MELBOURNE BUSHWALKERS INC.

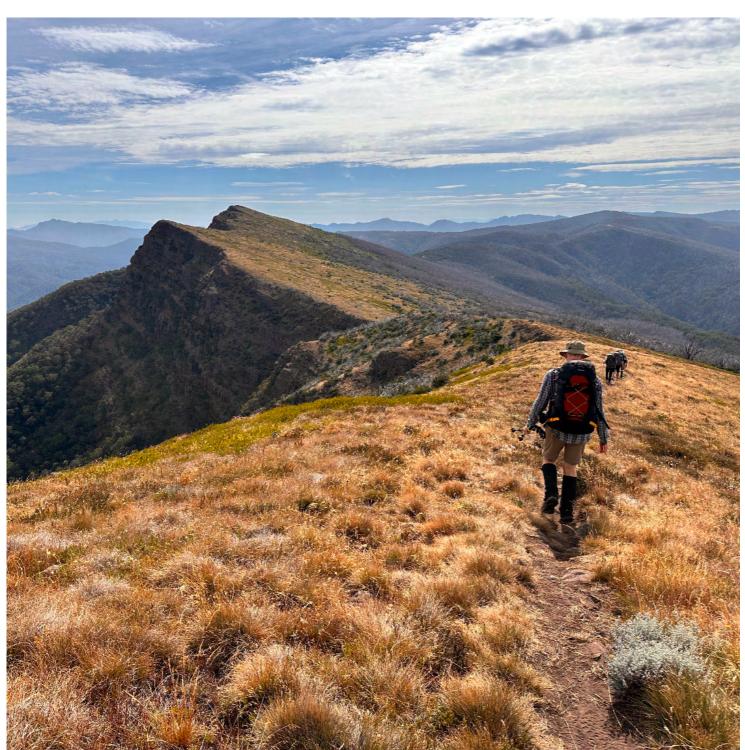
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#890

May 2025



Approaching Mt Eadley Stoney - R.I Mair

WE ARE A MEMBER OF



Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 6.30-8.30 pm in the club rooms at:

Mission to Seafarers Victoria 717 Flinders Street Docklands

Visitors are always welcome!

General correspondence should be directed to:

The Secretary Melbourne Bushwalkers Inc PO Box 1751 MELBOURNE VIC 3001

www.melbournebushwalkers.org.au

Next committee meeting: Monday 5 May

New Members

First Aid course

We welcome these new members to the club:

Nicolette Payne Ana Marikit Tiquia Jeremy William Zoey Zhong Deborah Piattoni Leah Schwartz Graeme William Davis Sashu Maharjan Galina Mitrofanova Lucy Jenkins Justine Slattery Katherine Smith The certificated First Aid course to be held on 17th May targeting scenarios in remote locations, which will be conducted in Rowville, is **fully booked**. However, if you would like to

be put on the waiting list please contact Quentin Tibballs.

It is anticipated, because of the high demand, that it will be repeated later in the year.

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The News of the Melbourne Bushwalkers Inc (The

Calls for expressions of interest for club activities and extended trips, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/ movie reviews, letters to the editor,

advertisements, et cetera are always welcome

(maximum 400 words recommended). However, the

Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain

Note: photographs should be sent as separate high resolution files which are capable of being edited.

files by email to news@mbw.org.au

Advertisements should relate to bushwalking

contact the Editor at news@mbw.org.au

Please send your contributions as unformatted text

Closing date for receipt of material for The News is

(e.g. gear, maps, trips, tours, health and fitness etc.).

These may be published subject to space availability and Editor's discretion. For current advertising rates

News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Deb Shand

editorial consistency.

the 21st of the month.

Would you like your trip photos featured in the newsletter?

Due date for contributions to June News: 21 May Email: news@mbw.org.au



In recent times I have had the pleasure of attending two training sessions offered by the Club and conducted at The Mission to Seafarers. While the thought of giving up the better part of a Saturday might be unappealing, let me try and change your mind.

We are extremely fortunate to have, in both **Ian Mair** and **Mick Noonan**, two first-rate presenters, people who have huge experience of the Australian bush, and are passionate about sharing their skills. There is always room to improve our knowledge base, whether it's looking at leadership roles, first aid, changing technologies or increasing our awareness of minimising our footprint.

