MELBOURNE
BUSHWALKERS INC.
ABN 14 396 912 508

THE NEWS

#908 November 2026



Mitchell River trail - R. Jung

WE ARE A MEMBER OF

Bushwalking Victoria

Members of the Melbourne Bushwalkers Inc meet on Wednesday evenings between 6.30-8.30 pm in the club rooms at:

Mission to Seafarers Victoria
717 Flinders Street
Docklands

Visitors are always welcome!

General correspondence should be directed to:

The Secretary
Melbourne Bushwalkers Inc
PO Box 1751
MELBOURNE VIC 3001

www.melbournebushwalkers.org.au

Next committee meeting: Monday 9 November

The News of the Melbourne Bushwalkers Inc (The News) is published monthly, and is the official newsletter of Melbourne Bushwalkers Inc.

Editor: Deb Shand

Calls for expressions of interest for club activities and extended trips, walk reviews, articles, poems, news items, photographs of Club events, reports of new gear, book/ movie reviews, letters to the editor, advertisements, et cetera are always welcome (maximum 400 words recommended). However, the Editor reserves the right to edit contributions where space, clarity or propriety dictate, and to maintain editorial consistency.

Note: photographs should be sent as separate high resolution files which are capable of being edited.

Please send your contributions as unformatted text files by email to news@mbw.org.au

Closing date for receipt of material for The News is the 21st of the month.

Advertisements should relate to bushwalking (e.g. gear, maps, trips, tours, health and fitness etc.). These may be published subject to space availability and Editor's discretion. For current advertising rates contact the Editor at news@mbw.org.au

New Members

We welcome these new members to the club:

David Robert Morris
David Ward
Elaine Donnelly
Fiona Morris
Jamieson Kane
Julie Brill
Lani Cussel
Limei Chen
Mary Greene
Michael Sweet
Peter Przybylak
Soo Taylor
Wes Barton





Fringe Lily and Eastern Mantis Orchid - spotted by John Terrell on the Grampians Peaks Trail

Would you like your trip photos featured in the newsletter?

Due date for contributions to December News: 21 November
Email: **news@mbw.org.au**



President’s column



While on Meet and Greet duty, I have taken to describing our Club as "Gold Standard", which, admittedly, does sound a little conceited, but my intention is to convey that we have evolved, over many, many years, sets of protocols and sound fundamentals, and built up a treasure trove of experience. One obvious advantage that we offer to new members is the opportunity to be driven by bus a distance out of the city and later enjoy being able to relax in a comfy seat on the return. Maybe even kip. Once on the walk, everyone can be assured that the track has been previewed by both the leader and the whip. The importance of this was reinforced to me by an article in the Bushwalking Victoria's newsletter. They highlighted the fact that old trip notes can quickly expire due to floods, erosion, and washed out riverbanks, and markers can disappear. Always check Parks Victoria website for updates. Sometimes a preview will confirm that the track isn't suitable, after all, for a Sunday walk, which might seem like a waste of a day, but better than belatedly discovering that it has an incorrect grading, or it has taken more hours than expected.

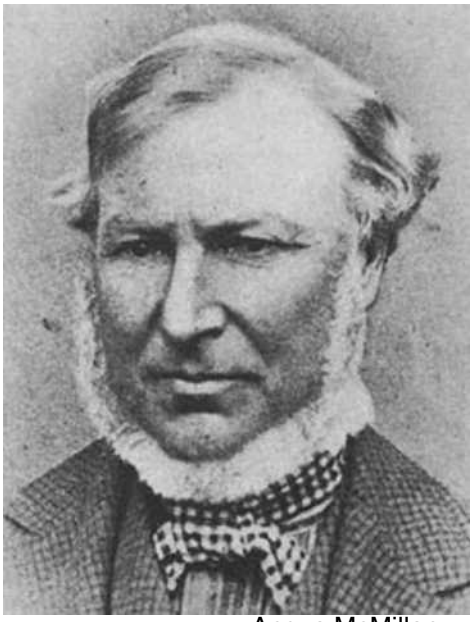
Sometimes, next day, walkers discover they have Delayed Onset Muscle Soreness (DOMS), which can last 24-48 hours. More challenging is having a strategy for dealing with this on a multi-day walk. The Club activities program has featured a number of such walks in recent months: Larapinta (250 km), Bibbulmun (95 km) and New Caledonia (77km), so there are added risks of under recovering (which can contribute to muscle soreness). For example, sleep is a major component for recovery, which can affect energy and fatigue levels and increase the risk of muscle soreness.

