our online future

Do you want to be part of our online future?

Melbourne Bushwalkers has embraced online activities as a way to communicate and manage our activities. You will be familiar with the public website as the centrepiece of our online presence. Like the proverbial iceberg there is much more to the website beneath the surface through the Members' Area and beyond. Complementing the website are windows onto the club's activities through Facebook, Instagram and MeetUp. On a different level we also leverage our access to Google Workspace to manage our email communications, communicate through video presentations and increasingly manage our documents storage and retrieval.



With an eye to the future we are seeking expressions of interest from members who would like to be part of the small team that manages our online activities. Opportunities exist for contributions from those with IT skills, familiarity with Google Workspace, knowledge of Social Media channels and those who would be more interested in helping to add to our online content. As a first step a meeting will be held on **1st December** to give an overview of our current activities and share views on how we can build on what we have to further develop our support to members. If you would like to register for the meeting please send an email to [webmaster@mbw.org.au](mailto:webmaster@mbw.org.au) noting your interest and areas of expertise and I will send you the details.

Ian Mair  
Webmaster

### AN EXPERIENCE YOU WILL NEVER FORGET

## EXPEDITION DATES

- ✓ Rafting the Drysdale:  
26 March to 8 April 2023
- ✓ 5 Fingers of Purnululu NP:  
23 to 29 April ; 30 April to 6 May 2023
- ✓ Carr Boyd Ranges:  
8 to 22 April ; 14 to 27 May 2023



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## Would you like to try Pack Carrying?

The Beginners Pack Carry being led by Rose Perich in the Macedon-Woodend area in October had to be cancelled due to flooding along the walk route. It is now scheduled for 3-4 December. This will be an excellent chance to experience the joys of pack carrying! See the activities program and contact Rose for more details.

## Bargains Galore, Laughter and More! - Market Night 16 November

Warmer weather is here, the outdoors are calling and it's time to prepare for your next big walk. With passion and enthusiasm we look forward to wandering in nature. Time to check our gear that has been lying idle for too long. Should we upgrade or give a thought to sustainable bushwalking and make it last for another year? The inaugural Melbourne Bushwalkers Market Night on 16th November is a chance to do a bit for the planet and upgrade your gear at the same time.

The Melbourne Bushwalkers Market Night, starting at 7:30pm in the clubrooms at the Mission to Seafarers, is where members reserve their own table space to display and sell their pre-loved walking gear. Whether you have only one item or a room full of rare



bushwalking treasures that need to find a new home there will be a space for you. Prices may be fixed or open for negotiation.



Buyers and sellers are invited to come along, share a wine as you socialise, haggle and laugh. It is a chance to grab that pre-loved bargain. Sellers, to make a table reservation please drop an email to Susan Maughan, or send a note to [social@mbw.org.au](mailto:social@mbw.org.au), and you will be sent further details. If you only want to buy then no booking required; just come along with good cheer, a healthy wallet and a bag to carry away your prize purchases.

Act now and make a difference.

## How to water-proof plans and maps

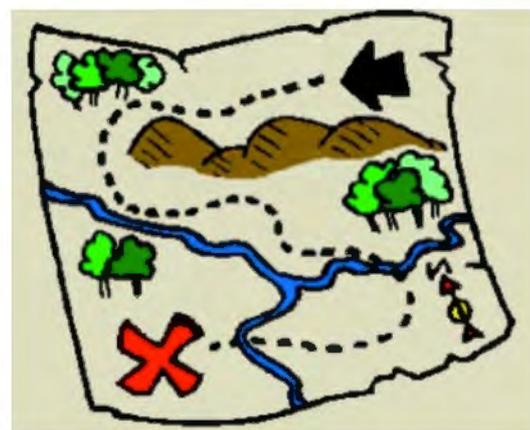
Leigh Wykes

Paper plans can be easily water-proofed using dissolved silicon: no need for laminating or plastic sleeves. This method was explained to me by a member of the Strzelecki Walkers.