So, next time there's a course on offer, please give serious consideration to signing up. **IT'S FREE**.





Vale Mary Leonard

It is with great sadness we write that Mary Chalkley (née Leonard) passed away at Neringah Hospice at midday on Thursday the 10th of April aged 60. Peter, Mary's husband, wrote 'She put up a brave fight for many years but the last bout of chemotherapy was a bit too much for her. In the end, it all happened all too quickly'.

Mary was a long-term club member and participated in numerous walks and club activities in the nineties. Mary Leonard, as she was known, arrived in Melbourne in 1989 and soon joined the Melbourne Bushwalkers, starting with day walks and moving to harder weekend walks, where she met Peter Chalkey. Mary had her eye on Peter for some time causing her to go on harder walks with Peter, culminating in the 'I forgot my tent poles incident' where Peter kindly shared his tent (as I remember it).

Mary and Peter married and had two children, Jack and Aisling, who are now grown up. Mary hailed from Galway, Ireland and often talked about going on hill walks there. She has a brother John and sisters Geraldine, Helena & Theresa. Mary originally worked in Melbourne at the Traffic Accident Commission. She was an economist with a PhD.

Mary went on some notable trips with the club including Lady Northcote Canyon, led by Bill Metzenthen. Mary often mentioned this trip due to the group making a minuscule distance each day due to the thick scrub. Ralph Blake recalls ski trips to Wilky and pack-carry trips to Wilsons Promontory. Mary led trips including Mt Buller/ Timbertop and others, there are too many to remember.

Mary and Peter moved from Melbourne to Ireland when Mary's father was elderly then later they moved to

Sydney, Peter's hometown, and lived there happily for many years. Mary's cancer had relapsed and she was undergoing chemotherapy which was taking its toll. Her passing was nonetheless unexpected and our thoughts are with Peter, Jack and Aisling.

Mary worked tirelessly at Lifeline in her later years which suited her well as she was a very kind, caring person who would always help people. Mary always looked out for me and after a catastrophic ski accident at Wilky, Mary and Peter were both straight back to find me and assist with my rescue.

Mary will be sadly missed by many. Mary's funeral was held at Pinegrove, Minchinbury, NSW on Saturday 12 April.





NON-COMMITTEE ROLES, 2025-26

Each year the club has a large number of volunteers filling roles as activity leaders and in non-Committee functions. For 2025-26, in accordance with the By-Laws, the Committee approved the following non-Committee positions along with their incumbent members for the current year. The appreciation of all members for the many who contribute to helping make the club run smoothly is noted.

Environment Officer	John GURSKY
Risk Officer	Mick NOONAN
Training Officer	Mick NOONAN
Pack Carry Coordinator	Jopie BODEGRAVEN
Base Camp/Lodge Coordinator	Jill ALLEN
Wednesday Walks Coordinator	Fay DUNN
Saturday Walks Coordinator	Helen GRAESSER
Cycling Coordinator	-
Skiing Coordinators	Trish ELMORE
Monday/Thursday Coordinators	Graham HODGSON, Janet HODGSON
Social Walks Coordinator	GIII WAINRIGHT
Asst. Sunday Walks Secretary	Theo MERTZANIDIS, Brett DANIEL
Sunday Walks Booking Officers	Halina SARBINOWSKI, Njeri CORNES, Ian MAIR, Quentin TIBBALLS,
	Theo MERTZANIDIS
Asst. Social Secretaries	Jenny ANDREWES
Equipment Officer	Brett DANIEL
Newsletter Editor	Deb SHAND
Awards Panel Chair	Susan MAUGHAN
Awards Panel Members	Angela VETSICAS, Mick NOONAN
Webmaster	lan MAIR
Assistant Webmaster	Mark HEATH
Social Media Officers	Ian MAIR, Mark HEATH, Jill ALLEN, Nina IZETT
Mail Pick-up	Mark HEATH, Ian MAIR
Finance Reviewers	Rachel KEEN, Ray SPOONER
Librarian	-
Archives Officer	Ken MACMAHON
Maps Officer	Mark HEATH
First Aid Kits Officer	Jenny ANDREWES
Clubroom Forms Officer	Liz GWYNN
Club Emergency Contacts	Jenny ANDREWES, Mick NOONAN, Jopie BODEGRAVEN, Stuart HANHAM, Derrick BROWN, Ian MAIR, Susan MCINNES, Margaret CURRY
BSAR Coordinator	Nigel HOLMES
BSAR Members	David LAING, Nigel HOLMES, Stephen MURPHY, Kim COWIE, Claire
	LUXFORD, Hiroko NAKANO, Bernadette YOUNG
Meet and Greet Officer	Liz GWYNN
Wednesday Duty Roster Helpers	Judy MACWILLIAMS, Fay DUNN, Gillian WAINWRIGHT, Margaret CURRY, Adriana FARI-PALKO, Neil O'REILLY, Rose PERICH, Therese RYAN, Liz GWYNN, Helen DOBBYN, Tina LEEUWRIK, Bernadette
	HARRINGTON