Whether you are doing a single or multi day trip, consider using poles because they can significantly reduce the stress our lower limbs take on descents (if used properly). On uphills, they won’t directly affect the chance of muscle soreness, but they can indirectly help. This is because using poles on uphills can reduce our rate of perceived exertion (e.g. make things feel easier) and offload the legs (by using your upper body). Which means you will reach the top of the climbs a bit fresher and have less fatigue to manage for the descents (where the soreness typically comes from). Also consider massage with a foam roller or ball. If you are on the trail, using a water bottle, trekking pole or cork massage ball are great options. Stretching right after a hike can be a nice way to relax the body and mind. But these strategies probably won’t make a major difference to your risk of getting DOMS. Once DOMS appears, stretching can be another strategy that can help ‘ease’ off the discomfort slightly.



Meanwhile, we seem to be getting into "pack carry season" with a great range on offer, so thank you to those leaders who have put up their hand to venture further afield. The social program is also sparkling, and Bernadette is putting the finishing touches to the **Christmas party**. Details are included in this News, so be sure to circle **TUESDAY 8th DECEMBER** in your calendar.

McMillans Walking Track - What's in a name?


Angus McMillan

Bernadette Prunty

Our recent monthly Club presentation was about the 210 km McMillans Walking Track in Gippsland and was presented by John Kellas. John described the supported walk which is run by members of Ben Cruachan Walking Club, of which John is a member.

The track was named after Angus McMillan who was an explorer and pioneer of the Gippsland area in the 1840's. Towards the end of the presentation, the question of the possibility of a name change for this track was raised by an audience member, given the history of McMillan and his treatment of the Indigenous people. A brief discussion took place. There were several unanswered questions.

I left the session feeling curious about the name change question. After doing some research, my questions were quickly answered. I discovered that Angus McMillan was much more than an explorer. I learned that he was the leader of several gruesome massacres against the traditional Indigenous owners, the Gunai people, throughout Gippsland, during the colonisation of Australia 150 years ago.

A book that I found extremely informative that helped me understand why the question was asked about the name change is titled *"Thicker than Water".* The author is Cal Flyn, who is the great-great-great niece of Angus McMillan.
I highly recommend this book for anyone who would like to understand why the question of the name change was asked. The book certainly answered many of my questions and gave me a much clearer understanding of the brutality and devastation that occurred to the Indigenous people of Gippsland, as part of our history.

In recent years, several McMillan name changes have successfully occurred in the Gippsland area, for example the large Federal electorate of McMillan was renamed Monash Electorate in 2018, in an attempt to remove its association with Aboriginal massacres in Gippsland.

Further information can be found about *McMillans Walking Track* in an excellent book by John and Monica Chapman and Ben Cruachan Walking Club. An interesting article about this walk can be found in a past MBW Newsletter written by one of our members, John Terrell (*MBW_875_February_24).*

The question remains unanswered: "**What's happening regarding the name change of McMillans walking track?"**

Victorian Topographic Maps

Vicmap Topographic Maps cover the state of Victoria in a variety of scales and sizes. These maps depict cultural, constructed and natural features such as rivers, roads, contours, towns, national parks, waterfalls, hospitals, and more.