1. Place a dollop of builders' silicon (clear) in a container.
2. Add 10:1 parts, approx., of turps and stir with a paint brush until silicon is dissolved.
3. Place plans on a smooth surface: glass, laminex etc. (anything not at risk of damage).
4. Paint surface with silicon mixture making sure all the surface is wet.
5. Pick plans up (no care needed) and place on a rough cloth surface, such as an old towel or tea-towel.
6. Plans will dry over-night. If uncertain, repeat on the other side.

This method will not blur existing markings and allows limited later marking, particularly with a pencil.



GOOD LUCK! Good Navigation and Safe Travels!

### Wyperfeld National Park Pack Carry – 23-25 September 2022

Gayle Cameron

Five intrepid bushwalkers left the main base camp group after lunch at the secret destination (the elusive big tree). The two preview walkers, from exactly twelve months ago, shared their thoughts on which route to take to the Remote Camp. Our leader, along with chief navigator Stefan, headed up north via Lake Plagianth and Wonga Lake.

After the rains the bush was alive with green grasses and flowers, yellow being the predominant colour. The flora experts had a field day with the varied flowers that were encountered during this section as we followed

Outlet Creek with its beautiful gum trees and then up and over some scrubby sand dunes. Some sections were very dense, and the group had to stick together and regroup often when the long legged tall one with easily identifiable hat was unable to be seen. Callitris and tea tree sections added variety to the eucalypt forest. Our skilful navigator led us out to the very sandy Meridian track just before an intersection which was by far the better option than the previewers encountered last year.



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The Remote Camp is isolated, having no vehicle access as a gate prevents 4WD's entering about 200 metres away over a hill. The camp had a picnic table, a fire pit for which the kind ranger had left a supply of wood, a long drop toilet and a water tank. A bit of thunder and a few flashes of lightning along with a light shower of rain was all that interrupted a very quiet evening. The decision was made to go back and rejoin the Base Campers the next day rather than spend a day exploring the vast dry lake system.

A quick visit to the Callitris forest to the north in the morning and then Stefan navigated via another route back to Lake Brambuk, once again following Outlet Creek with its beautiful gum trees. This was not as easy as the day before. As we got closer to Lake Brambuk, Stefan found every huge sand dune and apart from a bit of ridge walking along the dunes, it was up and down through a lot of Mallee scrub. But the views!! Eventually we reached the eastern end of Lake Brambuk and found a few rarely seen water holes!



## Along the track

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Rejoining the Discovery Walk took us back to the Wonga Campground to spend a very social evening.



All had an early night so that the group could get an early start for another walk on the Sunday before packing up and returning to Melbourne. A small number stayed behind to have another walk in the afternoon before retiring for another night in this beautiful part of Victoria. The weather was so kind, it waited until we all left before the heavens opened. Many thanks to John for organising the combination of BC and PC and to all of the group, thirteen in total, for what was truly a magical weekend. And lastly, John found his two plant species that he had been hunting for which made this trip very special for him.



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## Ngamadjidj Pack Carry – 14-16 October 2022

Frank Tabone

Originally, Leigh had planned a hike to Billywing Gorge and had plans B & C up his sleeve with 8 of us going. After a sizeable amount of rain it saw us go to plan D. In the end, 4 of us were car-camping at Stapylton Campground enjoying Mount Stapylton at sunset with a warm beverage around a campfire! (Now that's what I call hiking!)

On Saturday we looked at Ngamadjidi rock paintings, then went off track and walked beside Potter Creek, following it up to an escarpment, at one stage maneuvering a fallen tree to cross a sizeable drop. There were plenty of wildflowers on show for us to admire and take photos of; the mozzies were in full bloom as well! Leigh has quite the knowledge of geology, flora and fauna; I heard he builds houses in his spare time.



## Along the track

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We got a great camp spot atop an atoll. Getting out of a warm sleeping bag to see sunrise and views across to Mt Difficult Range was a great start to a Sunday. It was interesting to have to pick your way through the vegetation to go to that high point over there, then to that peak over there. We eventually got back to the cars covering roughly 14k/day at a pace of 2.5k/hr and 1.5k/hr with rest stops added.