Susan Maughan President

May Safety and Risk Reminders

This month we feature the **Leaders Emergency Checklist** (White Laminated Card), list the **items Members are required to take on a walk**, and ask *"Do you remember what* **DRSABCD** stands for?

First Aid Safety - DRSABCD: Yes, its **D**ange**rs?**, **R**esponsive?, **S**end for Help, Check **A**irways, Normal **B**reathing?, Start **C**PR, Attach **D**efibrillator. See the St Johns Ambulance description in this News.

What Members are required to take on Activities (excluding camping gear): (MOD)

- Adequate clothing for the activity including waterproof rain gear (not a plastic bag!)
- A wide brimmed hat is essential in summer: A pullover or fleece jacket, beanie and gloves in winter.
- Change of clothing, especially in winter. This can be left in the bus or car. A change of shoes is required on bus and car trips to keep the vehicles clean
- A first aid kit appropriate for the activity and its duration. Even on Sunday Walks where the leaders carry a group first aid kit you should always carry basic first aid equipment. Don't rely on others to do this for you!
- Your personal medications e.g for pain relief, including things like an EpiPen and any Inhalers you may require. Make sure to tell the Leader of any conditions that may impact you during the walk so they can quickly respond if needed.
- You need to be fully self-sufficient so carry all your food, snacks, a minimum 2L of water and possibly emergency rations in case of delays.
- Matches in a waterproof container and a torch in case the group is late back, especially in winter.
- Whistle (in case you become separated or need to relay an emergency signal), pencil/pen and paper.
- Personal items, including, sunscreen, lip screen, toilet paper, identification, club Green Health Card preferably in the top of your pack, some money etc.
- The leader may recommend additional items for the activity e.g. hiking poles, gaiters, etc.
- If in doubt check the Introduction to Melbourne Bushwalkers on the Website or ask the leader.

Leaders Emergency Checklist (White Laminated Card) NEW:

This card is designed to be taken on walks and lists the key steps in dealing with an Emergency including the Whistle Codes. You can collect a laminated card in the Clubrooms or print the version in this News, trim it up and put it in a ziplock bag.

Members and especially Leaders are encouraged to read the monthly Reminders to stay aware of their responsibilities as participants or as leaders on Club Activities: NEW =a new item; MOD= changed from last time; and the others are unchanged.

Mick Noonan, Risk Officer

MELBOURNE BUSHWALKERS Inc EMERGENCY CHECKLIST

- Don't panic! DRSABCD
- · For Sunday bus, phone the driver
- Medical emergencies: who has 1st aid skills?
- Use the injured/ill persons green 'Personal Health Details Card only if patient is not coherent
- Are they carrying medication? Access Health Card details
- Assess early exit options

CALL FOR ASSISTANCE

- "000" or "112" on mobile, state following
 - Location incl grid reference and directions
 - Your mobile number
- Nature of emergency Use a Personal Locator Beacon if necessary
- Make it easier to be located:
 - Move above tree lineMove to clearing or track
- Move to creating of track
 Move to open section of a creek line

Make it easier to be located (Cont):