There are over 10,000 Vicmap Topographic Maps available at scales of 1:25 000, 1:30 000 (A3 and A4), 1:50 000 and 1:100 000. These maps are created and maintained using Vicmap, Victoria's authoritative foundation datasets.

Rob Jung has shared that these maps are now free to download from this site: https://vicmaptopo.land.vic.gov.au/#/terms-conditions

New system for visitors booking on Sunday walks

Melbourne Bushies has previously required visitors wishing to go on a day walk to attend the clubrooms on a Wednesday evening for an initial Meet & Greet and if it was for a Sunday walk, to meet the leader. For visitors wishing to go on a non-Sunday walk they would be given the contact details of the leader and they could either phone or email the leader direct. However, for Sunday walks it has been a requirement that visitors attend the clubrooms two further times to meet the leader of the respective walk. This makes a total of three Wednesday clubroom attendances for visitors wishing to go on Sunday walks.

We now have a trial in place where visitors for Sunday walks will only need to attend the clubroom on a Wednesday just once. If their performance on their first walk is satisfactory, they will be allowed to book for their second and third qualifying walks via email at Sunday@mbw.org.au. Generally, they will not be allowed to go on a Sunday walk of a higher standard than their first for their second and third walks.

This trial will be monitored by a sub committee set up for this purpose, the Sunday Walks Secretary and Booking Officer and will run for a period of six months.

Melbourne Bushwalkers has stood alone compared to the other, roughly 58 other bushwalking clubs in Victoria. We have been the only one to require compulsory clubroom attendance for visitors and even with one compulsory attendance our standard of face-to-face vetting is still more stringent than any other club. The sub committee is anxious to maintain this standard given the safety and reassurance it gives to visitors and members alike in that it is unlikely there will be an unsuitable person on their walk.

The booking procedures for pack carrys, base camps etc. remain unchanged.

Wine and chat: Walking in Austria

Date: Wednesday 25 November
Place: Mission to Seafarers
Time: 7.30pm
Presenter: Agajan Akbari





The Hohe Tauern National Park (HTNP) within the provinces of Tyrol, Salzburg and Karnten (Carinthia) in Austria is the largest Park in continental Europe with the area of 1800 sqare km. It is a wonderful natural landscape, where you can see forests and high mountains.

Walks in HTNP can be done either as hut to hut, wild camping or base camping (day walks), or a combination of these.

In July-August 2025, I did three multi-day circuit walks in different locations of HTNP. It was a joyful adventure with unparalleled views and a memorable experience that I would like to share with you.

Expressions of interest - Lycian Way, Turkiye 2027



Please note that expressions of interest for this trip have been extended until the **end of November.** Halina Sarbinowski would welcome your enquiries for this adventure. For details see the October News.

November Safety and Risk Reminders



This month the theme of "***being prepared***" continues. If you are well prepared then you and your fellow walkers will have more fun and reduce the impacts if something does go wrong.

Take Plenty of Water: The Club recommends a minimum of 2 litres of water for a day walk, so make sure you check the forecast and take enough for the situation e.g. length of walk and temperature. Your water should be easily accessible while you are walking!

Drink plenty of water before and during the walk. If not used to walking in hotter weather, consider taking more than 2 litres. Avoid the hottest parts of the day if you can and if it is going to be 38 degrees or more don't walk. On the walk try putting a wet Chux around your neck to keep cool!

Do you have appropriate Ambulance Cover?: This is essential to cover you when bushwalking in the outdoors. Make sure you have comprehensive cover or renew it if you have let it lapse. Ambulance Victoria's Family or Singles cover will protect you across Australia from possibly a very expensive bill for an ambulance or helicopter ride. Many Private Hospital Insurance covers will only cover you from urban or rural street addresses, not remote tracks or paths.

C**arry your GREEN HEALTH CARD:** Make sure you carry the Club Health Card in your pack. In case of an emergency we may have to provide your health information to get you the best medical treatment. You can print one off from this Newsletter and pop it in a small zip lock sandwich bag.