Thanks, Leigh, for leading and for your company Mark and Prabhu.



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## Billywing PC postponed until 2023

Leigh Wykes

Due to massive rains, potential flooding of roads and the proposed walk route, the PC of Oct 14-16 was not viable. With limited opportunity left in 2022 this walk has been postponed to 2023 when I hope to tackle this wilderness area.

For the few still willing to negotiate the damaged roads to Gariwerd, we undertook a two-day exploration of a rugged section of range in the Northern Grampians (refer previous article: Ngamadjudj PC). Water flowing across all flat surfaces, high and low, as well as in gullies made me thankful not to be in Billywing.

Exploration of the steep razor-back type sandstone ridge was a lot of fun. Finding a perfect camp-site on high ground with exceptional panoramic views was a great relief in a rugged, rocky and overgrown landscape. Our journey back took us to the top of the remote Potters Creek falls, a series of falls in a very narrow ravine, only flowing seasonally with good rain and only visible from the top edge of the ravine. Unforeseen circumstances brought us to the cliff's edge at just the right time to see these falls flowing.



## Upcoming activities

### November 2022

Tue 1	SOC: Cup Day walk to Mt Dandenong Hotel	Pvt	E/M	Susan Maughan
Thu 3	TOF: Albert Park Lake-Botanic Gardens	Pvt	E	Richard Hanson
5-6	PC: 7 Creeks Gorge-Mt Wombat-Garden Range	Pvt	E/M	Ray Thomas
Sun 6	DAY: Grass Tree walk-Brisbane Ranges	Car	M	Bettina Brill
Mon 7	MTG: Club Committee meeting	Pvt		Robert Ian Mair
Tue 8	MTG: Video session-Sustainable bushwalking	Pvt		Geoffrey Martin
Wed 9	DAY: Mt Macedon circuit	Pvt	E/M	Jenny Andrewes
Wed 9	TRG: Leaders Unit 3: Processes, Documentation & Resouces	Pvt		Robert Ian Mair
11-13	PC: Brisbane Ranges: Burchell Trail	Pvt	E	Richard Hanson
12-14	BC: Wilsons Prom Lighthouse-Walk in BC	Pvt	M/H	Jill Allen
Sat 12	SOC: Great Barrier Island Reunion	Pvt	Soc	Susan Maughan
Sat 12	SOC: Flinders Lane Explorer (with dinner & quiz)	Pvt	Soc	Susan Maughan
Sun 13	DAY: Tallarook State Forest-Warragul Rock	Bus	E/M&M	Kim Cowie & Bernd Neubauer
Wed 16	DAY: Bullengarook (near Gisborne)	Pvt	E/M	Rose Perich
Wed 16	SOC: MBW Market Night	Pvt		Susan Maughan
17-20	PC: GOW: Johanna Beach-12 Apostles	Pvt	E/M	Judith Shaw
18-20	PC: Mt Cobbler from the West (joint VMTC)	Pvt	H	Ray Thomas
Sun 20	DAY: Bells Beach-Point Addis circuit	Car	E/M	Jopie Bodegraven
Mon 21	MOF: Kalorama-Olinda Falls	Pvt	E	Graham Hodgson
Wed 23	SOC: High Route Pyrenees (HRP) Solo	Pvt		Agajan Akbari
Thu 24	SOC: Kooyong along Gardiners Creek Trail	Pvt	Soc	Margaret Champion
25-27	PC: Mt Howitt via Howitt & Stanley Name spurs	Pvt	M	Robert Ian Mair
Sat 26	DAY: Hanging Rock	Pvt	E/M	Helen Graesser
Sun 27	DAY: Portarlington-Indented Head	Bus	Exp&E/M	Rose Perich & Therese Ryan

For detailed preview notes and program updates, please refer to the activities program on our website:  
[https://mbw.org.au/mbw\\_activities/MBW\\_activities\\_program.php](https://mbw.org.au/mbw_activities/MBW_activities_program.php)