- Lay a block of bright colour visible from the air
- Smoking fire if safe to do so
- Direct person to listen for searchers

SEEKING ASSISTANCE

Subject to nature of incident, group size & experience direct two personnel to:

- Walk to higher ground to make contact
- · Walk out to summon help
- · Guide searcher/rescue back in
- Contact the following as necessary:
 - A Club Emergency Contact to put a message on the Club's Mobile 0447 489 661
 - For serious injuries contact a Club Officer or CEC

DISTRESS CALLS

3 regularly spaced calls (whistle, shouts, banging on a billy, or torch flashes at night)

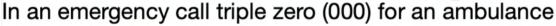
- 3 blasts emergency
- · 2 blasts stop and regroup
- 1 blast acknowledge

Note: Available as a White Laminated Card in Clubrooms or Print and put in a Zip Bag



^{02/2022}

DRSABCD action plan





DANGER

Ensure the area is safe for yourself, others and the patient.

RESPONSE

Check for response - ask name - squeeze shoulders

No response Send for help.

- Response make comfortable
- check for injuries
- monitor response.



SEND for help

Call Triple Zero (000) for an ambulance or ask another person to make the call.



AIRWAY

Open mouth—if foreign material is present: place in the recovery position

clear airway with fingers.

Open airway by tilting head with chin lift.





BREATHING

Check for breathing -look, listen and feel.

Not normal breathing • Start CPR.

Normal breathing

- place in recovery position
- monitor breathing
- manage injuries
- treat for shock.

CPR

Start CPR-30 chest compressions : 2 breaths

Continue CPR until help arrives or patient recovers.

DEFIBRILLATION

Apply defibrillator if available and follow voice prompts.



© St John Ambulance Australia. St John encourages first aid training as this information is not a substitute for first aid training

Learn First Aid | 1300 360 455 | www.stjohn.org.au

MEMBERSHIP RENEWAL 2025-26

Membership subscriptions are due 1st April 2025. You are not required to sign an Acknowledgement of Risk form on renewal, however you are advised that payment of fees implies acceptance of the risks involved in any activity you may undertake as a member of MBW. Members are asked to read the following wording regarding insurance cover through Bushwalking Australia.

'In voluntarily participating in activities of Melbourne Bushwalkers Inc., which are described to me by the activity leaders, I am aware that my participation in the activities may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. I also acknowledge that I may encounter weather conditions that could lead to heat stroke, hypothermia or being in locations where evacuation for medical treatment may take hours or days. In particular when participating in abseiling or above the snowline activities I am aware that these activities could expose me to additional hazards and risks.

To minimize risks I will endeavour to ensure that:

- · Each activity is within my capabilities;
- I will carry food, water and equipment appropriate for the activity;
- I will advise the activity leader if I am taking medication or have any physical or other limitation that might affect my participation in the activity;
- I will make every effort to remain with the rest of the party during the activity;
- I will advise the leader of any concerns I am having; and
- I will comply with all reasonable instructions of club officers and the activity leader`

I have read and understood these requirements. I will consider the risks before joining any activity of the Club. I acknowledge that I will take responsibility for my own actions, that the Club strongly recommends that all participants have comprehensive personal ambulance cover, and that payment of my subscriptions will be deemed as full acceptance and understanding of the above conditions.

RENEWAL SLIP

If any of your personal details have changed, update your details through the Members' Area of the club's website, or complete the form below and send it by email to <u>membership@mbw.org.au</u>, or if paying by cheque forward it with your payment to the Membership Secretary.

If paying by cheque or EFT please be sure to clearly identify who the payment is for to assist the Treasurer and Membership Secretary to identify you and ensure your renewal is properly recorded.

Payment to the Membership Secretary, together with completed form (if required) by one of the following methods:

- (Preferred) EFT to the club account. Please ensure your full name and 'SUBS' appear on the transfer.
- (Account Name: Melbourne Bushwalkers, A/c No. 0058-46013, BSB: 013-006).
- Cheque and Renewal Slip posted to Membership Secretary, Melbourne Bushwalkers Inc, P.O. Box 1751, Melbourne 3001

Fees (Please circle your membership category) *

Single member:	\$45 *	Concession:	\$34* (Proof required **)
Couple/Family:	\$90 *	Concession:	\$68* (Proof required **)

Notes: * Members who have nominated their Home Club as other than Melbourne Bushwalkers and paid the insurance cover to their Home Club should only pay 50% of the appropriate fee noted above.