Health Advice to Leader: Before a walk quietly let the Leader and/or Whip know of any health or other issues you have they should be aware of that might impact you on the walk, e.g. where you keep your EpiPen.

Members and especially Leaders are encouraged to read these monthly Reminders to stay aware of their responsibilities as participants or as leaders on Club Activities: NEW =a new item; MOD= changed from last time; and the others are unchanged.

Mick Noonan, Risk Officer

PERSONAL HEALTH DETAILS CARD

Name:_____**D.O.B**___/___/_____

Address:_____

_____

Next of kin:_____

Relationship:_____**Phone:**_____

2nd contact:_____

Relationship:_____**Phone:**_____

MELBOURNE BUSHWALKERS INC

My doctor:_____

Phone:_____

Current medical conditions/allergies:

Medications:

Ambulance cover: YES/NO

Private Health Insurance Fund name:

_____

Grampians Peaks Trail, Northern section – 24-27

September 2026

Ralph Blake



On Thursday afternoon a group of keen and experienced pack carry walkers met up at Halls Gap YHA. We had a comfortable stay here that night after an enjoyable dinner at the Kookaburra Hotel. On Friday morning, our group, comprising Babak, Adriana, Simon, John, Anne, Romana, Kerry and Ralph set off to hike the northern section of the Grampians Peaks Trail.



After leaving a car at Beehive Falls we drove to the Mt Zero carpark where we left the remaining vehicles. Before we set off on the pack carry, we walked up to the summit of Mt Zero. The abundance of colourful wildflowers, orchids and sundews gave us a delightful taste of what was to come. What a treat to see this extensive and gorgeous display of rare and unique plants and flowers.

After a good side trip it was time to commence the pack haul. It began with a big uphill climb onto Mt Stapleton, where we got some magnificent views of the rugged mountains behind us and the tantalising rocky cliffs and outcrops we were walking towards. Passing a number of rock climbers at the base of the steep cliffs with their huge crash mats, ropes and climbing gear, we made steady progress, and had a pleasant lunch near the Mount of Olives. All along our path there were wildflowers with their vivid colours and fragrance - purple mint bush, the vivid red and yellow of Grevillea alpina, purple Grampians Grevillea, red Holly Grevillea, various whites and pinks of the heath flowers Micromyrtis, Leucopogon, Philotheca and Thryptomene. The creamy Hakea flowers had a lovely perfume as we climbed up through the rocks. The stunning blue Waxlip orchids, (Glossodia major), were everywhere! Greenhood orchids and yellow Tiger orchids were also quite common. After lunch we continued along a remote and lovely ridge where many pink Boronia flowers bloomed, finally arriving at our first night's camp site, “Barigar”. The camp facilities included tent platforms tucked into the bush, water tanks, a shelter hut with tables and chairs, and very good lavatory facilities. Many birds called and flitted about as we put up our tents, including the melodious Golden Whistlers, chattery Grey Fantails and several Boobook Owls after dark.

Next morning it was up early and we set off for the next section of the walk. After crossing a rocky creek and the Roses Gap road, we began the massive climb up to Mt Difficult / Mt Gar. By now the weather had changed from mild and warm, to cool and almost constant drizzly rain. After a long while of steep uphill climbing we had an early lunch, sheltering precariously along a narrow rock ledge, as it had started raining quite persistently by then. After our brief soggy lunch it was decided to press on to "Gar", our next camp site. We arrived at camp in good time, with the intention of doing the walk up to the summit of Mt Gar but by then it was raining quite heavily so we didn’t venture out. Tucked in below Mt Gar, and situated on the edge of a steep rocky escarpment, Gar campground is certainly a wild and spectacular spot from which to appreciate the splendour and magnificence of the Grampians. A



pleasant evening was had in the shelter hut with our fellow walkers. It was very cold and windy overnight. Far away to the north we could see the twinkling lights of Horsham, as we made our way to our tents in the dark, being very careful to keep away from the edge.



On Sunday morning, though still very windy, the heavy clouds and rain had cleared. Some of our group got up very early in order to climb up to the Mt Gar summit to watch the sunrise. It was worth the effort to do so! Then we packed up our tents and headed south-east and steeply downhill, via a different route that Babak and John had planned. This took us through rugged and remote country, and at one point we negotiated a narrow gap through some cliffs. Eventually we came down into the gorge of Beehive Falls and walked past the picturesque falls which had a good flow of cascading water and many lush ferns. After that we whizzed along the well-made day tourist walking path back to the road and the conclusion of our 3 days of magnificent, rugged and energetic walking.

Thank you Babak and Adriana for organising and leading our walk. It was most enjoyable and memorable to experience this wild and beautiful landscape of the Grampians National Park. I'm sure we are all enthused to further explore the unique rock formations and wildlife of this very special Grampians Peaks Trail.

Mitchell River Gorge – 24-27 September 2026

John James



What better way to celebrate the Grand Final between interstate teams than with a long weekend hike with a group mostly not born in Melbourne? The group of four assembled at Echo Bend Caravan Park on Thursday night for a quick dinner before an early night lullabied by a choir of cattle from the adjoining farms. Friday brought sunny and hot conditions which provoked many drops of sweat and a few curses as we repeatedly climbed and descended the hills adjacent to the river. Thankfully, the spectacular views, especially of the Amphitheatre at Billy Goat Bluff, sustained us and we eventually came upon an erstwhile cairn, now single rock, which Rob identified as the sign we'd reached the turnoff for our camp at Jurgensons Point. The campsite, at which we spent two nights, offered a fireplace, comfortable grass and, most importantly, easy access to the river for water refills and a quick rinse. The clear river water, treated with purifying tablets, quenched our thirst and tasted great.



Saturday played out as an ironic punishment for our grumbles about the heat the previous day. After reaching Angusvale with day packs we had brunch and surveyed the newly landscaped camping area and accompanying facilities. The toilets and picnic shelters had attracted many campervans, as well as several suspiciously docile kangaroos, to stay by the gently sloped riverbanks. After touring the area, we made our way back to camp and along the way found ourselves at the mercy of a small thunderstorm



starting in the early afternoon, with significantly more rain than expected. The rain continued for the rest of the day and night and so back at camp we retreated to our tents to ponder our sodden clothing.

As day broke so did the rain and we spent our final day enjoying cool and fine conditions. The route home included a 4WD track with a creek crossing. All four members endeavoured to stay dry by rock hopping across Cobbannah Creek. Two succeeded, while the others involuntarily cooled off a bit. We made our way back to the main track by following an overgrown West Weir Track, which the resident thorny vines wanted us to stay on indefinitely. We then visited the impressive Den of Nargun before returning to the caravan park and making our way home.

All in all, a successful outing with a good mix of exertion and adventure. The walkers in the group were Glenn, John and Ruby. Thanks, Rob, for designing and leading this interesting walk!

Grande Randonnee Nord, New Caledonia – 4-9 October 2026

Susan Maughan



This was the Club's much-anticipated inaugural trip to New Caledonia, only a one hour and forty minutes flight from Brisbane. It was very exciting to suddenly find ourselves in a French territory, equalled to our excitement of finally heading off to the GR Nord and walking between Kanak villages. We had few preconceived notions of what to expect, although we knew we had long days ahead of us. Unfortunately, the previous week's cool weather didn't last, so the ridge walking was very hot and it was humid under the canopy. It took its toll, with only four of the group of fourteen completing all four stages.

Thank you to the following contributors, and a huge THANK YOU to Babak, who unhesitatingly took on the role of leader along the track when an injury sidelined me.