** Holders of a Seniors Card or Commonwealth Healthcare Card only are not eligible for a concession.
 *** Copies of the club newsletter are only available as PDF files downloaded from the website. No hard copy subscriptions are available.

(Note: Year of Birth is used for statistical purposes only and not published in any lists.)

Fill in Address, Telephone number(s) and Email address only if changed since last renewal:

Street Address:		
Suburb / Postcode		
Tel: [H]	[W] I	Mobile:
Email:	Home Club:	
Emergency Contact		[H][M][W]

The Bluff-Howqua River – 14-16 March 2025

Bernadette Young

After a long drive from Melbourne, finishing along winding roads south of Mt Buller, the group of eleven of us met at Refrigerator Gap on the Friday night. We camped there below the imposing Bluff before we were to tackle it the next morning. Despite this walk being led by Gina we were assured that there would be no rock scrambling and no off-track bush-bashing. Well, ok, maybe only a small amount of rock scrambling. But definitely no off-track walking.

We set off early Saturday morning to climb the steep 500m to The Bluff before the heat of the day set in. We were lucky to get our little rock scramble in this section and were then rewarded with panoramic views from the



top. The rest of the walk until lunch was much easier by comparison: heading along the top of The Bluff to The Blowhole, then most of us deviated to summit Mt Eadley Stoney, before heading down to Bluff Hut to admire the history and chat to a 4WD tour group lunching there.

When we left the hut to follow Gina's GPS route, the track very quickly disappeared under blackberry bushes and



long grass. Were we lost?! A lunch break was called whilst the brains trust debated the accuracy of the GPS, the actual location of the path, and everyone's memory of previously walking this track. It was eventually concluded that we were on the path but that it probably hadn't been walked or maintained for about ten years. Our fearless leader Gina decided we'd bush-bash our way along this track, so the rest of us dutifully donned our long trousers and gaiters, with definitely no grumbling about claims of no off-track walking.

There was no need for concern though, as after a kilometre or two eleven walkers emerged with all limbs still firmly attached and minimal blood loss from blackberry thorns – the berries were delicious to eat too! The rest of

the very hot and sunny afternoon was spent on the steep descent down 14 Mile Spur to Ritchies Hut where we were to camp the night. When we arrived, many people celebrated with a swim in the Howqua River, where the cool water and deep pools cooled many red and sweaty faces.

Sunday morning dawned to overcast conditions, although the rain kindly held off as we walked along the river with stunning views down to the green, cool banks. After a second (brief) bush-bash, we left two members of the group at Eight Mile Flat: we were about to ascend the formidable Eight Mile Spur and unfortunately one walker had injured their ankle, and



Along the track



another didn't think they were up to the climb on that day. We left our heavy packs with them and began the steep path upwards with only daypacks, just as rain began to fall. Such a contrast to the heatwave of the day before: the wind whipped past us on exposed spots and low cloud covered our views. Fortunately, the heaviest rain arrived once we were in our cars and driving down to pick up the two left behind. On the way home, we treated ourselves not only to coffee and cake in Mansfield, but also dinner at Yea. A tough and varied walk, enjoyed by all – but be warned that Gina does love to head off-track...

The Cobberas-Native Dog Flat – 28-31 March

2025

Derrick Brown

Following the AGM it was an opportunity not to be missed - a relaxing weekend base camp at Native Dog Flat and a chance to visit Cobberas No 1 summit again. The downside was the travelling - a full day to get there and another to get back.

Native Dog Flat, only 30 kilometres from the NSW border, derives its name from the dingoes that were historically common in the area. There's also a Native Cat Flat and a Rod's Downfall, close by, but we didn't explore those areas. No dingoes were spotted but I did see one cat - feral rather than native.