Sunday 4 - Oanache village
Dale Bradbury

Early on Sunday, Axelle, our tour organiser, and Marie-Claude, the second driver and assistant guide, collected our group of fourteen and drove us on a long journey north and then east across the narrowest part of the island. Oanache village is at the northern end of the trail, and we were welcomed by Jacki and his family. We also met our main hiking guide Gehudi, a former Kanak Chief, who is connected to the various tribes along the trail, and has a vast knowledge of the local flora, fauna and history.

Monday 5 - Tiwae - Day 1, 19.5 km.

On Monday, the weather was sunny and humid, and we faced a steep climb almost immediately. There was also little shade on this section, so layers of clothing were rapidly discarded. Many of us began to realise that the GR Nord would be a little more difficult than we had anticipated. However, we got magnificent views towards the east coast and the sea. Along the way Gehudi pointed out many interesting things, including the remains of pre-colonial huts and gardens on steep hill sides.

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In each village we presented small gifts to the tribe, explained who we were, why we were there and asked for their consent to continue walking through their lands. In Tiwae we were greeted by the largest number of people and learnt a little about the struggles of the Kanak people for basic human rights.

Tuesday 6 - Pombei village - Day 2, 21 km.
David Reckenberg

This day was rated the most difficult, necessitating a 6 a.m. start. We were on the track for nearly 10 hours. There was a large ascent through rainforest to begin the day, and the humidity was always present in these lush areas. The numerous creek crossings provided technical challenges and the occasional laugh, with some people choosing to take off their boots to cross, and others chancing the slippery rocks. I for one ended up with 2 fully submerged boots!

At higher altitudes we enjoyed dryer conditions and long panoramic views. Gehudi explained the inconsistent nature of the trees, with many remnants of invasive species brought in by France to provide shade for coffee trees and cattle. We also saw some rare native trees that survived periods of intensive logging.

The walk finished with a series of wades through a river that passed the tribe a bit further downstream. Several of us were delighted to learn upon arrival at Pombei that a deep section for swimming was just a short walk down a path, and it was the perfect end to a long day's hiking.

Wednesday 7 - Saint-Thomas - Day 3, 19.5 km.
Babak Dadvand

An early river crossing made sure everyone was awake, and soon after we started climbing. The drizzle settled in for the morning, and we walked up into the cloud until fog was the only view. Undulations, ridgelines and rainforest followed, each climb pretending to be the last. None of them were.

Lunch was on the helipad at the highest point of the walk. The cloud lifted long enough to show us where we were headed that afternoon and, less helpfully, where we'd be headed tomorrow. Then the descent to the promised land, where Axelle was waiting with her four-wheel drive to ferry as many of us as she could fit back to camp. Everyone climbed in. I walked. Make of that what you will; the people in the car certainly did.

Saint-Thomas had hot showers, which by day three felt close to a religious experience. It also had two companies running our bedding under a strict regime: mattresses stayed exactly where they'd been placed, no exceptions. The rain pounded on the roof all evening while we sat around waiting for dinner, worrying about the final day. Day 4 was the last day of our walk. Although the GR Nord has an additional 11km on day 5, for logistical reasons (insufficient accommodation) we weren't able to complete that day.

Thursday, 8 - Tchamba – Day 4, 21 km.
Tina Leeuwrik



Seven of us set out at 7.00. The first half of the day was a fairly continual ascent through shady trees with views of the mountains we had previously conquered. Then a couple of hours uphill through some hot tropical forest. We deviated to view a lovely waterfall with a 10 metre deep pond below. The locals dive from the top.

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At least we reached the highest point of the day and stopped for lunch in a wide grassy area. This area had been previously logged for a high-quality wood for furniture making and we were able to walk down hill on the road built for the logging trucks, now overgrown and very pleasant to walk on. Then we reached a small creek at the 14km point, where three walkers were picked up by our guide, Axelle, while the remaining four continued for the last 7 km on the dirt road back to our simple accommodation at Tchamba. What a great day.