The team collected together and set up camp at the Native Dog Flat campsite on Friday evening, a calm warm evening that encouraged us to relax and enjoy the surroundings. Two 4WD'S (Rod and Janette, Fred and Margaret) set up their awnings which became most useful. With plenty of space, some beautiful Black Sallee eucalypts, fireplaces (for a pyromaniac like myself an interesting feature), a toilet, and just a few other campers we were well settled. No fire tonight but maybe tomorrow ...



Up and away at 8.30am, we drove a short way to our starting point. Today we were to (hopefully) get to the Cobberas No 1 mountain peak, a 600m climb. I'd been to this some years ago and hoped to do it again, probably for the last time. A 4WD track (closed to traffic) led us uphill fairly gently to reach a camping area, The Playground. We were warned at this point of the remoteness, the lack of signage, a poorly-defined track, the poor mobile coverage (i.e. none) and the possibility of extreme weather. Undeterred the leader pressed on, following a wombat track that quickly disappeared before re-appearing, albeit briefly, from time-to-time. With plenty of catch-up pauses we kept together, catching sight of brumbies, their leaving cards, their hoof tracks in the dried mud and a number of brumby 'dirt bath' holes. There were some clear areas

Along the track

suitable for camping, (but without water). The bush was reasonably open, the walking moderately easy and orange markers marked the way, but the track made several sharp turns so that you had to keep your eyes open.

As we approached the top we were tantalised by views of the granite tors in jumbled heaps. By the time we reached the open ground around the peak it had become cold and rather windy. We hunkered down for lunch before looking for a way to the top. We all reached great viewing points but the very top eluded all but one brave climber. Then it was turn-around time and a brisk walk down to the cars.

We had dinner under the awnings as the sky was looking ominous. We didn't have the energy to go looking for firewood so no fire tonight, maybe tomorrow ... The bottle of red (not all of it) went down well with my spag bol.

I awoke to the patter of rain, turned over, but no, I had to get up! A grey, wet day was revealed. Suitably togged up we set off on Cowombat Flat track, a 4WD track (again, closed to traffic having been damaged by weather). The undulating track twisted and turned in a north-easterly direction through fairly



dense forest, glistening with the rich hues of reds, greens and yellows of the gum trees. This is the track that leads to the wreck site of the *Southern Cloud*, a passenger aircraft that crashed in 1931, one of the first



passenger crashes in Australia. Eight people died. The crash site lay undiscovered until 1958, it being so remote. This was a little too far for us to reach on our day walk, however, so we retraced our steps after lunch, returning to camp and dinner under the awnings with more red. It was, unfortunately, so wet that a campfire was not a possibility without a flamethrower.

Another wet night. Monday morning promised more rain so reluctantly we abandoned today's plans and packed up for the drive home. Coffee and meal stops and a short stop at Buchan Caves broke up the journey nicely.

Thank you, Ian, for leading the trip so competently. I'll have to wait for my campfire ... and thanks to the team - Halina, Fred, Margaret, Rod, Janette and Rob

Wilson's Prom Lightstation Winter booking opportunity

Parks Victoria usually close the lightstation accommodation bookings in Winter as it's not worth having staff there if only one room is booked. However, they have set up bookings so that it's possible to book an entire cottage for

a group to make it worthwhile to send staff out there. It's a great option for a group to share the costs and this time of year is usually peak whale watching period (May-June).

More details here: https://www.parks.vic.gov.au/placesto-see/parks/wilsons-promontory-national-park/where-tostay/wilsons-promontory-lightstation



St Kilda-Elwood - Thursday April 3, 2025

Halina Sarbinowski

I decided to do the St Kilda–Elwood walk as it basically was in my backyard and I love exploring where I live. The walk commenced at the Yalukit William Nature Reserve. I had walked through this reserve about 18 months earlier and so much has happened since my visit. I am impressed with the project that is transforming the former Elsternwick Park golf course into a natural oasis with new wetlands and water bodies. The diverse habitat, including new trees and vegetation, is encouraging more native wildlife back to the area. Although I am highly impressed, it is still a work-in-



progress. This reserve is well worth a visit. I know that I will make more of an effort to visit the reserve not only to check on the progress of works but to also enjoy the natural environment so close to home.