Great Ocean Walk, Aire River to 12 Apostles – 14-18 October 2026

Richard Hanson



Blessed with nice weather we walked four days from Aire River to the 12 Apostles. Great campsites with water, three-sided cooking shelters and toilets with windows to look through as you sat in contemplation! There were however more hills than I remember. Mainly walking above the beach crossing headlands and dipping down to the creeks and up again with a small amount of beach walking.

As we slept, we heard koalas growling in the trees and thumping the ground as they ran past our tents. The next day we saw them running up the track in front of us and jumping from a tree. They were everywhere at our Aire River campground. Blue tongue lizards, snakes, echidnas and wallabies were spotted along the way. One section had lots of grass trees, some with white flowers.



Walking along a four-wheel drive track we spotted Doctor Who's TARDIS in the trees. The owner invited us to inspect and after a chat he took us for a tour of his house which he had made from straw bales with its own Hobbit like fire bunker.

I enjoyed sleeping to the sound of the ocean and frogs at the same time and the crash of waves when we were walking on the beach was so enjoyable.

Our leader Anne did a great job facing extra hurdles as her campsite bookings of six months ago failed to transfer from the old booking system and only after some strenuous representation from Anne did they reappear. We visited the new $126 million visitor centre at the 12 Apostles. It opened three days earlier and on a warm Sunday the 1000 space car park was full.

On the way back to Melbourne, we stopped for dinner at Mango Thai in Colac which we all enjoyed. Thanks to Anne for doing a great job leading us and to John, Helen, Peter, John, Ruby, Ros, Janaka and Kate for their company.

November 2026

Sun 1	DAY: Spargo Creek-Werribee Creek	Car	M	Brett Daniel
Thu 5	DAY: Edwardes & Coburg Lakes	Pvt	E	Jopie Bodegraven
6-10	PC: Razor Viking circuit	Pvt	H	Mark Simpson
Sun 8	DAY: Lake Eildon Panorama	Bus	E/M&E/M	Robert Ian Mair & Brett Daniel
Mon 9	MTG: Club Committee Meeting	Pvt		Susan Maughan
Wed 11	DAY: Grants Picnic Ground-Sherbrooke	Pvt	E/M	Elizabeth Gwynne
13-15	BC: Mt Buffalo-Two Rugged Gorges	Pvt	H	Ray Thomas
Sun 15	DAY: Marysville-Steavenson Falls-Keppel Lookout	Car	M	Bettina Brill
Mon 16	DAY: Arthurs Seat circuit	Pvt	E/M	Robert Ian Mair
20-22	PC: Mt Bogong: Staircase & Eskdale Spurs	Pvt	M	Bettina Brill
21-23	BC: Wilsons Prom Lighthouse	Pvt	M&M	Jill Allen
21-22	PC: Wombat-Lerderderg National Park	Pvt	E/M	Robert Ian Mair
Sat 21	DAY: Maribyrnong River & Steele Crk	Pvt	E/M	Stuart Hanham
Sun 22	DAY: Pauls Range	Bus	E/M&M	Matthias Frey & Annemarie Mulder
23-25	BC: Wilsons Prom BC & scenic boat trip	Pvt	E/M&Soc	Jill Allen
Wed 25	SOC: Walking in Austria	Pvt		Agajan M Akbari
Wed 25	DAY: Smiths Gully	Pvt	E/M	John Terrell
Thu 26	SOC: Royal Park & Parkville 2	Pvt	E	Sandra Mutimer
27-29	PC: Mt Typo to Lake William Hovell	Pvt	M/H	Ray Thomas
Sun 29	DAY: Woodlands Historic Park	Car	E/M	Therese Ryan

For detailed preview notes and program updates, please refer to the activities program on our website:
https://mbw.org.au/mbw_activities/MBW_activities_program.php