We then followed the Elwood Canal passing an impromptu art gallery on our way to Elwood foreshore. We enjoyed the bay views as we made our way to the new St Kilda pier. As we approached the penguin viewing platform, our lunch destination, we were passed by a ranger and a wildlife rescuer. We knew something was up and as we neared the viewing area, we noted a black swan with fishing line and a sinker tangled around its neck waiting patiently for rescue. It must have been there for some time but was just waiting patiently on the sand between the old walkway and the new viewing platform. The ranger managed to pick it up avoiding the snapping beak (he had done this before!). Rather than taking it back to a shelter the ranger and rescuer snipped away at the line and after checking that no harm was done released the swan. It immediately swam into the water where it frolicked joyfully. It was excellent lunchtime entertainment.

A post lunch ice-cream was then enjoyed by most as we continued on, passing Luna Park, then through O'Donnell Gardens and into the public gardens of Veg Out. I had never walked through the gardens and was impressed with the various plots and the eclectic artworks scattered throughout.

Onwards again to the Elwood Foreshore where we parted with one of the group as he set off to enjoy the football at the MCG. The final highlight of the walk was meandering through Elsternwick Park with its lovely lake feature. We were soon back at our cars.

While walking the chatter between group members was constant. One discussion was about DIY plumbing with

one of the party needing a washer replaced but didn't have the tools or skills herself. Invariably, there was an offer made and arrangements were made for a next day visit to repair.

Thursday walks are always a pleasure with their leisurely pace. There is a special camaraderie between the walkers on these easier Thursday and Monday walks. Thank you, Richard for leading this walk, and also to Brian, Mark, Kay, Sharon, Graeme, and Astrid for your excellent company.



Great Barrier Island - 8-19 March 2025

Susan Maughan



CONTEMPLATIVE







RELAXING



DANCEY





SERENE



SOCIAL





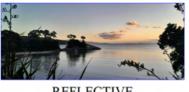
AQUATIC



EXHILERATING



EXPLORATORY



REFLECTIVE



REWARDING



FUN



Upcoming activities

May 2025

Thu 1	DAY: Warrandyte: River & Gold Mine circuit	Pvt	Е	Jopie Bodegraven
2-4	2-4 MNT: Grampians Track Maintenance		E/M	Mark A Heath
Sun 4	Sun 4 DAY: Coolart Wetlands-Flinders		E&E/M	Bernd Neubauer & Tanya Chambers
Mon 5	Mon 5 MTG: Club Committee meeting (video)		E/M&M	Susan Maughan
9-11	9-11 PC: Pyrenees Endurance Walk		E/M	Robert Ian Mair
10-12	10-12 BC: Cape Otway Lighthouse		E/M	Jill Allen
Sun 11	Sun 11 DAY: Kalorama-Doongalla		М	Hitesh Ghelani
Wed 14	DAY: Sherbrooke-Kallista Autumn circuit	Pvt	E/M	Kerry Press & Ralph Blake
16-18	PC: Beginners: Snake Island	Pvt	E	Susan Maughan
Sat 17	TRG: First Aid Training	Pvt		James Azzam & Quentin Tibballs
Sun 18	DAY: Walls Crossing-Vaughan Springs	Bus	E/M&M	Andrew Francis & Halina Sarbinowski
Mon 19	DAY: Westgate Park-Port Melbourne	Pvt	E	Robert Ian Mair
Thu 22	SOC: Koonung Trail-East Doncaster	Pvt	E	Gilllian Wainwright
23-30	23-30 PC: Sydney Harbour & Coast Walk (accommodated)		E/M	Robert Ian Mair
Sat 24	DAY: East Dandenong Ranges walking track	Pvt	E	Susan Maughan
Sun 25	DAY: Bells Beach-Point Addis circuit	Car	E/M	Jopie Bodegraven
Wed 28	DAY: Plenty Gorge	Pvt	E/M	Jerry Grandage
Wed 28	SOC: Walking the Portuguese Camino de Santiago	Pvt		Judy MacWilliams
31-1	PC: Beeripmo Walk	Pvt	М	Petras Pedroarvy Surna

For detailed preview notes and program updates, please refer to the activities program on our website: https://mbw.org.au/mbw_activities/MBW_activities_program.php